UIPM 2016 WORLD CUP #4
Hungary stages a sporting showcase

JAMES COOKE (GBR) CELEBRATES WINNING MEN'S INDIVIDUAL GOLD AT WORLD CUP #4 IN KECSKEMET, HUNGARY
Dr Klaus Schormann, President of UIPM, paid tribute to the Hungarian organisers after a highly successful 4th round of the 2016 UIPM World Cup in Kecskemet.

The Men’s and Women’s Individual finals were decided in dramatic fashion as the passionate Modern Pentathlon supporters of Hungary urged their athletes to emulate the success of their predecessors who created such a rich heritage. There was also a notable victory for Guatemala in the Mixed Relay, demonstrating the global depth that exists within the sport.

“The facilities were great, the horses were great and the whole competition was in perfect harmony and on a very high level,” said Dr Schormann.

“All the preparation is going very well for the World Cup Final in Sarasota, so I can only say congratulations to the athletes who have given everything and competed to the very last moment, and to the Organizing Committee.

“Twelve astonishing minutes later, she was heading for the top step. Prokopenko (BLR) is known for her running and shooting abilities but this was a truly miraculous turnaround. She began the Combined Event 48 seconds behind the leader and finished it with several seconds to spare as the winner.

The 30-year-old mother of two has been a contender for Modern Pentathlon’s most prestigious prizes for many years, and with two top-six finishes at the Olympic Games she is an athlete who should never be written off. But she even surprised herself with this gold medal success, ahead of Hungarian home favourite Zsófia Foldhazi (silver) and French starlet Julie Belhamri (bronze).

“It’s amazing, because three days ago in Budapest my coach said to me: ‘Anastasiya, go to the World Cup and treat it like a training event for the World Cup Final.’ And I said: ‘No problem.’
“After the finish line, I could not believe I had finished in first place. It has been a fantastic day.”

The day’s action began in the pool, where Samantha Murray (GBR) prevailed in a thrilling race against two Hungarians, Sarolta Kovacs and Foldhazi. The world No.4 Foldhazi summoned a great finish and very nearly caught both of the leaders, who had been the fastest qualifiers.

In the end it was Murray (GBR) who touched the wall first with only a 0.09sec advantage over Foldhazi (HUN) and 0.57sec over Kovacs (HUN).

China, searching for its first World Cup success of 2016, began to assert itself in the Fencing arena. Xiaonan Zhang was the top performer on the piste with 24 victories, even though she lost the final bout of the Bonus Round to Elena Rublevska of Latvia.

Zhang (CHN) entered the Riding in 2nd place overall, one place ahead of compatriot Qian Chen. The former world champion fell out of contention with an error-strewn round, as did overall leader Tamara Alekseyev (HUN). Alekseyev (HUN) and Chen (CHN) each incurred 43 penalty points, allowing the consistent Zhang (CHN) to start the Combined Event with a 16-second advantage in 1st place. The leader made such serene progress at the start it seemed inevitable that the most exciting battle would be for silver. However, after nine quickfire hits Zhang (CHN) took nearly 20 seconds to land her final shot at the second range and the chasing pack closed in.

First it was Belhamri (FRA) who got her nose in front after the third range, but Zhang (CHN) refused to give up and a pack of five including Murray (GBR), Kate French (GBR) and Foldhazi (HUN) advanced together to the final shoot.

There, while attention was focused on which of the five leaders would hold her nerve, Prokopenko (BLR) stunned everybody by arriving and firing off five instant hits to bolt into the lead.

An astonishing 48-second swing had taken place between Prokopenko (BLR) and Zhang (CHN), and the experienced campaigner in the Belarus baseball cap knew she had the stamina to hold off her rivals.

As Belhamri (FRA) tired, last year’s winner Foldhazi (HUN) moved into silver-medal position. Belhamri clung on to bronze as Zhang (CHN) showed resilience to hang on to 4th in a sprint for the line with Marie Otieza (FRA) and Annika Schleu (GER). Great Britain took 7th-9th places through Freyja Prentice, French and Murray, who suffered a late fade-out after a strong day.

