



UNION INTERNATIONALE
DE PENTATHLON MODERNE



NATIONAL FEDERATION APPLICATION KIT

UIPM Introduction

The Union Internationale de Pentathlon Moderne (UIPM) is the world governing body of all UIPM Sports including the flagship Olympic sport of Modern Pentathlon. There are currently six disciplines – Fencing, Swimming, Horse Riding, Laser Run (Laser Shooting and Running) and Obstacle – which are combined to form various multi-sports that suit all ages and stages of athlete development.

The derivative sports of Tetrathlon, Triathlon, Biathlon, Laser Run, Schools Biathlon, the latest joined Obstacle, and Obstacle Laser Run underpin the Modern Pentathlon, which has been a constant on the Olympic programme since 1912 – when Baron Pierre de Coubertin conceived a contemporary equivalent of the ancient pentathlon in his pursuit of the complete athlete.

UIPM organises annual World Championships for all UIPM Sports as well as the Pentathlon World Cup series and the UIPM Global Laser Run City Tour and Biathlon-Triathlon National Tour. There are also international competitions for Schools, University, Masters and UIPM Para-Sports athletes. UIPM is recognised by the International Olympic Committee (IOC), the International Paralympic Committee (IPC), the Association of National Olympic Committees (ANOC), the Association of Summer Olympic International Federations (ASOIF), the International University Sports Federation (FISU) and is one of the Military Sport International Council (CISM) sports.

Therefore, the National Federation Development Kit is a tool to support potential new members of the UIPM's National Federation (NF) community. This document is split into five chapters which aim to provide an easy pathway and relevant information about the UIPM and its sports to facilitate the process of all new NF applications.

It is composed of:

- Become a UIPM member federation
- Understand UIPM regulations and rules
- A glimpse of UIPM Sports and competitions
- UIPM communications and platforms
- Sports equipment information



Become a UIPM Member Federation

To be successful in your application, you must:



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1. Establish a national federation or an association that is running Pentathlon and/or other UIPM Sports within your country
2. Submit a letter of confirmation from your National Olympic Committee and/or your national sports authority that recognises your organization
3. Fill in the UIPM Membership Application Form
4. Provide a copy of your newly formed federation's statutes; and
5. Include the names of the President, Secretary General and Board Members and their terms of service

Once the above documents (2-5) are received by UIPM Headquarters, your application will be submitted to the UIPM Executive Board for approval. If the application is approved, the NF will be given the status of "provisional member" without voting rights.

Subsequently, approved provisional members need to be approved by the UIPM General Assembly in the same year or the following year, depending on the date of application. Upon approval, the federation will formally become a full member of the UIPM.



Understand UIPM Rules and Regulations

All UIPM Rules and Regulations are available online at our website uipmworld.org. They are split into different areas including constitutions of the organization, sports competition rules, rules and procedure of Medical and Anti-Doping, Media and Advertising; Equipment, etc, such as:



