

**OCTOBER
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**World Pentathlon
Newsletter**

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IOC SESSION: LOS ANGELES 2028 OLYMPIC GAMES



Left to right, at the conclusion of the 141st Session in Mumbai (IND): UIPM Secretary General Shiny Fang, UIPM 1st Vice President and IOC Vice President Juan Antonio Samaranch, UIPM Honorary President HSH Prince Albert II of Monaco (IOC Member), and UIPM President Dr Klaus Schormann



Los Angeles 2028 Olympic Games



Modern Pentathlon will feature on the programme at the 2028 Olympic Games in Los Angeles (USA) after being endorsed at the 141st IOC Session

“Los Angeles, here we come”: Modern Pentathlon confirmed on 2028 Olympic Games programme

It's official: Modern Pentathlon will feature on the programme of the Los Angeles 2028 Olympic Games following an endorsement by the 141st Session of the International Olympic Committee (IOC).

IOC Members voted in favour of the IOC Executive Board's proposal to confirm the inclusion of Modern Pentathlon, along with Weightlifting and five new sports put forward by LA28 organisers – Baseball/Softball, Cricket, Flag Football, Lacrosse and Squash.

The vote means Modern Pentathlon will continue its run of featuring at every Summer Olympic Games since it was introduced by Baron Pierre de Coubertin, founder of the modern Olympic Games, at Stockholm 1912.

In 2028 in Los Angeles (USA), a head-to-head sprint Obstacle race will be integrated into the Olympic Modern Pentathlon alongside Fencing, Swimming and Laser Run. The Obstacle discipline is inspired by the popular TV phenomenon, Ninja Warrior, based on the original SASUKE TV programme by TBS. Los Angeles is where American Ninja Warrior is filmed.

With this new format, Modern Pentathlon is entering a new era with the potential to become one of the most exciting, accessible and popular sports in the Olympic movement. A timeline of the Obstacle integration can be found below.

UIPM President Dr Klaus Schormann said: “Today is the latest in a series of milestone dates that have defined the history of Modern Pentathlon – a sport invented especially for the Olympic

Games by Baron Pierre de Coubertin.

“Today, we can say with absolute confidence that Coubertin's legacy is safe, thanks to the faith in our movement communicated by the 141st IOC Session here in Mumbai.

“Two years ago, our Union was challenged like never before. Many times in the past three decades we had made dramatic changes to Modern Pentathlon, but this time it was necessary to execute a higher level of transformation.

“Through a democratic process, we came together to create the pathway to a new future, breathing new life into our sport with the idea to replace Riding with Obstacle. This discipline enables our sport to become less costly and complex for organisers, more accessible around the world and more dynamic and exciting for spectators and fans.



The Obstacle discipline has been successfully integrated into elite global competitions like the UIPM 2023 U19 World Championships in Istanbul (TUR).

“I have many people to thank, especially the athletes who showed once again they are the most adaptable in the world, and I am proud to be the leader of a progressive sporting movement.

“Above all, I thank Pierre de Coubertin for the gift that keeps on giving – a compelling multi-sport that has given joy to so many people and will continue to do so, for the benefit of many generations to come.”

Juan Antonio Samaranch Jr, IOC Vice President and UIPM 1st Vice President, said: “The IOC Session has approved a proposal for the sport programme of Los Angeles 2028 that is very exciting and compatible with Olympic Agenda 2020+5.

“I'm delighted that UIPM has earned the right to be part of this unique Olympic Games with a proposal for Modern Pentathlon that is accessible and popular with a universal focus on youth.”

UIPM Secretary General Shiny Fang said: “Today we turned the page to a new chapter, it means a new start in the way of working for our whole organisation, and the new assembly of all our combined efforts to push UIPM Sports to a higher stage and level. I do hope that the process of survival is something we can now leave behind,

and Modern Pentathlon will stop trying to survive and start to thrive.”

UIPM Athletes Committee Chair Yasser Hefny OLY said: “October 16, 2023 is a date that will remain engraved in my memory and heart for the rest of my life. Modern Pentathlon's official inclusion in the LA28 Olympics is a tremendous victory for future generations, including all current athletes who showed an exceptional ability to adapt and take responsibility in a very challenging time.

“They deserve to live the Olympic dream with all its beautiful moments, to compete fiercely for the Olympic spots, to go to the Olympic Village (the athletes' paradise) and enjoy the dining hall and the fantastic atmosphere.

“I am sure they will give a terrific show to all sports fans worldwide. They can now open their notebook, erase the word ‘dream’ and change it to ‘goal’, because the dream has become a reality.

“On behalf of all athletes who to pursue our beautiful multi-sport, especially those who supported us in the #OurFuture campaign for the benefit of future generations, I am truly thankful to the many people involved in the transformation of Modern Pentathlon that has resulted in this show of faith by the International Olympic Committee. Los Angeles here we come!”

Obstacle integration timeline

4 November 2021: UIPM opens a consultation process to identify a suitable replacement for Riding in the Olympic sport of Modern Pentathlon.

2 May 2022: Two variations of Obstacle Discipline selected for testing after leading over 60 proposals in the race to replace Riding in Modern Pentathlon.

28 June 2022: The first Test Event of the New Pentathlon Discipline takes place in Ankara, Turkey.

6-7 August 2022: The second Test Event takes place in Manila, Philippines.

