

**JAN  
2019**



UNION INTERNATIONALE  
DE PENTATHLON MODERNE



**World Pentathlon  
Newsletter**

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## NEW UIPM CODES OF CONDUCT RELEASED



*Representatives from the UIPM Athletes Committee, Coaches Committee and Technical Committee gather in Frankfurt (GER) for the joint meeting*



# UIPM Joint Committees Meeting

## New Codes of Conduct for athletes, coaches and technical officials

Three new Codes of Conduct for athletes, coaches and technical officials have been unveiled by UIPM.

The standards were adopted during the 2nd UIPM Joint Committees Meeting, which brought together the Athletes Committee, Coaches Committee and Technical Committee for two days of talks in Frankfurt (GER) which also involved the International Olympic Committee (IOC) Sports Department.

The release of three Codes of Conduct in time for the 2019 season was hailed as a landmark moment for UIPM Sports. UIPM President Dr Klaus Schormann said: "I am proud that the UIPM Athletes Committee, Coaches Committee and Technical Committee have come together in a spirit of unity and shared purpose to create these new Codes of Conduct.

"We now have a strong set of standards for behaviour for all athletes, coaches and technical officials involved in our movement and we can also say that we have high standards of governance right across UIPM – some of the highest standards in the Olympic movement.

"The Codes of Conduct will ensure that all members of our global community take a responsibility for our reputation as an organisation that continually promotes clean sport and complete sport, protecting the heritage of our founder Baron Pierre de Coubertin."

Aya Medany (EGY), Chair of the UIPM Athletes Committee and Member of the International Olympic Committee Athletes Commission, added: "The formation of a UIPM Code of Conduct for athletes is a great step forward.



1		Promote the values of Modern Pentathlon on and off the field of play throughout your lifetime
2		Always respect the rules of Modern Pentathlon
3		Perform to your best, have self-respect and treat your fellow athletes, coaches, officials and spectators with courtesy and respect
4		Never discriminate against any individuals based on race, color, religion, gender, sexual orientation or national origin
5		Condemn every instance of unsportsmanlike or unfair play or manipulation of results
6		Never engage in the use of crude, foul, threatening or abusive language and/or abusive gestures and/or negative body language
7		Be humble in victory and gracious in defeat
8		Accept officials' decisions with good grace
9		Reject corruption, doping, racism, violence, gambling, harassment and other dangers to our sport
10		Be organized, be on time and have the adequate equipment



Pentathlon is already renowned as a sport that promotes fair play and good conduct and these standards will reinforce that."

Charles Fernandez (GUA), who was appointed Deputy Chair of the Athletes Committee, added: "As athletes we

are very aware of the proud history of Pentathlon and our responsibility to promote positive values. "I know that my fellow pentathletes will embrace this Code of Conduct and make sure that new generations are equally aware of the importance of high standards of behaviour."

## UIPM COACHES CERTIFICATION PROGRAMME



Another item high on the agenda at the Joint Committees Meeting was a proposed new Tetrathlon format for the 2022 Youth Olympic Games in Dakar (SEN), which will be historic as the first Olympic Games at any level that will be held in Africa.

The aim of the new format would be to make the competition more dynamic and exciting for athletes and spectators, with a smoother flow and closer alignment with the development path of the UIPM Sports Pyramid.

Bram Schellekens, IOC Summer Sport Manager, made a presentation at the outset of the joint meeting outlining the IOC's vision and direction in terms of YOG and Dakar 2022.

Mr Schellekens said: "The IOC welcomes the open and constructive dialogue with UIPM to work on a suitable format for Modern Pentathlon for the first YOG in Africa and we encourage UIPM to continue to use the YOG as an incubator for innovation."

Janusz Peciak, the 1976 men's Olympic champion, UIPM Executive Board Member for Sport and UIPM Technical Committee Chair, added: "The new Tetrathlon format has been perfect for the Youth Olympic Games and it mirrors the UIPM Youth World Championships format. However, there is always room for innovation.

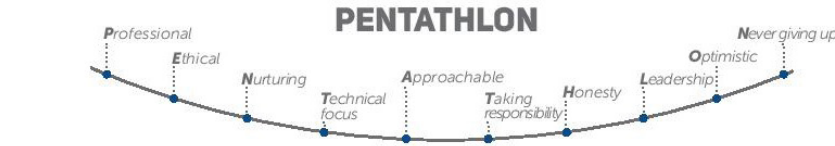
"Now is the time to build on the popularity of our sport at the Youth Olympic Games and create an innovative and exciting new format that will provide a challenging test for our best youth athletes."

The next steps involve the selection and organization of testing events, then detailed analysis of the results.

Members of the three Committees that met in Frankfurt will follow up the tests during the competition season and report to the UIPM Executive Board, which will lead the decision-making process about the new format.

