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UNION INTERNATIONALE
DE PENTATHLON MODERNE



World Pentathlon
Newsletter

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ASIA/OCEANIA CHAMPIONSHIPS 2019 & OLYMPIC QUALIFIER



锦标赛暨2020东京奥运会亚洲/大洋洲资格赛
Championships/Asia & Oceania Qualification Competition for Tokyo 2020



New Asian champions Lee Jihun and Kim Sehee, each of whom earned a qualification place for Korea at the Tokyo 2020 Olympic Games



ROAD TO
TOKYO

Asia/Oceania Championships
2019 & Olympic Qualifier



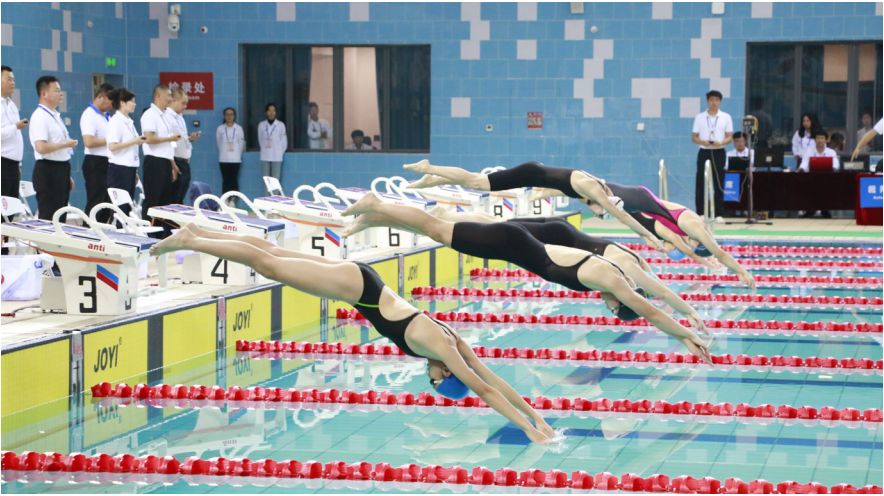
Asia Championships women's Individual podium

Korea at the double as Kim and Lee hit the sweet spot in Wuhan (CHN)

Another 12 athletes secured a qualification place for their nation at the Tokyo 2020 Olympic Games during a fiercely-contested Asia/Oceania Championships & Olympic Qualifier in Wuhan (CHN).

Korea enjoyed success in both of the individual finals, with Kim Sehee and Lee Jihun winning the women's and men's gold medals respectively and leading the charge to Tokyo. China dominated the relay events with two gold medals to celebrate on home soil.

With less than eight months to go until the 25th Olympic Modern Pentathlon, 23 female and 23 male pentathletes have now secured a qualification place



The start of the women's Swimming competition in Wuhan (CHN)

on behalf of their nations at the Games.

The latest 12 qualifiers joined 28 athletes from Africa, Europe and the Americas who performed well in their

continental championships earlier in 2019, as well as six who qualified via the UIPM 2019 Pentathlon World Cup Final and UIPM 2019 Pentathlon World Championships.

The overall total of qualifiers for Tokyo 2020 now stands at 46, with only 26 places remaining to be allocated through the ranking system and other means in 2020.

Women's Final: New champion Kim (KOR) leads way to Tokyo

New Asian champion Kim Sehee (KOR) led a group of six athletes to the Tokyo 2020 Olympic Games on the opening day of the championships.

Jim (KOR) won gold by 8sec from silver medallist Natsumi Tomonaga (JPN), with her compatriot Kim Sunwoo (KOR) securing bronze a further 14sec behind. With only one Tokyo 2020 qualification available to each nation, champion Kim Sehee claimed the place for Korea ahead of Kim Sunwoo and 4th-placed Jeong Mina.

The other three Olympic qualification spots for Asian athletes were claimed by Alise Fakhrutdinova of Uzbekistan (5th), Zhang Mingyu of China (6th) and Elena Potapenko of Kazakhstan (12th).

There was also one place in the Tokyo line-up for the highest finisher from Oceania, and it was Rebecca Jamieson of New Zealand who claimed the prize after coming home 13th, seven places ahead of Marina Carrier of Australia.

The Rio 2016 Olympic champion, Chloe Esposito (AUS), will be aiming to earn the right to compete at her third Games through the Olympic qualification rankings next year.

The full list of successful qualifiers, subject to the UIPM Tokyo 2020 qualification system, was Kim Sehee (KOR), Natsumi Tomonaga (JPN), Alise Fakhrutdinova (UZB), Zhang Mingyu (CHN), Elena Potapenko (KAZ) and Rebecca Jamieson (NZL).

Only two of the six – Tomonaga (JPN) and Potapenko (KAZ) – have previously competed at an Olympic Games,

ROAD TO TOKYO: 2020 OLYMPIC QUALIFIERS	
Women	Men
Haydy Morsy (EGY)	Sherif Nazeir (EGY)
Laura Asadauskaite (LTU)	Joseph Choong (GBR)
Mariana Arceo (MEX)	Charles Fernandez (GUA)
Samantha Achterberg (USA)	Esteban Bustos (CHI)
Leydi Moya (CUB)	Sergio Villamayor (ARG)
Maria Chaves (BRA)	Lester Ders (CUB)
Lourdes Cuaspud (ECU)	Amro Elgeziry (USA)
Kate French (GBR)	Jamie Cooke (GBR)
Iryna Prasiantsova (BLR)	Valentin Prades (FRA)
Annika Schleu (GER)	Martin Vlach (CZE)
Natalya Coyle (IRL)	Lukasz Gutkowski (POL)
Gintare Venckauskaite (LTU)	Bence Demeter (HUN)
Marie Oteiza (FRA)	Justinas Kinderis (LTU)
Adelina Ibattulina (RUS)	Alexander Lifanov (RUS)
Sarolta Kovacs (HUN)	Patrick Dogue (GER)
Volha Silkina (BLR)	Valentin Belaud (FRA)
Elena Micheli (ITA)	Jun Woongtae (KOR)
Kim Sehee (KOR)	Lee Jihun (KOR)
Natsumi Tomonaga (JPN)	Luo Shuai (CHN)
Alise Fakhrutdinova (UZB)	Pavel Ilyashenko (KAZ)
Zhang Mingyu (CHN)	Shohei Iwamoto (JPN)
Elena Potapenko (KAZ)	Alexander Savkin (UZB)
Rebecca Jamieson (NZL)	Edward Fernon (AUS)
<div><div>• Subject to Tokyo 2020 qualification criteria</div><div>• Visit www.pentathlon.org/olympic-games</div></div>	

heralding the arrival of a new wave of talent in Asia and Oceania determined to seize the opportunity to compete in a 'local' Olympics in the capital of Japan.

