

13 NOV 2017

DON'T MISS THE DEADLINE FOR THE REGISTRATION FOR THE LEVEL 3 COACHES COURSE ON NOVEMBER 22ND!



More information about registration will be provided by the UIPM Operations Manager, Alexandre França.

UIPM COACH CERTIFICATION PROGRAMME

LEVEL 3 COACHES COURSE

SZÉKESFEHÉRVÁR (HUN), 7-13 JAN 2018

Instructors:

CHRISTIAN ROUDAUT (FRA)
ISTVAN GALLAI (HUN)
ALEXANDRE FRANÇA (BRA)

7 Jan	Sun	Arrival of Coaches
8 Jan	Mon	Seminar opening, welcome and orientation 2017 analysis: new rules and influence in the athletes recruiting system Variables and trends in MP periodization Injuries and prevention from grassroots to high level Management of multidisciplinary technical commissions The role of the MP coach during a competition day
9 Jan	Tue	Fencing training: advanced fundamentals applied to MP Integration of the fencing workload in a MP plan Fencing practice session
10 Jan	Wed	Detailed study about LR sessions Integration LR x Swimming in a MP training plan LR and swimming practice sessions
11 Jan	Thu	Riding training: a proposal to consolidate abilities and performances Riding practice session
12 Jan	Fri	WADA session: Coach True Program MP Program at the Hungary TE University of Physical Education Roundtable discussion Exam Closing Ceremony
13 Jan	Sat	Departure of Coaches