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## UIPM 2019 GLOBAL LASER RUN CITY TOUR: DEDICATION IN FULL SUPPLY IN ABRANTES AND ALENQUER (POR)



The UIPM Sports community in Portugal has energetically participated in Laser Run ever since the 2nd UIPM Laser Run World Championships took place in Lisbon in 2016.



The Global Laser Run City Tour continues to

satisfy the appetite for UIPM's most popular development sport across the country, and the midsummer GLRCT racing in Abrantes and Alenquer enabled organisers to build on the progress of Portimao in May.

A spokesperson for the local organising committee said: "We had two stages full of many emotions, great competitiveness and very fair play.

"The sun was shining, a lot of public were watching and we saw more than 200 athletes, from Under 9 to Masters C, demonstrating all their athletic abilities."



The Global Laser Run City Tour was created in

2017 to provide an entry point to UIPM Sports for people of all ages in urban communities around the world.

Another 100 cities have been selected in 2019 as hosts of the GLRCT or the Biathle/Triathle National Tour. The full calendar can be viewed at the UIPM website, where you can also find more information on UIPM's various multi-discipline sports.

In September, the UIPM Laser Run World Championships was incorporated into the Pentathlon World Championships for the first time in Budapest (HUN), where Laser Run also featured as a showcase sport at the 1st World Urban Games.

In December, Laser Run and Triathle will both feature for the first time in the 30th Southeast Asian (SEA) Games in the Philippines.

Have you liked the UIPM Laser Run page on Facebook yet?