

**MAY
2022**



**World Pentathlon
Newsletter**

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UIPM 2022 PENTATHLON WORLD CUP ALBENA



Woongtae Jun (KOR) celebrates another Fencing victory during an extraordinary performance at UIPM 2022 Pentathlon World Cup Albena, where the Tokyo 2020 Olympic bronze medallist set two new world records in Fencing and Modern Pentathlon overall



New 5th Discipline update

Test event in Ankara (TUR) launched

Pentathletes of all ages and Obstacle Discipline specialists have been invited to sample the future of Modern Pentathlon.

In the biggest shake-up of the Olympic sport in its 110-year history, Obstacle Discipline is poised to replace Riding after the Paris 2024 Olympic Games. Now athletes have been invited to run, walk, climb, crawl, slither, scramble or otherwise propel themselves to the finish line of a bespoke course in Ankara (TUR).

If approved in UIPM 2022 Congress, the change promises to reduce the cost and complexity of Modern Pentathlon at the Olympic Games, adding to the commercial value of Los Angeles 2028 and future Games. It promises to make the sport more exciting to watch and more globally accessible, popular and sustainable.

UIPM's New 5th Discipline Test Event will take place on June 27-28, immediately after the UIPM 2022 Pentathlon World Cup Final – and in the same Pentathlon Stadium. The standalone Obstacle Discipline competition will see two to four athletes race each other over a course up to 100 metres long, with up to 10 obstacles. There will be separate categories for Under 19, Junior and Senior pentathletes – and another for experienced Obstacle athletes.

It is a mouth-watering prospect for the world's most versatile athletes, with obstacles chosen in collaboration with World Obstacle (FISO) featuring in the course set to include:

- Ascending steps
- Rope swing
- 1.5m wall
- Monkey bars



- Offset steps
- 0.5m low crawl
- Rings rig
- Under-over-under-over
- Wheels rig
- Balance beam
- Angled ladders
- Finish 'Tsunami' curved wall

Invitations were issued on May 24 and the test event is expected to draw global interest. Seventy-two elite pentathletes will already be in Ankara (TUR) for one of the showpiece events of the season, while the historic test is sure to attract younger athletes dreaming of Olympic glory at Los Angeles 2028 and beyond.

Obstacle specialists – who now have a roadmap to the Olympic Games if they can add Fencing, Swimming and Laser Run into their repertoire – will also be eager to demonstrate their athleticism and expertise in Ankara (TUR). The two-day schedule is as follows:

- June 27: Practical explanation / free training session
- June 28: Qualification / Finals

The launch of the test event comes after two variations of Obstacle Discipline were selected for testing after leading over 60 proposals in the race to replace Riding as the New 5th Discipline in Modern Pentathlon.

In reaching its decision, the New 5th Discipline Working Group rigorously followed the 13 established criteria. The selection considered athletes' views, medical aspects (including workload, injuries and anti-doping), TV, media and marketing opportunities.

Taking into account the IOC requirements for the programme of the Los Angeles 2028 Olympic Games, the Obstacle Discipline was selected for the following reasons including:

- Popularity among all age groups including youth
- Universal participation with great accessibility around the world
- Dynamic and attractive to global audiences
- Compatible with the DNA of Modern Pentathlon, which exists to examine the complete athlete
- Simple infrastructure for training and sustainable for organisers worldwide

Following comprehensive testing, a final decision about the New 5th Discipline will be made by UIPM Congress. The introduction of the new discipline after Paris 2024, along with the complete reassessment of the sport, is designed to ensure the future of a sport created especially for the Olympic Games by Baron Pierre de Coubertin.

UIPM 2022 Pentathlon World Cup Albena

Jun (KOR) in a world of his own as Serapinaite (LTU) wins maiden gold on Super Saturday

Gold medallists Woongtae Jun of Korea and Ieva Serapinaite of Lithuania shared the spoils on Super Saturday at UIPM 2022 Pentathlon World Cup Albena.

It was a day that neither athlete will ever forget, but May 14, 2022 will go down in Modern Pentathlon history because of a truly exceptional performance by Jun (KOR).

The Tokyo 2020 Olympic Games bronze medallist broke two world records on his way to a comfortable victory in Bulgaria, raising the bar in Fencing (284 points) before setting a new overall mark of 1,537 points.

Almost a minute behind him, Olympic champion Joseph Choong of Great Britain won a gripping duel for silver with first-time Pentathlon World Cup medallist Mohanad Shaban of Egypt, despite slipping on the final lap.

Earlier in the day, Serapinaite (LTU), emerging from the shadow of two-time Olympic medallist Laura Asadauskaite (LTU), enjoyed a classy victory in the Women's Final and she wasn't the only first-time medallist on the podium.

Silver went to Veronika Novotna of Czech Republic after an exceptional Laser Run which saw her hold off the challenge of specialist Ilke Ozyuksel of Turkey.

UIPM President Dr Klaus Schormann said: "After the UIPM Pentathlon World Cups in Cairo and Budapest, we moved on to Albena. This is a wonderful city for tourism, and what has been provided by the Bulgarian Modern Pentathlon Federation is an excellent, super facility



Ieva Serapinaite (LTU) powers her way to gold in the Women's Final in Albena (BUL)

with everything compact together and horses, as we know, always excellent.