## UIPM COACHES CODE OF CONDUCT

1		Be a role model for the World Pentathlon community, promoting fair play and consistently displaying exemplary standards of personal conduct
2		Respect the rights, dignity and worth of athletes, other coaches, officials, judges, volunteers and spectators and refrain from any discriminatory practices against any person regardless of age, gender, ethnic origin, religion or ability
3		Show responsibility and provide quality supervision and instruction for a healthy and safe environment for all athletes
4		Never tolerate or engage in any form of manipulation of competition results
5		During competitions respect the rulings of judges and remind athletes to do the same, encouraging and guiding them to accept responsibility for their own performance and behaviour
6		Help coaches and judges highlight appropriate behaviour and skill development and help improve the standards of coaching and refereeing
7		Never engage in any kind of harassment – psychological, physical or sexual – with any athlete and remain committed to take the appropriate action to address any ethics violation or possible breach as soon as becoming aware, whether it involves yourself or others
8		Promote welfare of horses, ensuring that equipment and riding facilities are adequate for the age and experience of both the horse and the rider
9		Advocate a sporting environment free of doping and any other performance-enhancing substances within the World Anti-Doping Code
10		Agree to abide by all applicable UIPM rules and regulations, including UIPM Athletes Safeguarding Policy and UIPM Betting and Anti-Corruption Rules



Other notable outcomes of the Joint Committees Meeting included:

The **Coaches Committee** emphasized the importance of the Riding discipline in Pentathlon and agreed to establish new technical guidelines for National Federations and young athletes. More Riding camps will be arranged by UIPM for the forthcoming two seasons ahead of the Tokyo 2020 Olympic Summer Games.

The **Athletes Committee** underlined

a collective feeling of pride in Pentathlon's reputation as a clean sport and renewed its commitment to the anti-doping movement, resolving to use all opportunities to help young generations of athletes to improve their education.

Members of the **Technical Committee** stated their continuous commitment across all UIPM Sports and the application of consistent and fair judgement ahead of the forthcoming Olympic qualification season.



### Equipment Commission focuses on wireless fencing and laser shooting

The UIPM Equipment Commission met on 18 January to discuss current equipment situation and regulations, focusing on quality, safety, fairness, performance and reliability. New possibilities, technologies and improvements for the future were also evaluated.

Special attention was given to wireless fencing and laser shooting spectator lights. After successful first tests of a new wireless fencing system during the 2018 UIPM Pentathlon World Championships in Mexico City (MEX), it was decided to continue testing recent technical improvements during the 2019 season at selected major UIPM events for the outdoor Fencing Bonus Round.

With regard to Laser Run, UIPM is currently working on new spectator lights specifications and homologation in order to improve the quality and the spectator experience ahead of the 2020 Olympic Summer Games in Tokyo.

The expertise of the commission members allow detailed analysis and recommendations for equipment used in UIPM sports.



UIPM President Dr Klaus Schormann (right) with members of the UIPM Equipment Commission including Absolute Fencing Chairman Gary Lu (3rd from right)

### UIPM JUDGES CERTIFICATION PROGRAMME



#### UIPM TECHNICAL OFFICIALS CODE OF CONDUCT

1		Comply with applicable rules in force
2		Lead by positive example. Set a good example by the way you dress, speak and act
3		Treat athletes, coaches, officials and spectators with courtesy and respect
4		Never discriminate against any individuals based on race, colour, religion, sex or national origin. Never engage in the use of crude, foul or abusive language
5		Be impartial, consistent and objective in your judgment
6		Never engage in any kind of harassment – psychological, physical or sexual – with anyone. Address any ethics violation or possible breach
7		Say no to any competition manipulation and condemn every instance of unsportsmanlike or unfair play
8		Always strive to achieve maximum team work with your fellow judges. Be loyal to your fellow officials and never promote criticism of them
9		Continue to improve your knowledge through the UIPM Judges Certification Programme
10		Consider it an honour to be a UIPM Certified Judge and your actions will reflect with credit upon the Union



## UIPM President's new year address

UIPM President Dr Klaus Schormann has issued his 2019 new year's address.

As the global pentathlon community embarks on the third year of the Tokyo 2020 Olympic cycle, the leader of the governing International Federation has pinpointed the key priorities for UIPM Sports and the wider Olympic movement in a wide-ranging address.

Dr Schormann, who has been at the helm of UIPM since 1993, wrote:

