



March-April 2014 Union Internationale de Pentathlon Moderne Newsletter

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UIPM make big impact at 2014 SportAccord Convention in Turkey



From left to right: UIPM Sport for All Commission Member Viacheslav Malishev - UIPM Ambassador Heather Fell - Secretary General of Qatar National Olympic Committee Sheikh Saoud bin Abdulrahman Al-Thani - UIPM President Dr Klaus Schormann - Secretary General Ms Shiny Fang - UIPM First Vice President Ivar Sisniega



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Line-ups for World Cup Final in Sarasota-Bradenton USA revealed

Countdown to 2014 World Cup Final Sarasota-Bradenton begins as line-up is revealed

After three successive top class World Cup Series events, UIPM is delighted to be able to announce the list of athletes that have qualified for the World Cup Final which will be held from 6-8 June in Sarasota-Bradenton, USA.



36 men and 36 women from 23 nations have ensured their presence in the showpiece Final. Invitations for the Mixed Relay competition have also been sent out which could see athletes that have not qualified for the Individuals also take part.

In the Women's draw, all eyes will be on **Margaux Isaksen**, America's leading light in the sport. The World No.7 will be one of two home representatives. She has both the talent and temperament to really set the competition alight. Her character and personality are sure to have great appeal for the local crowd. It will be far from easy for her however as she will have to contend with, amongst many others, in-form **Oktawia Nowacka** from Poland, who has 2 silvers and a gold in her previous 3 World Cup Series appearances; World No1 and reigning World and Olympic Champion **Laura Asadauskaite**; and the impressive Chinese trio **Wei Wang, Qian Chen** and **Xiaonan Zhang**.

The onus in the Men's will be with the Hungarians competition with **Robert Kasza** and World Cup #4 winner **Adam Marosi** so impressive last time out but with so much talent to choose from it will almost impossible to predict. Russia's **Ilya Frolov** and **Aleksander Lesun** can mix it with the best whilst **Christopher Patte** and defending champion **Valentin Prades** of France always perform at the highest level. Italy's 2012 European Champion **Riccardo de Luca** has been resurgent of late and his will lead a strong cast that also includes Chinese sensation **Jinali Guo**, Czech rising star **Jan Kuf** and World Champion **Justinas Kinderis** and all eager to claim one of the most coveted trophies in the sport.

[Click HERE to view who has qualified for the showpiece World Cup Final](#)

Italy, Lithuania and Russia prevail in Cairo for World Cup #2

Riccardo de Luca storms to impressive victory in Men's Final

Italy's 2012 European Champion Riccardo de Luca looked inspired with an impressive display of speed and calmness under pressure in the combined run/shoot putting him on his way to winning gold at World Cup #2 in the Egyptian capital Cairo.

It was neck and neck throughout the final discipline of the day at the Police Academy, where the event was being held. **De Luca** was imperious in the last round of shooting at the range, keeping his nerve when he needed to most and from there he was unstoppable as he raced towards the finish line to take his first title since that triumph in the Europeans.

Christopher Patte of France, who had looked strong as he jostled for position with the tall Italian, missed a couple of crucial shots at the range and gave himself too much to do in the final 800m and he had to settle for silver.



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De Luca was delighted with his performance, declaring, "This victory comes as a result of the work done by my team and my coaches. We have been doing all the right things. Now I am very happy".

The performance of the day however has to be that of the Czech Republic's **Jan Kuf** with the 22-year-old taking a stunning bronze. He told us, "It's awesome, I never expected to do so well. The fence was good, swim good, I had a good horse. But the combined, I cannot believe how well it went. My shooting was almost perfect and I was running fast. I feel great right now."



The first discipline of the day had seen Ukraine's **Dmytro Kirpulyansky** make his mark as he looked inspired with the epee, using his height to great advantage as time and time again he found a way through the defences of his opponents. The doctor by profession claimed 23 victories and 238 points to top the table going into the swim. He was looking on course for a medal but came unstuck at the range in the last two rounds of shooting and ended his campaign sixth overall. It was a good day for Ukraine as **Ruslan Nakonechnyi** and **Pavlo Tymoshchenko** finished fourth and fifth respectively.

France's victor at Champion of Champion last season Christopher Patte more than deserved his silver after starting his day with a quality display in the fence after pulling out all the stops to win several important bouts when he needed to most.

Home crowd favourite **Amro El Geziry** predictably had won the swim with a sensational time of 1:58.25 and after he'd scored a perfect 300 in the equestrian event, began the combined 22 seconds ahead of the pack. Again however he struggled to find his aim with his pistol and ended the day 14th overall.

French pair **Valentin Belaud** and **Valentin Prades** took 7th and 8th places but it could have been so different for World No.2 Prades as he found himself third overall coming into the final shoot at the range. The performance of these two ensured France went away with the team trophy.

Thomas Daniel from Austria, who had struggled for form after suffering a serious shoulder injury and just made the Final cut in qualifying, impressed as he came fifth in the fence before coming home ninth overall. **Eslam Hamad** of Egypt completed the top 10.

World No.1 Laura Asadauskaite triumphs



Reigning World and Olympic Champion **Laura Asadauskaite** from Lithuania demonstrated her full range of skills with a scintillating display of technique, agility and outright speed as she claimed gold at the UIPM Women's Final at World Cup #2.

It was neck and neck throughout the first discipline of the day in the Women's Final at the Police Academy with nothing to separate the fencers on the pistes. At the midway point, it was USA's **Margaux Isaksen** who was sharing top spot with **Ekaterina Khuraskina** and these two classy pentathletes were demonstrating impressive expertise in the handling of their epees.

The pressure was then cranked up by China's **Qian Chen** who recorded a series of successive wins to surge ahead with ten bouts to go. World No.1 Laura Asadauskaite also found her swagger at the right time to keep pace with the Chinese 27-year-old. It was then to stay like that until the end with these two taking the top two places. Chen claiming 256 points with her 26 victories.

Germany's 2008 Beijing Olympic Champion **Lena Schoneborn** was another who did well in the latter stages of the fence and finished third overall. A position she shared with Russia's Ekaterina Khuraskina and world record holder **Xiaonan Zhang**.



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Isaksen finished sixth on 238 points, level with London 2012 bronze medallist **Yane Marques** of Brazil and Poland's **Oktawia Nowacka**.

An impressive performance by Chen in the third heat in the pool, with a time of 2:15.52, saw her add 270 points on the board. In the fourth heat, Yane Marques clocked 2:15.73. In the fifth and final heat, Russia's **Gulnaz Gubaydullina** showcased her speed, gliding across the water to win the event with a time of 2:09.53.



In the ride, the quality horses made for a spectacular show with all single jumps at 1,10m high plus one double and one triple jump section to manage. **Janine Kohlmann** of Germany was one of five athletes to record perfect scores.

Poland's Oktawia Nowacka, who had begun the equestrian event in second place overall, moved up to first before the combined, level with China's Chen. Isaksen and Asadauskaite were equal in third.

Being so close to the start of the run/shoot event gave the famously quick Asadauskaite the perfect platform with which to show her blistering speed and deadly accuracy with the pistol. She was first away from the range

in the second round of shooting then stepped on the gas. Chen, Nowacka and Isaksen managed somehow to keep the Lithuanian mother-of-one in their sights.

Chen pegged back Asadauskaite in the last passage at the range but in the first straight, the World Champion accelerated and left her rival trailing to go on to victory unchallenged in the final 800m.

There was a real battle for positions behind the Chinese as Nowacka and Isaksen again increased the pace. The Pole, who had two days earlier claimed victory in one of the qualification groups, overtook Chen to take silver as the diminutive Chinese settle for bronze. Isaksen was fourth as Russian duo Rimasaite and Khuraskina finished fifth and sixth overall. The top 6 all took home prize money.

In the team competition, Lithuania took first place ahead of China and Russia.

Russia claims victory in first Mixed Relay of 2014

Donata Rimsaite and Dmitry Suslov paired up to great effect in the Mixed Relay at World Cup #2 in Cairo as the Russian duo claimed the first Mixed Relay gold of the 2014 Modern Pentathlon season. The Czech Republic took silver as Italy completed the podium with third place.

The day began with the swimming event and **Rimsaite** and **Suslov** got off to the perfect start as they recorded the only sub-2min time in the pool to go top of the leaderboard before the fence with 344 points.



Victoria Tereshuk and **Pavlo Tymoshchenko** came second as **Gloria Tocchi** and **Riccardo de Luca** were third. On the fencing pistes, Germany's **Janine Kohlmann** and **Marvin Dogue** were the best pair after they were victorious in 30 out of their 48 bouts. Second place was shared by three teams as Rimsaite and Suslov, **Barbora Kodedova** and **Jan Kuf** from Czech Republic and Isabella Isaksen and Brendan Anderson from the USA claimed 27 victories apiece. At the start of the combined, the Russians had a 12 seconds advantage over the Czechs and 13 over Germans. This lead was enough as Rimsaite and Suslov kept their nerve in run/shoot. Kuf got his second medal of the competition as he took silver with Kodedova. Tocchi and de Luca were then presented with their bronze. Germany missed out on a podium finish after coming fourth.



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Russia, China and Korea dominate in Chengdu for World Cup #3

Russia's Frolov victorious in Men's Final

It was a perfect day for Russian star Ilya Frolov with the 30-year-old showing his quality and speed to take gold in the Men's World Cup #3 Final at the state of the art facilities of the Pierre de Coubertin Modern Pentathlon Stadium in Chengdu. Quietly efficient throughout the competition, after coming joint first in the fence, it was his stunning performance in the combined that made the difference as he clinched an impressive victory.



