



UNION INTERNATIONALE  
DE PENTATHLON MODERNE

# NATIONAL FEDERATION APPLICATION KIT



# UIPM Introduction

The Union Internationale de Pentathlon Moderne (UIPM) is the world governing body of all UIPM Sports including the flagship Olympic sport of Modern Pentathlon, which consists of Fencing, Swimming, Horse Riding and Laser-Run (Shooting and Running), and five other multi-discipline sports: Tetrathlon, Triathle, Biathle, Laser-Run and World School Biathlon.

Modern Pentathlon is a core Olympic sport and has been on the Olympic programme since 1912 when Baron Pierre de Coubertin conceived a contemporary equivalent of the ancient pentathlon in his pursuit of the complete athlete.

The UIPM organises annual World Championships for all UIPM Sports as well as the Pentathlon World Cup series and the UIPM Global Laser-Run City Tour. In addition, the UIPM stages international competitions for Schools, University, Masters and Para-Pentathlon athletes. The UIPM is recognised by the International Olympic Committee (IOC), the International Paralympic Committee (IPC), the Association of National Olympic Committees (ANOC), the Global Association of International Sports Federations (GAISF), the International University Sports Federation (FISU) and the Association of Summer Olympic International Federations (ASOIF).

Therefore, the National Federation Development Kit is a tool to support potential new members of the UIPM's National Federation (NF) community. This document is split into five chapters which aim to provide an easy pathway and relevant information about the UIPM and its sports to facilitate the process of all new NF applications.

It is composed of:

- Become a UIPM member federation
- Understand UIPM regulations and rules
- A glimpse of UIPM Sports and competitions
- UIPM communications and platforms
- Sports equipment information



# Become a UIPM Member Federation

To be successful in your application, you must:



1. Establish a national federation or an association that is running Pentathlon and/or other UIPM Sports within your country
2. Submit a letter of confirmation from your National Olympic Committee and/or your national sports authority that recognises your organization
3. Fill in the UIPM Membership Application Form
4. Provide a copy of your newly formed federation's statutes; and
5. Include the names of the President, Secretary General and Board Members and their terms of service

Once the above documents (2-5) are received by UIPM Headquarters, your application will be submitted to the UIPM Executive Board for approval. If the application is approved, the NF will be given the status of "provisional member" without voting rights.

Subsequently, approved provisional members need to be approved by the UIPM General Assembly in the same year or the following year, depending on the date of application. Upon approval, the federation will formally become a full member of the UIPM.



# Understand UIPM Rules and Regulations

All UIPM Rules and Regulations are available online at our website [uipmworld.org](http://uipmworld.org). They are split into different areas including constitutions of the organization, sports competition rules, rules and procedure of Medical and Anti-Doping, Media and Advertising; Equipment, etc, such as:



[Click here for the relevant documents](#)



UIPM Statutes



UIPM Rules on Internal Organization



UIPM Election Rules



UIPM Code of Ethics



UIPM Betting and Anti-Corruption Rules



UIPM Medical Rules



UIPM Anti-Doping Rules



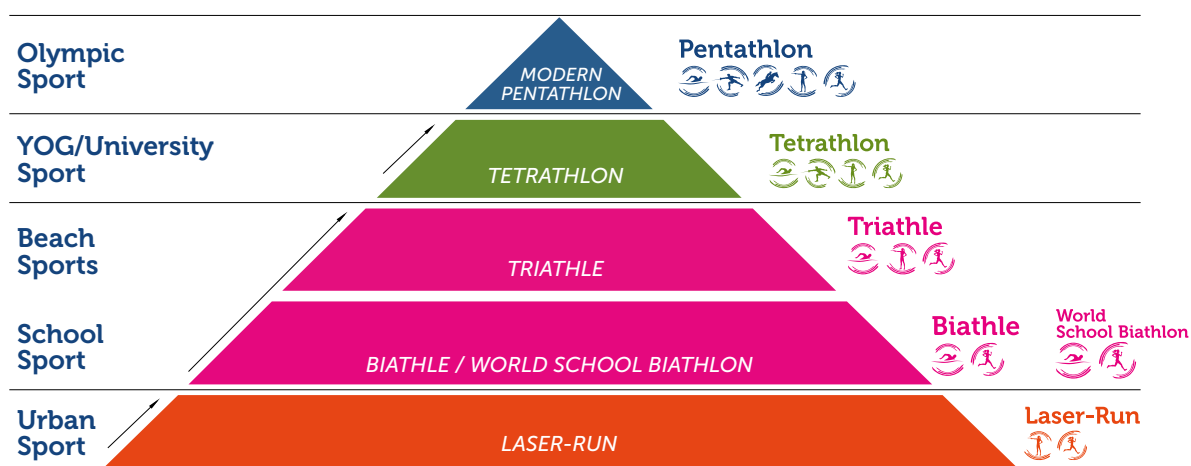
UIPM Anti-Doping Procedure



# A Glimpse of UIPM Sports and Competitions

UIPM is permanently working on building a bigger, stronger, smarter and sustainable international organization following a pathway of growth, innovation, integration and inclusion. As you can see from the pyramid below, UIPM Sports are accessible to start from grassroots to elite.

