

**FEB
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DE PENTATHLON MODERNE

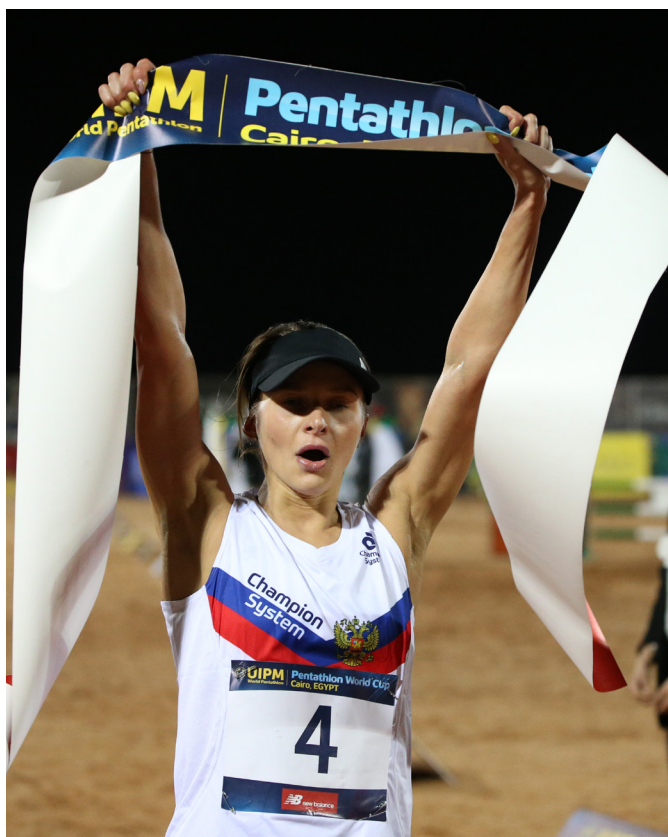


World Pentathlon Newsletter

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UIPM 2019 PENTATHLON WORLD CUP CAIRO



Uliana Batashova (RUS) and Ahmed Elgendy (EGY) celebrate a successful start to the year with individual golds at UIPM 2019 Pentathlon World Cup Cairo



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SWISS WATCHES



Lufthansa

UIPM 2019 Pentathlon World Cup Cairo

Elgendy at the double as Egypt get new season off to flying start

The world's best pentathletes renewed hostilities in a thrilling season-opener, with the missing of qualifying for the Olympic Games adding competitive intrigue to UIPM 2019 Pentathlon World Cup Cairo.

Host nation Egypt enjoyed an exceptional golden double with Ahmed Elgendy winning the Men's Individual competition and teaming up with Haydy Morsy to win the Mixed Relay - with plenty of time to spare on both occasions.

This Cairo World Cup, which has become a perennial season-opener, was the eighth global UIPM competition to be held in Africa since 2016.

The continent had already staged the UIPM Pentathlon World Championships and the UIPM Pentathlon Junior World Championships as well as the Laser Run and Biathlon/Triathlon World Championships in that time.

Women's Individual: Batashova (RUS) opens season in style

Uliana Batashova of Russia opened the season in the perfect style by winning her first UIPM Pentathlon World Cup gold medal.

A dramatic Laser Run saw Batashova (RUS) advance gradually from 4th to 1st place as the early leaders became stuck on the shooting range.

Sarolta Kovacs of Hungary had started the Laser Run in pole position but was immediately overtaken by Elodie Clouvel of France, who then froze on the third shoot and saw her hopes of a second consecutive gold medal in



Action from the Swimming event in the Women's Individual Final in Cairo (EGY)



Natalya Coyle (IRL, left) in action during the Fencing Bonus Round

Cairo disappear. In the end, Batashova (RUS) and silver medallist Natalya Coyle of Ireland kept their composure and grasped the opportunity to create a perfect springboard for the season.

Behind them, Kovacs (HUN) narrowly clung on to bronze ahead of Clouvel (FRA), who finished one place ahead of 2018 world champion Anastasiya Prokopenko of Belarus, with Francesca



Uliana Batashova (RUS) shows her composure on horseback during the Riding discipline

Summers of Great Britain finishing 6th. It was a timely success for Batashova (RUS), who soared up the rankings in 2018 with bronze at World Cup Sofia, 5th place in the World Cup Final and 5th in the UIPM Pentathlon World Championships.

Medallists' reaction

Batashova (RUS) said: "I feel amazing after winning today. It was a good, it went absolutely great with no mistakes, and it was really super for me. I am absolutely confident for the next races now, really confident."

Silver was sweet for 28-year-old Coyle (IRL), who also had a breakthrough season as an individual athlete in 2018 with silver at World Cup Sofia and 4th place in the World Cup Final.

Coyle (IRL) said: "It feels fantastic – I'm absolutely delighted to come away with silver. It's my second major individual medal so what a way to start the season. I thought it was a good day. I was a second slower in the pool,



Fierce competition at the range during an exciting Laser Run

but my fencing was good and I rode a clear round. I think everybody had a bit of a nightmare on the shooting range so I was absolutely delighted to come away with second.

