



## May-June 2014 Union Internationale de Pentathlon Moderne Newsletter

### HIGHLIGHTS

- World Cup Final review – p.2
- Youth World Championships review – p.4
- Junior World Championships review – p.6
- Worldwide tournament news – p.9
- Tournament & Training camp invitations – p.12
- News from around the Modern Pentathlon World – p.12
- Medical and Anti-Doping corner – p.16
- Inside UIPM: Monthly activities of President Schormann – p.17
- New Balance World Rankings – p.22

## Stunning World Cup Final in Sarasota USA as Youth World Championships in Hungary gives us teaser of what to expect at YOG in Nanjing this summer



MODERN  
PENTATHLON

YOUTH "A" WORLD CHAMPIONSHIPS  
YOG QUALIFYING COMPETITIONS



Lufthansa

**new balance.**



**RAM**  
SWISS WATCHES

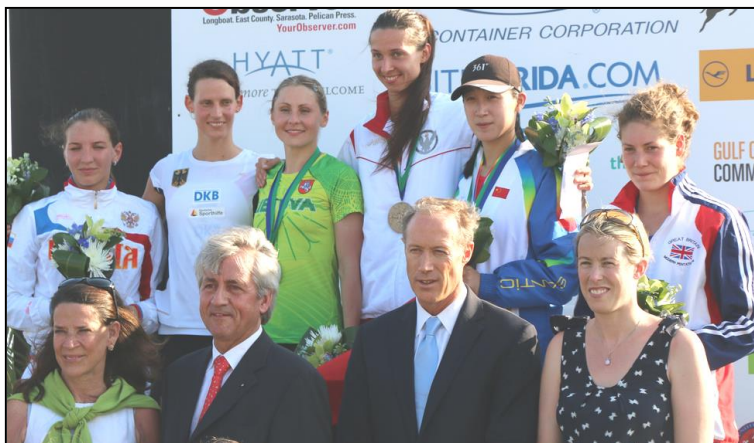
## Stunning World Cup Final in Sarasota-Bradenton

### Oktawia Nowacka takes Women's World Cup Final gold

Another scintillating performance by Poland's in-form Oktawia Nowacka saw her claim a well-deserved gold in the women's event at the World Cup Final in Sarasota, USA.

Lithuania's Laura Asadauskaite took silver after coming from way back on the combined starting grid whilst bronze went to Qian Chen.

The day had begun with Viktoria Tershuk winning the fence but the experience Ukrainian was eliminated in the ride and found herself way down at the start of the combined.



This played in the hands in her pursuers as she was looking strong following a seventh place in the swim.

Nowacka (pictured, left) was the model of consistency, two silvers and one gold already this year on the World Cup Series circuit, had her as one of the early favourites, and she did not disappoint, coming 11th in the fence and 5th in the swim to put herself right in the mix for honours.

A solid ride, with only two knockdowns, saw her primed for victory, confident at the range and swift around the course, she made no mistake in the combined to take the winner's trophy in style.

Great Britain's Kate French was another who excelled, recording her best ever finish and an international UIPM event with 4th place. 2008 Beijing Olympic Champion Lena Schoneborn was 5th with Ekaterina Khuraskina of Russia 6th.

[Women's Final results](#)

### Lesun claims win at World Cup Final

Russia's Aleksander Lesun (pictured, right) took victory in the World Cup Final competition in Sarasota with second place going to Pavlo Tymoshchenko while in third came Ilia Frolov.

[Men's World Cup Final full results](#)

Fencing was won by **Aleksander Lesun** who won 27 bouts. With one victory less second place was taken by his compatriot **Ilia Frolov** while 23 rivals were beaten by **Pavlo Tymoshchenko** and **Woo Jin Lee**.

In swimming **Amro El Geziry** had the best time of 1:53.26. The Egyptian was 4.36 secs faster than **Jianli Guo** and 4.70 secs faster than Woo Jin Lee. The Korean and the Chinese went up to second and third place respectively as the lead was kept by Lesun.

In riding only **Leandro Silva** achieved the maximum result of 300 points, he was however taking place in the middle of the stake and didn't influenced the order at the top of the classification where the lead was saved by Lesun, who had two knockdowns and exceeded the time limit by five seconds. With one knockdown less the riding was finished by **Yasser Hefny** who went up to second place while Frolov who made a clear ride, but exceeded the time limit by 10 seconds.



Lufthansa

**new balance**



**RAM**  
SWISS WATCHES





To the combined event Lesun started 24 seconds before Hefny and 28 before Frolov. The Russian was shooting securely and run with ease thanks to what he kept his lead until the finish line. Behind his back there was a fight for second place.

Alongside with Frolov and Hefny Pavlo Tymoshchenko took part in it. On a second running loop the Egyptian lost his chances for a podium while on the next one the Russian ran away from the Ukrainian. Tymoshchenko however came close to Frolov on a last shooting

range he manage to overtake him and finish second as the Russian took third place.

### Khuraskina and Lesun take gold in World Cup Final's Mixed Relay

Ekaterina Khuraskina and Aleksander Lesun of Russia won the Mixed Relay's World Cup Final in Sarasota, Florida. Second place was taken by pair of China while in third came Lithuanians.

In fecing the winning duo were **Ekaterina Khuraskina** and **Aleksander Lesun** of Russia who won 30 out of 44 bouts. Second place with only one victory less was taken by **Tatsiana Yelizarova** and **Stanislau Zhurauliouf** from Belarus and in third position pairs from China (**Qian Chen** and **Jianli Guo**) and Korea (**Soo Jin Yang** and **Woojin Hwang**) were tied as both teams had 25 wins claimed.

At the swimming pool the best time of 1:55,59 was achived by Chen and Guo. Koreans were 1,12 secs slower whil Italians **Alice Sotero** and **Riccardo De Luca** lost 1,30 secs to them. Belarussians took the lead in the overall classification as they overtook Russians. Third place was kept by the Chinese.



In riding two pairs, Chen and Guo and **Victoria Tereshuk** and **Pavlo Tymoshchenko** of Ukraine, achieved the maximum result of 300 points. The so-far leaders, Belarussians, gained 26 penalty points and fell down to third position with Russia, China and Korea ahead of them.

