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World Pentathlon
Newsletter

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UIPM 2021 YOUTH WORLD CHAMPIONSHIPS



Pentathletes demonstrate their Laser Run skills during the UIPM 2021 Youth World Championships (U19/U17) in Alexandria (EGY)



UIPM Executive Board update

UIPM opens consultation on replacement of Riding discipline in Modern Pentathlon

UIPM has opened a consultation process to identify a suitable replacement for Riding in the Olympic sport of Modern Pentathlon.

The historic move comes after the UIPM Executive Board (EB) unanimously endorsed a series of recommendations made by the UIPM Innovation Commission after a two-day meeting in Monaco on October 28/29.

The Innovation Commission was set up in 2018 to continuously monitor the composition of Modern Pentathlon and review its suitability for the Olympic Games in the context of Olympic Agenda 2020 and Olympic Agenda 2020+5 – the strategic roadmap of the International Olympic Committee (IOC).

The EB met virtually on October 31 and endorsed the Innovation Commission's recommendation that Riding be replaced with another discipline that enhances the popularity and credibility of Modern Pentathlon, while preserving its status as the ultimate physical and mental sporting challenge – as envisaged by Baron Pierre de Coubertin, the founder of the Modern Olympic Games.

The EB decision was communicated on November 4 to UIPM's global community of National Federations and members of the UIPM Athletes, Coaches and Technical Committees during a series of conference calls.

All changes resulting from the consultation process will be



implemented in time for the Los Angeles 2028 Olympic Summer Games – only coming into force after Paris 2024, which will be the first Games to feature Modern Pentathlon's new TV-friendly elimination format, which enables audiences to watch all five disciplines in 90 minutes within a Pentathlon Stadium.

The consultation process will be inclusive of specific stakeholder groups, namely athletes and coaches as well as media and marketing partners, and the selection of a new discipline will be based on the following criteria. It must:

- Follow the Coubertin narrative of the most complete athlete
- Allow for global accessibility and universality
- Be attractive and relevant for global youth and future generations
- Be exciting and easily understandable for TV / digital audiences and all sports fans
- Be low-cost for both athletes and organisers (lower equipment costs and fewer officials)

- Not cause transportation and logistical complications
- Result in minimal injury rates and be easy to learn and train based on athletes' existing skills
- Be compatible with new 90-minute elimination format
- Fit inside new Pentathlon Stadium and urban settings
- Provide for gender equality and fairness
- Meet sustainability and legacy requirements of IOC Olympic Agenda 2020+5
- Be compatible with current handicap start and continuous event concept
- Not fall under the governance of another IOC-recognised International Federation

UIPM President Dr Klaus Schormann said: "The recommendations put forward by the UIPM Innovation Commission are in continuity with the tradition of innovation which UIPM has in its DNA.

"Many times in recent decades our

sport has evolved to meet the changing expectations of the modern world.

"This evolution has created more appeal for young athletes and families, more value for spectators and TV / digital audiences, a reduced environmental impact and 100% gender equality since the Sydney 2000 Olympic Summer Games.

"We can be rightly proud of what our global family has achieved, and now the time has come to be bold and ambitious once again in following the strong recommendations of our UIPM Innovation Commission.

"On behalf of the UIPM Executive Board I ask our global community to embrace change and grasp the momentous opportunity before us. A new discipline will provide fresh impetus to our sport and strengthen the position of Modern Pentathlon within the Olympic movement.

"The Modern Pentathlon will remain a five-discipline sport and will continue to provide the ultimate moral and physical examination of an athlete, as Coubertin envisaged.

"In all of our communications with various stakeholders, we have all agreed that we need to keep our sport

at the highest possible level, designed to test the physical and mental qualities of the complete athlete.

"We now look forward to an inclusive and very positive consultation process as we consider which sporting discipline is the most suitable to take Modern Pentathlon into a new era, alongside Swimming, Fencing and Laser Run (laser shooting and running)."

UIPM 1st Vice President and IOC Member Juan Antonio Samaranch Jr added: "This is a very important moment for Modern Pentathlon – and actually for the Olympic programme.

"We would be making a dreadful and dangerous mistake if we were to take our place in the Olympic programme for granted past Paris 2024. It is not granted for us, it is not granted for anybody.

"There are no more core sports in the Olympic movement – all sports are going to have to be re-confirmed for Los Angeles 2028 at the IOC Session not five years away, but three months away in Beijing.

"We really need to make sure that in that new environment, with all of these new sports that have demonstrated strength and a lot of traction with

people and media, we have to make sure that our sport is flawless.

"Our sport continues to lag behind in development and growth due to a number of circumstances – and one of them is, very importantly, the horses.

"We have to finally take a decision on that matter – it is necessary to save Modern Pentathlon in the future."

The equestrian discipline of show jumping has been ever-present in Modern Pentathlon since the multi-sport was created by Coubertin, the pioneer of the Modern Olympic Games, and introduced to the world at Stockholm 1912.

Swimming, Fencing, Running and Shooting have also been retained throughout the past 11 decades, although the last two disciplines were merged to create the Laser Run combination that now provides a thrilling climax to every Modern Pentathlon and Tetrathlon.

The creation of Laser Run has been one of many changes marking the evolution of Modern Pentathlon as a safe and sustainable sport with a captivating, fast-paced format suited to 21st-century audiences.

UIPM 2021 Youth World Championships (U19/U17)



Athletes, coaches and supporters of the Egypt team celebrate their success in the UIPM 2021 Youth World Championships (U19/U17)

Pride and passion in Alexandria (EGY) as Egypt and Belarus shine

The future is bright, especially for the youth athletes of Belarus and Egypt who propelled their nations to the top of the medal table at the end of the UIPM 2021 Youth World Championships (U19/U17).

Almost 130 competitors from across 24 countries took part in the first global gathering of the best teenage pentathletes since 2019 - when the U19 and U17 categories were combined for the first time. Egypt again proved to be the perfect host, having stepped up to stage numerous global competitions both before and during the COVID-19 Coronavirus pandemic.

Belarus narrowly topped the medal table with six medals including three golds and two silvers, while Egypt also claimed three golds along with a silver

and two bronze medals. There were also two gold medals each for Russia and Hungary to celebrate.

Representing the UIPM Executive Board, NORCECA Confederation President Rob Stull said: "This competition was just a continuation of the success of the Egyptian programme.

"The enthusiasm is very high, you can see it with the spectators. And it's great to see that we had teams from all five continents competing. The Egyptian federation is extraordinarily strong and well-organized and this was a first-class facility for the Championships."

Day 1: Egypt kick off with U19 Men's Relay gold

A week of rising stars got off to the perfect start for the host nation as Egypt took U19 Men's Relay gold on

the opening day of the Championships.

Mazen Shaban and Moutaz Mohamed (EGY) came out on top of a hugely competitive field with 17 nations represented on the first of seven frenetic days of competition at the Arab Academy for Science Technology & Maritime Transport.

The duo were pushed all the way by Uladzislau Melkaziorau and Uladzislau Zhartun of Belarus and Kirill Manuilo and Vladimir Zeleputin of Russia who took silver and bronze respectively.

But fresh from the Olympic Games in Tokyo when 21-year-old Egyptian Ahmed Elgendy took a historic silver medal, Shaban and Mohamed emphasized that the nation's future is indeed very bright as they turned in an impressively consistent performance across all four disciplines in the Tetrathlon.



Athletes prepare for the Swimming race that marked the beginning of the U19 Men's Relay on Day 1 in Alexandria (EGY)

Sixth in Swimming and second in Fencing, Shaban and Mohamed then stretched every sinew in a remarkably close Laser Run finale as they just did enough to finish top of the podium.

Gold medalist Shaban (EGY) said: "I am very happy to have the gold right now. My teammate had a great finish. We were asked to have the golden medal in the Relay and we got it.

Team-mate Mohamed (EGY) said: "I feel very good because I won today. And I promise that I will get the individual gold. The key was teamwork. The motivation was between us. It is a good thing that we win in our country. All of our country has supported us. We got the gold medal for them."

The day got underway in the pool where the European nations, fresh from the UIPM European Youth Championships in Portugal, started strongly. Poland finished fastest with



Giovanni Rojo (MEX) in action during the Fencing Bonus Round



More action from the Fencing Bonus Round as athletes compete for points in sunny conditions



Competition is tight during the first two laps of the Laser Run

Maciej Klimek and Michal Jablonski over two seconds clear of the field. Lorys Labesse and Cedric Chatellier of France were second in 1:53.43 and, in a sign of what was to come, Egypt's

interests were pushing towards the podium with Omar Abdelhamid and Seif Elbendary in third place.

The host nation really took command

of proceedings once the competition moved to the piste. Egypt took the top two places in the Fencing round with Abdelhamid and Elbendary notching 22 victories, one more than Shaban and Mohamed. Kazakhstan, represented by Artem Galchenko and Nikita Zhivitsa, enjoyed a stellar afternoon of Fencing as they recorded 20 wins.

While Manuilo and Zeleputin had failed to finish in the top 10 in either of the day's earlier rounds, the Russians' class came to the fore with a blistering Laser Run. They were fastest finishers in a superb time of 10:20.70 to earn top points and vault them all the way to the podium.

The Laser Run provided plenty of drama with less than three seconds separating the second, third and fourth-fastest teams. Melkaziorau and Zhartun came home in 10:38.30 ahead of Klimek and Jablonski in 10:40.10.

For Shaban and Mohamed, the 4th-fastest time proved just enough for them to climb to the top of the podium

overall and ensure the host nation gets a mouth-watering week of action off on the perfect note.

Day 2: Ismail & Kandil keep their nerve to claim more gold for Egypt

Anything the men can do...the women can do just as spectacularly. Egypt took gold on the second day of the Championships as Malak Ismail and Amira Kandil combined brilliantly to take the U19 Women's Relay title on home soil.

Ismail & Kandil (EGY) kept their nerve in a pulsating conclusion to claim the same colour medal.

Ismail crossed the finishing line and jumped right into Kandil's arms with Russia's impressive duo of Yana Soloveva and Viktoria Sazonova left to take silver by the narrowest of margins. Hungary got on to the podium for the first time in these action-packed championships as Dorina Dobronyl and Reka Marschall took bronze. Germany's team of Kim Spletzer and Anna Waltermann narrowly missed out on a medal.