Dr Klaus Schormann, President of UIPM, said: “At this 4th World Cup in Kecskemet we saw a drama like no other we have seen this season. For the athlete placed 19th to finish in 1st place was something that nobody expected.”
“The facilities were great, the horses were great and the whole competition was in perfect harmony and on a very high level. All the preparation is going very well for the World Cup Final in Sarasota, so I can only say congratulations to the athletes who have given everything and competed to the very last moment, and to the Organizing Committee, and we look forward now to tomorrow’s Men’s Final.

“This was a great showcase for Modern Pentathlon.”

Men’s Individual: Cooke comes between Hungary and glory

James Cooke of Great Britain became the second athlete in two days to come between Hungary and glory at UIPM World Cup #4.

A day after Anastasiya Prokopenko (BLR) consigned Zsofia Foldhazi (HUN) to silver, Cooke (GBR) refused to give the home crowd the gold they craved as he narrowly beat Hungarian duo Adam Marosi (silver) and Bence Demeter (bronze) to the line.

Cooke (GBR), who won his first World Cup gold in Hungary in 2013 and added his second success last year in Sarasota (USA), proved his calibre once again after a scintillating Swimming performance and an ice-cool showing on the Shooting range.

The day’s action began in the pool, where Cooke (GBR) and Gauthier Romani (FRA) prevailed with the best Swimming results.

Both athletes raced for the lead from the very beginning but it was Cooke who came out on top. His fastest time was 1:58:32, ahead of closest rivals Romani and Cao Zhongrong (CHN), meaning Cooke led the competition.

In the Fencing event, an outstanding performance from Stefan Kollner (GER) saw him lead throughout to take 25 wins overall, including a victory over Pierpaolo Petroni (ITA) in the final bout of the Bonus Round.

The two Ukrainians, Yuriy Fedechko and Pavlo Tymoshchenko, chased the leader for the duration but were never able to catch up. Cooke (GBR) staged a comeback to finish with 19 wins, keeping him in medal contention after the first two rounds.

Marosi (HUN) finished the event with 23 wins, ahead of Fedechko and Tymoshchenko (UKR) who had 22 wins each.

In the Riding, it was two other Hungarians, Demeter and Peter Tibolya, who claimed maximum points. Romani (FRA) also performed well, finishing 3rd with only time penalties and staking his claim at the top of the overall leaderboard.

Marosi (HUN) and Cooke (GBR) finished securely in 17th and 11th place respectively, and held on to their positions due to strong showings in earlier rounds.

In the Combined Event, early favourite Marosi (HUN) began just...
3 seconds behind leader Romani (FRA). Cooke (GBR) took an early lead with an outstanding starting performance in the shooting range.

Marosi (HUN) and Cooke (GBR) were eventually able to break away from the chasing pack, with the home crowd cheering on the Hungarian. It was only Cooke’s quick shooting which seemed to hold off the challenger.

In the final moments, it was Cooke’s cool head in the range which ultimately won him the contest, while Marosi was a comfortable winner of silver. A fierce battle for bronze ultimately ended with a second Hungarian, Demeter, earning a place on the podium ahead of Petroni (ITA).

Romani (FRA) finished 5th with Justinas Kinderis (LTU) completing an all-European top six.

Dr Klaus Schormann, President of UIPM, said: “Today we saw a drama like no other we have seen this season. For the athlete placed 19th to finish in 1st place was something that nobody expected.”

Mixed Relay: Golden glory for Guatemala

Guatemala’s preparations for the 2016 Olympic Games in Rio de Janeiro were given a real boost in Hungary when their leading duo of Isabel Brand and Charles Fernandez won Mixed Relay gold at the fourth round of the 2016 UIPM World Cup.

On the final day of competition in Kecskemet, the powerful Central American pairing timed their campaign to perfection as they surged to the front of the field with a near faultless Riding performance.

The Guatemalans never looked back, finishing clear of Egypt (Sondos Aboubakr & Sherif Nazeir) in second with Germany (Alexandra Bettinelli & Alexander Nobis) stealing into the bronze medal position at the end as Spain’s medal challenge fell narrowly short. Host nation Hungary, which had won three medals in the individual events, had to settle for 5th with Mexico and Argentina rounding out the competition.

