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**World Pentathlon
Newsletter**

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YOUTH OLYMPIC GAMES 2018



Individual champions Salma Abdelmaksoud (left) and Ahmed Elgendy celebrate their respective victories at the 3rd Youth Olympic Games in Buenos Aires (ARG). Egypt had never previously won a Olympic medal at any level and they ended the Games with three

Youth Olympic Games 2018

Capacity crowds in Buenos Aires (ARG) savour Egyptian masterclass

The 3rd Youth Olympic Games in Buenos Aires, Argentina was hailed as the ideal exhibition for Modern Pentathlon and UIPM Sports as large crowds savoured the spectacle of top-class multi-sport.

Egypt, having never previously won a medal at YOG or the senior Olympic Games, enjoyed the best possible result of two individual gold medals and a share of gold in the Mixed International Teams event.

UIPM President Dr Klaus Schormann said: "I must tell you I am very impressed with these Youth Olympic Games, with how it was organised both within and outside of pentathlon, especially on the spectator side where everything is free.

"We have thousands of spectators from all generations and that shows what the Youth Olympic Games means for the Olympic movement.

"Our sport has been presented in a fantastic way by the organisers in this venue, close to the Olympic Village, and on behalf of the Union I can say that we are very proud of the organisation.

"There is such a high quality in our young athletes and they have so much spirit. We hope they can take a lot away from this experience and we are looking for them to become top pentathletes in the future."

Women's Individual: Abdelmaksoud (EGY) makes great strides

Salma Abdelmaksoud left all rivals in her wake as she became the third winner of Women's Individual gold at the Youth Olympic Games and Egypt's first Olympic pentathlon medallist at any level.



Women's Individual podium



Men's Individual podium



Mixed International Teams podium

Abdelmaksoud (EGY) moved into a strong position after finishing 3rd in Swimming and 6th in Fencing, enabling her to start the Laser Run 14sec behind the leader, Under 19 world champion Alice Rinaudo of Italy.

When Rinaudo (ITA) lost momentum at the second visit to the range, Abdelmaksoud (EGY) pounced. The 18-year-old then kept her composure with two terrific shoots and strong running to leave the pack with no chance of catching her.

Bronze medallist Michelle Gulyas of Hungary also overtook Rinaudo (ITA) and kept possession of 2nd place until the final lap, when she was passed by Emma Riff of France, who thrilled the crowd by claiming silver.

Capacity crowds had been a feature of the competition throughout Fencing, Swimming and Laser Run, and Argentina fans provided deafening support in each discipline for local representative Martina Armanazqui, who finished 7th in Swimming and Fencing and finally finished 10th.

In 4th was Gu Yewen of China, one

place ahead of Rinaudo (ITA) with Laura Heredia of Spain in 6th. Alida van der Merwe of South Africa, Annabel Denton of Great Britain and Anna Jurt of Switzerland also enjoyed top-10 finishes.

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Riff (FRA) said: "I wasn't sure how it was going to be after the Fencing but I'm so happy with this result – it's totally cool. I wasn't so good during the shooting but I think I made a difference during the race."

Gulyas (HUN) added: "I feel so happy. My Fencing wasn't so good so I was very motivated to do something and I can't believe it. I really improved my running a lot, and I swam a new personal best."

Swimming

The atmosphere was electric at the Youth Olympic Park pool and an exceptional performance from Gulyas



Salma Abdelmaksoud (EGY) begins her quest for gold in the Swimming pool

(HUN) drew admiring applause from the large crowd. She timed 2:11.16, almost 3sec faster than nearest rival Abdelmaksoud (EGY), who touched the wall in 2:13.87. Riff (FRA) was not far behind in 2:15.69.

Fencing

After she set a new world record for Fencing at the UIPM 2018 Under 19 Tetrathlon World Championships in Caldas da Rainha (POR), it was no surprise to see Rinaudo (ITA) top the standings after a fiercely competitive Ranking Round in front of full tribunes in Argentina's capital.

Rinaudo (ITA) scored 16V/7D to fend off competition from Heredia (ESP, 15V/8D), Denton (GBR) and Sofya Prizhennikova of Kazakhstan, both of whom scored 14V/9D.

When the athletes returned for the Fencing Bonus Round inside the stadium at Youth Olympic Park, they discovered again that they would be watched by a big crowd but this time they were the sole focus of attention on the showpiece outdoor piste.

The athletes who thrived best in the limelight were Chen Yu-Hsuan of Chinese Taipei, who scored four victories, and Katsiaryna Etsina of Belarus (three). Prizhennikova (KAZ) also managed three wins in the elimination format and Abdelmaksoud (EGY) added two important points to her tally.

Laser Run

When a reigning world champion embarks on a Laser Run with a significant lead, the chasing pack would be excused for thinking they might be battling for silver and bronze rather than gold.

But while Rinaudo (ITA) started with a 45sec lead at the Under 19 World Championships, this time the advantage was 14sec and she did not have the composure to finish the job.

With a pack of strong athletes – Gulyas (HUN) Riff (FRA), Heredia (ESP) and Denton (GBR) – behind her, there was also a lot of pressure on Abdelmaksoud (EGY) but she didn't seem to mind one bit.



A capacity crowd at Youth Olympic Park enjoys the Fencing Bonus Round



Competition is fierce during the Women's Individual Laser Run



Some of the leading runners jostle for position in Buenos Aires (ARG)



Salma Abdelmaksoud (EGY) takes the tape to become her country's first Youth Olympic Games champion

The lead changed hands for the first and only time at the second shoot, and a 5sec gap became a 20sec gap when Abdelmaksoud (EGY) delivered again at the third shoot. She built on her lead during the third lap and entered the range with a 50m lead, which she duly protected with another nerveless shoot to ensure the top prize was hers.

