

MAR  
2019



UNION INTERNATIONALE  
DE PENTATHLON MODERNE



World Pentathlon  
Newsletter

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## COMPETITION HOTS UP IN PARIS (FRA)



London 2012 Olympic champion Laura Asadauskaite (LTU) leads the line as Alexandre Henrard (FRA) takes aim alongside Pierre Dejardin (FRA) at the French Open Tetrathlon Criterium in the 2024 Olympic host city of Paris, where both athletes were individual gold medallists. See report on Pages 9-10.



RAM  
SWISS WATCHES



Lufthansa



## UIPM development sports

### Laser Run confirmed for inclusion in 1st World Urban Games in Budapest (HUN)

The global UIPM Sports community is celebrating after its fastest-growing development sport, Laser Run, was confirmed on the programme for the World Urban Games Budapest 2019.

Laser Run, which has enjoyed a rapid growth in popularity and profile since its introduction in 2015, will be one of two showcase sports at the inaugural Games in September 2019 after its impact on the worldwide urban sports scene was recognised by the organisers, GAISF.

In 2019 the UIPM Laser Run World Championships will be incorporated for the first time into the Pentathlon World Championships, taking place in Budapest from September 2-9.

The following week (September 13-15), Laser Run will be revealed to new

audiences around the world during the first instalment of the world's newest multi-sport Games.

UIPM President Dr Klaus Schormann said: "Laser Run is our most popular development sport and it is being discovered by new communities all the time thanks to initiatives like the UIPM Global Laser Run City Tour (GLRCT).

"It is a tribute to the quality of our development programme that our newest UIPM Sport has been chosen as one of only eight to feature in this historic World Urban Games. I am happy that GAISF has acknowledged the potential of Laser Run as an urban sport for everyone.

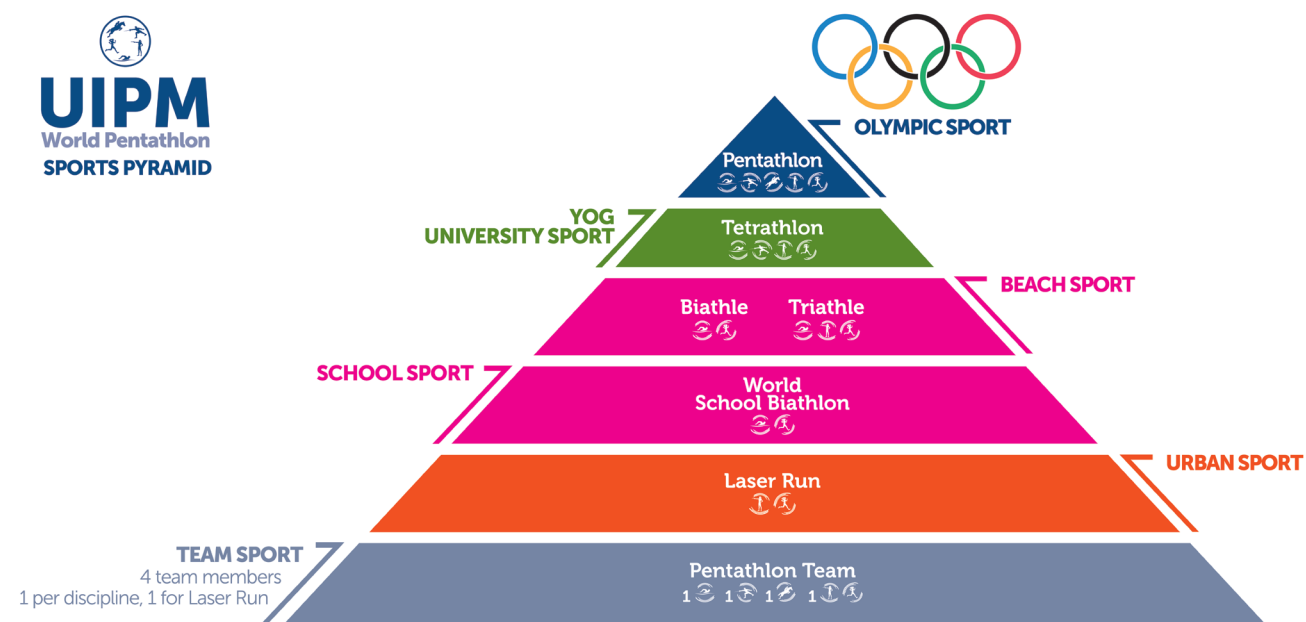
"I would like to thank all members of our global UIPM family for their hard work in creating this important moment for our pentathlon movement. I hope you will proudly celebrate this success, and then continue to work hard in preparation for a very special September in Budapest."