The remarkable consistency of Ismail and Kandil (EGY) across all events was just another signal of how strong the host nation is at youth levels of the sport. The duo dominated proceedings in the pool to get out ahead of the rest of the field before finishing in the top three in the Fencing round. They secured gold with a gritty Laser Run, when some spotty shooting had briefly looked like opening the door to their rivals.

Ismail (EGY) said: "I feel really proud of what we did today. Competing in the last lap was very hard for me. My shooting was not really good. I ran after the Russian team and tried to save my power to make a great finish and we did it.

"Our great support is here. Our parents, teammates and friends are here. So it's



Celebration time for Mazen Shaban and Moutaz Mohamed (EGY) and, below, the Women's Relay begins





Action from the Swimming and, below, Fencing elements of the U19 Women's Relay

a good thing to win this gold medal in our home."

Kandil (EGY) said: "It feels so good. Today this competition was amazing. And I have an amazing teammate in Malak Ismail. It was so hard today but

it's a very good finish."

Again it was a case of the host nation showing their prowess from the very outset as Ismail and Kandil (EGY) blew away the rest of the field in Swimming. The duo finished almost 3sec ahead of

second-placed Dobronyl & Marschall (HUN) in a time of 2:02.30. Turkey's Ebrar Calikan & Aysen Bensu Gul were third in 2:05.30.

Russia hadn't been very far behind the top three in the pool and when the



A gripping race for gold ensues between Viktoria Sazonova (RUS) and Malak Ismail (EGY) - which was finally won by the latter athlete, resulting in big smiles on the podium with her partner Amira Kandil (EGY)

action moved to the piste, Soloveva & Sazonova forged into medal contention. They recorded a whopping 37 wins in the Fencing, three more than any of their fellow competitors.

Dobronyl & Marschall (HUN) were next best with 34 victories, one more than Ismail & Kandil (EGY). Meanwhile Spletzer & Waltermann (GER) and Mexico's Brenda Huerta and Jade Diaz were also in good form on the piste, rounding out the top five.

It was all set for a mouth-watering showdown between the top three in Laser Run but Dobronyl & Marschall (HUN) struggled under the pressure which left the crowds with a straight head-to-head between Egypt and Russia for top spot on the podium.

Ismail and Kandil (EGY) dug deep and finished with the fastest time of all,



12:19.20, a full 13sec clear of Soloveva and Sazonova (RUS).

France enjoyed a stellar Laser Run with Cazaly Louison & Morgane Sauvy enjoying some sharp shooting and clocking a time of 12:23.10.

Day 3: Brilliant Belarus bag a double helping of gold

Alexandria turned red and green on the third day of the Championships as Belarus claimed a golden double.



Top to bottom: action from the Swimming pool, Fencing fun and Laser Run focus on Day 3



Less than an hour after Mira Buraya (BLR) stormed to the top of the podium in the U17 Women's final, Ivan Prytkou and Anastasiya Malashenoka took U19 Mixed Relay honours to make a clean sweep for the country.

The rest of the medals were shared a little more evenly as four countries were represented on the podium. In the U17 Women's final, Elizaveta Skudnyakova of Russia came close to catching Buraya (BLR) but had to make do with silver with Blanka Bauer of Hungary taking bronze.

In the U19 Mixed Relay, Poland got their first medal of the championships with Maciej Klimek & Adrianna Kapala taking silver ahead of another prize for the host nation as Amira Kandil & Moutaz Mohamed claimed bronze for Egypt.

Having dominated at senior level in recent years, Belarus's future in women's Modern Pentathlon looks even brighter based on what we saw on day three in Alexandria.

The country took three of the top five positions in a gripping U17 Women's final with Buraya (BLR) coming out on top. After finishing second at the European Youth Championships earlier this summer, Buraya went one better with a blistering performance in the Laser Run to hold off the challenge of Skudnyakova (RUS) and Bauer (HUN). Her Belarus teammates Lizaveta Laurnovich and Aliaksandra Liashenka took fourth and fifth respectively.

Malgorzata Karbownik (POL) had set the pace in the pool early on, fastest in the Swimming round with a time of 2:07.38, ahead of Zeynep Altinbas (TUR) with Skudnyakova (RUS) just a couple of seconds back in third.

In the Laser Run, Buraya (BLR) and Liashenka (BLR) put on an unmissable duel for the crowds. It was Liashenka who crossed the finish line first but Buraya (BLR) was just three seconds behind, enough to secure her gold on the back of a stronger swim. The pair



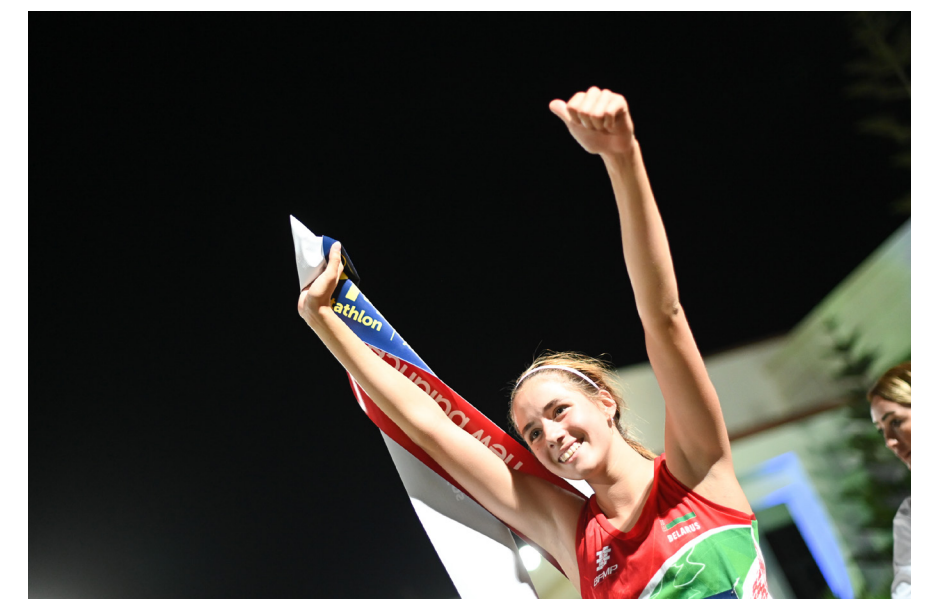
Belarus had a brilliant day with Ivan Prytkou, above, crossing the line to secure U19 Mixed Relay gold alongside Anastasiya Malashenoka, and Mira Buraya, right, claiming the individual crown at U17 level

were almost nine seconds clear of the rest of the field as Bauer (HUN) finished third in the Laser Run.

Buraya (BLR) said: "I was very happy in the European Championships to finish second by a couple of seconds but to come to the World Championships and win, all the team is very happy. It's our first gold medal in this championship and it makes me very happy."

In the U19 Mixed Relay, Belarus (Prytkou/Malashenoka) gave an early warning sign of just that in the pool when they powered to the front, finishing almost four seconds ahead of Egypt (Mohamed/Kandil) with Kazakhstan duo Nikita Zhivitsa & Anastasiya Kochetkova in third place in the Swimming.

As action moved to the piste, the same trio were again at the front of proceedings but were joined by Poland with Klimek and Kapala enjoying 21 Fencing victories, one more than both



Kazakhstan (Zhivitsa/Kochetkova) and Egypt (Mohamed/Kandil) with Belarus (Prytkou/Malashenoka) not too far behind in fourth.

That set things up for a highly anticipated Laser Run but in truth the class of the Belarus (Prytkou/Malashenoka) team told and turned it into a victory procession. Russia's Vladimir Zeleputin & Elizaveta Tychkina were the only team able to keep any sort of pace with the eventual winners

coming in three seconds behind the Belarussians' fastest time of the day, 11:24.20.

The second Egyptian team of Mohamed Mohamed and Nagwa Hussein were third fastest in the Laser Run in 11:37.50 but it would be their compatriots who would sneak bronze ahead of Russia (Zeleputin/Tychkina).

Malashenoka (BLR) said: "It was a really nice race. I can't believe it. I had a really



Stunning scenes from the Swimming pool in Alexandria (EGY) as the U17 Men's Individual begins

nice run, I didn't have a lot of time. Thank you to my partner...he's the best! And thank you to our coach. Today's teamwork was really nice. We were real partners there. I like Alexandria very much. I want to come back here again."

Day 4: Terrific Tamas grabs Hungary's first gold

The Championships passed the halfway mark with a spectacular sprint for U17 Men's glory which saw Botond Tamas claim a first gold medal of the Championships for Hungary.

Tamas (HUN) dug deepest in a breathless Laser Run to see off home favourite Mohamed Mohamed, who secured another medal for Egypt with silver, ahead of Lukas Gaudiesius of Lithuania by the narrowest of margins. Bronze for Gaudiesius (LTU) marks Lithuania's first medal of the championships and fitting reward for his consistency.



Germany's Mika Adam was desperately unlucky to miss out on the podium in fourth place while Russia's strength at Youth level was exemplified by the country occupying the next three spots on the leaderboard with Egor Zorkin the head of that pack in fifth.

The world title marks a big comeback for Tamas (HUN) who was disappointed to finish outside the medals at the recent UIPM Youth European Championships in Portugal, where Zorkin (RUS) had taken gold.

Tamas (HUN) said: "I feel very good about the race. Yes, it was difficult today but now I am happy. It's an amazing feeling. I did hope that I could win today. After the European Championships did not go very well, I wanted to push for better here. It's a very good place, Alexandria. I'm very happy to be here."

Gaudiesius (LTU) recorded an impressive time of 1:57.22 in the Swimming round, good enough for second-fastest but still six seconds behind the runaway pool leader, Matteo Bovenzi of Italy.

Artyom Belchik of Russia was third-fastest in 1:58.26 with two competitors from Thailand, Vipas Hepnak and Phurithut Yohuang rounding out the top five.

Bovenzi (ITA) had finished in the top five at the UIPM Youth European Championships in August and set off as leader in the Laser Run. However, in a sign of just how ferocious the competition was to become, he was quickly reeled in.

Having seen his Egyptian teammates enjoy some sparkling Laser Run performances over the first three days, Mohamed (EGY) raced into the lead and looked to be creating daylight between him and the rest of the field.