Zhang (CHN) only turned 18 last month, having been a surprise gold medallist at the Asian Games in Jakarta (INA) in 2018.

Men's Final: Lee (KOR) seals golden double

Lee Jihun (KOR) became Asian champion and sealed a place at the Tokyo 2020 Olympic Games in the Men's Final in Wuhan (CHN).

Lee (KOR) won a convincing gold medal ahead of China athletes Luo Shuai (silver) and Zhang Linbin (bronze).

With only one qualification spot available to each nation, that meant Lee (KOR) and Luo (CHN) could be added to the provisional entry list for the Olympic Games, along with 4th-placed Pavel Ilyashenko of Kazakhstan, 7th-placed Shohei Iwamoto of Japan and 8th-placed Alexander Savkin of Uzbekistan.

The championships also doubled as an official qualification for athletes from Oceania, and London 2012 Olympian Edward Fernon of Australia finished 14th to stake his claim to a Tokyo 2020 berth, five places ahead of team-mate Rhys Lanskey (AUS).

Only Asian athlete – Jun Woongtae (KOR) – had previously earned qualification for next year's Games, and now Korea has secured the maximum two places in the men's Olympic competition.

The full list of men's Olympic qualifiers from the competition in Wuhan (CHN), subject to the UIPM Tokyo 2020 qualification system, is Lee Jihun (KOR), Luo Shuai (CHN), Pavel Ilyashenko (KAZ), Shohei Iwamoto



Fierce competition during the Fencing Bonus Round (above) and action from the Riding (below)



Edward Fernon (AUS) makes a move in the race for Olympic qualification

(JPN), Alexander Savkin (UZB) and Edward Fernon (AUS).

Double gold for China in relays

China emerged on top in the relays, becoming Asian champions in both the Men's and Mixed Relay.

Korea continued their dominance from the individual finals by claiming the Women's Relay title but they had to settle for silver and bronze in the other relays as the host nation took control.

There were also medals for Japan, Uzbekistan and Kyrgyzstan as the senior championships drew to a close in Wuhan (CHN), followed by the Laser Run and Tetrathlon (youth categories).

Women's Relay

Korea (Kim Sunwoo & Kim Unju) won gold by a big margin of 45sec from Japan (Rena Shinazu & Shino Yamanaka), with China (Zhang Xiaonan & Gu Yewen) picking up bronze. China (Zhang/Gu) topped the standings in the Fencing Ranking Round with 29V/11D, while the fastest swimmers were the second China team (Zhang Mingyu & Wei Danni) with a time of 2:08.54.

However, it was Korea (Kim/Kim) who held their nerve best in the Riding, a score of 289 enabling them to take the overall lead. They protected their lead with a Laser Run time of 12:06.

Men's Relay

China (Zhang Linbin & Luo Shuai) won the host nation's first gold medal of the competition as they consigned Korea (Lee Jihun & Jun Woongtae) to silver, with Kyrgyzstan (Vassilii Lukianov & Radion Khripchenko) claiming bronze.

It was an incredibly tight Fencing Ranking Round and three teams emerged with 23V/13D – China (Zhang/Luo), Korea (Lee/Jun) and China II (Zhang/Liu). Lee and Jun led the way for Korea in Swimming, where they timed 01:52.88.



Men's Individual podium (above) and a celebratory embrace for Mixed Relay winners China (below)



The Riding event saw a surprise advance by Kyrgyzstan (Lukianov/Khripchenko), who scored 294 to move into overall contention. The Laser Run was a tense battle between the two Chinese pairs, with Zhang & Luo ultimately prevailing by 3sec. Korea (Lee/Jun) finished 3rd to claim the silver medal before Kyrgyzstan (Lukianov/Khripchenko) picked up a satisfying bronze.

Mixed Relay

There was a second taste of glory for the hosts on the final day of the senior Pentathlon competition, as China (Zhong Xiuting & Zhang Yu) became Asian champions in the Mixed Relay.

The hosts prevailed by 10sec from

Uzbekistan (Alise Fakhrutdinova & Alexander Savkin), both of whom had secured Tokyo 2020 Olympic individual qualification places. Korea ensured they won a medal in all five senior disciplines by claiming bronze, thanks to Kim Sunwoo and Jun Woongtae.

Uzbekistan (Fakhrutdinova/Savkin) had an exceptional Fencing performance, scoring 31V/11D. China (Zhong/Zhang) led the way in Swimming with 1:58.38, while China II (Bian Yufei & Han Jiahao) performed best in Riding. Uzbekistan (Fakhrutdinova/Savkin) started the Laser Run with a 26sec lead from China (Zhong/Zhang), but the leaders failed to stay focused on the shooting range,

Dates for your diary in 2020

UIPM has released its calendar of global competitions for the Tokyo Olympic Games year of 2020.

The 2020 calendar has a strong Asian emphasis, with the three most important competitions taking place in the Far East. Not only will the Olympic Games Modern Pentathlon be staged in Tokyo (JPN) in August, but Seoul (KOR) will host the UIPM Pentathlon World Cup Final in May and Xiamen (CHN) will be the venue for the UIPM 2019 Pentathlon and Laser Run World Championships later the same month.

With eight months to go until the 25th Olympic Modern Pentathlon, 23 female and 23 male pentathletes have now secured a qualification place on behalf of their nations at the Games, with 13 places for each gender still up for grabs.

The 12 qualifiers from the 2019 Asia/Oceania Championships and Olympic Qualifier joined 28 from Africa, Europe and the Americas who qualified via their respective continental championships earlier in 2019, as well as six who qualified via the UIPM 2019 Pentathlon World Cup Final and UIPM 2019 Pentathlon World Championships.

The UIPM 2020 Pentathlon World Championships, which will again be paired with the UIPM Laser Run World Championships, will be the last opportunity for athletes to secure automatic qualification for Tokyo. Three places will be available in each gender, giving athletes one last chance to avoid having to rely on the Olympic World Ranking List.

Aspiring Olympians will jostle for position on the World Ranking List throughout the UIPM 2020 Pentathlon World Cup season, which starts in Cairo (EGY) on February 26 before moving to Europe for two legs in Sofia (BUL) and one in Budapest (HUN). After that, attention shifts to Asia for the two



major competitions in May, with many Olympic athletes then spending long periods of the northern-hemisphere summer training and acclimatising in Asia for the ultimate test: the Games of the XXXII Olympiad, where the Modern Pentathlon takes place on August 6-8.