To the combined event Khuraskina started only two seconds before Chen and 13 before Yang. The Russian and the Chinese ran together for their entire leg and together gave the exchange to Lesun and Guo. The Chinese was shooting better and faster than the Russian, but he was gaining an advantage in running and, though he left the shooting range a few moments after Guo, he managed to cross the finish line 10 seconds before him. In the battle for third place the best

team were Lithuanians – **Laura Asadauskaite** and **Justinas Kinderis**, World No. 1 in women's and men's World Ranking, proved, that they are one of the best runners in the stake. Starting 10th to the combined event with 65 seconds of loss to the leaders they managed to go up to third place, losing only 32 seconds to Russians at the finish.



Lufthansa



RAM  
SWISS WATCHES

## Stars of tomorrow on show at Youth World Championships

### Aurora Tognetti crowned 2014 Women's Youth World Champion



An awesome performance of speed and precision in the combined event ensured Italy's Tognetti (pictured, left) claimed gold at the 2014 Youth 'A' World Championships in the Hungarian capital Budapest. Having begun the final discipline from 11th on the starting grid, she was absolutely scintillating in the run/shoot, showing blistering pace to blow the rest of the field away on route to victory.

#### [Women's Final Results](#)

representing her country at the Youth Olympic Games in Nanjing, China, this summer, she added, "I cannot believe it, I have worked really hard this season, it's an experience I will owe to my teammates and my coaches, I cannot wait to be there now."

Her day began with 18 victories and 17 defeats in the fence as she ended the first discipline in 15th overall. A solid 200m freestyle swim, where she placed fifth with a time of 02:14.28, saw her move up to 11th with just the combined to go.

From there she was simply unstoppable, following the second round of shooting, the Italian moved up to second overall before overtaking the leader **Anna Zs. Toth** of Hungary on the second loop of the 800m course. She followed her 14 seconds clearance of her target on the third round of shooting by getting five green lights in five shots at her ultimate passage before finishing in style to claim the title.



Silver went to **Xiuting Zhong** after the Chinese, who had begun the combined in fifth, overtook the athletes in front of her in the penultimate loop of the course.

There was a real jostle for bronze with a three-way battle between Zs. Toth, the day's best fencer **Juhye Choi** of Korea and Great Britain's **Francesca Summers**. It was neck and neck coming out of the fourth and final round at the range and it was the Brit who found the reserves to step on the gas in the early part of the final loop on her way to a well-deserved third place.



Choi had to settle for fourth place with Hungary's Zs. Toth in fifth.

Egypt's **Morsy Haydy** came 6th with Belarus' **Iryna Prasiantsova** in 7th.

Ukraine's **Yana Polishchuk** made her way up from 22nd at the start of the combined to finish an impressive 8th overall as Germany's **Anna Matthes** and **Xeina Fralcova** of Russia completed the top ten.

Great Britain (pictured, left) were presented with the Team gold as Italy took silver and China bronze.



Lufthansa

**new balance**



**RAM**  
SWISS WATCHES



## Anton Kuznetsov does the business to claim Men's Youth World Championships title

17-year-old Ukrainian starlet **Kuznetsov** (pictured, right) was in barnstorming form in the Men's Final at the 2014 Youth 'A' World Championships in the Hungarian capital Budapest as he stormed to an impressive victory in the combined to take the title.

### [Men's Final results](#)

Having begun his campaign with a third place in the gruelling round robin epee fencing after registering 23 victories from 35 bouts on the pistes, he then clocked a sub-2mins time in the 200m freestyle swim to ensure he would begin the final event in pole position.

With a 21 seconds cushion at the start of the run/shoot, he looked confident at each round at the range, unflustered and always in control. His speed around the 4 loops of the 800m cross-country course ensured he was never under pressure on his way to a well-deserved gold medal in his first international competition. Top spot also confirmed his qualification to the Youth Olympic Games in Nanjing, China this summer.



He told us afterwards, "It is a great feeling to win, I have to thank my coaches for giving me the belief that I could perform at the highest level. Gold means the world to me."

On the prospect of representing his country at Youth Olympic Games, he replied, "It is an honour and a privilege. The Olympics are what dreams are made of. It will be special."

There was a real jostle for position in the chasing pack with so many permutations between second and 15<sup>th</sup> position during the combined event.

**Alexander Lifanov** of Russia, who began the

final discipline of the day in seventh after coming sixth overall in the fence, impressed on his way to taking the silver medal.

Mexico's **Luis Cruz** (pictured, right), the day's best fencer and one of the winners of the qualification groups, overtook nine athletes to win bronze whilst 16-year-old **Max Esposito**, already qualified for the YOG after victory last year at the Asian Championships, showed his credentials after moving up from 22<sup>nd</sup> on the combined starting grid to end the day 4<sup>th</sup>.



Shooting World Record holder **Ricardo Vera** made it a second Mexican in the top five and his total haul of 1118 points added to his compatriot **Andres Garza** clocking the fastest time in the run/shoot to finish 9<sup>th</sup> ensured their country went home with the Team gold.

**Richard Berezcki** of Hungary was 6<sup>th</sup> with **Dovidias Vaivada** of Lithuania finishing 7<sup>th</sup>. US National Champion **Brendan Anderson** confirmed his growing reputation with 8<sup>th</sup> place as Ukraine's **Vladyslav Rydvanskyi** made up the top ten. After coming so close to beating the Youth World Record for a 200m freestyle in a 25m pool, **Henry Choong** of Great Britain finished a lowly 28<sup>th</sup>. But this only confirmed just how tough it is at this level. Team silver went to Ukraine with Russia taking bronze.



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES

## Belarus victorious in Mixed Relay at Youth World Championships

It was the Belorussian pair of **Iryna Prasiantsova** and **Yaraslau Radziuk** (pictured, below) who triumphed in the Mixed Relay at the 2014 Youth World Championships. After winning the fence, they never relinquished first place on their way to gold. Silver went to Ukraine and bronze to Russia. A record number of 24 nations took part in the Mixed Relay.

Capping off a solid weekend for both nations, Ukraine took silver and Russia bronze.