"The organisation was exactly what we need and what the athletes need, to have a field of play with fairness. But this day was not only about good organisation – it was about performance, and this is always the perfect combination.

"Both Finals today were very exciting, especially for the second and third places and all the other places – it was a great demonstration of our sport with the new format, where athletes

have to perform three times in the Qualification, the Semi-final and the Final.

"Physically and mentally, it's something new for the athletes but after this season I'm sure they will analyse all they have learned and with their coaches they will prepare in a new, specific way for the season 2023.

"We are looking forward to the next Pentathlon World Cup in Ankara, followed by the Pentathlon World Cup Final and the test event for the New 5th Discipline that will replace Riding.



Action from the Riding arena in Albena (BUL) and, below, two competitors meet on the showpiece piste during the Fencing Bonus Round

“Thanks to the media, thanks to the volunteers and thanks, on top, on the athlete side. I also have to underline that the Athletes Committee is represented here and they are focusing with us on the future, also after Paris 2024. I am very satisfied and happy.”

Women’s Final: Serapinaite (LTU) enjoys maiden success

RIDING
With 17 of the 18 finalists scoring over 270, there was a high standard of Riding and this was underlined by two of the medal favourites, Serapinaite (LTU) and Ozyuksel (TUR) achieving perfect scores of 300.

There were another five unblemished rounds by team-mates Olivia Green, Charlie Follett and Kerenza Bryson (GBR), Alise Fakhrutdinova of Uzbekistan and Francesca Tognetti of Italy, and only one casualty – Mayan Oliver of Mexico who dropped 67 penalty points.

FENCING
With a healthy cushion from the Ranking



Round where she scored two more victories than anyone else (24V/11D), Serapinaite (LTU) could afford to drop the four-point opportunity on offer in the final bout of the Bonus Round. And so it transpired as Sarolta Simon of Hungary claimed the ultimate victory.

Both Simon (HUN) and Bryson (GBR) had put themselves in a strong position with 22V/13D in the Ranking Round,

with a host of athletes including Rio 2016 Olympic silver medallist Elodie Clouvel of France lurking just behind.

SWIMMING
A noticeable gulf in class meant that Swimming was more influential than ever in determining the Laser Run start positions.

Clouvel (FRA) swam 2:09.81 for a score

of 291 and a jump up to 2nd overall, while Serapinaite (LTU) put distance between herself and the chasing pack with 2:12.16 (286pts), almost 3sec quicker than 3rd-fastest Tamara Vega (MEX).

LASER RUN
All eyes were on Serapinaite (LTU), who didn’t win selection for the Tokyo 2020 Olympics but may be her nation’s great hope for the Paris 2024 Olympics. The 27-year-old started with a 23sec lead over Clouvel (FRA), whose medal bid soon crashed with a dreadful opening shoot.

The big movers were former Laser Run world record-holder Ozyuksel (TUR) and, less predictably, 21-year-old Novotna (CZE), who sprang from 8th to 2nd after a fast opening lap and a brilliant shoot.

Sunwoo Kim (KOR) made a move up to 4th and was then displaced by Rebecca Langrehr of Germany, then finally Blanka Guzi (HUN), but none of them could disrupt the medal top trio.

Serapinaite (LTU) stayed calm



A noticeable gulf in class meant that Swimming was more influential than ever in determining the Laser Run start positions

throughout to win by a final margin of 8sec from the impressive Novotna (CZE), with Ozyuksel (TUR) a little beneath her usual pace but still doing enough to claim her fifth Pentathlon World Cup medal.

The fastest time of the day was an excellent 11:28.10 by Jessica Varley (GBR), some 12sec faster than Novotna

(CZE, 11:40.30).
MEDALLISTS’ REACTION
Gold medallist Serapinaite (LTU) said: “I just tried to focus today on my shooting, because we saw in the last couple of days that shooting was so bad. Today I was thinking I had to be calm and had to focus on that, and I did it. This is amazing because it’s first time



Elodie Clouvel (ITA) joins her rivals at the shooting range during the Women’s Final Laser Run



Veronika Novotna (CZE) speeds her way to a surprise silver medal but she can't stop Serapinate (LTU) from taking the tape at the finish line

I am on the top of the podium and it's my first medal in the World Cup. I'm really glad that I am here and could compete and win this competition.

"I am thinking this is my first step and it's like training towards the most important competitions like World Championships and European Championships. I'm really happy that I could do this and my results are better and better."

Silver medallist Novotna (CZE) said: "I'm really happy about my shooting because I'm not always shooting well and today it was better. I was trying to catch leva but I started really fast running so I was a little bit tired and it was too far. But it's amazing." Bronze medallist Ozyuksel (TUR)

added: "I'm so happy because this is not my best performance, I just started training and testing the new format, and in the competition something bit my foot. It was so painful and swollen, so I'm very happy with the medal."

"I'm very excited to perform for the first time in my country in front of my people, my family and friends, and they will cheer for me. It's so exciting for me and I'm waiting for that."