Behind her, there was a huge clamour for the podium and it was Gulyas (HUN) who exited the range for the final time in 2nd place, with Rinaudo (ITA), Heredia (ESP) and Riff (FRA) all in close pursuit. But it was Riff (FRA) who proved to have the strongest legs.

Men's Individual: Elgendy (EGY) completes unique double

Egypt continued to dominate at Buenos Aires 2018 as Ahmed Elgendy proved his status as the best young pentathlete in the world.

Only 24 hours after Abdelmaksoud (EGY) won the Women's Individual crown, Elgendy (EGY) continued his extraordinary run of success in 2018 and lived up to his billing as the favourite to win the Men's Individual title.



IOC Member Willi Kaltschmitt Lujan (GUA) and UIPM President Dr Klaus Schormann prepare to present the medals during the Women's Individual awards ceremony

The 18-year-old Elgendy (EGY) has been unstoppable all season, becoming world champion at both the UIPM Junior and Under 19 Tetrathlon World Championships among various other accomplishments.

He once again mastered the Tetrathlon format in Buenos Aires (ARG), finishing 2nd in Swimming and 1st in Fencing before defending his lead without alarm in the Laser Run.

Behind him, Egor Gromadskii of Russia was equally convincing in the way he captured the silver medal, while Ugo Fleurot of France prevailed in an intense battle for bronze.

Elgendy (EGY) said: "Of course I'm feeling great, feeling proud to be the Youth Olympic champion. It's been my dream for four years.

"Last year was very hard, many

competitions, many ups and downs but now I'm feeling great. Also one month ago I had an injury and I'm so pleased it wasn't an obstacle in the competition. The Fencing went well and I finished 2nd in the Swimming."

The triumph of Elgendy (EGY) and Abdelmaksoud (EGY), continued a strong run of success for the development system created by the Egyptian Modern Pentathlon Federation.

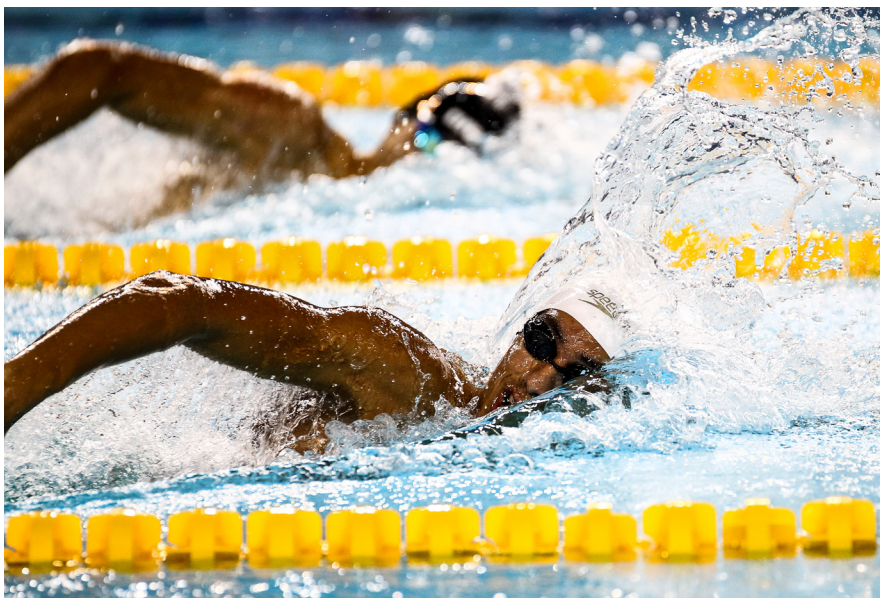
Elgendy (EGY) followed in the footsteps of 2010 champion Kim Dae-Beom of Korea and 2014 winner Alexander Lifanov (RUS) and, apart from his coaching team, the new champion paid tribute to the other people who helped and motivated him to achieve his Youth Olympic dream.

"My mother is here and she came to support me and motivate me and I would like to thank her very much," said the new champion. "My heroes in pentathlon are Aya Medany from Egypt, also Alexander Lesun from Russia – I hope I can compete with him in Tokyo in 2020.

Silver medallist Gromadskii (RUS) said: "This feeling is amazing, I can't describe it. The best discipline I did was Fencing; I didn't do quite so well in Swimming but in the Laser Run I think I had a great performance.



More action from the Fencing Bonus Round



Ahmed Elgendy (EGY) tries to get out in front during the Swimming



Perfect weather and full tribunes make the perfect backdrop for the Fencing Bonus Round in Buenos Aires (ARG)

I was supported by my coach, my parents and my friends – especially my parents. My idol in pentathlon is Alexander Lesun but I also like Valentin Belaud."

Bronze medallist Fleurot (FRA) said: "All the race I said in my head 'I don't want to finish 4th, I don't want to finish 4th, because three times I finished 4th including the World Under 19 Championships in Caldas da Rainha. In the last lap I sprinted and I took the bronze.

"My dad and my mum are here today and my dad always comes with me – it's for them. My hero is Valentin Prades, and after he won gold in the European Championships and silver in the World Championships I said 'OK, I want to do that too'."

Swimming

Argentina fans once again provided huge vocal support for all athletes, and especially local hero Franco Serrano who recorded the 9th-fastest time of 2:07.59 in the pool at the Natatorium.

