

**AUGUST
2019**



UNION INTERNATIONALE
DE PENTATHLON MODERNE



**World Pentathlon
Newsletter**

CONTENTS

- Road to Tokyo: European Championships 2019 - p.2
- UIPM 2019 Global Laser Run City Tour - p.10
- News from around the world - p.14
- Tournament & Training Camp Invitations - p.17
- Medical and Anti-Doping Corner - p.17
- Inside UIPM: Monthly activities of President Dr Schormann - p.18
- New Balance World Rankings - p.23

ROAD TO TOKYO: EUROPEAN CHAMPIONSHIPS 2019



Left to right: Men's Individual silver medallist Valentin Prades (FRA), gold medallist Jamie Cooke (GBR) and bronze medallist Martin Vlach (CZE) celebrate on the podium at the 2019 European Championships in Bath (GBR) after securing their qualification for the Tokyo 2020 Olympic Games



ROAD TO
TOKYO

European Championships 2019

Ten athletes secure qualification for Olympic Games in Lima (PER)

Another 16 athletes are savouring the joy of Olympic qualification after securing their places during the 2019 European Modern Pentathlon Championships in Bath, Great Britain.

More than 150 athletes from 25 countries took part in the six-day competition at the University of Bath, which last hosted the championships in 2015 - when Olympic qualification was also on the line.

Two European nations, Lithuania and Great Britain, can be said to be leading the race to Tokyo 2020 having each guaranteed three places on the start line.

The winner of the Women's Final, Laura Asadauskaite of Lithuania, had already guaranteed her automatic spot for next year's Games by claiming gold at the UIPM 2019 Pentathlon World Cup Final. She was joined on the podium by home athlete Kate French (GBR) and Iryna Prasiantsova of Belarus, who booked their Olympic berths with plenty to spare.

They can all start making plans now to compete on the ultimate stage next August, as can six other athletes who finished in the top 13: Annika Schleu of Germany, Natalya Coyle of Ireland, Gintare Venckauskaite (LTU), Marie Oteiza of France, Adelina Ibatullina of Russia and Sarolta Kovacs of Hungary.

The Men's Final was won by the reigning world champion, Jamie Cooke (GBR), who will join his team-mate, World Cup Final champion Joe

ROAD TO TOKYO: 2020 OLYMPIC QUALIFIERS	
Women	Men
Haydy Morsy (EGY)	Sherif Nazeir (EGY)
Laura Asadauskaite (LTU)	Joseph Choong (GBR)
Mariana Arceo (MEX)	Charles Fernandez (GUA)
Samantha Achterberg (USA)	Esteban Bustos (CHI)
Leydi Moya (CUB)	Sergio Villamayor (ARG)
Maria Chaves (BRA)	Lester Ders (CUB)
Lourdes Cuaspu (ECU)	Amro Elgeziry (USA)
Kate French (GBR)	Jamie Cooke (GBR)
Iryna Prasiantsova (BLR)	Valentin Prades (FRA)
Annika Schleu (GER)	Martin Vlach (CZE)
Natalya Coyle (IRL)	Lukasz Gutkowski (POL)
Gintare Venckauskaite (LTU)	Bence Demeter (HUN)
Marie Oteiza (FRA)	Justinas Kinderis (LTU)
Adelina Ibatullina (RUS)	Alexander Lifanov (RUS)
Sarolta Kovacs (HUN)	Patrick Dogue (GER)

Subject to Tokyo 2020 qualification criteria
Visit www.pentathlon.org/olympic-games

Choong (GBR), on the plane to Tokyo.

Cooke (GBR) was followed home by the 2018 European champion and world No.1 Valentin Prades (FRA), and the two rivals were joined on the podium by 22-year-old Martin Vlach of Czech Republic.

All three can now look forward to Tokyo without the worry of qualification, as

can five other athletes who finished in the top 11 in Bath: Lukasz Gutkowski of Poland, Bence Demeter (HUN), Justinas Kinderis (LTU), Alexander Lifanov (RUS) and Patrick Dogue (GER).

UIPM President Dr Klaus Schormann said: "We had a great, great competition at the 2019 European Championships. As we know, this was a qualification event for the Tokyo 2020 Olympic



A promotional banner welcomes the 'gladiators' of Pentathlon back to Bath (GBR) for the 2019 European Championships, where Laura Asadauskaite (LTU) continued her excellent record on British soil with Women's Individual gold

Games, so every coach and trainer prepared their athletes at the highest level.