Once the dust has settled on Tokyo, the global UIPM Sports community turns its attention to youth development and other multi-sports competitions.

Weiden (GER) hosts the UIPM Biathlon/Triathlon World Championships later in August, with Drzonkow (POL) staging the UIPM Junior World Championships in September. The season then ends where it began, in Egypt, with the UIPM Youth World Championships (U19 & U17) in Hurghada.

UIPM President Dr Klaus Schormann said: "The race to qualify for the Olympic Summer Games Tokyo 2020 has already been very intense, with many high-level performances in all continents. This will continue during the first six months of 2020 and the whole Modern Pentathlon community is gripped with excitement to see who will qualify and who will perform well at the Olympic Games.

"In 2020 we will have a major focus on Asia and I know we are going to be greeted with a warm welcome, first-class hospitality and spectacular

sporting venues in Japan, China and Korea. Our athletes and coaches are excited based on their experience of Tokyo during the 2019 Pentathlon World Cup Final & Olympic Test Event.

"More and more people around the world now have a pathway to Pentathlon thanks to the accessibility of our development sports and the appeal of urban, beach and university formats. We are attracting new audiences and especially younger generations, with more ways to follow on television and digital channels.

"In everything we do, our global community of volunteers and professionals work hard to preserve the legacy created by our founder, Baron Pierre de Coubertin. We are also guided by the IOC Olympic Agenda 2020, which promotes the importance of gender equality, inclusion and accessibility, sustainability and many other important facets which are now embedded into our sport at all levels.

"At UIPM we promote clean sport and we protect clean athletes, we minimize the impact of our competitions on the environment and our movement is a vehicle for ideals of education, peace, democracy, tolerance and humanity.

"I hope everybody will enjoy the thrilling 2020 Olympic season that is ahead of us."

WATCH OUT FOR 2020!



100% EXCITEMENT...
100% COMPLETE SPORT...
THIS IS **MODERN PENTATHLON**

- | | | |
|---------------------------|--|---------------|
| 01 26.02. - 01.03. | UIPM 2020 Pentathlon World Cup Cairo | Cairo, EGY |
| 02 25.03. - 29.03. | UIPM 2020 Pentathlon World Cup Sofia I | Sofia, BUL |
| 03 02.04. - 06.04. | UIPM 2020 Pentathlon World Cup Sofia II | Sofia, BUL |
| 04 29.04. - 03.05. | UIPM 2020 Pentathlon World Cup Budapest | Budapest, HUN |
| 05 14.05. - 17.05. | UIPM 2020 World Cup Final Seoul | Seoul, KOR |
| 06 25.05. - 31.05. | UIPM Pentathlon and Laser Run World Championships | Xiamen, CHN |
| 07 06.08. - 08.08. | Games of the XXXII Olympiad | Tokyo, JPN |
| 08 19.08. - 23.08. | UIPM 2020 Biathlon/Triathlon World Championships | Weiden, GER |
| 09 20.09. - 26.09. | UIPM 2020 Pentathlon Junior World Championships | Drzonkow, POL |
| 10 20.10. - 26.10. | UIPM 2020 Youth World Championships (U19/U17) | Hurghada, EGY |

UIPM has governed the core Olympic sport of Modern Pentathlon since its formation in 1948. Today it oversees a range of multi-discipline sports (Tetrathlon, Triathlon, Biathlon, Laser Run and World Schools Biathlon) which form a development pyramid with Modern Pentathlon at the top.

Find out more info of Modern Pentathlon and other UIPM multi-discipline sports,
Broadcast our World cups and World championships,
Email us at media@pentathlon.org



Youth Olympic Games Dakar 2022

Modern Pentathlon athlete quota goes up to 64 for Dakar 2022

The global UIPM Sports community is celebrating after the athlete quota for Modern Pentathlon at the Youth Olympic Games was increased by 33%.

The rise from 48 to 64 means that more young athletes than ever before will be able to experience the Youth Olympic Games in Dakar (SEN) when it goes to Africa for the first time.

The 2022 YOG Modern Pentathlon will be historic for a third reason as the New Tetrathlon format approved by the UIPM Executive Board in September 2019 will be introduced. A framework and detailed rules for the new format are currently being developed by a dedicated working group.

Modern Pentathlon has featured at every YOG since its inception in 2010 in Singapore, and now 32 female and 32 male athletes will qualify to compete in the individual competitions and Mixed Relay.

UIPM President Dr Klaus Schormann said: "Modern Pentathlon has been on the programme for the Youth Olympic Games in Singapore (2010), Nanjing (2014) and Buenos Aires (2018), and we saw in Buenos Aires that the sport made an incredible contribution to the Games with spectators in a full stadium enjoying the dramatic spectacle of our sport.

"We are very pleased, therefore, that the IOC Executive Board has granted our application for a larger athlete quota. For the first Olympic Games in



Action from the Modern Pentathlon at the Youth Olympic Games Buenos Aires 2018



Africa, in Dakar 2022, we will present a New Tetrathlon format that I know will make the sport even more attractive to audiences and athletes.

"I am also certain that this news will stimulate more of UIPM's national member federations to focus on their development programmes and try to give young athletes every opportunity

to enjoy the Youth Olympic Games experience."

UIPM's New Tetrathlon Working Group (NTWG) and New Pentathlon Working Group (NPWG) will both meet on January 24/25 in Frankfurt (GER) to refine proposals to be presented to the UIPM Executive Board at its meeting on January 30/31 in Lausanne (SUI).

30th Southeast Asian Games



A group photograph of UIPM Sports participants and officials at the 30th Southeast Asian Games in Manila (PHI)

Success for Indonesia and Philippines in Triathlon and Laser Run in Manila (PHI)

Indonesia and host nation the Philippines shared the spoils as Triathlon and Laser Run combined to enrich the 30th Southeast Asian (SEA) Games in Manila (PHI).

It was the first time the two UIPM Sports had been included on the programme, and the host nation won two gold

medals and Indonesia won the other four, with athletes from Thailand and Singapore also making the podium. Malaysia was the fifth nation to take part.

The arrival of Typhoon Kammuri created challenges for organisers, with the first scheduled competition day postponed due to extreme weather. Finally racing took place in very hot conditions on December 5 (Laser Run), December 6 (Individual Triathlon) and

December 7 (Mixed Relay Triathlon).