Fastest across the four laps was Giorgio Malan of Italy, who timed 2:00.74 ahead of Elgendy (EGY) in 2:01.95 and Fleurot (FRA) in 2:03.80.

Fencing

Elgendy (EGY) and Gromadskii (RUS) put a marker down as the men to beat with their strong performances in the Fencing Ranking Round, where both



Runners stretch out as the Youth Olympic Games flame burns behind them



Ahmed Elgendy (EGY) proves yet again that he is one of the most exciting athletes in the world

scored 18V/5D in their 23 bouts.

Yevhen Ziborov of Ukraine was next-best on the piste with 16V/7D, one victory ahead of Uibel Pele of Germany and two ahead of Dora Nusretoglu of Turkey and Uladzislau Astrouski of Belarus.

The star of the Bonus Round was Kamil Kaspercak of Poland, who added five points to his overall score and gave himself 5sec additional time to play with in the Laser Run. Elgendy (EGY) was the last man standing, adding two points to his tally.

Laser Run

Elgendy (EGY) and Gromadskii (RUS) were separated by 11sec at the start line and it was another 18sec until



A dramatic shot from the Laser Run during the Men's Individual event at Buenos Aires 2018

Ziborov (UKR) would start, so the two leaders knew they only had to keep calm under pressure to reach the podium.

The only real battle was for bronze, involving Nusretoglu (TUR), Fleurot (FRA), Pele (GER), Malan (ITA) and Astrouski (BLR), and after an excellent 3rd shoot it was Fleurot (FRA) and Pele (GER) who gave themselves breathing space.

They arrived and left the range together for the final time, but Fleurot (FRA) had the superior kick and moved away from his rival in the final 200m to secure the coveted podium position.

Mixed International Teams: Perfect alliance for Gu (CHN) & Elgendy (EGY)

There was yet more glory for Egypt on the final day of the 2018 Youth Olympic Games as Ahmed Elgendy teamed up with Gu Yewen of China to win the Mixed International Team event.

The unique format, enjoyed by IOC President Dr Thomas Bach among thousands of spectators in Buenos Aires, allows athletes from different



Action from the Swimming discipline of the Mixed International Teams event

nations to team up and battle for Youth Olympic glory – and it was no surprise to see the gold medal go to two athletes who finished 1st and 4th in the individual races.

Elgendy (EGY) had already added the Men's Individual title to his UIPM Junior and Under 19 crowns, 24 hours after Gu (CHN) had finished one place off the podium in the Women's Individual event. In the mixed event

they went into the Laser Run with a 12sec lead over Elgendy's compatriot, Women's Individual champion Salma Abdelmaksoud (EGY), and her partner Franco Serrano of Argentina.

To the delight of the home supporters, Serrano (ARG) & Abdelmaksoud (EGY) kept hold of their position to win the silver medal, while bronze went to Laura Heredia of Spain and Kamil Kasperczak of Poland.

There was no doubt, however, about which team would go home with the greatest story to tell. Thanks to the skill, composure, battling qualities and raw energy of Elgendy and Abdelmaksoud, Egypt finished with at least a share in all three gold medals, as well as an additional silver – the best possible result from a Youth Olympic Games.

Elgendy (EGY) said: "I am very happy and proud. I can't describe it. It's my second gold medal and I was targeting the individual event, but then I found my Chinese partner and she was very good.

"We talked in English and we communicated well. Every competition we have a Mixed Relay but here in the Youth Olympic Games it's more interesting because we compete with other nations. It only comes every four years and it's very exciting.

"One day I would love to see the Mixed Relay in the senior Olympic Games too. I hope I can qualify for Tokyo 2020 and not only compete but also get a medal. That's my target."

Fellow champion Gu (CHN), who became China's second Youth Olympic gold medallist after the



IOC President Dr Thomas Bach is flanked by UIPM Secretary General Shiny Fang and President Dr Klaus Schormann as athletes from Ukraine and Russia (below) join forces as a Mixed International Team



IOC President Dr Thomas Bach greets Buenos Aires 2018 Athlete Role Models Yane Marques (BRA) and Charles Fernandez (GUA)

success of Zhong Xiuting in Nanjing in 2014, said: "I am super happy to get this gold medal. It was a great experience to have the same goal and to share this with someone from a different country."

"This is truly what the Youth Olympic Games are created for."

Silver medallist Serrano (ARG) said: "I feel very happy, very proud, because all my family and friends attended this tournament. They came here every day of the competition."

"It's a new feeling to compete with an athlete from a different country, we never did that in the World Championships and I really like it. She speaks Arabic and I speak Spanish so we spoke in English."

Bronze medallist Heredia (ESP) said: "I feel so happy. It was a little bit unexpected but finally I can say that I am a medallist. It's cool to have this format and I was lucky that my partner was Kamil."

Fourth place went to Emma Riff of France and Giorgio Malan of Italy, with Annabel Denton of Great Britain and Zhao Zhonghao (CHN) finishing 5th and Katsiaryna Etsina of Belarus and Adil Ibragimov of Kazakhstan rounding out the top six.

Swimming

With a full house in the Natatorium including IOC President Dr Bach, the best time by far (1:57.06) was set by the all-European duo of Riff (FRA) – Women's Individual silver medallist – and Malan (ITA).

Abdelmaksoud (EGY) & Serrano (ARG) were second-quickest with 2:00.31 while Ana Rocio Aragon Ortiz of Guatemala and Kean van Venrooij of South Africa were close behind on 2:00.68.