[Mixed Relay Final standings](#)



## Drzonkow provides memorable Junior World Championships

### Foldhazi and Puchkarevskiy crowned 2014 Junior World Champions

The weekend's action at the 2014 Junior World Championships saw both the Women and Men's Finals take place in Drzonkow, Poland. On Saturday, Hungarian sensation Zsolia Foldhazi took gold to successfully defend her title as Russia's Egor Puchkarevskiy demonstrated his undoubted potential with victory in the Men's event a day later.

#### [Women's Results](#)

**Foldhazi** (pictured, right), 20, currently also the reigning European Champion, was looking in fine form in the qualifiers and looked a class act throughout the Women's Final. A fifth place overall in the morning fence and the fastest time in the 200m freestyle had her in third position in the provisional standings before the ride and from there she was simply unstoppable.

In the equestrian show jumping event, she looked at ease and despite a couple of minor penalties, she moved up one further position in the overall classification to start the run/shoot in second place. Her experience and calmness under pressure in the combined ensured she overtook the



**Lufthansa**



**RAM**  
SWISS WATCHES



frontrunner **Ieva Serapinaite** of Lithuania in the penultimate passage at the shooting range to go on and claim gold for a second successive year. A truly magnificent feat by the young starlet.



"I knew I had it in me to win. Drzonkow is where I won the Europeans last year and I always perform well here. So I am delighted to keep my title", declared Foldhazi at the end.

Despite winning the fence and starting the combined a full 45 seconds ahead of Foldhazi, Serapinaite had to settle for silver. She was pleased nonetheless after having carried an injury throughout the Final.

To the delight of the home crowd, **Anna Maliszew** of Poland took bronze after recording the second fastest time in the combined in a nail-biting battle with Ukraine's **Anastasiya Spas** of Ukraine. **Francesca Summers**, off the

back of a bronze medal at the Youth World Championships the week before, came in fourth overall as Spas made up the top five.

Summers' performance, alongside those of her teammates **Joanna Muir**, in 8th place, and **Alice Fitton**, ensured **Great Britain** took the **Team gold**. Silver went to **China**, which was represented by **Wei Wang, Qi Huo and Xiuting Zhong**. Mexican trio **Tamara Vega, Carmen Mayan** and **Mariana Arceo** were presented with the bronze medal for their efforts.

In the Women's Relay, Gloria Tocchi and Francesca Togneti combined to win it for Italy. France took silver with Korea claiming bronze.

In the Men's Final, it was all about **Egor Puchkarevskiy** (pictured, right) as the Russian 21-year-old blew the rest of the competition away. He began with 25 victories on the pistes to go straight to the top of the leaderboard, a position he would never relinquish thereafter. The third fastest time in the pool, clocked at an impressive 1:59.75 cemented his position at the top with a further 341 points added to his tally.



Only two knockdowns and within the time limit for the ride had Puchkarevskiy starting the combined 23 seconds ahead of the 2014 Chinese revelation **Jiahao Han**. Cool, calm and collected, Puchkarevskiy made no mistake in the final event of the day as he brought home the gold with panache.



Puchkarevskiy was overjoyed by his victory, declaring, "To be Junior European Champion and now Junior World Champion is a truly great feeling, I am so happy I could cry."

Korea's **Woongate Jun** was involved in the enthralling battle for second place and was a worthy silver medallist, as he almost caught up with Puchkarevskiy in the last lap of the 800m course. **Oleg Naumov** made it a near-perfect day for Russia after taking a well-deserved bronze.

**Jihun Lee** made it two Koreans in the top four after he had hauled himself back in contention for a medal position following a disastrous fence. Lee's heroics after having



**Lufthansa**



**new balance**



**RAM**  
SWISS WATCHES



placed 24th with the epee, added to those of Jun and their compatriot **Mingyu Choi** gave Korea the Team gold.

**Belarus' Kirill Kasyanik** ended his campaign fifth overall whilst Great Britain's **Joseph Evans**, one of 2013's big stories and the day's quickest athlete in the pool, was out of the running after struggling in the ride and ended his campaign 16th.

China's Han, who had looked on course for a medal in the individual competition but finished sixth, took the Team silver alongside his teammates **Linbin Zhang** and **Shuhuan Li**. Kasyanik and Belarusian pair **Dzianis Zeliankevich** and **Ilya Palazkov** were presented with the Team bronze to confirm the country's impressive development.

### Men's Results

In the Men's Team Relay it was the German pair of Christian Zillekens and Marvin Dogue who took the title ahead of Belarus and Korea in silver and bronze medal positions respectively.



The 2014 Junior World Championships came to a close on Monday 26 May with the Mixed Relay competition in Drzonk6w which saw **Italy** (pictured, below) continue its rich vein of form from the Youth Worlds with **Gloria Tocchi** and **Alessandro Colasanti** taking gold. China took silver with Korea claiming bronze.



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES



## Worldwide tournament news

### Lena Schoneborn and Patrick Dogue victorious at Ministry of Defence Cup

The unique format of competition of the Ministry of Defence Cup again captured the imagination of the crowds in the Russian capital Moscow. Unlike any other of competition on the Modern Pentathlon calendar, the event offers only one draw, the Mixed Relay, with the world's strongest nations going head-to-head with a prize money pot of \$50,000.

After the success of the hosts Russia last year, there was high hopes that the home nation could do it once again. However it was not to be as **Lena Schoneborn** and **Patrick Dogue** (pictured, right) from



Germany claimed the winner's trophy as the Russian duo of **Ekaterina Khuraskina** and **Aleksander Lesun** had to settle for silver with Hungary's **Sarolta Kovacs** and **Bence Demeter** coming home in bronze medal position.

Schoneborn began her campaign in inspired form, fencing superbly on her way to 15 victories on the pistes. Dogue was acquitting himself well as he won 10 to give Germany the lead going into the swim. A near-perfect ride then ensured they would begin the combined in pole and from there they made no mistake to triumph in style. The tournament was covered UIPM partner NTV Plus and broadcast live across Russia. There were plenty of spectators and fans of Modern Pentathlon in the stadium with former pentathlete and now popular TV journalist Denis Stoikov commentating and entertaining the crowds with his unique interaction with the public. Find out more on the Russian Modern Pentathlon Federation website [HERE](#)

### Namibian Biathle Championships review



Last month saw the Namibian National Biathle Championships take place at the Municipal swimming pool in Walvis Bay. A fast and furious competition, 15 athletes ensured their qualification to the South African Championships which will be held in Durban at the end of June. Many of these will then be hoping to make the cut for the Biathle Triathle World Championships in Guatemala this October.