The venue was Subic Bay, 150km north-west of the capital city, and the UIPM Sports took place on a beautiful sandy beach. The rules allowed only one athlete from each participating nation to win a medal, and the race for gold was fierce.

Dea Salsabia Putri (INA) claimed the women's individual Laser Run title, with Natpapat Sangngio (THA) picking up



Action from the transition between Swimming and Running during the Triathlon competition on the beach in Subic Bay (above), and the Mixed Relay podium (right)

silver and Kaixin Shermaine Tung (SGP) bronze.

Indonesia also took gold in the men's event thanks to Muhammad Taufik (INA). Samuel German (PHI) was forced to settle for silver while Ming Wei Marcus Ong (SGP) picked up bronze.

In the Mixed Relay, the host nation had its cherished moment of glory as Princess Arbilon and Samuel German (PHI) teamed up to win gold in a thrilling contest with silver medallists Narongdech Taparak and Mukthapha Changhin (THA). Bronze went to Frada Saleh and Cintya Nariska (INA).

On day two, Arbilon (PHI) was on the podium again but only winning bronze after a disqualification. Dea Putri (INA) was the women's individual Triathlon



champion, defeating Sanruthai Aransiri (THA) – a pentathlete who finished 11th at the 2018 Asian Games and 15th at the 2019 Asia/Oceania Championships and Olympic Qualifier.

In the men's event, Michael Comaling (PHI) gave the home crowd an unforgettable highlight to celebrate as he became individual Triathlon champion ahead of silver medallist Phurit Yohuang (THA) and bronze medallist Taufik (INA).

On day three, the Triathlon Mixed Relay took centre stage and Putri (INA) claimed her second gold medal alongside Saleh (INA). Thailand were only 4sec behind and the hosts picked up their fifth medal of the competition as Arbilon (PHI) and Comaling (PHI) teamed up for bronze.

UIPM President Dr Klaus Schormann said: "This competition was a historic landmark for our Modern

Pentathlon movement, with two UIPM development sports featuring on the programme of the Southeast Asian Games for the first time.

"We have seen exciting progress in this region with evidence of countries such as Thailand producing athletes capable of competing at continental and global level. The standard in Triathlon and Laser Run was high and this was wonderful to see.

"I'm sure the promotion resulting from the 30th SEA Games will help us continue to make progress in Southeast Asia, and we are actively recruiting new member nations in this region.

"I congratulate the Philippines on organizing this multi-sport festival with great determination and passion, overcoming bad weather and creating a true showcase for our sports and all the others on the programme.

"Richard Gomez, President of the Philippine Modern Pentathlon Association, and his volunteer team were excellent hosts and gave the competition a lot of support. There was also great work from Bernhard Petruschinski, Member of the UIPM Technical Committee, and from UIPM Development Manager Maxime Papillon throughout the test event and the competition."

On December 7, President Dr Schormann joined all five Presidents from participating National Federations in a tree-planting ceremony in recognition of the first SEA Games to include UIPM Sports.

Eight is a lucky number in many parts of Asia so the group planted eight trees in a symbolic message relating to the 125th anniversary of the Olympic movement and in memory of the founder of Modern Pentathlon, Baron Pierre de Coubertin.



Athletes leave the shooting range and prepare to enter the water for their Swimming discipline during the 2019 Southeast Asian Games

UIPM 2019 Global Laser Run City Tour



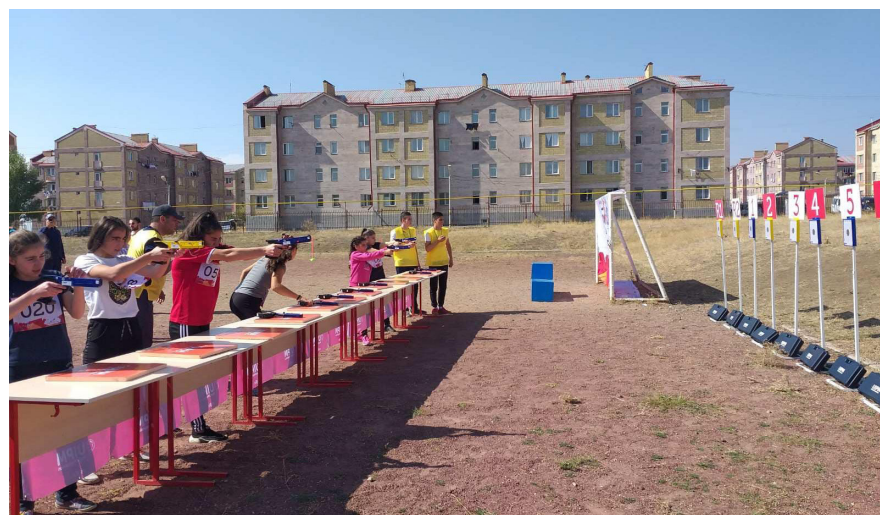
Young participants pose with their medals and certificates after the Global Laser Run City Tour in Gyumri (ARM)

Pentathlon movement continues renaissance in Gyumri (ARM)

The revival of the Pentathlon movement in Armenia continued with a successful edition of the Global Laser Run City Tour in Gyumri on October 6, 2019.

Several athletes who participated in the UIPM Biathlon/Triathlon National Tour in Sevan (ARM) in July took part in Laser Run racing in the country's second largest city, which is 1,550m above sea level.

The competition attracted 120 participants and was covered extensively in the news section of TSAYG – TV, which reported on the extensive work being carried out to



Action from the laser shooting range in Gyumri (ARM)

restore the UIPM Sports movement across the nation. A spokesperson for the local organising committee said: "The event was not only a competition but also a celebration of Modern Pentathlon revival."

This was the last of a series of development competitions in 2019 in Armenia, which is planning host both GLRCT and BTNT events again in 2020.

Another positive outcome of the renaissance of UIPM Sports in the country was the participation of athletes in the European Youth Cup in Tbilisi (GEO) to compete in Tetrathlon.

Everyone's welcome as Hamilton (NZL) demonstrates inclusive approach

New Zealand secured a Tokyo 2020 Olympic qualification place in November, thanks to Rebecca Jamieson, completing a historic spring for the UIPM Sports community in the Oceania nation.

On October 26, Modern Pentathlon New Zealand (MPNZ) held its first edition of the Global Laser Run City Tour, drawing athletes of all ages to the city of Hamilton – including two from Singapore.

