



UIPM
World Pentathlon

UIPM Para Laser Run

NPC hosting manual 2019 - 2020

Intro

The UIPM Para Laser Run (PLR) consists of laser shooting and running.

The shooting involves laser pistol shooting in series at a range equipped with laser targets.

Each series of shooting is followed by running set distances shown throughout this guideline.



Event



In seasons 2019 - 2020 UIPM PLR shall mainly take part of UIPM Global Laser Run City tour series Events

Local National Federation is responsible for the event organization

Competition follows 2019-2020 UIPM Laser Run competition guidelines

Venue and Equipment

For 2019 Venue is already selected and approved by municipalities, therefor may occur only one or few of UIPM class can be included

Equipment for Athletes may be borrowed by National Federation or UIPM for the purpose of competition



UIPM Classification



UIPM defines 5 classes, including 3 standing classes, 1 wheelchair and athletes with visual impairment

Classes are marked
LR 1 , LR 2, LR 3, LR4 and LR5

Full classification document can be found here:
http://www.uipmworld.org/sites/default/files/uipm_para-sport_regulations_v3_0.pdf

Distances to Run

Distances corresponding to each class are as follows:

LR 1 4 x 400m

LR 2 4 x 400m

LR 3 2 x 400m

LR 4 4 x 400m

LR 5 4 x 400m

Who can classify



In 2019-2020 Classification can be done by National Classifiers with experience from Swimming or Athletics

Class assignement can be consulted by UIPM Head of Classification

UIPM Head of Classification

Mr. Paul Baudet, a current member of the UIPM Para-Pentathlon Commission, is a qualified UIPM Classifier who speaks Spanish, English and Russian as well as his native French.

Responsible for the direction, administration, coordination and implementation of all classification matters for the remainder of the Tokyo 2020 cycle.

Contact: classification@pentathlon.org
/please copy para@pentathlon.org





Cooperation with NPC

UIPM would appreciate help / assistance to National Federations' organizing committee to find participants for PLR Events
Help with basic classification for PLR

Communication of the event invitation within athletes community

Direction and guidance towards successful event

UIPM Promo Tools

UIPM uses various tools for promotion of its events

www.uipmworld.org

www.uipmtv.org

<https://www.facebook.com/WorldPentathlon/>

<https://www.facebook.com/UIPMLaserRun/>

<https://twitter.com/WorldPentathlon>

<https://www.youtube.com/user/uipmchannel>

<https://www.instagram.com/theuipm/>



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