Men's Final: Jun (KOR) in a world of his own

RIDING

The cream rose to the top with three of the top four finishers from Tokyo 2020 giving a masterclass in Riding. There

were flawless rounds from Choong (GBR) and Jinhwa Jung (KOR), with Jun (KOR) only dislodging one obstacle.

There were also clear rounds for Marek Grycz (CZE), Marvin Dogue (GER) and Balazs Szep (HUN). Shaban (EGY) held his nerve with 293, but it was a damaging session for team-mates Ahmed Hamed (EGY, 257) and Mohamed Elgendy (EGY, 217), as well as Jan Kuf (CZE, 263).

FENCING

There are some days when a pentathlete owns the piste, making it very difficult for anyone else to threaten their claim on gold, and this was the day Jun (KOR) entered his name in the history books. With a majestic 31V/4D from the Ranking Round, he was already on



Changwan Seo (KOR) makes his way around the Riding course and, right, action from the Swimming pool during the Men's Final



Rivals from Hungary and Turkey show their prowess in Fencing during the Men's Final Bonus Round

a par with the old world record held by Alexander Lesun of Russia since 2014. Winning the final bout of the Bonus Round enabled Jun (KOR) to add four points for a total of 284 that sets the bar high for the remainder of the Paris 2024 cycle.

Knowing that they might be in a battle for silver, Shaban (EGY, 25V/9D) and Choong (GBR, 23V/12D) were both in the chasing pack along with Duilio Carrillo (MEX, 24V/11D) and Christopher Patte (FRA, 23V/12D).

However, the undoubted star of the Bonus Round was Richard Bereczki (HUN), who won a remarkable eight bouts to achieve the highest-ever men's Bonus Round points score of 16.

SWIMMING

As if merely to underline how comfortable he was in pole position, Jun (KOR) swam the day's fastest time,

2:01.49, with team-mate Changwan Seo (KOR) also dipping under 2:02. Bereczki (HUN) continued to impress with the next-fastest time, with Choong (GBR) and Shaban (EGY) also demonstrating their cross-discipline consistency.

LASER RUN

Starting more than half a minute behind the leader, Shaban (EGY) and even Olympic champion Choong (GBR) knew this was unlikely to be their day but they thrilled the crowd with a needle battle for that coveted silver medal.

They were neck and neck throughout, arriving together for each shoot, but Shaban (EGY) had the edge on his rival in the range, only to find Choong (GBR) edging past him on each lap. This pattern continued until Choong (GBR) lost his footing with less than 200m to go, but he immediately sprang to his

feet and muscled past his 21-year-old adversary.

By now, Jun (KOR) had effortlessly sailed around the 600m course, winning by an astonishing 36sec to mark himself as the man to beat with the season's showpiece events coming up.

By refusing to take his foot off the pedal he even set a new overall Modern Pentathlon world record of 1,537 points, again nudging the great Lesun (RUS) off his 2014 pedestal, albeit with the new rules invalidating any comparison of the two performances.

In the end, pressure was applied on Choong (GBR) Shaban (EGY) by the rapid-running Szep (HUN), who came home 4th ahead of Patte (FRA) and Changwan (KOR).

Szep (HUN) registered the day's 3rd-



Among the chasing pack, Mohamed Elgendy and Ahmed Hamed (EGY) and Pierre Dejardin (FRA) try to make up ground, but there was no stopping Woongtae Jun (KOR) from enjoying a record-breaking victory in Albena (BUL)

fastest Laser Run (10:18.80), slower only than Patte (FRA, 10:16.50) and 19-year-old Elgendy (EGY, 10:14.30), who is following in the footsteps of his brother Ahmed who won a sensational Olympic silver in Tokyo (JPN) last summer.

MEDALLISTS' REACTION

Gold medallist Jun (KOR) said: "I'm very happy because it was a very good performance to start the season. Competitions in Bulgaria always go well for me, I really appreciate Bulgaria!"

"Changing the rules is difficult ... but thank you very much to the Modern Pentathlon family. Since the Olympic Games there have been fast changes and we tried [to adapt] ... and since the Olympic Games I have some new sponsors and I'm very happy."

Silver medallist Choong (GBR) said: "I



tried to control the race all the way round once I caught up to [Shaban], but I managed to lose 3sec on a shoot which made it more difficult.

"At that last U-turn I slipped over, but luckily I had enough left.

"I know I'm not at peak fitness right

now, I took a lot of time off after Tokyo, so I wanted to control it and make the shooting as easy as possible, because that's the first thing that goes.

"This competition wasn't what my brother Henry wanted, he wants to make the Semi-finals again and hopefully make the Final, because



We're No.1, say Emiliano Hernandez and Tamara Vega (MEX) after their superb victory in the Mixed Relay at UIPM 2022 Pentathlon World Cup Albena

getting that Riding experience is really important."

Bronze medallist Shaban (EGY) said: "Choong has a very good finish and when we began the race I knew it would be a good race, but I couldn't imagine that I would be with him in the last 100 metres.

"It's very good for me, I am only 22 years old and he is an Olympian, so it's good for me. It's the first step towards being an Olympian in Paris 2024."

Majestic Mexico claim gold in Mixed Relay

Mexico made light of heavy rain to top a tri-continental Mixed Relay podium on the final day of UIPM 2022 Pentathlon World Cup Albena.