But for Guatemala, this was a dominant victory that will raise expectations for Fernandez and Brand, two precocious talents aged just 20 and 19 respectively, who are proving youth can prosper at the very top of the sport.

Brand said: “It’s my first World Cup medal and I am really, really pleased.

“I was really happy with my Fencing and I had a good horse – I loved him.

“It’s amazing. Shooting was also really good and Swimming, too, so I happy with it. I’m getting there.”

It was over the fences that Guatemala hit the front, overtaking Spain with a faultless display. Brand, from a strong family Riding background, led the way but this was a gold medal victory secured with great teamwork with Fernandez,
individual gold medallist at last summer’s Pan American Games in Toronto, equally impressive.

Fernandez said: “We’re just very happy with the performance, especially Riding which made us really, really happy. After that we were able to maintain our lead in the Combined Event.

“Overall it was a great competition, we learned a lot and we are just looking forward to the next competitions, especially the Olympic Games.”

The final day’s action began in the pool where Marta Garcia-Miguel got Spain off to the perfect start in the women’s leg, storming home ahead of Brand (GUA) with Tamara Alekszejw (HUN) third.

In the men’s 100 meters, Cristobal Rodriguez confirmed Spain’s Swimming superiority, comfortably winning ahead of Fernandez (GUA). With a great finish Nazeir (EGY) took third place to move into the top three as action moved to the piste.

In the Fencing, Guatemala had the best start and after three rounds they had 11 wins, ahead of the Hungarians. Spain found their form and in the next three rounds won 12, with only six defeats taking the lead with 21 wins. Egypt was close behind with 19 wins, and finished in 2nd place. However the leaderboard was rapidly tightening with four other teams ending the discipline with 18 wins. Garcia-Miguel and Rodriguez then confirmed Spain’s position at the top of the field as they were the last team standing in the Fencing Bonus Round.

However things were soon to take a significant turn when fortunes were very mixed in the Riding. Argentina (Pamela Zapata & Sergio Villamayor) and Mexico (Mayan Oliver & Ismael Hernandez Uscanga) picked up penalties.

Egypt had been ultra-impressive with a pair of speedy clear runs. However Aboubakr picked up a very costly time penalty for leaving the transition area. In came Brand & Fernandez (GUA) with an exhibition of clean riding that put all the pressure on the leading Spanish. It told as Rodriguez’s mount refused the first fence and Guatemala were clear.

It was to stay that way as Brand (GUA) laid all the groundwork with a supreme performance in the Combined Event, putting on an exhibition of Shooting. Aboubakr made amends for an earlier error as Egypt moved into second before the changeover.

Fernandez was clear of the field and while there was a slight wobble on the second round of shooting, Guatemala finished clear of Egypt, with a stirring final leg performance by Nobis helping Germany to win bronze.

All eyes now turn to Sarasota-Bradenton (USA) for a highly anticipated World Cup Final (May 5-8), which will be streamed live on uiptv.org.
Skin cancer expert to become UIPM medical consultant

UIPM has secured the services of leading skin cancer expert, Prof Dr med habil Hans-Michael Ockenfels, as a medical consultant.

Prof Ockenfels, along with his team at the Rhein-Main Dermatology Centre, became the first dermatologist in Germany to develop a skin cancer prevention program for athletes five years ago. This was preceded by studies of increased skin cancer rates in elite athletes and recreational sports.

In future, Prof Ockenfels will be available to advise UIPM on the topic of skin and its exposure to UV rays. This preventative medicine is not only for elite pentathletes but athletes at all levels. Stay tuned to future editions of the Newsletter for updates, especially with regard to the Olympic Games in Rio de Janeiro and the local UV index.

Prof Ockenfels, in a program first implemented for the German Olympic team funded by the foundation Sporthilfe Hessen, determined the individual risk facing athletes based on training location, on competitions and times. With this data he is able to perform analysis of existing cellular damage by confocal laser microscope.