"Congratulations to all the athletes on their performances – this is the first big step to Tokyo and the second one is the UIPM Pentathlon World Championships in Budapest. Then next year we will have other possibilities.

"The organisation was excellent, with perfect horses, and now we have 10 more nations that can see the result of their investment in athletes, who are now on the way to Tokyo 2020.

"This was such a great competition and the European Confederation can be very happy, and we as a Union are very glad to see how strongly the European countries are competing."

Fifteen of the 36 participants in both the men's and women's Olympic Pentathlon competition have now been confirmed, with 21 opportunities remaining. The next opportunity to qualify will be the UIPM 2019 Pentathlon World Championships in September in Budapest, where three more places for each gender will be at stake.





Myles Pillage and Kerenza Bryson (GBR) celebrate their success in the European Championships Mixed Relay in Bath (GBR)

Europe's seasonal showpiece came a week after five male and five female athletes from North, Central and South America and the Caribbean secured their Tokyo 2020 places through performances at the 2019 Pan American Games in Lima (PER).

They joined Asaduskaite (LTU), Choong (GBR) and the African champions Haydy Morsy and Sherif Nazeir of Egypt in booking their tickets to Tokyo – subject to the UIPM Olympic Games qualification process.

Mixed Relay dominated by hosts as Bryson and Pillage (GBR) succeed

The Mixed Relay again took centre stage at a major international Pentathlon competition as Great Britain opened the 2019 European Championships with a gold medal on home soil.

Kerenza Bryson and Myles Pillage (GBR) provided cheer for the home crowd on a rainy opening day as they topped the standings in Swimming, Fencing and Riding disciplines to take a 40sec lead into the Laser Run.

Great Britain (Bryson / Pillage) protected their advantage to finish 19sec ahead of Czech Republic duo Eliska Pribylova and David Kindl, who moved up from 4th to secure the silver medal.

Italy (Irene Prampolini and Valerio Grasselli) joined them on the podium as bronze medallists at the University of Bath Sports Training Village, where the British high-performance team is based.

Pillage (GBR) said: "It feels awesome. This is the first international gold medal I have won, so to do it with Kerenza is really cool. It was a really good day

for us. It was about holding it together in the Laser Run and maintaining that big lead as neither of us had been in that situation before. Thank you to everyone whose support helped us do that."

Bryson (GBR) added: "It was great to have the home crowd behind us, you could really feel the support, although trying to shoot while people are cheering you was quite tough. I'd just like to also say thanks to the National Lottery for supporting us and to my friends and family."

Pribylova (CZE) said: "We are really satisfied with that result. The whole day was full of surprises and this was the best result we could have hoped for – we would never have said we would be second at the beginning of the day because our fencing wasn't the best. It's really amazing to be here with the crowd and everything, it's a really nice venue."

Prampolini (ITA) added: "The Riding and the final part of the Fencing were the best parts of the day for us. We



Mixed Relay podium

didn't start very well in the Fencing but Valerio and I got stronger after that and that gave us the power to go on."

Martin Dawe, UIPM Executive Board Member, said: "The first day of the 2019 European Championships was a very exciting day, with a few rainstorms in between, and it was also an exciting competition with the top nations in

Europe taking part. It's very good for the home nation to win the gold, and good for Bath and the British team."

Classy Cooke (GBR) leads eight athletes to Tokyo 2020

The line-up for the men's Modern Pentathlon at the Tokyo 2020 Olympic Games is almost half-



Spectators watch closely as Polish and British athletes compete for extra points in the Fencing Bonus Round

complete after eight more athletes secured their places during an ultra-competitive European Championships final.

World champion Jamie Cooke (GBR) led the way, winning gold in front of a supportive home crowd at his training base of the University of Bath.

Cooke (GBR) will be joined in Tokyo by silver medallist Prades (FRA) and 22-year-old bronze medallist Vlach (CZE), along with a further batch of young and seasoned athletes, Gutkowski (POL), Demeter (HUN), Kinderis (LTU), Lifanov (RUS) and Dogue (GER).

Cooke (GBR) said: "It's been pretty much a perfect day for me. The world is slightly upside down with my scoresheet today but I'm really, really pleased with it."