With a classic Laser Run sting, Tamara Vega & Emiliano Hernandez (MEX) harnessed some nerveless shooting to climb from 3rd to 1st and consign the Korea duo of Sehee Kim & Soengjin Kim to silver.

The Kims' medal ended a prolific comeback in Bulgaria for Team Korea, fresh from the world record-breaking exploits of Woongtae Jun (KOR) in the Men's Final.

In a four-pronged contest for bronze it was Turkey who hauled their way on to the podium with individual bronze medallist Ilke Ozyuksel & Bugra Unal keeping their nerve in the Laser Run to see off the challenge of Germany (Janine Kohlmann & Dominik Olejars).



Action from the Riding and Swimming disciplines of the Mixed Relay on the final day of the competition in Albena (BUL)



A victory brings more joy for Vega & Hernandez (MEX) in the Fencing Bonus Round

Great Britain (Joanna Muir & Henry Choong) stole 5th place in the closing stages from Spain (Andrea Gonzalez & Cristian Chamizo).

The gripping finale was a fitting end to a remarkable week of competition in Bulgaria as world records tumbled and the three gold medals on offer were claimed by three different continental representatives.

RIDING

Albena (BUL) had seen some particularly impressive performances on horseback with not a single competitor eliminated across the Men's and Women's Finals on Super Saturday.

That run didn't continue today, however, as the Riding discipline saw some hopes rise and others dashed entirely. On the back of a brilliant performance in the Fencing Ranking Round, Japan (Misaki Uchida & Taishu Sato) had come into Riding as the team to beat, only to fall from heroes to zeroes as they were eliminated.

The same fate befell Egypt (Malak Ismail & Eslam Hamad), who had hoped to add a third consecutive Mixed Relay gold after the team's success in Cairo (EGY) and Budapest (HUN). Germany (Kohlmann & Olejarz) recorded the only perfect score as the competition was turned on its head.

FENCING

Japan (Uchida & Sato) had enjoyed a prolific Fencing Ranking Round to jump to the head of the field with 21 victories, matched only by Korea (Kim & Kim).

In the Bonus Round it was Egypt (Ismail & Hamad) who added six more points to their tally while Mexico (Vega & Hernandez) also tacked on four more and Poland (Natalia Hachulska & Maciej Dukielski) grabbed two extra points.

SWIMMING

As the action moved swiftly to the pool, things were finely balanced. Sensing that so much was still at play, the British team of Tokyo 2020 Olympian Muir and Choong, younger brother of Olympic champion Joseph, made

their move. They powered through the water in a time of 1:54.03, 3sec faster than closest rivals Japan (Uchida & Sato) in 1:57.41.

LASER RUN

With just 12sec separating the top three, and another three nations within legitimate striking distance, the Laser Run promised to be action-packed from the very start.

Kim (KOR) set off with a 10sec lead over Kohlmann (GER), with Vega (MEX) a further 2sec back. Vega (MEX) got to work right away, moving up into 2nd place thanks to a brilliant first visit to the shooting range.

During the second visit, the frontrunners were again neck and neck as Kohlmann (GER) began to feel pressure from Ozyuksel (TUR). Solid shooting from Muir (GBR) and Gonzalez (ESP) kept things interesting.

The hard running of Vega (MEX) brought her to the front just in time for the changeover, her advance putting the gold medal very much in the grasp

of Hernandez (MEX). He didn't blink as he ran hard and fast and turned in a poised exhibition of shooting at the range with Kim (KOR) beginning to feel the pace a little.

A brilliant final shoot put Hernandez (MEX) clear and he even had time for a fist-pump as he realised victory was in the bag.

The real action now was in the ferocious battle for third. Unal (TUR) was holding his nerve and his footing as the rain began to make an impact, Choong (GBR) losing his footing on the same corner as his brother had the previous day.

Olejarz (GER) fought gamely but couldn't catch Unal (TUR), who claimed bronze, while Choong (GBR) recovered from his slip to snatch 5th on the line from Chamizo (ESP).

MEDALLISTS' REACTION

An ecstatic Vega (MEX) said: "I'm very happy. At the start I told Emiliano we can do this and step by step, we kept going and in the final we ran with a lot of courage, a lot of feelings.

"We're so happy. We are a great team, Mexico. All of us are so passionate. We all love this sport. We train and compete with all our hearts. So for us it's a great victory and we want some more. We will both see you in Paris!"

Hernandez (MEX) added: "First of all thanks to our family and friends and everyone who is here for all their support. Yes, it is an amazing day.

"Tamara ran an amazing final and she pushed me all the way and I just did what I could do. It's a pleasure to compete with her."

Silver medallist Sehee Kim (KOR) said: "Having competed in the Women's Final yesterday it was difficult today but competing with my partner is good.

"Fencing was a good performance and the Swimming went well. In the



Competition is fierce at the shooting range and, below, Hernandez (MEX) reaches the finish line



Laser Run the shooting was a little bit of a problem but it's okay. We are very happy."

Soengjin Kim (KOR) added: "Pentathlon can be a personal sport but for Korea it's very important that we compete as a team. Teamwork is important. I thank our team and coaches so much."