UIPM President Dr Klaus Schormann and Dr Richard Budgett, the IOC Medical and Scientific Director, visited one of Prof Ockenfels’ clinics to inspect his techniques and his program. He was subsequently invited by Dr Bugdett and Prof. Dr. Uğur Erdener, Chairman of the IOC Medical and Scientific Commission and IOC Executive Board Member, to Lausanne to brief the IOC Medical Chairman Meetings on the threat of skin cancer to athletes and prevention measures.

Moscow 2016 launches website

With the 2016 UIPM Senior World Championships fast approaching, the Local Organizing Committee in Moscow (RUS) has launched a dedicated website for the event at http://moscowwch2016.ru.

This website can be used by all media outlets and individuals seeking accreditation for the World Championships (May 23-29), and the accreditation process is now open with a deadline of May 16.

There is useful information about the visa process and a link to ticket sales as well as background information.

During the championships, live results will be carried as usual on pentathlon.org and the finals will be streamed live on uipmtv.org.

Also, UIPM has recently launched a
Russian social media presence on VK where the latest MP news will be published in Russian: https://vk.com/vivamodernpentathlon.

Hungary sets up training camp ahead of Olympic Hopes

After another successful World Cup event, the Hungarian Modern Pentathlon Federation is looking to the future.

In October, the HMPF will run a training camp for youth pentathletes from all over the world, in advance of the Olympic Hopes tournament.

Olympic Hopes is a multi-sport Youth Games arranged by Hungary since the 1990s in conjunction with Czech Republic, Slovakia and Poland.

This year there will be 42 events across 28 sports, and the Modern Pentathlon takes place in Tata on October 28-30.

With invitations welcome from outwith the four organizing nations, the HMPF has also thrown the doors open to International Federations that want to send their best young athletes to take part in the training camp.

It will be a four-discipline exercise, with Fencing based on request. Accommodation is provided in the National Sports Centres.

Invitations to both the training camp and the Olympic Hopes event will be available in due course.

Kenya Training Camp

More than 200 aspiring pentathletes in Kenya received tuition from two members of the UIPM Instructors Group during a successful 10-day training camp funded by UIPM and hosted by Hillcrest International School.

Training in all five Modern Pentathlon disciplines - including one epee fencing session for almost every participant - was given by UIPM Instructors Ahmed Amer and Mohamed Mahmoud, and the pool of athletes was drawn from several local schools and a pony club.

Kenyan athletes Coral Hays and Ledama Masidza also helped out with the training demands and four shooting officials from the Modern Pentathlon Federation of Kenya (MPFK) were coached on the principles of training athletes for the Combined Event.

The training camp included a press conference and generated significant media coverage.

Mr Christopher Starling, Deputy Head of Hillcrest School, thanked the visiting UIPM Instructors and said they were "professional, patient and kind to all of the students and acted as great ambassadors to the sport".

The MPFK hailed the camp as a great success as it continues to work towards the goal of trying to qualify Kenyan Modern Pentathletes for the 2020 Olympic Games in Tokyo.
Medical and Anti-Doping Corner

WADA PUBLISHES 2016 PROHIBITED LIST

On 16 September, the World Anti-Doping Agency’s Executive Committee approved the 2016 List of Prohibited Substances and Methods, which is now available on WADA’s website in English. The List will come into force on 1 January 2016.

Updated annually, the List is one of five International Standards that are mandatory for all signatories of the World Anti-Doping Code (Code). It designates what substances and methods are prohibited in- and out-of-competition; and, which substances are banned in particular sports. According to the Code, if a substance or method is found to meet two of three criteria (enhances performance, poses a threat to athlete health, violates the spirit of sport), then it could be considered for placement on the List.

The List’s annual revision process is led by WADA and involves extensive consultation, which begins with a draft being circulated for comment amongst stakeholders. The comments are considered by WADA’s List Expert Group, which then presents its conclusions to WADA’s Health, Medical and Research Committee (HMRC). Once this process is concluded, the HMRC makes recommendations to WADA’s Executive Committee, which are discussed before making a final decision during its September meeting.