*Dear colleagues and friends of the UIPM movement,*

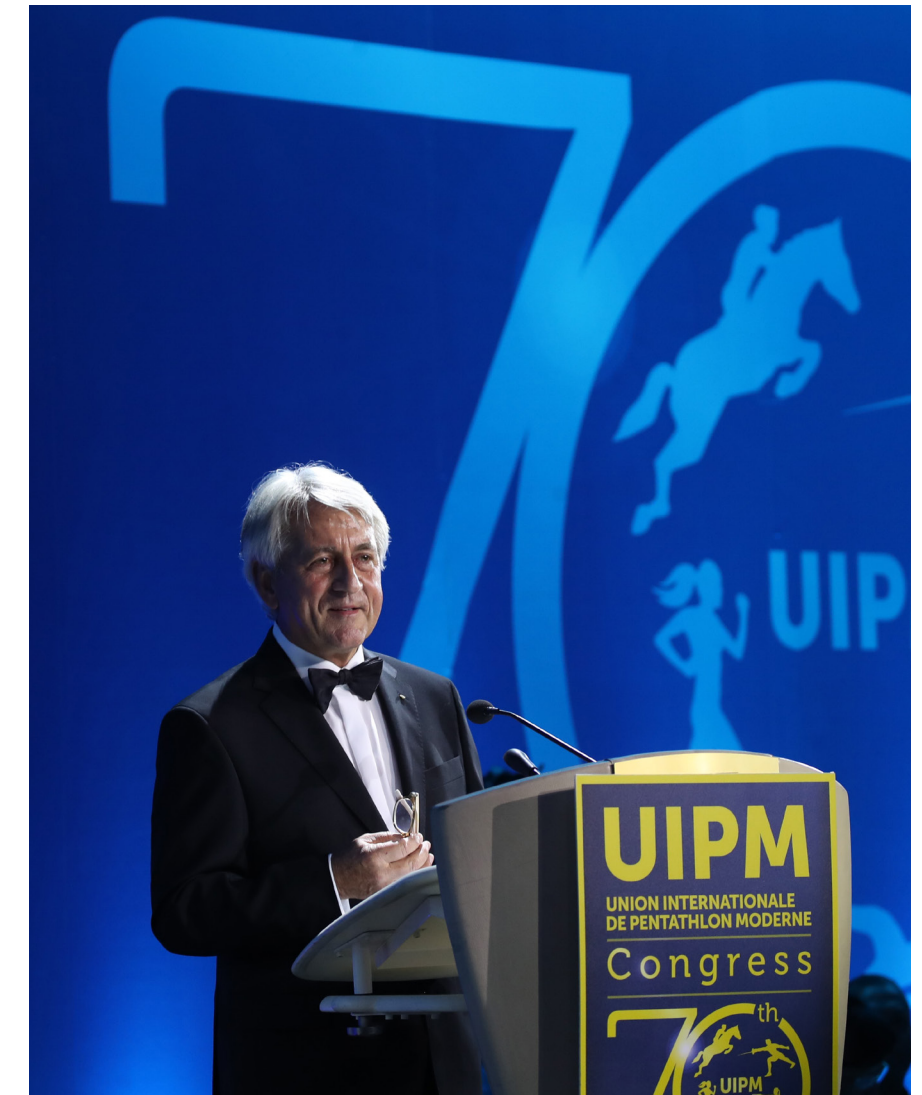
*The 2019 season promises to be one of the most exciting years in the long history of the Modern Pentathlon.*

*This sport was established especially for the Olympic Summer Games; it has been a core part of the Olympic programme since Stockholm 1912, and since its creation in London (GBR) in 1948 our Union has worked to align sport development to the philosophy and heritage of our founder, Baron Pierre de Coubertin.*

*I can state without fear of contradiction that if he were alive today, the Baron would be proud of the way our movement provides opportunities for sport while promoting Olympic values such as education, peace and tolerance.*

*Where the modern world is split along political, religious and socio-economic divides, the Modern Pentathlon brings people together, using sport as a force for unity.*

*There is good cause to reflect on some of the many things our global community achieved in 2018, such as:*



- The birth of the Pentathlon Stadium in Mexico City (MEX), where all five disciplines could be viewed from one seat in the space of a few hours
- The expansion of the Global Laser Run City Tour (GLRCT) to almost 100 cities across all continents, giving more and more urban communities an entry point to UIPM Sports
- Another new pentathlon centre opening in Asia in Jakarta (INA), coinciding with the excellent 2018 Asian Games
- Record attendances at various youth competitions, including the UIPM 2018 Youth World Championships (U19 & U17) in Caldas da Rainha (POR)
- UIPM's 70th Anniversary celebrations, which included a glittering awards dinner during the 2018 Congress in Limassol (CYP)



As a former teacher, I am especially proud of how education has come to form a central pillar of UIPM.

Sport teaches discipline and respect, both for oneself and others, and it promotes teamwork. For most of its existence the Pentathlon has been a team sport, even at the Olympic Games, but now the Mixed Relay has become a signature of our multi-sport movement. It is the embodiment of gender balance and a key component of the IOC Olympic Agenda 2020.

On September 9, 2018, during the Mixed Relay at the UIPM Pentathlon World Championships in Mexico City, we celebrated the 1st Pierre de Coubertin Pentathlon Day.

This was a landmark occasion that will be repeated during the UIPM 2019 Pentathlon and Laser Run World Championships in Budapest (HUN), a unique event that will combine our core Olympic sport and our most popular development sport for the first time.