Bronze medalist Ozyuksel (TUR) said: "I'm very happy because it's the first time in my life that I have taken two medals in the same World Cup...or any competition.

"For that I am very happy. Bugra is so happy too because this is his second competition and second medal."

LASER RUN SPOTLIGHT

New countries come
to the party



Youth girls enjoy laser shooting during the first Global Laser Run City Tour held in Lithuania and, below, celebrations in Rustavi (GEO)

Croatia and Lithuania join Global Laser Run City Tour circuit

Welcome to the party, Croatia and Lithuania!

The Global Laser Run City Tour community continued to grow in May 2022 with the first instalments held in Croatia (in the capital, Zagreb) and Lithuania (in the city of Telsiai).

Estonia also held its second City Tour and the action spread across Eastern and Western Europe, with events also taking place in South Africa, Iraq and Chinese Taipei.

Rustavi (GEO)

- Sunday May 1
- Rustavi's central stadium
- Participants from Tbilisi, Rustavi, Sachkhere, Chiatura, and Gori

Local organising committee (LOC) representative Davit Magrakvelidze: "It's the 4th time GLRCT has been organized in Rustavi and the city already had a good experience of Laser Run events."

"The competition staff are very qualified and experienced here. I hope the competitions in Chiatura and Sachkhere this July will be organized as it was here."



Stellenbosch (RSA)

- Sunday May 8
- Somerset College, Western Cape
- 120 athletes aged 6-70

LOC representative Bernard Shaw: "Among the participants there were an equal number of girls and boys on the day and a lot of fun developing the sport."

"It was a great event to have everybody experiencing the sport and developing it in our area. The facilities at Somerset College are top of the range with heated swimming pool and beautiful mountains and vineyards surrounding the school."

"The grass track and bridge over the river was a perfect route for the longer distances. The day was magnificent."

Abrantes (POR)

- Sunday May 8
- Aquapolis Leisure Park
- 200+ participants

Young athletes loving Laser Run in the sun in Stellenbosch (RSA) and, below, in Abrantes (POR)



LOC representative: “In hot and sunny temperatures, over athletes of all age groups gathered to fight for the medals, aiming for the UIPM 2022 Laser Run World Championships to be held in Lisbon in September.

“There was tons of action and photo-finish podiums, stirring emotions and cheering from the spectators and club members attending the event, as Laser Run has been the main development format of Modern Pentathlon in Portugal since its creation.



Laser Run was incorporated into an Erasmus+ project in Zagreb (CRO); below, action from Telsiai (LTU)



“Over the course of 2022 there will be 10 stages (five as part of the GLRCT and others on the national circuit) all over the country’s mainland and some at Madeira Islands, where the UIPM 2022 Biathlon/ Triathlon World Championships will take place in October.”

Zagreb (CRO)

- Sunday May 15
- Siget Sports Ground, Novi Zagreb region

LOC spokesperson: “Zagreb became the first city in Croatia to host the UIPM Global Laser Run City Tour and there will be events in Porec and Osijek later in 2022. There were categories for seniors, juniors and veterans and the competition lasted two hours followed by a medal ceremony and socialising.

“The GLRCT was incorporated into the Erasmus+ project Enhancing Health and Physical Activity Rates through Pentathlon (EHPARP).

“The competition went according to plan without any difficulties and the main goal and purpose of the competition was met - promoting the element of modern pentathlon, promoting health and the importance of sports in all segments.”

Telsiai (LTU)

- Friday May 20
- 200+ participants including ex-pentathlete Tomas Makarovas as chief judge

First-time Laser Runner: “I did not expect



Happy faces in Tallinn (EST) at the end of the second Global Laser Run City Tour in the city - and first held outdoors

such emotions. It was fun. It was the first time I tried it. I’m so sorry I haven’t done it before. I will encourage my friends to try it too.”

Women’s Under 19 winner Teja Pakinkyte: “I enjoyed the competition, it wasn’t easy but it was fun. I appreciate the experience, which is really great.”

LOC representative: “We saw real emotions during the GLRCT in Telsiai, and we are all looking forward to three more Tours in Lithuania this year starting on June 17 in Siauliai.

“This was a strong start to our Laser Run activities in Lithuania – please visit our dedicated website at laserrun.lt.”

Tallinn (EST)

- Sunday May 22
- Audentese Sports Club
- 56 participants

LOC representative: “After the first in Tallinn in March 2022, we could see how results of participants progressed during the past two months and this is one of the biggest successes.

“We welcomed participants from Estonia and Latvia and also youth athletes from Ukraine. This time the racing took place outdoors, unlike the GLRCT in March, and again we saw great performances from World Junior Triathlon champion and Laser Run silver medallist Johanna Maria Jogisu (EST). This year she is competing in the senior category and again won the GLRCT senior women’s race by a big margin.”

Ungheni (MDA)

- Saturday May 28
- City horse-sport complex
- 250+ participants

Alexei Vasilianov, President, Modern Pentathlon Federation of Moldova: “The event was several times postponed due to the emergency situation in the Republic of Moldova (caused by the war in Ukraine, our neighbouring country).



Men’s podium in Ungheni (MDA)

“However, our team managed to organize and successfully deliver this important sports event in our country. It was possible due to Laser Run equipment support provided by UIPM.