Fencing

A high-class performance by Elgendy (EGY) & Gu (CHN) put them in the driving seat in the battle for gold. They scored 33V/11D and went on to add two points in the Bonus Round to secure a significant lead in the Laser Run. The next-best performers were



It's handover time in the Mixed International Teams relay



Champions Ahmed Elgendy (EGY) and Gu Yewen (CHN) celebrate together

Heredia (ESP) & Kasperczak (POL), who scored 31V/15D, one more victory than Abdelmaksoud (EGY) & Serrano (ARG).

Laser Run

Two of the best young female pentathletes in the world created the gripping spectacle of a duel during the first half of the Laser Run.

First it was Abdelmaksoud (EGY) who clawed back at the 11sec lead of Gu (CHN), and the individual champion took the front after the second shoot, only to find her rival coming back in the

final 800m. Gu (CHN) gave everything in pursuit of Abdelmaksoud (EGY) and finally the two athletes reached the handover at the same time, setting up a thrilling finish for their male partners – one of whom had the backing of almost everybody in the stadium.

Serrano (ARG) never lost his composure, despite the burden of expectation as fans in Buenos Aires roared in hope of a medal. But Elgendy (EGY) proved once again that he has the perfect combination of power, stamina and nerve to close out victories in Laser Run.

UIPM 2018 Biathlon/Triathlon Championships

Development continues apace in Sahl Hasheesh (EGY)

A diverse cross-section of the global UIPM Sports community gathered in Egypt for the UIPM 2018 World Biathlon/Triathlon Championships, where 17 nations enjoyed medal success.

The host nation, Egypt, and their continental rivals South Africa may have dominated the medal table, but less established countries such as Nepal, India and Greece also took home a physical reward for their developmental progress.

In all, 11 nations from Africa, Asia and Europe tasted gold during the four days of action in the Red Sea resort of Sahl Hasheesh, with countries such as Burkina Faso and Cyprus also taking part in the competition.

The development programme in Egypt has produced impressive results throughout the year and this progress was evident throughout the championships.

Multiple successes were enjoyed by Great Britain, Kazakhstan, the Czech Republic, Germany, Spain and Ukraine with gold medals also won by Greece, Portugal and Georgia.

Biathlon (run-swim-run) and Triathlon (swim-run-shoot) are two of the cornerstones of UIPM Sports development and the joint world championships has grown in prominence since it was born in 2013.

Biathlon categories ranged from Under-9 to Masters 70+ and Triathlon from Under-11 to Masters 60+.

UIPM President Dr Klaus Schormann said: "The UIPM 2018 Biathlon/Triathlon



Athletes leave the beach and enter the water during the Biathlon Mixed Relay



Handover time for Egypt during the Biathlon Mixed Relay

World Championships was another highlight of the 2018 international competition calendar.

"The organisers in Sahl Hasheesh presented perfect conditions on the field of play, clean water with perfect water temperature, blue skies and hot air temperature.

"I congratulate everybody on this high level of organisation with very good cooperation between the UIPM staff present in Egypt and the local organisers. I also thank all participating athletes across all age categories for their high performance.

"Volunteers strongly supported these World Championships in a variety of ways. I thank the Egyptian Modern Pentathlon Federation for hosting this global Biathlon/Triathlon gathering for the first time in the area of Hurghada, a centre for tourism. Another highlight was the opening ceremony, with all nations marching in, and the culture programme."

Czech Republic strike first in Biathlon Mixed Relay

A two-time Olympian made the podium on day one of the



Determination from a South African duo and a victory celebration for Great Britain (below)



A Czech competitor hits the water and an Egyptian athlete demonstrates a smooth running technique in Sahl Hasheesh (EGY)



championships but it was two athletes from the Czech Republic who stood on top of it.

Eliska Pribylova and Ondrej Svehota teamed up to win gold in the Biathlon Mixed Relay, with Lushano Adendorff Smit and Tian Rossouw of South Africa claiming silver.

A familiar face from the pentathlon community joined them on the medal rostrum as Dmytro Kirpulyanskyy, an individual World Championship bronze medallist who competed at the Beijing 2008 and London 2012 Olympics, joined forces with Zinayida Batrak to win bronze for Ukraine.

Senior success for the Czechs and South Africans followed a reverse result in the Junior category, where Tara Schwulst and Dylan Matthew Kruger (RSA) won gold ahead of Veronika Novotna and Martin Vlach (CZE).

In the youth categories, there were another three gold medals for South Africa as well as one each for host nation Egypt, Great Britain and Kazakhstan. In three Masters categories there were titles for Great Britain, Spain and South Africa.

Pribylova & Svehota (CZE) double up in Triathlon Mixed Relay

Czech Republic duo Eliska Pribylova and Ondrej Svehota made it two gold medals in two days as they picked up a second Mixed Relay title on day two in Sahl Hasheesh (EGY).

Pribylova & Svehota (CZE) added Triathlon gold to the Biathlon prize they won on day one, this time with a huge winning margin of more than a minute.

Valeriya Permykina and Vladyslav Rydvanskyi claimed silver for Ukraine, with Lena Gottwald and Pierre Jander of Germany picking up bronze in the senior category.

Elsewhere on day two, there was a historic first international medal in UIPM Sports for Nepal, as Saloni Lama



Young female athletes keep their eye on the target



Fierce competition between South Africa, Egypt and Spain



Men's Individual Triathlon podium

and Rahul Darshan won bronze in the Under 19 category.