A qualifying system for Laser Run at the World Urban Games will be announced in due course, along with details of athlete quotas (per country and gender), competition format and schedule.

Laser Run was introduced as a standalone sport in 2015, when the first UIPM World Championships took place in Perpignan (FRA). A year later it was confirmed by UIPM Congress as the official terminology for the combined running and shooting event that forms the climax of the Modern Pentathlon.

Bolstered by the expansion of the GLRCT since 2017, Laser Run has become a strong pillar at the base of the UIPM Sports Pyramid (see below).

Viacheslav Malishev, UIPM Executive Board Member for Development, said: "The aim of our development programme is to give more people an entry point to UIPM Sports and enable them to find a pathway to our core



Olympic sport of Modern Pentathlon. The news that Laser Run will feature in the 1st World Urban Games is a wonderful moment of recognition for the sport and for the wider pentathlon community, and a vindication of the strength of our development work."

GAISF announced earlier this week that Laser Run would be a showcase sport for the World Urban Games Budapest 2019 alongside indoor rowing, and that the six competition sports would be 3x3 basketball, BMX freestyle park, breaking, freestyle flying disc, parkour and freestyle roller skate.

GAISF leader Raffaele Chiulli said: "The World Urban Games programme for Budapest 2019 presents a global stage for emerging disciplines, as well as an opportunity for world-class athletes to demonstrate their abilities and for people in urban areas to take a proactive role in sport. I have no doubt that the Hungarian capital will be the perfect arena.

"GAISF is working closely with the Local Organising Committee and with our International Federations to ensure that the World Urban Games Budapest 2019 will be an incredible event that inspires a new generation of fans."

President Dr Schormann added: "In this moment of celebration it is important that we pause to remember the late GAISF President, Patrick Baumann, who drove the creation of the World Urban Games until his untimely passing in 2018.

"Patrick's dreams have been realised and we will all be thinking of him in Budapest in September. He was a man of vision and a great friend to our movement."

### Youth Olympic Games: New Tetrathlon format tested in Buenos Aires (ARG)

A new competition format proposed for introduction at the 2022 Youth Olympic Games has successfully



Action from the Youth Olympic Games format testing event in Buenos Aires (ARG)



The 'New Tetrathlon' format includes a Triathlon, consisting of Shooting, Swimming and Running

passed its first test. New Tetrathlon, which adds Fencing to the established development sport of Triathlon (Shooting/Swimming/Running), was tested by pentathletes in Buenos Aires, Argentina on March 16.

The aim of the new format is to make the competition more dynamic and exciting for athletes and spectators, with a more compact field of play, a smoother flow and closer alignment with the development path of the UIPM Sports Pyramid.

UIPM's goal is to use the new format for the 4th Youth Olympic Games in Dakar, Senegal in 2022 – the first Olympic Games to be held in Africa.

The proposed changes – which would replace the traditional Tetrathlon format

of Swimming, Fencing and Laser Run – are also in line with strategic guidance from the International Olympic Committee to "continue to use the YOG as an incubator for innovation".

On March 16, 40 male and female athletes – mostly pentathletes – took part in the historic New Tetrathlon test at the National Military College in Buenos Aires.

A detailed report was sent to the UIPM Executive Board and members of the Athletes, Coaches, Medical and Technical Committees and four more test events will follow.

The results of each event will be analysed in detail by a working group set up after the joint UIPM committees meeting in Frankfurt (GER) in January





Youth Olympic Games 2018 silver medallist Franco Serrano (ARG) shows his Running strength during the New Tetrathlon in Buenos Aires (ARG)

2019. A final report will then be submitted to the Executive Board, which will lead the decision-making process about the new format in September 2019.