Both Gaudiesius (LTU) and Tamas (HUN) soon joined Mohamed (EGY) at the front of the field. Tamas (HUN) dug



Lukas Gaudiesius (LTU) looks focused but it was Botond Tamas (HUN), below, who prevailed





U17 Men's Individual podium

deep and raced to his first world title, recording the fastest time in 8:04.20.

Adam (GER) was second-fastest in 8:07.00 while Mohamed's (EGY) third-fastest time of 8:08.20 was enough to see him jump ahead of Gaudiesius (LTU) to silver after they finished level on points.

Day 5: Belarus move top of medal table with more golden relay glory

Aliaksandra Liashenka and Lizaveta Laurynovich underlined Belarus's strength in women's Modern Pentathlon as they followed up on the individual gold of teammate Mira Buraya (BLR) two days earlier.

In truth Belarus were almost untouchable in the U17 Women's Relay as Liashenka and Laurynovich raced clear of the rest in a dominant Laser Run to secure top spot on the podium.

Poland grabbed their second silver medal of the Championships as Malgorzata Karbownik & Maja Marcinkowska narrowly saw off the challenge of Russia with Elizaveta Skudnyakova & Iuliia Borovkova claiming bronze.

Liashenka and Laurynovich (BLR) had finished just outside the medals in fifth and fourth respectively earlier in the week but flexed their muscle to send Belarus one clear of hosts Egypt at the top of the medal table.

This was certainly a day to celebrate for Europe as Switzerland and Poland rounded out an all-European top five. Florina and Katharina Jurt (SWI) came agonizingly close to grabbing a first Swiss medal of the Championships before finishing in fourth.

Liashenka (BLR) said: "It was good day



Big smiles mark the start of the the U17 Women's Relay on Day 5 in Alexandria (EGY)

and very remarkable day. Since I had the best swimming I had to be fast in Laser Run and especially in running."

Laurynovich (BLR) added: "We were working very hard all season in order to have this gold and we were trying to do our best during the entire day today. We are happy and very satisfied with result."

Poland (Karbownik/Marcinkowska) enjoyed the best of the morning action in the pool as they clocked up the fastest Swimming time of 2:01.36.

Not too far behind, the Czech Republic pairing of Katerina Vanova & Anna Studenkova recorded an impressive 2:03.25 with Russia (Skudnyakova/Borovkova) third-fastest.

Hungary, represented by Emma Meszaros and Emma Pataki, and home favourites Gana Aldurui and Sarah Mohamed of Egypt rounded out the top five.

While Poland (Karbownik/Marcinkowska) went out first in the Laser Run, they knew that no lead is large enough for comfort.

So it proved as Belarus (Liashenka/Laurynovich) blitzed to the front of the field from an initial starting position of ninth. Sharp shooting and speed endurance in running is a hard combination to beat and the winners showed plenty of both as they finished fastest in a rapid time of 11:49.70, 12sec clear of second and almost half a minute clear of the rest of the field.

The only team who came close to breaking the 12-minute mark were Switzerland (Jurt/Jurt), particularly impressive in a time of 12:01.40.

In third, Russia (Skudnyakova/Borovkova) crossed the line a fraction quicker than Poland (Karbownik/Marcinkowska) but not enough to leapfrog on to the second spot on the podium.



Eyes on the prize for Hungary and, below, Russia during the Laser Run





Aliaksandra Liashenka and Lizaveta Laurynovich (BLR) celebrate their U17 success as Amira Kandil (EGY) starts her quest for individual U19 glory, below



Day 6: Brilliant Kandil crowned world champion on home soil

Amira Kandil confirmed her status as one to watch for the Olympic Games in Paris in three years' time as she scorched to gold for Egypt in the U19 Women's final.

The 18-year-old, who achieved one lifetime dream by competing in her first Olympics in Tokyo earlier this year, struck another off her list as she was crowned world champion on home soil in Alexandria (EGY).

It was Kandil's consistency across all four disciplines that saw her squeeze past Yana Soloveva of Russia to the top of the podium. There was another medal for Belarus as Anastasiya Malashenoka, gold medalist in the U19 Mixed Relay, took individual bronze.

The pulsating finish to the U19 Women's final came just over an hour after a much more clear-cut climax to the U17 Men's Relay. Russia's impressive array of male talent at Youth

level came good when Egor Zorkin and Maksim Malyshev took top spot with a dominant Laser Run, claiming the first Russian gold of the Championships.

Lithuania toasted a second medal of the week as Nojus Chmieliauskas and Lukas Gaudiesius took silver ahead of yet more hardware for the host nation, with Osama Zaki and Mohamed Mohamed taking bronze for Egypt.

Thirty-six of the most promising women's competitors from across the world had qualified for the U19 final — representing 16 nations and five continents. But it was European entrants who got off to the fastest start as Malashenoka (BLR) raced to the fastest time in Swimming, clocking 2:10.22, 2sec clear of Kim Spletzer of Germany with Ebrar Calikan third-fastest in 2:12.98 for Turkey.

But as would prove the case throughout the final, Kandil (EGY) kept glory closely within her sights as she finished fourth-fastest in the pool and then went two better as action moved to the piste.

While Soloveva (RUS) would record 29 victories in the Fencing round, Kandil (EGY) was just three behind with 26 and picked top more ground in the Bonus Round. Germany's Anna Waltermann finished third on the piste.

Kandil (EGY) knew that keeping things steady could well be enough for her and so it proved. Her consistent shooting and running saw her record the fifth-fastest time of the Laser Run in 12:49.30, enough to see her clinch gold ahead of Soloveva (RUS) by the narrowest of margins.

Cazaly Louison of France was fastest of all with a truly blistering time of 12:27.40 with Lucie Hlavackova of the Czech Republic next fastest in 12:39.60. Louison's (FRA) late burst was almost enough to elevate her to the podium but on a terrific week for Belarus, Malashenoka hung on for bronze.

Russia's impressive pipeline of men's



Action from the Swimming and, below, Fencing elements of the U19 Women's Individual event



Russia set off on their quest for glory in the U17 Men's Relay



The moment of glory for Amira Kandil (EGY) in front of a home crowd in Alexandria (EGY)



talent was on show recently at the UIPM Youth European Championships in Portugal when they took a clean sweep of the podium. Their athletes carried that form into the U17 Men's Relay as Russia's two teams swam fastest and third-fastest in the Swimming round.

It was the duo of Timofei Popov and Artyom Belchik (RUS) who were best by a distance, clocking 1:48.77, three seconds ahead of Turkey, represented by Munir Can Mert and Jan Demir Vurdum. The second Russian team of Zorkin and Malyshev were in close pursuit in a time of 1:52.69. But while Popov & Belchik (RUS) were the first to set off in the Laser Run, Zorkin & Malyshev (RUS) — who had finished first and third respectively in the European Championships — were unstoppable.

They blazed a trail through the field in a time of 10:31.50, 13 seconds clear of Lithuania (Chmieliauskas/Gaudiesius) with Mexico in third place thanks to Angel Charbel Martinez and Jorge Hernandez's time of 10:55.40. While no other country went under the 11-minute mark, a late burst from Egypt (Zaki/Mohamed) was enough to claim bronze just ahead of the France pairing of Florent Schoen and Etienne Clergeau.

Kandil (EGY) said: "So happy today because I'm so proud of this result. I'm happy because this is a dream come true — world champion.

"I want to say thank to all the people who have supported me for this championship and a big thank you to my coach and family. So proud because I'm so young. It's a dream to go to this Olympics but now I want to go to Paris 2024."

Zorkin (RUS) added: "It's been a good competition for me. It's my first year in World Championships. I have a great competition and my friend had a good start, he ran [well] and gave me a good relay that helped us win the competition."



Action from the Swimming and Fencing elements of the U19 Men's Individual event

Day 7: Golden joy for Russia and Hungary as curtain comes down

Seven days of pulsating action in Alexandria culminated in Russia and Hungary claiming the final two gold medals of the Championships with the future of the sport looking brighter than ever.

Russia's Kirill Manuilo made good on a pre-Championships promise as he claimed individual gold in the U19 Men's final, narrowly seeing off the spirited challenges of Cedric Chatellier of France and home favourite Moutaz Mohamed, who claimed one last medal for Egypt. Mohamed (EGY) collected his third medal of the week overall after a gold and bronze in relay competition.

Just an hour earlier, two of the week's other prolific medal collectors struck gold for Hungary as Botond Tamas and Blanka Bauer combined to perfection in the U17 Mixed Relay. Tamas had already claimed individual gold while his teammate took bronze in the U17 Women's final.

Silver went to Belarus, who had Vasil Palazkou and Mira Buraya to thank as they pipped Egypt to the top of the overall medal table for the week. Italy claimed their first medal as Matteo Bovenzi and Elisa Sala held on for bronze.

Russia were in front from the get-go of the U19 Men's final but it was Manuilo's teammate Matvei Ivanov-Kunitskii who set the tone in the pool, finishing fastest of the 36-strong field in a time of 1:58.76. Poland's Maciej Klimek was just a second behind with Richard Gulyas of Hungary the only other competitor to break the 2-minute mark in the Swimming round.

The Fencing round proved to be a remarkably even contest with Portugal's Duarte Taleigo the most prolific on the piste with 24 victories. Manuilo (RUS) made his move with 22 victories, a mark equalled by another three rivals — Juan Ochoa of Guatemala, Chatellier (FRA) and Moriz Klinkert of Germany.

It was all set up for a highly anticipated Laser Run but it quickly turned into a three-horse race. That didn't make it any less electrifying, as Manuilo (RUS), Chatellier (FRA) and Mohamed (EGY) all went toe-to-toe. Manuilo (RUS) secured gold with the fastest time of 10:42.50 with Chatellier's mark of 11:00.10 enough to hold off the rapid Mohamed (EGY, 10:44.20).

Manuilo (RUS) said: "I am very, very happy. At the Youth European Championship, I promised to win. I promised in an interview to come here and be the first. I am happy [to do it]."

The U17 Mixed Relay offered the last chance for the youngest competitors to get on the medal table and that seemed apparent in the pool as three countries who had yet to reach the podium led the early charge in the Swimming round.