Budapest 2019 promises to be one of the many highlights of the coming year, when the key goals of UIPM will include:

- To maintain smooth preparations

for the Tokyo 2020 Olympic Games with an official test event during the UIPM 2019 Pentathlon World Cup Final, one of many standout competitions in the 2019 calendar

- To recreate the Pentathlon Stadium in Tokyo (JPN) and in Budapest (HUN), improving the experience for all the stakeholders of our sport: athletes and coaches, VIP guests, spectators and TV viewers, media partners and sponsors
- To stimulate more Pentathlon development at youth level through Biathlon and Triathlon in schools
- To continue the special promotion of Pentathlon through the increasingly popular format of Laser Run, which will feature in the 1st World Urban Games in Los Angeles (USA)
- To strengthen our membership of National Federations, especially in Asia and Africa, by giving more support to nations in both continents that have the potential to join our global family
- To increase cooperation between all bodies of UIPM and with our

partner organisations that form the backbone of the Olympic Movement – IOC, ASOIF, GAISF and ANOC – as well as the IPC and FISU

More and more people around now the world now have a pathway to pentathlon thanks to the accessibility of our development sports and the appeal of urban, beach and university formats. We are attracting new audiences to our sport and especially younger generations, with more ways to follow our athletes on television and digital channels.

In everything we do, our global community of volunteers and professionals work hard to preserve the legacy created by Coubertin. We are also guided by the IOC Olympic Agenda 2020, which promotes the importance of gender equality, inclusion and accessibility, sustainability and many other important facets which are now embedded into our sport at all levels.

I wish each of you a happy new year and hope that your sporting endeavours will bring you success, happiness and good fortune throughout 2019.

**UIPM President**  
**Dr h.c. Klaus Schormann**



The Pentathlon Stadium in Mexico City (MEX), which will be recreated in Tokyo (JPN) and Budapest (HUN) during the flagship UIPM competitions in 2019

# WATCH OUT FOR 2019!

100% GLOBAL ...  
100% COMPLETE SPORT...  
THIS IS **MODERN PENTATHLON**



01	27.02. - 03.03.	<b>Pentathlon World Cup Cairo</b>	Cairo, EGY
02	10.04. - 14.04.	<b>Pentathlon World Cup Sofia</b>	Sofia, BUL
03	02.05. - 06.05	<b>Pentathlon World Cup Székesfehérvár</b>	Székesfehérvár, HUN
04	21.05. - 26.05.	<b>Pentathlon World Cup Kladno</b>	Kladno, CZE
05	27.06. - 30.06.	<b>Pentathlon World Cup Final Tokyo (OG Qualifier)</b>	Tokyo, JPN
06	07.07. - 14.07.	<b>Pentathlon Junior World Championships</b>	Drzonków, POL
07	18.07. - 26.07.	<b>Youth World Championships U19&amp;U17</b>	Sofia, BUL
08	02.09. - 09.09.	<b>Pentathlon World Championships (OG Qualifier)</b>	Budapest, HUN
09	02.09. - 09.09.	<b>Laser-Run World Championships</b>	Budapest, HUN
10	23.10. - 27.10.	<b>Biathlon/Triathlon World Championships</b>	St Petersburg (FL), USA

UIPM is the world governing body of Olympic sport Modern Pentathlon, and rights holder for all pentathlon competitions.

Find out more info of Modern Pentathlon and other UIPM multi-discipline sports. Broadcast our World cups and World championships. Email us at [media@pentathlon.org](mailto:media@pentathlon.org)





## Global Laser Run City Tour 2019

### Tour dates in place for UIPM Laser Run, Biathlon and Triathlon in 2019

From Cape Town to Tbilisi, from Panama City to Beijing, preparations are continuing in all corners of the world for the 3rd UIPM Global Laser Run City Tour.

With a truly global schedule and a growing band of devotees of all ages and social backgrounds, the urban sports phenomenon is poised in 2019 to enjoy its most successful year to date, with the calendar now available to view at [pentathlon.org](http://pentathlon.org).

In 2017 and 2018 the circuit visited all five continents, more than 60 countries and more than 100 cities. In 2019 another 100 cities have been selected and given the chance to host their own edition of either the popular Laser Run event or the Biathlon/Triathlon National Tour, helping to provide an entry point to UIPM Sports for people of all ages in communities around the world.

Outside of the GLRCT, Laser Run will have several unique opportunities to raise its global profile in 2019.

In September, the UIPM Laser Run World Championships will be incorporated into the Pentathlon World Championships for the first time in Margaret Island, Budapest (HUN), and Laser Run is on the programme for the 1st World Urban Games in El Segundo, Los Angeles (USA).

UIPM's pyramid of development sports exists to grow participation rates from the bottom up, offering all athletes a potential pathway to the Olympic sport of Pentathlon. And Laser Run is not the only one on the brink of an exciting year.



The UIPM Global Laser Run City Tour aims to give more people of all ages in urban communities all around the world an entry point to UIPM Sports



Young participants show their support for Laser Run in Abidjan (CIV) during the 2018 UIPM Global Laser Run City Tour

There will also be a first edition of the new Biathlon/Triathlon National Tour, which will begin in June 2019, visiting eight cities, leading up to the UIPM Biathlon/Triathlon World Championships in St Petersburg, Florida (USA) in October. The Biathlon and Triathlon calendars are now available to view at [pentathlon.org](http://pentathlon.org).

