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# COACHES IN RUSSIA BENEFIT FROM COUNTRY'S FIRST LEVEL 1 COACHING COURSE



Russia staged its first UIPM Coaching Certification Programme (CCP) course in St Petersburg from December 18-22, enabling coaches from three cities to pass their introductory qualification.

Male and female coaches came from clubs in St Petersburg, Kostroma and Yekaterinburg to enrol for the five-day Level 1 course, run by UIPM Instructor Alexei Vasilianov from Moldova.



The initiative was facilitated by the Russian

Modern Pentathlon Federation and the syllabus primarily covered Swimming and Laser Run training.

Some aspects of other Pentathlon disciplines were covered and there were also special sessions focused on anti-doping, physiology, competition organization and team management.

Christian Roudaut, UIPM Coaches Committee Chair, said: "I am glad to see CCP expansion in Europe. It was very important for the pentathlon movement in Russia to give coaches access to this introductory Level 1 course under the CCP. I am grateful to the Russian Federation for facilitating this initiative and we are delighted with the outcome."

Visit the UIPM [educational platform](#) to find a range of resources for athletes, coaches and judges.