UIPM President Dr Klaus Schormann said: "Modern Pentathlon has been a

central part of the success of the first three Youth Olympic Summer Games in Singapore (2010), Nanjing (2014) and Buenos Aires (2018) and the traditional Tetrathlon format has served us well during these Games.

"However, the Olympic sporting

movement never stands still and this is also true of our Pentathlon movement. We always embrace the opportunity to innovate and evolve, and I look forward to seeing the outcome of the testing process of the New Tetrathlon format after a successful first exercise in Buenos Aires."





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## UIPM LASER RUN, BIATHLE AND TRIATHLE 2019 COMPETITIONS CALENDAR

**BUDAPEST**  
02-09 SEP  
**UIPM Laser Run World Championships**

**BUDAPEST**  
13-15 SEP  
**Laser Run at 1st World Urban Games**

**ST PETERSBURG, FLORIDA**  
23-27 OCT  
**UIPM Biathle/Triathle World Championships**

**MANILA**  
30 NOV-10 DEC  
**Laser Run and Triathle at 30th Southeast Asian Games**

### EUROPE

Tarragona	Yerevan	Grodno	Tbilisi	Perpignan	Vitebsk
Modena	Rostov na Don	Lugo	Gyumri	Chiatura	Portimao
Sant Boi de Llobregat	Tczew	Brest	Argelès sur Mer	Nizhny Novgorod	Kyiv
Barcelona	Dnipro	Abrantes	Barcelona	Chelyabinsk	Darmstadt
Batumi	Alenquer	Starogard Gdanski	Latour-de-France	Zhytomyr	Rustavi
Gloucester	Machico	Braga	York	Cheboksary	Riga
Novosibirsk	Lviv	Gdynia	Kharkiv	Amadora	Winchester
Istanbul	Kaluga	Copenhagen	Sevan	Tbilisi	Villeneuve de la Raho

### AFRICA

Alexandria	Cape Town	Cape Coast	Cairo	Ouahigouya	Abidjan
Ismailia	Tenkodogo	Kampala	Hurghada	Ain El Sokna	Abuja
Yamoussoukro	Bobo-Dioulasso	Hurghada	Abidjan	Bamako	

### ASIA

Kuala Lumpur	Beijing	Jaffna	Almaty	Changsha	Shanghai
Bamyan	Singapore	Chongqing	Kabul	Shenzhen	Colombo
Colombo					

### AMERICA

Bahia Blanca	Guatemala City	Formosa	Chula Vista	Barinas	Hurlingham
Lima	New York City	Miranda	Panama City	Rosario	Denver
Mar del Plata	Bogotá				

### OCEANIA

Sydney	Hamilton				
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 UIPM Global Laser Run City Tour

 UIPM Biathle/Triathle National Tour

**Laser Run**  


**Biathle**  


**Triathle**  


  
UNION INTERNATIONALE DE PENTATHLON MODERNE



## Global Laser Run City Tour 2019

### New season gets off to a flying start in Alexandria (EGY)

After a thrilling start to the UIPM Pentathlon World Cup season in Cairo, Egypt cut the ribbon on the UIPM 2019 Global Laser Run City Tour in the historic Mediterranean city of Alexandria.

Athletes of all ages from 27 clubs in Cairo, Alexandria and Tanta gathered at Alexandria University to compete, with almost 600 people taking part.

Aged from nine all the way up to Masters categories, they ran their laps and fired their laser rounds in 35C heat.

A spokesperson for the local organising committee said: "The weather was great, it was a sunny day and the total number of participants was 570 athletes, competing in 35C heat, and everything ran in harmony with a lot of spectators enjoying the competition."

### Laser Run returns to Cape Town (RSA)

A year and a half since it hosted an unforgettable UIPM Laser Run World Championships, the iconic destination of Cape Town welcomed UIPM's fastest-growing sport back to South Africa on March 9.

The 'Rainbow Nation' is one of the world's most prolific countries in the development sports of Laser Run, Biathlon and Triathlon, producing young talent in great numbers – and many of them have now experienced the Global Laser Run City Tour phenomenon.

The event on March 9 was hosted by the Western Province Modern Pentathlon Association in the Durbanville region,



Junior boys set a fast pace from the start line in Alexandria (EGY) ...



... as the junior girls take aim at the Shooting range



Young Laser Run enthusiasts take a break in Cape Town (RSA)

25km from Cape Town.