"The Fencing for me was a highlight – everything came together on the day and I couldn't lose a hit, it was almost comical at one point."

"In the Laser Run I made myself slightly nervous with my second shoot, but I ran well so I'm really pleased. It's amazing to win here in Bath, the volunteers and everyone have been incredible."

Prades (FRA), whose silver medal matched the result he achieved when this competition was held in Bath (GBR) in 2015, said: "It is clearly a place for silver for me! Jamie was so strong today and was too far from me but I will get my revenge at the World Championships next month."

"The principle objective of today was to get my Olympic ticket so I am very happy."

Vlach (CZE), who recorded easily the best Laser Run time (10:31.92), said: "I started with a good fencing discipline, especially for me, because I had more victories than defeats, 19 against 16."

"After that, I just focused and tried



Jamie Cooke (GBR) enjoys his moment of triumph and celebrates winning the Men's Team gold with his Great Britain team-mates (below)



A rider clears an obstacle during the Riding event at the University of Bath

not to make any mistakes. The riding was okay, then I focused a lot on the shooting and it went good."

Three of the top 10 finishers were not eligible for Olympic qualification: Pentathlon World Cup champion Joseph Choong (GBR), Jan Kuf (CZE) and Valentin Belaud (FRA). The latter duo suffered from the high finish of their team-mates Vlach (CZE) and Prades (FRA).

Great Britain continued a very successful championships by adding team gold to the individual title won by Cooke (GBR).

Eight women join champion Asadauskaite (LTU) on plane to Tokyo 2020

A dramatic final day of the 2019 European Championships saw eight women earn the right to become

Olympians in the Japanese capital of Tokyo in 2020.

Asadauskaite (LTU) was crowned European champion after a typically strong Laser Run finish, but she had already qualified for the Olympics by winning the UIPM 2019 Pentathlon World Cup Final in June.

Behind her, French (GBR) and Prasiantsova (BLR) led the way to Tokyo, securing silver and bronze respectively and booking their Olympic berths.

They will be joined in Tokyo by Schleu (GER), Coyle (IRL), Venckauskaite (LTU), Oteiza (FRA), Ibatullina (RUS) and Kovacs (HUN).

It was a thrilling finish to six days of top-quality pentathlon, and the calibre of the women's field was underlined by the identity of those who fell short of Olympic qualification, including

2018 world champion Anastasiya Prokopenko (BLR) and Rio 2016 Olympic silver medallist Elodie Clouvel (FRA), who was leading until she was eliminated in Riding. The Rio 2016 Olympic bronze medallist, Oktawia Nowacka (POL), finished 14th, one place away from Tokyo qualification.

Asadauskaite (LTU) said: "It's been a good day. I was composed in the shooting and I ran fast, so I'm very happy."

Silver medallist French (GBR) added: "I'm over the moon with second place. I had to really fight today, nothing really came easy. I had a really good ride, which I was so pleased with and that put me in a good position for the final event."

"I just had to hold on, really – I had Laura chasing me down. I did try and stay with her but she's so fast."

Prasiantsova (BLR) said: "I feel so happy because it's the first time that I got the podium. All day I worked and tried to stay confident and focused on my event."

"It was a tough race and I knew that before the Laser Run that Laura would keep pressuring me, so I am so happy that I have got third place. I enjoyed the whole day."

A number of the top 10 finishers in the Women's Final were not eligible for Olympic qualification: Pentathlon World Cup champion Asadauskaite (LTU), Joanna Muir and Francesca Summers (GBR) and Volha Silkina (BLR).

The next continental qualifier for the Tokyo 2020 Olympic Games will be the Asia/Oceania Championships in Kunming (CHN).

Another six places for men and six for women will be on offer during the championships from November 11-21.



The Great Britain Women's Team gold medallists (above) and the Women's Individual podium (below)



UIPM 2019 Global Laser Run City Tour



A group photograph of the junior participants who competed in both Tenkodogo and Garango (BUR) on July 6

All aboard in Tenkodogo and Garango (BUR)

There is only so far a young athlete can run in one day, so organisers in Burkina Faso arranged for a police bus to transport Laser Run participants from one city to another on July 6.

After making the decision to maximise their development opportunity by splitting the country's first Global Laser Run City Tour between two cities, the National Federation of Burkina Faso enlisted the help of the law to make the 20km journey across the Boulgou province.

