

Dear Friends,

The Federació Catalana de Pentatló Modern with support of Federación Española de Pentatlon Moderno has the pleasure to invite a delegation of your country to participate in the **European Cup for U19 & U17 & U15 men and women** and International Meeting for U9/U11/U13/Junior and Master that will be held at Sant Boi (Barcelona) on 19th to 21th April according to the following provisional schedule below:

# FRIDAY, April 19

Arrival of delegations 20:00 Technical Meeting

## **SATURDAY, April 20**

08:30 Girls Ranking Round Fencing Event U17, U19 & Junior.

11:30 Girls & Boys Swimming Event U9, U11, U13, U15 & Master

12:00 Girls Bonus Round Fencing Event U17, U19 & Junior

13:00 Boys Ranking Round Fencing Event U17, U19 & Junior

14:00 Girls & Boys Obstacle Discipline Event U15 & Master

15:30 Girls & Boys Laser Run Event U9, U11, U13, U15 & Master

16:00 Boys Bonus Round Fencing Event U17, U19 & Junior

19:30 Awards Ceremony U9, U11, U13, U15 & Master

21:00 Dinner

# SUNDAY, April 21

08:00 Warm-up

09:00 Girls & Boys Obstacle Event U17, U19 & Junior

11:00 Girls & Boys Swimming Event U17, U19 & Junior

12:30 Girls & Boys Laser Run Event U17, U19 & Junior

16:30 Awards Ceremony U17, U19 & Junior

20:00 Dinner

## **MONDAY, April 22**

Departure of Delegations

#### **COMPETITION FORMATS**

## **European Cup**

U15 - Obstacle Discipline, Swimming and Laser Run

**U17** - Fencing, Obstacle Discipline, Swimming and Laser Run

**U19** - Fencing, Obstacle Discipline, Swimming and Laser Run

# **International Competition**

U9 - Swimming and Laser Run

**U11** - Swimming and Laser Run

**U13** -Swimming and Laser Run.

Junior - Fencing, Obstacle Discipline, Swimming and Laser Run

Master - Obstacle Discipline, Swimming and Laser Run

### **RULES**

The Competition will be carried out according to the UIPM rules.

**Swimming** 25m indoor pool/6 lanes

Fencing 10 pistes

Laser Run 30 laser targets Pentashot HIT & MISS provided by the LOC

**Obstacle discipline** 8 obstacles on a course 60–70m length

1-Steps. 2-Big Wheel. 3-Wall. 4-Rings. 5-Balance beam. 6-Wheels. 7-Monkey bars. 8-Finish wall

### **EQUIPMENT**

Equipment control for fencing will be immediately before the first round and laser weapons checking will happen prior to the warm-up.

### **ENTRIES**

- For the U15 Boys & Girls competition unlimited entries are welcome per nation;
- For U17, U19 & Junior, Boys & Girls competition, the invitation number allowed is 4 athletes per nation and gender. Extra athletes will be allowed if final number of 36 athletes per gender is not reached. LOC will respect order of entries;

#### **ACCOMODATION INFORMATION**

# All participants will be Lodge at:

Hotel Frontair Congress Barcelona. (\*\*\*\* Stars)

C/ Alberedes, 16, 08330 Sant Boi de Llobregat

Single room	Double room	Triple room (limited)
125,00	105,00	95,00

This fee will cover the expenses of your delegation for accommodation, meals and local transport (Prat Airport) from your arrival on Friday, 19th April, until departure, 22th April Monday after breakfast.

Delegations are required to send by bank transfer 30% deposit of the total amount of your team accommodation invoice until 18th March 2024, otherwise, the reservation will not be guaranteed.

Delegations arriving or departing before these dates and more than 2 different flights please contact with the LOC to confirm additional prize to cover the local transport.

NF wishing to arrange their own accommodation must pay an Accreditation Fee per participant (athletes, coaches and officials) of 50 Euros per day (minimum 2 days). The Accreditation Fee must be paid by bank transfer with the Final Entry Form or cash upon arrival.

The prices include local transport from **PRAT Airport** to the hotel and the return journey, but it s only guaranteed if flight information is provided in good time, as according to the deadline on Entry Form C.

Transportation from the hotel to the venue for participants will be according to the training and competition program.



#### **BANK DETAILS**

## All the payments are accepted in EUROS only.

Send 30% deposit to  Account Name: Federació Catalana de Pentatló Modern	
Account Number	2100 3394 64 2200034547
IBAN	ES4121003394642200034547
Bank Name	CaixaBank
Address	C. NORD, 22
Swift Code	CAIXESBBXXX

### **ATHLETES LICENSES**

Athletes are only allowed to participate in UIPM sanctioned events if they are registered with the UIPM.

# **INSURANCE**

According the UIPM Rules all competitors must be current members of their Federation and are responsible for their own insurance cover for the event. The organizer will not accept any responsibility, financial or otherwise for loss, injury or illness of any delegation member.

### **VISAS AND VACCINATIONS:**

Important information, please read it!

Visiting nations should confirm visa and vaccination requirements for entry into Portugal prior travelling to the event. The LOC cannot accept responsibility for arranging visas, but can provide specific leflers of invitation if needed.



#### **ENTRY FORMS**

We would appreciate the early confirmation of your intention to participate or not. Please submit Form A at the end of this document as soon as possible.

If you do not complete the information required or your delegation s deposit, we will assume that your delegation will not participate. Deadlines for the Entry Forms are as follows:

Entry A & B: Entry forms must return before 18th March 2024

Final Entry C: RETURN BEFORE 1st April 2024

Delegations are reminded of the Rule 1.14.3 & 1.14.5. Following confirmation of the final entries, a NF must enter the competition with at least one athlete. Any NF failing to take part after having sent their final entries will pay a fine of 600 Euros to UIPM.

If at your arrival, the team has less athletes and/or team officials than listed on the Final Entry Form and without inform the Organizing Nation/LOC at least 7 days prior to the arrival, the NF will pay a fine to the LOC of 200 Euros for each person not aflending.

## **OFFICIAL ADDRESS**

## FEDERACIÓ CATALANA DE PENTATLÓ MODERN

c/ Mallorca, 30

08830 SANT BOI DE LLOBREGAT

Email: pentatlo@pentatlo.cat

Web: www.fcpentatlo.cat

We are looking forward to seeing you soon in Barcelona.

Best regards,

Susana Martínez Martínez

Susana Martine:

President

Federació Catalana de Pentatló Modern

P. Perez Pedro Pérez Muñoz Competition's Director