Dear Friends,

The ECMP – European Confederation of Modern Pentathlon, together with the Polish Modern Pentathlon Association (PMPA), have the pleasure of inviting a delegation of your country to participate in the **U17 & U19 Youth European Championships** to be held in Krakow, Poland, from 05th July to 15th July 2022 according to the following programme:

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>05.07/ Tuesday</td>
<td>Arrival of delegations</td>
</tr>
<tr>
<td>06.07/ Wednesday</td>
<td>Arrival of delegations</td>
</tr>
<tr>
<td><strong>07.07/ Thursday</strong></td>
<td>Arrival of delegations, <strong>Technical meeting</strong></td>
</tr>
<tr>
<td>08.07/ Friday</td>
<td><strong>U19 Women’s relay</strong></td>
</tr>
<tr>
<td>09.07/ Saturday</td>
<td><strong>U17 Women’s qualification</strong></td>
</tr>
<tr>
<td>10.07/ Sunday</td>
<td><strong>U19 MIXED relays</strong></td>
</tr>
<tr>
<td>11.07/ Monday</td>
<td><strong>U19 Women’s qualification</strong></td>
</tr>
<tr>
<td>12.07/ Tuesday</td>
<td><strong>U19 Men’s qualification</strong></td>
</tr>
<tr>
<td>13.07/ Wednesday</td>
<td><strong>U19 Women’s finals</strong></td>
</tr>
<tr>
<td>14.07/ Thursday</td>
<td><strong>U19 Men’s finals</strong></td>
</tr>
<tr>
<td>15.07/ Friday</td>
<td>Departure of delegations</td>
</tr>
</tbody>
</table>

Note: detailed time schedule will be provided after the registration closure.

The competitions will take place at the facilities of the Academy of Physical Education (AWF) Kraków, where the European Olympic Games will be held in 2023, which will be the continental qualification for the Olympic Games in Paris 2024.

Krakow is one of the most visited cities in Poland. There are numerous historical monuments, good hotels, restaurants, and recreational opportunities. The most significant sites (and the symbols of Krakow) are: the Wawel Castle, main Market Square with Barbican, the Sukiennice Cloth Hall and St. Mary’s Basilica, Kazimierz. The city is located next to other attractive places, such as: the Wieliczka salt mine, the Tatra Mountains. It is said that Krakow is the cultural and educational capital of Poland. There is always something going on: music and film festivals, the Jewish Culture Festival, academic conferences and sports events. At Czartoryski Museum many famous works of art can be found (Leonardo da Vinci’s 'Lady with an Ermine' or Rembrandt’s 'Landscape with Good Samaritan').

https://www.youtube.com/watch?v=6eUvzOFR2nQ
Competition

Participants

For **Category U19** athletes male and female from Europe, born January 1, 2004 (Cat. U19) and younger can participate.

For **Category U17** athletes male and female from Europe, born January 1, 2006 (Cat. U17) and younger can participate.

Note: The Championships is “closed” competition, meaning only athletes from European Confederation are allowed to compete.

Rules

The competition will be carried out according to the UIPM Rules

- Swimming: 25m indoor swimming pool / 6 lanes
- Fencing: 10 + 1 pistes indoor
- Masks with new fitting system (UIPM Technical newsletter 2018/1) and FIE maraging blades required
- Laser Run: shooting range (service: APEOM laser shooting) 36+2 shooting range with laser precision targets
- running course: synthetic track and grass

Venues: **Academy of Physical Education (AWF) - Kraków**

al. Jana Pawła II 78, 31-571 Kraków, Poland

[www.awf.krakow.pl](http://www.awf.krakow.pl)

Swimming, Fencing, Laser Run, Accommodation
Training

Before the Competition: From 5th July is available, please contact LOC
During Competition: Timetable available 2 weeks before competition.

Accommodation

Accommodation at the Academy of Physical Education in Krakow in single and double rooms with a bathroom.

Transport

Transportation from Krakow International Airport and from to the official hotels and the return journey is only guaranteed if flight information is provided in the registration system well in advance and prior to the deadline.

- From Kraków Airport to Kraków Main Train Station (by train – 17’) and after by LOC’s bus to the official hotel (lead by volunteers from airport)
- From Kraków Main Train Station to the official hotel by LOC’ bus
- For teams who arrived by car - parking at the Academy of Physical Education.
  (after authorization, free, in a closed area but without protection)

Deadline of the Entries

Delegations are kindly reminded that the online registration system is obligatory. The online system will be open from 14 April 2022.

