

08 JUL 2015

LEADING SPORTS PSYCHIATRISTS TO ADDRESS DELEGATES AT WORLD COACH'S CONFERENCE IN MANCHESTER



Between November 6 and 8, 2015, Modern Pentathlon coaches will hear from the man who counselled Sir Chris Hoy to three gold medals in Beijing at the annual World Modern Pentathlon Coach's Conference.

This year's theme, Rio 2016 and Beyond, will provide thought provoking and insightful content designed to stimulate discussion and reflection.

Dr Steven Peters, who has worked with numerous sports stars including footballer Steven Gerrard, Olympic gold medallist Victoria Pendleton and five-time World Champion snooker player Ronnie O'Sullivan, will be speaking to delegates about how to best manage the part of the brain that controls emotions and gut instincts.

He will be joined by Yogi Breisner, the man who has led the British Eventing team to medals at the Sydney, Athens, Beijing and London Olympic Games. The event will once again offer coaches a fantastic opportunity to gain a further understanding into the development of their athletes.

Registration for the conference closes on July 20, and with places filling up fast delegates are encouraged to apply for a place as soon as possible.