The podium was an all-Asian affair as the Nepalese duo joined gold medallists Kazakhstan (Ashraf Kamalova & Denis Tunitskiy) and silver medallists India (Ahilya Sachin Chavan & Ritik Sharma) in receiving their medals.

The Czech Republic also won junior gold to go with their senior success, thanks to Karolina Krenkova and Martin Vlach, while Egypt dominated the youth categories with three gold medals, each of the winning duos forcing South African rivals to accept silver. South Africa won U11 gold and one of the Masters titles, with the other two going to Spain and Great Britain.

Triathlon glory for Tamasauskaite (LTU) and Tovkai (UKR)

Ukraine and Lithuania demonstrated their Triathlon prowess as they dominated the senior individual categories on day three.

Aurelija Tamasauskaite (LTU) denied Eliska Pribylova of the Czech



A colourful scene at the start line

Republic her third gold medal of the championships as she won the senior women's title, with compatriot Lina Batuleviciute (LTU) claiming bronze and silver going to Pribylova (CZE).

The senior men's event saw six Ukraine athletes finish in the top seven, with Oleksandr Tovkai winning gold and Dmytro Baliuk taking bronze, with

well-known pentathletes Dmytro Kirpulyanskyy and Yuriy Fedechko also finishing in the top six.

The only non-Ukraine athlete in the mix was silver medallist Ondrej Svehota (CZE), who had teamed up with Pribylova (CZE) to win gold in both the Biathe and Triathlon Mixed Relays earlier in the week.

At junior level, South Africa enjoyed double gold. Dylan Kruger of South Africa beat Martin Vlach (CZE) to the men's title with Roman Pleshkov of Kazakhstan completing the podium. Tara Schwulst (RSA) won the women's title as Karolina Krenkova (CZE) took silver ahead of local athlete Noreen Elgamal (EGY).

In the Under 19 category, the host nation enjoyed a memorable one-two as Mohamed Marzouk (EGY) and Ahmed Hefny (EGY) won gold and silver respectively. Visit the UIPM website for detailed results from day three.

Biathe stars Vasileiou (GRE) and Gottwald (GER) finish on a high

There was a rare golden moment for Greece as Aggelos Vasileiou won a thrilling dash to the line on the final day of the UIPM 2018 World Biathe/Triathlon Championships.

Vasileiou (GRE), a gold medallist in Batumi (GEO) in 2015, prevailed by 1.77sec in the senior category of the Men's Individual Biathe, denying the top prize to previous champion Tomas Svoboda of the Czech Republic. They were joined on the podium by Temirlan Temirov of Kazakhstan.

Lena Gottwald of Germany won the Women's Individual gold, with Lushano Adendorff Smit of South Africa claiming silver and the bronze medal going to Eliska Pribylova (CZE), who finished the week with a medal from all four days of the championships.

In the junior men's category, Kazakhstan performed strongly with three of the top four places. Arman Kydyrtayev (KAZ) won gold and Meirlan Iskakov (KAZ) took the bronze, split by

silver medallist Dylan Kruger (RSA).

South Africa went one better in the women's juniors as Tara Schwulst (RSA) prevailed ahead of Karolina Krenkova (CZE), with a popular bronze medal for Egypt's Noreen Elgamal.

There was more joy for the host nation at Under 19 level as Ahmed Hefny (EGY), a silver medallist in Triathlon the day before, went one better to top the podium.



Tomas Svoboda (CZE) hits the water during the Men's Individual Biathe



A competitor from Kazakhstan leaves the water as an Egyptian athlete runs with his goggles and cap in Sahl Hasheesh (EGY)



Global Laser Run City Tour 2018

Party in the park in Kharkiv (UKR)

The fourth Global Laser Run City Tour to be held in Ukraine in 2018 took place on the running track in the heart of Kharkiv's Golden Pony Award-winning city park on September 23.

With a military orchestra playing the national anthem, more than 300 competitors from six regions of Ukraine and good weather conditions, it was a perfect day for new and established Laser Run athletes to test their skills in front of an enthusiastic crowd.

State modern pentathlon coach Konstantin Lavrenchuk said: "I want to thank UIPM for their help and efforts in the development of Laser Run worldwide. I also thank the Ukrainian Modern Pentathlon Federation and

the local organising committee for preparing and all participants and visitors for taking part."

A spokesperson for the local organizing committee added: "It was a wonderful day and Kharkiv successfully presented Laser Run to the visitors and to the city population."

"At the end of the day more than 300 athletes, coaches and volunteers left the venue in a good mood and with a big desire to repeat this success next year."

Sunshine and smiles in Abidjan (CIV)

More than 220 aspiring pentathletes took part in a Global Laser Run City Tour in beautiful conditions in Abidjan, Ivory Coast, on October 27.

The competition took place in the sports facilities of the Koumassi Municipal School in the southern part of the city and the age categories ranged from Under-13 through Under-15 to Under-17.

The first GLRCT in Abidjan (CIV) was staged in 2017. A spokesperson for the local organising committee said: "There were a lot of curious spectators and all were thrilled to see these young people running and shooting at a nice pace. The weather was also beautiful and clement and we are thankful to everybody at UIPM who supported this event."

The Ivorian Federation of Modern Pentathlon will arrange one more City Tour in Abidjan at the very end of the year, on December 29.



A happy scene in Abidjan (CIV) as young athletes show their excitement at taking part in the Global Laser Run City Tour



Athletes take aim in the shooting range as others wait for their turn at the National Military College in El Palomar (ARG)

Youth Olympic Games buzz extends to El Palomar (ARG)

The 2018 Youth Olympic Games in Buenos Aires (October 6-18) was hailed as a stunning success and the feelgood factor spread to the city of El Palomar on October 25.