The pentathletes had got the action underway on the fencing pistes with **Frolov** making his mark early on. His experience, skills with the epee and quickness of thought saw him dominate on his way to sharing top spot with Hungary's **Robert Kasza**, each having won 25 bouts. Frolov and Kasza would be two of star performers in what was a fascinating Final.

In the second discipline of the day, the 200m freestyle swim, a time of 2:08.40 gave Frolov 315 points. A good ride around the tricky course then put him back in contention for honours as he moved up to sixth overall in the general classification.

Before the run/shoot, Egypt's **Amro El Geziry** was out front but in the combined Frolov really turned on the style, shooting with great accuracy and seemingly gliding round the course effortlessly, overtaking five of his rivals on his way to a sumptuous gold.

Kasza, who had been brilliant all day, having come third in the pool after clocking 2:00.95 and placing 11th in the ride, had begun the combined in second place. He however could not match Frolov for speed in the final few moments as the Russian crossed the finish tape first. The silver sure put a smile on Kasza's face, the Hungarian was out of action for a good portion of last season and this medal confirms his return to full fitness and hungry for success.



Bronze went to **Jianli Guo** as the crowd celebrated a well-deserved medal for the home nation. Guo was a model of consistency throughout the day with two fifth places finishes in the fence and swim, and a ninth place in the ride putting him third overall at the start the combined. The Chinese impressed in his last competitions and this medal was just reward for some of the displays already this year.

El Geziry was unlucky to miss out on a podium finish in Chengdu. After winning the swim with a sub-2min time, a classy ride gave the Egyptian a total of 297 points to start the combined in pole. Although he showed improvement in his

shooting from previous performances, El Geziry could not maintain his advantage and ended his day fourth.

There were two Hungarians in the top five at the end of competition as **Bence Demeter**, son of 89 European Champion Jozsef, finished just behind El Geziry. Russia's **Aleksander Lesun** was sixth overall as World No.1 **Justinas Kinderis**, who struggled in the equestrian event but put in a great time in the combined, came seventh. Korean duo **Woojin Lee** and **Woongtae Jun** were 8th and 9th respectively as Egypt's **Yasser Hefny** finished tenth.



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London 2012 silver medallist **Zhaohong Cai** from China was 12th overall and was the only athlete in the Final to record a perfect ride and collect 300 points in that discipline. His compatriot **Jiahao Han**, the second fastest swimmer, came in 16th. Mexico's **Manuel Padilla**, victorious in his qualification group, was the quickest around the combined but having started so far behind the leaders ended his campaign in 27th position.

China's Chen reigns supreme in Women's Final

A series of sublime performances by local star Qian Chen saw the 27-year-old Chinese triumphs in an enthralling Women's Final at World Cup #3. The Pierre de Coubertin Stadium in Chengdu was again treated to some world class pentathlon as Chen delighted the home crowd after she showed good composure in the combined to win the competition.



Chen got her day off to the perfect start with a second place in the fence after recording 25 wins on the piste before a solid swim of 2:16.33 gave her a further 291 points. A good ride around the equestrian course put her second on the run/shoot starting grid and from there she took full advantage of **Alise Fakhrutdinova's** wayward shooting to overtake the Russian and go onto to claim gold on home soil.

Wanxia Liang, who had taken the most victories in the morning fence, took bronze whilst **Oktawia Nowacka** of Poland, one of the in-form athletes of this early season, made her way up from sixth on the combined starting grid to take home the silver medal.

Near-perfect rides for **Sarolta Kovacs** of Hungary and **Mina Jeong** of Korea gave them the perfect platform with which to shine in the combined as they finished fourth and fifth respectively.

Great Britain's **Kate French** secured her best ever World Cup Series finish after ending her campaign sixth overall. Her compatriot, **Samantha Murray**, who was the fastest in the pool in the second discipline of the day, was out of sorts in the closing stages of the day and finished 29th.

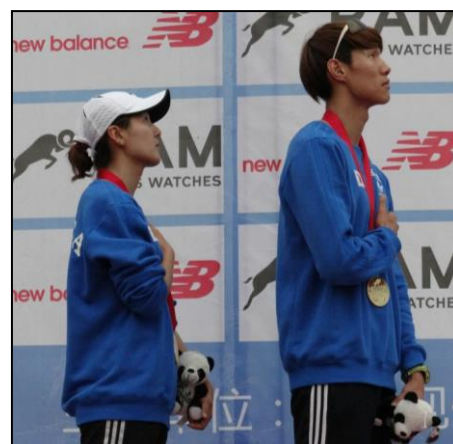
London 2012 bronze medallist **Yane Marques** was another to struggle in the combined and the experienced Brazilian had to settle for seventh place. **Wei Wang** and **Qi Huo** made it another two Chinese in the top 10. Hungary's **Zsafia Foldhazi** was tenth with Russia's **Ekaternia Khuraskina** just behind her in 11th. Fakhrutdinova was 17th as her teammate **Donata Rimsaite**, who had looked classy in the qualifiers but was eliminated from the ride in the final, ended her competition all the way down 31st position.

Korea take Mixed Relay gold in Chengdu

12 nations battled it out in the World Cup #3 Mixed Relay at the Pierre de Coubertin Stadium in Chengdu yesterday with Korean pair Soojin Yang and Woojing Hwang taking gold on a day that had seen them dominant in the fence and victorious in the swim.

Hwang and **Yang** were sensational right from the onset as they teamed up to great effect on the pistes to move top of the leaderboard after one event. Complimenting each other perfectly, 31 bouts won with the epee saw them move to the pool with an impressive haul of 250 points.

In the water this fine form continued, with 1:58.78 clocked in the 200m freestyle relay, cementing their position at the top of the charts. A solid ride ensured a further 263 points were added to their total as they placed themselves firmly in the starting position in the combined. With a comfortable head start on the chasing pack, the Koreans did the business in the run/shoot to win gold. Silver went to Belarus' **Tatsiana Yelizarova** and **Stanislau Zhurauliou** with their composure at the range making the difference in the last event of the day. **Xioanan Zhang** and **Haihang Su** of China gave the home crowd something to cheer about as they brought home the bronze. Poland were fourth as Kazakhstan ended their campaign in fifth overall.



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Hungary at home, Poland and China also win in Kecskemet for World Cup #4

Sublime Marosi delights home crown with World Cup #4 gold



An enthralling Men's Final at World Cup #4 in Kecskemet climaxed with a sensational combined as Adam Marosi claimed Hungary's first gold at a World Cup on home soil since Gabor Balogh in 1996.

The London 2012 bronze medallist was inspired in the last event of the day, making up a 4 second gap coming out of the last passage at the range, overtaking the front two in the last few meters to win the competition in style.

He began his campaign for honours with a third place on the pistes as he claimed 23 victories in the round robin epee fencing. Third quickest in the

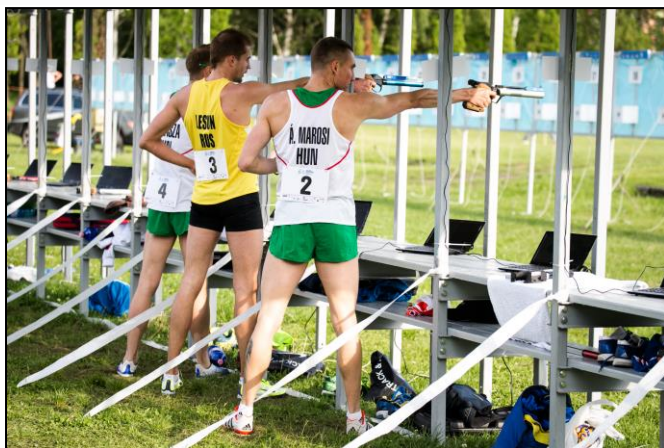
200m freestyle swim with a time of 2:01,31 put him in first place before the equestrian event. In the ride, 27 penalty points relegated **Marosi** to third at the start of the combined but in the run/shoot he was unstoppable as he powered to a sumptuous victory.

He told us, "It was really hard, so tough, against Lesun and Kasza, two of the best in front of me, I had to give it my all. What a great feeling to win in Hungary. A lot of people have asked me so many times when I would win in Hungary so I am so happy to have done it now. There is always pressure on me to win, whatever the competition, but to do it in my home country makes me proud."



Aleksander Lesun of Russia and **Robert Kasza** played their part in a sublime race but could not match Marosi for speed in the ultimate stages of a gripping race. They had to settle for the silver and bronze medals respectively.

After a Ukrainian one-two in the fence, **Pavlo Tymoshchenko** ended his day fourth overall but **Dmytro Kirpulyanskyy**, who started the combined in pole, struggled at the range and finished 15th.



Teammates **Christopher Patte** and **Valentin Prades** confirmed France's status as one of Modern Pentathlon's top nations after crossing the finish line in 5th and 6th.

The fastest time in the combined saw **Nicola Benedetti** of Italy make his way up from 21st on the combined starting grid to claim 7th place.

Chinese revelation **Jianli Guo** was 8th with **Stefan Kollner** of Germany 9th and World No.1 **Justinas Kinderis** making up the top 10. Chile recorded their best ever finish at an international Modern Pentathlon competition as **Esteban Bustos** came 11th.

The day fastest swimmer, **Woojin Hwang**, struggled in the the ride and was out of the reckoning and finished 32nd.



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Oktawia Nowacka sensational on way to gold at Kecskemet

23-year-old Oktawia Nowacka confirmed her fine early season form as she claimed the winner's medal at World Cup #4 in Kecskemet, Hungary.

After back-to-back silvers in her last two World Cup Series appearances, the Polish star went one better as she capped an incredible day with her best ever performance to win the honour that has so far eluded her in her fledgling career.

After placing third in the fence, with 24 victories from 35 bouts, **Nowacka** placed 8th in the pool to move top of the leaderboard before the ride to put herself in a commanding position with 2 events to go.