More than a hundred people participated, with some travelling as far as 400km to get the chance to hone their Laser Run skills in a competitive environment. It was the second GLRCT to take place in Africa in 2019, after the season-opener in Alexandria (EGY).

A spokesperson for the local organising committee said: "The venue was turned into a festive atmosphere with music, the UIPM Laser Run event dressing, a course set up with bright orange and red colours, tents, and food vendors.

"More than a hundred athletes across different age groups competed in the event, with a pleasing majority in the younger age groups.

"Also encouraging was the participation of newly-interested young athletes to whom we could introduce the sport of Laser Run. Many of these athletes are development athletes from the various schools in the area, which forms a platform for the growth in the sport of Laser Run.

"The highlight of the day was the joy on the younger athletes' faces when presented with participation medals after completing their races.

"As organisers and hosts of the prestigious UIPM Global Laser Run City Tour in Cape Town, we are extremely pleased with the event on the day, setting the scene for many more City Tours in South Africa and growing the sport of Laser Run."

### Tarragona (ESP) hosts European season-opener

Spain hosted the first European leg of the UIPM 2019 Global Laser Run City Tour in the Catalan city of Tarragona.

Using the facilities created for the 2018 Mediterranean Games, Tarragona (ESP) created excellent conditions for Laser Run with more than 150 participants



A laser shooting lesson for one of the youth athletes in Cape Town (RSA)



An aerial view of the Shooting range in Cape Town (RSA)





Laser Runners of all ages take part (above) as the youth girls competitors look composed on the Shooting range in Tarragona (ESP)

competing, many of them experiencing the UIPM's fastest-growing sport for the first time. The event on March 10 was organized by the Catalan Federation of Modern Pentathlon and the Tarragona Pentathlon Club, with support from the Spanish Modern Pentathlon Federation and a number of sporting bodies from the Catalan region.

Medals were presented by Maria Elisa Vedrina of the Tarragona Sports Council, Tarragona Pentathlon Club President Pedro Otto and Xavier Lechuga of the Catalan Federation.

A spokesperson for the local organising committee said: "Tarragona hosted its first Global Laser Run City Tour in an ideal setting at the facilities of the Mediterranean Games 2018, and a sunny and amazing day was made more pleasant still for all families and participants.

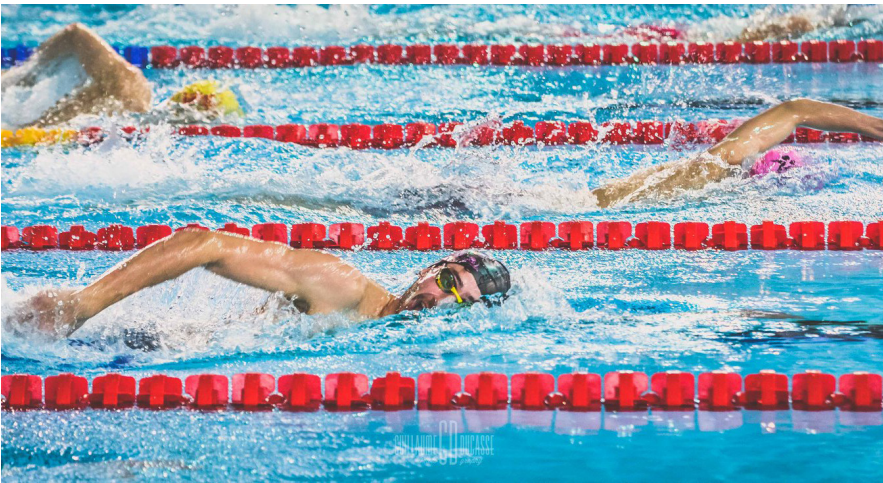
"A total of more than 150 participants of all ages competed and enjoy finishing the event being for many of them their first time. Great job!"

## News from around the world

### Olympic champion returns at French Open Tetrathlon Criterium

Many of the biggest names in Pentathlon gathered at the French sports institute (INSEP) near Paris to compete in the National Open Tetrathlon Criterium on March 16-17.

It was another landmark moment for the French pentathlon community in the run-up to the Paris 2024 Olympic Games, and the competition was attended by students of the OISE Olympic Classes.



