Dear Friends,

The Kazakhstan Federation of Modern pentathlon has the great pleasure to invite a delegation from National Federations to participate in OPEN BIATHLE & TRIATHLE ASIAN CHAMPIONSHIPS in BURABAY (KAZAKHSTAN) from 28th JUNE to 2nd JULY 2022 according to the following program:

COMPETITION PROGRAMME

28 June  - Arrival of Delegations

- Accreditation Procedures - 17:00 – 19:00 (Alem hotel)

29 June  - Trainings - 10:00 – 13:00 (Competition location)

- Accreditation Procedures - 15:00 – 19:00 (Alem hotel)
- Trainings - 14:00 – 17:00 (Competition location)
- Technical Meeting - 19:00 – 20:00 (Alem hotel)

30 June  - BIATHLE individual Competitions

- Warm up - 9:00 – 9:30
- Opening ceremony - 12:00 – 12:30
- Award ceremony - 16:00

01 July  - TRIATHLE individual Competitions

- Warm up - 9:00 – 9:40
- Individual: boys and girls «E», «D», «C» groups - 10:00 – 11:30
- Individual: boys and girls «B», «A» groups, Seniors and Juniors - 11:45 – 14:00
- Award ceremony - 16:00
02 July - TRIATHLE MIX Relay Competitions *
- Warm up - 9:00 – 9:40
- TRIATHLE boys and girls «E», «D», «C», groups - 10:00 – 11:30
- TRIATHLE boys and girls «B>, «А», groups
- Seniors and Juniors - 11:40
- Award Ceremony - 14:00

03 July - Biathle MIX Relay Competitions *
- Warm up - 9:00 – 9:40
- Seniors and Juniors - 10:00
- Award Ceremony - 14:00

04 July - Departure of Delegations

* Schedule may be changed by LOC, depending on weather conditions and group quantity

Training and Logistic facilities can be arranged by LOC for Training Camp before and after competition upon request.

**COMPETITION RULES**

The competition will be carried out according to the UIPM Biathle Rules and UIPM Triathle Rules. Please check with the Biathle Rules and Triathle Rules at www.UIPMWORLD.org

**Swimming** – Open Lake

**Laser-Run (Run/Shoot)** – Asphalt and Pavement surface.

**Shooting**: Targets Manufacturer – PentaShot

Delegations are requested to bring their own pistols and targets. Delegations having problems in bringing their equipment, must inform LOC in good time before their arrival.

**REGISTRATION**

Enclosed, you will find the Entry Forms. Only the National Federations can enter athletes! Entries from clubs and parents will not be accepted.

Delegations are allowed to enter an unlimited amount of athletes of men and women in each age category.

1. Please complete the PRELIMINARY Form (A) and return it to us by email until **June 5, 2022**
2. Please, complete FINAL Form (B) and return it to us by email until **June 15, 2022**

**NOTE**: The organizing committee will only accept Athletes sent by an official UIPM Federation, with stamp and signature of the same
COMPETITION LOCATION
The competition is scheduled to occur at Burabay, Kazakhstan.
The running part will take place on the pavement road of the park and the swimming will be in the open lake.
The air temperature will be approximately +18 - +24° C and water temperature will be approximately 18-19°C.

COMPETITION CLOTHING
For Modern Biathle and Triathle competitions, athletes should wear a swimsuit or tight-fitting one-piece body suit capable for being worn for each segment of the competition. Due to the format of the races, athletes are required to compete wearing clothes that are tight fitting, yet comfortable during the action. Women should wear one or two pieces of clothing suitable for the entire race (swim suit or sports bra). We ask that male competitors wear a tight fitting shirt “bolero” (Lycra t-shirt) to be worn along the sports action. All athletes must have their nation identification on swimsuit.

ATHLETES AND COACHES ENTRY FEES (PER PERSON):
- 1 EVENT: – 30 USD
- 2 EVENTS: – 55 USD
- 3 EVENTS: – 70 USD
- 4 EVENTS: – 80 USD
Entry Fees includes Accreditation, Commemorative and closing Gala Dinner Party.
The amount can be paid in cash upon arrival.

ACCOMMODATION + TRANSPORT
Official Hotel: Hotel «Alem/Alem+»
Accommodation (including breakfast): 70$ per person per night (double room)Lunch
+ Dinner: 25$ per person/day
Local Transportation (Nur-Sultan International Airport / Alem Hotel in Burabay / Nur-Sultan International Airport): 40$ per person.
For booking, please contact in advance. The reservations will be on first come first serve basis.
ATHLETES LICENSES
Athletes are only allowed to participate in UIPM sanctioned events if they are in possession of a valid Athletes License. Registration is not possible without a License Number. The Athletes who do not have a license will not be allowed to take part in the competition.

INSURANCE
According to the UIPM Rules, all Delegation members should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financial or otherwise for loss, injury or illness of any Delegation member.

VISAS
Visiting nations should confirm visa requirements for entry into Kazakhstan prior travelling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed. For information, if you need a visa, please contact your nearest Embassy or Consulate.

GENERAL INFORMATION
All athletes are kindly requested to wear their official national uniform at the competition.
**OFFICIAL ADDRESS**

<table>
<thead>
<tr>
<th>Kazakhstan Federation of Modern Pentathlon</th>
<th>Local Organizing Committee</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 Enlik Kebek St., Nur-Sultan city, 010000, Republic of Kazakhstan</td>
<td>1 Gorkiy St., Kokshetau city, 020000, Republic of Kazakhstan</td>
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<td>Email: <a href="mailto:pentathlon-kaz@mail.ru">pentathlon-kaz@mail.ru</a></td>
<td>E-mail: <a href="mailto:triathle.kaz@yandex.ru">triathle.kaz@yandex.ru</a></td>
</tr>
<tr>
<td>Contact person: Mr. Dmitriy STRIZHAK</td>
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**LOCATION NEAR BURABAY**

**DISTANCES**
- From Nur-Sultan International Airport = 280 km
- From Accommodation to Competition Venue = 1.5 km (15 min)

  Burabay Weather – June
  - Average Max Temperature +25°C
  - Average Min Temperature +18°C

We look forward to see, you in Burabay, Kazakhstan, for the UIPM BIATHLE & TRIATHLE ASIAN CHAMPIONSHIPS 2022

Best regards,

Berik IMASHEV
President KFMP