The equestrian event was interrupted by a passing storm but that did derail Nowacka's bid for glory as on the difficult course, with jumps as high as 1,23m, she struck up a great understanding with her horse Bobi and scored a perfect 300 points to start the combined with a 20sec head start over her nearest rival.



From there, she controlled the run/shoot. Her speed was evident around the slippery course and she was never troubled by her pursuers. A minor wobble at her third passage at the range saw her need 7 shots to clear the last two shots but at her last passage she had five green lights in as many shots before running clear to cross the finish line and win gold.

Nowacka told us, "Everything was perfect. My horse was great and thanks to him I had a perfect ride. From there I knew my speed would help me to victory. I am so happy to get this gold." When asked if she had felt any pressure, she replied, "I am pretty laid-back so I knew I could handle it".

On expectations for the rest of the season, she added, "I take every competition as it comes so we will see, I do not think about it too much, I just concentrate on my training".

In the combined, there was an exciting four-way battle for silver between **Soojin Yang** of Korea, **Melanie McCann** of Canada, **Sarolta Kovacs** of Hungary and Chinese fencing sensation **Xiaonan Zhang**. It was neck and neck until the last round at the range where Zhang was the first to clear her target to speed off towards a second place finish.

2008 Beijing Olympic gold medallist **Lena Schoneborn** from Germany made her way up from ninth to claim a classy bronze as her return to form was rubber stamped. Yang finished fourth as McCann and the day's fastest swimmer Kovacs ended their campaign fifth and sixth respectively.

Lithuania's **Karolina Guzauskaite** and **Viktoria Tereshuk** from Ukraine were the two fastest around the combined and finished 7th and 8th.

Rena Shimazu of Japan was 9th as China's **Wei Wang** made up the top 10. Italy's **Gloria Tocchi**, who had shared top spot in the fence with Zhang, came in in 11th position with her compatriot **Alice Sotero** finishing just behind her in 12th.



Medals were presented to the podium finishers by UIPM Honorary Member and former Hungarian President, two-time Olympic Champion in fencing Pal Schmitt (pictured above, second from left)



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China victorious in World Cup Mixed Relay

Yufei **Bian** and Zhaohong **Cai** teamed up to great effect in the Mixed Relay at World Cup #4 as they claimed the title for China after winning both the fence and swimming disciplines before finishing first in the combined.

The Czech Republic were worthy silver medalist in the Hungarian city Kecskemet as Lithuania came out on top in the six-way battle for third to claim bronze.

16 nations were represented in the competition as **China's** campaign began with 21 victories on the pistes, a haul of wins only matched by **Lucie Grolichova** and **Ondrej Polivka** of the **Czech Republic**. They then went into the equestrian event in a commanding lead after winning the 200m freestyle swim in a time of 1:55.09.



A measured ride by the Chinese duo ensured they would start the combined 10 seconds ahead of second placed Czech Republic. Showing absolutely no nerves, Bian cleared her target at the first round at the range in just five shots which set the tone for a quality display by both athletes as Cai stayed composed on his two loops of the 800m course to win the competition.

The Czech Republic, the only team that could have applied any kind of pressure on the Chinese in the run/shoot after coming third in the ride, could not catch up with the Chinese pair and came home with a well-earned silver.

On the combined starting grid, only 6 seconds separated Russia, in provisional third, and Belarus in 8th with USA, **Lithuania**, Hungary and Hungary all set to play their part an enthralling battle for bronze.

It was neck and neck throughout but Lithuania had **Lina Batuleviciute** and World Champion **Justinas Kinderis** in their ranks and the planet's top ranked male pentathlete showed tremendous speed in the final meters to finish third, leaving **Hungary's Bence Demeter** and the **United States' Nathan Schrimsher** in his wake.

Demeter and **Sarolta Kovacs** had to settle for fourth place as Schrimsher and **Isabella Isaksen** were fifth. **Italy's Claudia Cesarini** and **Pierpaolo Petroni** made their way up from 10th to come home in 6th as **Ukraine's Viktoriya Tereshuk** and **Pavlo Tymoshchenko** ended the day 7th.



Olga Karmanchikova and **Pavel Sekretev** of **Russia**, who began the combined in 3rd, were 8th overall.



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UIPM makes its presence felt at SportAccord in Belek Turkey



The SportAccord Convention, held this year in Belek, Turkey, was a 6-day gathering of over 2500 leading representatives from international sport encompassing the Congress and General Assemblies of several international sporting bodies. The Convention provides the global sports community with an unrivalled opportunity to gather in an exclusive networking environment, to build relationships, expand horizons and broaden sport's collective endeavours.

UIPM, with its interactive stand, invited delegates to come and learn about the sport, its development drive and its plans for the future. SportAccord President Marius Vizer (pictured, left) was really enthused by it. UIPM President Dr Klaus Schormann, Secretary General Shiny Fang, First Vice-Presidents Ivar Sisniega and Juan Antonio Samaranch, Vice President Joel Bouzou along

with Communications & Marketing Manager James Hamill-Reeves, UIPM Ambassador and 2008 Olympic silver medallist Heather Fell, and 'Sports for All' Commission Member Slava Malyshev were part of a strong team in Turkey to attend various meetings and promote the sport and its various initiatives.

Included into many of its functions, UIPM presented at the International World Games Association (IWGA), to discuss the possibility of having one of Modern Pentathlon's sub-sports included into its programme, met SportAccord to go over through details for the set-up of Triathlon at the World Beach Games and the new initiative which will see the combined run/shoot as part the first Urban Games.



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Several important players from the sporting spectrum were more than happy to come to the UIPM stand to try their hand at laser shooting as Heather Fell and Slava Malyshev enticed delegates to use the low-cost equipment and see how easy it was to take part and enjoy themselves. The stand proved a hit. Delegates from various news agencies including SportsPro, SportsBusiness International, host cities including Tokyo 2020 Olympics all came to the UIPM stand to test their laser shooting skills.

Triathlon Union President Marisol Casado (pictured, right) was another keen enthusiast as the Modern Pentathlon family proved its popularity with its approach and vision for the future.



Explaining the low-cost equipment and development drive showed how inclusive the sport can be and the broad appeal that it can have in the future.

For Dr Schormann, one important business was to meet with the city of Berlin, which is scheduled to host the Modern Pentathlon World Championships at the Olympic Park in 2015.



Accompanying him for those discussions were International Tennis Federation (ITF) and ASOIF President Francesco Ricci Bitti, International Gymnastics Federation (FIG) Secretary General Andre Gueisbuhler (pictured, left).

There were many more meetings throughout the week with once again the stand proving a major attraction. SportAccord was a valuable PR exercise for the sport and the Union as a whole.

Worldwide tournament news

Canada's Shauna Biddulph wins Oceania Championships



26-year-old Canadian star Shauna Biddulph came back from a marathon trip to Australia last week with her first international winner's medal after she took gold at the Oceania Championships in Melbourne.

Split over two days, the equestrian event of this Oceania Championships was held first, on the Saturday, with the rest of the disciplines being played out the day after.

Biddulph, a Toxicologist by profession and a keen horse trainer, did not get her campaign for honours onto the best start as she could not get to grips with her 'Beaker' and incurred 21 penalty points in the ride. This was to be just a minor setback as Biddulph returned to competition the next

day and put in a series of quality performances.

The next day began with a time of 2:43 in the pool that saw her record a new PB and add 211 points to her tally before moving onto the fencing pistes. A dominant display with the epee, where Biddulph claimed 25



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victories from 30 bouts, put her in a great position before the combined. Demonstrating her international pedigree, Biddulph was much faster than the rest of the field in the run/shoot, trying out a new technique of running not as hard during the 800m loops to keep her heart rate down as she approached the range. It worked a treat as she crossed the line first to win her maiden international trophy. Local girls Juliette Hadow and Jackie Wright were silver and bronze medallists respectively.

Brendan Anderson to represent USA at Youth Olympics after victory in Colorado

Fledgling talent Brendan Anderson was victorious in the men's Youth Olympic Games US qualifier event in Colorado Springs last week and in the process booked his place for this summer's big show in Nanjing, China.



Kirghistan's Valerya Uvarova won the women's qualifier.

This competition proved the development initiative undertaken by USA Pentathlon is starting to bare fruit with some talented individuals coming through the ranks.

Hundreds of young athletes enjoy competing at London 2012 Olympic Park



Hundreds of young athletes had the opportunity to compete at one of the iconic sporting venues of the London 2012 Olympic and Paralympic Games over the 1st weekend of April. Some

1600 athletes aged nine to 18 took part in the British Schools' Modern Biathlon Championships at Queen Elizabeth Olympic Park. The event was organised by Pentathlon GB, the national governing body for the Olympic sport of modern pentathlon.

The young athletes swam in the inspirational setting of the Olympic Pool at the London Aquatics Centre and ran around a course on Olympic Park. Among the winners from the weekend was Hampshire's Emily Jenkinson (Peter Symonds College, Winchester), who won the girls' under-19 title – her eighth title in as many years.

Sisters Sabrina (Bromley High School, Kent) and Natasha Sinha (James Allen's Girls' School, London) both won their respective competitions, with Natasha taking a fourth successive victory (pictured, right).



In the boys' competitions Millfield School in Street, Somerset entered three team events and came away with three team golds. Other winners came from around the country, including Abingdon, Bath, Blackpool, Dorset, Leeds, Newcastle and Shropshire. And they said they were thrilled to swim in the same pool in which their idols competed at London 2012.

As Esme Hughes, winner of the girls' under-11 title, from Ellesmere College in Shropshire, put it: "I really enjoyed it. I came to the Olympics to watch Michael Phelps and Rebecca Adlington, so to swim in the same pool is so cool."