UIPM SPORTS PYRAMID



Athletes from all over the world can take part in UIPM competitions whether they are professional or amateurs. The UIPM competition structure provides participants with a wide range of possibilities to engage and to develop their sporting career.

## UIPM Competition structure

### Elite competition structure

Olympic Games - 4 year circle

World Championships - Annual  
(Senior, Junior, U19, U17, Biathle/Triathle, Laser-Run)

Pentathlon World Cup Series- Annual

Other International Competitions  
(Continental Championships, Asian Games, Pan American Games, Military Games)

### Development competition structure

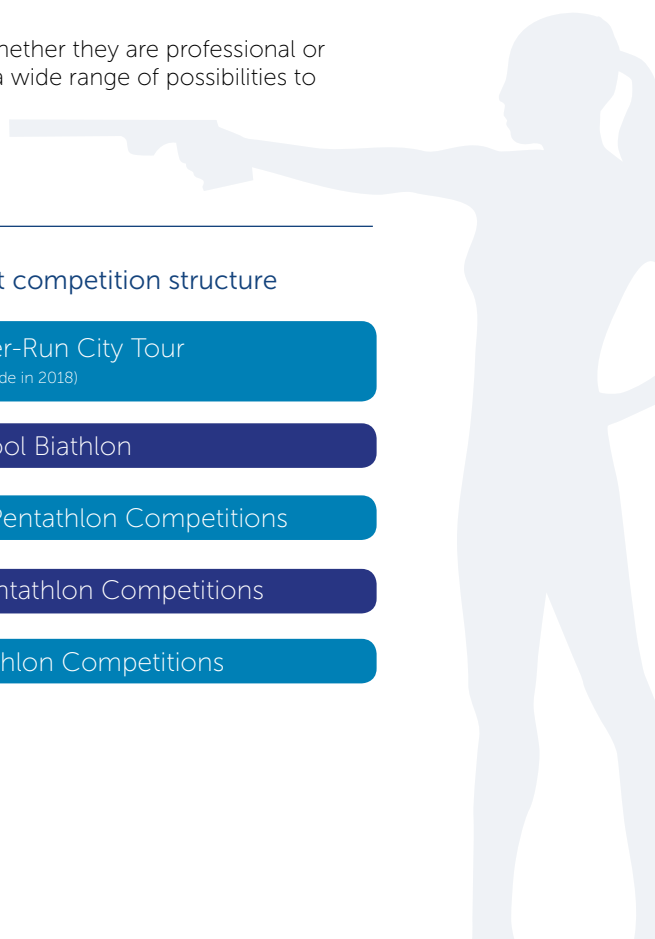
Global Laser-Run City Tour  
(100 cities worldwide in 2018)

World School Biathlon

University Pentathlon Competitions

Masters Pentathlon Competitions

Para Pentathlon Competitions



## Pentathlon



The UIPM organizes an annual World Championship for senior, junior, U19 and U17 athletes as well as a Pentathlon World Cup series that consists of four events culminating in a Final. Every four years, the ultimate test: the Olympic Games.

[Click for UIPM 2018 Competition Rules and Equipment Regulations](#)

## Tetrathlon



This is the last step before full Modern Pentathlon. It is composed of four of the five disciplines of Modern Pentathlon: Swimming, Fencing and Laser-Run (Running and Shooting). All four events take place on the same day. UIPM organizes U19 and U17 World Championships and every four years athletes can qualify to take part in the Youth Olympic Games.

[Modern Pentathlon Competition Rules also apply to Tetrathlon](#)

## Biathle



## Triathle



UIPM Biathle and Triathle are UIPM Beach Sports. Biathle consists of the sequence Run-Swim-Run while in Triathle athletes take part in a shoot-swim-run format. UIPM Biathle and Triathle events can be organized at any water-side location – ocean, sea, lake or river – and can be run on all surfaces. Since 2013 the UIPM has organized annual Biathle/Triathle World Championships.

[Click for UIPM 2018 Competition Biathle-Triathle Rules](#)

## World School Biathlon



The World School Biathlon is a fun and simple way to organize events inside schools with the basic sporting disciplines of running and swimming taking place separately but with results aggregated. This helps the NFs to identify talent and recruit the right type of athletes to participate in UIPM Sports. This system of competition allows athletes worldwide to compete against each other by having their national federations send the results to UIPM, who in turn compile and maintain the current world standings.