Furthermore, Laser Run and Triathlon will both feature for the first time in the 30th Southeast Asian (SEA) Games in the Philippines.

UIPM President Dr Klaus Schormann said: "On behalf of our global pentathlon community I am proud to say that we are making truly great strides in the development of our non-Olympic sports."

"Laser Run, Biathlon and Triathlon have created new possibilities for our movement and it will be wonderful to see so many people of different backgrounds, genders, ages and religions participating together throughout 2019."

Viacheslav Malishev, UIPM Executive Board Member for Development, added: "We are all looking forward to the 3rd UIPM Global Laser Run City Tour and the 1st Biathlon Triathlon National Tour in 2019."

"The GLRCT has changed the landscape of our sport forever, with more than 100 cities around the world already introducing the popular and accessible sport of Laser Run to new urban communities and helping to grow our global participation base."

"Biathlon and Triathlon are development sports that give aspiring athletes a clear pathway towards Tetrathlon and our Olympic sport of Pentathlon, and the BTNT will help those sports to flourish and accelerate the pace of the UIPM development programme."

"Whether they are taking part in UIPM Sports for the first time or aiming for a medal at one of the UIPM World Championships, I wish all of our athletes around the world the very best for 2019."

UIPM President Dr Klaus Schormann said: "UIPM competitions don't only happen in stadiums and park venues, they can also take place on beaches and in cities. We are taking our sport to the people, rather than asking the people to come to us."



## News from around the world

### Coaches in Russia benefit from first Level 1 coaching course

Russia staged its first UIPM Coaching Certification Programme (CCP) course in St Petersburg from December 18-22, enabling coaches from three cities to pass their introductory qualification.

Male and female coaches came from clubs in St Petersburg, Kostroma and Yekaterinburg to enrol for the five-day Level 1 course, run by UIPM Instructor Alexei Vasilianov from Moldova.

The initiative was facilitated by the Russian Modern Pentathlon Federation and the syllabus primarily covered Swimming and Laser Run training.

Some aspects of other Pentathlon disciplines were covered and there were also special sessions focused on anti-doping, physiology, competition organization and team management.

Christian Roudaut, UIPM Coaches Committee Chair, said: "I am glad to see CCP expansion in Europe. It was very important for the pentathlon movement in Russia to give coaches access to this introductory Level 1 course under the CCP. I am grateful to the Russian Federation for facilitating this initiative and we are delighted with the outcome."

### Three levels of judges secure upgrade in Tbilisi (GEO)

Pentathlon judges all around the world are continuing to develop their credentials with the help of the UIPM Judges Certification Programme.

A group of 33 judges kicked off 2019 by becoming certified at Levels 1, 2 and 3 after a week-long course in Tbilisi



Coaches at the Level 1 UIPM Coaching Certificate Programme course in St Petersburg (RUS)



UIPM Judges Certification Programme graduates with the 1976 Olympic champion Janusz Peciak (POL)

(GEO) overseen by the Montreal 1976 Olympic champion, Janusz Peciak (POL).

The course took place from January 22-26 at the Olympic Sports Festival Centre in the capital of Georgia and the syllabus was conducted in two languages (English and Russian).

Experienced instructor Peciak, who is also Chair of the UIPM Technical Committee and UIPM Executive Board Member for Sport, said: "We accomplished a lot.

"We had many younger students who were very active and passionate.

"All sessions were held at the Olympic Sports Festival Centre and it was the perfect venue, enabling us to run educational theory and practical classes in the same place.

"The seminar lasted five days and we had 33 students trying to become Level 1, 2 and 3 judges and sitting tests. Every evening we had the chance to talk about the future of pentathlon and ideas, training and development and

the positive impact pentathlon has had on our lives."

Viacheslav Malishev, UIPM Executive Board Member for Development and President of the Modern Pentathlon Federation of Georgia, added: "The seminar was a great success and Janusz did wonderful work in Tbilisi. I am grateful to him and to UIPM. We had a good attendance and Janusz made people very active and the information was presented in a great way.

"Judges are now ready and well prepared to oversee the upcoming European Cup competition later this year in Georgia."

### Executive Board activities

Kitty Chiller, President of Modern Pentathlon Australia and the Oceania Confederation, has been honoured for her service to Olympic sport with the AM award in the General Division of the Order of Australia.

The Sydney 2000 Olympian was Chef de Mission of the Australian Olympic team at Rio 2016, becoming the first woman to take charge of the team. Outside of her pentathlon commitments she now works as Chief Executive Officer at Gymnastics Australia.

"Kitty is unique," said John Coates, Chairman of the Australian Olympic Committee and IOC Member. "An Olympic coach, then competitor, team manager, and ultimately the Chef de Mission in Rio, a role she carried out with great distinction.

"I can't think of any other Australian who, like Kitty, sits on the International Executives of two Olympic sports as she does with gymnastics and modern pentathlon."