“It was a real sports holiday for local society, where whole families could participate and compete. The atmosphere was really fun, friendly and engaging. People were asking about the next occasion for such an event, which unites families and friends. We look forward to two more Tours in Moldova in the autumn, including one in the capital Chisinau.”



Action from the shooting range in Riga (LAT)

Riga (LAT)

- Saturday/Sunday May 28/29
- Mežaparks Sports Village
- 80 participants

LOC representative Andra Novicka: “A Global Laser Run City Tour was held in the capital of Latvia at the sport facilities of Riga SV football club. Among the participants were athletes from Baltic countries Latvia, Lithuania and Estonia, as well as a team of young Ukrainian athletes.

“Among the well-known athletes there were again the shining duet from Estonia who won Mixed Relay gold at the UIPM 2021 Laser Run World Championships – Johanna Maria Jogisu and Carl Robert Kallaste. One local star was U19 winner Aleksandra Malasenoka, medallist at the European Laser Run Championships.

“We were very happy about the age of participants because we had all age groups from youth U11 to Masters 60+. The parents of young athletes also took part in Laser Run competitions in Masters categories. On the podium there were representatives of all four participating countries, which also created a special momentum. Competitions with a UIPM brand and feel are a real sport celebration!

“We look forward to one more GLRCT in Latvia this year, in Salaspils on August 27.”

News from around the world

UIPM Level 3 CCP course delivered in Spanish to 16 coaches

One of the most attractive features of the UIPM Coaches Certification Programme (CCP) is the opportunity for coaches to study in their own language.

From May 5-8, 16 coaches from seven Spanish-speaking countries attended a four-day online course coordinated by UIPM Level 4 coach Pedro Perez (ESP).

This was the first time the Level 3 course had been delivered in Spanish, with the English version set to follow online in June following previous editions in Hungary in 2017 and Portugal in 2019.

Courses at Level 3 and 4 are generally aimed at a global rather than regional or national intake.

The coaches who attended in pursuit of their Level 3 certificates came from Argentina, Chile, Guatemala, Mexico, Peru, Spain and Venezuela.

The opening lecture was given by UIPM Level 4 coach Jan Bartu (GBR), who spoke about the role of the coach, and UIPM Technical Committee Member Agnes Kulcsar (HUN) led a session on the importance of rules knowledge for coaches.

An expert health and sport psychologist, Haja Gerewu Grino, delivered a webinar on athlete mental health.

Like all CCP courses, coaches will earn their Level 3 qualification when they conclude the syllabus by completing e-learning courses covering anti-doping and harassment prevention.

UIPM Coaches Committee Chairman

Christian Roudaut said: "This was a very successful Level 3 course with lectures delivered by Modern Pentathlon experts and presenters from different countries who are expert in sports management, anti-doping, psychology, physiology, physiotherapy, and strength and conditioning.

"I would like to thank Pedro and all the professionals who delivered sessions, especially those coming from the Sant Cugat High Performance Centre in Spain.

"I'm particularly pleased that the course was delivered to coaches in their native tongue. We are proud to have delivered CCP courses at various levels in English, Spanish, Russian, French and Arabic."

For more information on the CCP please visit the UIPM Educational Platform at edu.uipmworld.org



CCP Level 1 coaches enjoy their introductory course in Calgary (CAN)

Seven women among coaches undertaking Level 1 CCP course in Calgary (CAN)

Modern Pentathlon has been gender-neutral in all competitions since the start of the 21st century, but UIPM's commitment to equality extends beyond the field of play.

Coaching is one of many areas where the global community is working hard to achieve gender balance, and a recent course in Canada that had almost 50/50 male and female attendance served to underline the progress being made.

The Level 1 introduction to UIPM's Coaches Certification Programme (CCP) enabled 15 Canadian coaches, seven of whom were women, to get their first qualification.

The course took place at the Repsol



A Swimming coach in Calgary (CAN)

Sport Centre in Calgary, host city of the 1988 Winter Olympics, spanning April 1-23, coordinated by UIPM Level 3 coach and Beijing 2008 Olympian Joshua Riker-Fox.

You can visit the platform at: edu.uipmworld.org

UIPM JCP courses in Albena (BUL) enable 24 judges to adapt to new format

The global nature of international Modern Pentathlon provides development opportunities besides giving athletes the chance to compete.

One such opportunity came up when the UIPM Pentathlon World Cup circuit returned to Bulgaria this season, with the first of three competitions in consecutive years that have been awarded to the city of Albena.

Two courses under the UIPM Judges Certification Programme (JCP) were



UIPM President Dr Klaus Schormann presents JCP certificates in Albena (BUL)



delivered to two Judges at Level 2 and 22 Assistant Judges at Level 1.

Coordinated by Andrea Dell'Amore (ITA), UIPM JCP Educator and Technical Committee Member, the courses concluded during UIPM 2022 Pentathlon World Cup Albena.

UIPM Technical Committee Chairman, Janusz Peciak OLY, said: "UIPM is

continuing its efforts to maintain a high level of judge education in collaboration with frequent event organisers.

"Also, it is essential that organisers are equipped to adapt to rule changes and the new Modern Pentathlon format designed for the Paris 2024 Olympic Games includes rule changes approved at UIPM 2021 Congress."