The main event at these Championships was the Biathle competition. The Biathle, which is a short but intense run-swim-run, saw the athletes running distances ranging from 500 to 1,500 metres, then

swim 50 to 200 metres, and then run the same distances again, depending on their age group.

This event was the last chance for the athletes to qualify to represent the Namibian Modern Pentathlon Federation (for the Biathle event) at the upcoming South African Championships. It was also the first time that a Triathle event took place in Namibia. It was hosted as a Fun event and the Biathle athletes and family members teamed up to complete this event together. The Triathle event comprises of three combined elements: shooting (with laser pistol), swimming and running. This competition proved to be an excellent fun activity for participants and spectators alike.

The event was hosted by the Coastal Multi-discipline Club. The main sponsor for the event was Gruhn Builders, which we thank tremendously for their generosity, without which it would barely be possible to host the Championships. [Full results](#)



**Lufthansa**



**RAM**  
SWISS WATCHES

## Masters show what they can do in Neuss

The Masters pentathletes showed again the prowess in five disciplines as they competed in Neuss, in Western Germany, last month in the 2014 NRW Masters. Two age categories, six draws, and a whole lot of fun for the competitors.

5 nationalities were represented at this event with Erwin Stalder of Switzerland the golden oldie of the competition at 76 years of age.

Germany's Manfred Haeb was the most proficient in the men's 30+ category after racking up a total of 1283 points with Max Hanni of Switzerland coming top of the charts in the 60+ category.

[Full results](#)



## Prades and Clouvel take French titles as GB's Prentice wins women's Open

The French National Championships took place this weekend at INSEP in Paris with an Open competition run in parallel. Valentin Prades (pictured, right) claimed the men's gold and Elodie Clouvel successfully defended her status as the No.1 female French athlete whilst Great Britain's Freyja Prentice triumphed in the women's Open competition.

With the level extremely high in both draws, a scintillating competition ensued in both the men and women's draws.

It was neck and neck at the start of the combined after all the top athletes' recorded maximum scores of 300 points in the ride. In the run/shoot, Prades was flying and did the business to win it in style. Defending champion Valentin Belaud was not as quick at the range and in the end had to settle for silver with Casse taking bronze. Brice Loubet was the fastest in the combined but after several mistakes in the equestrian show jumping, he could not make up enough ground to challenge for a podium finish. [Men's Results](#)



In the women's, Elodie Clouvel was once again crowned French champion with the quickest time in the pool, a perfect ride and an impressive fourth overall in the combined putting her on her way. Overall Clouvel took bronze in the open competition which was dominated by Freyja Prentice and London 2012 Olympic silver medallist Samantha Murray with the British pair taking gold and silver. [Women's Results](#)



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES



## World No.1 Laura Asadauskaite takes women's title at Kremlin Cup

Reigning Olympic and World Champion Laura Asadauskaite (pictured, right) of Lithuania confirmed her fine form this season with the much coveted Kremlin Cup trophy after winning the event in Moscow.

A series of quality performances in each discipline by the Lithuanian winning machine saw her come out on top in a star-studded line-up. It was her speed in the combined run/shoot that made the difference as the 30-year-old stormed to victory. Germany's Annika Schleu took silver and Donata Rimsaite of Russia brought home the bronze.

The day began with the fence where Rimsaite was inspired, claiming 18 wins on the pistes to go top of the leaderboard before the swim. Russian athletes were clearly enjoying performing in front of a partisan crowd as Olga Karmanchikova recorded the fastest time in the 200m freestyle swim.

Excellent horses ensured several athletes recorded a maximum 300 points in the ride with defending champion Yane Marques leading the charges. With just the combined to go, Rimsaite was still in the lead.

In the run/shoot, blistering speed and awesome accuracy saw Asadauskaite quickly eat up her 32 seconds deficit on Rimsaite to overtake the Russian on her way to victory.

26-year Annika Schleu was a surprise silver medallist but it was just reward after the third quickest time in the combined. World Cup Final winner Oktawia Nowacka from Poland was fourth overall just ahead of Karmanchikova and USA's Margaux Isaksen in fifth and sixth respectively. [Full results](#)



## Alexander Lesun continues hot streak with Kremlin Cup gold

A week after claiming an impressive victory in the World Cup Final, Aleksander Lesun of Russia was at it again, taking a sublime gold in the men's draw at Kremlin Cup to cap off an incredible few days for himself. With a prize money pot of \$100,000 across the women and men's draws, the competition was fierce.

Lesun got off to a perfect start with victory on the fencing pistes. 17 wins with the epee as he faced 23 opponents. He never relinquished his lead from then on, coming 6<sup>th</sup> in the swim in a time of 2:06 before a perfect ride put him on the combined pole.

In the final event of the day, the run/shoot, he made no mistake, cool, calm and composed, he was fast and powerful around the course and steady with his pistol on his way to claiming the winner's trophy.



The fifth fastest time in the combined after coming 5<sup>th</sup> in the fence and 3<sup>rd</sup> in the swim gave Sergei Karyakin of Russia a well-deserved silver after almost a year away from top level international competition.

Egypt's Yasser Hefny was inspired on his way to bronze as Pierpaolo Petroni of Italy came fourth as Stanislau Zhurauliou of Belarus made up the top five.