It was a truly inclusive event, with several participants with physical and intellectual disabilities taking part alongside fellow competitors in categories ranging from Under-10 to Masters 60+. A para race was held for visually-impaired athletes.

"MPNZ's vision is to develop and support athletes of all abilities, including para athletes and special athletes, so all have the opportunity to participate," said the newly-appointed MPNZ President, Kaewruethai Collings.

"In support of the above vision, MPNZ athletes are encouraged to guide and support Achilles International athletes, and it was fantastic to have several para and special athletes competing on the day.

"While New Zealand is developing, any athlete that comes and supports Modern Pentathlon exponentially helps grow the sport in the country.



A female youth athlete takes aim at the laser shooting range in Hamilton (NZL)



A group photograph on trackside in Hamilton (NZL)

Both UIPM and local support have also been integral to the fast growth we are experiencing."

More domestic events will be held in 2020, while MPNZ will continue to support athletes taking part in International UIPM events.

A family affair in Ain Sukhna (EGY)

Another busy season for UIPM Sports in Egypt drew to a close with the latest UIPM Global Laser Run City Tour in Ain Sukhna on November 15.

The Madinty Club was the venue for the event and many families were on the entry list of almost 600 people across all age categories from Under-9 to Masters 60+.

On a beautiful sunny day the participants came from 23 different clubs and sports academies.

A spokesperson for the local organising committee said: "All of the families were very impressive, with some fathers and mothers starting to participate as athletes. We as the LOC are pushing to be one big family."

Laser Run is talk of the town in Kabul (AFG)

A year of discovery for the Afghanistan Modern Pentathlon Federation (AMPF) has concluded with its second UIPM Global Laser Run City Tour in the capital city of Kabul.

The Bahadur Khan public school was the venue for the event and 150 girls competed alongside 50 boys, with hundreds of other students spectating.

Khushal Sarwari, AMPF President, said that both this and the previous GLRCT competition held in Kabul had received extensive coverage in the media and left participants talking about it for weeks.



Male youth athletes set a fast pace in Ain Sukhna (EGY)



Precision is everything on the laser shooting range in Kabul (AFG)

He added: "Now we understand this is a good option for promoting of our sport in the country and we hope for 2020 we will organize more of them not only in Kabul but other cities in Afghanistan."

Sohila Shahzad said after participating in her second GLRCT: "It's amazing. We have been talking about our participation with other girls in school for months."

Somia, a 4th-grade student who was

among the spectators, said: "Today was a special day, colourful and beautiful! I hope this competition can be organized again in my school and I can participate next time."

Sayed Sajad, spokesperson for the local organising committee, said: "I see a positive difference in the way we organise our competitions now. Our organising team including our local judges are learning and this is a big achievement as well."

News from around the world



All eyes are on the targets as male youths from various countries get to grips with Laser Run in Burkina Faso (above), and a group photograph (below)

'West Africa has won' as nations gather for brotherhood tournament in Burkina Faso

Young athletes from four neighbouring countries in West Africa demonstrated the power of collective intent as they gathered for the first edition of the Brotherhood Tournament in August 2019.

Athletes aged from eight to 18 from Mali, Niger, Togo and host nation Burkina Faso competed in the historic competition, which had its origins in a memorandum of understanding signed by seven nations.

The Presidents of the Gambia and Ghana Modern Pentathlon Associations, Saikou B Jarju and Christopher B Essilfie respectively, also



attended the competition, which took place from August 15-18, along with representation from Benin.

by UIPM and the African Modern Pentathlon Confederation, will be reprised in Mali in 2020.

The successful event, supported Sylvestre Zare, President of the

National Federation of Burkina Faso, said: "To the presidents of the sister federations of Benin, Mali, Niger and Togo, signatories of the protocol, I would like to congratulate you for having answered present and thus respect your commitments."

"I would like to take my hat and make a big bow to the Presidents of the Gambian and Ghanaian federations who, despite their busy schedule, made the sacrifice to join us in celebrating our first edition."

"I would like to praise their contribution in developing a development plan for Modern Pentathlon in our sub-region. "West Africa has won and made a big leap forward in promoting the Modern Pentathlon."

Africa will host its first Olympic Games in 2022 when Dakar (SEN) stages the Youth Olympic Games. UIPM has appointed a working group to finalise the details of a New Tetrathlon format to be introduced at Dakar 2022. Modern Pentathlon (Tetrathlon) has been on the programme of every Youth Olympic Games since the first edition in Singapore in 2010.

Manchester (GBR) hosts 7th World Coaches Conference

Many of the world's leading coaches gathered in Manchester (GBR) from November 15-17 for the 7th World Modern Pentathlon Coaches Conference.

It was the seventh edition of the conference in Manchester, which was set up in 2013 to give coaches from all countries and continents the chance to meet and discuss best practice and innovation in coaching.

Christian Roudaut, UIPM Coaching Committee Chairman, said: "For seven consecutive years the World Modern Pentathlon Coaches Conference has given coaches from around the world a precious opportunity to compare



Dominic Mahony (GBR) chairs a panel discussion during the 7th World Coaches Conference



Action from the shooting range during the military Laser Run competition in Moscow (RUS)

training methods and philosophies and share their experiences."

Olympic champion Lesun (RUS) attends military Laser Run event

The Rio 2016 Olympic champion, Alexander Lesun (RUS), was in the audience as pentathletes joined officers from various branches of the Russian military in a special Laser Run tournament in Moscow (RUS).

It was the third such competition, held at the indoor track and field stadium of the Central Army Club on November

16. Athletes participating in youth, junior and senior categories enjoyed their experience of UIPM's fastest-growing development sport.

UIPM Vice President Viacheslav Aminov, who is also President of the Modern Pentathlon Federation of Russia, said: "We held such tournaments before but this one is unique because our pentathletes are competing today with three kinds of military forces: special troops, internal forces and army."

"It is also a pleasure to mark that Laser Run tournaments are becoming more and more popular and are held

throughout the world, promoting Modern Pentathlon. We will continue to modify the format of Laser Run in the future and will attract more groups of people to participate."

Development continues for 12 coaches in Chisinau (MDA)

Six women and six men have taken their second step on the UIPM coaching ladder after gaining a Level 2 Coaches Certification Programme (CCP) qualification in Chisinau, Moldova.

Funding from Olympic Solidarity enabled UIPM to offer the course, which ran from November 11-15 and followed the Level 1 CCP course that took place in 2018.

The 12 coaches gained their certificates after a five-day course with theoretical and practical elements run by UIPM Instructor Deniss Cerkovskis (LAT).

