# **UIPM Coaches Course Level 4 and 3**

Information to candidates



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The UIPM kindly remind the general requirements to the candidates to both courses:

- Holder of the UIPM International Coach Certificate issued by the UIPM or a National Coach License for Modern Pentathlon or in specific circumstances written approval may be granted by the UIPM.
- Being a certified practicing coach at National or Regional levels in any of the UIPM disciplines or any related discipline (s).
- A minimum of 18 years old at the time of examination.

## SPECIFIC INFORMATION ABOUT THE COURSE LEVEL 4

Period: 10-14 Dec, 2018Place: INSEP, Paris (FRA)

World Championships Senior.

■ **Duration**: 35h

Language: EnglishCoaches Eligibility:

- ✓ Evidence of Modern Pentathlon International results at Olympic Games and
- ✓ Evidence of development and implementation of international standard training programs that can be or Project of high-performance training system applicable to the UIPM National Federations development initiatives, shared with the UIPM family.
- ✓ Prove of participation of relevant sports courses (Sport management, Sport science; physical education and sport; sports coaching; sport development; coach education; sport & exercise; sport & nutrition; sports coaching and physical education; sport & health; sports therapy; sports science and personal training; sport and exercise psychology; sports biomedicine; sports rehabilitation; sports technology; etc...).
- Financial conditions: The total cost of the course is going to be € 540 (to be invoiced to the respective NF and transferred to UIPM prior to Nov 15<sup>th</sup>). The price includes full board accommodation in a single room at INSEP (from lunch on Dec 10<sup>th</sup> till lunch on Dec 14<sup>th</sup>). <u>Transportation from/to the Airport will not be provided</u>.
- The course will be confirmed only with 6 attendees confirmed at least.

## Tentative Program:

10 Dec	Mon	Arrival of the candidates
		Seminar opening (16:00h)
14 Dec	Fri	Seminar Closing (12:00h)
		Departure of the candidates

Candidates reaching the requirements needed to be registered in the Level 4 seminar must present an academic paper (details to be given to the candidates) no later than Dec 1<sup>st</sup>, 2018. That paper regards to MP relevant coaching subjects presented by the UIPM.

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### SPECIFIC INFORMATION ABOUT THE COURSE LEVEL 3

Period: 6-10 Jan, 2019

• Place: Faculdade de Motricidade Humana, Cruz Quebrada-Lisbon (POR)

Duration: 40h (theory and practice comprised)

Language: EnglishCoaches Eligibility:

- ✓ Evidence of practical coaching experience and management of training programs in Modern Pentathlon in the form of presentations including best practices and future plans.
- ✓ Evidence of their athletes' results achieved in National and International UIPM competitions (coached athletes make the finals in the UIPM category A competition that has a semi-final).
- ✓ Demonstration of analytic ability when working with athlete training data.
- ✓ Demonstration of a strong commitment to individual professional development.
- Financial conditions: The total cost of the course is going to be € 430 (to be invoiced to the respective NF and transferred until Dec 1<sup>st</sup>). The price includes full board accommodation at the Faculty (single/double room) and transportation from/to Lisbon International Airport.
- The course will be confirmed only with 10 attendees confirmed at least.

### Tentative Program:

5 Jan	Sat	Arrival of the candidates
6 Jan	Sun	Seminar opening
10 Jan	Thu	Seminar Closing
11 Jan	Fri	Departure of the candidates