In the morning, 150 people took part in age categories from Under 11 to senior in Garango, before athletes boarded

the police bus to join a group of 90 taking part in the provincial capital, Tenkodogo.

The competition in Garango was attended by three Regional Directors and two representatives of the Ministry of Sports in Garango, while the Governor, the President of the Regional Council and the Mayor of Tenkodogo savoured their first taste of Laser Run in the afternoon.

A spokesperson for the local organising committee said: "The authorities liked it and they promised to stage a Laser Run demonstration in the Independence Day commemoration programme scheduled for 11 December in Tenkodogo."

The first GLRCT in Burkina Faso stimulated the creation of Modern Pentathlon clubs in Ouahigouya, Tenkodogo and Garango.

The local spokesperson said: "We took a lot of satisfaction from the number of young participants and the level of their performance."

"The level of competition was impressive and the day was especially animated by the involvement of students from the National School of Police."

Kampala (UGA) repeats the trick

On the dusty red terrain of Kampala, Uganda provided more evidence of the sustained growth of Laser Run



Laser Run brings joy to junior participants in Kampala (UGA) after their sporting endeavours (right)



One of the race winners takes the tape in Kampala (UGA)

worldwide when hosting its third UIPM Sports event.

Following the success of the debut 2018 Global Laser Run City Tour, the young Uganda Modern Pentathlon Federation (UMPF) repeated the trick by drawing crowds of boys and girls back to the capital city on August 10 for another joyful experience of running and laser shooting.

Simon Peter Komakech, President of the UMPF, said: "This time round, most of the participants were children aged between 11 and 12 years and a few in the age bracket of 13 to 15."

"The event, though smaller than last year's, was greatly successful. We were even blessed with a light shower of rainfall before the awards ceremony."

"We are slowly and surely moving forward since this is our third event in two years, one last year and two this year."

Laser Run opens 50th anniversary party in Cheboksary (RUS)

In the centre of Cheboksary, the capital of the Chuvashia region, Russia staged another highly successful edition of the Global Laser Run City Tour on August 17.

The event kicked off celebrations for

the 550th anniversary of Cheboksary, an important port on the Volga River. More than 250 people aged seven to 80 took part and all finishers were presented with a medal bearing a duckling, the main symbol of the anniversary.

Aleksei Murygin, President of the Federation of Modern Pentathlon of the Chuvash Republic, said: "I thank UIPM and the Russian Modern Pentathlon Federation (RMPF) for this opportunity. I am sure that all athletes have enjoyed the competition and will come to participate again."

Participant Alexandra Ivanova, 15, said: "I have been doing athletics for two months, so after reading about Laser Run competitions on the internet I immediately registered."

"My impressions were excellent, I really liked the organization. It feels like the Olympics! I had a lot of support, and everyone is encouraged. I am 100% satisfied."

The competition was attended by Eduard Zenovka, RMPF Executive Director, who pointed out the excellent and high level of competition organization and declared that Cheboksary was ready for other national and international pentathlon events.

The entertainment programme included a performance by the Chuvash State Ensemble on stage, which energized the atmosphere. The Fitness Aerobics Federation conducted a vibrant mass warm-up, charging spectators and participants with a positive attitude.

Energy meets history in Argeles-sur-Mer and Latour-de-France (FRA)

The UIPM Laser Run World Championships was born in France in 2015, when Perpignan staged the inaugural event around the fountains of the southern city.



A young girl takes aim (above) and it's a big thumbs-up for Laser Run (below) in Cheboksary (RUS)



Four years later, France has become a regular venue for the Global Laser Run City Tour, which has turned Laser Run into a worldwide urban sports phenomenon.

In the summer of 2019, Argeles-sur-Mer and Latour-de-France became the latest French destinations for the GLRCT.

The Mediterranean resort of Argeles-sur-Mer welcomed more than 380 participants of all ages to its Valmy Castle venue, with schoolchildren, triathletes, Laser Runners and future pentathletes meeting up to test their skills and stamina.

A spokesperson for the local organising committee said: "A great atmosphere and good organization was orchestrated by the regional Occitanie Modern Pentathlon Committee and the local club Pentasud Master Argeles."

"A very enthusiastic welcome from the municipality and the majestic setting made this day very pleasant even if the race course was not so easy!"