Some of Britain's finest pentathletes were on hand to meet and inspire the young athletes, including 2012 world champion Mhairi Spence and 2013 World Championships silver medallist Nick Woodbridge, both London 2012 Olympians, as well as Beijing 2008 Olympian Katy Livingston.

Spence said: "The magnitude of the event this weekend was impressive and it's been great to be part of it. It was lovely that kids have had the opportunity to experience the Olympic Park and swim in the same pool as some of their idols."



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Some 1600 young athletes took part in the championships at Queen Elizabeth Olympic Park, with the girls competing on Saturday 5 April and the boys on Sunday 6 April.

The younger athletes tackled a 50m swim and an 800m run, while the older age groups swam 200m and ran 1600m. Some of the current crops of Britain's modern pentathlon team have competed at the championships in the past before progressing to tackle all five disciplines of the modern pentathlon. They include Jamie Cooke, Britain's 2011 world junior champion, and Joe Evans, who won a bronze medal on his World Cup debut in the USA a year ago.

Poland holds National Ranking competition & Triathlon in Drzonków

Last weekend of March saw the Polish National Ranking Competition take place in Drzonków. It was third such an event this year in modern pentathlon and the second to hold a triathlon event. The competitions were won by Remigiusz Golis and Paula Markowska in pentathlon respectively as Piotr Dziurski and Agnieszka Skowyrska took the triathlon crowns.

The men's pentathlon competition started with swimming where the fastest was Remigiusz Golis whose the time of 1:54.38 saw him go top of the leaderboard after the first event.



Second place went to Michał Gralewski who was 2.25 secs slower than Golis, while in third came Przemysław Kryczka, 8.81 secs behind Golis.

In fencing, the winner was Szymon Staśkiewicz, who won 36 out of 42 bouts, five more than Michał Radzanowski and seven more than Łukasz Olszak and Bartosz Hoffmann who were tied in third. In the overall classification the lead was kept by Golis, with Olszak second and Hoffmann third.

In riding Przemysław Kryczka was the only one who achieved the maximum result of 300 points. At the top of the classification after three events were however athletes who got 7 penalty points with Golis keeping his lead, whilst Michał Gralewski went up to second position as Krzysztof Kuruc found himself in third place.

Kryczka however achieved the best result of the combined event (11:33.45) which gave him first place in the Junior category, 4 secs ahead of Gralewski. Both however lost in the overall classification to Remigiusz Golis, who crossed the finish line six seconds before Kryczka.

The women's competition began with fencing. The winner was Paula Markowska who won 35 out of 45 bouts. Second place with 33 victories went to Marta Kobecka, while in the third position Natalia Kożuchowska and Katarzyna Jankowska shared position after both claimed 30 wins on the pistes.

In swimming the best time (2:15.82) was achieved by Marta Makowska. Marta Kobecka was 3.77 secs slower in second while in third came Paula Markowska. In the overall classification Markowska, was ahead of Kobecka and Makowska in second and third respectively.

In the riding, two athletes, Natalia Kożuchowska and Martyna Jankowiak, achieved the maximum result of 300 points. After three events the lead was taken by Kobecka, who leapfrogged Markowska.

Paula Markowska however came back to first position after the combined event as she crossed the finish line 71 seconds before Marta Kobecka. Third place went to Marta Makowska, the best in the Youth A category, who lost 127 seconds to the winner.

In the boys' triathlon competition the winner was Piotr Dziurski, while Paweł Dąbrowski was second and Damian Kołodziej was third. The Girls' competition was won by Agnieszka Skowyrska, ahead of Natalia Dominiak and Patrycja Markowicz.



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Argentina holds first Biathle Triathle World Tour of the year

The competition, organized by the Federation of Modern Pentathlon in Argentina under the auspices of the Directorate of Sports of the Municipality of Chascomus and held on Lake Chascomus, 123km south of the Argentinean capital Buenos Aires, brought together both experienced athletes and exciting new talent as Triathle was added to this leg of the World Tour for the very first time.

Perfect conditions, with temperatures recorded at 28C, and not a single cloud in the sky, made for a compelling day of both biathle (run-swim-run) and triathle (shoot-swim-run).



In the Men's senior Biathle competition, it came as no surprise to see 26-year-old Juan Dominguez as the dominant force with his time of 11:28.02 over the 1500m run – 200m – 1500m run course seeing him take the title ahead of compatriot Juan Di Paolo.

Junior gold went to teenager Leandro Corradini. Corradini, 18, then did the double after winning the continuous triathle that consisted of four series of shooting, 100m swim and 800m run. The loudest cheer was reserved for the Biathle Youth C Girls competition as 13-year-old Josefina Bernatene triumphed, setting a time of 5:01.05 over the 500m run – 100m swim – 500m run distance. The next Biathle Triathle World Tour takes now takes place in 7-8 June in Tirenna, Italy.

Prentice and French make it a British one-two at Swiss Women International competition

Freyja Prentice and Kate French (pictured, below) were the dominant forces at the Swiss Women International competition in Bern with the Pentathlon GB pair taking respective gold and silver medals after both gave some excellent performances in the fencing and combined events.



23-year-old Prentice came two seconds faster than her teammate and compatriot French and the World No.35 will have been delighted with that result.

French, who was 2nd with both the epee and with her overall time in the combined, had lost valuable points in the ride and gave herself too much to do to catch up with Prentice in the run/shoot.

2013 Youth A World Champion Ieva Serapinaite was third overall with the teenage star claiming bronze ahead of another Lithuanian, Lina Batuleviciute.

Batuleviciute was the fastest in the combined with a time of 13:45.20 and had scored a perfect 300 in the riding event.

Italy's Irene Prampolini came fifth overall after she too had made no mistake on the horse. Tamara Alekszejev of Hungary finished her campaign in sixth with Britain's Joanna Muir just behind her in seventh.

The other Serapinaite, Ieva's twin Emilija, was eighth, ahead of London Olympian Natalya Coyle of Ireland. Alessandra Frezza of Italy made up the top ten.



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Record breaking GB Youth International in Solihull

At the Tudor Grange Leisure Centre, Solihull, 87 athletes from twelve nations lined up to take part in the GB Youth International, the largest number of participants in the competition's history.

There was a great atmosphere amongst the competitors, and plenty of enthusiastic spectators, parents and coaches supporting the teams with some excellent performances from the athletes who all made the most of the opportunity to test their skills against new opponents.



After an early start in the swimming pool the Youth A girls standings saw Aroa Freije (ESP) in first position with a 2 mins 11.82 secs swim followed by Naomi Craig (GBR) in 2nd 2 mins 13.59 secs and Alexandra Boros (HUN) in 3rd 2mins 13.99 secs.

Youth A Boys saw two blistering performances in the pool from Henry Choong (GBR) 1 min 54.41 secs and Ben Pond (GBR) 1 min 55.70 secs with Angelos Vasileiou (GRE) in 3rd 2 min 00.70 secs. This looks to be a new Youth record in a 25m pool for Henry Choong with the current record of 1 min 54.63 secs set in 2008 by Remigiusz Golis of Poland but we await confirmation of the record from UIPM.

In the Youth A Girl's fencing Sarolta Simon (HUN) 282 points topped the leader board, with Georgia Pipes (GBR) and Charlotte Summers (GBR) 250 points joint 2nd and Catherine Bishop (GBR) 4th 242 points.

Youth A Boy's fencing saw Tamas Loi (HUN) 257 points in 1st, Joshua Miller (GBR) and Sherif Nazeir (EGY) in joint second with 250 points and Joan Gispert (ESP) in 4th 243 points.

The Youth B Boys and Girls took to the pool where the GBR athletes excelled. Hannah Featherstone (GBR) clocked 2 mins 04.20 secs in 1st place, Paris Allen (GBR) 2 mins 12.70 secs in 2nd and Georgia Hannam (GBR) 2 mins 16.64 secs in 3rd. Hannah Featherstone's time may be another record set, faster than the Junior record of 2 mins 04.98 secs set by Elodie Clouvel in 2010, and faster than any of the Senior times recorded in the World Cup 1 Final in February.

In the Youth B Boys, Myles Pillage (GBR) came in first 1 min 54.87 secs, close to the Youth record, Nicholas Laws (GBR) 2 mins 04.84 secs in 2nd and Finn Slattery (GBR) 2 mins 06.87 secs in 3rd.

Moving to the combined with the range outdoor and great running conditions in both the girl's and boy's competition the start times achieved from the swimming results meant that both Myles Pillage and Hannah Featherstone had unassailable leads and dominated their events.

Youth B Boys results, 1st Myles Pillage (GBR) 48 points ahead of 2nd placed Jose Saraiva (POR) and in 3rd Kelton Aldridge (GBR) who had moved up from 8th position in the swimming.

Youth B Girl's results, 1st Hannah Featherstone (GBR), 2nd Paris Allen (GBR) and in 3rd Georgia Hannam (GBR) replicated the finishing positions in the swim.

Youth A Boy's results saw a popular win for Max Esposito (AUS) who moved up several places to take the win, 2nd Gergely Regos (HUN) 3rd Soma Tomaschof (HUN)

The Youth A Girl's results saw a clean sweep for Hungary. In 1st place Alexandra Boros, 2nd Sarolta Simon and 3rd Anna Zs Toth. GBR athlete Georgia Pipes was in 4th and Naomi Craig in 5th.