Action from the Swimming pool in Paris (FRA)

The women's event featured a clash between the London 2012 Olympic champion, Laura Asadauskaite of Lithuania, and the Rio 2016 Olympic silver medallist, Elodie Clouvel of France. After a compelling battle, Asadauskaite (LTU) claimed gold ahead

of local favourite Clouvel (FRA), with Freyja Prentice (GBR) winning bronze.

Many members of the French team, which won Team of the Year at the UIPM 2018 Annual Awards, took part.

Surprisingly, world No.2 Valentin Prades was beaten to the podium by gold medallist Alex Henrard (FRA), runner-up Pierre Dejardin (FRA) and 2016 world champion Valentin Belaud, who claimed bronze.



World No.2 Valentin Prades (FRA) takes aim during the Laser Run discipline of the French Open Tetrathlon Criterium



High-ranking athletes from Italy, Sweden, Canada, Australia, Chinese Taipei, Greece, the Czech Republic and Switzerland were also represented.

Christian Roudaut, head coach of the France team and Chair of the UIPM Coaches Committee, said: "The competition was a success, welcomed by participants and spectators, and students from the OISE Olympic Classes provided strong support for all athletes.

"The goals of the Olympic Classes are to explore the Olympics through all school subjects and discover the history, symbols and the values of the Olympics. The Open Tetrathlon Criterium was an opportunity for them to meet high-level pentathletes and to set the 2024 generation in motion."

#### Success for Henrard (FRA) and Hernandez (GUA) at Trophy Iberoamericano

Alexandre Henrard of France and Sophia Hernández of Guatemala topped the podium at the International Open Trophy Iberoamericano on March 24.

The competition, hosted in CAR Sant Cugat, Barcelona by Pentathlon Spain, was the third senior international ranked competition this year and attracted 33 male and 20 female athletes from 12 nations.

In the women's event, Hernandez (GUA) enjoyed a comfortable victory over her compatriot Ximena Dieguez (GUA) with local favourite Laura Heredia (ESP) finishing third.

In the men's event, a stunning Laser Run from the in-form Henrard (FRA) enabled him to ease to another gold medal, a week after his success at the French Open Tetrathlon Criterium in Paris (FRA). Behind him, silver went to his team-mate Simon Casse (FRA) while Aleix Heredia (ESP) scored another podium finish for the host nation with bronze.



Intense competition on the Running track in Paris (FRA)



All smiles on the women's podium in Barcelona (ESP) after the Trophy Iberoamericano



UIPM Vice President Juan Manzo Oranegui (MEX) proudly receives his 'Sporting Legend' trophy during the ceremony in Mexico City

#### 'Sporting Legend' trophy awarded to Juan Manzo Oranegui (MEX)

One of UIPM's most distinguished administrators enjoyed a career highlight in 2018 when he was awarded the UIPM Pierre de Coubertin Medal for his part in the organisation of a successful UIPM Pentathlon World Championships in Mexico City (MEX).

Now the new year 2019 has brought another slice of recognition for UIPM Vice President Juan Manzo Oranegui, who has received a 'Sporting Legend' trophy on March 19 in respect of his service to Mexican sport as President of the Mexican Modern Pentathlon Federation (FMPPM).

#### We have 'carte blanche for a better world', says Joel Bouzou (FRA)

Look out for the #WhiteCard (*carte blanche*) messages from sporting personalities on your social media channels on April 6.

This will be the 5th International Day of Sport for Development and Peace, an initiative set up by the founder of Peace and Sport, UIPM Vice President Joel Bouzou (FRA), who wrote a blog about the incredible growth of the project since 2014 - last year it reached 90 million people in 138 countries.

"For this fifth edition, we took the lead by launching the #WhiteCard campaign on March 19," wrote Mr Bouzou.

"Didier Drogba, Vice President of Peace and Sport, kicked off the campaign in the village of Pyla, Cyprus, during a one-day football event which brought together the island's Greek Cypriot and Turkish Cypriot communities on the same playing field. Around a thousand children came to the event, and they all held up a white card.

"Four years after the start of our initiative, I couldn't have imagined a better way to launch this year's edition of April 6."



#### In memorial: Elmar Frings 1939-2002

Elmar Frings, one of the most prominent sports personalities of the Neuss region of Germany and an internationally acknowledged pentathlete and trainer, would have celebrated his 80th birthday on March 26.