[Click for UIPM 2018 World School Biathlon Guidelines](#)

## Laser-Run



The Laser-Run is the newest of the UIPM Sports and began its competitive existence during the 2015 Laser-Run World Championships. It is also the last event and discipline of the Modern Pentathlon. Athletes of all ages can participate and the event can be staged in cities, parks and countryside venues. Combining Running and Laser Shooting, Laser-Run is fast-paced and dynamic. In 2017, UIPM launched the UIPM Laser-Run City Tour, which took place in 60 cities worldwide, and in 2018 there will be 100 cities forming part of the UIPM Global Laser Run City Tour.

[Click for UIPM 2018 Laser-Run Competition Guidelines](#)



## Masters Pentathlon



UIPM organizes the Masters World Championships and the Confederations arrange Continental Championships. There are two formats in Masters competitions – Pentathlon and Tetrathlon – with all the same disciplines as the Senior, Junior and U19/U17 versions.



[Click for UIPM 2018 Masters Competition Guidelines](#)

## UIPM Para Sports

The first UIPM Para Sport is Para Pentathlon and the first classification to be introduced at elite level is LR1 (standing category including lower-limb amputees and athletes with disabilities having a similar impact on performance). Para Laser-Run pilot events in 2018 are being considered by a number of Local Organizing Committees (LOCs) of the UIPM Global Laser-Run City Tour. UIPM will test the proposed classifications, rules and potential challenges LOCs might face when participating in the project. At the same time, UIPM wishes to offer, in partnership with National Paralympic Committees, an opportunity to introduce the new sporting adventure of UIPM Para Laser-Run to the para-sport community.



[Click for UIPM Para-Pentathlon Classification Rules and Regulations](#)

## University

The recognition and inclusion of Modern Pentathlon within FISU prompted a long-term project worldwide. A number of international competitions are being organized including in 2018 the first FISU World University Championships (WUC) in Budapest, Hungary.



[Click for the 2018 World University Championships leaflet](#)



# UIPM Communications and Platforms

On the communication front, the UIPM is offering a cutting-edge digital ecosystem, with a modern website, social media platforms and a mobile app. See below for more information about UIPM's wide range of activities.

## Website

The UIPM official website is providing all-round sports news and information. At [uipmworld.org](http://uipmworld.org) it is possible to find material related to UIPM's history, organization, governance, competition rules, calendar and results, athlete rankings and biographies, education, anti-doping, development and more.



[Click to visit  
UIPM website](http://uipmworld.org)

## Educational Platform

The UIPM Educational Platform is divided into three main parts for different stakeholders and audiences, including coaches, judges and athletes. The UIPM offers users a state-of-the-art approach: quizzes, articles, the full content of Coaches Certification Programme (CCP) and Judges Certification Programme (JCP) in four languages, a list of certified coaches and judges, upcoming courses worldwide, educational videos and more.



[Click to visit  
UIPM  
Educational  
Platform](#)

## UIPM TV

The UIPM TV digital platform presents spectators and fans with an innovative experience of watching sport in a dynamic, live and interactive environment, replicating the TV experience online to any device. At UIPM TV you have live streaming of major UIPM events throughout the season as well as access 24/7 to a large library of competition playback videos of Modern Pentathlon and other UIPM Sports.



[Click to visit  
UIPM TV digital  
platform](#)

## UIPM Central App

In 2017 we launched the UIPM Central App for both Android and IOS users. When using the app fans have access to several updated information such as live competition results, pictures, rankings and news about World Pentathlon.



[Android  
iOS](#)

## Social Media

There is so much happening every day in the UIPM world and our social platforms are the places to find posts, photos and videos. Discover content during and outside competition time and sample the spirit of UIPM on social media. Across Facebook, YouTube, Twitter, VK, Weibo and Instagram, UIPM constantly uses unique content as a tool to educate, inform, inspire and entertain fans and the Olympic community about the values of UIPM Sports in a fun, emotional, dynamic and engaging way.



Facebook:  
[/theUIPM](https://www.facebook.com/theUIPM)



Twitter: @  
[@theUIPM](https://twitter.com/theUIPM)



YouTube:  
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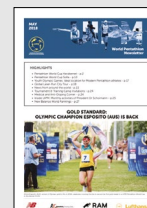
## Useful documents



[Click for the  
2017 UIPM  
Yearbook](#)



[Click for the  
2018 UIPM  
Media Guide](#)



[Click for the  
UIPM monthly  
Newsletter](#)



# Sports Equipment Information

To participate in UIPM events, athletes need to use uniform and equipment that conform to UIPM Rules, which establish standards that enable athletes to compete in maximum safety and optimal technical conditions. See below a visual demonstration of the basic equipment needed to participate in a UIPM pentathlon competition:



At the UIPM website there are links to the main providers for both shooting and fencing equipment as well as a list of all equipment that has been all homologated/certified by UIPM.

As laser shooting equipment is a key element and cornerstone of the new and popular sport of Laser-Run, UIPM in 2018 launched the Laser Shooting Equipment Guidelines in order to guide users, NFs and competition organizers about best practice for the use and maintenance of this equipment.

[Click here for the UIPM Laser Shooting Equipment Guidelines](#)



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