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Tournament and Training camp invitations

This is an important notice for all Athletes and Competitions organisers to continuously check the pentathlon.org website for all information related to invitations and visa letters. Navigate to <http://www.pentathlon.org/invitations> to stay up to date with all the tournaments and camp invitations

COMPETITION INVITATIONS:

International Competitions:

Junior:

[Junior World Championships](#) - Drzonków (POL) – 20-26 May

Youth A (U19):

[Czech Open Youth "A" \(Under19\) Championships](#) - Prague (CZE) – 27 June-01 July

[2nd Trophee Ulysse Open Youth Mediterranean Cup](#) - Perpignan (FRA) – 28-29 June ([program](#))

[European Youth A Championships](#) – Uppsala (SWE) – 17-22 July 2014

Youth B (U17):

[European Cup U17](#) - Prague (CZE) – 31 May-01 June 2014 ([timetable](#))

Masters:

[German Int. Masters](#) - Minden (GER) – 4-5 June 2014 Invitation ([EN](#), [DE](#)) Entry form ([EN](#), [DE](#))

[UIPM XIII Masters World Championships](#) - Berlin (GER) – 17-21 September 2014

Biathle Triathle World Tour:

[Biathle Triathle World Tour #2](#) - Tirrenia, Marina di Pisa (ITA) – 7-8 June 2014

[Biathle Triathle World Tour #3](#) - Graz (AUT) – 20-21 June 2014 (Entry forms: [A](#) - [B](#))

[German Biathle Triathle Championships](#) - Erding (GER) – 04-06 July 2014 ([Ausschreibung](#))

[Biathle Triathle European Championships](#) - Setubal (POR) – 19-20 July (Entry forms: [A](#) - [Final](#))

[Biathle World Tour #4](#) - Weymouth (GBR) – 5 September 2014

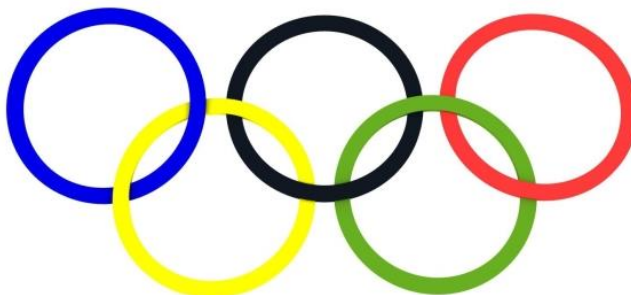
News from around the Modern Pentathlon World

UIPM President Dr Schormann appointed to IOC Commission for Culture and Olympic Education

UIPM President Dr h. c. Klaus Schormann was this month reelected to the IOC Commission for Culture and Olympic Education. Dr Schormann has been on this Commission since 1994 when it was the Culture Commission. In 2001, the Culture Commission was expanded to include Olympic Education.

International Olympic Committee (IOC) President Thomas Bach announced the composition of the IOC commissions for 2014, with an increase in female members (23 per cent) and a much broader geographical representation.

The make-up of the commissions, which provide assistance to the IOC and Olympic Games Organising Committees, reflects the Olympic Movement's commitment to universality. There will now be two more commissions chaired by women and 22 more positions held by women in 2014 than in 2013 (female representation from Africa increased by 50 per cent), and a significant overall increase in the representation of members from Africa and Oceania.



UIPM & Peace and Sport celebrate International Day of Sport for Development and Peace in Egypt

To celebrate the International Day of Sport for Development and Peace at World Cup #2, the athletes, organisers and delegates all joined forces for the April 6 initiative and waved the Carton Blanc during the Mixed Relay competition in Cairo.



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UIPM, as the world governing body for Modern Pentathlon, commemorated this jovial day of camaraderie, good will and friendship in the Egyptian capital, which has suffered from civil unrest in recent years, giving it a special meaning as the sporting world united for this outstanding cause.

UIPM President Dr h. c.

Klaus Schormann declared, "This is a great day for sport. The UIPM family, the whole Egyptian people, our athletes, Joel Bouzou, as President of Peace and Sport and UIPM Vice-President, we are all here together to show the world that we promote development and most of all peace. Egypt has suffered in recent years and that is why we worked hard with the National Federation to get this international competition here. This day has great meaning for all of us and we are very happy that we are here, amongst friends, to celebrate this."

This wonderful occasion was also attended by various members, the Egyptian Minister of Tourism Hisham Zazou, Minister of Youth and Sport Eng. Khaled Abdel Aziz, Deputy Minister of Interior, National Olympic Committee President Counselor Khaled Zein Eldin and several Ambassadors.

In 2013, the United Nations General Assembly proclaimed the 6th of April as the International Day of Sport for Development and Peace to celebrate the contribution of sports and physical activity to education, human development, healthy lifestyles and a peaceful world. Spearheaded by the non-profit organisation Peace and Sport and on the recommendation of the International Olympic Committee, the date was inserted in the official UN calendar of international days and was being celebrated for the first time yesterday.

UIPM launches a new online educational platform for athletes

Recognising that many athletes face the challenge of pursuing their education whilst focusing on their sporting career, the IOC has developed, in collaboration with a number of its commissions, including the IOC [Athletes'](#) and [Entourage](#) Commissions, an online platform delivering free, engaging, educational content to a worldwide athlete audience. Known as IOC Athlete MOOC (Massive Open Online Course), this platform goes live today!

Bringing together Olympic champions, world-renowned coaches, leading academics and inspiring leaders, the [IOC Athlete MOOC](#) features academic lectures delivered by prominent institutions from around the world, video insights, online live events, discussion forums and various learning resources. In addition to already existing sample lessons, those registered can now follow three new exclusive courses entitled Smarter Eating for Better Performance, Can Champions Be Made and Athlete Career Transition.

As former biathlete and Olympic champion Vincent Defrasne outlines in the introduction: "at some point, every athlete has to retire" and find a new career outside the field of play. This two-hour course will look at the [Athlete Career Programme \(ACP\)](#), and how best to prepare for the transition from elite sport to a successful career post-competition.



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Split into five instructional videos, from where to start to next steps, participants are given tools to identify their strengths, passions and the many transferrable skills they gained during their sports careers, receiving advice from employment professionals such as Adecco Senior Vice President Patrick J Glennon. It also features additional testimonials from IOC Athletes' Commission Vice Chair, Olympian and Harvard graduate, [Angela Ruggiero](#); former US boxing champion, Angel Bovee, hired in 2011 by Adecco and the United States Olympic Committee to manage the Team USA Career Programme; and [Barbara Kendall](#), New Zealand's boardsailing gold medallist and a member of the IOC Athletes' Commission, and the IOC Commissions for Women and Sport as well as Sport and Environment.

"Focused on giving you an overview of each pillar of the ACP, this course will give you first-hand experience from Olympic athletes and help guide your way through education, life skills and employment", remarks Defrasne. "As an elite athlete, this course will interest you for sure."

Exclusive: World No.1 Justinas Kinderis, "If you have a dream you should never give it up."

Following a string of quality performances which culminated in victory at the World Championships last year, 28-year-old Justinas Kinderis etched his name in the pages of history and realised a childhood dream by becoming World No.1. This however seems to be only the start of a new chapter in the career of the unassuming Lithuanian.



Last season's elite Modern Pentathlon competition, which proved both exciting and unpredictable in equal measure, had several contenders to the top position but it was Kinderis who made his mark. His renewed focus and coolness under pressure giving him the edge in the race for the number 1 spot.

The Lithuanian is guaranteed to be challenged by his rivals this year, with many hell-bent on dethroning the current champion, but he is determined to hold on to his status of top dog. The strength in depth of the current crop of talented pentathletes and Kinderis' steely

determination will ensure another explosive campaign this time around.

Q: You have just come through an intense 3-week training camp in Colorado, how are you feeling?

JK: I am feeling very good and strong. Training was intense. Was feeling the effects of the extra load and was a bit tired after the first week but I recovered fast and feel like I got my fitness to the next level in the last two weeks. The high altitude was a good experience for me. My conditioning for this season is coming along well. It was the first time that I trained at altitude (Colorado is at 1839m or 6,035ft above sea level) and it will help with my swim and run times this season.



Q: 2013 was a big year for you, how do you look back upon it?

JK: It began with big changes; I changed my coach of 11 years in February. It wasn't an easy decision for me after so long but in hindsight it was the correct decision. I needed a new approach to my fencing. I owe him a lot but since the switch, my fencing improved a lot and I noticed it especially at the World Championships, when it gave me the perfect platform with which to go on to win. Chinese Taipei was a big moment for me but I see it as only the beginning of a new chapter in my career.

Q: What made you become better?

JK: We have some good athletes in Lithuania and also former champions now coaching, like Andrejus Zadnesprovskis, who is now national coach. I have been able to observe them at close quarters and learn. They have helped me a lot, both in physical preparations but also on the mental side. Being around former World and Olympic Champions has given me good knowledge and their experiences of big moments, of big competition, has given me a good insight into a champion's mind-set. They helped me a lot, they knew how to become world champions and I listened. Thank you to them.



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Q: Being World No.1 and the reigning world champion must be a great feeling, do you feel any added pressure?

JK: Being No.1 is good, unexpected. If someone had asked me in the early days of my career, I would have answered that I never expected to get to that level although it was always my dream. There are so many good athletes competing who are more than capable of being No.1. There is no added pressure for me except the one that I put on myself. In a way however, I am more relaxed, being in this position has instilled in me real self-belief. I believe that I can now go on to achieve even more. My dreams have come true. After Olympics Games, the objective was to become either a European or World Champion and I have achieved this. However I am now hungry for even more success. I want to reach a new level and defend my position and title.



Q: How will you deal with your new status of World No.1?

JK: I don't think as a number 1, I just want to do my job. Being world champion is in the past. I look to the future. If you think too much you put pressure on yourself. So one step at a time. You have to stay modest and grounded. Pentathletes respect each other and we have a good camaraderie between us, no one is treated different even if they are the No.1. So again I feel no added pressure.



Q: How has the reaction been in Lithuania?