"I'm really over the moon with it. It's great to see that a good winter training has paid off and my major focus is the European Championships, where I'm

aiming to get a qualifying position for Tokyo. That's the big aim for this year."

There was also another medal for the 2016 world champion, Kovacs (HUN), who said: "I'm so happy with my medal. It was a hard day but it was my first competition in five months and every event went so well.

"Every event was good except my shooting, which was not so good. In the end I am happy but the season is long and I have to work hard for the European and World Championships.

"It gave me a lot of confidence. My next competition will be World Cup Szekesfehervar and that's my home town so I want to be on the podium again."

Swimming

Typically, Gulnaz Gubaydullina (RUS) was quickest in the pool with a time of 2min 09.87sec, ahead of Clouvel (FRA) in 2:11.19 and Kovacs (HUN) in 2:11.25.

Fencing

The latter two athletes stamped their authority on the competition in the Fencing arena, where Kovacs (HUN) topped the standings with 26V/9D, one more than Rio 2016 Olympic silver medallist Clouvel (FRA) and two more than Iryna Khokhlova of Argentina. Clouvel (FRA) and Kovacs (HUN) both added to their scores in a tightly-contested Bonus Round.

Riding

The first ride of the new season was a masterclass, as 11 athletes managed a perfect round and none was eliminated. Kovacs (HUN), Coyle (IRL) and Batashova (RUS) all kept themselves in contention for the overall win with an unblemished score of 300, while Clouvel (FRA) and Prokopenko (BLR) dropped just seven penalty points apiece.

Laser Run

Kovacs (HUN) started with a 14sec cushion but did not settle on the range and was overtaken by a confident-looking Clouvel (FRA), no doubt recalling her success here 12 months ago.

At the second shoot, Batashova (RUS) was the big mover as she overtook Coyle (IRL) and moved on to the shoulder of Kovacs (HUN) in 2nd. But when Clouvel (FRA) froze at the third shoot, taking 43sec to hit her five targets, it was Kovacs (HUN) who



Uliana Batashova (RUS) stretches away from Elodie Clouvel (FRA) and Sarolta Kovacs (HUN)



Action from the Swimming pool during the Men's Individual Final

initially profited. However, the 2016 world champion was unable to push home the advantage and she was consigned to bronze when Batashova (RUS) and Coyle (IRL) finished strongly, Batashova (RUS) winning by an impressive 11sec in the end.

President's reaction

UIPM President Dr Klaus Schormann said: "The first Pentathlon World Cup of the 2019 season on the way to Tokyo 2020 has featured great performances from the women after a long period of training in the winter. It's very important for the athletes to get qualifying points for the World Cup Final, which will be a test event for Tokyo and where there is an opportunity to qualify for the Olympic Games."

Men's Individual: Unstoppable Elgendy (EGY) has golden touch

If winning is a habit, it is a habit that Ahmed Elgendy of Egypt can't seem to kick.

Pentathlon already knew it had a serious talent on its hands but Elgendy (EGY) confirmed in Cairo that he is not only the best up-and-coming performer in the sport, but already a contender for the top prizes at the highest level.

Aged 19 years and one day, Elgendy (EGY) won his first medal in a senior UIPM competition in the best possible style – in front of a home crowd and way out in front of the chasing pack. The teenager – gold medallist in 2018 at

both the UIPM Youth and Junior World Championships and the Youth Olympic Games – won Men's Individual gold at UIPM Pentathlon World Cup Cairo by 17sec from silver medallist Jan Kuf of Czech Republic, with bronze medallist Justinas Kinderis of Lithuania a further 13sec behind.

Even more impressively, his response to this success, and the accompanying adulation of his country, was measured and calm.

Medallists' reaction

Elgendy (EGY) said: "I am very happy to win my first senior World Cup in Egypt, especially in Egypt – my home country. The crowd and the audience was always cheering for me in the Laser Run and the Fencing, and I'm very happy to be competing in Egypt.

"It's my first season really competing in the seniors. In 2018 I participated in three World Cups and the World Cup Final but it was only to get experience for the Youth Olympic Games in Buenos Aires.

"This year I am hoping to win more than one World Cup and qualify for the Tokyo 2020 Olympic Games – which is my dream. The three major titles I won last year really motivated me to win more and achieve more, and I won the Budapest Indoor International (see *News section*)."

The consistent excellence of Elgendy (EGY) was apparent in the statistics: he was in the top 10 across all disciplines. Silver medallist Kuf (CZE) was not far behind him in this respect.

Kuf (CZE) said: "It was just perfect. I didn't know what to expect because it's the first competition of the year, and it went the perfect way. I had the most amazing horse and my shooting was good, surprisingly.

"To finish second was awesome. The Egyptian guy was first and everyone was cheering for him and that helped me, because I knew I wasn't going to catch him and I was able to focus on



A dramatic lunge scores a hit during the Fencing Bonus Round



The chasing pack keep up the pressure during the Laser Run at the Platinum Sports Club

myself. It's good to know we are on the right path. I managed to beat some of the top guys today."

