

MODERN PENTATHLON
2026 SENIOR & JUNIOR POLISH CHAMPIONSHIPS
SPAŁA / POLAND



INVITATION LETTER

Dear Friends,

The Polish Modern Pentathlon Association and the Local Organizing Committee - The Zielonogórski Sport Club Drzonków has the pleasure to invite a delegation of your National Federation or Club to participate in the 2026 Senior & Junior Polish Championships that is going to be held in Spała on 25-29 March 2026, according to the following programme:

| | Senior & Junior |
|-------------------------|---|
| Wednesday 25.03.2026 | <ul style="list-style-type: none">• Teams arrival• Technical meeting |
| Thursday 26.03.2026 | <ul style="list-style-type: none">• Women's fencing seeding round (direct semi final)• Men's fencing seeding round (direct semi final) |
| Friday 27.03.2026 | <ul style="list-style-type: none">• Women's semi final (group A & B)• Men's semi final (group A & B) |
| Saturday 28.03.2026 | <ul style="list-style-type: none">• Women's final• Men's final |
| Sunday 29.03.2026 | <ul style="list-style-type: none">• Teams departure |

Competition format:

- Senior men/women
- Junior men/women

* The competition will be held in the format (according to the rules) of the senior and junior competitions.

Organizers:

- Polish Modern Pentathlon Association
- OPO Spała

Competition rules

The competition will be carried out according to the 2026 UIPM Modern Pentathlon Competition Rules and Equipment Regulations



Fencing:

- one tournament for senior & junior - seeding round & direct elimination

Obstacle discipline:



- indoor
- the obstacle course in accordance with the UIPM rules
- 70m obstacle track length
- number of obstacles: 8
- drawing of obstacles before the competition - online

Swimming:



- 25m indoor swimming pool
- 5 lanes

Laser Run:



- shooting range: 18+2 precision laser targets
- running course: indoor
- handicap or handicap in groups

Accreditation Office & Venues

- The Technical Meeting, Accreditation Office and LOC Office, sports facilities, will be located in the OPO Spała - “Centralny Ośrodek Sportu - Ośrodek Przygotowań Olimpijskich w Spale” (Spała, Al. Prezydenta I. Mościckiego 6, 97-215 Inowódz)

Financial

- All delegation members (including athletes, coaches and officials) have to pay as follows: (agreed with the federations):
 - € 110 for double room per night per person
 - € 130 for single room per night per person (limited capacity)

- Prices include entry to the competition, full board accommodation - 1 night in single, double room with breakfast, lunch, and dinner. (Start with dinner, finish with breakfast)
- 1.14.5 NF Failing of Presentation - Following confirmation of the final entries, a NF must enter the competition with at least one pentathlete/team per confirmed gender or Relay. Any NF failing to take part after having sent their final entries will pay a fine of 600 Euros to the UIPM.
- If, on arrival for the competition, the team has less athletes and/or team officials than listed on their Final Entry Form and without informing the Organizing Nation/LOC at least 7 days prior to their arrival, the NF will pay a fine to the Organizing Nation/LOC of 200 Euros for each person not attending.

Accommodation

Hotel located in the OPO Spała - Centralny Ośrodek Sportu - Ośrodek Przygotowań Olimpijskich w Spale (Spała, Al. Prezydenta I. Mościckiego 6, 97-215 Inowódz)

Deadlines - We accept only online forms (not e-mail registration)

Delegations are kindly reminded that the online registration system is obligatory. The online system links:

Participation registration deadline - 04 March 2026 -

<https://forms.gle/xap45s9t7zyM9Acu9>

Final registration deadline - 12 March 2026 - <https://forms.gle/nLh5gYYGaGhGJJ7r6>

Transport

It is possible to transport the Delegation from the International Warsaw Chopin Airport, from Central Train Station in Warsaw after prior notification and agreement of the financial conditions with the Organizer (LOC). The cost is 50€/person (Warsaw/Spała/Warsaw)

Athletes

According to UIPM Rules all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financially or other, for any loss, injury or illness of any member of the delegation.

Bank details:

Beneficiary: POLSKI ZWIĄZEK PIĘCIOBOJU NOWOCZESNEGO
Address: 00-968 Warszawa, Marymoncka 34
Name of bank: BANK ZACHODNI WBK S.A.
Bank Address: 01-949 Warszawa, Kasprowicza 119 A
Account No. of EURO 03 1090 1014 0000 0001 1566 4910
SWIFT code: WBKPPLPP

ATTENTION! All extra cost for bank transfer shall be the responsibility of each national federation. Ignoring that, the amount will be invoiced afterwards.

Contact to LOC

Address: ul. Marymoncka 34, 00-968 Warszawa
mobile phone: +48 604 681 567
e-mail: pentathlon@pentathlon.org.pl
website: www.pentathlon.org.pl

Stanisław Pytel:
mobile phone +48 606 218 151
e-mail: pytelstanislaw@poczta.onet.pl

We look forward to seeing you in Spala in 2026.

Best regards,

PMPA President
Anna Bajan