An amphitheatre on a hill in the heart of the Agly Valley played host to its first GLRCT as Latour-de-France joined the list of destinations for the UIPM's most popular development competition.

With a race course bordering the vineyards, the Green Theatre created a very warm and festive atmosphere allowed the participants to have a very pleasant day. It ended with a Laser Run Country color race for families.

A spokesperson for the local organising committee said: "Primary school children and teachers were delighted to be present at the event and some of them will join the modern pentathlon club ECCM for the 2019-2020 season."

"Organized in partnership with the regional Occitanie Modern Pentathlon Committee and the local club ECCM, this GLRCT 2019 was a success."



Fierce concentration (above), a blast of colour and a smile for the cameras (below) in France



News from around the world

Next stop Dakar? New Tetrathlon format passes final test in Weiden (GER)

Tests have been completed on the exciting New Tetrathlon competition format proposed for introduction at the 2022 Youth Olympic Games.

The last of four tests took place in Weiden (GER) on August 23-24, following previous events in Buenos Aires (ARG), Cairo (EGY) and Perpignan (FRA).

Forty-eight male and female athletes took part after travelling from elsewhere in Germany and from Hungary, Czech Republic, Egypt, Switzerland, USA and Ukraine.

New Tetrathlon, which adds Fencing to the established development sport of Triathlon (Shooting/Swimming/Running), aims to provide a more dynamic and exciting spectacle for athletes and spectators. It features a

more compact field of play, a smoother flow and closer alignment with the development path of the UIPM Sports Pyramid.

UIPM's goal is to use the new format for the 4th Youth Olympic Games in Dakar, Senegal in 2022 – the first Olympic Games to be held in Africa.

The proposed changes – which would replace the traditional Tetrathlon format of Swimming, Fencing and Laser Run – are also in line with strategic guidance from the International Olympic Committee to “continue to use the YOG as an incubator for innovation”.


A detailed report will now be considered by the UIPM Executive Board and members of the Athletes, Coaches, Medical and Technical Committees in Budapest (HUN) on September 4-5.

UIPM President Dr Klaus Schormann said: “The four tests we have undertaken with the New Tetrathlon presentation for the Youth Olympic Games Dakar

2022 have been a great success. Everything that we have done so far, including the questionnaires, shows that we are including the athletes and officials and coaches and asking them to help us evaluate what we can do better for the future presentation.

“We also want to reduce costs, create a more dramatic experience for spectators and send a message to the IOC about what we can do with our youths. It was a good idea to undertake these tests and now it's time to review the progress we have made and prepare a good document to be presented to the Executive Board in Budapest.


“I am very happy that the national federations have been helping and assisting us, proving there is a willingness to look at what we can do better. I thank all the athletes who have been ready to take part in these tests, as well as all the staff and volunteers. It's very important that we involve our grassroots community in this process.”





WE'RE NOT JUST ONLINE...


BROWSE ON THE GROUND IN BUDAPEST


SHOP.UIPMWORLD.ORG



SWIMMING



FENCING


RIDING


SHOOTING


RUNNING


UIPM PENTATHLON World Championships BUDAPEST 2019


UIPM LASER RUN World Championships BUDAPEST 2019



A group of junior athletes race to the shooting range during the second UIPM Biathlon-Triathlon National Tour of the year in Sevan (ARM)

UIPM 2019 Biathlon-Triathlon National Tour: Young athletes aim high in Sevan (ARM)

The largest lake in the Caucasus was the ideal location for one of UIPM's most exciting development competitions as Armenia hosted the second Biathlon-Triathlon National Tour (BTNT) of 2019.

More than 100 young athletes got a taste for UIPM Sports at Lake Sevan, a freshwater lake which sits at an altitude of about 1900 metres, on July 21.

The BTNT, which gives people from new communities the chance to try two UIPM development sports in one day, had been kickstarted again in Tbilisi (GEO) earlier in the summer following the huge success of the Global Laser Run City Tour.

The Modern Pentathlon Federation of Armenia has a clear development focus built on growing the number of children and adolescents who want to become pentathletes.

The participants came from various clubs in the capital, Yerevan, and the regions of Gumri and Vandzor to take part in numerous age groups.

Artak Nikoghosyan, President of the Armenian Federation of Modern Pentathlon, said: “Modern Pentathlon has always been one of the favourite sports in Armenia.