Bulgaria, represented by Emil Grozdanov and Ralitsa Miteva, set the fastest time, clocking 1:55.75 just shade ahead of Italy (Bovenzi/Sala) with the duo from Thailand, Vipas Hepnak and Khemjira Chu-In, third in a time of 1:58.23.

In the Laser Run, the medal pedigree already demonstrated by Hungary (Tamas/Bauer) came through again. They finished fastest of all in a blistering time of 11:11.00, six seconds ahead of Belarus (Palazkov/Buraya) with Russia's pairing of Maksim Malyshev and Olesya Khamidullina third-fastest in 11:22.00. Italy (Bovenzi/Sala) dug deep to come home sixth-fastest in 11:35.20 and pipped the Russians to the podium by the narrowest margin.

Tamas (HUN) said: "My swimming was my personal best and by the Laser Run, Blanka ran and shoot really well so I had not too difficult [of a task]. It was a real pleasure to be here and to race. It's a good way to finish the week, with a medal."



Kirill Manuilo (RUS) makes good on his promise by winning the U19 Men's Individual world title

CISM 2021 Military World Championships



Men's Relay podium at the CISM 2021 Modern Pentathlon World Championships in Drzonkow (POL)

Gubaydullina (RUS) and Demeter (HUN) savour individual gold

The new military world champions are Gulnaz Gubaydullina of Russia and Bence Demeter of Hungary – and they had to overcome a lot of quality opposition to claim the individual crowns.

On the third day of the CISM 2021 Military World Championships in Drzonkow (POL), Demeter (HUN) made up for the disappointment of his non-selection for the Tokyo 2020 Olympic Games by keeping his nerve to claim gold in a tense finale.

Jean-Baptiste Mourcia of France made up 13 places in the Laser Run to win the

silver medal ahead of bronze medallist Gergo Bruckmann (HUN).

Twenty-four hours later, two-time Olympian and 2017 world champion Gubaydullina (RUS) came from behind in Laser Run to claim the title ahead of silver medallist Ieva Serapinaite of Lithuania and bronze medallist Oktawia Nowacka of Poland.

The Category A Modern Pentathlon competition marked the first gathering of military pentathletes since the CISM Military World Games in Wuhan (CHN) in October 2019.

As ever, the standard of the competition was incredibly high with many of the world's leading athletes taking part.

Host nation Poland made a dominant start to the competition, winning gold in both the Men's and Women's Relays.

Tokyo 2020 Olympians Lukasz Gutkowski and Sebastian Stasiak claimed the gold medal in the Men's Relay after an impressive ride and Laser Run enabled them to finish ahead of top-performing fencers and silver medallists Hungary (Robert Kasza & Demeter) and bronze medallists Germany (Dominik Olejarz & Fernand Mitterrand).

Poland's women picked up where the men left off on day two, with an even more convincing victory.

Rio 2016 and Tokyo 2020 Olympian

Anna Maliszewska and Rio 2016 Olympic bronze medallist Nowacka were unbeatable throughout the Women's Relay.

Gubaydullina & Adelina Ibatullina (RUS) claimed the silver medal and Laser Run specialists Lithuania (Ieva Serapinaite & Aurelija Tamasauskaite) picked up the bronze.

On the final day of the competition, Ukraine won the Mixed Relay after a strong performance by Iryna Khokhlova and Denis Pavlyuk. Brazil (Isabela Abreu & Danilo Fagundes) took silver ahead of bronze medallists France (Marie Oteiza & Mourcia).

UIPM Executive Board Member for Sport, Montreal 1976 Olympic champion Janusz Peciak OLY, said: "The CISM 2021 Military World Championships was a truly fantastic competition with great organisers, excellent and challenging riding and very good judges. All athletes and coaches were very pleased."



The flags of CISM and Poland fly alongside the competing nations as the Swimming gets under way



LASER RUN SPOTLIGHT

European season
goes into overdrive

Eight new cities across Europe savour GLRCT

The first half of 2021 saw the resumption of the Global Laser Run City Tour in New Zealand and Egypt, with 15 events organised across four continents.

The Olympic Games took prominence during the northern-hemisphere summer but the GLRCT has bounced back with a bang since then, with eight new cities in Latvia, Germany, Ukraine, France and Russia enjoying their first experience of the urban sports phenomenon.

Riga (LAT) opens doors to Baltic neighbours

After successful GLRCTs in 2018 and 2019, Latvia got back on track with a successful event on August 15 that gave young athletes, active pentathletes and Masters the opportunity to test their running-shooting skills.

Aleksandra Malasenoka, a Triathlon winner at the UIPM Biathlon-Triathlon World Championships and European Laser Run bronze medallist, won the Under 19 girls category.

Andra Novicka, a coach and Masters champion who claimed Triathlon gold in the UIPM 2021 Biathlon-Triathlon World Championships, took the gold in the Masters 40+ age group.

Latvian pentathletes were not alone in participating in the competitions – they were joined by athletes from neighbouring Baltic countries Estonia



A youth athlete takes aim in Riga (LAT)

and Lithuania. Estonia's UIPM 2021 Laser Run World Championships silver medalist Johanna Maria Jogisu was among the winners.

A spokesperson for the local organising committee said: "The competitions were organized in a friendly and family atmosphere and aimed to make Modern Pentathlon more popular in Latvia."

Weiden (GER) offers Laser Run bonus day for Biathlon and Triathlon athletes

Organizers of the UIPM 2021 Biathlon-Triathlon World Championships in Weiden (GER) invited all participating nations to compete on August 30 in

a Global Laser Run City Tour to gain valuable points for their Laser Run World Ranking.

Among the countries who came to start line the day after the conclusion of the World Championships were Germany, Austria, Estonia, Latvia and Spain. Coaches, organisers and volunteers were also invited to race the World Championships course during fun runs.

A spokesperson for the local organising committee said: "It was a nice addition to the World Championships and one more medal for athletes to count in their overall success."



Darmstadt (GER) welcomes athletes of all ages

It's all action in Darmstadt (GER) as female athletes in the Youth and, below, Masters categories take aim and enjoy the competition

The Hesse Federation of Modern Pentathlon (HVMF) partnered with the City Government of Darmstadt to host another GLRCT in the city that Dr Klaus Schormann (President of UIPM and the HVMF) calls home.

Martin Westermann, Director of the Sports Department of the City of Darmstadt, attended the competition and handed out medals together with President Dr Schormann.

The number of participants was relatively modest due to the COVID-19 Coronavirus circumstances but a spokesperson for the local organising committee said: "We are pleased we had perfect weather and a good rivalry and atmosphere for the 2021 Global Laser Run City Tour in Darmstadt. We are already looking forward to a bigger Laser Run Event next year."

The youngest participant was six-year-old Moritz Gebhardt and the oldest was Leo Grosser (69). The international athlete contingent included Manuel Soriano (ESP), a regular competitor and medalist in Biathlon, Triathlon and Laser Run





Intense competition on the start line in Sloviansk (UKR) and medallists pose on the podium in Lviv (UKR)



competitions who won the men's Masters 40+ race.

Donetsk hosts major regional gathering in Sloviansk (UKR)...

On September 10 the host city Sloviansk welcomed 252 athletes from all regions of Ukraine to a GLRCT taking place in a new stadium situated in the heart of the city.

Volodimir Mitsik, head of the Donetsk regional sport department, opened the competition and said: "Modern Pentathlon has a very strong tradition in our region and it is very pleasant to see so many athletes and coaches. I hope this competition will open to you the road to the Olympics!"

Former international pentathlete Dmytro Sidorov, now head coach of the regional Modern Pentathlon Federation of Donetsk, thanked the Ukrainian National Modern Pentathlon Federation and UIPM for their support and development of the Laser Run competition format, which enabled so many young athletes and veterans to come together.

All participants received certificates, T-shirts and souvenirs and the medalists

Caption here

received special prizes from the regional department of the National Olympic Committee of Ukraine. A spokesperson for the local organising committee said: "Perfect weather, perfect facility, experienced judges and a lot of positive emotions made this Laser Run day unforgettable to all athletes, coaches and visitors."

... and Lviv (UKR) follows suit

Two days after the GLRCT in Sloviansk (UKR), it was the turn of Lviv (UKR) to shine with 263 athletes from six Ukrainian regions competing in the western city. Competitions were held very close to the historical centre at the SKA aquatic sport club.

Andriy Kovalchuk, President of the Lviv Regional Modern Pentathlon Federation, said: "This competition format offers an additional possibility to attract more children to sport and a good opportunity to start a new school year in a sporting way. Now we are trying to open additional Laser Run groups at the schools in order to develop Modern Pentathlon in our region."

He also congratulated the Modern Pentathlon family on the celebrations that marked the 4th Pierre de Coubertin Pentathlon Day the day before.

A spokesperson for the local organising committee said: "Coaches observed that athletes from all age groups showed good performance and motivation. Many times the fight for the medals continued until the finish line!"

"At the closing ceremony Andriy thanked all participants for coming and to the UIPM and UMPF for their great support. An impressive location, sunny weather and a lot of positive emotions left all participants, their coaches, families and friends with a lot of remarkable memories."



A podium shot from Novosibirsk (RUS) and, top, Laser Run action in Lviv (UKR)

Siberian Running Festival adds context to gathering in Novosibirsk (RUS)

Plans for the city of Novosibirsk (RUS) to host a Global Laser Run City Tour in the framework of the Siberian Running Festival were in doubt – like the entire Festival – due to COVID-19 restrictions and protocol. In addition, the weather forecast was showing 80-100% of rain and strong gusts of wind for the

competition day.

Nevertheless, on September 11 the competitions traditionally took place in the city's central square and the terrible weather forecast, to the great delight of organisers, participants and judges, did not come true.

About 300 athletes, amateurs and veterans took part in the Tour with the youngest participants two girls born in

2015, Siebert Dasha and Krokhina Anya.

The competitions were officially held without spectators – nevertheless, the number of residents and guests of Novosibirsk who competed in the Tour and in the entire Running Festival was impressive, with more than 5000 people amassing.

Musketeers rise to the challenge in Corbas (FRA)

The French club “Les Mousquetaires de Corbas” staged on September 25 a Global Laser Run City Tour in the city of Corbas, near Lyon.