Thirty seconds and 12 years separated the gold medallist and the bronze medallist – 2013 world champion

Kinderis (LTU), who showed all his experience to emerge from the pack and win a thrilling battle for 3rd place.

Kinderis (LTU) said: "I'm really delighted – Egypt is my lucky country. During the Laser Run I felt something was coming,



Esteban Bustos (CHI, 4) and rivals look for a steady shot during the Laser Run

because everything went so well. I was fighting with the Chilean and the German and I felt that it was my time, because I had saved a little bit of power.

"It's just the beginning of the season but maybe it's a good sign. Actually I think I have almost enough points to qualify for the World Cup Final so now I don't have to push."

Swimming

Immediately Elgendy (EGY) showed his appetite for success in front of the home support, swimming second-fastest in a time of 2min 02.42sec. Only Myles Pillage of Great Britain went faster, with a scorching 2:00.36.

Gustav Gustenau of Austria, who won silver behind Elgendy (EGY) at the UIPM 2018 Junior World Championships, was third-quickest in a time of 2:02.47.

Fencing

Experience began to tell on the Fencing piste, as Valentin Belaud of France top-scored with 24V/11D and Kinderis (LTU) managed 22V/13D, but it seemed like nothing was going to stop Elgendy (EGY) in front of his friends and family and growing army of fans.

The teenager scored 23V/12D in the

Ranking Round and added two points in the Bonus Round to be the last man standing on the showpiece piste.

Riding

France rightly had high hopes for a medal in Cairo, having enjoyed a gold/silver double 12 months ago, and Belaud (FRA) took the overall lead into the Riding arena.

Unfortunately for the 2016 world champion, his challenge came unstuck on horseback as he incurred 48 penalty points – and he wasn't the only French star to struggle. World No.2 Valentin Prades (FRA) fared even worse with 71 penalties leaving him way off the pace.

Kuf (CZE) took full advantage with a clean round, matched only by Luis Shivel of Spain and Esteban Bustos of Chile, who vaulted himself into 4th place overall. Elgendy (EGY), dislodged only one obstacle for a score of 293, greeted by roars of excitement in the stands, that gave him a 22sec lead in the Laser Run.

Laser Run

Having come this far, it seemed unlikely that Elgendy (EGY) would succumb to the pressure of being isolated in the lead. He has become accustomed

to being out in front. But the way he controlled his nerves was exceptional, with a series of sub-10sec shoots allowing him to keep his distance from Kuf (CZE), who gained only 5sec during the course of the four laps.

Behind them, all the drama surrounded the battle for bronze. As Thomas Toolis (GBR) faltered, Patrick Dogue of Germany was the first to take the initiative, but Bustos (CHI) refused to be left behind and soon Marvin Dogue (GER) joined his elder brother in the mix.

Any of these athletes could have won a deserved medal if not for the stamina and conviction of Kinderis (LTU), who timed his attack perfectly, hunting down Marvin Dogue (GER) on the final lap and keeping just enough in the tank to hold off Bustos (CHI) in the final straight.

The Dogue brothers were 5th and 6th, while Belaud (FRA) bounced back strongly for 7th place, one ahead of Alexander Lifanov of Russia.

President's reaction

UIPM President Dr Klaus Schormann said: "To see our champion from the Youth Olympic Games securing first

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THIS IS **MODERN PENTATHLON**



- | | | | |
|----|-----------------|--|-------------------------|
| 01 | 27.02. - 03.03. | Pentathlon World Cup Cairo | Cairo, EGY |
| 02 | 10.04. - 14.04. | Pentathlon World Cup Sofia | Sofia, BUL |
| 03 | 02.05. - 06.05. | Pentathlon World Cup Székesfehérvár | Székesfehérvár, HUN |
| 04 | 21.05. - 26.05. | Pentathlon World Cup Prague | Prague, CZE |
| 05 | 27.06. - 30.06. | Pentathlon World Cup Final Tokyo (OG Qualifier) | Tokyo, JPN |
| 06 | 07.07. - 14.07. | Pentathlon Junior World Championships | Drzonków, POL |
| 07 | 18.07. - 26.07. | Youth World Championships U19&U17 | Sofia, BUL |
| 08 | 02.09. - 09.09. | Pentathlon World Championships (OG Qualifier) | Budapest, HUN |
| 09 | 02.09. - 09.09. | Laser Run World Championships | Budapest, HUN |
| 10 | 23.10. - 27.10. | Biathlon/Triathlon World Championships | St Petersburg (FL), USA |

UIPM is the world governing body of Olympic sport Modern Pentathlon, and rights holder for all pentathlon competitions.

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Broadcast our World cups and World championships.
Email us at media@pentathlon.org



place in this senior competition is the perfect result for the Egyptian Modern Pentathlon Federation, but also for UIPM. Another big result was the 4th place for the athlete from Chile, who gave a great performance today.

"We saw two athletes who won medals at the UIPM 2018 Pentathlon World Championships in the middle places [Prades (FRA) and Pavlo Tymoshchenko of Ukraine]. Our athletes are performing at such a high level that if you make a small mistake or miss something, you are already off the top."