Elmar participated in three Olympic Games as an athlete - Tokyo 1964, Mexico 1968 and Munich 1972 - and went on to enjoy success as a Masters competitor. Tirelessly and alongside his job as a teacher and lecturer he worked as a volunteer to help young pentathletes reach the top nationally and internationally.

Elmar served on the Executive Board of the German Modern Pentathlon Federation (DVMF) as Member for Sport between 1996 and 2000 when, because of his high reputation as a sports official, he was appointed as a team leader of the German Olympic team at Sydney 2000. This was his fourth and last Olympic Games.

Elmar fell ill with pancreatic cancer but he still took part in the European Masters Championships in 2001 and finished fifth. Until the last day Elmar stood in the gym of the Nordbad in Neuss. Since 2018 the sports hall on Weberstrasse in Neuss carries his name.



## Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters.

Navigate to the National Federations Portal or to [www.pentathlon.org](http://www.pentathlon.org) to stay up to date with all tournament news.

### COMPETITION / EVENT INVITATIONS

UIPM Pentathlon World Cup Sofia (BUL) 10-14 APR	UIPM Pentathlon World Cup Szekesfehervar (HUN) 1-5 MAY	UIPM Pentathlon World Cup Prague (CZE) 22-27 MAY	ECMP European Championships Bath (GBR) 6-11 AUG
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## Medical and Anti-Doping Corner

### WADA PUBLISHES 2019 LIST OF PROHIBITED SUBSTANCES

The World Anti-Doping Agency (WADA) has published its 2019 List of Prohibited Substances and Methods, an important resource for anyone involved in the UIPM Sports and the wider international sporting movement.

The list, which came into force on January 1, 2019, is accompanied by the 2019 Summary of Major Modifications and Explanatory Notes - which serves to help athletes, coaches and other support personnel to understand the latest changes - and the 2019 Monitoring Program.

"WADA is pleased to announce the publication of the 2019 Prohibited List," said WADA Director General, Olivier Niggli. "It is one of the cornerstones of the global anti-doping program. Every year, we review the List in consultation with a wide range of stakeholders. It is vital that we stay ahead of those that endeavour to cheat the system so in reviewing the List, experts review sources such as scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies."

For a substance or method to be added to the List, it must be determined that it meets two of the following three criteria: a) it has the potential to enhance or enhances sport performance; b) it represents an actual or potential health risk to the athletes; c) it violates the spirit of sport. Athletes who have a legitimate medical reason for using a prohibited substance or method that is on the List may be accommodated if they meet the criteria outlined in the International Standard for Therapeutic Use Exemptions (ISTUE).

The 2019 Prohibited List, Summary of Modifications and Monitoring Program are available for download on WADA's website in English, French and Spanish.



## Inside UIPM: Monthly activities of President Dr Schormann

### 12.-13.03.2019, Paris, FRA

UIPM President Dr Klaus Schormann inspected Castle Versailles, where the Modern Pentathlon competitions will be organized during the Paris 2024 Olympic Summer Games.

### 15.-17.03.2019, Oestersund, SWE

During a visit to the Biathlon World Championships, UIPM President met with Sepp Fendt, President of the International Luge Federation (FIL), and International Biathlon Union (IBU) President Olle Dahlin. They discussed important matters of international sporting politics related to the IOC Olympic Agenda 2020.

### 18.-19.03.2019, Darmstadt, GER

During a working meeting under the theme "promotion, publications and modern communication" the UIPM President discussed with the UIPM Executive Board Member for Marketing, Martin Dawe, and UIPM Communications Manager Jonathan Coates strategies to improve UIPM publications.

They also spoke about the library and UIPM archive materials which are placed in the President's Office. They continued the preparation of a new book linked to the whole movement of Modern Pentathlon from ancient time 708 BC until today.

