

## 2019 UIPM Medical Committee meeting minutes

**Date:** 9. September 2019

**Venue:** Magyar Sport Haza , Istvanmezei ut. 1-3 , 1146 Budapest

**Attendance:**

**Dr Natalia Ofitserova** Medical Committee Chairperson Dr

**Andreev Atanas** Medical Committee Member

**Dr Paul Jackson** Medical Committee Member

**Dr Douglass Stull** Medical Committee Member

**Dr Mohammed Yahia** Medical Committee Member

**Dr Marco Michelucci** Medical Committee Member

**UIPM Staff:**

**Ms Radka Zapletalova** UIPM Medical& Anti-doping manager

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### MEETING AGENDA

1. Welcome speech from UIPM President, Dr Klaus Schormann
2. Welcome Speech from the Committee Chairwomen, Dr Natalja Ofitserova
3. UIPM medical & anti-doping movement report - Chair Dr. Ofitserova
  - a. New Youth Olympic Games format
  - b. Scientific research – injury and illness surveillance in Modern Pentathlon
4. Anti-doping activities in 2019 (Radka, UIPM Medical and Anti-doping manager)
  - Test distribution plan 2019 – In and Out of competition
  - APMU services
5. Test distribution Plan 2020 – Road to Tokyo 2020
6. Brief summary of each WC,WCF and WCH (MD assigned to the event)
7. Medical delegate reports and injury reports – are current tools effective and sufficient?
8. Venue medical care
  - a. development of clear guidelines for LOCs , medical assistance in competition
  - b. responsibilities of Medical delegate in duty
9. Team work during Olympic Games – information from IOC
10. Anti – doping education tools and what could be done to support Clean sport – road to Tokyo 2020
11. Possible assistance to athletes on the edge of career – psychological, mental health...
12. Brief information about UIPM Para Sport project
13. AOB

## 1. Welcome speech from UIPM President, Dr Klaus Schormann

A joint welcome speech was given by UIPM President to all committee and commissions members. Dr Schormann emphasized on the importance of respecting the Olympic values and the IOC Agenda 2020, as well as creative and out-of-the-box thinking.

## 2 . Welcome Speech from the Committee Chairwomen, Dr Natalja Ofitserova

Dr Ofitserova has welcomed all committee members and thanked them for their cooperation and involvement in past 2 seasons.

As main topics for the meeting she proposed short overview of medical and Anti-doping activities in past months, followed by further improvement and development of activities. She pointed out that Medical committee needs to continue in cooperation with UIPM Headquarters in order to be able to strictly fulfill IOC and WADA recommendations. Medical committee aims to guarantee clean competition to all UIPM athletes by Doping controls. All controls and tests have strictly followed TDP 2019.

She has anticipated politics for selection of athletes to TP and RTP group 2020 and informs about ABP program.

She emphasized on the need of individual approach to Anti-Doping Education and recommends to UIPM Medical committee members to be consistent in this approach and recommend use of WADA ADEL educational website as this is a tool how to allow athletes to study with their own tempo and in language comfortable to them .

All athletes qualified for Olympic Games Tokyo 2020 shall obtain and provide to UIPM certificate generated by ADEL after successful completing. Dr.Jackson has raised question if certificates issued by National Anti-Doping organizations can be provided instead of ADEL certificates and Medical committee members have agreed with this approach. Medical committee considers athlete education important but the aim is not to double activities on National Level. In conclusion UIPM Medical committee wants to be sure all athlete who qualify and travel to Tokyo 2020 are properly educated.

Medical committee has raised its concerns about anti-doping education sessions for Youth athletes, most important before they first travel to international level competition. Session for Parents and athlete support personnel shall also be organized on this level as these are persons with highest impact to athletes, being with them in daily contact.

Dr. Michelucci has shared with other committee members a good practice from Brazil.

The need of Pentathlon specific anti-doping materials has risen in past seasons. We are currently providing educational material in cooperation with WADA. UIPM shall focus on modern ways of communication such as Social networks videos, Social network campaign and web site. Focus shall be on positive image of Anti-doping movement within UIPM community.