Inside UIPM

Message to athletes from UIPM President & Secretary General

On June 10 in Ankara (TUR), UIPM will hold a special meeting designed to give athletes an opportunity for open dialogue about the New 5th Discipline proposed for the Los Angeles 2028 Olympic Games.

The UIPM President, Dr Klaus Schormann, and Secretary General, Shiny Fang, today released a joint statement to set the scene for this important meeting.

Where we are: the background

The UIPM Athletes Committee (AC) arranged three meetings for athletes since their mandate started in December 2021, immediately after the UIPM 2021 Congress.

Members of the AC have done tremendous work to communicate with both current and former athletes, briefing them on reasons for the proposed changes and providing as much information as possible.

Members of the New 5th Discipline Working Group have worked together in a very open-minded and honest way to evaluate options for the new discipline, based on all submitted proposals.

The ad-hoc group for the New 5th Discipline Test Event, which will also take place in Ankara on June 27/28, has provided comprehensive testing rules and this event is now open for pentathletes and Obstacle athletes alike to register.

Athletes who qualify to participate in the UIPM 2022 Pentathlon World Cup Final (June 24-26) are invited by UIPM to stay in Ankara (TUR) to take part in the Test Event at no additional cost.

Why we need to talk

We heard you loudly, we listened to the feedback and we tried to give



further explanation through all available communication channels, especially via the UIPM Athletes Committee – which is made up of athletes who were elected by their peers in June 2021. But sometimes that's not enough, and we know it was never going to be enough to satisfy the demand for information about such a historic decision as this.

That's why we need to have this direct dialogue now, before the process goes any further, to provide athletes with as much context as possible and to gather information to help us understand and address your concerns.

Change is hard for everyone, and especially when it involves something that stirs passion as much as sport. At UIPM we understand that, but we also understand we have an obligation to make decisions that will move the entire sport forward for the sake of future generations.

We know that current athletes are being

asked to make a major adaptation in their sporting lives – this is not easy. For many of you, it will be painful and emotional to give up on equestrian after many years of training and competing to become the best possible riders. But we have a stark choice: either we adapt or we are out of the Olympic programme.

We want to work with you and to build the future of Modern Pentathlon with you.

How you can join the meeting

If you are competing in UIPM 2022 Pentathlon World Cup Ankara (June 7-12), simply join the athletes meeting on June 10 at 8:30 pm local time in the Technical Meeting room.

If you will not be in Ankara, you can join the meeting online by simply registering at <https://bit.ly/3apN70c>

Dr Klaus Schormann, President
Shiny Fang, Secretary General

Inside UIPM

President Dr Klaus Schormann's activities



10.05.-16.05.2022: Albena, BUL

During a week-long visit to Bulgaria for UIPM 2022 Pentathlon World Cup Albena, UIPM President Dr Klaus Schormann took part in a wide range of activities.

The visit began with a press conference attended by numerous media representatives, who were briefed on the UIPM season and the decision of the UIPM Executive Board to stage a first test event of Obstacle Discipline after the Pentathlon World Cup Final in Ankara (TUR).

President Dr Schormann also stated that the city of Albena has a lot of opportunities to arrange not only UIPM Pentathlon World Cups but also Biathle-



UIPM President Dr Klaus Schormann at the UIPM 2022 Pentathlon World Cup Albena press briefing

Triathlon and Laser Run competitions in close co-operation with the Bulgarian Modern Pentathlon Federation (BMPF) and the tourism sector.

As part of preparations for the competition, 24 officials became certified International Judges by undertaking UIPM Judges Certification

UIPM President Dr Klaus Schormann presents certificates to judges who undertook the UIPM Judges Certification Programme course in Albena (BUL) and worked as officials during UIPM 2022 Pentathlon World Cup Albena



Programme (JCP) courses and Dr Schormann presented the group with their certificates after a final workshop coordinated by UIPM Technical Committee Delegate Andrea Dell'Amore.

While in Albena (BUL), the UIPM President met with Kseniya Gulyamova, Secretary General of the Modern Pentathlon Federation of Uzbekistan and a Member of the UIPM Women's Commission. They discussed the development of Modern Pentathlon in Uzbekistan and Central Asia and the strong support provided for girls and women in sporting activities and leadership. Ms Gulyamova is focusing on educational tools, which have formed part of discussions between the members of the Women's Commission.

Dr Schormann also met with Col Stefan Marginean, Head of the International Judo Federation (IJF) Military Commission, and presented him with a Modern Pentathlon plaque that will become a historical symbol after the Paris 2024 Olympic Games, when the sport adopts a new 5th Discipline. They discussed possibilities for partnership between UIPM and the IJF linked to Peace and Sport.



President Dr Schormann and Executive Assistant Lena Nussbaumer with, left, Kseniya Gulyamova, Secretary General of the Modern Pentathlon Federation of Uzbekistan



The UIPM President presents plaques to Col Stefan Marginean, Head of the International Judo Federation (IJF) Military Commission and, left, BMPF President Kameliya Alexandrova. Below, Presidents Schormann and Alexandrova with Bulgaria Sports Minister and UIPM Committee Member Andrey Kuzmanov

Kameliya Alexandrova recently took over as President of the BMPF from Andrey Kuzmanov, who is now Minister for Sport of Bulgaria and remains a Member of the UIPM Business Affairs Committee. During a social occasion, Dr Schormann presented President Alexandrova with the plaque awarded to all UIPM 2022 Pentathlon World Cup hosts.