### 18.-19.03.2019, Frankfurt/M, GER

President Dr Schormann took part in the Assembly of the Sport foundation

(l to r) UIPM Communications Manager Jonathan Coates, President Dr Schormann and Executive Board Member for Marketing Martin Dawe



International Federation Presidents Dr Klaus Schormann (UIPM, left), Olle Dahlin (IBU, centre) and Sepp Fendt (FIL), right, take part in a discussion as the Swedish royal family (below) enjoy the action







Dr Schormann and Shiny Fang at a reception with MPAJ President Nobuo Namikoshi (front)

of Hesse as member of the Board. There he met with Prof Dr Hans Michael Ockenfels, Chairman of the UIPM Doping Review Panel, who is also a member and briefed him about the situation between the World Anti-Doping Agency (WADA), the International Olympic Committee (IOC) and International Federations.

Another item they discussed was a communication strategy for the health and protection of athletes and coaches.

24.-27.03.2019, Tokyo, JPN

UIPM President Dr Schormann and Secretary General Shiny Fang met with the Modern Pentathlon Department of the Tokyo Organising Committee of the Olympic Summer Games 2020.

Together with Noriyuki Nakamura, Modern Pentathlon Competition Manager, and Ichiro Tomiyasu, Secretary General of the Modern Pentathlon



The UIPM President and Secretary General during a tour of the Tokyo Stadium

Association of Japan, they discussed preparations for the UIPM 2019 Pentathlon World Cup Final and Olympic test event (June 27-30) in the Olympic host city of Tokyo (JPN) and next steps in preparations for the Olympic Games,

where Modern Pentathlon will take place in the Tokyo Stadium. The main points of discussion were horses, venue infrastructure, transportation, ticketing, general technology, sport presentation, result system, media and TV.

New Balance  
World Rankings

The PWR is updated live on [www.pentathlon.org](http://www.pentathlon.org) after each competition. PWR as at April 1, 2019:

MEN			
RANK	NATION	NAME	POINTS
1	KOR	JUN Woongtae	190
2	FRA	Valentin PRADES	171
3	IRL	Arthur LANIGAN-O'KEEFFE	170
4	UKR	Pavlo TYMOSHCHENKO	164
5	CZE	Jan KUF	161
6	BLR	Ilya PALAZKOV	161
7	GER	Patrick DOGUE	160
8	HUN	Bence DEMETER	154
9	GBR	Joseph CHOONG	151
10	RUS	Alexander LIFANOV	151
11	KOR	JUNG Jinhwa	149
12	CHN	ZHANG Linbin	148
13	FRA	Valentin BELAUD	148
14	GBR	James COOKE	145
15	EGY	Ahmed ELGENDY	144
16	KOR	LEE Jihun	143
17	HUN	Gergely REGOS	142
18	CHI	Esteban BUSTOS	140
19	ITA	Riccardo DE LUCA	140
20	HUN	Adam MAROSI	137

WOMEN			
RANK	NATION	NAME	POINTS
1	BLR	Anastasiya PROKOPENKO	193
2	HUN	Sarolta KOVACS	190
3	AUS	Chloe ESPOSITO	188
4	RUS	Uliana BATASHOVA	186
5	IRL	Natalya COYLE	176
6	FRA	Marie OTEIZA	166
7	GER	Annika SCHLEU	163
8	RUS	Ekaterina KHURASKINA	156
9	GBR	Kate FRENCH	152
10	RUS	Gulnaz GUBAYDULLINA	150
11	LTU	Gintare VENCKAUSKAITE	146
12	MEX	Mayan OLIVER	145
13	FRA	Elodie CLOUVEL	144
14	FRA	Julie BELHAMRI	142
15	TUR	Ilke OZYUKSEL	140
16	HUN	Zsolia FOLDHAZI	138
17	HUN	Tamara ALEKSZEJEV	134
18	GER	Janine KOHLMANN	134
19	LTU	Ieva SERAPINAITE	129
20	MEX	Tamara VEGA	128

! The full New Balance World Rankings are available at [www.pentathlon.org](http://www.pentathlon.org)

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10-14 Apr	Pentathlon World Cup Sofia, BUL	27-30 Jun	World Cup Final Tokyo, JPN
02-06 May	Székesfehérvár, HUN	06-14 Sept	Pentathlon World Championships Budapest, HUN
21-26 May	Prague, CZE		
LIVE-STREAMING NEWS EDITS/HIGHLIGHTS			

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UIPM  
**Pentathlon  
World Cup**  
Sofia, BULGARIA



Baron Pierre de Coubertin

*"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."*

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