The initiative was supported by the Moldova Olympic Committee and coordinated by Level 3 coach Alexei Vasilianov (MDA).

Christian Roudaut, UIPM Coaching Committee Chairman, said: "It is always wonderful to see the expansion of the CCP and I am grateful to Olympic Solidarity and the Moldova Olympic Committee for supporting our Level 2 course in Chisinau."

"It was very important for the pentathlon movement in Moldova to give this group of dedicated coaches the chance to develop to the next level of the CCP, and we are delighted with the outcome."

Fox (GBR) receives OLY certificate

Jim Fox, a four-time Olympian and Montreal 1976 gold medallist for Great Britain, has received his OLY certificate in recognition of his achievements in Modern Pentathlon.



UIPM Vice President Viacheslav Aminov (left) and Olympic champion Alexander Lesun (RUS, right)



Coaches in Chisinau (MDA) enjoy their development opportunity





UIPM celebrated 20 years in Monaco in 2019 and created a commemorative stamp to mark the anniversary.

The headquarters of the Union has been in the Principality since 1999 and the stamp was issued on August 9 by the Office des Émissions des Timbres-Postes of Monaco, a public service in charge of issuing stamps.

The value is €1,30 and 40,000 stamps were issued. A special "first day cover" edition can be seen in the picture (left).

Fox (GBR) won team gold in 1976 having already competed at the Games in Tokyo (1964), Mexico City (1968) and Munich (1972). He also made headlines in Montreal by exposing the tampered sword of Boris Onishenko of the Soviet Union, leading to his disqualification.

After retiring from Pentathlon and serving in the British Army, Fox went on to have a career in equestrian before becoming Chairman of Pentathlon GB in 1997. In the same year, he was diagnosed with a rare form of Parkinson's disease. He has been recognised with the honours of MBE and OBE for his outstanding contribution to sport in the UK and is a recipient of the Olympic Order.



Jim Fox (GBR) receives his OLY certificate from Martin Dawe (left) and Dominic Mahony (right)

With the assistance of Joel Bouzou, President of the World Olympians Association and Vice President of UIPM, Fox (GBR) was presented with his OLY certificate by Martin Dawe, UIPM Executive Board Member and Pentathlon GB Vice President, and Dominic Mahony OLY, Olympic medallist, Vice President of Pentathlon GB and former UIPM Athletes Committee chairman.

Athletes enjoy first Laser Run experience in Campbell (USA)

The inclusive nature of Laser Run makes it easy to incorporate into other sporting events – which is exactly what happened when USA Pentathlon and USA Track & Field put on races side by side at a new annual gathering.



A group photograph around the podium in Campbell, California (USA)



Action from the laser shooting range in Campbell (USA)

The inaugural Wolfpack All-Comer Track Meet and Laser Run featured eight USATF-sanctioned running events and seven USA Pentathlon-sanctioned Laser Runs. More than 120 athletes aged from seven to 64 were drawn from running, fencing and triathlon to take part and experience UIPM's fastest-growing development sport – many for the first time.

The Wolfpack Pentathlon Club hosted the event at Westmont High School in Campbell, California on November 24, with many athletes enjoying their first laser pistol experience. Official times were recorded and medals were presented to the top three male and female participants in each race, with 26 original meet records established.

Pentathlon well represented in World Youth Forum in Sharm-el-Sheikh (EGY)

Three of the best-known figures in the Egyptian Modern Pentathlon movement fronted up for the UIPM Sports movement at the 2019 World Youth Forum in Sharm-el-Sheikh (EGY).



Aya Medany, Sharif Elerian and Eslam Hamad at the World Youth Forum in Sharm-el-Sheikh (EGY)

The Egyptian Modern Pentathlon Federation (EMPF) was represented by three-time Olympian Aya Medany, Chair of the UIPM Athletes Committee and Member of the IOC Athletes Commission, 2019 Mixed Relay world champion Eslam Hamad and EMPF President Sharif Elerian. The four-day gathering from December 14-17 was held under the auspices of Egypt's President Abdel Fattah El-sisi and attracted 7,000 participants.

It was open to official youth representatives over 18 years of age, including leaders of various youth networks, head of states, media figures and around 250 young Egyptian expats, sport athletes and figures. Discussions among the international delegates were structured around the three themes of peace, development and creativity.

The World Youth Forum was first held



Olympic champion Laura Asadauskaite and her husband-coach Andrejus Zadneprovskis pose with their awards during the annual ceremony in Lithuania

in November 2017, engaging young people and enabling them to exchange views and recommend initiatives to decision-makers and influential figures.

National awards for Asadauskaite and coach Zadneprovskis (LTU)

The Pentathlon community in Lithuania is celebrating after a double success at the National Sports Awards.

Laura Asadauskaite, the London 2012 Olympic champion and current world No.2, was named Sportswoman of the Year for the third time having previously been honoured in 2011 and 2015.

The 35-year-old had an exceptional year in 2019, winning gold at the UIPM Pentathlon World Cup Final in Tokyo (JPN) to secure a qualification place at the Tokyo 2020 Olympic Games and backing it up with victory at the European Championships in Bath (GBR).



To add to the good feeling, Asadauskaite's husband, Andrejus Zadneprovskis, was named Male Coach of the Year at the same awards ceremony.

Zadneprovskis, who sits on the UIPM Executive Board, starting his coaching career after retiring in 2010, by which time he had won Olympic silver in Athens (2004) and bronze in Beijing (2008).

Progress in Asia recognised at AMPC Congress in Wuhan (CHN)

Eleven Asian nations were represented at the 2019 Asian Modern Pentathlon Confederation Congress, which took place during the Asia/Oceania Championships & Olympic Qualifier in Wuhan (CHN).

The AMPC President, Sangwoo Park (KOR), and Secretary General Namdev Shirgaonkar (IND) reported on the



Delegates at the Asian Modern Pentathlon Confederation Congress in Wuhan (CHN)

progress of the UIPM Sports movement in Asia throughout 2019, including the World Military Games in Wuhan (CHN) and the Southeast Asian Games in Manila (PHI).