9-10 September 2022: The third Test Event takes place in Lignano Sabbiadoro, Italy.

7-8 October 2022: The fourth Test Event takes place in Zielona Gora, Poland.

12 November 2022: Obstacle is formally integrated into Modern Pentathlon – 83% vote in favour of Obstacle Discipline at the 72nd UIPM Congress in Monaco.

12-16 July 2023: First integration of Obstacle in a global Pentathlon competition during the UIPM 2023 U17 World Championships in Alexandria, Egypt.

26-30 July 2023: Second integration of Obstacle in a global Pentathlon competition during the UIPM U19 World Championships in Istanbul, Turkey.

12-17 September 2023: Third integration of Obstacle in a global Pentathlon event during the UIPM 2023 Junior World Championships in Druskininkai, Lithuania.

16 October 2023: Modern Pentathlon endorsed by the 141st IOC Session to form part of the Los Angeles 2028 Olympic Games sporting programme.

VOYAGE TO PARIS 2024

Olympic Games
Countdown: Part VIII

Leading off...

Pentathlon and Paris to get the 'cinematic look' as visions for Games and festivities begin to focus

How can you rehearse behind closed doors when there are no doors to close? This is the conundrum facing organisers of the Paris Olympic Games' groundbreaking Opening Ceremony as the vision for the entire event comes into sharper focus.

By deciding to hold the curtain-raising festivities across the French capital with as many as half a million spectators taking in a historic Parade of Nations taking place on the river Seine, Paris 2024 planners have dramatically cut with tradition.

But much like the majority of its preparations, things are already moving ahead of schedule with Thierry Reboul, the Paris 2024 Executive Director of Branding, Events and Ceremonies, recently confirming that the Opening Ceremony plans will be complete before the end of December.

Reboul is leading a team of 200 who are working on the ceremony but that will balloon to 8000 by the time July 26 rolls around. While some portions of the production can be worked on in private, Reboul admitted others will have to be rehearsed in public along the city's waterway. "They will serve as teasers," he said, with estimates that the TV audience for the spectacle could top 1.5 billion.

"You have to be able to have a type of writing that seduces both [live and TV] populations. Everyone will see a show. The day before yesterday, we had



Looking at Paris through the Olympic lens will take on a whole new meaning on July 26.

our first camera shot. In total, for the moment, we are on 130 cameras to film this extraordinary event."

In a city that sees itself as cinema's birthplace, the Games will fittingly have a "cinematic look" according to Olympic Broadcasting Services (OBS), which will be beaming images and sounds from the event around the world.

"Paris and France are the birthplace of

cinema," OBS chief executive Yiannis Exarchos said in August. "[So] we would like to give these Games a more cinematic look. That's why we'll be using a lot of cinematic lenses which will give the image a texture that you get on the big screen and not really on TV."

With Pentathlon already getting a dramatic backdrop at its Palace of Versailles venue, the movie theatre treatment will only add to the drama.

> Paris Pointer

The fourth — and the force — are with Asadauskaite (LTU) as she prepares for a remarkable fifth Olympic Games

Laura Asadauskaite (LTU) will turn 40 years of age in early 2024. The two-time Olympic medallist appears intent on showing her Pentathlon competitors and others that if life doesn't exactly begin at 40, it certainly doesn't end there.

After sitting out competition for well over 18 months, Asadauskaite returned to the elite level in April at UIPM 2023 Pentathlon World Cup Budapest. A gold medalist at London 2012 and silver medalist in the delayed Tokyo 2020 Games in 2021, Asadauskaite also competed in the Beijing Olympics in 2008 and the Rio Games in 2016. Simply put, she has nothing to prove.

However, if anyone was expecting the Lithuanian legend, after 15 years at the top of the sport, to be beginning to wind things down a little, she has very much put them in their place.

At the UIPM 2023 Pentathlon World Championships in late August Asadauskaite finished just a whisker away from the podium, settling for fourth place as Elena Micheli (ITA) claimed back-to-back titles.

Remarkably it was the fourth time across five senior events this season that Asadauskaite has finished one place off a medal.

At World Cup events in Budapest (HUN) and Sofia (BUL) and again at the 2023 European Games in Krakow (POL) she also finished, frustratingly, in 4th. That latter performance secured Lithuania a quota place for Paris 2024 with over a year to spare.

At the UIPM 2023 Pentathlon World Cup Final in Ankara (TUR) in June, she also finished in the top 10. All of this has been enough to see Asadauskaite rocket back to the upper echelon of the UIPM World Rankings, where she currently sits 6th.



Laura Asadauskaite of Lithuania will be preparing for a fifth Olympic Games challenge in 2024

Away from statistics, Asadauskaite is passing the eye test too, pushing her younger rivals all the way to the podium. With Paris coming over the horizon, she is proving age is just a number too.

Numbers game

77,469 The number of people who have benefited from Impact 2024 International, a Paris 2024 programme aimed at strengthening the social role of sport in Africa. The scheme has supported 45 projects implemented in 19 African countries all as part of the legacy of the Paris 2024 Olympic Games.