El Palomar, 20km from the capital, became the second Argentinian venue to host an edition of the Global Laser Run City Tour, with three more planned before the end of 2018.

The Modern Pentathlon (Tetrathlon) at YOG 2018 was watched by capacity crowds at Youth Olympic Park, thanks to a policy of free attendance, and a special focus day enabled organisers to further promote UIPM Sports to the public.

One of the immediate outcomes of this development work was a well-attended City Tour one week after the conclusion of the Games, organised by the Argentina Modern Pentathlon Federation (FAPM) at the sports centre of the National Military College.

A spokesperson for the local organising

committee said: "The Modern Pentathlon Federation of Argentina has embraced the new and exciting sport of Laser Run and plans to hold three more events in the City of Magdalena, Esquel and La Pampa."

"There was also a clinic for sports teachers interested in developing this fantastic sport. Jorge Fariña, head of the division of physical education, also provided an opportunity to try out the Modern Pentathlon and received very positive feedback."

Crossover time in Hurghada (EGY)

A day after the conclusion of the UIPM Biathlon/Triathlon World Championships, the Egyptian Modern Pentathlon Federation (EFMP) gave participating athletes another chance to compete in the Global Laser Run City Tour.

The event in Sahl Hasheesh, near Hurghada, attracted a remarkable total of 420 athletes, including a delegation from Great Britain and one participant from Italy eager to demonstrate their ability to cross over between the various UIPM development sports.

A spokesperson for the local organising committee said: "The use of the existing Biathlon/Triathlon World Championships venue for the Global Laser Run City Tour meant that we were able to run a very efficient and fast event."

"We hope to see even more participants next year in Egypt."

The UIPM Global Laser Run City Tour was created in 2017 to deliver an exciting, dynamic and fun competition to participants of all ages and offer them an entry point to UIPM Sports.

The Global LRCT took place in parks, stadiums and iconic urban venues in 60 cities around the world in 2017, with more than 15,000 participants. There are about 100 events scheduled in 2018.

Laser Run is a development sport of UIPM but aspiring athletes of all ages also have the chance to compete for global titles at the UIPM Laser Run World Championships, the fourth edition of which took place in September 2018 in Dublin (IRL).

News from around the world

Paris (FRA) and Lisbon (POR) to host UIPM Level 3/4 coaching courses

UIPM has scheduled the second edition of the Level 3 Coaches Course and the first edition of the Level 4 Coaches Course as the Coaching Certification Programme (CCP) continues to develop.

The Level 4 Coaches Course will be held in Paris (FRA) from December 10-14 Dec, 2018, and the Level 3 Coaches Course will be held in Lisbon (POR) from January 6-10, 2019.

UIPM Operations Manager Alexandre Franca said: "After all the successful coaches course held in 2017 and 2018, the UIPM would like to encourage you to attend the courses mentioned above.

"The focus of the Level 3 course is to certify those professional coaches already involved in Modern Pentathlon reaching the requirements of the CCP Level 3 (UIPM Senior Coach) while the

Level 4 (UIPM Elite Coach) is designed to certify experienced coaches that reach the requirements of the CCP Level 4."

WADA publishes 2019 List of Prohibited Substances and Methods

The World Anti-Doping Agency (WADA) has published its 2019 List of Prohibited Substances and Methods, an important resource for anyone involved in the UIPM Sports and the wider international sporting movement.

Read more on Page 20 and visit the anti-doping microsite of pentathlon.org to view the full list and supporting documents.

PentUp Challenge (GBR) gives veterans chance to try pentathlon

After the success of the inaugural event in 2017, the 2nd PentUp Challenge enabled sufferers of Post-Traumatic Stress Disorder (PTSD)

to once again take part in Modern Pentathlon in a friendly environment.

The Royal Military Academy in Sandhurst (GBR) played host once again to 36 Pent Up entrants and also incorporated the Army Modern Pentathlon Championships.

PentUp was founded by combat veterans Dr Simon Thompson and Jon Pallas and the competition is organised by Sue Hyde, former competitions director for Pentathlon GB. It uses the sport of Modern Pentathlon for the therapy and treatment of serving and retired British Military personnel who are affected by PTSD.

The format and scoring system had to be adapted for a huge age range (20 to 63), with abilities varying from novice to Olympian. Most had no experience at all and trained for all five disciplines in the previous six months.

Dominic Mahony, Great Britain Olympic team bronze medallist in Seoul in 1988,



A PentUp group photograph at the Royal Military Academy in Sandhurst (GBR)

said: "The organizing team did a superb job, the day ran like clockwork and had a wonderful atmosphere.

"For a sport that has so often been about 'points per second' I loved that at no stage in the day did I care what the scores were. There were so many inspiring personal achievements."

Current pentathlete Joanna Muir (GBR) said: "It was wonderful to attend another fantastic Pent Up Challenge.

"It is a really special event and I can speak for all the current athletes who were there as team managers that it

was truly inspiring and humbling to be part of such a great day."

Founder Jon Pallas added: "Many thanks to all the discipline directors and event officials for making the Pent Up 2018 Challenge such a brilliant event.

"It's no secret than organising a Pent for 36 people requires a miracle of skill, planning, coordination, and administration. The nature of the mental condition . . . and the military service of those participating, means that it's often difficult to explain who our vets are, how they got to be injured, and how they are recovering."



Patrick Baumann
1967-2018

The UIPM movement lost a close friend in October 2018 when Patrick Baumann (SUI) died suddenly during the Youth Olympic Games in Buenos Aires (ARG) aged 51.