The event attracted a large audience, with family and friends coming to

discover one of the disciplines practised by the Musketeers of Corbas – Laser Run – which is now accessible to everyone.

The organizers welcomed neighbours from the Bievre Pentathlon LaserRun 38 club and CONCEPT LASER RUN, whose members took part as athletes and assisted with the event organisation.

Two very big hopes of French pentathlon, Kylian Perrier (a two-time Laser Run world champion in 2019) and Melvin Perrier, who was 5th at the UIPM 2019 Under 19 World Championships in Sofia (BUL), joined the event.

A spokesperson for the local organising committee said: “The pentathletes spent the afternoon advising young and old athletes and even shared the Laser Run track with them.

“The event took place on the sports ground of the René Cassin high school, which was made available by the school director with the support of physical education teachers and all staff. It was a great day of sport and friendship, despite the rain and wind that battered the course, the banners and the runners.”



Male athletes participate in Laser Run in Corbas (FRA) and, top, pose on the podium

News from around the world



Candidates for election confirmed ahead of 71st UIPM Congress

UIPM is pleased to confirm the eligibility of over 50 nominees ahead of the upcoming 71st UIPM Congress.

Fifty-three nominated candidates have been deemed eligible by the UIPM Electoral Committee ahead of the 2021 UIPM Congress, which will take place online on November 27/28.

The full list of eligible candidates and UIPM positions, including for President, Vice Presidents, Treasurer, Executive Board Members, Technical, Medical and Business Affairs Committee members and Honorary Auditors can be found at www.uipmworld.org/elections

Delegates will take part in this year's electoral forum remotely and will be voting online using secure systems provided by Lumi Global, trusted

partner of leading sporting federations and stakeholders in the Olympic community.

As UIPM continues its focus on inclusion, the 71st UIPM Congress will be simultaneously available to delegates in English, French, Spanish and Russian. Some sessions of Congress will be open to the public and can be watched via live stream at UIPMTV.org

UIPM Secretary General Shiny Fang said: “The elections will be very competitive.

“This also demonstrates good interest and commitment from our pentathlon community in the sport and the organisation.

“We are confident that our National Federations will choose the best leaders and members for the future.”

UIPM and Athlete365 hold educational self-development workshops for next generation

Sixty youth pentathletes and athlete Sentourages from 10 countries completed the IOC Athlete365 Career+ Power Up Workshops during the recent UIPM 2021 Youth World Championships in Alexandria (EGY).

UIPM has continually recognized that many athletes face significant challenges pursuing their self-development and education whilst focusing on their sporting career. It was therefore with great pleasure that UIPM took the opportunity to deliver then IOC programme at the championships, held at Arab Academy for Science Technology & Maritime Transport earlier in September.

Across two action-based learning sessions, athletes were able to unite, interact with each other and learn

about themselves through reflection, games, storytelling, discussion and questioning.

The workshop has been designed to help athletes identify their superpowers and strength, as well as to familiarize themselves with working tools that help to manage and develop their skills. The course has been useful for the athletes' entourage too, providing insights on athletes' character, behaviour and personality features and how this can be integrated into training process.

The workshops were delivered by Athlete365 Career+ Certified Educators – pentathlete and Olympian Dmytro Kirpulyanskyy and ex-pentathlete Anfisa Kasyanova, who is also UIPM Project Manager. Many slots with different timings were provided to broaden the accessibility to all athletes competing in different days. The course was available in English and Russian with additional printing materials in French, Arabic, Portuguese and Spanish.

Cedric Chatellier (FRA), U19 World Championships silver medallist, said: "The workshop was great, positive vibes and absolutely no headache. It made us busy during the days when we didn't have much to do and it didn't disturb me at all for my competition. On the contrary, by learning more about myself thanks to the course I was able to give more and be more determined for the final competition day."

Zeina Amer (EGY), U19 World Championships team silver medallist, added: "I definitely think it is important for athletes to learn about self-awareness. It helped and gave basic introductions and explanations that we as athletes should be aware about and which will help us in the future."

Vadim Chudnovskii, Uzbekistan youth team head coach, said: "It was obvious to me that such activities are beneficial for athletes, as the way of thinking switches from a narrowly sport-focused [one] to a broader and more flexible one. For me, the reaction and perception of



Dmytro Kirpulyanskyy (right) with Cedric Chatellier (FRA) and, below, other workshop participants



athletes to receive new information was interesting to observe too."

Ana Luisa Almeida, Brazil national team manager, said: "The organization of the Power Up workshops during the U19 and U17 World Championships was a great opportunity for young athletes to learn more about themselves in a relaxed way, accompanied by athletes from around the globe."

Dmytro Kirpulyanskyy OLY, Athlete365 educator, added: "Power Up sessions are very important for the athletes. Attending these sessions, they can discover many interesting things about their self-identity, about their interests, strengths and weaknesses. This information helps them to understand who they are now and who they want to become in the future."

"I was pleased to deliver this course to young pentathletes at the Youth World Championship in Alexandria. Personal thanks to the UIPM President Dr Klaus Schormann and to the UIPM Secretary General Shiny Fang for supporting athletes. The International Modern

Pentathlon Federation is one of the first federations to organise such an event for their athletes."

The provision of educational and learning opportunities is part of UIPM's commitment to the athletes through the Athletes Centred Programme (ACP). More opportunities and resources will be available for athletes on the UIPM website and at ACP platform in the very near future.

It's back: youth athletes and judges invited to grasp 2021 Virtual Youth Festival opportunity

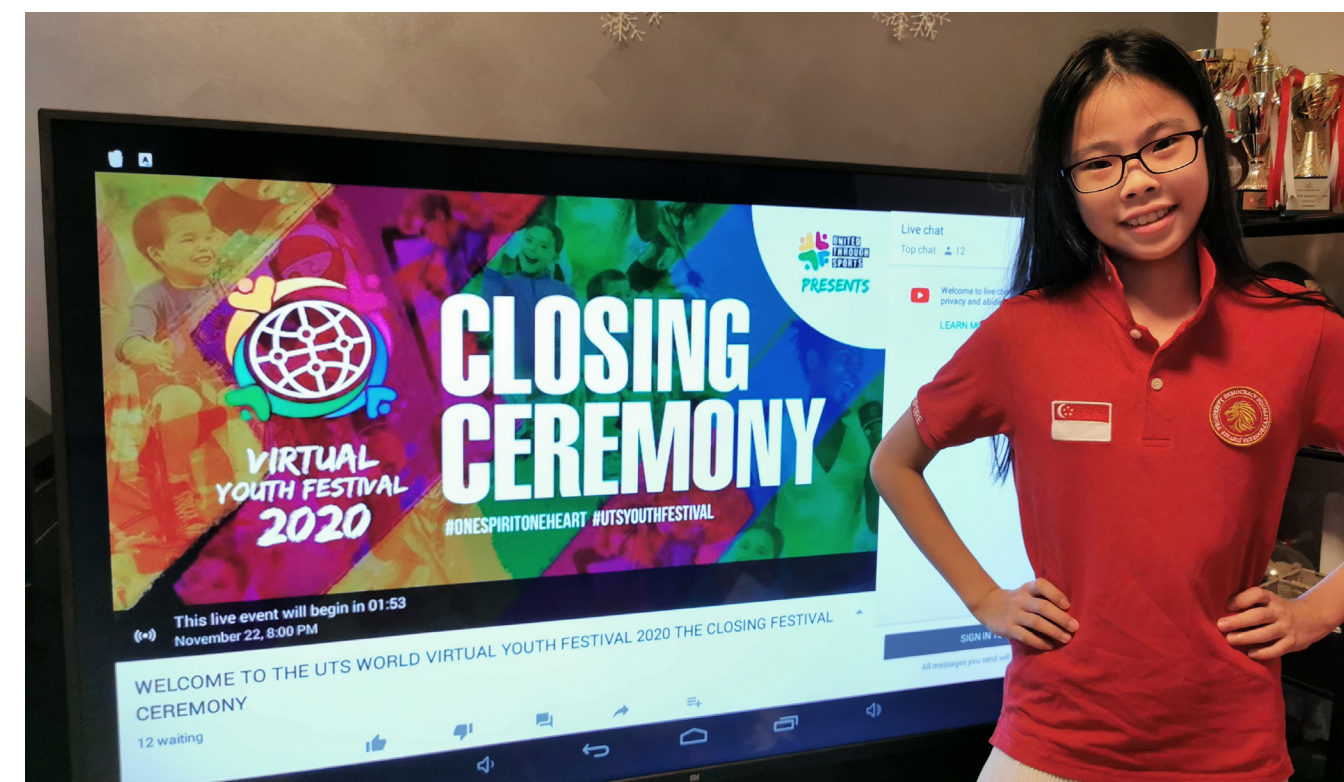
UIPM has invited young athletes from across the world to grasp the opportunity to get involved in the second Virtual Youth Festival.

After the successful first VYF, broadcast globally from Bangkok (THA), Saudi Arabia will host the 2021 event with the finals, awards and closing ceremonies taking place online from November 20-27. More than 100 international federations and organizations will

take part in a hybrid workshop and conference in Riyadh (KSA).

The 2020 Festival saw the global UIPM community claim nine medals (three gold, one silver, four bronze and one special award medal for IF Ambassador) thanks to youth pentathletes representing Guatemala, Israel, South Africa, Egypt, Uzbekistan and Singapore. The UTS event, like UIPM's #LaserHomeRun and #LaserAllStars, was originally intended to provide opportunities for the multi-sports community community during the pandemic. The VYF organizers have decided to extend the online event beyond the pandemic, bringing together young people in the spirit of sport on a virtual platform.

The VYF is accessible to youths in categories from U10 to U18, with each age group having different fitness exercises to accomplish. UIPM athletes can participate in the Max Fit competition, which focuses on the contestants' strength, power and stamina using standardised exercise and fitness drills across five age groups



Kyra Seow (SGP), who received an award for her ambassador work during the first Virtual Youth Festival in 2020



Medallists in Spala (POL) with Olympic champions David Svoboda (CZE) and Janusz Peciak (POL)

for boys and girls: U10, U12, U14, U16, U18 (according to ages on August 1, 2021).