Mixed Relay: Egypt double up

Another golden moment for Egypt ended a memorable fortnight of success for the host nation of UIPM 2019 Pentathlon World Cup Cairo.

A gold medal in the Mixed Relay achieved in style by Haydy Morsy and Ahmed Elgendy came on the back of an exceptional victory for Elgendy (EGY) in the Men's Individual Final and a double individual success at the African Championships that made Morsy (EGY) and Sherif Nazeir (EGY) the first qualifiers for the 2020 Olympic Games.

Egypt (Morsy/Elgendy) were impossible to catch, winning by 36sec from silver medallists Czech Republic (Eliska Pribylova & Ondrej Polivka).

Medallists' reaction

Elgendy (EGY) said: "I am very proud of these two gold medals and very happy, and it's been the best birthday celebration ever. Our Swimming was a little bit slow but the Fencing was great, we achieved 1st place and created a very big gap. In the Riding we did great and in fact all disciplines went well."

Morsy (EGY) added: "It's my first World Cup gold medal and I'm so happy I achieved it with Elgendy. We competed together in 2017 and won a bronze medal, and I'm so happy we achieved gold here in Egypt in front of everyone. This is the best feeling ever."



Action from the Riding disciplines of the Mixed Relay at Pentathlon World Cup Cairo



Haydy Morsy hands over to Ahmed Elgendy as Egypt look to increase their lead

"My family and friends are here and the federation, and this World Cup means a lot to me so it's amazing. I qualified for the Tokyo Olympics 10 days ago, so I hope the season is going to continue like this."

Pribylova (CZE) said: "We started really well in the Fencing and then the Riding was so-so, but our shooting in the Laser Run was good. The Hungarian girl was catching me but fortunately Ondrej's second shoot was really good."

It was a second silver in two days for Czech Republic after Jan Kuf's heroics in the Men's Individual Final. Polivka (CZE) added: "I'm very happy for Jan and for us. We made it, and I hope this

will be a sign for better results in the next World Cups."

Bronze went to Hungary thanks to the efforts of Kamilla Reti and Illes Szabo, who said: "It was my first World Cup so I am really excited about the competition. I achieved my aim. The individual semi-final wasn't so good but today the Mixed Relay went well, and we will see for the future."

Swimming

France set the standard in the pool thanks to a time of 1min 57.24 by Marie Oteiza and Valentin Prades, Mixed Relay gold medallists at the 2018 European Championships and individual medallists at the UIPM 2018 Pentathlon



A high five for Haydy Morsy and Ahmed Elgendy (EGY) as they moved closer to a memorable victory on home soil

World Championships. United States (Avery Niemann & Alexander Guzman) were next quickest (2:00.14) while Italy (Alessandra Frezza & Matteo Cicinelli) timed 2:00.57.

Fencing

As France (Oteiza/Prades) lost ground with a modest 21V/23D, Egypt (Morsy/Elgendy) completely dominated on the piste with 32V/12D and two extra points in the Bonus Round.

No other nation came close to matching that level of scoring, although Czech Republic (Pribylova/Polivka) and Hungary (Reti/Szabo) signalled their intent with 26V/18D apiece. The stars of the Bonus Round were Ukraine, as Valeriya Permykina and Pavlo Tymoshchenko added six additional points to put themselves into medal contention.

Riding

As if they needed confirmation that it was going to be their weekend, Egypt (Morsy/Elgendy) received it in the

Riding arena as a series of potential rivals failed to make any inroads into their lead.

France (Oteiza/Prades), Italy (Frezza/Cicinelli) and Japan (Shino Yamanaka & Hikaru Shimano) were all eliminated, while Czech Republic (Pribylova/Polivka) lost 28 points and Hungary (Reti/Szabo) 38. Ukraine (Permykina/Tymoshchenko) failed to put pressure on the leaders with a score of 276.

Egypt (Morsy/Elgendy) took full advantage with the best score of the round, conceding just 14 penalties.

Laser Run

With a huge cushion of 47sec, Egypt (Morsy/Elgendy) knew that all they had to do was avoid a major malfunction on the shooting range to secure gold. And with two athletes in such confident form, that was never likely to happen.

As home fans revelled in their team's success, the real area of interest was the battle for silver and bronze, where

Hungary (Reti/Szabo) kept pressure on Czech Republic (Pribylova/Polivka).

In fact, Reti (HUN) made up so much ground on Pribylova (CZE) that their two male partners spent the first half of their relay leg almost side by side. In the end, the greater experience of Polivka (CZE) won out as an exceptional final shoot left Szabo (HUN) in his wake.

President's reaction

UIPM President Dr Klaus Schormann said: "For the competition organisers and the Egyptian Modern Pentathlon Federation, to have this victory by their athletes in front of the Minister for Youth and Sports, I think it was a glory day for Egypt."

"This Mixed Relay was an exciting team event, which we are promoting for the future programme of the Olympic Games, hopefully in Paris 2024. We try to underline the strength of this event and we will concentrate on it throughout the season as we celebrate 125 years of the IOC movement."

UIPM development sports

Preparations continue around the world with Laser Run, Biathle and Triathle taking a front seat in 2019

With the busiest season in the history of UIPM Sports now under way, many countries have been using the wide array of opportunities in development sports to build a platform for the activities to come.