JK: There was real surprise as my victory was unexpected. Everyone thought that Laura (Women's London 2012 Olympic Champion Laura Asadauskaite) would win, but not many predicted a victory for me. I have changed a lot of opinions, and now people believe in me. The reaction has been very positive.

Q: Where do you go from here, what is the next step?

JK: If you reach your goal and achieve what you set out to achieve then you must set yourself new goals, new targets. I have a new perspective now: greater focus, greater motivation. Deep in my mind now is Rio 2016 and an Olympics

medal.

[Read more ...](#)

Bob Noble rolling back the years with qualification for Pan Am Festival firmly in his sights

After competing at the Budapest Indoors earlier this year, 56-year-old Canadian pentathlete Bob Noble (pictured above, first from left) now has his eyes firmly set on making the team for the Pan Am Festival where Modern Pentathlon will be one of 23 sports on show. Set to be held at the Mexican Olympic Sports Centre in Mexico City, Mexico from 17-20 July this year, the Modern Pentathlon competition is sure to capture the imagination of the public and many from the sport, brought to life by the founder of the Olympic Movement, Baron Pierre de Coubertin, will be cheering on Bob as one of the most senior athletes to grace the whole event.



He originally retired from the sport way back in 1981 after the World Championships in Poland that year. Now over 30 years later, he is back. New targets, new goals, with qualification for the Pan Am Festival, to represent his beloved Canada, the dream that looks set to become reality.

Modern pentathlon was a very different sport in 1981. The competition ran over five days, at the leisurely pace of one event per day, with the exception of the gruelling, all-day-and-night fencing marathon of three-minute one-touch bouts among 96 total competitors. Pentathletes shot with .22 calibre pistols, jumped a cross-country style course with options, swam the unusual distance of 300m and ran 4000m alone starting in one-minute intervals. No women, except occasionally as spectators. How things have changed.



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Noble explains his retirement “came about for all the usual reasons. There was the crushing disappointment of the 1980 Olympic boycott, the financial and time burdens of training for five sports, and maybe more than anything else, the pressure to get on with life and be an adult.”

One thing is for sure he never fell out of love with the sport of pentathlon. Not infrequently over the years, he wondered what he could have achieved had he stayed in the sport.

Fast forward to this century. After competing in Canada as a masters athlete for several years, in 2013, the ‘what ifs’ gave way to ‘why not’. So he decided to enter the open senior division at the national championships to see if he still had it. He must have been glad he did as he went on to win the competition. He explains that “despite having to run on a fractured foot, I crossed the finish line in first place to win my first-ever senior national championship. I was 55 years old. Time for a new goal. Over the fall and winter, I set my sights on new target: laser and qualification to the 2014 Pan American Championships.”

Pentathlon Canada had designated the USA Pentathlon domestic competition in Colorado Springs and the Hungarian Indoor Pentathlon as selection competitions, so he travelled to Budapest to try and stake his claim for a spot on the team. The competition in the Hungarian capital began early Saturday morning. Unlike in 1981, the schedule was anything but leisurely. The men had riding first, followed by swimming and fencing; the women started with fencing, then progressed to swimming and riding. Both gender groups comprised of 60 athletes.

At the riding venue, he was quickly reminded of one of the unique aspects of pentathlon, something that hasn’t changed at all since 1981: the luck of the draw in the riding phase. While the horses in Budapest were, as he puts it, “quite capable, and the course was very well-designed, I drew a horse that wasn’t the easiest ride. What little luck I had completely ran out at the penultimate jump”, before adding “I was, I admit, completely gutted, but only for about five minutes, until I reminded myself that I was in Budapest, back at top level competition, and I still had swimming, fencing, running, and shooting to look forward to.”

He continues, “About the swim, all I can say is that the 2014 200m swim hurt every bit as much as my 1981 300m effort. The fence was the highlight of my day. Actually, it was a lot like 1981. Sixty men, fencing fifty-nine one-touch bouts, only now the bouts were one minute rather than three. I didn’t miss those extra two minutes per bout at all. When the final bout was over, I looked at the clock and realized we’d been on the pistes for more than five hours. At that point, all I could do to catch the bus back to the hotel, eat, and crawl into bed.”

Sunday’s combined event took place at an indoor track in central Budapest. “It was the perfect venue, with banked corners that reminded me of my track days back in 1970s and a long infield to use for shooting. You could watch all the action from just about anywhere. The stands were full with spectators who, like on Saturday, were friendly and even inspiring in their enthusiasm”, he tells us.

“Then something happened that you never would have seen in 1981: 60 women running and shooting, in an all-out competition that wasn’t decided until the final meters. The skill level was so high, it seemed hard to believe that pentathlon was still a relatively new sport on the women’s side. The combined event is a brilliant adaptation to the sport, it’s just so thrilling.”

“After running at the punishing altitude of Colorado Springs the previous weekend, I was a little worried about my combined event in Budapest. Once again, it was all about the atmosphere, but here, the effect was all positive. The exuberance of the crowd and cheering from my teammates pushed me to give it my all, and after crossing the finish line, I found myself surrounded by athletes and spectators, total strangers who came over to offer their heartfelt congratulations. I’m not sure I ever loved pentathlon as much as I did at that moment, lying on the ground on the track in Budapest now officially un-retired.” He now looks forward to making the cut for the Pan Am festival. At 56, a whole new chapter in his sporting career is just beginning!

Recently retired pentathlete Amélie Cazé to be YOG Athlete Role Model in Nanjing

After announcing her retirement from competition earlier this year, UIPM are pleased to announce that France’s triple World Champion will take on an ambassadorial role with the International Federation and will be an Athlete Role Model (ARM) at this summer’s Youth Olympic Games in Nanjing, China.

The 29-year-old French legend will be mentoring young athletes and will be participating in the Culture and Education Program (CEP).



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Cazé (pictured, left) told us, “It was a real honour to have been put forward for the role. It gives me an opportunity to look back upon my career and to see the path I embarked upon 20 years ago! I think that during my time as a youth and junior athlete I would have loved to be able to exchange ideas with older and more experienced athletes. Being an ARM gives me the chance to share and pass on my knowledge to the next generation coming through.”

“The advice I would give to those participating in the YOG is that although it is viewed like a very important moment in one’s life, they should live it

to the full and enjoy themselves. If they commit themselves 100% to this moment in their life, they will be able to take away from it so much, learn so many things that will be hugely beneficial for the rest of their careers.

With the YOG also being a cultural experience for these young athletes, she believed that Modern Pentathlon was a strong educational tool that teaches “humility above all, with the multi-discipline aspect of the sport ensuring that everyone remains grounded with competition always being extremely hard to predict.



There is a lot of respect between the athletes as a result of facing each other in several events. You can face someone in one discipline and be dominant but then not at all in another. Another big factor is the respect that is given to the horses. At the highest levels of Modern Pentathlon, we learn about the values of hard work, dedication, perseverance and mental toughness which are essential tools to achieve success”

On the concept of the YOG, she added, “I met several athletes who took part in the first edition in Singapore in 2010 and they all told me what a wonderful experience it had been for them. How it had given them the foundations to go on and perform at major competitions afterwards. It is also a great way to get a taste of what it would be like to be part of the Olympic Games”.

She warned though of putting these young athletes under too much pressure, “coaches need to put this competition into context because it is only the results of the Olympic Games that really count, the YOG should remain a competition that is formative and educational.

2010 Youth Olympic Games silver medalist Zsófia Foldházi from Hungary, currently ranked World No.8, had originally been nominated for the role, however with the Modern Pentathlon Senior World Championships beginning less than a week after Nanjing, she felt she could not fulfill this role to her fullest considering all her sporting commitments.

Selected by the 28 International Federations whose sports will feature at Nanjing 2014, many other legendary names from the world of sport, including Olympic and world champions, will take on the challenge of being athlete role models ([see full list](#)).

In Nanjing, they will play a key role in supporting, mentoring and offering advice to the 3,800 young athletes who will be participating in the Games.

The ARMs will be accessible to the athletes both in the Youth Olympic Village and during a series of educational activities and workshops that will focus on areas such as skills development, how to lead healthy lifestyles, environment and social responsibility and Olympism. Athletes at the Youth Olympic Games will get to engage in conversations with the ARMs throughout the Games. They will be behind the scenes during competition and will also be available for informal chats in the ARM lounge that will be open to all participants.



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The athletes can also learn valuable lessons from the ARMs during “Chat with Champions” sessions, which will also be accessible to people around the world on the IOC’s digital platforms. Fans of the YOG, meanwhile, will have the opportunity to put their questions directly to the ARMs during informal chat sessions on the IOC’s social media channels.

The main goal behind making the ARMs as accessible as possible is so they can share their experiences and inspire the young athletes to be the best they can be both on and off the field of play.

Claudia Bokel, Chair of the IOC Athletes’ Commission and Olympic silver medalist in fencing, said: “The Athlete Role Model programme is a really unique element of the Youth Olympic Games. The ARMs have so much valuable information to pass on to the younger generation. They will really inspire and empower the athletes long after the Games conclude to not only be great ‘Youth Olympians’, but to share the skills and values learnt at the YOG with their communities and peers.”

Egypt holding coaches workshop at World Cup #2

With the help of the Olympic solidarity development program in Africa and with the participation of more than 50 promising coaches from the 6 African nations of Burkina Faso, Ivory Coast, Kenya, Mauritius, Senegal and Egypt, the EMPF held a coaches workshop in Cairo during the World Cup #2.



The course was officially opened at the Egyptian Olympic academy on Sunday 16th March in the presence of Sharif El-Erian, President of the Egyptian Modern Pentathlon Federation; Sameh Guemieh President of the Africa Modern Pentathlon Confederation; and Awad Sami, Chairman of the coaches committee of UIPM, and it is designed to educate coaches to rules and coaching techniques from the elite level.