- Entry A / Participation Confirmation by May 08, 2022
  Link to online form - https://forms.gle/XK2MgC4JmYAK56b28
- Entry B / Informative & Preliminary by June 5, 2022
  Link to online form - https://forms.gle/6eE7qNyZZkiSuhxM8
- Final Entry / Closure of Registration by June 26, 2022
  Link to online form - https://forms.gle/WNmQbvJXkPQjrYhDA

If you do not complete the information required prior to the deadline or we do not receive your delegation’s deposit payment, we will assume that your delegation is not participating.

For delegations (athletes, coaches, officials, supporters) reserving the conditions accommodation package, the prices are as follows:
### Rooms

<table>
<thead>
<tr>
<th></th>
<th>Before June 5</th>
<th>After June 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single room*</td>
<td>140 € (EURO)</td>
<td>155 € (EURO)</td>
</tr>
<tr>
<td>Double room</td>
<td>125 € (EURO)</td>
<td>140 € (EURO)</td>
</tr>
</tbody>
</table>

This price includes full board accommodation (breakfast, lunch pocket, dinner), local transportation, and a cultural program.

Delegations wishing to arrange their own accommodation must pay an accreditation fee per participant (athlete, coach or official) to the LOC. The amount of the Accreditation fee is set at EUR 75 per day per person, a minimum payment of 4 days. For this, we will provide lunch packets for the competition days. The check-out hour is 11.00 am. If the delegates will stay more time must pay additionally for accommodation and/or meal.

* Single rooms are limited.

### Offer for parents and other guests

(They must be declared by the federations)

<table>
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<tr>
<th></th>
<th>Before June 5</th>
<th>After June 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Only Double room</td>
<td>120 € (EURO)</td>
<td>140 € (EURO)</td>
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</tbody>
</table>

This price includes full board accommodation (breakfast, dinner, **no lunch pocket**), accreditation card and surprise.

Please instruct your accountant to pay the deposit (30%) to this account:

Name of the Bank: Santander Bank Polska S.A
Name of the Beneficiary: Polski Związek Pięcioboju Nowoczesnego
SWIFT: WBKPPLPP
Nr (for EURO): PL 03 1090 1014 0000 0001 1566 4910

At the same time as submitting the Entry B Form (**JUNE 5**) all NFs must send to the LOC by electronic bank transfer 30% of the total amount of their accommodation invoice, otherwise their reservation will not be guaranteed.

If on arrival for the competition, the team has fewer athletes and/or officials than listed on their Final Entry Form and without informing the LOC at least 7 days prior to their arrival, the NF will pay a fine to the Organising Nation/LOC of 200 Euros for each person not attending.

The full amount must be paid either: 70% remaining via bank transfer at the same time as submitting Final Entry Form (**JUNE 26**) or 70% remaining on the first day of arrival **IN CASH**.
**Athletes**

**Athletes Licenses & Insurance**

Athletes are only allowed to participate in UIPM sanctioned events if they are in possession of a valid Athletes License. Registration is not possible without a License Number. If an athlete does not have a license they will not be allowed to take part in the competition.

**Visas and Vaccination**

Visiting nations should confirm visa and vaccination requirements for entry into Poland prior travelling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations please contact your nearest Embassy or Consulate.

**COVID19 INFORMATION**

The LOC is committed to take all preventive measures against COVID-19 infection during the competition time, following all recommendations from both the local governments and the UIPM available at: (https://www.uipmworld.org/covid-19-information). Information on the Covid-19 tests needed to enter Poland and arrangements for participating in the competition will be provided later according to the most recent national health authorities requirements.

Official Address
Organising Federation/LOC
Polish Modern Pentathlon Association
00-968 Warszawa, ul. Marymoncka 34
mobile. +48 604 681 567
e-mail: pentathlon@pentathlon.org.pl
http: www.pentathlon.org.pl

LOC Director:
Stanislaw Pytel
mobile/WhatsApp: +48 606 218 151
e-mail: pytelstanislaw@poczta.onet.pl , stanislaw.pytel@pentathlon.org.pl

We look forward to seeing you in Krakow!

Best regards,

Anna BAJAN
Vice President
European Confederation of Modern Pentathlon

Janusz PECIAK
President
Polish Modern Pentathlon Association