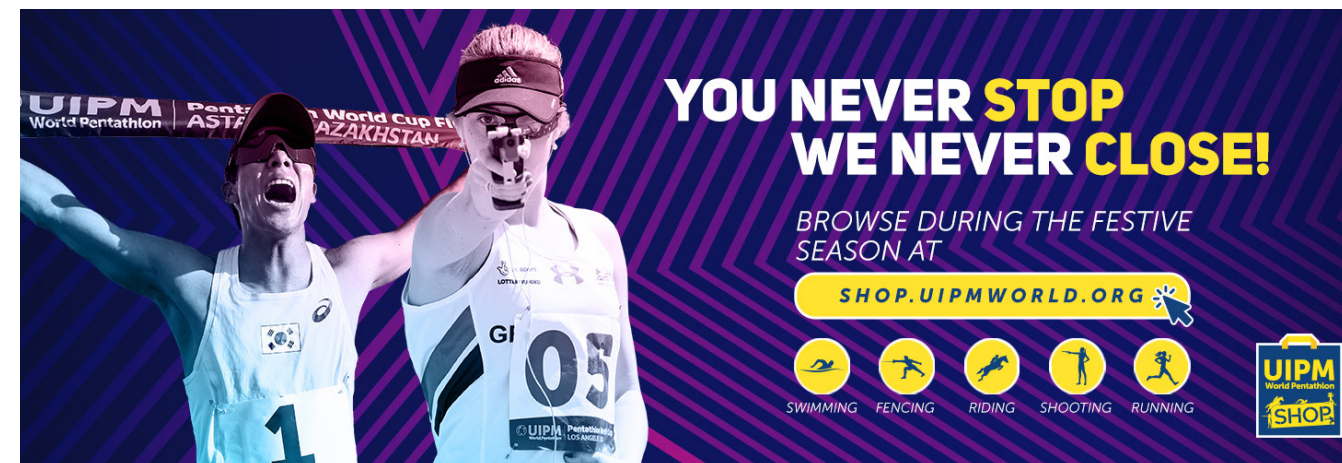
The Tokyo 2020 Olympic cycle has already been a hugely significant period for UIPM Sports in Asia, with much more to come next year.

The UIPM Pentathlon World Cup Final will take place in Seoul (KOR), followed by the UIPM Pentathlon and Laser Run World Championships and also the 71st UIPM Congress in Xiamen (CHN),

as well as the Olympic Games Modern Pentathlon in Tokyo (JPN).

It was announced during the AMPC Congress that the 2020 Asian Championships will take place in Mungyeong (KOR) in late October. UIPM was represented by Secretary General Shiny Fang and Executive Board Member Kitty Chiller, who is also President of the Oceania Modern Pentathlon Confederation.

Oceania Confederation President Kitty Chiller (right) with Australian athletes Rhys Lanskey and Edward Fernon on the podium



Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters.

Navigate to the National Federations Portal or to www.pentathlon.org to stay up to date with all tournament news.

COMPETITION / EVENT INVITATIONS

**Peridot Indoor International
Competition**
Budapest (HUN)
JAN 29 - FEB 02

UIPM Pentathlon World Cup
Cairo (EGY)
FEB 25 - MAR 01

Medical and Anti-Doping Corner

WADA PUBLISHES 2019 LIST OF PROHIBITED SUBSTANCES

The World Anti-Doping Agency (WADA) has published its 2019 List of Prohibited Substances and Methods, an important resource for anyone involved in the UIPM Sports and the wider international sporting movement.

The list, which came into force on January 1, 2019, is accompanied by the 2019 Summary of Major Modifications and Explanatory Notes - which serves to help athletes, coaches and other support personnel to understand the latest changes - and the 2019 Monitoring Program.

"WADA is pleased to announce the publication of the 2019 Prohibited List," said WADA Director General, Olivier Niggli. "It is one of the cornerstones of the global anti-doping program. Every year, we review the List in consultation with a wide range of stakeholders. It is vital that we stay ahead of those that endeavour to cheat the system so in reviewing the List, experts review sources such as scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies."

For a substance or method to be added to the List, it must be determined that it meets two of the following three criteria: a) it has the potential to enhance or enhances sport performance; b) it represents an actual or potential health risk to the athletes; c) it violates the spirit of sport. Athletes who have a legitimate medical reason for using a prohibited substance or method that is on the List may be accommodated if they meet the criteria outlined in the International Standard for Therapeutic Use Exemptions (ISTUE).

The 2019 Prohibited List, Summary of Modifications and Monitoring Program are available for download on WADA's website in English, French and Spanish.



Inside UIPM: Monthly activities of President Dr Schormann



UIPM President Dr Klaus Schormann (centre) with members of the book working group

04.-05.11.2019, Darmstadt, GER

UIPM President Dr Klaus Schormann hosted a two-day meeting of the ad hoc working group preparing the 2nd edition of the book *Modern Pentathlon - From the Past to the Future* in the UIPM President's Office.

They checked documents and discussed new ideas and stories for the 2nd edition, which will be presented in November 2020 at the 71st UIPM Congress in Xiamen (CHN). The UIPM President was joined at the meeting by Alain Lunzenfichter (Member of the UIPM Culture & Education Commission), Prof Dr. Norbert Müller (Member of the UIPM Pierre de Coubertin Commission) and the UIPM Executive Board Member for Marketing, Martin Dawe.



President Schormann after the meeting with Volker Senssfelder (left) and Richard Ungerhofer (right)

06.11.2019, Frankfurt-am-Main, GER

UIPM President Dr Klaus Schormann met the CEO of x-bionic sphere, Richard Ungerhofer, to discuss future partnerships relating to x-bionic sphere, a multi-sport complex close to Bratislava (SVK).

They were joined by Volker Senssfelder, who works as a Financial Consultant to UIPM, and the meeting took place at the UIPM 2016 Congress venue, the Steigenberger Airport Hotel in Frankfurt-am-Main (GER).

01.-08.12.2019, Manila, PHI

President Dr Schormann visited the 30th Southeast Asian (SEA) Games, which included UIPM Sports (Triathlon and Laser Run) on the programme for the first time. In Manila he met with the President of the Fencing Confederation of Asia, Dr Celso L Dayrit, and Richard Gomez, who is President of the Philippine Fencing Association as well as the Philippine



President Dr Schormann attends the Triathlon and Laser Run venue of the 2019 Southeast Asian Games

Modern Pentathlon Association.

Dr Schormann also met with other Fencing Presidents from Southeast Asia and shared ideas for close cooperation between Fencing and Modern Pentathlon relating to the development of both historical Olympic sports.

During his stay in Subic Bay, where the UIPM competitions were staged, the UIPM President took the opportunity to brief all five National Federation Presidents of the participating countries.