“After many years of inactivity, in the past two years, thanks to the efforts of the UIPM, the National Federation and the Ministry of Education, Science, Culture and Sports of Armenia, many people have become familiar with the sub-sports of Modern Pentathlon. Biathlon and Triathlon are no exception.

“For us, it was a pleasant surprise to have such a good response from those who participated in the UIPM 2019 Biathlon-Triathlon National Tour.

“The coaches and referees were mostly former athletes of Igor Novikov Training School for Young Pentathletes. There were also many spectators and fans.

“I want to note that the distance for inexperienced participants was very acceptable. What is most important is that this was a very successful celebration of sport and Modern Pentathlon.”

Viacheslav Malishev, UIPM Executive Board Member for Development, said: “Biathlon and Triathlon are two of the pillars of UIPM's global development programme, enabling athletes to transition between running, swimming and, in the case of Triathlon, laser shooting and enhance their chance of becoming pentathletes.

“I am delighted that the UIPM Biathlon-Triathlon National Tour is up and running again and I congratulate everybody involved in this year's second instalment in Sevan on an excellent competition that was clearly enjoyed by many people.”

About 100 cities have been selected in 2019 as hosts of the BTNT or GLRCT, with the BTNT venues including Sevan (ARM), Abidjan (CIV), Bamako (MAL),

Colombo (SRL) and Hurghada (EGY).

The full calendar can be viewed at the UIPM website, where you can also find more information on UIPM's various multi-discipline sports.

The UIPM 2019 Biathlon-Triathlon World Championships will be held in Saint Petersburg, Florida (USA) from October 23-27. In December, Laser Run and Triathlon will both feature for the first time in the 30th Southeast Asian (SEA) Games in the Philippines.

UIPM Executive Board activities

UIPM Executive Board Member for Development, Dr Viacheslav Malishev, attended the 2019 Mediterranean Beach Games in Patras (GRE), accompanied by UIPM Development Assistant Anfisa Kasyanova.

The purpose of the visit was to meet President and Secretaries General of National Olympic Committees (NOCs) in the region with a view to further developing UIPM Sports in their countries.



Swimming in Sevan (ARM) took place in the largest lake in the Caucasus

They were supported by Alain Lunzenfichter, a UIPM Pierre de Coubertin Commission Member who acts as communications advisor to the International Mediterranean Games Committee (CIJM). Many NOCs positively engaged with the UIPM message and are ready to work together with our Union.

Another fruitful meeting took place with the President of Algerian Olympic

Committee and the African NOCs Association (ANOCA), Mustapha Berref, who invited UIPM to send a senior delegation to visit Algeria and set a road map for UIPM sports development in the African nation.

Dr Malishev also had an important meeting with CIJM Secretary General Iakovos Filipoussis, where they discussed Triathlon's possible inclusion in the Mediterranean Beach Games.



Male and female junior athletes take aim on the laser shooting range during the Triathlon in Sevan (ARM)

Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters.

Navigate to the National Federations Portal or to www.pentathlon.org to stay up to date with all tournament news.

COMPETITION / EVENT INVITATIONS

**UIPM Laser Run
World
Championships
Budapest (HUN)
SEP 6-8**

**UIPM Pentathlon
World
Championships
Budapest (HUN)
SEP 2-8**

**UIPM Biathlon-
Triathlon World
Championships
St Petersburg
(USA) OCT 23-27**

Medical and Anti-Doping Corner

WADA PUBLISHES 2019 LIST OF PROHIBITED SUBSTANCES

The World Anti-Doping Agency (WADA) has published its 2019 List of Prohibited Substances and Methods, an important resource for anyone involved in the UIPM Sports and the wider international sporting movement.

The list, which came into force on January 1, 2019, is accompanied by the 2019 Summary of Major Modifications and Explanatory Notes - which serves to help athletes, coaches and other support personnel to understand the latest changes - and the 2019 Monitoring Program.

"WADA is pleased to announce the publication of the 2019 Prohibited List," said WADA Director General, Olivier Niggli. "It is one of the cornerstones of the global anti-doping program. Every year, we review the List in consultation with a wide range of stakeholders. It is vital that we stay ahead of those that endeavour to cheat the system so in reviewing the List, experts review sources such as scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies."