The new List can be found in the Medical Corner of the UIPM website (pentathlon.org).

Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters. Navigate to the National Federations Portal or to http://www.pentathlon.org to stay up to date with all tournament news.

Competition Invitations

UIPM 2016 Senior World Championships
Moscow, RUS
23-29 May 2016

UIPM 2016 Youth A World Championships
Limerick, IRE
15-18 July 2016

SAY NO! TO DOPING

In partnership with

WADA play true
Shiny Fang met with various delegates of the participating nations and with the President of the Hungarian Modern Pentathlon Association, Dr Geza Reczei. They discussed the upcoming Olympic Games in Rio de Janeiro and Dr Reczei briefed Dr Schormann about new projects in Hungary backed up by strong financial support of the Government of Hungary, which could be very useful for UIPM in terms of international competitions and training sessions in the coming years.

UIPM President Dr. Klaus Schormann discussed the 2017 World Cup in Kecskemét with Mr Szemes Marton, Executive Director of Hirös Sport Ltd, and Dr Simoka Beata, Vice-President of HMPA. Some special projects with schools and the University of Kecskemét will be organized in the time between the disciplines and on qualification days to promote Modern Pentathlon more to the public.

UIPM President Dr Klaus Schormann met in his President’s Office in Darmstadt with Joachim Schmidt, CEO of Schmidt Media in Germany, to discuss promotional possibilities for Modern Pentathlon through special TV productions in China, including projects linked to the Olympic Games in Rio de Janeiro.

Together with Mr Tobias Knoch, Director of the German Olympic Academy (DOA), Dr Schormann discussed possibilities to cooperate in the field of education and culture linked to the Summer Youth Olympic Games in Buenos Aires 2018 and the Olympic Movement in general. The Olympic Academies are playing an important role in the worldwide development of the Olympic values.

During World Cup #4 in Kecskemét UIPM President Dr Klaus Schormann and UIPM Secretary General

With IOC Member Pal Schmitt (UIPM Honorary Member) and Dr Szabó Tünde, State Secretary of Sports for Hungary, President Dr Schormann spoke about the history of the Olympic Movement in Hungary and underlined the important role played by Modern Pentathlon. Hungary has had an annual tradition of organizing high-level UIPM competitions. Briefly they discussed the bid of Budapest for the Summer Olympic Games 2024.

UIPM President Dr Klaus Schormann joined by UIPM Secretary General Shiny Fang, Events Director Karen Myers and Media & Marketing Manager Roque Teixeira in participating in SportAccord 2016 in Lausanne. On April 18 they met with all Olympic Bid Cities for 2024 (Budapest, Los Angeles, Paris and Rome) to discuss the need for a Pentathlon Stadium for optimised presentation of Modern Pentathlon based on Tokyo 2020 plan.
On April 19 President Dr Schormann, Vice-President Ivar Sisniega and Secretary General Shiny Fang represented UIPM in the ASOIF General Assembly, where Mr Francesco Ricci Bitti was re-elected for the next four years and IOC Member Dr Ching-Kuo Wu (AIBA President) was re-elected as representative of ASOIF on the IOC Executive Board. Discussions covered preparations for the Olympic Games in Rio de Janeiro in 2016 and in Tokyo in 2020; a review of the ASOIF Statutes and the financial report.

On April 20 the delegation (Ivar Sisniega is 1st Vice-President of PASO) met Michael Fennell, Sport Director of PASO, and Jose Quinones Gonzalez, President of the Peru Olympic Committee, to discuss Pan American Games facilities for Modern Pentathlon, the qualification for 2020 and the recognition of American Confederations in PASO.

On April 21, Dr Schormann and Shiny Fang met with Ms Michelle Lemaitre, Head of Sustainability and Olympic Legacy at the IOC. They briefed Ms Lemaitre on the historical actions and policies of UIPM in the area of sustainability. Further discussions will follow in the near future.

They also met with Will Bian, Vice President of Taishan Sports Industry Group in China, to speak about upcoming cooperation based on previous discussions. Mr Bian explained to the UIPM President and SG the company’s latest concepts and planned activities in Shanghai.