Click here for the relevant documents



UIPM Statutes



UIPM Rules on Internal Organization



UIPM Election Rules



UIPM Code of Ethics



UIPM Betting and Anti-Corruption Rules



UIPM Medical Rules



UIPM Anti-Doping Rules



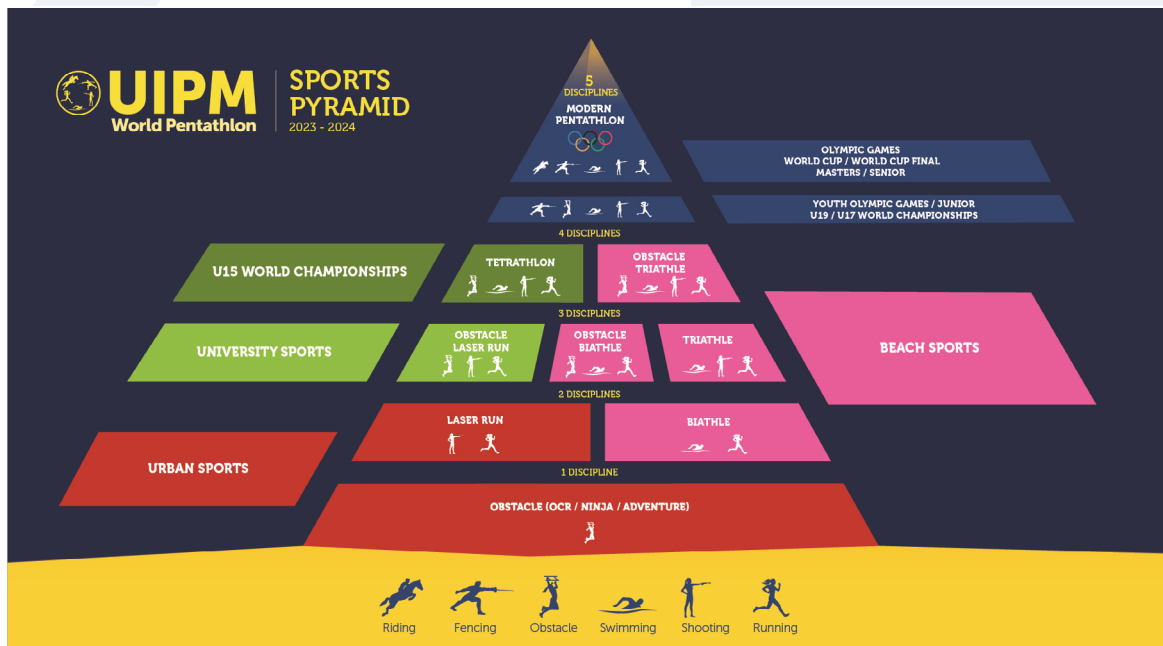
UIPM Anti-Doping Procedure



UIPM Competition Rules

A Glimpse of UIPM Sports and Competitions

UIPM is permanently working on building a bigger, stronger, smarter and sustainable international organization following a pathway of growth, innovation, integration and inclusion. As you can see from the pyramid below, UIPM Sports are accessible to start from grassroots to elite.



Athletes from all over the world can take part in UIPM competitions whether they are professional or amateurs. The UIPM competition structure provides participants with a wide range of possibilities to engage and to develop their sporting career.

UIPM Competition structure

Elite competition structure

Olympic Games - 4 year circle

World Championships - Annual
(Senior, Junior, U19, U17, U15, Biathle/Triathle, Laser Run)

Pentathlon World Cup Series- Annual

Other International Competitions
(Pan American Games, European Games, Military Games & Other Multisport Games)

UIPM Challenger

Development competition structure

Global Laser Run City Tour
(100 cities in 2019 in total with Biathle Triathle National tour)

Biathle Triathle National Tour

World School Biathlon

University Pentathlon Competitions

Masters Pentathlon Competitions

UIPM Youth League (from 2024)

Pentathlon



The UIPM organizes an annual World Championship for senior, junior, U19 and U17 athletes as well as a Pentathlon World Cup series that consists of four events culminating in a Final. Every four years, the ultimate test: the Olympic Games. Also, every four years U19 and U17 athletes can qualify to take part in the Youth Olympic Games.



Tetrathlon



This is the last step before the full Modern Pentathlon. It is composed of four of the five disciplines of Modern Pentathlon. All four disciplines take place on the same day. The UIPM organizes an annual World Championships for U15.



Biathlon



Triathlon



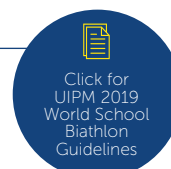
UIPM Biathlon and Triathlon are UIPM Beach Sports. Biathlon consists of the sequence Run-Swim-Run while in Triathlon athletes take part in a shoot-swim-run format. UIPM Biathlon and Triathlon events can be organized at any water-side location – ocean, sea, lake or river – and can be run on all surfaces. Since 2013 the UIPM has organized annual Biathlon/Triathlon World Championships.



World School Biathlon



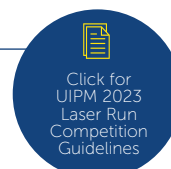
The World School Biathlon is a fun and simple way to organize events inside schools with the basic sporting disciplines of running and swimming taking place separately but with results aggregated. This helps the NFs to identify talent and recruit the right type of athletes to participate in UIPM Sports. This system of competition allows athletes worldwide to compete against each other by having their national federations send the results to UIPM, who in turn compile and maintain the current world standings.



Laser Run



The Laser Run is the newest of the UIPM Sports and began its competitive existence during the 2015 Laser Run World Championships. It is also the last event and discipline of the Modern Pentathlon. Athletes of all ages can participate and the event can be staged in cities, parks and countryside venues. Combining Running and Laser Shooting, Laser Run is fast-paced and dynamic. In 2017, UIPM launched the UIPM Laser Run City Tour, which took place in 60 cities worldwide, and in 2018 there will be 100 cities forming part of the UIPM Global Laser Run City Tour.



Obstacle Laser Run

This is a three-discipline competition format, a combination of the newly featured Obstacle and the very popular Laser Run. This sport is the most accessible multidiscipline sport designed for university students as well.



Coming Soon

Masters Pentathlon



UIPM masters movement includes UIPM Masters World Championships which is organized once per two years, Continental Championships, International and National masters tournaments. There are two formats in stand-alone Masters competitions – Pentathlon (with riding) and Tetrathlon (without riding). Masters athletes actively participate in UIPM Biathlon, Triathlon and Laser Run competitions; World Championships, Continental Championships, Biathlon Triathlon National Tours and Global Laser Run City Tours.