UIPM Vice-President Berik Imashev played a key role in the visit of Andrew Parsons, President of the International Paralympic Committee, to Kazakhstan on January 30-31.



Kitty Chiller AM has been recognised with membership of the General Division of the Order of Australia



UIPM Vice-President Berik Imashev (2nd right) with IPC President Andrew Parsons (centre)

In cooperation with the Paralympic Committee of the Republic of Kazakhstan, a working meeting was held between Mr Parsons and Mr Imashev, who is President of the Modern Pentathlon Federation of Kazakhstan.

The meeting included discussion on the development of the Paralympic movement and the improvement of results of Kazakhstan para-athletes.

### Georgina Harland appointed to Team GB roles

Georgina Harland (GBR), women's Pentathlon bronze medallist at the Athens 2004 Olympic Games, has been entrusted with two senior team management roles within the British Olympic Association.

Having already served as Deputy Chef de Mission to Team GB at Rio 2016,





Georgina Harland (GBR) won silver in the Athens 2004 Olympic Games and now is playing a key management role in the British Olympic team

she will again play this role at Tokyo 2020, overseeing the team's kitting-out operation, the athlete journey and athlete services delivery.

Ms Harland has also been appointed Chef de Mission for the Lausanne 2020 Winter Youth Olympic Games.

She said: "Tokyo will be my sixth

summer Games and I am just as proud today as I was for my first Games, then as an athlete, in Sydney 2000.

"I have a deep passion for the Olympic Games and for Team GB in particular and I look forward to combining my on- and off-the-field experience to ensure we support the athletes to be the best prepared they can be for the

Olympic Games in Tokyo next year.

"I am extremely proud to have been selected to lead Team GB in Lausanne next February. I attended the inaugural Youth Olympic Games in Singapore a decade ago as an Athlete Role Model and experienced first-hand what a fantastic development opportunity it is for young athletes."

## General Jose R Fernandez Alvarez (1923-2019)

The long-serving President of the Cuban Federation of Modern Pentathlon, General Jose R Fernandez Alvarez, has died aged 95.

Like so many of the pentathlon movement's greatest servants, links with the military led Gen Fernandez Alvarez towards the sport. He did not compete in the Olympic Games but he excelled as an administrator and ambassador,



leading to tributes led by the UIPM President in the wake of his passing.

"General Fernandez Alvarez served our sporting movement for many years with great distinction," said

Dr Klaus Schormann. "Although he didn't have the chance to become an Olympic pentathlete himself, he worked hard to help other Cubans achieve this dream and there were many landmark achievements during his Presidency of CFMP and his involvement with the Cuban Olympic Committee.

"Strong links with the military have always been a cornerstone of the global pentathlon movement and the General was the perfect ambassador. Our sport has lost a great champion and our thoughts are with his family."

## Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters.

Navigate to the National Federations Portal or to [www.pentathlon.org](http://www.pentathlon.org) to stay up to date with all tournament news.

### COMPETITION / EVENT INVITATIONS

**CAPM African Championships**  
Cairo (EGY)  
**21-24 FEB**

**UIPM Pentathlon World Cup Cairo**  
Cairo (EGY)  
**26 FEB - 3 MAR**



## Medical and Anti-Doping Corner

### WADA PUBLISHES 2019 LIST OF PROHIBITED SUBSTANCES

The World Anti-Doping Agency (WADA) has published its 2019 List of Prohibited Substances and Methods, an important resource for anyone involved in the UIPM Sports and the wider international sporting movement.

The list, which came into force on January 1, 2019, is accompanied by the 2019 Summary of Major Modifications and Explanatory Notes - which serves to help athletes, coaches and other support personnel to understand the latest changes - and the 2019 Monitoring Program.

"WADA is pleased to announce the publication of the 2019 Prohibited List," said WADA Director General, Olivier Niggli. "It is one of the cornerstones of the global anti-doping program. Every year, we review the List in consultation with a wide range of stakeholders.

"It is vital that we stay ahead of those that endeavour to cheat the system so in reviewing the List, experts review sources such as scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies."

For a substance or method to be added to the List, it must be determined that it meets two of the following three criteria: a) it has

the potential to enhance or enhances sport performance; b) it represents an actual or potential health risk to the athletes; c) it violates the spirit of sport. Athletes who have a legitimate medical reason for using a prohibited substance or method that is on the List may be accommodated if they meet the criteria outlined in the International Standard for Therapeutic Use Exemptions (ISTUE).

The 2019 Prohibited List, Summary of Modifications and Monitoring Program are available for download on WADA's website in English, French and Spanish.



## Inside UIPM: Monthly activities of President Dr Schormann

**05.01.-09.01.2019, Shanghai,  
Xiamen, CHN**

UIPM President Dr Klaus Schormann visited the Training Centre in Shanghai and discussed with Mrs Jun Qiu (Exercise Physiologist of Shanghai Research Institute of Sports Science) and Zhenhua Qian (2005 world champion) the future possibilities for athletes and for collaboration with the UIPM Training Academy in Wuxi at the Senior High School.