Here are some examples of what has been happening around the world in advance of the UIPM Global Laser Run City Tour and other landmark development competitions.

In **Afghanistan**, committed pentathlon enthusiasts have continued to create development opportunities in spite of the ongoing conflict in the country.

A one-day Laser Run tournament was held in celebration of Army and Soldiers Day, which saw hundreds of athletes of various ages compete and pay their respects to the armed services.

In July and August, the Afghanistan Modern Pentathlon Federation will host two GLRCT competitions for the first time in Kabul and Bamyan.

In **Singapore** and **Indonesia**, Laser Run competitions were organised to search for athletes to represent the two countries at the 30th Southeast Asian (SEA) Games in September 2019. Singapore is on the GLRCT circuit this year.

In **Russia**, Laser Run family competitions took place in the city of Cheboksary with more than 25 families competed for cups and diplomas in the relay format of mother-child-father. The city will also host GLRCT in 2019.

Various trial events are happening all



Young male athletes hone their laser shooting in Kabul (AFG)



Wheelchair athletes savour the chance to participate in Para Laser Run in France

over **France**, including the Para Laser Run initiation of the Catalan pentathlon society PMPC 66, who arranged for wheelchair athletes to participate in the sport.

In **Armenia**, the national federation has arranged trials and Laser Run workshops in schools. There will be two GLRCTs and one Biathle-Triathle National Tour in Armenia in 2019

In **South Africa**, the Western Province Modern Pentathlon Association put on a range of Biathle-Triathle competitions for selection purposes and to prepare

for one of the first GLRCTs of the 2019 season in Cape Town.

UIPM President Dr Klaus Schormann said: "On behalf of our community I am proud to say that we are making truly great strides in the development of our non-Olympic sports.

"Laser Run, Biathle and Triathle have created new possibilities for our movement and it will be wonderful to see so many people of different backgrounds, genders, ages and religions participating together throughout 2019."

UIPM LASER RUN, BIATHLE AND TRIATHLE 2019 COMPETITIONS CALENDAR

BUDAPEST 02-09 SEP UIPM Laser Run World Championships					
BUDAPEST 13-15 SEP Laser Run at 1st World Urban Games					
ST PETERSBURG, FLORIDA 23-27 OCT UIPM Biathle/Triathle World Championships					
30 NOV-10 DEC Laser Run and Triathle at 30th Southeast Asian Games MANILA					
EUROPE	Tarragona	Yerevan	Grodno	Tbilisi	Perpignan
	Modena	Rostov na Don	Lugo	Gyumri	Chiatura
	Sant Boi de Llobregat	Tczew	Brest	Argelès sur Mer	Nizhny Novgorod
	Barcelona	Dnipro	Abrantes	Barcelona	Chelyabinsk
	Batumi	Alenquer	Starogard Gdanski	Latour-de-France	Zhytomyr
	Gloucester	Machico	Braga	York	Cheboksary
	Novosibirsk	Lviv	Gdynia	Kharkiv	Amadora
	Istanbul	Kaluga	Copenhagen	Sevan	Tbilisi
					Vitebsk
					Portimao
AFRICA	Alexandria	Cape Town	Cape Coast	Cairo	Ouahigouya
	Ismailia	Tenkodogo	Kampala	Hurghada	Ain El Sokna
	Yamoussoukro	Bobo-Dioulasso	Hurghada	Abidjan	Bamako
					Abidjan
					Abuja
ASIA	Kuala Lumpur	Beijing	Jaffna	Almaty	Changsha
	Bamyan	Singapore	Chongqing	Kabul	Shenzhen
	Colombo				Shanghai
					Colombo
AMERICA	Bahia Blanca	Guatemala City	Formosa	Chula Vista	Barinas
	Lima	New York City	Miranda	Panama City	Rosario
	Mar del Plata	Bogotá			Hurlingham
					Denver
OCEANIA	Sydney	Hamilton			

UIPM Global Laser Run City Tour
UIPM Biathle/Triathle National Tour

Laser Run | Biathle | Triathle



News from around the world

Tokyo 2020 Olympic Games: African champions Morsy and Nazeir (EGY) become first qualifiers

The first two qualifiers for the Tokyo 2020 Olympic Games were confirmed in February 2019 – and all the celebrations took place in Egypt.

Thanks to their individual victories in the 2019 African Championships, Haydy Morsy (EGY) and Sherif Nazeir (EGY) became the first pentathletes to put their names on the list for the Olympic Games – and the first Egyptians to qualify for Tokyo in any sport.

Both of the new African champions were convincing winners – Morsy (EGY) defeated women's silver medallist Alida van der Merwe (RSA) by 27sec, while Nazeir (EGY) was even more emphatic



Sherif Nazeir (EGY) raises his hands in triumph after securing Olympic qualification in Cairo (EGY)

in finishing 40sec ahead of men's silver medallist Mohanad Shaban (EGY). The bronze medals went to Amira Kandil (EGY) and Sherif Rashad (EGY) at the end of the one-day event, held at the Platinum Club in Cairo (EGY).