Qualification latest

After the 2023 Pan Am Games in Santiago (CHI) in October and November, 44 of the 72 quota places at Paris 2024

have now been claimed. **Women:** Italy (2), Great Britain (2), China, Japan, Korea, Uzbekistan, Kazakhstan, Spain, Lithuania, France, Hungary, Germany, Egypt, Australia, Czech Republic, Mexico, USA, Brazil, Ecuador and the International Athletes Team (EAI). **Men:** Egypt (2), Mexico (2), Italy, China, Japan, Korea, Thailand, Kazakhstan, Great Britain, Hungary, France, Germany, Poland, Ukraine, Switzerland, Australia, Ecuador, Cuba, Argentina and EAI.

Now that over half of the precious places at Paris have been secured, the focus now shifts to the remaining 28 places. However the hectic rush over recent months will now slow down a little with no further qualification events until UIPM Pentathlon Challenger Egypt in January.

Full details of the Paris 2024 qualification process can be found at uipmworld.org/olympic-games

19th Pan American Games

Oliver (MEX) and Hernandez (MEX) celebrate gold as 10 athletes secure Olympic quotas

Mayan Oliver and Emiliano Hernandez of Mexico became Pan American Games champions on a day when 10 pentathletes from across the Americas won direct qualification quota places at the Paris 2024 Olympic Games.

Oliver (MEX) led a family one-two in the Women's Final, joined on the podium by her silver medalist sister Catherine Mayran Oliver (MEX) and by bronze medalist Sophia Hernandez, representing the International Athletes Team (EAI).

With a maximum of one Paris 2024 quota place per nation per gender, there was also joy for athletes from United States, Brazil and Ecuador. The following athletes clinched the five available spots in the Women's Final:

- Mayan Oliver (MEX) – gold
- Sophia Hernandez (EAI) – bronze
- Jessica Davis (USA) – 4th
- Isabela Abreu (BRA) – 9th
- Sol Naranjo (ECU) – 10th

The Men's Final also finished with gold and silver for the Americas' most prolific nation, as Mexico celebrated victory for UIPM 2023 Pentathlon World Championships silver medalist Hernandez (MEX) – who tied the overall world record of 1,534 points on the way to the title – and a strong silver for Paris 2024 quota recipient Duilio Carrillo (MEX).

They were joined on the podium by Andres Torres (ECU), while Cuba, Argentina and EAI athletes also achieved the Olympic dream. The following athletes clinched the five available Paris 2024 quota places in the Men's Final:

- Duilio Carrillo (MEX) – silver
- Andres Torres (ECU) – bronze



Sisters Mayan Oliver and Catherine Mayran Oliver of Mexico celebrate a one-two in Santiago (CHI)

- Marcos Rojas (CUB) – 4th
- Franco Serrano (ARG) – 5th
- Andrew Fernandez (EAI) – 6th

Champions' reaction

Women's gold medalist Mayan Oliver (MEX) said: "I'm very happy, I've worked a lot this year with my coaches, my family and my friends and with the organisations who've been supporting me. So I'm happy to get this first place."

"It's very cool, really. I got a quota [for the last Olympic Games, Tokyo 2020] but via the Olympic ranking, and this time I have it a year before. This time I have more time to prepare to get a better place at the Olympic Games. First, I will get some rest but I will think about the next steps and the next goals to improve my 15th place that I got [in Tokyo]."

Asked what she had enjoyed about the competition in Santiago (CHI), she

added: "First, that I am surrounded by my coaches. Then, that I am with a very important person for me: my sister. Of course she's my sister but she is also a rival. It's complicated but I'm really happy that she was here too and got a good place."

Men's gold medalist Hernandez (MEX) said: "It's wonderful – the truth is that it's a dream being able to live as an athlete and I'm really proud of my team."

"I've qualified twice so the plan is to qualify a third time! I want to keep getting good results and arrive strong in Paris. Holidays and then start over. Nothing is done yet. Feet on the ground and look for the medal."

"The organisation has been incredible, it's a world class competition. Let's hope that they [Chile] get motivated to organise World Cups and international events soon."



Bronze medalist Andres Torres (ECU) with compatriots Emiliano Hernandez and Duilio Carrillo of Mexico toast their podium finishes at the Pan-Am Games.

Women's Final

NORCECA 2023 Championships gold medalist Sophia Hernandez (EAI) led the way in Fencing with 23V/9D in the Ranking Round and four additional points in the Bonus Round, winning the last bout against 2nd-ranked Tamara Vega (MEX, 22V/10D).

Hernandez (EAI) stayed in front after scoring 293 in Riding, although Mayan Oliver (MEX) and Kelly Fitzsimmons of Canada applied some pressure with clean rounds.

Swimming saw the hint of a comeback from defending champion Mariana Arceo (MEX, 2:22.16) and compatriot Tamara Vega (MEX, 2:23.32) but Hernandez (EAI) continued to be competitive and took an overall lead of 11sec into Laser Run.

Starting 27sec and 28sec off the lead, the two Olivers (MEX) powered through the Laser Run to claim the top two spots on the podium, with Mayan Oliver (MEX) timing a fantastic 11:21.30 to win by 16sec.

Hernandez (EAI) was a comfortable bronze medalist ahead of fellow Paris 2024 qualifier Davis (USA), with South Americans Abreu (BRA) and Naranjo (ECU) finishing in the top 10 to also

claim quota places.

Men's Final

Carrillo (MEX) had the edge in Fencing, scoring 25V/5D in the Ranking Round, albeit Serrano (ARG) added the four available bonus points after scoring a competitive 23V/7D. Marcos Rojas of Cuba also performed well with 22V/8D, while Sergio Villamayor (ARG) added eight bonus points.