Despite the conditions the event attracted a huge number of crowds and Lesun's victory ensured the fans were left happy in Moscow. [Full results](#)



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES

## Tournament and Training camp invitations

This is an important notice for all Athletes and Competitions organisers to continuously check the pentathlon.org website for all information related to invitations and visa letters. Navigate to <http://www.pentathlon.org/invitations> to stay up to date with all the tournaments and camp invitations:

### International Competitions:

- [Open Central Asian Cup/Open Kyrgyzstan Championships](#) - Bishkek (KGZ) - 20-24 June 2014
- [Dutch Open Coubertin Cup](#) - Arnhem (NED) – 28 June 2014 ([Entry Form](#))
- [Senior European Championships](#) - Szekesfehervar (HUN) – 09-15 July 2014
- [A. Imanov Memorial Open Kazakhstan Men Championships](#) - Almaty (KAZ) – 10-12 July 2014
- [Swiss Open Championships](#) - Berne (SUI) – 16-17 August 2014 ([Form A](#) – [Form C](#))

### Junior (U21):

- [Milan Kladec Memorial Czech Junior Open Championships](#) - Prague (CZE) – 12-13 April ([timetable](#))
- [Junior World Championships](#) - Drzonków (POL) – 20-26 May 2014
- [Junior European Championships](#) - Minsk (BLR) – 17-23 June 2014 ([Form A](#) - [Form B](#) - [Form C](#))

### Youth A (U19):

- [Trophee Ulysse Open Youth Mediterranean Cup](#) - Perpignan (FRA) – 28-29 June 2014 ([program](#))
- [European Youth A Championships](#) - Uppsala (SWE) – 17-22 July 2014

### Youth B (U17):

- [Youth B European Championships](#) - San Boi (ESP) – 30 July-04 August 2014

### Masters:

- [Dutch Open Coubertin Cup](#) - Arnhem (NED) – 28 June 2014
- [UIPM XIII Masters World Championships](#) - Berlin (GER) – 17-21 September 2014

### Biathle Triathle World Tour:

- [Biathle Triathle World Tour #3](#) - Graz (AUT) – 20-21 June 2014 (Entry forms: [A](#) - [B](#))
- [Biathle Triathle World Tour #4](#) - Erding (GER) – 04-06 July 2014 ([Entry form](#))
- [Biathle Triathle World Tour #5](#) - Havana (CUB) – 12-13 July 2014
- [Biathle Triathle European Championships](#) - Setubal (POR) – 19-20 July (Entry forms: [A](#) - [Final](#))
- [Biathle World Tour #6](#) - Weymouth (GBR) – 5 September 2014

Don't forget to check the website for regular updates as the invitation can be subject to change.

## News from around the Modern Pentathlon World

### Modern Pentathlon added to FISU World University program

Following the FISU (Fédération Internationale du Sport Universitaire – International University Sports Federation) Board meeting in the Belgian capital Brussels, Modern Pentathlon was included into the World University program.

The sport, under its format of Tetrathlon, will now feature at the World University Championships in 2018. 32 sports had expressed an interest in joining the program but with 50 sports already present in the FISU family, just two were chosen.



On the third and final day of the FISU EB meeting, UIPM Secretary General Shiny Fang was invited to present the case for Modern Pentathlon to be part of the program.



**Lufthansa**



**RAM**  
SWISS WATCHES





Accompanying her for this presentation were up and coming French athletes Geoffrey Megi and Anais Eudes (pictured, left) whose passion gave great credit to the proposal.

UIPM now looks forward to planning for its debut in 2018 and will be working closely with its Member Nations as well as with some of the best Universities worldwide to give the FISU family and its fans a great show. As part of this integration into the

FISU family, Modern Triathlon will also debut at the FISU University Beach Games in Brazil this year.

### Training camp held in Thailand in anticipation of Asian Beach Games

With Modern Triathlon added to the program of the 4th edition of the Asian Beach Games which will be held in Phuket in Thailand from 14-21 November, UIPM has been working with the newly formed Modern Pentathlon Thailand Association to train their athletes in preparation for this watershed moment in the history of this event.

The first of several training camps was held earlier this month with workshops for coaches and athletes with UIPM Technical Delegate Bernhard 'Pedro' Petruschinski lending his expertise and knowledge to the locals.

Low-cost equipment, including Eko-Aims pistols and SimPower targets, was distributed the participants with UIPM in constant discussion with coaches and athletes to oversee their training in running, swimming and laser shooting.



Held on the pristine beaches of Thailand, this training camp and workshop proved once again how easy Modern triathlon is to organise and how much fun it is to part take in for people of all ages.

The Asian Beach Games are sure to attract widespread media attention and Modern Triathlon should capture the imagination of spectators and fans alike.

### ECMP launch dedicated website

With the Senior European Championships scheduled for this July in Szekesfehervar, Hungary, the European Confederation for Modern Pentathlon (ECMP) is pleased to bring you its new dedicated website which contains information on all relevant competitions.

This is an important step in the growth and outreach for the ECMP as it seeks to engage its members and bring the most in-depth and up to date information concerning all the events it will be holding in the future.



Latest news, Members Nations, Board Members and much more. Find out more [HERE](#)



**Lufthansa**



**RAM**  
SWISS WATCHES

## Heather Fell sets sail in Round the World Yacht Race



British Olympic silver medallist and former Modern Pentathlon world number one, Heather Fell joins Clipper Round the World Yacht Race team Jamaica Get All Right to sail the remainder of the circumnavigation.

The world's longest ocean race, uniquely for amateur sailors and known as one of the toughest endurance challenges on the planet, will be Heather's first major sporting challenge since she retired from professional competition earlier this year in January.

Heather, 31, flew to New York to start the long awaited final, homecoming leg, racing via Northern Ireland and the Netherlands to arrive in London on 12 July, where it originally started on 1 September, 2013.

Beijing 2008 silver medallist Heather said having only recently retired from the Modern Pentathlon, the Clipper Race would be a completely new challenge but she is hoping to use as many of her skills gained through her professional career to help her through this race.

"My small amount of sailing experience is insignificant in the scale of this but I can't wait for the challenge. The taster I experienced during the Clipper Race training has made me realise what I'm letting myself in for. I've got a mixture of extreme nerves combined with huge excitement."

Fell, originally from Devon, UK, first stepped on a Clipper Race boat as a child in the inaugural race in 1996 when she visited the fleet in Plymouth before it set off round the world.

## Modern Pentathlon takes centre stage at Moldovan Olympic day

Held in the Moldovan capital Chisinau earlier this month, the Olympic Festival saw thousands of kids take to the streets of the city centre all dressed with a white t-shirt to celebrate sports and the Olympic movement. Organised by the National Olympic and Sport Committee and the Republic of Moldova, 12 sports were demonstrated in the main square with Modern Pentathlon proving to be one of the most popular.