Click for
UIPM 2022
Masters
Competition
Guidelines

Para Pentathlon



Similar to its able-bodied sport structure, UIPM is building Para Sports through its sport pyramid from Para Laser Run through Para Triathlon and Para Tetrathlon to Para Pentathlon at the peak. Para Laser Run follows the philosophy of “sport for all”, trying to embrace as many athletes as possible. From this base athletes will grow with a sport and continue their journey up to Para Pentathlon where UIPM plans to propose three classes.

In August 2023, there will be a Para Laser Run competition as part of the UIPM Pentathlon and Laser Run World Championships in Bath (GBR). In preparation several National Federations are offering competition opportunities at national and regional levels, while the LOC has offered a training camp with classification opportunity in June 2023 in the expected competition venue.



Click for UIPM
Para-Pentathlon
Classification
Rules and
Regulations

University – FISU

The inclusion of Modern Pentathlon within FISU prompted a long-term project worldwide. A number of international competitions are being organized including the next FISU World University Championships (WUC) in 2024 in Druskininkai, Lithuania. FISU Modern Pentathlon WUC takes place every two years.



Click for the
2022 World
University
Championships
leaflet

Military – CISM

Modern Pentathlon is one of the most traditional sport within the CISM movement. MP is always part of the CISM Games’ program and World Championships are also organized on a regular basis.

UIPM Communications and Platforms

On the communication front, the UIPM is offering a cutting-edge digital ecosystem, with a modern website, social media platforms and a mobile app. See below for more information about UIPM's wide range of activities.

Website

The UIPM official website is providing all-round sports news and information. At uipmworld.org it is possible to find material related to UIPM's history, organization, governance, competition rules, calendar and results, athlete rankings and biographies, education, anti-doping, development and more.



Click to visit
UIPM website

Educational Platform

The UIPM Educational Platform is divided into three main parts for different stakeholders and audiences, including coaches, judges and athletes. The UIPM offers users a state-of-the-art approach: quizzes, articles, the full content of Coaches Certification Programme (CCP) and Judges Certification Programme (JCP) in four languages, a list of certified coaches and judges, upcoming courses worldwide, educational videos and more.



Click to visit
UIPM
Educational
Platform

UIPM TV

The UIPM TV digital platform presents spectators and fans with an innovative experience of watching sport in a dynamic, live and interactive environment, replicating the TV experience online to any device. At UIPM TV you have live streaming of major UIPM events throughout the season as well as access 24/7 to a large library of competition playback videos of Modern Pentathlon and other UIPM Sports.



Click to visit
UIPM TV digital
platform

UIPM Central App

In 2017 we launched the UIPM Central App for both Android and IOS users. When using the app fans have access to several updated information such as live competition results, pictures, rankings and news about World Pentathlon.



Android
iOS

Social Media

There is so much happening every day in the UIPM world and our social platforms are the places to find posts, photos and videos. Discover content during and outside competition time and sample the spirit of UIPM on social media. Across Facebook, YouTube, Twitter, VK, Weibo and Instagram, UIPM constantly uses unique content as a tool to educate, inform, inspire and entertain fans and the Olympic community about the values of UIPM Sports in a fun, emotional, dynamic and engaging way.



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Tiktok:
[/theuipm](https://www.tiktok.com/@theuipm)

Useful documents



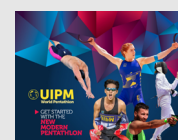
Click for the
2022 UIPM
Yearbook



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2023 UIPM
Media Guide



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Pentathlon
Brochure

Sports Equipment Information

To participate in UIPM events, athletes need to use uniform and equipment that conform to UIPM Rules, which establish standards that enable athletes to compete in maximum safety and optimal technical conditions. See below a visual demonstration of the basic equipment needed to participate in a UIPM pentathlon competition:



At the UIPM website there are links to the main providers for both shooting and fencing equipment as well as a list of all equipment that has been all homologated/ certified by UIPM.

As laser shooting equipment is a key element and cornerstone of the new and popular sport of Laser Run, UIPM in 2018 launched the Laser Shooting Equipment Guidelines in order to guide users, NFs and competition organizers about best practice for the use and maintenance of this equipment.

In 2023 UIPM published its first [Obstacle Discipline Competition Guidelines](#) to help organisers understand the requirements of the new 5th Discipline ahead of its introduction at UIPM's various under-age World Championships.





**UNION INTERNATIONALE
DE PENTATHLON MODERNE**

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[iOS/Android](#)