African champion Haydy Morsy (EGY) clutches her trophy and flowers alongside fellow medallists Alida van der Merwe (RSA, left) and Amira Kandil (EGY)

Budapest Indoor success for Muir (GBR) and Elgendy (EGY)

A busy year of UIPM Sports competitions in Budapest (HUN) began with the International Indoor Competition – an event that provided a guide to the early-season form of the world's best pentathletes.

Joanna Muir of Great Britain won the Women's Individual title ahead of 2018 world silver medallist Annika Schleu of Germany, with Gintare Venckauskaite of Lithuania finishing 3rd.

The in-form Ahmed Elgendy of Egypt won the men's title – his first senior pentathlon gold medal – with Giorgio Malan of Italy claiming silver and Joseph Choong (GBR) picking up bronze. There were 76 male entries and 54 female entries in qualifying, with 15 countries represented.

Level 2 coaches raise the bar in Cairo (EGY)

The pentathlon movement in Africa has made further progress with the first UIPM Level 2 Coaching Certification Programme (CCP) course in the continent.

A group of 38 coaches from four countries – Egypt, South Africa, Afghanistan and Bahrain – attended the five-day course in Cairo (EGY) from February 9-13. The course was held at the Cairo Stadium, with lectures taking place at the Olympic Academy for Leadership Development and practical sessions held at the Egyptian National Training Centre.

Course leader Walid Sayed said: "The mix of sports cultures and levels of coaching experience underlined the flexibility of the UIPM CCP and showed all coaches how they can adapt themselves according to local training conditions."

Christian Roudaut, UIPM Coaches Committee Chair, added: "It is wonderful to see the CCP expanding in



The Women's Individual and (below) Men's Individual podiums at the Budapest Indoor International



Coaches from four countries attended a CCP Level 2 coaching course in Cairo (EGY)

Africa and also including coaches from Asia in this course in Cairo."

Russia and Uzbekistan federations sign memorandum

Bakhromjon Gaviez, the new President of the Modern Pentathlon Federation of Uzbekistan, travelled to Moscow (RUS) on February 15 to sign a memorandum of friendship and cooperation with Viacheslav Aminov, President of the Modern Pentathlon Federation of Russia and UIPM Vice-President for Business Affairs.

The meeting, attended by European Confederation of Modern Pentathlon President Dmitry Svatkovsky and Secretary General Tatiana Ardabieva, took place at the headquarters of the Russian Olympic Committee.

President Aminov was reported as saying: "We are delighted to welcome Uzbekistan as a new member of our pentathlon family. I think that pentathlon in Uzbekistan has good prospects. Russia is always ready to help, both with advice and deed, for example, coaching and sports personnel."

President Gaziev added: "Russia is one of the leading countries in modern pentathlon in the world. In Uzbekistan, we are just starting to develop this sport. The Federation of Uzbekistan plans to send our athletes and judges to competitions and seminars that take place in the Russian Federation. And over time, and we will invite Russian pentathletes to Uzbekistan."

"I believe that cooperation between the Russian and Uzbek federations of Modern Pentathlon will be long and mutually beneficial."

Pentathlon judges sharpen skills at start of busy year in Sofia (BUL)

Bulgaria will be one of the epicentres of UIPM Sports in 2019, with UIPM Pentathlon World Cup Sofia taking place in April and the UIPM U17 & U19



EFMP President Sharif Elerian (left) and course leader Walid Syed (right) with one of the delegates



National Federation Presidents Viacheslav Aminov (RUS, left) and Bakhromjon Gaziev (UZB)

World Championships also heading to Sofia in July. To ensure that the level of judging will be as high as possible for these and other competitions, UIPM held a Judges Certification Programme (JCP) course in the capital city from February 5-10.

The course was run by Janusz Peciak, 1976 Olympic champion and Chairman of the UIPM Technical Committee and

Executive Board Member for Sport, and took place at the Building of the Ministry of Youth and Sports.

The 27 students on the course participated in a practical assessment on February 9 and 10 during the Open Bulgarian National Championships. On the final day, certificates were presented to the JCP graduates by Mr Peciak and Andrey Kuzmanov,

President of the Bulgarian Modern Pentathlon Federation.

Mr Peciak said: "The students showed a lot of enthusiasm and commitment to develop their understanding of the technical aspects of our sport, and I am certain that the judging of the pentathlon competitions in Bulgaria in 2019 will be conducted at a very high level."

In 2018, UIPM certified more than 200 judges in cities such as Mexico City (MEX) ahead of the UIPM Pentathlon World Championships, Jakarta (INA) ahead of the 2018 Asian Games, Almaty (KAZ) ahead of the UIPM 2018 Pentathlon World Cup Final and Buenos Aires (ARG) ahead of the 2018 Youth Olympic Games.

In 2019, JCP courses will take place in eight countries that will host key UIPM competitions and Olympic ranking competitions: Great Britain, Hungary, China, Kyrgyzstan, Belarus, Bulgaria, Japan and USA.