The VYF also offers the following opportunities to the UIPM community:

- Participating in IPC Inclusive Challenge
- Becoming a VYF Youth Ambassador following the steps of last year success of Kyra Seow from Singapore and representing UIPM throughout the festival.
- Applying to be a VYF Technical Official – following the brilliant judging in last year's Festival by certified UIPM Judges Agnese Tomassi (BEL) and Isamu Nogami (JPN).

UIPM President Dr Klaus Schormann said: "I am happy to hear that the Virtual Youth Festival continues this year. It is a very exciting event and I encourage all youths to join in and test their skills with young people from other sports.

"Our sport is focused strongly on education, which is a cornerstone of the VYF. It is more important than ever at this still difficult time that we provide opportunities for youth and engage

the athletes of tomorrow. Working hand in hand with other organisations, we can also continue to use our sporting movement as a vehicle for ideals of education, peace, democracy, tolerance and humanity."

Key dates for the Festival (November 20-27) are as follows:

- Educational workshops (Nov 20-24): Live and are all open to the public, pre-registration needed
- Welcome ceremony (Nov 20): Youth-oriented performances and talent from across the globe
- Opening conference (Nov 20): International sport leaders sharing powerful messages of hope
- Conference sessions (Nov 20-26): Addressing current topics with sport leaders, champions, and experts
- Final competitions (Nov 22-25): Competition finals streamed online
- Awards ceremony (Nov 25-26): Medals presented virtually to the winners
- Closing ceremony (Nov 27): A spectacular closing virtual party beamed out from Saudi Arabia with performances, music and cities coming together

- Medals and certificates (Dec) will be posted to the winners through their Federations or organisations. All participants receive a digital certificate.

Find out more about the VYF by following @unitedthroughsports and #united4thefuture on Instagram, Facebook and Twitter or visit the event web page.

Hope and focus for the Olympic future as the next generation shine in Spala (POL)

The years 2028 and 2032 might sound far off but the Olympic Games that will take place, respectively, in Los Angeles and Brisbane were front of mind when over 100 athletes gathered in Spala, Poland.

The Olympic Hope competition at Spala's Olympic Training Centre in late October saw 108 competitors representing nine different countries at Under 19 and Under 17 levels. Athletes from Germany, Austria, Great Britain, Hungary, Czech Republic, Slovakia, Portugal, Lithuania and host nation Poland competed over three days.

With women's, men's and Mixed Relay events, there were six sets of medals up for grabs in front of judges from Warsaw and Drzonkow under the jurisdiction of the Polish Modern Pentathlon Federation. In the U19 Tetrathlon events there was gold medal joy for the host nation as Maciej Klimek took Men's honours while Lucie Hlavackova of the Czech Republic claimed Women's gold. Mixed Relay glory went to Hungary.

In the U17 Triathlon finals Alan Jasso added another gold for Hungary in the Men's final while Maja Marcinkowska claimed another title for hosts Poland in the Women's event. Mixed Relay honours again went to Hungary.

There was not one but two Olympic gold medalists on hand to present prizes to the next generation with

Olympic champions Janusz Peciak OLY (POL) and David Svoboda OLY (CZE) presenting medals to the winners.

"It was an excellent, organized competition and the young athletes showed a great performance and friendshi," said Peciak.

"There have been many talented athletes who can look ahead to the Olympics in Los Angeles 2028 and Brisbane, Australia 2032. All of the athletes as well as the coaches left Poland happy and very optimistic for future."

Modern Pentathlon Day in Kaunas (LTU) provides new experience for young pentathletes

The Hiperionas Modern Pentathlon Club in Kaunas has celebrated a hugely successful staging of Lithuania's first ever Modern Pentathlon Day.

Young pentathletes of the club tested themselves as organizers of the event and gained extremely valuable experience at the festival held in Kalniečiai Park. Everyone was given the chance to try their hand at all five disciplines of Modern Pentathlon – fencing, swimming (simulated with special exercises), riding, running and shooting – filling in an event results card after completing each station.

The event was held in a good weather and attracted over 500 people. About 300 of them tried out all the sports of Modern Pentathlon and were awarded with sponsors' prizes.

All the guests also had a chance to talk to Lithuanian Olympians Gintare Venckauskaite (Tokyo 2020) and Ieva Serapinaite (Rio 2016).

Edvinas Ancuta, a pentathlete with the club, was the leader of Modern Pentathlon Day preparations and said he was very pleased with how things worked out. "It was a very big challenge for me," said Ancuta. "But during the



Fencing fun for youngsters in Kaunas (LTU)



Elite pentathletes Ieva Serapinaite and Gintare Venckauskaite (LTU) enjoy the day



Masters athletes demonstrate their Fencing skills in Moldova

event itself good weather and the number of interested people were the most pleasing."

Ancuta's Hiperionas club-mate Ula Andrejevaite tested herself in marketing the event. "I am very glad that companies trusted us and willingly contributed to the event," she said. "It was also a lot of fun to see our athletes among the volunteers, they professionally explained things about the sport to everyone interested."

All the communication of the event fell under Titas Purnas' responsibility. "I was surprised by the number of attending people and also how quickly they understood the sport. I hope to see new faces in pentathlon trainings and competitions soon," said the young athlete.

"We are very satisfied with the event, a lot of people got involved," said Paulius Aleksandravicius, the head of Hiperionas.

"One of the most important goals was

to allow the club's young athletes do as much work as possible on their own.

"We helped them with the formalities, but the most of the work was done by pentathletes Edvinas, Ula and Titas with assistance from other members of the club. We successfully organized the European Youth Championships in Kaunas in 2019 and we hope to have big events as well. So such experience gained by young people will be very useful in the future."

Glory for four nations and positive signs as Masters competition finally resumes in Moldova

Gold medals were shared by all four competing nations at the Open Moldavian Masters Championships which took place in the capital Chisinau from October 22-23.

With participating athletes from the host nation of Moldova as well as Russia, Ukraine and Spain the competition saw seven events held across Modern

Pentathlon and Tetrathlon categories.

"After a long pause because of the COVID-19 pandemic situation this event has become a real holiday," said Alexei Vasilianov, President of Moldavian Modern Pentathlon Federation. "We've waited for this event for two years and I am really happy to have seen my old friends and met new friends in Moldova."

The competitions is a good sign for Masters event resumption and for the wider Masters community in the anticipation of UIPM 2021 Masters World Championships, scheduled for June 19-24 next year in Hämeenlinna, Finland.

The winners

70+ Tetrathlon Aleksander Kasatov (RUS)
60+ Tetrathlon Micola Kulik (UKR)
60+ Pentathlon Serghei Astashov (RUS)
50+ Tetrathlon Serghei Kostromickii (RUS)
50+ Pentathlon Serghei Rusin (MOL)

40+ Tetrathlon Alexander Baskakov (RUS)

40+ Pentathlon Antonio Sanchez Paraja (ESP)

'Knights of Five Qualities' project in Nizhny Novgorod (RUS) reaches more than 11,000 participants

Social inclusion through the prism of Pentathlon was the aim of a major project called "Knights of Five Qualities" which took place in the Nizhny Novgorod region (RUS) over the past 12 months, concluding in September 2021.

The project was initiated by Dmitry Svatkovsky OLY, Russia's Olympic champion from Sydney 2000, and was organized in five stages by the Regional Modern Pentathlon Federation of Nizhny Novgorod.

At the first stage, in the autumn and winter, educational lessons were held across 13 districts of the Nizhny Novgorod region and three districts of the city of Nizhny Novgorod in a total of 25 schools. More than 7000 pupils from 2nd to 7th Grade took part. At lessons, children learned about Modern Pentathlon including from a film and a cartoon about the sport. The children were also invited to see an exhibition of cups and medals claimed by pentathletes from the Nizhny Novgorod region, including that Olympic gold medal of Svatkovsky.

Schoolchildren could also try their hand at Pentathlon - for example, shoot with a laser pistol or play fencing with safe swords. Such visits were attended by Dmitry Svatkovsky and other outstanding pentathletes of the region such as Sergei Branov, winner and medallist of World and European Youth and Junior Championships, and Liudmila Tebekina, world bronze medallist in women's relay.

At the second stage, in the spring of 2021, five family sports festivals were held in sports and entertainment

centers with more than 500 people taking part. Fully 55 families (mother, father and one child of 8-14 years old) of the Nizhny Novgorod region tried four Modern Pentathlon disciplines: swimming 50 meters, fencing on the stand, Laser Run. The winners and medallists of each festival were honoured with medals, commemorative prizes, as well as gift certificates for sports stores.

The third stage - the UIPM Global Laser Run City Tour - was organised in May at the Nizhny Novgorod Stadium (see Laser Run Spotlight section). In August, as part of the fourth stage, Pentathlon sports events were held in summer camps. The project team visited camps in four districts of the region, thanks to which more than 700 children became "knights of five qualities".

In September, within the framework of the project, agreements on cooperation were concluded between the Nizhny Novgorod Regional Federation of Modern Pentathlon

with three districts of the region. The agreements are designed for three years and involve the development of Modern Pentathlon including the opening of training groups in sports and entertainment centres and the organisation of referee seminars. The signing of the agreements is the fifth and final stage of the project.

According to Dmitry Svatkovsky OLY, more than 11,000 people took part during the year-long project, and the total audience reach, thanks to the project's social networks and the media, amounted to more than 100,000 people.

"While conceiving the project, we did not expect that it would be so popular among children and adults of Nizhny Novgorod," he said. "The regional federation, together with the districts of the region, have done an excellent job, which will lead to the development and popularization of sports and, in particular, Modern Pentathlon in the Nizhny Novgorod region."



A popular mascot in Nizhny Novgorod (RUS)

Inside UIPM

UIPM Secretary General Shiny Fang's message

A remarkable and unique Olympic cycle (2017-2021)

Hope and despair, happiness and sadness, peace and panic, emergencies and new normal...

The Tokyo 2020 Olympic cycle was highly eventful – in fact the whole globe has gone through extraordinary and unbelievable experiences in recent times. We had to embrace new ways of life and adapt.

At UIPM, which has governed the core Olympic sport of Modern Pentathlon since 1948 and developed another six multi-discipline sports in recent years, we have learned the hard way to turn threats to opportunities, turn disadvantages to our advantage and turn negatives into positives.