Carrillo (MEX) held his nerve and maintained a strong lead after an almost perfect 298 in Riding, and when Serrano (ARG) dropped 22 penalty points, other challengers emerged with Hernandez (MEX) and Torres (ECU) both scoring a clean 300.

In Swimming the gap was reduced further, with Hernandez (MEX) and Torres (ECU) recording two of the four fastest times, slower only than Rojas (CUB) and top swimmer Andres Fernandez (EAI) in 2:05.99.

Starting 17sec ahead, Carrillo (MEX) could do nothing to repel his compatriot Hernandez (MEX), who has become one of the world's top finishers, but he comfortably held off the rest of the field to secure silver, leaving an intriguing battle for bronze and the other Olympic quota places.

It was Torres (ECU) who deservedly made the podium having started almost neck and neck with 4th-placed Rojas (CUB) and 5th-placed Serrano (ARG), and all three were able to stop dreaming of Paris 2024 and start planning, along with Fernandez (EAI).

UIPM President Dr Klaus Schormann said: "We are so happy to see how athletes have prepared for the Pan American Games here in Santiago de Chile, and what an exciting moment with so many spectators cheering for all athletes regardless of their nationality, creating the best atmosphere we have seen in a big competition this season."

"We have seen strong performances throughout from athletes who now know that they have secured a place for their countries at the Olympic Games Paris 2024. We have to say a big thanks to the organisers and to the National Federation of Chile and both the South American and NORCECA Confederations for all they have done."

"The Mexicans dominated the competition across women and men but it's great to see athletes from five different countries on both sides qualifying for Paris 2024, which makes this a global success story."

UIPM Pentathlon Challenger series



Participants in the women's individual event at UIPM Pentathlon Challenger Kyrgyzstan competition in Bishkek pose in front of the medalists' podium.

UIPM Pentathlon Challengers Poland, Spain and Kyrgyzstan offer pathway to Paris 2024 Olympics

Rebranded to add prestige and relevance to all competitions carrying rankings points on the road to the Paris 2024 Olympic Games, the first three UIPM Pentathlon Challengers added spice to the 2023 season.

Türkiye, with no direct qualification quota places gained in the bigger showcase competitions, enjoyed a triumphant finish to the competitive year when Ilke Ilke Ozyuksel (TUR) and

Bugra Unal (TUR) won the Women's and Men's Finals respectively at UIPM 2023 Pentathlon Challenger Kyrgyzstan.

This followed individual success for Anna Maliszewska of Poland and Ahmed Elgendy of Egypt at UIPM 2023 Pentathlon Challenger Spain, and for Salma Abdelmaksoud (EGY) and Jean-Baptiste Mourcia of France at UIPM 2023 Pentathlon Challenger Poland.

Hungary claimed four of the 18 medals on offer in the three competitions, while there was also podium joy for Czech Republic (2), Bulgaria, Ecuador,

Estonia, Italy, Mexico and Spain.

Points gained in the Pentathlon Challengers were added to those accumulated in other qualification competitions such as Continental Games, giving a pathway to many athletes who may not otherwise attain their Olympic dream to forge their own qualification pathway.

Unal (TUR) ended the season in pole position in the UIPM Olympic World Ranking List, ranked 3rd among men behind Pan American Games medallists and quota qualifiers Andres



The UIPM Pentathlon Challenger Kyrgyzstan event gets underway in Bishkek, the capital and largest city in Kyrgyzstan.

Torres (ECU) and Emiliano Hernandez (MEX). Mourcia (FRA) occupied 4th place with Lukasz Gutkowski (POL) in 7th.

On the women's side, Maliszewska

(POL) and Mariana Arceo (MEX) were in the strongest position among non-quota recipients, sitting 2nd and 3rd respectively behind Pan American Games winner Mayan Oliver (MEX). Lea Egloff of Switzerland and Anais Eudes

of Belgium completed the top five.

The final event of the series in the Paris 2024 Olympic cycle will be UIPM 2024 Pentathlon Challenger Egypt in January.

Doctor do-it-all: Meet Kerenza Bryson



In the latest in our 'Pentathlon Personalities' series, the Great Britain World No.3 reveals how she balances medicine, the military and elite sport

Contrary to assumptions, Kerenza Bryson can actually switch off. In fact, like most things in her life, she does it pretty damn well.

After a season that defied even her own expectations, the World No.3 from Great Britain has just relocated to Pentathlon GB's training base in Bath. But before the big move she spent a few weeks getting away from it all in the Maldives and Greece.

'Getting away from it all' somewhat underplays Bryson's life. Put simply: there is quite a bit to get away from, more than most other 25-year-olds on the planet. Elite athlete, army officer, qualified doctor. Bryson broke out in a prolific 2023 season while being all of these things all at the same time. Now she is also within touching distance of adding another title to that list, one she has dreamt of for almost two decades: Olympian. Understandably, winding down from all of that takes time.

"I think it's really important to switch off — properly switch off," Bryson tells UIPM. "I mean, I take my Garmin off!

A lot of athletes describe their Garmin as another limb. It's part of the body because we rely on it for all of our stats and data for training. But I take switching off seriously. I'm quite strict. The first two weeks of not having those stresses at the end of the season are so important."