Laser Run and Triathlon promoted to Southeast Asian Games participants

A delegation from the Asian Modern Pentathlon Confederation (AMPC) attended the 38th General Assembly of the Olympic Council of Asia (OCA) in order to raise awareness of the 2019 Southeast Asia Games in the Philippines.

Laser Run and Triathlon are on the programme for the first time and AMPC Secretary General Namdev Shirgaonkar and Coordinator Sangkeong Yeo joined in the assembly in Bangkok (THA) on March 3. They arranged special meetings with the Presidents and Secretaries General of ASEAN (Southeast Asia) nations that are not currently UIPM members, such as Myanmar, Cambodia, Vietnam, Laos, Brunei and East Timor.

Mr Yeo said: "We took an opportunity to introduce our sport, who we are and what we do for the development



Janusz Peciak (right) with Bulgaria Modern Pentathlon Federation President Andrey Kuzmanov



Mr Peciak talks the JCP students through the syllabus in Sofia (BUL)



AMPC Coordinator Sangkeong Yeo (far left) meets fellow delegates at the OCA General Assembly

of Modern Pentathlon. Considering potential members from those countries, it was a great opportunity to get to know each other and we are looking forward to seeing them as our members in the future."

Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters.

Navigate to the National Federations Portal or to www.pentathlon.org to stay up to date with all tournament news.

COMPETITION / EVENT INVITATIONS

**UIPM Pentathlon
World Cup Sofia**
Sofia (BUL)
10-14 APR

**ECMP European
Championships**
Bath (GBR)
6-11 AUG



Medical and Anti-Doping Corner

WADA PUBLISHES 2019 LIST OF PROHIBITED SUBSTANCES

The World Anti-Doping Agency (WADA) has published its 2019 List of Prohibited Substances and Methods, an important resource for anyone involved in the UIPM Sports and the wider international sporting movement.

The list, which came into force on January 1, 2019, is accompanied by the 2019 Summary of Major Modifications and Explanatory Notes - which serves to help athletes, coaches and other support personnel to understand the latest changes - and the 2019 Monitoring Program.

"WADA is pleased to announce the publication of the 2019 Prohibited List," said WADA Director General, Olivier Niggli. "It is one of the cornerstones of the global anti-doping program. Every year, we review the List in consultation with a wide range of stakeholders. It is vital that we stay ahead of those that endeavour to cheat the system so in reviewing the List, experts review sources such as scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies."

For a substance or method to be added to the List, it must be determined that it meets two of the following three criteria: a) it has the potential to enhance or enhances sport performance; b) it represents an actual or potential health risk to the athletes; c) it violates the spirit of sport. Athletes who have a legitimate medical reason for using a prohibited substance or method that is on the List may be accommodated if they meet the criteria outlined in the International Standard for Therapeutic Use Exemptions (ISTUE).

The 2019 Prohibited List, Summary of Modifications and Monitoring Program are available for download on WADA's website in English, French and Spanish.



Inside UIPM: Monthly activities of President Dr Schormann

03.02.-04.02.2019, Lucerne, SUI

UIPM President Dr Klaus Schormann met Pierre Portmann, CEO of UIPM sponsor Ram Watches, in the company's head office in Cham/Lucerne. They discussed their continuing partnership for the coming years.

06.02.2019, Darmstadt, GER

President Dr Schormann welcomed Prof Dr Holger Preuss (UIPM Innovation Commission Member) to his President's Office where they reviewed guidelines for tests of a proposed new format for the 2022 Youth Olympic Games in Dakar (SEN), the first Olympic Games that will take place in Africa.

The new format is based on discussions and proposals made at the joint meeting of the UIPM Technical, Coaches and Athletes Committees in Frankfurt (GER) in January 2019.

They also discussed issues relating to the promotion of Modern Pentathlon through new media and points to business offices.



UIPM President Dr Klaus Schormann with CEO Pierre Portmann (far left) and other Ram Watches staff

20.02.2019, Frankfurt, GER

President Dr Schormann briefed Prof Dr Heinz Zielinski (Chairman of the Sport Foundation of Hesse) during a meeting about Urban Games and the

UIPM Global Laser Run City Tour (2017-2019). They discussed incorporating a Laser Run competition into a sport festival in the city centre of Frankfurt/Main from 2020 linked to the philosophy of Urban Games.





UIPM President Dr Klaus Schormann with (centre) Prof Dr Ashraf Sobhy, Egypt's Minister for Youth and Sports, and (right) EFMP President Sharif Elerian

25.02.-03.03.2019, Cairo, EGY

During his visit to the season-opening UIPM 2019 Pentathlon World Cup Cairo, the UIPM President had meetings with various representatives of participating national federations. The new President of the Turkey Modern Pentathlon Federation, Veli Ozan Cakir, briefed President Schormann about the new structure of pentathlon in Turkey and the development of the sport throughout the country.

For the first time in many years, an athlete from the Bahrain Modern Pentathlon Federation took part in the World Cup in Cairo. The team leader, Salah Alsubai, briefed the UIPM President on a new start for the federation, which will be strongly supported by the Egyptian Modern Pentathlon Federation (EFMP).