President Dr Schormann, President Aleksandrova and Minister Kuzmanov had numerous meetings during the competition, discussing the long partnership that has existed between UIPM and BMPF and future steps for UIPM competitions, seminars to be hosted in Bulgaria and the ongoing innovation processes linked to the modernisation of Modern Pentathlon for the benefit of future Olympic Games.



11.05.2022: IOC President / IF consultation call

During his time in Albena (BUL), UIPM President Dr Schormann took part in an online consultation call with Dr Thomas Bach, President of the International Olympic Committee



The IOC President / International Federations consultation call and, right, the 139th IOC Session

(IOC), and fellow Olympic International Federation leaders.

President Dr Bach provided a briefing on the ongoing conflict in Ukraine and steps made by the Olympic movement to show solidarity with the people of Ukraine.

20.05.2022: IOC Session

President Dr Schormann took part online in the 139th IOC Session, at the end of which IOC President Dr Bach answered questions from media about UIPM's New 5th Discipline process, confirming that open communication is

continuing between the two governing bodies on the subject of Modern Pentathlon's future in the Olympic Games beyond 2024.

Juan Antonio Samaranch, IOC Vice President and UIPM 1st Vice President, provided the IOC Session with his



UIPM 1st Vice President and IOC Vice President Juan Antonio Samaranch addresses the IOC Session



final report as Chairman of the IOC Beijing 2022 Winter Olympic Games Coordination Commission.

20.05.2022: GAISF General Assembly

On the same day, the UIPM President attended the virtual General Assembly of the Global Association of Summer International Federations (GAISF).

The agenda for the General Assembly (pictured above) included financial matters, memberships and applicants for GAISF membership as well as reports from stakeholders such as the Association of Summer Olympic International Federations (ASOIF), the Association of International Olympic Winter Sports Federations (AIOWF), the Alliance of Independent recognised Members of Sport (AIMS) and the IOC.

24.05.2022: UIPM Operations Director meeting

President Dr Schormann, together with Executive Assistant Lena Nussbaumer, met UIPM Operations Director Dr Alexandre França to discuss general strategic matters around the 2022 season and the future.

And finally...

Dr Schormann wrote to Michael Payne, one of the external marketing experts supporting UIPM with the future of Modern Pentathlon at the Olympic Games through the New 5th Discipline Working Group, to offer congratulations. Mr Payne, a former IOC Marketing Director, won the Illustrated Sports Book of the Year Award at the Sunday Times Sports Book Awards for his publication Toon In.



Marketing expert Michael Payne, who sits on UIPM's New 5th Discipline Working Group, celebrates his success in the Sunday Times Sports Book Awards

Pentathlon World Rankings

The PWR is updated live at www.pentathlon.org after each competition. PWR as at 31 May 2022:

MEN

RANK	NATION	NAME	POINTS
1	KOR	Woongtae JUN	190
2	HUN	Adam MAROSI	176
3	HUN	Bence DEMETER	153
4	FRA	Christopher PATTE	148
5	EGY	Ahmed ELGENDY	145
6	FRA	Valentin BELAUD	144
7	CZE	Jan KUF	140
8	FRA	Valentin PRADES	137
9	GBR	Joseph CHOONG	135
10	EGY	Ahmed HAMED	135
11	KOR	Jinhwa JUNG	134
12	HUN	Balasz SZEP	133
13	HUN	Richard BERECKZI	132
14	CZE	Martin VLACH	131
15	HUN	Csaba BOHM	130
16	GER	Christian ZILLEKENS	127
17	RUS	Alexander LIFANOV	127
18	HUN	Gergely REGOS	123
19	BLR	Ilya PALAZKOV	122
20	POL	Lukasz GUTKOWSKI	121

WOMEN

RANK	NATION	NAME	POINTS
1	HUN	Michelle GULYAS	185
2	FRA	Elodie CLOUVEL	183
3	ITA	Elena MICHELI	178
4	GER	Rebecca LANGREHR	150
5	LTU	Ieva SERAPINAITE	148
6	TUR	Ilke OZYUKSEL	140
7	BLR	Anastasiya PROKOPENKO	136
8	LTU	Laura ASADAUSKAITE	127
9	HUN	Blanka GUZI	122
10	MEX	Tamara VEGA	121
11	GBR	Kerenza BRYSON	120
12	LTU	Gintare VENCKAUSKAITE	117
13	GBR	Olivia GREEN	115
14	EGY	Salma ABDELMAKSoud	114
15	CZE	Veronika NOVOTNA	111
16	HUN	Sarolta SIMON	111
17	BLR	Volha SILKINA	111
18	MEX	Mayan OLIVER	109
19	GBR	Jessica VARLEY	108
20	EGY	Amira KANDIL	107

The latest UIPM World Rankings, World Cup Rankings and Olympic Games Rankings are all available at www.pentathlon.org



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

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