

# **CAPM Pentathlon African Championships Alexandria, EGYPT 2024**

## **INVITATION LETTER**

Dear Friends,

The Confederation Africaine de Pentathlon Moderne (CAPM), together with the Egyptian Modern Pentathlon Federation (EMPF), have the pleasure of inviting a delegation of your country to participate in the CAPM Pentathlon African Championships, to be held in Alexandria, Egypt, from 27-29 June 2024 according to the following program:

26-27 Jun	Arrival of Delegations		
27 Jun	Technical Meeting		AASTMT
28 Jun	Women and Men individual Finals (All Category)		
	Fencing/ Obstacle/ Swimming / Laser Run		AASTMT
	Award Ceremonies (Individual and Teams)		AASTMT
29 July	Departure of Delegations		

### **COMPETITION FORMAT/RULES**

The competition will be carried out according to the UIPM Rules and Regulations.  
(Max number of athletes allowed is 4 Pentathletes /gender/category/nation – (Senior, Junior, U19 and U17)

Swimming: 25m Outdoor pool / 6 lanes  
Fencing: 9+1 pistes indoor & 1 Bonus Round Piste Indoor  
Laser Run: 36+2 shooting range with precision laser targets (ALS)  
Running Course: Natural Grass

### **COMPETITION VENUES**

All the competition Venues are in Arab Academy for Science Technology & Maritime Transport (AASTMT) compound.

Address: Abou Keer, Alexandria Egypt

Web: <http://www.aast.edu/en/>

### **ACCOMMODATION**

All participants will be accommodated in Arab Academy for Science Technology & Maritime Transport (AASTMT)

Please note that the Technical Meeting, Accreditation Office, and LOC Office will also be at the AASTMT.

### **WARNING**

*Should a minor athlete be in need to share the hotel accommodation with another adult athlete (18+) or with an accompanying adult (e.g., Coach) it is required for such arrangement to be supported*



*by the prior written consent of the parents/legal guardian of each of the minors. Providing the requested written consent is a must for checking in the competition hotel.*

## **TRANSPORT**

Transportation from Alexandria airport to the official hotel and the return journey is only guaranteed if the arrival information is provided in the registration system in good time and prior to the deadline. Transportation from Cairo International airport can be provided with prior confirmation with the LOC.

## **DEADLINES**

Delegations are kindly reminded that the Online registration system is obligatory. All information must be submitted, including flight information Max by 10 June 2024 (Click [here](#) for online registration) ( Any changes after this must be sent by email to the organizer [empf@pentathlonegypt.org](mailto:empf@pentathlonegypt.org).)

### Deadlines are as follows

Participation Confirmation	1 May 2024
Closure of Registration:	10 June 2024

If we do not receive complete information about your delegation prior to the closure of the registration system then we will consider your delegation as non-participating.

## **ATHLETES LICENSES**

Athletes are only allowed to participate in this event if they are in possession of a valid Athletes License. Registration is not possible without a License Number. If an athlete does not have a license, they will not be allowed to take part in the competition.

## **INSURANCE**

According to UIPM Rules, all members of attending delegations should insure themselves in case of accidental injury and illness.

The organizer will not accept any financial liability or loss, injury or illness that occurred to any participant and or member of the delegation.

## **LASER PISTOLS**

Laser pistols into Egypt for competition purposes are only allowed if all information about the pistol is provided in advance with the LOC to be shared with the authorities prior to the arrival of the team.

## **VISAS & VACCINATIONS**

The LOC can provide specific letters of invitation or invitation by name or communicate with your embassies if needed (**It is recommended that you apply for the Egyptian Visa well in advance, especially for citizens of certain African countries, as a special and time-consuming procedure may be required.**) For information, if you need a visa or vaccinations, please contact your nearest Embassy or Consulate. For contacting LOC use [empf@pentathlonegypt.org](mailto:empf@pentathlonegypt.org).



### **GENERAL INFORMATION**

All athletes are kindly requested to wear their official national uniform at the competition. Please also bring a track/record of your anthem and a national flag (120 x 80 cm). Expected Weather conditions: +28.3 - +23 Celsius in June.  
Voltage: 220 V

### **LOC CONTACT DETAILS**

Please directly contact the LOC for any inquiries or questions you may have.

#### **EGYPTIAN MODERN PENTATHLON FEDERATION:**

Email: [empf@pentathlonegypt.org](mailto:empf@pentathlonegypt.org)

Mobile: +20 1100814938

We look forward to seeing you in Alexandria.

A handwritten signature in black ink, appearing to read "Sylvestre ZARE".

CAPM President  
Mr. Sylvestre ZARE

A handwritten signature in blue ink, appearing to read "Sharif El Erian".

EMPF President  
Eng. Sharif El Erian