As part of the Olympic solidarity program, UIPM provided the Moldovan Modern Pentathlon Federation with some equipment, including fencing designed for young kids as well as laser pistols with targets. Laser shooting proved to be one of the major attractions of this Olympic Fest.



## UIPM Vice-president Vyacheslav Aminov elected to Russian Olympic Committee Executive Board



The President of the Russian Modern Pentathlon Federation and UIPM Vice-President for Business Affairs Vyacheslav Aminov (pictured, left) was on 29 May elected to the Executive Board of the Russian Olympic Committee. The ROC EB is formed of 25 prominent members of the Russian sports world.

With Russia having been one the leading countries in terms of athletes' development in the last few years under the stewardship of Viacheslav Aminov, his presence on the Executive Board will only help to raise the profile of Modern Pentathlon in both the country and abroad.



**Lufthansa**



**RAM**  
SWISS WATCHES



## UIPM attend Inaugural European Sports Tourism Summit

From the 15-17 May, Martin Dawe, UIPM Member for Marketing, attended the Inaugural European Sports Tourism Summit which took place in the Republic of Ireland.

A number of speakers from across Europe gave presentations on host city strategies. Two of the speakers were famous International Rugby players Lawrence Dallaglio from England and Keith Wood from Ireland.

Whilst there, Martin Dawe visited the impressive sporting facilities at Limerick University and the National Sports Campus in Dublin. Martin also took the opportunity to meet with Sean McDonnell of Pentathlon Ireland and viewed their new training facilities.



Ireland has invested in its infrastructure in recent years and Pentathlon Ireland has worked tirelessly to really develop the sport and grassroots numbers are growing fast. With the support of the country, there has been widespread interest in Modern Pentathlon, especially following the exploits of Natalya Coyle and Arthur Langan O'Keefe at the London 2012 Olympic Games. For more information visit the official website [HERE](#)

## Join Olympic Athletes in Getting Active on Olympic Day!

It's that time of year again when the Olympic Movement is calling on you all around the world to get active for or leading up to Olympic Day. As part of the International Olympic Committee (IOC)'s ongoing mission to use sport and physical activity as a tool for good, Olympic Day is an opportunity to encourage young and not-so-young citizens across the globe, regardless of their abilities and background, to get moving, learn the benefits of physical activity, discover new sports and most importantly, embrace the Olympic values of excellence, friendship and respect.

On 23 June for Olympic Day!

All you need to get active is you. Be inspired by our athletes, get moving and join the fun. Capture the moment of you trying something new, share your photo on social media and use the hashtag #olympicday to show us what you're doing to be part of the movement. [Learn more about Olympic Day](#)



# OLYMPIC DAY

## Melanie McCann stars in stunning Pentathlon Canada promo video



In Pentathlon Canada's new YouTube short "[No Short Cuts](#)", 2012 Olympian [Melanie McCann](#) offers a rare glimpse into the daily grind required of a world-class modern pentathlete, a sport that dictates excellence in the five disciplines of fencing, swimming, show jumping, running and pistol shooting.

"I'm very excited to share a glimpse into what my pentathlon training looks like," said McCann. "So many people only see the result every four years at an Olympics or other major competition but there is lots and lots of sweat – and even a few tears – shed day-in-day-out that make my dream of a spot on the PanAm and

To view "No Short Cuts", visit the Pentathlon Canada YouTube channel at [www.youtube.com/PentathlonCanada](http://www.youtube.com/PentathlonCanada).



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES

## Medical and Anti-Doping corner

### WADA launches ALPHA: A Fresh Approach to Anti-Doping eLearning for Athletes



The World Anti-Doping Agency (WADA) has launched [ALPHA, an Athlete Learning Program about Health & Anti-Doping](#). ALPHA is a program that adopts a fresh approach to anti-doping education by addressing how an athlete's attitudes shape his or her intentions, and ultimately determine doping or anti-doping behaviours.

As WADA's Rob Koehler, Director, Education & Program Development explains, the program aims to substitute the traditional, directive approach to tackling doping with a more positive outlook.

"Instead of telling athletes 'Don't do this and don't do that,' which can come across as negative and daunting, ALPHA provides athletes with solutions," says Koehler, "We want athletes to understand that a number of options and actions are available to them. None involve doping and all take into consideration an athlete's need to perform and succeed."

ALPHA was designed to be a state-of-the-art resource that Anti-Doping Organizations can easily implement and sustain. The program is available in English, with French and Spanish versions to follow later this year. Stakeholder demand will determine the need for additional languages to follow.

ALPHA consists of eight sessions and takes two hours to complete. Athletes are encouraged to take the course in several stages. A score of 80% or higher is required for ALPHA certification, though athletes with insufficient scores are able to repeat the program.

ALPHA's first six sessions address the World Anti-Doping Code requirement for athletes to be educated on the following: Doping Control, Whereabouts, Therapeutic Use Exemptions and Results Management processes, and medical and ethical reasons not to dope. Sessions seven and eight offer practical help on how to stay clean and how to resist the pressure to dope.



The program includes video testimonials from elite athletes in order to provide a point of reference, particularly on the role of patience and failure in sporting life.

### WADA has confirmed an amendment to Section S2.1 of the 2014 List of Prohibited Substances and Methods.

Hypoxia-Inducible Factor (HIF) activators Xenon and Argon will be added to the 2014 Prohibited List, after the recommendation was made and approved by WADA's Executive Committee during its May meeting.

Having recently been alerted to the substance of Xenon and its potential performance enhancing characteristics, the WADA List Committee discussed the matter during its April meeting and recommended namely adding the two noble gases – Xenon and argon – on the Prohibited List.

The [revised 2014 Prohibited List](#) can be found on WADA's website.



**Lufthansa**



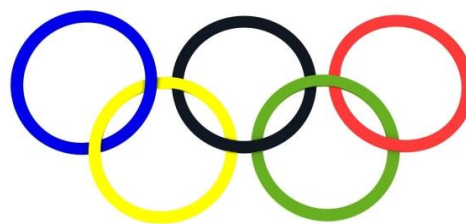
**RAM**  
SWISS WATCHES



## Inside UIPM: Monthly activities of President Dr Schormann

### 7 May - Lausanne, Switzerland

Dr h. c. Klaus Schormann, UIPM President, was appointed to the IOC Culture and Olympic Education Commission as well as given a prominent role in the IOC Culture Policy Working Group by IOC President Dr Thomas Bach. This role will be heavily linked to preparations of for IOC session which will take place in Monaco in December.