UIPM President Dr Klaus Schormann said: "Patrick was truly a special man and a genuine and very dear friend to our sporting movement.

"We worked closely with him in his capacity as President of the Global Association of International Sports Federations but also for many years in his role as Secretary General of the Federation of International Basketball Associations (FIBA).

"The various International Federations in Olympic sport may in some ways be competing with each other but Patrick was the kind of person who made it easy to build bridges, to share experiences and learning and to create friendships and alliances.

"He had a combination of energy, intellect, vision, humanity and leadership skills that made him an outstanding sports administrator, and everybody in our global community who knew and worked with Patrick will miss him dearly."



PentUp competitors take aim during the Laser Run discipline



Manchester, England, 16-18 November 2018



Tournament & Training

Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check [pentathlon.org](http://www.pentathlon.org) for all information related to invitations and visa letters.

Navigate to the National Federations Portal or to <http://www.pentathlon.org> to stay up to date with all tournament news.

COMPETITION INVITATIONS

PanAmerican Championships
Lima (PER)
26 NOVEMBER - 02 DECEMBER



Medical and Anti-Doping

Corner



WADA PUBLISHES 2019 LIST OF PROHIBITED SUBSTANCES

The World Anti-Doping Agency (WADA) has published its 2019 List of Prohibited Substances and Methods, an important resource for anyone involved in the UIPM Sports and the wider international sporting movement.

The list, which comes into force on January 1, 2019, is accompanied by the 2019 Summary of Major Modifications and Explanatory Notes - which serves to help athletes, coaches and other support personnel to understand the latest changes - and the 2019 Monitoring Program.

"WADA is pleased to announce the publication of the 2019 Prohibited List," said WADA Director General, Olivier Niggli. "It is one of the cornerstones of the global anti-doping program. Every year, we review the List in consultation with a wide range of stakeholders."

"It is vital that we stay ahead of those that endeavour to cheat the system so in reviewing the List, experts review sources such as scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies."

For a substance or method to be added to the List, it must be determined that it meets two of the following three criteria: a) it has

the potential to enhance or enhances sport performance; b) it represents an actual or potential health risk to the athletes; c) it violates the spirit of sport. Athletes who have a legitimate medical reason for using a prohibited substance or method that is on the List may be accommodated if they meet the criteria outlined in the International Standard for Therapeutic Use Exemptions (ISTUE).

The 2019 Prohibited List, Summary of Modifications and Monitoring Program are available for download on WADA's website in English, French and Spanish.

Inside UIPM:

Monthly activities of President Dr Schormann



UIPM President Dr Klaus Schormann and Secretary General Shiny Fang at the 1st Olympism in Action forum in Buenos Aires (ARG)

04.-17.10.2018, Buenos Aires (ARG))

At the beginning of their visit to the 3rd Youth Olympic Summer Games, UIPM President Dr Klaus Schormann and Secretary General Shiny Fang took part in the 1st IOC Olympism in Action Forum on October 5/6.

The aim of this new forum is for the IOC to engage openly with the broader public and discuss how sport can create positive change around the world, following the joint march of athletes from North and South Korea in Pyeongchang (KOR) at the Olympic Winter Games 2018.

On October 8/9 the UIPM President and Secretary General joined the 133rd IOC Session, where it was confirmed that the 4th Youth Olympic Summer Games will take place in the African



UIPM President Dr Schormann and Secretary General Mrs Fang with (left) 1st Vice-President (and IOC Vice-President) Juan Antonio Samaranch and UIPM Honorary President HSH Prince Albert II of Monaco

continent for the first time – in Dakar (SEN) in 2022.

Nine new IOC Members were elected and there were progress reports from the upcoming Olympic Games Tokyo 2020 (Summer) and Beijing 2022 (Winter). The IOC Session adopted the Athletes' Rights and Responsibilities Declaration.

Dr Schormann and Mrs Fang were joined at the IOC Session by IOC Vice President and UIPM 1st Vice-President Juan Antonio Samaranch and the UIPM Honorary President, HSH Prince Albert II of Monaco.

They also had the opportunity to meet with Patrick Baumann, President of the Global Association of International Sports Federations (GAISF). Mr Baumann sadly died a few days later.

During the Youth Olympic Games, President Dr Schormann visited a variety of sports to form a clear picture of the YOG programme.



GAISF President Patrick Baumann (left) with UIPM President Dr Klaus Schormann, Honorary President and IOC Member Prince Albert II of Monaco and Secretary General Shiny Fang during the IOC Session

He took the opportunity to speak with IOC Members, National Olympic Committee Presidents and Secretary Generals and colleagues from other

International Federations about the global movement of sport and the power of sport to create a more peaceful world with more respect



UIPM delegates and staff, local organisers and volunteers and Athlete Role Models (front right) Yane Marques (BRA) and Charles Fernandez (GUA)



IOC President Dr Thomas Bach salutes the crowd during his visit to the Modern Pentathlon and (below) greets Athlete Role Model Yane Marques (BRA)

and understanding between different cultures.

During the Modern Pentathlon (Tetrathlon) competition, he met a large number of UIPM National Federation representatives, who were accompanying young athletes at the Games, to discuss future development possibilities and a system for helping athletes achieve a more secure lifetime after sport.

The UIPM President was involved in the award ceremonies for three categories, alongside IOC Executive Board Members Willi Kaltschmitt Lujan (GUA) and Nicole Hoevertsz (ARU) and IOC Member Kirsty Coventry (ZIM).