For a substance or method to be added to the List, it must be determined that it meets two of the following three criteria: a) it has the potential to enhance or enhances sport performance; b) it represents an actual or potential health risk to the athletes; c) it violates the spirit of sport. Athletes who have a legitimate medical reason for using a prohibited substance or method that is on the List may be accommodated if they meet the criteria outlined in the International Standard for Therapeutic Use Exemptions (ISTUE).

The 2019 Prohibited List, Summary of Modifications and Monitoring Program are available for download on WADA's website in English, French and Spanish.



Inside UIPM:
Monthly activities of President Dr Schormann



"Die Finals" was well attended and also heavily promoted on TV and digital media

03.08.-05.08.2019, Berlin, GER

UIPM President Dr Klaus Schormann visited a festival incorporating 10 Olympic sports in the Olympic Park in Berlin from August 3-4. German television networks ARD and ZDF covered 10 international German Championships, including Modern Pentathlon, over the weekend with nine hours of broadcasting time on each day.

Thousands of spectators followed the events directly and millions of TV viewers tuned in. It was the first instance of German sports working together with television to present a festival of multiple sports on one weekend.



A rider clears an obstacle during the Pentathlon event at "Die Finals" in Berlin (GER)



Action from the Pentathlon event at "Die Finals" in Berlin (GER), where Fabian Liebig (GER) became the men's champion



UIPM President Dr Klaus Schormann (second left) attends the medal ceremony for the women's competition

16.08.2019, Darmstadt, GER

Professor Dr Gerald Fritz visited the UIPM President at his office to discuss strategies for marketing and promotion. Together they worked on a presentation that will be delivered to the UIPM Business Affairs Committee meeting on September 9 in Budapest (HUN).

08.08.-12.08.2019, Bath, GBR

President Dr Schormann attended the 2019 European Modern Pentathlon Championships and Olympic Qualifier, where he met Pentathlon GB board member and Seoul 1988 pentathlon bronze medallist Dominic Mahony with



Professor Dr Gerald Fritz visits the UIPM President in his office in Darmstadt (GER)



Left to right: Sydney 2000 Olympic champions Dmitry Svatkovsky (RUS) and Stephanie Cook (GBR), London 2012 Olympic champion Laura Asadauskaite (LTU), UIPM Vice President and WOA President Joel Bouzou (FRA), UIPM President Dr Klaus Schormann, UIPM Executive Board Member for Sport and Montreal 1976 Olympic champion Janusz Peciak (POL) and Dominic Mahony (GBR)



Dr Schormann visits the Pentathlon GB archives with UIPM Executive Board Member for Marketing, Martin Dawe (centre) and Pentathlon GB officials

a number of other UIPM representatives at a reception hosted by the World Olympians Association (WOA) in Bath (GBR) on August 10.

Bouzou (FRA), UIPM Vice President and WOA President, and Janusz Peciak (POL), UIPM Executive Board Member for Sport.

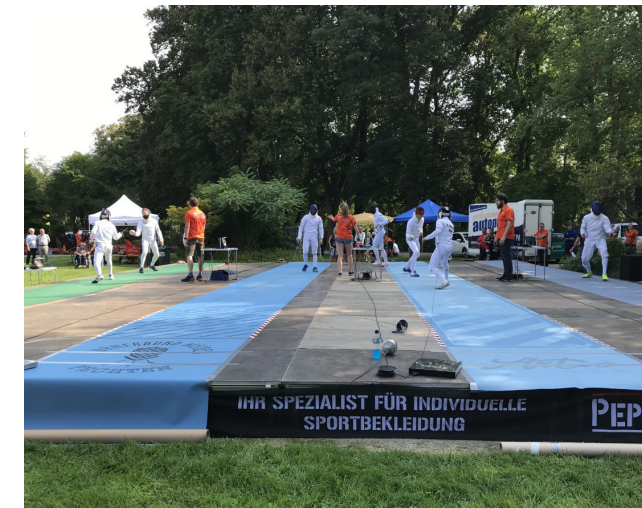
the UIPM Commission for Culture and Education, along with Pentathlon GB chairman David Armstrong and Chief Executive Sara Heath.