As Secretary General I have a deep well of pride in the work of the whole UIPM staff team that I am very fortunate to lead, working under the guidance of the UIPM President, Treasurer and Executive Board, together with the unsung heroes who sit on committees, commissions and working groups and our incredible, dedicated and tireless organisers. Not to mention the most important group – our athletes – without whom we wouldn't have a sport. We are here for you!

During this cycle we achieved a long list of firsts.

We created the Pentathlon Stadium concept, launched in Mexico City (MEX) for the UIPM 2018 Pentathlon World Championships and introduced to the Olympic Games in Tokyo (JPN) in 2021.

We collaborated with FISU on the 1st World University Championships for Modern Pentathlon in 2018, while UIPM Sports also joined the programme of the



World Urban Games, Central Caribbean Games and South East Asian Games in 2019, and as well as the Junior Pan American Games in 2021. In 2023 Modern Pentathlon will feature in the European Games for the first time.

Internally we launched the Global Laser Run City Tour (GLRCT) in 2017 and the Biathlon-Triathlon National Tour (BTNT) a year later, with the first combined UIPM Pentathlon & Laser Run World Championships following in 2019 (and repeated in 2021).

Now an annual staple, Pierre de Coubertin Pentathlon Day was introduced in Mexico with a successful #High5 promotional campaign and National Federation (NF) participation toolkit. Similar resources were provided to NFs to support their development and event applications.

UIPM held and streamed its first Gala Awards in Cyprus during the 2018 Congress, which was repeated in 2019 featuring the first UIPM Awards public voting platform. In November 2021, UIPM's first virtual Congress will be streamed live too! There was another mark of prestige with the

launch of an official UIPM postage stamp in cooperation with the Monaco Government.

In an increasingly online world, we launched the UIPM Central app in 2018 and updated it in 2019 and 2020, providing live results of all UIPM events – and the UIPM Shop was launched in 2017 on the web with athlete ambassadors signing up in 2019. Information has also been provided via UIPM microsites for confederations, elections and anti-doping that went live in 2019 and 2020.

Educational support for our coaches, judges launched in 2019 and athletes will be enhanced soon with a full online platform packed with e-learning courses. Since 2019 we have offered scholarships for athletes' advanced education in partnership with various universities.

On the promotional side, we launched two shows – UIPM Live Talks and Pentathlon 360 – which were popular especially in the Olympic year of 2021. At the height of the pandemic, our global community gathered online for the innovative Laser Home Run and Laser All Stars virtual competitions. The UIPMTV online platform enjoyed more than 100% growth in numbers and subscriptions in 2021.

Speaking of results, I am so proud of some of the achievements of this cycle that we can chart in numbers.

We enjoyed a high score and category improvement in the ASOIF governance evaluation for International Federations in two continuous years (2019 to 2021) and welcomed 20 new National Federations.

We reached 240 cities through the UIPM Global Laser Run City Tour – a true gem of global urban sports development.

The new Modern Pentathlon competition format – approved by the IOC Executive Board for Paris 2024 – was rigorously tested four times in spite of the obstacles presented by the pandemic, which also created a complex challenge for Tokyo 2020 qualification. All competitions on the road to Tokyo were successfully arranged, along with three Youth Olympic Games New Tetrathlon format tests for Dakar 2026.

From the new UIPM Headquarters, opened by HSH Prince Albert II of Monaco in 2020, the UIPM team worked internationally with partners to achieve a truly global TV reach for Modern Pentathlon, with a big increase in broadcasted hours for our major competitions and improved graphics.

Online we enjoyed a 43% increase in website traffic, a 38% increase in newsletter open rates and exciting growth in the highly competitive social media marketplace – 35% audience growth on Facebook and 238% on Instagram across the cycle, and 12% on Twitter in 2021 alone. Our Weibo audience grew by more than 1000% from 2017 to 2021.

Storytelling is now embedded in our communications approach and I loved the incredible promotional campaigns we created for Tokyo 2020 with athletes at the centre.

To professionalise, standardise and streamline our operations we created new sets of guidelines and regulations across 18 different areas, covering everything from branding, uniforms to COVID-19 infection prevention, and to athletes safeguarding policy.

But let's face it – this Olympic cycle was about surviving as well as thriving. We controlled a limited budget based on the impact of the pandemic in 2020 and 2021, thanks in part to incredible support from the Monaco government via CTTR subsidies, which helped UIPM to retain a full staff complement without any redundancies.

Everything I have covered in this article was built on crucial and irreplaceable teamwork with the many volunteers and professional colleagues whose expertise underpins our movement.

So what comes next?

We have a number of exciting projects in the pipeline, including our first e-sport and progressive initiatives across para-sport and sustainability.

Our targets for 2022-2024 are centred around the Paris 2024 Olympic Games with a firm focus also on Dakar 2026 (the first Youth Olympic Games in Africa) and Los Angeles 2028.

By 2024 we aim to have 150 National Federations, a consistent and attractive TV product, even higher governance standards and more hands-on staff support for each UIPM Confederation, and to enhance communications among all stakeholders and especially with all athletes to provide more potential service.

On reflection, perhaps we would not have opted for such an eventful Tokyo 2020 cycle, had we been given a choice. But just look at everything we achieved by working hard together through good and hard times – and I'm excited to see what we can achieve as a strong community inspired by faith, passion, creativity, support and collaboration.



Inside UIPM
Monthly activities of President Dr Klaus Schormann



UIPM President Dr Klaus Schormann attends the GLCRT in Darmstadt (GER) and, below, presents the Pierre de Coubertin Medal to Spyros Capralos

04.09.2021: Darmstadt, GER

The Hesse Federation of Modern Pentathlon, of which UIPM President Dr Klaus Schormann is President, organised its annual Global Laser Run City Tour in Darmstadt (GER).

The COVID-19 pandemic and the recent Olympic Games in Tokyo created challenges around the planning of the event, but President Dr Schormann and Executive Assistant Lena Nussbaumer were determined to contribute to the development of Laser Run with good participation opportunities for athletes in all age categories.

The Hesse Federation will arrange another GLRCT in Darmstadt (GER) in 2022 with the cooperation of the German Modern Pentathlon Federation (DVMF).

07.09-09.09.2021: Athens, GRE

The UIPM President visited the capital of Greece and original home of



Theatrical performances depict the origins of Modern Pentathlon on the 4th Pierre de Coubertin Pentathlon Day in Athens (GRE)



the Olympic Games for a celebration linked to the 4th Pierre de Coubertin Pentathlon Day.

Attending the event was also the President of the Hellenic National Olympic Committee and of the European Olympic Committees, Spyros Capralos, who received the Pierre de Coubertin Medal from Dr Schormann in recognition of his great achievements in the Olympic Movement and his strong support of Modern Pentathlon for decades.

The President of the Hellenic Modern Pentathlon Federation, Dora Palli, arranged a great festival with theatrical



Caption here



The UIPM President with dignitaries during a visit to the new Athens Olympic Museum



Left to right: Hellenic Olympic Committee President Spyros Capralos, Greece's General Secretary of Sports George Mavrotas, Athens Olympic Museum Director Maria Papaioannou, UIPM President Dr Klaus Schormann and Hellenic Modern Pentathlon Federation President Dora Palli



performances by children linked to the ancient Pentathlon. The Mayor of Athens, Kostas Bakoyannis, Minister of Development Adonis Georgiadis, Minister for Sport Lefteris Avgenakis and Minister of Health Zoi Rapti spoke and stated their strong support for the Olympic movement and Modern Pentathlon as a core sport in the Olympic programme. International Olympic Academy President Isidoros Kouvelos was also present along with a group of athletes.

President Dr Schormann also visited the new Olympic Museum in Athens on September 8.

11.09-14.09.2021: Moscow, RUS

UIPM President Dr Schormann attended the President's Cup of Modern Pentathlon and visited the training centre in Moscow and the new museum of Modern Pentathlon at Severny Village, which was established by UIPM Vice-President for Business Affairs, Viacheslav Aminov.

The whole history of the Soviet Union and the Russian Modern Pentathlon Movement is presented including some historical parts of the Union Internationale de Pentathlon Moderne et Biathlon (UIPMB) and UIPM. Dr Schormann (pictured left) presented Mr



UIPM President Schormann and Vice-President Aminov (far left) join dignitaries on the stage during the President's Cup in Moscow (RUS)

Aminov with the UIPM Oak Tree Cup for the museum collection.

16.09.2021: National Federation meeting

Dr Schormann had a video conference with Dr Liston Bochette III, President of the Modern Pentathlon Federation of Puerto Rico, to discuss possibilities for the special education of young people through the UIPM Sports movement.

They reflected on art, literature and

musical contests as intellectual tools for education as a supplement for athletes in Modern Pentathlon. UIPM has a strong pedigree of athletes in both genders linked to art, music and literature.

They also discussed the development of Modern Pentathlon and development opportunities within UIPM Sports.

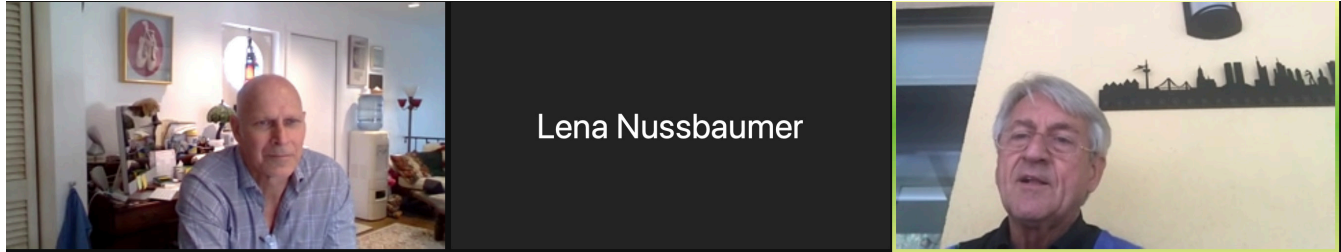
23.09.2021: Riding Working Group

The UIPM Riding Working Group formed in August in the immediate

aftermath of the Tokyo 2020 Olympic Games had an intense agenda of activities in the past two months.

Activities included three official meetings besides an extensive number of calls, discussions, talks, documents and email exchanges.