### 8 May - Potsdam, Germany



UIPM President Dr. Klaus Schormann visited the Olympic Training Centre of Potsdam where Modern Pentathlon holds an important place in German athlete development as it is included in special projects through schools/grammar schools.

UIPM President briefed the Director of the Olympic Centre Wilfried Lausch and Chief Trainer for Modern Pentathlon Claudia Adermann (a member for Youth and Juniors at the German Modern Pentathlon Federation – DVMF – pictured, left) about UIPM sport activities and its new competitions like the World Beach Games, World Urban Games and the FISU projects in a close future.

They also spoke about the possibility to have a UIPM Training Academy in Potsdam.

### 8-9 May - Berlin, Germany

UIPM President Dr. Klaus Schormann met with German Governors at the Parliamentary Evening as part of a partnership with the Federal Institute for Sport Science, where ideas were exchanged about Sport and Medicine with Alfons Hörmann, the new President of the German Olympic Sport Association (DOSB).



### 12 May - Wiesbaden, Germany

Dr. Klaus Schormann discussed with German Media Council (TV 33) about TV sport projects and money distribution linked to agreements with German TV broadcasters: ARD and ZDF.

### 13-19 May - Budapest, Hungary

UIPM President Dr. Klaus Schormann attended the Youth A World Championships and took the opportunity to meet with several National Federations Presidents to brief them about UIPM special projects linked to the Sport for All movement like Biathle and Triathle and also the relation between Sport and Tourism. Dr Schormann also had a special meeting with President Dr. Geza Reczei (pictured, right) to talk about Hungarian Modern Pentathlon special projects in Hungary in preparation of the 2016 Olympic Games in Rio de Janeiro and plans beyond including the 2020 Games in Tokyo where the Modern Pentathlon competition will be held in one place.

UIPM President Dr. Klaus Schormann also met with President Alejandro Soler-Cabot Serra from Spain and President Attorney Yasar Aksin from Turkey to talk about national needs linked to financial matters and gave them ideas about Youth projects through the Sport for All actions.



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES

Moreover, Dr. Klaus Schormann had several meeting with Tatiana Ardabieva, Secretary General of the European Modern Pentathlon Confederation to discuss the development of European Modern Pentathlon like actions for new member federations and cultural and educational matters linked to the UIPM Cultural Commission. There were also talks on the European Championships and Youth competitions for the region.

Also during the Youth A World Championships, UIPM President Dr Schormann debated with the observer group of students from AISTS Mastering sport course who were researching on Modern Pentathlon as part of the studies. Dr Schormann briefed them on the about the structure of UIPM, the various development projects, the high performance competitions, sponsorship, promotion, athletes career post sports career as



well as many other aspects of the sport and the organisation as a whole..

#### 19-25 May - Drzonkow, Poland

UIPM President Dr. Klaus Schormann met after the Opening Ceremony of the WCH-Junior with the Deputy Sportminister of Poland Mr Boguslaw Ulijasz, the Chairwoman of the District Wojewodztwa Lubuskiego Mrs Elzbieta Polak and Member of the European Parliament Prof. Dr. Boguslaw Liberadzki and discussed with them national and European sport movement linked to the important role of sport as factor for integration but also for entertainment and important part for education and as special parameter for tourism and general business.

President Dr Schormann discussed with Organizing Committee Chair President Anna Bajan (pictured, right) the preparation for the WCH Senior in Warsaw, TC member and TD for the WCH Mr Dong-Kook Chung and SG of PMPA Mr Stanislaw Pytel.



Anna Bajan was keen to include Dr Schormann in the award for young athletes called Youth Games of Poland where he presented talented individuals for their involvement in many activities in the city and in the region. These award are a very important part of the development drive to recruit young athletes in Poland.



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES



Together with the medical delegate Dr. Atanas Andreev and Chairman of Coaches Committee Awad Samy UIPM President discussed during his stay in Drzonkow medical steps to protect health for young athletes , which should be transferred to trainer and coaches .



## 22-23 May – Brussels, Belgium

UIPM President Dr Klaus Schormann travelled to the Belgian capital with Secretary General Shiny Fang in order to give a presentation on having UIPM included into the FISU family at their Executive Board meeting.

Together they briefed FISU President Prof. Claude-Louis Gallien, FISU Secretary General Eric Saintrond and WUC Director Paulo Ferreira about all sport activities of UIPM and spoke about the competition structure for athletes, underlining the fact that most of the athletes are students and therefore deeply involved in the academic society.

Dr Schormann and Mrs Fang were accompanied in Brussels by two French pentathletes, both students, Geoffrey Megi and Anais Eudes (pictured, right).



UIPM's entrance into the family marks an important step in the development of the sport with tetrathlon set to be part of the World University Games from 2018. As part of this, triathle will also be added to the program of the FISU Beach Games this year in Rio de Janeiro.



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES



### 3-10 June – Sarasota, USA



For the World Cup Final, Dr Schormann travelled to Sarasota-Bradenton to attend the competition as well as to attend various functions. The competition was hosted by USA Pentathlon, led by its Director Rob Stull, also a UIPM Business Affairs Delegate, and the Sarasota Bradenton organising committee, chaired by former Florida Secretary of State Katherine Harris.

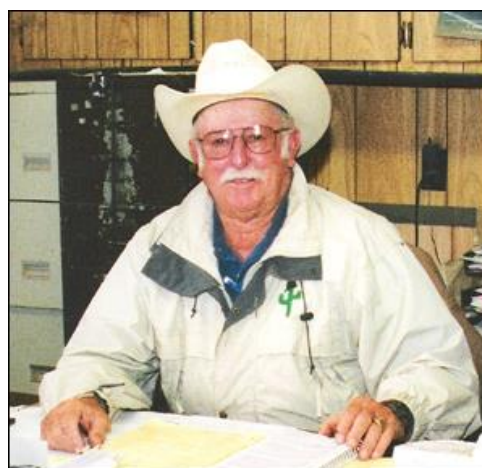
Katherine Harris (pictured, left), a big fan of Modern Pentathlon, wants to continue the relationship with UIPM with her main functions based around fundraising and getting the involvement of the city and region. Her five pillars and philosophy centre on the concepts of sport, art, education, culture and society.