Cassandra Choh (SGP), Apiwat Srivardhana (THA), Peggy Lim (MAS), Anthony Charles Sunarjo (INA) and Richard Gomez (PHI) were briefed on sport-political developments and actions from 2019 and updated on important steps in preparation for the 2020 Olympic Games in Tokyo. They also discussed the necessary steps for the inclusion of UIPM Sports in the next SEA Games, which will be hosted in Vietnam in 2021.

All the Presidents were very happy when President Dr. Schormann informed them that the Executive Board of the International Olympic Committee had increased the quota for the 2022 Youth Olympic Games in Dakar (SEN) from 48 to 64 athletes.

On December 7, before the Triathle



The UIPM President and his wife Karin (far right) with local organisers in Manila (PHI)



Dr Schormann helps to plant a commemorative tree in Manila (PHI)



Mixed Relay, President Dr Schormann joined President Gomez and Atty Wilma T Eisma, Chairperson & Administrator of the Subic Bay Metropolitan Authority, in a tree-planting ceremony.

They planted eight trees in memory of the first participation of athletes from the Philippines, Indonesia, Thailand, Singapore and Malaysia at the Games under the motto 'We Win As One'.

With UIPM Technical Committee Member Bernhard Petruschinski, who coordinates activities in the region, and UIPM Development Manager Maxime Papillon, Dr Schormann visited the Clark Museum, which presents the history of the Philippines and the special history and development of New Clark City, which hosted a lot of different sports during the 2019 Southeast Asian Games.

11.-13.12.2019, Monte Carlo, MON

President Dr Schormann attended the 10th Peace and Sport International Forum, where he was able to speak with delegates about the actions of this important movement under the Patronage of HSH Prince Albert II of Monaco, UIPM's Honorary President and IOC Member.

The UIPM President's visit on December 12 served to underline the commitment of UIPM to future projects aligning the two organisations, based on a Memorandum of Understanding signed in the past.

President Schormann and the UIPM Treasurer, John Helmick, also attended the Peace and Sport Awards and reception, where they met with Peace and Sport President and Founder Joel Bouzou (UIPM Vice President) and HSH Prince Albert II of Monaco.

During his three-day visit to the Principality, the UIPM President also spent time at UIPM Headquarters, where he met with Treasurer John Helmick and Secretary General Shiny Fang to discuss the financial position of UIPM at the end of season 2019 and strategy for the



President Dr Schormann with his fellow visitors to the Clark Museum



UIPM President Dr Schormann, Vice-President Joel Bouzou, Corinne Bouzou and her husband



Left to right: UIPM President Dr Klaus Schormann, UIPM Honorary President HSH Prince Albert II of Monaco and UIPM Vice President Joel Bouzou

upcoming Olympic season 2020. They also agreed in principle investments in development actions for the continental confederations. The final decisions will be made during the UIPM Executive Board Meeting in Lausanne (SUI) on January 30/31, 2020.

President Schormann and Secretary General Fang discussed with UIPM staff members the main steps for the Olympic year 2020 and briefed them about priorities like the New Tetrathlon format agreed for the Youth Olympic Games Dakar 2022 and the New Pentathlon format proposed for the Olympic Games Paris 2024. The ad hoc working groups will discuss both in detail during meetings in Frankfurt-am-Main (GER) on January 24-26, 2020.



Left to right: Michael Geistlinger, UIPM Treasurer John Helmick, UIPM President Dr Klaus Schormann

20-21.12.2019, Frankfurt-am-Main, GER

The UIPM President attended the International Indoor Equestrian Festival, organized by the former

Olympic Champions Ann Kathrin Linsenhoff and Paul Schockemoehle. President Dr Schormann met with international representatives of the International Equestrian Federation (FEI),

politicians and members of the business society to share issues relating to the growing equestrian movement around the world, which is beneficial to Modern Pentathlon.

New Balance World Rankings

The PWR is updated live on www.pentathlon.org after each competition. PWR as at December 14, 2019:

MEN			
RANK	NATION	NAME	POINTS
1	GBR	Joseph CHOONG	210
2	FRA	Valentin PRADES	176
3	GER	Marvin DOGUE	172
4	UKR	Pavlo TYMOSHCHENKO	167
5	UKR	Jamie COOKE	162
6	FRA	Valentin BELAUD	160
7	CHI	Esteban BUSTOS	157
8	EGY	Ahmed ELGENDY	151
9	KOR	JUN Woongtae	151
10	LTU	Justinas KINDERIS	147
11	RUS	Alexander LESUN	145
12	CZE	Jan KUF	145
13	RUS	Alexander LIFANOV	142
14	GER	Patrick DOGUE	142
15	CZE	Martin VLACH	135
16	GER	Fabian LIEBIG	135
17	EGY	Eslam HAMAD	133
18	CHN	LI Shuhuan	129
19	HUN	Bence DEMETER	128
20	GBR	Thomas TOOLIS	127

WOMEN			
RANK	NATION	NAME	POINTS
1	FRA	Elodie CLOUVEL	195
2	LTU	Laura ASADAUSKAITE	195
3	GBR	Kate FRENCH	186
4	GER	Annika SCHLEU	179
5	RUS	Gulnaz GUBAYDULLINA	173
6	ITA	Elena MICHELI	173
7	BLR	Volha SILKINA	172
8	LTU	Gintare VENCKAUSKAITE	161
9	RUS	Uliana BATASHOVA	158
10	FRA	Marie OTEIZA	156
11	BLR	Iryna PRASIANTSOVA	150
12	BLR	Anastasiya PROKOPENKO	150
13	TUR	Ilke OZYUKSEL	146
14	MEX	Mariana ARCEO	145
15	GBR	Joanna MUIR	142
16	KOR	KIM Sunwoo	142
17	HUN	Tamara ALEKSZEJEV	139
18	RUS	Anna BURIAK	137
19	HUN	Sarolta KOVACS	135
20	IRL	Natalya COYLE	134

The full New Balance World Rankings are available at www.pentathlon.org

WATCH ONLINE
UIPMTV.ORG

26 Feb - 01 Mar

UIPM 2020 Pentathlon World Cup
Cairo EGY

25-29 Mar

UIPM 2020 Pentathlon World Cup I
Sofia BUL

LIVE-STREAMING
NEWS EDITS/HIGHLIGHTS

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HIGHLIGHTS

27-30 Jun

UIPM 2019 Pentathlon World Cup Final
Tokyo, JPN

02-08 Sept

UIPM 2019 Pentathlon World Championships
Budapest, HUN

HOW TO GET NEWS EDITS AND
HIGHLIGHTS?
Contact: media@pentathlon.org

Wishing You a Wonderful Holiday Season and a Happy New Year



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

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