Also present were legendary Olympic pentathletes Dmitry Svatkovsky (RUS), President of the European Confederation, Dr Stephanie Cook (GBR), Laura Asadauskaite (LTU), Joël

On August 8 President Dr Schormann joined Martin Dawe, UIPM Executive Board Member for Marketing, on a visit to the Pentathlon GB archives where they met Andy Archibald, Member of

23.08.-26.08.2019, Weiden, GER

From August 23-25 President Dr Schormann visited the European Laser Run Championships, where UIPM



Athletes compete in Fencing (left) and manage the transition from Swimming to Running during the New Tetrathlon test in Weiden (GER)



Action from the Swimming and Shooting stages of the New Tetrathlon test event in Weiden (GER)

also organized the fourth and final test will be proposed for introduction to the 2022 Youth Olympic Games in Dakar, event for the New Tetrathlon format that Modern Pentathlon programme at the Senegal (see news section).



A group photograph of the competitors, officials, volunteers and VIPs at the end of the New Tetrathlon test in Weiden (GER)

New Balance World Rankings

The PWR is updated live on www.pentathlon.org after each competition. PWR as at September 3, 2019:

MEN			
RANK	NATION	NAME	POINTS
1	FRA	Valentin PRADES	196
2	GBR	Jamie COOKE	190
3	GBR	Joseph CHOONG	190
4	UKR	Pavlo TYMOSHCHENKO	177
5	GER	Marvin DOGUE	172
6	CZE	Jan KUF	167
7	GER	Patrick DOGUE	164
8	CHI	Esteban BUSTOS	157
9	EGY	Ahmed ELGENDY	151
10	LTU	Justinas KINDERIS	151
11	FRA	Valentin BELAUD	148
12	CHN	ZHANG Linbin	147
13	RUS	Alexander LESUN	145
14	CHN	LI Shuhuan	143
15	CZE	Martin VLACH	135
16	ITA	Riccardo DE LUCA	131
17	HUN	Bence DEMETER	130
18	GER	Fabian LIEBIG	130
19	GBR	Thomas TOOLIS	127
20	RUS	Alexander LIFANOV	121

WOMEN			
RANK	NATION	NAME	POINTS
1	LTU	Laura ASADAUSKAITE	195
2	GER	Annika SCHLEU	191
3	FRA	Marie OTEIZA	180
4	GBR	Kate FRENCH	171
5	RUS	Uliana BATASHOVA	171
6	FRA	Elodie CLOUVEL	171
7	HUN	Sarolta KOVACS	166
8	BLR	Anastasiya PROKOPENKO	164
9	RUS	Gulnaz GUBAYDULLINA	164
10	BLR	Iryna PRASIANTSOVA	148
11	HUN	Tamara ALEKSZEJEV	146
12	TUR	Ilke OZYUKSEL	146
13	LTU	Gintare VENCKAUSKAITE	144
14	ITA	Alice SOTERO	143
15	RUS	Ekaterina KHURASKINA	139
16	RUS	Anna BURIK	137
17	GER	Janine KOHLMANN	136
18	MEX	Mariana ARCEO	134
19	IRL	Natalya COYLE	134
20	BLR	Volha SILKINA	134

! The full New Balance World Rankings are available at www.pentathlon.org

WATCH ONLINE UIPM.TV.ORG

02-08 Sept UIPM 2019 Pentathlon World Championships
Budapest, HUN

LIVE-STREAMING
NEWS EDITS/HIGHLIGHTS

GET NEWS EDITS HIGHLIGHTS

27 Feb-03 Mar Pentathlon World Cup Cairo EGY
10-14 Apr Pentathlon World Cup Sofia BUL
02-06 May Pentathlon World Cup Szekesfehervar HUN
21-26 May Pentathlon World Cup Prague CZE
27-30 Jun Pentathlon World Cup Final Tokyo JPN

HOW TO GET NEWS EDITS AND
HIGHLIGHTS?
Contact: media@pentathlon.org



**UIPM
LASER RUN
World Championships
BUDAPEST 2019**

6-8.09.19



**UIPM
PENTATHLON
World Championships
BUDAPEST 2019**

2-8.09.19



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

UIPM HEADQUARTERS

Stade Louis II – Entrée E
13 avenue des Castelans, MC-98000 Monaco
Tel. +377 97 77 85 55 | Fax +377 97 77 85 50
E-mail: uipm@pentathlon.org

WEB

www.pentathlon.org

SOCIAL MEDIA

 /WorldPentathlon

 @WorldPentathlon

 /vivamodernpentathlon

 /theuipm

 /uipmtv

 @国际现代五项联盟