Dr Schormann met on February 28 with the Minister of Youth and Sports, Prof Dr Ashraf Sobhy, to discuss the partnership between the Ministry and the EFMP in



Egypt's Minister of Youth and Sports, Prof Dr Ashraf Sobhy, meets UIPM President Dr Klaus Schormann

preparation of athletes for the Olympic Summer Games in Tokyo 2020.

Sharif Elerian, EFMP President, joined the meeting and they also discussed UIPM's development sports, which offer the EFMP great opportunities to promote

Pentathlon in Egypt. The Minister offered strong support for bilateral actions with other African pentathlon federations, on the basis that Cairo can become a training centre for the continent based on the knowledge, experiences and facilities there.

The UIPM President also met the Managing Director of Sabbour Group, Ahmed Sabbour, to discuss new investments at the Platinum Club in Cairo linked to a training facility for Fencing.

The EFMP President stated that his athletes would benefit from the new facility as it would enable them to train for all five disciplines in a compact way in the Platinum Club, which has become the annual host venue for the UIPM Pentathlon World Cup Cairo.

During the farewell ceremony on March 3, EFMP President Sharif Elerian awarded a group of Egyptian Olympians with a World Olympians Association (WOA) diploma in the name of WOA President Joel Bouzou, who is also UIPM Vice-President. UIPM President Dr Schormann joined the celebrations.

During the competition, the UIPM President met numerous times with UIPM Secretary General Shiny Fang to prepare important steps for the management of UIPM linked to flagship competitions – Pentathlon World Cups and Pentathlon World Championships – and preparations for the Pentathlon World Cup Final in June 2019 (a test event for Tokyo 2020) as well as general event preparation.



UIPM President Dr Klaus Schormann with (left) EFMP President Sharif Elerian and (centre) Ahmed Sabbour, Managing Director of Sabbour Group



Left to right: Sharif Elerian, Dr Abdel Aziz Ghoniem (President of the Boxing Federation and Manager of the Olympic Academy of Egypt), Dr Klaus Schormann and Prof Dr Kostas Georgiadis (Dean of the International Olympic Academy)



Dr Klaus Schormann, Sharif Elerian and Prof Dr Kostas Georgiadis present WOA certificates to a group of Egyptian Olympians at the farewell ceremony

New Balance
World Rankings

The PWR is updated live on www.pentathlon.org after each competition. PWR as at March 3, 2019:

MEN			
RANK	NATION	NAME	POINTS
1	KOR	JUN Woongtae	190
2	FRA	Valentin PRADES	171
3	IRL	Arthur LANIGAN-O'KEEFFE	170
4	UKR	Pavlo TYMOSHCHENKO	164
5	CZE	Jan KUF	161
6	BLR	Ilya PALAZKOV	161
7	FRA	Valentin BELAUD	161
8	GER	Patrick DOGUE	160
9	FRA	Christopher PATTE	155
10	HUN	Bence DEMETER	154
11	GBR	Joseph CHOONG	151
12	RUS	Alexander LIFANOV	151
13	KOR	JUNG Jinhwa	149
14	CHN	ZHANG Linbin	148
15	GBR	James COOKE	145
16	EGY	Ahmed ELGENDY	144
17	KOR	LEE Jihun	143
18	RUS	Kirill BELYAKOV	142
19	HUN	Gergely REGOS	142
20	CHI	Esteban BUSTOS	140

WOMEN			
RANK	NATION	NAME	POINTS
1	BLR	Anastasiya PROKOPENKO	193
2	HUN	Sarolta KOVACS	190
3	AUS	Chloe ESPOSITO	188
4	RUS	Uliana BATASHOVA	186
5	IRL	Natalya COYLE	168
6	FRA	Marie OTEIZA	176
7	RUS	Gulnaz GUBAYDULLINA	164
8	GER	Annika SCHLEU	163
9	RUS	Ekaterina KHURASKINA	158
10	LTU	Gintare VENCKAUSKAITE	157
11	FRA	Elodie CLOUVEL	156
12	HUN	Tamara ALEKSZEJEV	154
13	GBR	Kate FRENCH	152
14	FRA	Julie BELHAMRI	148
15	TUR	Ilke OZYUKSEL	147
16	MEX	Mayan OLIVER	145
17	ITA	Alice SOTERO	140
18	HUN	Zsofia FOLDHAZI	138
19	JPN	Shino YAMANAKA	134
20	GER	Janine KOHLMANN	134

! The full New Balance World Rankings are available at www.pentathlon.org

WATCH ONLINE
UIPMTV.ORG

10-14 Apr	Pentathlon World Cup Sofia, BUL	27-30 Jun	World Cup Final Tokyo, JPN
02-06 May	Székesfehérvár, HUN	06-14 Sept	Pentathlon World Championships Budapest, HUN
21-26 May	Prague, CZE		

LIVE-STREAMING
NEWS EDITS/HIGHLIGHTS

GET NEWS EDITS
HIGHLIGHTS

27 Feb - 03 Mar	Pentathlon World Cup Cairo Cairo, EGY
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HOW TO GET NEWS EDITS AND HIGHLIGHTS?
Contact: media@pentathlon.org



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

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