She feels that the sport of Modern Pentathlon holds true to these five concepts and she put her all into bringing this event to Sarasota, ensuring all but the best service for VIPs and athletes alike. It made for a truly memorable experience for all involved.

With the opening ceremony taking place at the Ringling Museum, Dr Schormann had meetings with the President of College of Art & Design Larry Thomson to discuss the creation of the various competition logos and an association with the long-term project of having various pentathlon related events in the city in the coming years.

Colonel John Russell (pictured, right) was awarded with the Baron Pierre de Coubertin medal of honour during the World Cup Final but due to his advancing year was unable to travel to Sarasota to be there to collect the award.

The medal was thus presented to Colonel Russell's son, John Russell Junior by UIPM President Dr Klaus Schormann and Katherine Harris, chairwoman of the Sarasota World Cup Final organising committee.



IOC members Patrick Baumann, Secretary General of FIBA, and Claudia Bokel, IOC Athletes Committee Chairman, were guest of honour at the World Cup Final and they took part in many activities with UIPM President Dr Schormann.

Many discussion took place with the ladder system high on the agenda as the event attracted over 3000 spectators a day. Both thought the concept was excellent, especially Claudia Bokel (pictured, left), as a former fencer herself.

Over 300 volunteers took part in the World Cup Final with all heavily involved throughout.

Claudia Bokel also took the opportunity of meeting with the UIPM athletes Committee.

Patrick Baumann (pictured, left) was impressed with the intricacies of the sport and thought that it really represented the Olympic spirit. He was also enthusiastic about the ladder and thought that it would be bring a whole new angle to the competition, allowing for a whole new approach from the television side.

With the growth of FIBA on the world stage with a strategic development plan that centred around the introduction of the 3v3 half-court game, Patrick



Lufthansa

 new balance



RAM  
SWISS WATCHES



Baumann gave his advice on how to manage initiatives such as the established biathlon world tour and world school biathlon programs as well as the new Modern Triathlon competitions set to be star attractions in coming years with their introduction to Games such as the World Beach Games and the Urban Games.

On Monday 9 June, the UIPM Executive Board met for one day with discussion mainly taking place around the topics of development, distribution of equipment, the future of broadcast and of course the introduction of the fencing ladder system



High up in the Executive Board meeting was the introduction of the fencing ladder system which proved one of the World Cup Final's major attractions as it gave spectators the opportunity of quickly grasping the action and getting them closer to the athletes whilst providing great entertainment.

As the local newspaper described it was a win-win competition.

A fruitful meeting saw the confederations exchange various ideas and plans set out up 2016 with grassroots growth one of the high priorities.



**Lufthansa**

**new balance**



**RAM**  
SWISS WATCHES

## Pentathlon New Balance World Rankings

### New Balance Pentathlon World Ranking

The PWR is updated live on [www.pentathlon.org](http://www.pentathlon.org) after each competition. PWR as at 16 June 2014:

#### Women

1	LTU	Laura Asadauskaite	206
2	CHN	Qian Chen	180
3	BRA	Yane Marques	173
4	POL	Oktawia Nowacka	170
5	USA	Margaux Isaksen	164
6	UKR	Ganna Buriak	163
7	RUS	Donata Rimsaite	162
8	UKR	Victoria Tereshuk	156
9	RUS	Ekaterina Khuraskina	156
10	GER	Lena Schoneborn	151
11	UKR	Iryna Khokhlova	148
12	KOR	Soo Jin Yang	145
13	LAT	Elena Rublevska	138
14	GBR	Kate French	134
15	CHN	Wei Wang	134
16	GBR	Mhairi Spence	133
17	CHN	Xiaonan Zhang	132
18	HUN	Sarolta Kovacs	132
19	GBR	Freyja Prentice	130
20	HUN	Zsolia Foldhazi	130

#### Men

1	LTU	Justinas Kinderis	197
2	FRA	Valentin Prades	194
3	HUN	Adam Marosi	190
4	RUS	Ilia Frolov	184
5	RUS	Aleksander Lesun	176
6	HUN	Robert Kasza	161
7	FRA	Jean Maxence Berrou	158
8	FRA	Christopher Patte	155
9	GBR	James Cooke	149
10	CHN	Jinhwa Jung	142
11	ITA	Riccardo de Luca	140
12	CHN	Jianli Guo	139
13	UKR	Pavlo Tymoshchenko	130
14	ITA	Nicola Benedetti	129
15	KAZ	Pavel Ilyashenko	128
16	EGY	Amro El Geziry	126
17	UKR	Dmytro Kirpulyansky	123
18	HUN	Bence Demeter	123
19	HUN	Peter Tibolya	122
20	FRA	Valentin Belaud	120

The Full New Balance World Ranking is available on [www.pentathlon.org](http://www.pentathlon.org)

### PENTATHLON IN THE ANCIENT GAMES

**708 BC** - Lampis of Sparta won the first ancient Pentathlon

### MODERN PENTATHLON

**1912** - Stockholm: First time in the Olympic Programme

**1948** - London: UIPM was born

**1996** - Atlanta: First time all 5 events competed in one day at Olympics

**1998** - Budapest, Mexico, Monaco, Olympia and Lausanne:

UIPM 50 Years Anniversary

**2000** - Sydney: First time for women in the Olympic Programme

**2004** - Athens: Pentathlon home after 2712 years

**2010** - Singapore: First ever Youth Olympic Games

**2012** - London: 100 Years of Modern Pentathlon in the Olympic Games

**2013** - First ever Biathlon Triathlon World Championships

### UIPM HEADQUARTERS

Stade Louis II – Entrance E -13 Avenue des Castelans, MC-98000 Monaco

Tel. +377 9777 8555 - Fax +377 9777 8550

E-mail: [uipm@pentathlon.org](mailto:uipm@pentathlon.org) Web site: [www.pentathlon.org](http://www.pentathlon.org)

Facebook: Facebook.com/modpen Twitter: UIPM\_HQ Youtube: Youtube.com/uipmchannel



**Lufthansa**



**RAM**  
SWISS WATCHES