With the Garmin removed from her wrist, Bryson felt enough of a weight lifted to kick back and reflect on all that the previous nine months had brought her. In eight senior competitions in 2023 her record read 2-5-1-1-6-6-5-3 as she made the extended podium at every event she entered. The two victories came in the space of 24 hours in Sofia including a breakthrough first individual UIPM Pentathlon World Cup gold medal. Her final result of the season was arguably more consequential, a UIPM Pentathlon World Championships bronze on home soil and with it a quota qualification spot for next summer's Olympics in Paris.

"It's been a big year for me. I graduated and qualified for the Games which initially wasn't one of my goals. I and the performance team didn't think I was going to be able to qualify this year. It was more about trying to push for qualifying next year. To be able to do that this year and have that in the bag

is a really nice bonus. It's been much better than I could have asked for."

One of the most pleasing aspects for Bryson is how steady her success was, in a sport which is notoriously difficult to find consistency. That the most prolific season of her career came in the final year of her medicine degree, while still balancing military duties as a reserve officer in the Royal Logistics Corps, is only more remarkable. Her secret? Finding a routine amid the chaos of living three lives at once.

"I'm a pretty motivated, resilient person and I've known since I was a kid that my goal was to be an Olympian," she says. "This lifestyle of fitting stuff around goes back a long way, to when I first started sport really. The skill is mastering how to take off hats and put other hats on within minutes. I think I've got quite good with my three hats of medicine, army and sport, of finishing my day of hospital placement, taking off that hat and saying 'right I'm in sport head now' and completely going into that mindset. I'm quite good at switching between them."

Bryson laughs when it's suggested that Pentathlon, with its mix of headwear for each discipline, was always going to be the perfect sport for her, then? "We



A younger Kerenza Bryson meets Beijing Olympic silver medalist Heather Fell (GBR) in 2008.

have to take them all on and off really quickly now with the new format!" she responds.

Her pentathlon journey is down to a lot more than hats, of course. The first steps were on horseback, or ponyback to be precise. Bryson's mother Debbie is a riding instructor and runs a livery yard. "I grew up riding before I could run," says Bryson who moved into tetrathlons aged 7 or 8 before a fateful meeting with a real-life Olympian firmed up her career path significantly.

"When I was 10 or 11, Heather Fell came and did a pony club demonstration evening. She brought along all of her fencing kit and asked did anyone want to on my kit. I put my hand up and got to put on all of her Olympic kit and hold her blades. I was quite young and diddy so it was quite funny with my little head rattling around in this huge mask but that was for me, that kind of inspirational moment where I thought 'oh, this is really cool, maybe I could do this!'"

Fell, an Olympic silver medalist from the Beijing Games, was understandably inspirational. Four years later Bryson was there in the flesh as a spectator at London 2012 and her Olympic obsession grew further. Having her mother, father Phil, sister Tallulah and a squad of other loved ones there in person 11 years later to see her claim

her quota place in Paris as she won bronze in Bath in August was a career highlight.

"It was way more emotional than I thought it would be," Bryson admits. "I thought it would just be really cool but it was actually a really special thing that I don't think I'll ever forget. Having all of my family there, my boyfriend and his family, friends and a whole Team Bryson there, for that then to be the event that I qualified for the Games, made it more special."

Great Britain's strength in depth, particularly on the women's side, of course means that Paris isn't yet 100 per cent assured. But for now she's done her bit and Team Bryson is being proactive and planning for what they hope will be an Olympic debut at the Palace of Versailles next summer.

Relocating to Bath this month, having previously been a satellite athlete due to med school and military commitments, has brought Bryson even closer to her teammates. "We're really high performing and we're pushing each other on all the time. But then we are all genuinely friends as well."

With four Great British women in the top 21 of the UIPM world rankings, a race-off for the maximum of two places in Paris could well transpire. But Bryson isn't naturally one to sweat the uncontrollables. While it may feel like cliché to suggest it, she readily admits that her experiences becoming a doctor, she qualified the same week she won that breakthrough gold in Bulgaria, has given her all of the perspective she couldn't possibly need.

"I'm someone who is quite good at dealing with stress and competing and part of that is due to the perspective I have on sport," says Bryson, who is particularly grateful to her National Health Service deanery for giving her a rare year off before she moves on to continuing her career as a junior doctor.

"The fact that one day I would go from seeing someone in a horrific road traffic accident or a really sad situation in obstetrics if something goes wrong with a birth, then the next day I am competing, it really makes you realize that not doing well in a competition isn't the worst thing in the world. I'm really lucky to be in a situation where I am being paid to be a full-time athlete, doing what I love with my friends."

World No.3 Kerenza Bryson (GBR) celebrates her UIPM 2023 Pentathlon World Championships bronze medal and Paris 2024 qualification with her family and loved ones in Bath (GBR) in August.



News from around the world



The Open European Championships in Chisinau (MDA) brought together 42 Masters participants from across 11 countries

UIPM Masters movement bounces back with Open European Championships in Chisinau (MDA)

After a fallow period when the movement struggled to gain post-pandemic momentum, UIPM's magical Masters community has bounced back with a successful European Championships held in Chisinau (MDA).

The competition came out of an agreement between the European Modern Pentathlon Confederation and the Modern Pentathlon Federation of Moldova to transform a national Masters tournament into the Open European Masters Championships and host in the capital from October 20-22.