The course continued up until the 6th April and UIPM appointed Awad Sami and France’s Christian Roudaut as official experts to prepare the final examinations for all participants. This great initiative will both benefit the continent where new ideas can be developed and exchanged and will guarantee the long-term prosperity of the sport in Africa.

Trophee Ulysse Open Youth Mediterranean Cup returns



2nd TROPHEE ULYSSE
Open Youth Mediterranean Cup
PERPIGNAN (FRA)
28th & 29th of June 2014
Youth E ~ D ~ C ~ B ~ A
Individuals & Mixed Relays

After the outstanding success of last year’s edition of the Trophee Ulysse Open Youth Mediterranean Cup in Perpignan, South of France, the competition returns once again this season with some of the best talent from around the world set to descend on the scenic French town. The event, which offers draws from Youth E all the way up to Youth A, will take place on 28-29 June.

Organised by the Comité Régional Languedoc Roussillon de Pentathlon Moderne at some top class

facilities, this is a competition that should not be missed. Download the entry form: [2nd TROPHEE ULYSSE Open Youth Mediterranean Cup](#). Full details and programing [HERE](#)

Junior World Championships unveil logo

The Modern Pentathlon hub that is Drzonków will host the Junior World Championships in one of this season’s stand-out events.

The competition which takes place in Poland from 20-26 May will bring together some of the most exciting talent on the planet. World class facilities, perfect conditions and a setting like no other, Drzonków is a favourite of both fans and spectators. The centre always provides great performances and entertainment. The invitation letter is now available to download: [Junior World Championships](#)



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IOC President calls on members of the Olympic Movement to contribute directly to the debate on 'Olympic Agenda 2020'

International Olympic Committee (IOC) President Thomas Bach today called on individual members from National Olympic Committees and International Federations to make a direct contribution to the debate on the future of the Olympic Movement.

He urged them to add their voice to the debate on Olympic Agenda 2020 via email at OlympicAgenda2020@olympic.org.



The President also asked for members of the public who wanted to make a contribution to send their views to the IOC. The deadline for submissions is 15 April.

It follows a wide-ranging debate at the [126th IOC Session in Sochi](#), where members discussed a strategic roadmap for the future of the Olympic Movement.

The debate is centred around three overarching themes of sustainability, credibility and youth, and is structured into five themes:

1. Uniqueness of the Olympic Games
2. Athletes at the heart of the Olympic Movement
3. Olympism in action: keeping Olympism alive 365 days a year
4. The IOC's role: unity in diversity
5. IOC structure and organisation

Working Groups are currently being set up to bring together the contributions. The process will culminate in Monaco on 6 and 7 December 2014 when proposals for Olympic Agenda 2020 will be presented for approval to an IOC Extraordinary Session. "We have had lively and constructive discussions," said President Bach. "But the dialogue is far from over and it is important that we receive as many contributions as possible. I would particularly like to hear the individual views of members of our key stakeholders: the National Olympic Committees and the International Federations. But of course we would welcome the views of members of the public who are interested in having a say in the future of the Olympic Movement. Every contribution is welcome."

Medical and Anti-Doping corner

WADA Athlete Chair: "Greater athlete involvement needed to represent clean sport"



Recently-appointed WADA Athlete Chair Beckie Scott called for fellow athletes to become more outspoken on anti-doping issues within their respective sports. This was the message communicated by the two-time Olympic medalist during last week's WADA ADO Symposium in Switzerland, which was attended by over 340 anti-doping representatives.

Scott – who was in Lausanne to chair the WADA Athlete Committee meeting which ran in parallel with the Symposium – encouraged other athletes to promote clean sport in the lead-up to the introduction of the revised World Anti-Doping Code at the start of 2015. In a special interview organized during the Symposium,

Scott made a plea to governments to implement legislative changes to assist anti-doping, and expressed her appreciation for the revised Code's ability to cover the athlete entourage within its rules.



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WADA's Athlete Committee discussed the importance of athlete and athlete support personnel education, including the need to harmonize the provision of information across all regions of the world. The influence of the coach was also discussed and, as a result, the significance of encouraging Sport Federations to educate their respective athletes and coaches.

"Bringing together the Athlete Committee for last week's meeting was hugely beneficial, as it provided us with the opportunity to not only cover matters amongst the committee, but also to participate in the ADO Symposium at which so many key aspects relating to athletes and the revised Code were discussed," said Scott.

"Our main objective of the Committee meeting was to review the Athletes' Reference Guide to the Code. We are very pleased with the Guide, which will be an essential reference in the years ahead, and will help athletes better understand their roles and responsibilities under the 2015 Code."

WADA Director General Statement on advanced method to hGH Biomarkers test



WADA has been following for a while the development of the advanced hGH Biomarkers testing method, in communication with the Partnership for Clean Competition (PCC) and United States Anti-Doping Agency (USADA)-led Scientific Working Group.

We are pleased that advances have been made to the existing hGH Biomarkers test introduced at London 2012. The advanced method, based on mass spectrometry, offers a different and more convenient assay platform as part of the

biomarkers test. WADA is in the process of validating the method in combination with other assays.

We are encouraged by the commitment shown by the PCC and USADA-led group, which also included WADA-accredited laboratories. This kind of cooperation and partnership allows the anti-doping community to better protect the rights of clean athletes.

There are currently two different types of test for hGH: the Isoforms test, based on immunoassays, and the Biomarkers test.

Inside UIPM: Monthly activities of President Dr Schormann

20-21 March – Doha, Qatar

UIPM President Dr Klaus Schormann traveled to Doha, Qatar after being invited by Sheikh Saoud bin Abdulrahman Al-Thani, Secretary General of the Qatar National Olympic Committee. UIPM President spent also the day with Khaleel Al-Jabir, NOC Sports Affairs Department Director and with the United Nations (UN) Secretary-General Advisor for Youth Sport and Environment Mr Wilfried Lemke (photo on the right).



The purpose was to attend the 7th edition of the Schools Olympic Program held in the Aspire Dome in Doha, an edition placed under the theme "Sports and Integrity".

Dr Schormann attended the event where 11 different sports took place and 26.454 students participated. AN event organized by Qatar National Olympic Committee with the Qatar School Sport Federation and the Qatar Paralympic Federation all together with National Federations.



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On the days, where the finals took place, UIPM President Dr Klaus Schormann was involved in the medals ceremony for the sports of basketball, swimming and fencing (pictured, left).

Dr Schormann also had several meetings during his journey in Doha. First meeting also involved NOC Senior Advisor, Strategy & Events Director and Secretary General in order to discuss about the Champion of Champions event which will be held in October 2014.

There were clear statements about this year edition but also 2015 and 2016.

It was stated after a TV presentation that Modern Pentathlon can be linked to Koran because it is said that a human being must know how to swim, shoot and ride a horse so that makes 3 of the 5 modern Pentathlon disciplines.

During the meeting, there were discussions about Qatar Modern Pentathlon projects for school children and students. Projects like School Biathle events, Biathle events, Triathle events and a competition which would gather together Horse Riding, Swimming and Shooting like a similar event in Korean schools.

To remain in the theme of the journey, Dr Schormann had a meeting with Mrs Siham Alawami, Director of the International Centre for Sports Security (ICSS) to share their thoughts and knowledge about the best practices in organising worldwide great events.

UIPM President also had a meeting with Mr Ioannis Papaioannu, a specialist of Olympic Education at the Olympic & Sports Museum concerning how sport can be a great tool to educate young people.

Dr Schormann had a few short conversations with Sheikh Saoud bin Abdulrahman Al-Thani and Qatar Minister for Education and Sport Mr Mohamed Abdel Wahed el Hammadi concerning that great event gathering the school of the country and what sport can do for young people in our societies.

Finally, UIPM President could meet with the United Nations (UN) Secretary-General Advisor for Youth Sport and Environment Mr Wilfried Lemke to broach several discussions to stay in the same theme of the event as they were both honour guests of Qatar on 20 and 21 March 2014.

29-31 March – Kuwait City, Kuwait

UIPM President Dr Schormann traveled to Kuwait City, capital of Kuwait with Ms Shiny Fang, UIPM Secretary General to attend the Association of National Olympic Committees (ANOC) council where they met with ANOC President Sheikh Ahmad Al-Fahad Al-Sabah and 41 IOC members.



With the importance of having a strong presence for Modern Pentathlon at this meeting, Dr Schormann discussed at length the development initiatives undertaken by UIPM and how its sub-sports have an important role to play in the growth of the Union and the impact it can have on sporting participation in young people.

Dr Schormann discussed with IOC President Dr Thomas Bach about UIPM new events, Biathle, World School Biathlon and Triathle, and the new development programs focused on coaches and athletes to reach the highest level of skills among the actors of the UIPM family.



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02-06 April – Cairo, Egypt

As an important event of the UIPM season, UIPM President Dr Klaus Schormann went to Cairo, Egypt to attend the World Cup #2.

Dr Schormann took advantage of the opportunity to be in Egypt for the World Cup event to plant a tree with UIPM Vice President Joël Bouzou, UIPM African Confederation President Sameh Guemeih among others (photo on the right).

This was a great symbolic action addressed to a suffering country because the tree was planted for peace at the same moment of the celebration of the International Day of Sport for Development and Peace.

UIPM President Dr Schormann had a meeting at the Egypt National Olympic Committee with Vice President Joël Bouzou, African Modern Pentathlon Confederation Sameh Guemeih and Modern Pentathlon National Federation President Sharif Ahmed El-Erian.