Dr. Michelucci has also reminded very common situation that Medical Delegates are not presented officially during Technical Meetings and often teams do not know who they can approach during competition. Medical delegates – National and International, shall be allowed to and present to Technical meeting. LOC shall provide (from rules) UIPM by LOC Chief medical officer but sometimes this person is not determinate until last moment. Strong support from UIPM Headquarters is required in this.

As a part of Road to Tokyo 2020 preparation, Dr. Michelucci has shared his experience from Oriental countries with medical care provisions.

MC need to create simple document , stating these are requirements and recommendations to Local Organizing committee , this is the check list and you need to arrange and communicate it back to UIPM Medical committee about month before the competition. In addition to Technical meeting there shall be separate Medical Meeting where shall be communicated basic information and “chain of command”. This information is not clear to everyone. Also MD shall be aware who is present from each National team and could be “of assistance” .

Dr. Ofitserova has reminded the importance of athlete health surveillance and fact following injury and illness in Modern Pentathlon is core task of UIPM Medical committee. In nearest future, electronic evidence of injuries and illnesses is prepared for Olympic sports. At the same occasion she proposed to launch pentathlon specific research study possibly with support of National Federations and UIPM.

In reaction to the proposal, Dr. Jackson has shared experience from 19 years of similar study in Great Britain and highlighted issues this project has brought.

Crucial for successful research activities is to obtain the most complete information about injuries from all level of competitions from Youth to Senior level therefor Medical committee has opened the discussion about the effectiveness of current report documentation. Joining the discussion, Radka has opened the question of current GDPR rules and its requirement. Dr. Yahia made himself disponible to modify current injury reports in order to be able to gather more relevant data, respecting GDPR requirements.

Dr. Stull has expressed his concerns of not obtaining consistent and precise output from forms as not every athlete seeks assistance from Local medical care but from his own medical team and information or details about this injury or illness is not communicated and accessible to UIPM representatives/ Medical Delegate.

## **Teamwork during Olympic Games Tokyo 2020**

Aim was to define clearly roles and responsibilities of IOC, Medical and Scientific groups, OC Olympic Games, International Federations and NOCs.

- IF Medical representative shall be present at venue during competition
- Medical representative(s) will assure medical services adherence to sport regulations
- Allocate to athletes, coaches and representatives medical staff

To cover the complexity of tasks, medical committee proposes to UIPM to delegate 2 Medical delegates to Olympic Games Tokyo 2020.

## **Athlete Mental Health**

The aim was to get better understanding of the role of IF and Medical committee in promotion of Mental Health and reducing stigma in sport. These issues are relevant to all sport and all athletes and needs to be considered. As main factors have been determined severe or multiplies injuries for current athletes and for former athletes it is under desire and deselection from sport. However this topic is important and cannot be overseen, UIPM Medical committee has concluded it shall be task for National Federations and teams to deal with the topic as country and cultural specific approach is recommended.

## **Anti-Doping Overview 2019**

Overview initiated by presentation of current UIPM RTP and TP Groups followed immediately by discussion about effectiveness of this groups and composition strategy for upcoming Olympic season 2020. Radka has also completed information with current position and requirements from WADA towards these groups.

Medical committee has also been provided by short info about "Russia case"

Effectiveness of TP group has been viewed and the consensus to keep this group has been reached by Medical committee.

Brief information about OOC testing in cooperation with private providers and NADOs was provided, showing it in line with UIPM TDP2019 and WADA requirements.

Afterwards UIPM Medical committee members have been introduced to the current cooperation with APMU, advantages and disadvantages of such cooperation and how this can be used in In/Out of competition testing politics.

Challenges brought by transition of cost of Doping control from UIPM to LOC has been presented and analyzed.

Main thing we shall focus on in upcoming season was to discuss the importance of maintaining the right for privacy for athletes who take part in doping control and how to make LOCs to consider all details and requirements of Anti-Doping rules concerning Doping Control organizations.

Meeting has been concluded by brief information about Para Sport, current tendencies, active federations and supported by 2 videos of Brian Douglas running and fencing. These videos have been appreciated by all committee members.