Responding to the call, 42 participants from 11 countries participated in Tetrathlon and Pentathlon in Individual, Team and Relay competitions within age groups 30+, 40+, 50+, 60+ and 70+.

Alexei Vasilianov, President of the Moldova Federation, said: "It was an amazing opportunity for the Republic

of Moldova to host the Open European Masters Championships, 2023.

"In spite of the fact there was little time for the event organisation, the Championships were held at a decent level, which became possible due to the full involvement, collaborative cooperation and support from a lot of parties, such as the Moldova Government (Ministry of Education, Culture and Research; Ministry of Health), UIPM and the European Confederation. As well the assets and resources of the Modern Pentathlon Federation of the Republic of Moldova.

"Looking back at these Championships we realise we are able and capable of organising further sports events at an international scale. I'd like to say thank you to everybody who participated, be it as an athlete or as an organiser. We are looking forward to new challenges together!"

Seasoned Masters competitors endorsed the event with a series of glowing testimonies.

Oleksii Iurchak of Ukraine said: "First of all, I would like to express my grateful words as an organiser of this European Championships. It was incredible! This was one of the best Masters competitions and I can say it as an athlete and as an organizer.

"I know how much work has been done behind the scenes to welcome athletes and make them enjoy and feel like at home for four days. I hope Alexei will organise more international competitions in the future so more people can experience Moldavian hospitality."

Nathalie Denoyes of France added: "A modern sports complex on the outskirts of Chişinău brought together Swimming in a magnificent 50m pool, Fencing and Laser Run, while Riding took its place on good, nervous, active horses within a quality equestrian centre.

"Thanks to the Moldovan federation, we're looking forward to the World Championships in Moldova!"



Modern Pentathlon New Zealand continued its highly inclusive approach and support for the UIPM Para Sports movement during its National Championships

Cook Islands athletes welcomed in New Zealand ahead of UIPM competition debut

Athletes from Oceania's newest Member Federation, Modern Pentathlon Cook Islands, were invited to compete in New Zealand's National Championships for the first time ahead of their debut in the UIPM 2023 Biathlon-Triathlon World Championships in Bali (INA).

The Cook Islands contingent lined up in the main competition alongside New Zealand athletes, while Modern Pentathlon New Zealand (MPNZ)

continued its highly inclusive support for the UIPM Para Sports movement by staging races for numerous visually impaired (VI) athletes and others with body impediments.

Andrew Collings, MPNZ Secretary General, reported that a number of Obstacle Course Racing (OCR) athletes were among those who took part in the Para categories.

Modern Pentathlon Cook Islands, under the Presidency of Ruth Anna Tangiaua Mave, is one of UIPM's most recently inaugurated National Federations, taking the number in Oceania to four.



Modern Pentathlon Cook Islands is one of UIPM's most recently inaugurated National Federations

Inside UIPM

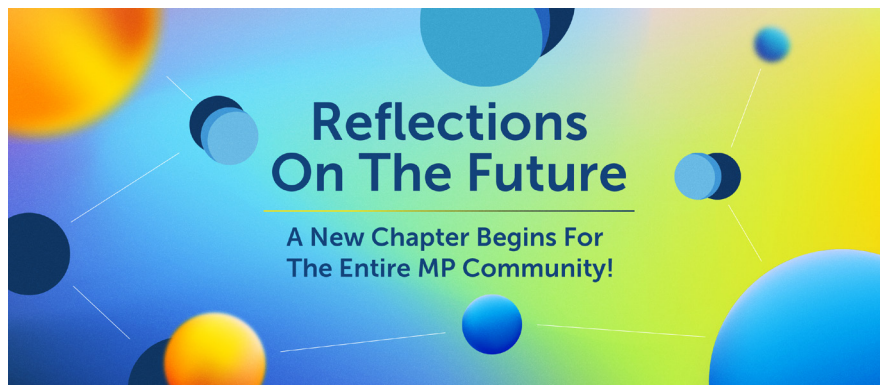
Secretary General Shiny Fang's message

Reflections and takeaway thoughts from a historic IOC Session — and what happens next

It might be tempting to reflect on only one outcome of the 141st IOC Session. Yes, I am talking about the historic vote that secured our sport's future in the Olympic Games for at least another five years, and confirmed that we can start to build on the very exciting foundation for global development that we laid during two years of intense hard work and innovation.

However, there were four other takeaways from Mumbai I would like to share — not only in an IOC context, but with reference to our own movement's status and progress — before acknowledging the happy news about LA28.

1. It was impressive to refresh that Olympic Agenda 2020+5 includes a lot of powerful projects, which focus on solidarity, digitalisation, sustainable development, credibility and economic and financial resilience. Reflecting on UIPM ranges, we see that a lot of our work could echo the direction and there is clearly room for us to engage better and more.
2. The Future Host Commission claimed a big percentage of reduced spend on Paris 2024 compared with previous Games, and we do see some merits and sustainable moves in respect of next year's Olympics. However, standing in International Federation (IF) shoes, we also see some unnecessary cuts that might impact some IF operations during Games time.
3. The Games Optimisation Working Group reported its intentions not



only around cost saving, but also the plan, delivery and consumed areas, which brought positive revenue results. This made me think about UIPM events, how to balance our professional level, standards, quality and efficiency while being as cost-effective as possible. After all, we are a multi-discipline sport that has unique complexities.