They discussed with NOC President Counselor Khaled Zein the importance to host in these days a World Cup in Cairo. Sport is the bridge for a more better and peaceful world and helps to integrate different societies. Together they visited the Minister for Youth and Sport: Eng. Khaled Abdelazis.



The Minister underlined with UIPM President the important political step linked to the World Cup. He thanked the UIPM and the President of Peace and Sport Joël Bouzou to celebrate at the 6th April 2014 the International Day of Sport for Development and Peace.



UIPM President Dr Schormann visited the American University in Cairo with the African Modern Pentathlon Confederation President Sameh Guemeih and the Egypt Modern Pentathlon National Federation Sharif Ahmed El-Erian, President of Egypt NOC.

A visit linked to the future integration of UIPM in the FISU. In 2015, the University will organize before the World Cup a Tetrathlon with its students.

UIPM also had the honour to receive a strong support from Professor Mohamed Taher Ragab, Director of Athletes at the University for FISU integration and integrating Modern

Pentathlon in the sport program of his university and also he will facilitate contacts with others Egyptian universities.

Dr Klaus Schormann also visited the International British School to brief the Director and the Sports Department about Biathle, School Biathle and Triathle. This development project of UIPM will be introduced to other schools in Egypt.



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07-11 April – Belek, Turkey

UIPM President Dr Klaus Schormann traveled to Belek, Turkey to attend the SportAccord Convention with UIPM Secretary General Ms Shiny Fang and Communications & Marketing Manager James Hamill-Reeves. Also present at the exhibition were UIPM Ambassador Heather Fell, Sports for All Commission Member Slava Malyshev and amongst the delegates First Vice-Presidents Ivar Sisniega and Juan Antonio Samaranch Jr, as well as Vice-President Joel Bouzou.



UIPM presence to the SportAccord Convention is very important to maintain Modern Pentathlon in the international sport landscape. It is also the occasion to meet members of the international sport family like IOC, ASOIF, host cities and others.

Dr Schormann with UIPM First Vice President Ivar Sisniega and Secretary General Shiny Fang met with the Association of Summer Olympic International Federations (ASOIF) along with IOC to discuss about Rio 2016 during a meeting which gathered 18 International Federations. It was an open discussion on Rio 2016 event preparation a little more than 24 months before the major event of 2016 and about future programs for the Olympic Games.



Then, UIPM President Dr Klaus Schormann had a meeting with Toronto 2015 Pan Am Games Organisation Committee to discuss about the compacted facilities in Toronto to organize Modern Pentathlon during the 2015 Pan Am Games.

It was also discussed about increasing the number of athletes during the competition which would have an effect on the number of judges and technical members. Finally, the testing ladder system was also discussed to make Modern Pentathlon in the 2015 Pan Am Games run smoothly.

Later, Dr Klaus Schormann met with FISU Secretary General Eric Saintrond (photo on the right) to discuss further

about UIPM integration in the FISU Universiade program. It was talked about National University Federations are set to organize Modern Pentathlon competitions for students in Germany, Switzerland, Italy, France and also Central Europe.

Moreover, disciplines of Modern Pentathlon are already important part of school and university academic sport programs. And, all 5 disciplines of Modern Pentathlon are already into the FISU which would make a 5 in 1 competition with existing FISU sports.

Afterwards, UIPM President Dr Klaus Schormann met with the city of Berlin, Germany at their stand, to discuss about the World Championships in 2015. It was discussions on the general preparation of this major event in the Modern Pentathlon season.



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17-21 April – Chengdu, China

2 weeks after World Cup #2 in Cairo, Egypt, UIPM President Dr Klaus Schormann attended the World Cup #3 in Chengdu.

Dr Schormann, along with UIPM Secretary General Ms Shiny Fang and Vice President Mr Choi KuiSung met with the Youth Olympic Games Organisation Committee which will be held in Nanjing, China next August. They all spoke about how the Youth Olympic Games will take place (schedule, presentation, athlete role model) to ensure all stakeholders have a clear vision of what will the event in August will look like to be the most perfect showcase of the Youth Olympic Games.



Another meeting took place between UIPM President Dr Klaus Schormann and UIPM Executive Board Member for Sport Janusz Peciak about how can Modern Pentathlon step to the next level in terms of development of the technology in the sport to have better support from athletes and National Federations.

Then, Dr Klaus Schormann had a meeting with Mr Awad Samy, UIPM Executive Board Member Coaches' Committee Chairman about the necessity to meet with Technical Committee in order to reflect together about the 2014 Season linked to the coming years to determinate the 2016 Rio Olympic Games qualifications because 2016 will come fast.

On 18 April, UIPM President Dr Klaus Schormann had a meeting in the offices of the Chengdu Tianfu New Area Government Affairs Service Center with CEO Mr. LI discussing the new investments around the Pierre de Coubertin Centre of Modern Pentathlon in Chengdu and the integration of this sport complex in this new city concept which would establish Modern Pentathlon as an important part of the future city of Chengdu.

Dr Klaus Schormann gave a speech in front of 150 staff people on 21 April about the main theme of "Modern Pentathlon and modern working system" and how can sport be linked with worker society. Finally, UIPM President Dr Klaus Schormann attended the opening ceremony of an exhibition named "Harmony in nature and landscape" in his function as IOC Member for Culture and Education Commission. That was a great example of UIPM President Dr Klaus Schormann's attachment to the world of arts.



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30 April – 04 May – Kecskemet, Hungary

UIPM President Dr Klaus Schormann took the occasion of the World Cup #4 in Hungary to meet several important local stakeholders.

Dr Schormann met with Kecskemet Mayor Dr Gabor Zombor, along with his Deputy Mayor Kornel Mak, IOC Member and UIPM Honorary Member Pal Schmitt and Member of Parliament Dr Salads Laszlo.

Matters discussed were the possibility to have future competitions in Kecskemet with more promotion around the event because Hungary is an important country in the history of Modern Pentathlon. There were also discussions about an issue Hungary is facing nowadays; it is the sport and tourism as an important factor for promotion in this country but which can be applied to others too.



Dr Schormann also discussed with Kecskemet Mayor Dr Gabor Zombor and the Sport Director of the city Peter Zambori during the facilities inspection about future International UIPM Competitions. Then, UIPM President Dr Klaus Schormann was at the men award ceremony with Member of parliament Dr Salads Laszlo. Finally, Deputy Mayor of Kecskemet Kornel Mak gave a dinner at pool with Dr Schormann and people he met.

Pentathlon New Balance World Rankings

New Balance Pentathlon World Ranking

The PWR is updated live on www.pentathlon.org after each competition. PWR as at 24 April 2014:

Women

| | | | |
|----|-----|----------------------|-----|
| 1 | LTU | Laura Asadauskaite | 206 |
| 2 | UKR | Ganna Buryak | 185 |
| 3 | CHN | Qian Chen | 180 |
| 4 | UKR | Victoria Tereshuk | 175 |
| 5 | BRA | Yane Marques | 173 |
| 6 | POL | Oktawia Nowacka | 170 |
| 7 | USA | Margaux Isaksen | 164 |
| 8 | RUS | Donata Rimsaite | 162 |
| 9 | RUS | Ekaterina Khuraskina | 156 |
| 10 | GER | Lena Schoneborn | 151 |
| 11 | UKR | Iryna Khokhlova | 148 |
| 12 | LAT | Elena Rublevska | 148 |
| 13 | GBR | Mhairi Spence | 148 |
| 14 | KOR | Soo Jin Yang | 145 |
| 15 | HUN | Zsofia Foldhazi | 135 |
| 16 | GBR | Kate French | 134 |
| 17 | CHN | Wei Wang | 134 |
| 18 | CHN | Xiaonan Zhang | 132 |
| 19 | HUN | Sarolta Kovacs | 132 |
| 20 | GBR | Freyja Prentice | 130 |

Men

| | | | |
|----|-----|---------------------|-----|
| 1 | LTU | Justinas Kinderis | 197 |
| 2 | FRA | Valentin Prades | 194 |
| 3 | HUN | Adam Marosi | 190 |
| 4 | RUS | Ilia Frolov | 184 |
| 5 | GBR | James Cooke | 183 |
| 6 | RUS | Aleksander Lesun | 176 |
| 7 | FRA | Jean Maxence Berrou | 163 |
| 8 | HUN | Robert Kasza | 161 |
| 9 | FRA | Christopher Patte | 155 |
| 10 | CHN | Jinhwa Jung | 145 |
| 11 | ITA | Riccardo de Luca | 140 |
| 12 | CHN | Jianli Guo | 139 |
| 13 | UKR | Pavlo Tymoshchenko | 132 |
| 14 | ITA | Nicola Benedetti | 129 |
| 15 | KAZ | Pavel Ilyashenko | 128 |
| 16 | EGY | Amro El Geziry | 126 |
| 17 | UKR | Dmytro Kirpulyansky | 123 |
| 18 | HUN | Bence Demeter | 123 |
| 19 | HUN | Peter Tibolya | 122 |
| 20 | FRA | Valentin Belaud | 120 |

The Full New Balance World Ranking is available on www.pentathlon.org



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PENTATHLON IN THE ANCIENT GAMES

708 BC - Lampis of Sparta won the first ancient Pentathlon

MODERN PENTATHLON

1912 - Stockholm: First time in the Olympic Programme

1948 - London: UIPM was born

1996 – Atlanta: First time all 5 events competed in one day at Olympics

1998 – Budapest, Mexico, Monaco, Olympia and Lausanne:

UIPM 50 Years Anniversary

2000 – Sydney: First time for women in the Olympic Programme

2004 – Athens: Pentathlon home after 2712 years

2010 – Singapore: First ever Youth Olympic Games

2012 – London: 100 Years of Modern Pentathlon in the Olympic Games

2013 – First ever Biathle Triathle World Championships

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