



7TH ULYSSE TROPHY
OPEN YOUTH MEDITERRANEAN CUP
5TH -6TH & 7TH OF JULY 2019
SANT BOI DE LLOBREGAT
FOR U9-U11-U13-U15-U17-U19 AND
MASTER
TETRAHLON-TRIATHLON AND RELAY

Dear friends,

This International youth Competition is being organised this year by the Catalan Modern Pentathlon Federation from the 6th to the 7th of July 2019.

The competition will be for Girls and Boys from U9 to U19 category including Master to compete in Individuals and Mixed Relays including Triathle (Swimming & Laser-Run in discontinuous).

PROVISIONAL PROGRAM

Saturday 6th July 2019 Individual competition

09.30 - 14.30 => SWIMMING

FENCING (Only for U19-U17)

14.00 - 20.30 => COMBINED LASER-RUN

21.00 - 23.00 => CEREMONY AWARDS

Sunday 7th July 2019 Mix Relay competition

09.30 - 11.00 => SWIMMING

11.30 - 14.30 => COMBINED LASER-RUN

15.00 => CEREMONY AWARDS ~

RULES

For U19, U17 & Masters, the competition will be carried out according to the UIPM Rules and for U15 to U9; Rules will be special for this competition.

Stand for shooting is at 3 different distances (3m, 5m and 10m) depending on categories.

Athletes must have their own laser equipment: pistol & target.

However, if you have any problem to get the laser material, thank you to advice the organiser, and we try to find a solution for you.

MODERN TRIATHLE INDIVIDUAL COMPETITION

U19 (2001-2002)

SWIMMING: 200m

COMBINED LASER-RUN: 4 x 800m (4 series 5 targets in 50" at 10m)

FENCING 10 pistes

U17 (2003-2004)

SWIMMING: 200m

COMBINED LASER-RUN: 3 x 800m (3 series 5 targets in 50" at 10m)

FENCING 10 pistes

U15 (2005-2006)

SWIMMING: 100m

COMBINED LASER-RUN: 4 x 400m (4 series 5 targets in 50" at 10m)

U13 (2007-2008)

SWIMMING: 50m

COMBINED LASER-RUN: 3 x 400m (3 series 5 targets in 50" at 5m)

U11 (2009-2010)

SWIMMING: 50m

COMBINED LASER-RUN: 2 x 400m (2 series 5 targets in 50" at 5m)

U9 (2011-2012)

SWIMMING: 25m

COMBINED LASER-RUN: 2 x 200m (2 series 5 targets in 40" at 3m)



MODERN TRIATHLE MIXED RELAY COMPETITION

U19 (2001-2002)

SWIMMING: 2x100m
COMBINED LASER-RUN: 2 x 800m (2 series 5 targets in 50" at 10m)

U17 (2003-2004)

SWIMMING: 2x100m
COMBINED LASER-RUN: 2 x 800m (2 series 5 targets in 50" at 10m)

U15 (2005-2006)

SWIMMING: 2x50m
COMBINED LASER-RUN: 2 x 400m (2 series 5 targets in 50" at 10m)

U13 (2007-2008)

SWIMMING: 2x50m
COMBINED LASER-RUN: 2 x 400m (2 series 5 targets in 50" at 5m)

U11 (2009-2010)

SWIMMING: 2x25m
COMBINED LASER-RUN: 2 x 400m (2 series 5 targets in 50" at 5m)

U9 (2011-2012)

SWIMMING: 2x25m
COMBINED LASER-RUN: 2 x 200m (2 series 5 targets in 50" at 3m)

PLACE OF THE COMPETITION- LLOR

Address: Avda. Lluís Companys, 50 Sant Boi de Llobregat
Swimming 25m indoor pool/6 lanes
Fencing 10 pistes
Laser Run 36 laser targets Pentashot HIT & MISS provided by the LOC

ACCOMMODATION

All participants will be lodge in Centre Esplai Albergue in rooms for 4 athletes and double for coaches. **In case that you need individual room, you must add 20 €/night at the basic fees.**

The above prices include Full Board Accommodation (from the 5th July dinner to the 7th July after lunch), transportation and accreditation for all the Competition. About lunch for Saturday and Sunday, a packet lunch it's included.

Basic Fees:

130€ / person: 2 nights in Full board (packet lunch for Saturday and Sunday) from 5th-7th of July 2019. (Total for individual room 170€)
16€ / athletes: accreditation for all the competitions.
8 € / Packet-lunch for athletes/coaches without full board

CONTACTS

Federació Catalana de Pentatló Modern

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See you soon in Sant Boi at the 7th Edition of the ULYSSE TROPHY !!!

Jesús Sanz Mur
President

Pedro Pérez Muñoz
Competition's Director