4. The Advisory Committee on Human Rights updated its projects on safeguarding, fairness, inclusion and non-discrimination. Looking into the mirror at our own Modern Pentathlon community, much more should be done although often there is a limit on how IFs can act. At the same time, an updated safeguarding policy and guidelines for our National Federations will be ready at the end of 2023.

Back to the most important part related to our sport, we are finally officially included in the Los Angeles 2028 program after two years' non-stop process, starting from proposing a new discipline, selections and testing, guidelines and regulations, and finally implementation.

Yes, in fact, we just started a new chapter, and we have more responsibilities on our shoulders, and the organisation is tasked with delivering a bright future for youth

generations.

But when you look at the new sports or those additionally included in LA28, most are either team sports with rich commercial background and unbeatable numbers, or sports with a phenomenal new following and momentum.

So where are we? Where is MP standing? I believe everyone has their own answer... but one series of answers must be that to make our sport more accessible for everyone, make the sport more understandable for all online and offline audiences, and to create one of the best sports products and show learning from Ninja Warrior's success, we are on this path ... and it will certainly take time.

To evaluate further, the IOC's administration reports somehow reflected the priorities facing UIPM in 2024, just in a much smaller scale and dimension:

- Paris 2024 MP events
- More effective administration
- Agenda 2020+5 related projects
- Commercial awareness and resource conscious
- Healthy and increased revenue channels to make the organization more sustainable.

As we anticipate another busy year in 2024, it will be interesting to reflect back in November next year, to review how much of the above was achieved, and where the road leads us next ...

Inside UIPM

President Dr Klaus Schormann's activities



L to r: Dr Rosemary Mitchell, Dr Robin Mitchell (ANOC President), Dr Thomas Bach (IOC President), Prof Dr Ugur Erdener (Turkish NOC President), Dr Klaus Schormann

05.10. – 07.10.2023: Istanbul, TUR

Dr Klaus Schormann, the UIPM President, participated in the European Olympic Committees (EOC) General Assembly. His purpose was to engage with all the National Olympic Committees (NOCs) of Europe and explain the modifications to Modern Pentathlon with the integration of Obstacle and the advantages of the change.

Highly productive conversations took place with EOC President Spyros Capralos, Türkiye NOC President Prof Dr Ugur Erdener (IOC Member), and Association of Summer Olympic International Federations (ASOIF) President Francesco Ricci Bitti, focusing on international sporting

Left to right:
Hasan Arat (VP
NOC Türkiye);
Spyros Capralos
(EOC President),
Dr Klaus
Schormann
(UIPM
President),
Francesco Ricci
Bitti (ASOIF
President), Lena
Nussbaumer
(UIPM Executive
Assistant)



politics and the upcoming Paris 2024 Olympic Games.

President Dr Schormann was also able to have dialogue with International

Olympic Committee (IOC) President Dr Thomas Bach and Association of National Olympic Committees (ANOC) President Dr Robin Mitchell.



Left to right: UIPM Secretary General Shiny Fang, UIPM 1st Vice President and IOC Vice President Juan Antonio Samaranch, UIPM Honorary President HSH Prince Albert II of Monaco (IOC Member), and UIPM President Dr Klaus Schormann in Mumbai (IND)

15.10. – 17.10.2023: Mumbai, IND

President Dr Schormann, accompanied by Secretary General Shiny Fang, represented UIPM at the 141st IOC Session in Mumbai. This was one of the most important, perhaps even the most significant, moment for the continued existence of Modern Pentathlon in the Olympic movement.

On October 16, the IOC Session voted unanimously in favour of Modern Pentathlon's inclusion in the Los Angeles 2028 Olympic Games sporting programme, thereby securing its status as an Olympic sport. This means that with the integration of the Obstacle discipline, Modern Pentathlon will be a

part of the Olympic Games in LA28 and beyond.

The IOC issued a press release which stated: "The IOC Session endorsed the recommendation from the IOC Executive Board to include Modern Pentathlon on the LA28 sports programme, acknowledging the replacement of horse riding with obstacle racing and the optimisation work conducted by the International Modern Pentathlon Union (UIPM) to reduce costs and complexity.

"As noted by the IOC EB, it is essential for the UIPM to continue to implement the necessary changes in governance and modernise as an organisation.

Without the replacement of horse riding with obstacle racing, the sport would not have been included in the programme."

President Dr Schormann and Mrs Fang marked this landmark moment for the sport in the company of UIPM Honorary President HSH Prince Albert II of Monaco (IOC Member) and UIPM 1st Vice President and IOC Vice President Juan Antonio Samaranch Jr.

Weightlifting was also approved by the IOC Session for LA28, while baseball/softball, cricket (T20), flag football, lacrosse (sixes) and squash were included as additional sports.



Left to right: Juan Manzo (UIPM VP); Jorge Salas OLY (UIPM EB Member, CSPM President), Dr Viacheslav Malishev (UIPM EB Member for Development), Janusz Peciak OLY (UIPM EB Member for Sport), John Helmick (UIPM EB Member and Treasurer), Dr Klaus Schormann (UIPM President), Martin Dawe (UIPM EB Member for Marketing), Rob Stull OLY (UIPM EB Member, NORCECA President) and Lena Nussbaumer (UIPM Executive Assistant)

19.10. – 27.10.2023: Santiago, CHI

In his capacity as President of UIPM, Dr Schormann endeavours to attend all continental Games. He was thus present at the 3rd European Games in Krakow (POL) and the 19th Asian Games in Hangzhou (CHN). The final Games of the 2023 sequence was the 19th Pan American Games, which were as successful as the others. All Games were qualification events for the Olympic Games Paris 2024 and attracted a high calibre of athlete and NF representation.