During the SportAccord convention President Dr Schormann and UIPM Staff had various meetings with agencies and city officials and media companies.

President Schormann had a special meeting with Mr Aki Murasato, Executive Director of International Relations & Sport from Tokyo 2020, to discuss candidates for the role of Modern Pentathlon Competition Manager and the new technical equipment requirements of Modern Pentathlon. The Tokyo Stadium, with 50,000 spectator seats, will stage all five Modern Pentathlon disciplines during the 2020 Olympic Games. Furthermore, they spoke about the UIPM World Cup Final in 2019 which will double as an Olympic test event.

On April 22, UIPM was represented by President Dr Schormann, Vice-President Sisniega and SG Fang at the SportAccord General Assembly. The main task of the General Assembly was the election of the new SportAccord President. IOC Member, FIBA Secretary General and ASOIF Council Member Patrick Baumann was elected with a clear majority. In the race as second candidate was Anna Arzhananova, President of the World Underwater Federation.
23-24 APR 2016 - BERLIN, GERMANY

Dr Schormann visited the International German Men/Junior Championships in Berlin, organized by the Berlin Federation in the Olympic Park, where he also met with UIPM Athlete Committee Members Dmytro Kirpulyanskyy (Chairman) and Sebastian Dietz (also Treasurer of the German Modern Pentathlon Federation, DVMF) to discuss needs of athletes linked to media presentations and interviews.

UIPM President Dr Klaus Schormann took part, in his capacity of Honorary President, in the DVMF General Assembly, where Mr Michael Scharf - a former world-class athlete - was elected as President proposed by Dr Klaus Schormann. Mr Scharf pledged to maintain the close cooperation between German Modern Pentathlon and UIPM.

27 APR 2016 - FRANKFURT AM MAIN, GERMANY

Dr Schormann met with Prof Dr Hans-Michael Ockenfels, who with his team at the Rhein-Main Dermatology Centre became the first dermatologist in Germany to develop a skin cancer prevention program for athletes five years ago. They discussed possibilities for future cooperation with Prof Ockenfels as a Medical Consultant where he is available and advising UIPM relating to all questions around the topic of skin.
The PWR is updated live on www.pentathlon.org after each competition. PWR as at 30 April 2016:

### Women

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Calendar  UIPM Competitions

MAY / JULY

UIPM 2016 Senior World Championships
Moscow, RUS
23 - 29 May 2016

UIPM 2016 Youth A World Championships
Limerick, IRE
15 - 18 July 2016

Other International Competitions

May

NORCECA Youth Championships
Colorado Springs, USA
12-16 May 2016

Memorial Milan Kadlec (Junior)
Prague, CZE
14-15 May 2016

Open NRW Masters Championships
Neuß, GER
20-22 May 2016

June

NORCECA Youth Championships
Colorado Springs, USA
12-16 May 2016

Memorial Milan Kadlec (Junior)
Prague, CZE
14-15 May 2016

Open NRW Masters Championships
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20-22 May 2016

MODERN PENTATHLON | Key-Milestones

“The Modern Pentathlon event would test a man’s moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete.”

Baron Pierre de Coubertin

PENTATHLON IN THE ANCIENT GAMES

708 BC - Lampis of Sparta won the first ancient Pentathlon

MODERN PENTATHLON

1912 - Stockholm: First time in the Olympic Programme
1948 - London: the UIPM was established
1996 – Atlanta: First Olympic Games all 5 events took place in one day
1998 – Budapest, Mexico, Monaco, Olympia, Lausanne: UIPM celebrates 50th Anniversary
2000 – Sydney: First time women pentathletes competed in the Olympics
2004 – Athens: Pentathlon home after 2712 years
2010 – Singapore: Combined event (running and shooting) and laser pistol introduced into the 1st Youth Olympic Games
2012 – London: 100 Years of Modern Pentathlon in the Olympic Games
2014 – UIPM joins the International Paralympic Family and the University Sports Family
2016 – Rio de Janeiro: Fencing Bonus Round in the Olympic Games