The Federació Catalana de Pentatló Modern has the pleasure of inviting a delegation of your country to participate in the European's Cup for U19 & U17 men and women and International Meeting for Youths U15-U13-U11 and U9 that will be held at Sant Boi (Barcelona) on 24th to 26th April according to the following provisional programme:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>24 April</td>
<td>Arrival of Delegations</td>
</tr>
<tr>
<td></td>
<td>Technical Meeting</td>
</tr>
<tr>
<td>25 April</td>
<td>Individual competition EUROPEAN CUP</td>
</tr>
<tr>
<td></td>
<td>Swimming U19-U17 men and women</td>
</tr>
<tr>
<td></td>
<td>Fencing U19-U17 men and women</td>
</tr>
<tr>
<td></td>
<td>Laser Run U19-U17 men and women</td>
</tr>
<tr>
<td></td>
<td>Prize Giving U19-U17</td>
</tr>
<tr>
<td>26 April</td>
<td>Relay Mixed U19-U17 (Not Fencing)</td>
</tr>
<tr>
<td></td>
<td>Individual competition International Meeting Vila de Sant Boi</td>
</tr>
<tr>
<td></td>
<td>Swimming U15-U13-U11-U9-Master, men and women</td>
</tr>
<tr>
<td></td>
<td>Laser Run U15-U13-U11-U9-Master, men and women</td>
</tr>
<tr>
<td></td>
<td>Prize Giving</td>
</tr>
</tbody>
</table>

For U19 competition the maximum number allowed is 4 athletes per gender and Nation and for U17 the invitation is for unlimited number of the athletes and coaches per nation, but based on the received preliminary entries, the LOC, reserve the right to reduce the overall number of the athletes per NF.

The Competition will be carried out according to the UIPM rules.

**Swimming**
25m indoor pool/6 lanes

**Fencing**
12 pistes

**Laser Run**
40 laser targets Pentashot HIT & MISS provided by the LOC

**EQUIPMENT**

Equipment control for fencing will be immediately before the first round of fencing and Laser Run with take part prior the beginning of competition.

**ACCOMMODATION INFORMATION and ECONOMICAL CONDITION**

All participants at International Meeting “Vila de Sant Boi”, will be lodged at Centre Esplai in rooms for 1-4 athletes/coaches. In case that you need individual room, you must add 25 €/night at the basic fees. [http://www.albergueesplaibarcelona.com/es/](http://www.albergueesplaibarcelona.com/es/)

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Room for maximum 4 pax</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALBERGUE ESPLAI</td>
<td>80 € (person/night)</td>
</tr>
</tbody>
</table>
**EUROPEAN CUP FOR U19 and U17**

**International Competition VILA SANT BOI for Youths**

All participants at European Cup, will be Lodge at:

Hotel Frontair Congress Barcelona.
C/ Alberedes, 16, 08330 Sant Boi de Llobregat

-See more details at: http://www.hotelfrontaircongressbarcelona.com/

All delegations (including athletes, coaches and officials) will be charged:

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Single</th>
<th>Double</th>
<th>Triple (Limited)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frontair Congress</td>
<td>110 € (person)</td>
<td>95 € (person/night)</td>
<td>85 € (person/night)</td>
</tr>
</tbody>
</table>

This fee will cover the expenses of your delegation for accommodation, meals and local transport (Prat Airport) from your arrival Friday April 24th at dinner until departure, Sunday 26th April after lunch (packet lunch for Saturday and Sunday).

**Delegations arriving or departing before this dates please contact with the organising committee to confirm the total amount.**

Delegations are required to send by bank transfer of 30% minimum of the total amount of your team accommodation invoice by 10th March 2020. Otherwise, the reservation will not be guaranteed.

**Delegations arriving or departing before these dates and more than 2 different flights please, contact with the LOC to confirm additional prize to cover the local transport.**

NF wishing to arrange its own accommodation must pay an Accreditation Fee per participant (athletes, Coaches and officials) 50 Euros per day (minimum 2 days). The Accreditation Fee must be paid by bank transfer with the Final Entry Form.

**BANK DETAILS**

All the payments are accepted in EUROS only.

Send 30% deposit to:

- **Account Name:** Federació Catalana de Pentatló Modern
- **Account Number:** 2100 3394 64 2200034547
- **IBAN:** ES4121003394642200034547
- **Bank Name:** LA CAIXA
- **Address:** Office 00117 C. NORD, 22 08830 SANT BOI DE LLOBREGAT
- **Swift Code:** CAIXESBBXXX

**TRANSPORTATION PLAN**

The prices include local transport from PRAT Airport to the hotel and the return journey, but it’s only guaranteed if flight information is provided in good time, as according to the deadline on time. For other sites please ask to the LOC.

Federació Catalana de Pentatló Modern
Transportation from the hotel to the venue for athletes will be according to the training and competition programme.

**Athletes Licenses**
Athletes are only allowed to participate in UIPM sanctioned events if they are registered with the UIPM.

**Insurance**
According the UIPM Rules all competitors must be current members of their Federation and are responsible for their own insurance cover for the event.
The organiser will not accept any responsibility financial or otherwise for loss, injury or illness of any delegation member.

**Visas and Vaccinations:**
Visiting nations should confirm visa and vaccination requirements for entry into Spain prior travelling to the event. The LOC cannot accept responsibility for arranging visas, but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations please access: [http://www.exteriores.gob.es/Portal/es/ServiciosAlCiudadano/Paginas/EmbajadasConsulados.aspx](http://www.exteriores.gob.es/Portal/es/ServiciosAlCiudadano/Paginas/EmbajadasConsulados.aspx)

**Entry Forms**
We would appreciate the early confirmation of your intention to participate or not. Please submit Form A at the end of this document as soon as possible.

If you do not complete the information required or your delegations deposit, we will assume that your delegation will not participate. Deadlines for the Entry Forms are as follows,

- **Preliminary Entry:** Entry form must return before 21st February 2020
- **Final Entry:** RETURN BEFORE 03rd April 2020

Delegations are reminded of the Rule 1.14.3 & 1.14.5. Following confirmation of the final entries, a NF must enter the competition with at least one pentathlete. Any NF failing to take part after having sent their final entries will pay a fine of 600 Euros to UIPM.

If at your arrival, the team has less athletes and/or team officials than listed on the Final Entry Form and without inform the Organising Nation/LOC at least 7 days prior to the arrival, the NF will pay a fine to the LOC of 200 Euros for each person not attending.

**Official Address**
FEDERACIÓ CATALANA DE PENTATLÓ MODERN
ADRESS: C/ MALLORCA, 30 08830 SANT BOI DE LLOBREGAT
PHONE: + 34 93 635 41 00
Web: [www.fcpentatlo.cat](http://www.fcpentatlo.cat) e-mail: pentatlo@hotmail.com

Looking forwards to welcome your delegation another year in Barcelona.

Jesús Sanz Mur Pedro Pérez Muñoz
President Competition’s Director

Federació Catalana de Pentatló Modern