The Spanish and Catalan Federation of Modern Pentathlon, has the pleasure to inviting a delegation of your country to participate in the European Championships for U19 will be held at Sant Boi de Llobregat (Barcelona), from 22nd to 29th July 2024 according to the following schedule below:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Gender</th>
</tr>
</thead>
<tbody>
<tr>
<td>22/7/24</td>
<td>Arrival of delegations and technical meeting</td>
<td></td>
</tr>
<tr>
<td>23/7/24</td>
<td>Qualification</td>
<td>Men´s</td>
</tr>
<tr>
<td>24/7/24</td>
<td>Qualification</td>
<td>Women´s</td>
</tr>
<tr>
<td>25/7/24</td>
<td>Final</td>
<td>Men´s</td>
</tr>
<tr>
<td>26/7/24</td>
<td>Final</td>
<td>Women´s</td>
</tr>
<tr>
<td>27/7/24</td>
<td>RELAY</td>
<td>MIX</td>
</tr>
<tr>
<td>28/7/24</td>
<td>RELAY</td>
<td>Men´s and Women´s</td>
</tr>
<tr>
<td>29/7/24</td>
<td>Departure of delegations</td>
<td></td>
</tr>
</tbody>
</table>

Important: detailed time schedule will be provided after the registration closure.

**COMPETITION RULES**

The Competition will be carried out according to the UIPM rules.

- **Swimming**: 25m indoor swimming pool/6 lanes
- **Fencing**: 10 pistes indoor
- **Laser Run**: 36 + 2 laser targets Pentashot HIT&MISS and running track
- **Obstacle**: Steps, Big wheel, 1’5m wall, rings, balance beam, wheels, monkey bars and finish wall

**COMPETITION VENUES**

Fencing Ranking Round, Bonus Round, Swimming, Obstacles and Laser Run will be at Sports facilities Parellada, at Sant Boi de Llobregat, Carrer Mossèn Pere Tarrés, 33.

**ACCOMMODATION**

All participants will be Lodge at:
Hotel Frontair Congress Barcelona. Alexandre Hotel Front Air Congress is four-star.
A city hotel located in the Sant Boi de Llobregat business area quite close to the El Prat Airport and less than 10 km from the center of Barcelona, very well-connected with urban transport. See more details at: http://www.hotelfrontaircongressbarcelona.com/

Please note that if you are interested in staying at one of the 4-star hotels, we recommend that you register for the event as soon as possible to increase your chances of securing a room in your preferred hotel.

**TRANSPORT PLAN**

LOC guarantees transport from PRAT Airport to the hotel and the return journey, but it’s only guaranteed if flight information is provided in good time, as according to the deadline on time. For other options please ask the LOC.

Transportation from the hotel to the venue for athletes will be according to the training and competition schedule.

**ENTRY FORMS**

We would appreciate the early confirmation of your intention to participate or not.

If you do not complete the information required prior to the deadline, or we do not receive your delegation’s deposit payment, we will assume that your delegation is not participating.

Deadlines for the Entry Forms are as follows,

- **Participation Confirmation/Entry B** Before 20th June 2024
- **Final Entry C** Before 1st July 2024

**FINANCIAL CONDITIONS**

For delegations (athletes, coaches, officials, supporters) reserving the conditions accommodation package, the prices are as follows:

<table>
<thead>
<tr>
<th>ROOMS</th>
<th>Before June 14</th>
<th>After June 14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single room</td>
<td>175 Euro</td>
<td>185 Euro</td>
</tr>
<tr>
<td>Twin/Double room</td>
<td>155 Euro</td>
<td>165 Euro</td>
</tr>
</tbody>
</table>

This price includes full board accommodation and local transportation.
Delegations wishing to arrange their own accommodation must pay an accreditation fee per participant (athlete, coach or official) to the LOC. The amount of the Accreditation fee is set at EUR 50 per day per person, a minimum payment of 4 days. For this, we will provide lunch for the competition days. The check-out hour is 11.00 am. If the delegates stay more time must pay additionally for accommodation and/or meal.

**Delegations arriving or departing before dates please contact with the organizing committee to confirm the total amount.**

Delegations are required to send by bank transfer of 30% minimum of the total amount of your team accommodation invoice by 20th June 2024. Otherwise, the reservation will not be guaranteed.

Delegations arriving or departing before these dates and more than 2 different flights please, contact with the LOC to confirm additional prize to cover the local transport.

Please instruct your accountant to pay the deposit (30%) to the following account:

<table>
<thead>
<tr>
<th>Name of Bank:</th>
<th>CaixaBank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of beneficiary:</td>
<td>Federació Catalana de Pentatló Modern</td>
</tr>
<tr>
<td>Swift Code:</td>
<td>CAIXESBBXXX</td>
</tr>
<tr>
<td>IBAN:</td>
<td>ES41 2100 3394 64 2200034547</td>
</tr>
</tbody>
</table>

All the payments are accepted in EUROS only.

**ATHLETES´ LICENSES**

Athletes are only allowed to participate in UIPM sanctioned events if they are in possession of a valid Athlete’s License. Registration is not possible without a License Number. If an athlete does not have a license, they will not be allowed to take part in the competition. According to UIPM Rules, all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility, financial or other, for any loss, injury, or illness of any member of the delegation.
VISAS AND VACCINATIONS

Visiting nations should confirm visa and vaccination requirements for entry into Spain prior travelling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations, please access:

http://www.exteriores.gob.es/Portal/es/ServiciosAlCiudadano/Paginas/EmbajadasConsulados.aspx

OFFICIAL ADDRESS

FEDERACIÓN ESPAÑOLA DE PENTATLÓN MODERNO
C/ MALLORCA, 30
08830 SANT BOI DE LLÒBREGAT

www.pentatlo.cat  pentatlo@pentatlo.cat  +34 676 48 27 03

Best regards,
Looking forwards to welcome your delegation in Barcelona.

Carlos Jiménez del Castillo  
President  
Federación Española de Pentatlón Moderno

Susana Martínez  
President  
Federació Catalana de Pentatló Modern