The last meeting was held on September 23 at which the group concluded its final report. The outcome of this first period of activities is an extensive number of recommendations linked to horse welfare; education of pentathletes,



Dr Liston Bochette III, President of the Modern Pentathlon Federation of Puerto Rico (left) and the UIPM President during their call



Members of the Riding Working Group during their call on September 23



Dr Schormann with UIPM Treasurer John Helmick and, below, with UIPM staff in Monaco (MON)



coaches, and judges; improvements on competition routines; and changes in the competition rules. The report was sent to the Executive Board for further analysis and preparation of potential motions to be presented during the UIPM 2021 Congress.

25.09.2021: Meeting with UIPM Treasurer

Dr Schormann met UIPM Treasurer John Helmick to discuss important points relating to the financial management of UIPM and how the Union should approach the coming years on the way to the Olympic Summer Games Paris 2024.

Furthermore, they spoke about Modern Pentathlon's sponsorship portfolio and how the Union benefits from these partnerships. UIPM is very proud that all partners stayed during this difficult time of COVID-19 and that all of them remain willing to continue supporting Modern Pentathlon in the next Olympic cycle.

28.09.2021: Monaco, MON

UIPM President Dr Schormann and UIPM Treasurer John Helmick met at UIPM Headquarters in Monaco with staff members to discuss preparations for the upcoming UIPM 2021 Congress, which will be held virtually from Monaco in November.

02.10.2021: MESGO webinar

Dr Schormann spoke during a webinar of the 2021 MESGO, the Executive Master in Global Sport Governance, which featured discussions about developing ideas for the future of Sport after COVID-19.

Participants considered the sport itself, digitalisation, e-sport and future events. Furthermore, they spoke about the current and future sports programme of the Olympic Games, the power of sport and the rule of the Olympic movement for global society.

12.10.-13.10.2021: Book meeting

UIPM President Dr Klaus Schormann was joined by distinguished journalist Alain Lunzenfichter, a Member of the

Right: Dr Schormann and Lena Nussbaumer with Alain Lunzenfichter in Darmstadt (GER). Below: Dr Schormann with UIPM 1st Vice President and IOC Member Juan Antonio Samaranch Jr and Dora Palli in Olympia (GRE)



The UIPM President with, left, Prof Dr Holger Preuss and, right, Joern Verleger during the MESGO



UIPM Pierre de Coubertin Commission, at the President's Office in Darmstadt. Together with Executive Assistant Lena Nussbaumer they discussed and prepared chapters of a historical UIPM book that will be launched at the end of 2022.

17.10.2021: Olympia, GRE

The UIPM President attended the inauguration of the International

Olympic Academy (IOA) in Ancient Olympia, the historic birthplace of the Olympic Games, and had the opportunity to renew acquaintances with international sports officials after a long period apart due to COVID-19.

The inauguration was hosted by IOC President Dr Thomas Bach and IOA President Isidoros Kouvelos in the presence of HE Katerina Sakellariopoulou, the President of Greece.

Hellenic Olympic Committee President Spyros Capralos joined the IOC and IOA Presidents in cutting a band to open the new International Olympic Academy.

In the evening Dr Schormann was invited to take part in a Truce Declaration hosted by the Mayor of Ancient Olympia, Georgios Georgiopoulos together with the Director of the International Olympic Truce Centre, Dr Constantinos Filis. UIPM 1st Vice-President and IOC Member Juan Antonio Samaranch was also present.



Above: the UIPM President joins fellow dignitaries at the flame handover of the Olympic Winter Games Beijing 2022; above right and below, he joins Dora Palli and Greek pentathletes in planting an olive tree next to the Hellenic Modern Pentathlon Federation office and training venue in Athens (GRE)



Left to right: Sam Ramsamy (IOC Member), Dr Julio Maglione (Honorary President of FINA and IOC Honorary Member), and UIPM President Dr Klaus Schormann

19.10.2021: Athens, GRE

Dr Schormann joined dignitaries and special guests including composer Yiannis Psimadas and a group of priests at the Panathenaic Stadium in Athens during the flame handover of the Olympic Winter Games Beijing 2022.

Earlier in the day, the UIPM President was joined by Hellenic Modern Pentathlon Federation Dora Palli, Beijing 2022 Athlete Ambassador Evi Moraitidou and Greek pentathletes in planting an olive tree next to the NF office and national team training venue.

The oak tree, as well the olive tree in this case, symbolises the special

environment that Modern Pentathlon is creating. It's a symbol of Modern Pentathlon and grows with deep roots to stand firm in the face of storms that have blown throughout the Ancient and Modern Games.

The ceremony was appropriate amid the historic atmosphere during the Beijing 2022 flame lighting and handover. Planting trees has a long history going back to 1912 when an entire oak-tree forest was planted surrounding the Olympic Stadium in Stockholm (SWE) where Modern Pentathlon made its debut on the Olympic programme.

Furthermore, the planting of trees has an increasing environmental importance



Dr Schormann, Karin Schormann and Lena Nussbaumer with (left) IHF President Dr Hassan Moustafa and (centre) Argentina NOC Vice-President Alicia Masoni de Morea



President Schormann and Lena Nussbaumer at the ANOC General Assembly in Crete (GRE), where Juan Antonio Samaranch (below) spoke





Dr Schormann and Dora Palli with Deputy Sports Minister Lefteris Avgenakis and (far right) Hellenic NOC President Spyros Capralos

and symbolises UIPM's commitment to sustainability.

21.10.-26.10.2021: Crete, GRE

President Dr Schormann represented UIPM at the General Assembly of the Association of National Olympic Committees (ANOC) with guests from other International Federations. At a

reception hosted by the Deputy Sports Minister of Greece, Dr Schormann had the opportunity to meet friends and colleagues from the sporting world.

On October 24, the UIPM President had positive discussions with Minister Lefteris Avgenakis, Dora Palli and Spyros Capralos about the development of Modern Pentathlon and the wider sports movement in Greece.

On October 25, President Dr Schormann had a meeting with HRH Prince Abdulaziz bin Turki Al Saud (pictured below) to create the first steps for developing Modern Pentathlon in Saudi Arabia. They spoke about the structure needed in the Federation.

Furthermore, His Royal Highness invited Dr Schormann to visit Saudi Arabia to get a clear picture of the Olympic



movement in his country and discuss future possibilities.

28.10.-30.10.2021: Monaco, MON

UIPM President Dr Klaus Schormann met with members of the UIPM Innovation Commission to discuss the future presentation of Modern Pentathlon with five disciplines after Paris 2024.

Commission Chair Ivar Sisniega led a two-day meeting and presented potential disciplines that could replace Riding.

The meeting of the Commission, which included four Executive Board Members (Vice President Joel Bouzou, Member for Marketing Martin Dawe, Member for Development Dr Viacheslav Malishev and NORCECA Confederation President Rob Stull) as well as external



UIPM President Dr Schormann with Polish Olympic Committee leaders Secretary General Adam (far left) and President Andrzej Krasnicki during his trip to Crete (GRE)



Attendees of the UIPM Innovation Commission meeting in Monaco (MON) with Mexico Sports Minister Ana Guevara (sixth from left)



Members of the UIPM Innovation Commission discuss the issues on the agenda during the two-day meeting at UIPM Headquarters

consultant Prof Dr Holger Preuss (Head of Sports Economic Department at Mainz University), had the opportunity to exchange ideas for the future composition of the sport.

The UIPM EB endorsed the recommendations of the Commission during a video call on October 31, meaning that a consultation will soon begin to discuss options for the new discipline, which must enhance the popularity and credibility of Modern Pentathlon while preserving its status as the ultimate physical and mental sporting challenge – as envisaged by Baron Pierre de Coubertin.

During his visit to UIPM Headquarters, President Dr Schormann also met with the Sports Minister of Mexico, Ana Gabriela Guevara, to talk about future Modern Pentathlon competitions in Mexico starting in 2022.



President Dr Schormann welcomes Mexico Sports Minister Ana Guevara to UIPM Headquarters

Pentathlon World Rankings

The PWR is updated live at www.pentathlon.org after each competition. PWR as at 7 November 2021:

MEN			
RANK	NATION	NAME	POINTS
1	HUN	Adam MAROSI	200
2	EGY	Ahmed ELGENDY	193
3	KOR	Woongtae JUN	190
4	FRA	Valentin PRADES	182
5	GER	Fabian LIEBIG	175
6	GBR	Joseph CHOONG	173
7	RUS	Alexander LIFANOV	173
8	CHN	Shuai LUO	173
9	EGY	Ahmed HAMED	171
10	KOR	Jinhwa JUNG	170
11	BLR	Ilya PALAZKOV	164
12	FRA	Valentin BELAUD	161
13	GBR	Thomas TOOLIS	149
14	GER	Patrick DOGUE	149
15	UKR	PAVLO TYMOSHCHENKO	146
16	GER	Marvin DOGUE	144
17	HUN	Robert KASZA	142
18	LTU	Justinas KINDERIS	142
19	CZE	Jan KUF	141
20	LCZETU	Martin VLACH	137

WOMEN			
RANK	NATION	NAME	POINTS
1	GBR	Kate FRENCH	220
2	HUN	Michelle GULYAS	200
3	BLR	Anastasiya PROKOPENKO	190
4	FRA	Elodie CLOUVEL	183
5	LTU	Laura ASADAUSKAITE	177
6	GER	Annika SCHLEU	177
7	GBR	Joanna MUIR	175
8	ITA	Alice SOTERO	170
9	FRA	Marie OTEIZA	160
10	LTU	Gintare VENCKAUSKAITE	159
11	GBR	Francesca SUMMERS	155
12	MEX	Mayan OLIVER	154
13	TUR	Ilke OZYUKSEL	151
14	RUS	Uliana BATASHOVA	149
15	RUS	Gulnaz GUBAYDULLINA	141
16	KOR	Sehee KIM	137
17	IRL	Natalya COYLE	137
18	POL	Anna MALISZEWSKA	126
19	ITA	Elena MICHELI	125
20	GER	Janine KOHLMANN	125

The latest UIPM World Rankings, World Cup Rankings and Olympic Games Rankings are all available at www.pentathlon.org



Baron Pierre de Coubertin

“The Modern Pentathlon event would test a man’s moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete.”

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