It was a great honour for UIPM that the IOC President Dr Thomas Bach attended the Swimming discipline of the Mixed Relay on October 16. Dr Bach was briefed by Dr Schormann and Mrs Fang on the Mixed Relay procedure, and afterwards he met with the Athlete Role Models, Yane Marques (BRA) and Charles Fernández (GUA), to speak about general points relating to athlete needs.

(l to r) South American Confederation President Jorge Salas, UIPM President Dr Klaus Schormann, Argentina Olympic Committee Vice President Alicia Morea, UIPM Innovation Commission Chairman Ivar Sisniega and his wife Sayda Del Rio





UIPM President Dr Klaus Schormann with the Thailand team



The UIPM President with officials in Sahl Hasheesh (EGY) and event staff

25.-28.10.2018, Sahl Hasheesh, Hurghada (EGY)

President Dr Schormann attended the UIPM Biathle/Triathle World Championships and met Sharif Elerian, President of the Egyptian Modern Pentathlon Federation (EMPF), to discuss the role of Egypt in Africa and in the Middle East for the development of Modern Pentathlon.

The EMPF is an important pillar for



(l to r) UIPM Masters Committee Member Shereen Saleh, Egypt NF President Sharif Elerian, Afghanistan NF President Khoshal Sarwari, Dr Schormann and Egyptian Vice Minister for Youth and Sport, General Mohamed Nour



UIPM based around Pentathlon World Cup Cairo, which has been an annual fixture on the UIPM calendar for several years.

UIPM Executive Board Member Aya Medany (Chair of the UIPM Athletes Committee and Member of the International Olympic Committee Athletes' Commission) joined the UIPM President during this competition and took part in award ceremonies.

President Schormann also had special meetings with various chiefs of delegations and was briefed about their national needs.

Among the delegates were Igor Panin (President, Ukrainian Modern Pentathlon Federation), Sunil Purnapatre (President, Modern Pentathlon Federation of India), Khoshal Sarwari (President, Modern Pentathlon Federation of Afghanistan) and representatives from Thailand, Sri Lanka, South Africa and Great Britain.

He also met Egyptian dignitaries including the Vice Minister for Youth and Sport, General Mohamed Nour.

UIPM President Dr Schormann (right) with a group of volunteers in Sahl Hasheesh (EGY)



Dr Schormann and UIPM Athletes Committee Chair Aya Medany (below left) at the award ceremonies



New Balance World Rankings

The PWR is updated live on www.pentathlon.org after each competition. PWR as at 31 October 2018:

MEN			
RANK	NATION	NAME	POINTS
1	KOR	JUN Woongtae	190
2	FRA	Valentin PRADES	171
3	IRL	Arthur LANIGAN-O'KEEFFE	170
4	UKR	Pavlo TYMOSHCHENKO	164
5	BLR	Ilya PALAZKOV	161
6	FRA	Valentin BELAUD	161
7	GER	Patrick DOGUE	160
8	FRA	Christopher PATTE	155
9	HUN	Bence DEMETER	154
10	GBR	Joseph CHOONG	151
11	KOR	JUNG Jinhwa	149
12	CHN	ZHANG Linbin	148
13	GBR	James COOKE	145
14	RUS	Alexander LIFANOV	145
15	KOR	LEE Jihun	143
16	RUS	Kirill BELYAKOV	142
17	HUN	Gergely REGOS	142
18	ITA	Riccardo DE LUCA	140
19	HUN	Adam MAROSI	137
20	CZE	Jan KUF	135

WOMEN			
RANK	NATION	NAME	POINTS
1	BLR	Anastasiya PROKOPENKO	193
2	HUN	Sarolta KOVACS	190
3	AUS	Chloe ESPOSITO	188
4	RUS	Uliana BATASHOVA	177
5	FRA	Marie OTEIZA	168
6	IRL	Natalya COYLE	167
7	RUS	Gulnaz GUBAYDULLINA	164
8	GER	Annika SCHLEU	163
9	RUS	Ekaterina KHURASKINA	158
10	FRA	Elodie CLOUVEL	156
11	LTU	Gintare VENCKAUSKAITE	155
12	HUN	Tamara ALEKSZEJEV	154
13	GBR	Kate FRENCH	152
14	FRA	Julie BELHAMRI	148
15	TUR	Ilke OZYUKSEL	147
16	ITA	Alice SOTERO	140
17	HUN	Zsafia FOLDHAZI	138
18	JAP	Shino YAMANAKA	134
19	GER	Janine KOHLMANN	134
20	LTU	Ieva SERAPINAITE	129

ⓘ The full New Balance World Rankings are available at www.pentathlon.org

WATCH ONLINE UIPMTV.ORG

28 Feb 04 Mar	World Cup I Cairo, EGY	23-27 May	World Cup IV Sofia, BUL
27-31 Mar	World Cup II Los Angeles, USA	21-24 Jun	World Cup Final Astana, KAZ
03-07 May	World Cup III Kecskemét, HUN	06-14 Sept	Senior World Championships Mexico City, MEX

LIVE-STREAMING
NEWS EDITS/HIGHLIGHTS

GET NEWS EDITS HIGHLIGHTS

27-30 Sept	Laser-Run World Championships Dublin, IRL	25-28 Oct	Biathle/ Triathle World Championships Hurghada, EGY
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HOW TO GET NEWS EDITS AND
HIGHLIGHTS?
Contact: media@pentathlon.org



70th UIPM Congress Limassol, Cyprus November 9-11, 2018



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

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