Together with UIPM Secretary General Shiny Fang, President Dr Schormann had various meetings in Xiamen on January 7/8 with the UIPM 2020 Pentathlon World Championships Organizing Committee. They discussed preparations with representatives of Xiamen Municipal Committee of the Communist Party of China, the Xiamen Municipal Bureau of Sports, the Economy of Sports Industry Division and the Vice Mayor, Mrs Guirong Guo from Xiamen Municipal People's Government. They visited the main stadium and other facilities.

On January 8, the UIPM President attended a press conference and briefed TV and print media about the structure of UIPM and future steps for the development of Modern Pentathlon and all UIPM Sports in China and



UIPM President Dr Klaus Schormann meets with Jun Qiu and Zhenhua Qian in Shanghai and (below) joins Secretary General Shiny Fang and local organizers at the stadium in Xiamen that will host the UIPM 2020 Pentathlon World Championships (see bottom left and right)



underlined the importance of the UIPM 2020 Pentathlon World Championships in Xiamen as the last major competition before the Olympic Summer Games in Tokyo 2020.

Mrs Fang, Mr Weimin Sun (Party Secretary of Bicycle and Fencing Sports Management Centre, General Administration of Sport of China), Mr Bin Zhang (Director of Chinese Modern Pentathlon Association) and Mrs Guirong Guo (Vice-Mayor of Xiamen) delivered speeches expressing the importance of the championships for the region and for China. Together they kicked off a "500 days to go" countdown.

After the press conference, President Dr Schormann joined officials to plant a flame tree, traditional to the Xiamen region, in front of the stadium where the championships will take place as a symbolic gesture to the heritage of



UIPM President Dr Schormann and Secretary General Mrs Fang officially launch the 500-day countdown to Xiamen 2020 (top) before Dr Schormann meets the media (above) and joins local organizers in the planting of a symbolic Flame tree





Pierre de Coubertin, the founder of Modern Pentathlon.

#### 10.01.-12.01.2019, Berlin, GER

UIPM President Dr Klaus Schormann attended the opening ceremony of the Handball World Championships and the opening game, which saw Germany take on the united team of North and South Korea, in the presence of IOC President Dr Thomas Bach, International Handball Federation President Dr Hassan Moustafa and some Presidents from other International Federations. On January 11 he met with representatives of the Modern Pentathlon Training Centre in Berlin.

#### 13.01.-14.01.2019, Lausanne, SUI

The UIPM President met on January 13 with Pierre Portmann to discuss sponsorship partnerships for the coming two years until 2020 and the option of an extension until 2024.

In his capacity as Member of the IOC Commission for Culture and Olympic Heritage, Dr Schormann attended the annual meeting, chaired by IOC Member Dr CK Wu, on January 14.

The main themes were feedback from the Olympism in Action Forum (which took place before the 2018 Youth Olympic Games Buenos Aires), UNESCO Intangible Heritage Programme, Olympic Solidarity, NOCs Culture and Education Champions, IOC Art and Culture Strategy, Culture Programmes in Tokyo 2020, Panasonic Center in Tokyo, YOG Lausanne 2020, Olympic cultural institutions and network, IOC Heritage Management and finally the Pierre de Coubertin Foundation.

The IOC President briefed the Commission Members about the current political and financial landscape of sport and focused, based on the IOC Olympic Agenda 2020, on future actions to guarantee fair conditions for a clean sport and gender equality. He also briefed Members on preparations for Tokyo 2020 and Beijing 2022.



Dr Schormann joins dignitaries including IHF President Dr Hassan Moustafa (second left) and Korean Olympic President Lee-Kee Heung (centre) at the Handball World Championships in Berlin (GER)



The UIPM President with Alexandra de Navacelle de Coubertin at the IOC Commission meeting

#### 18.01.-20.01.2019, Frankfurt, GER

The UIPM President invited UIPM's Equipment Commission, Athletes Committee, Technical Committee and Coaches Committee to a joint forum where he briefed all members about the main decisions of the 2018 UIPM Congress, the sport-political situation and the role of UIPM in the Olympic movement, and gave instructions for the coming season.

The commissions and committees held separate meetings and then came together to share the main proposals. Secretary General Shiny Fang coordinated the meetings and joined President Dr Schormann and Treasurer John Helmick for a working session about finances for the next two years. They discussed financial operations

for the main UIPM competitions, seminars and the financial strategy for development projects.

On January 19 Dr Schormann met with the newly-elected President of the Modern Pentathlon Federation of Uzbekistan, Bakhromjon Gaziev, who briefed the UIPM President on new steps for a pentathlon movement in Uzbekistan. The NOC and Government are already supporting new ideas for the future and UIPM will provide strong support to the newly-created federation to enhance activities in Central Asia.

#### 21.01.-23.01.2019, Berlin, GER

The UIPM President took part as an honoured guest in the 'Sterne des Sports' award ceremony held by the German Olympic Sports Association



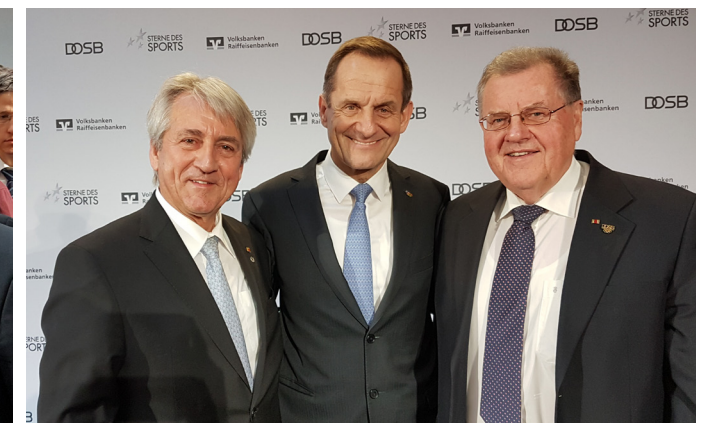
(DOSB). The awards to German clubs were made by the President of the Federal Republic of Germany, Frank-Walter Steinmeier, together with DOSB President Alfons Hörmann at a ceremony hosted by the German Volksbanken und Raiffeisenbanken.

During his visit to Berlin, Dr Schormann met with representatives from business, politics and sport to discuss future actions of UIPM in the German capital.

#### 28.01.2019, Frankfurt, GER

The UIPM President joined the New Year celebration of the DOSB in the Frankfurter Römer, where he attended the keynote speech 'Sport and Social Institutions' presented by the former German Minister of the Interior, Dr Thomas de Maiziere.

UIPM President Dr Schormann was gifted a piece of pentathlon artwork (above) during his meeting with Bakhromjon Gaziev (below), President of the new Uzbekistan Federation



Dr Schormann (left) with International Luge Federation (FIL) President Sepp Fendt and Federal President of Germany Frank-Walter Steinmeier; above, with President Fendt and German Olympic Committee (DOSB) President Alfons Hörmann



New Balance  
World Rankings

The PWR is updated live on [www.pentathlon.org](http://www.pentathlon.org) after each competition. PWR as at 31 January 2019:

MEN			
RANK	NATION	NAME	POINTS
1	KOR	JUN Woongtae	190
2	FRA	Valentin PRADES	171
3	IRL	Arthur LANIGAN-O'KEEFFE	170
4	UKR	Pavlo TYMOSHCHENKO	164
5	BLR	Ilya PALAZKOV	161
6	FRA	Valentin BELAUD	161
7	GER	Patrick DOGUE	160
8	FRA	Christopher PATTE	155
9	HUN	Bence DEMETER	154
10	GBR	Joseph CHOONG	151
11	KOR	JUNG Jinhwa	149
12	CHN	ZHANG Linbin	148
13	GBR	James COOKE	145
14	RUS	Alexander LIFANOV	145
15	KOR	LEE Jihun	143
16	RUS	Kirill BELYAKOV	142
17	HUN	Gergely REGOS	142
18	ITA	Riccardo DE LUCA	140
19	HUN	Adam MAROSI	137
20	CZE	Jan KUF	135

WOMEN			
RANK	NATION	NAME	POINTS
1	BLR	Anastasiya PROKOPENKO	193
2	HUN	Sarolta KOVACS	190
3	AUS	Chloe ESPOSITO	188
4	RUS	Uliana BATASHOVA	177
5	FRA	Marie OTEIZA	168
6	IRL	Natalya COYLE	167
7	RUS	Gulnaz GUBAYDULLINA	164
8	GER	Annika SCHLEU	163
9	RUS	Ekaterina KHURASKINA	158
10	FRA	Elodie CLOUVEL	156
11	LTU	Gintare VENCKAUSKAITE	155
12	HUN	Tamara ALEKSZEJEV	154
13	GBR	Kate FRENCH	152
14	FRA	Julie BELHAMRI	148
15	TUR	Ilke OZYUKSEL	147
16	ITA	Alice SOTERO	140
17	HUN	Zsofia FOLDHAZI	138
18	JAP	Shino YAMANAKA	134
19	GER	Janine KOHLMANN	134
20	LTU	Ieva SERAPINAITE	129

! The full New Balance World Rankings are available at [www.pentathlon.org](http://www.pentathlon.org)

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<b>27 Feb 03 Mar</b> Pentathlon World Cup Cairo, EGY	<b>21-26 May</b> Kladno, CZE
<b>10-14 Apr</b> Sofia, BUL	<b>27-30 Jun</b> World Cup Final Tokyo, JPN
<b>02-06 May</b> Székesfehérvár, HUN	<b>06-14 Sept</b> Pentathlon World Championships Budapest, HUN
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Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

**UIPM HEADQUARTERS**  
Stade Louis II – Entrée E  
13 avenue des Castelans, MC-98000 Monaco  
Tel. +377 97 77 85 55 | Fax +377 97 77 85 50  
E-mail: [uipm@pentathlon.org](mailto:uipm@pentathlon.org)

**WEB**  
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