President Dr Schormann, alongside Pan Am Sports Organisation (PAOS) President Neven Ilic, attended the opening ceremony of the Games. Mr Ilic, a long-time supporter of Modern Pentathlon, congratulated UIPM on its success of maintaining Modern Pentathlon's presence in the Olympics with the integration of Obstacle.



UIPM President Dr Klaus Schormann with PASO President Neven Ilic

While in Chile for the Games, the UIPM President also conducted an online UIPM Executive Board meeting, attending by members who were physically present in Chile and others joining virtually, to

discuss next steps after the IOC Session in preparation for Paris 2024 and LA28.

During the Games, Dr Schormann had the opportunity to reconnect with many



UIPM President Dr Klaus Schormann meets with many friends of the Modern Pentathlon community within the Americas during the PanAm Games

long-time supporters and friends of Modern Pentathlon within the Americas sports community. This included individuals such as former US Olympic and Paralympic Committee Chair Susanne Lyons, PASO Executive Board Member and former Secretary General Ivar Sisniega OLY (also UIPM Innovation

Commission Chair), US Modern Pentathlon Association President Tom Shepard, UIPM Auditor Helio Meirelles Cardoso, and Ana and John Holland Krawec (children of the late John Holland).

During the Games, PanAm Modern

Pentathlon held its General Assembly with elections for a new board, which President Dr Schormann joined and gave an address about sports politics to the combined NORCECA and South American Modern Pentathlon society.

The Modern Pentathlon competition



The General Assembly of the Pan American Modern Pentathlon Confederation was held during the PanAm Games in Santiago, Chile



Jorge Delgado Panchana (NOC President Ecuador, left) with UIPM President Dr. Klaus Schormann and a member of the Ecuador NOC Delegation



Clockwise from top left, Juan Manzo (UIPM VP), Maria Jose Alcala Izguerra (Mexican NOC President), wife of Juan Manzo, Dr Klaus Schormann (UIPM President), President Mexican Handball Federation; Mario Garcia de la Torre (Secretary General NOC Mexico)



Left to right, Jorge Salas (UIPM EB Member, CSPM President), a member of the Brazil NOC delegation, Paulo Wanderley Teixeira (Brazil NOC President); Dr Klaus Schormann (UIPM President)



Clockwise from top left, Jorge Salas OLY (CSPM President), Aldo Massadro, Dr Klaus Schormann (UIPM President), PanAm Games volunteers, Jimena Saldana (PASO Secretary General)



Left to right from top row down, Ivar Sisniega OLY (President, Mexican Football Association); Rob Stull OLY (UIPM EB Member – NORCECA President); Jochen Faerber, (Chief of Lausanne Office at Olympic Channel Services Switzerland); Dr Klaus Schormann (UIPM President); Lena Nussbaumer (UIPM EA); Jorge Salas (UIPM EB – CSPM President); Dr Viacheslav Malishev (UIPM EB Member for Development)

was attended by the new PASO Secretary General, Jimena Saldana, along with Jochen Faerber, the Chief of Lausanne Office at Olympic Channel Services Switzerland, and Ivar Sisniega. They were accompanied by numerous NOC Presidents, including Maria José Alcala Izguerra of Mexico, Paulo Wanderley Teixeira of Brazil, and Jorge Delgado Panchana, President of the Ecuador Olympic Committee.

Together with Alicia Masoni de Morea (NOC President Argentina), Dr Schormann met several volunteers of the PanAm Games.



UIPM President Dr Klaus Schormann together with Alicia Masoni de Morea (NOC President Argentina) and PanAm Games volunteers

Pentathlon World Rankings

The PWR is updated live at www.pentathlon.org after each competition. PWR as at November 5, 2023

MEN

RANK	NATION	NAME	POINTS
1	EGY	Mohanad SHABAN	210
2	GBR	Joseph CHOONG	210
3	MEX	Emiliano HERNANDEZ	205
4	KOR	Woongtae JUN	180
5	HUN	Csaba BOHM	179
6	EGY	Ahmed ELGENDY	177
7	KOR	Changwan SEO	159
8	ITA	Giorgio MALAN	154
9	FRA	Valentin PRADES	152
10	FRA	Valentin Belaud	150
11	GER	Marvin DOGUE	149
12	CZE	Martin VLACH	148
13	CHN	Zhang LINBIN	146
14	JPN	Taishu SATO	141
15	EGY	Mohamed ELGENDY	140
16	HUN	Balazs SZEP	140
17	KOR	Jihun LEE	135
18	GBR	Myles PILLAGE	129
19	CZE	Marek GRYCZ	128
20	CHN	Shuai LUO	124

WOMEN

RANK	NATION	NAME	POINTS
1	ITA	Elena MICHELI	208
2	ITA	Alice SOTERO	201
3	GBR	Kerenza BRYSON	190
4	GER	Rebecca LANGREHR	176
5	TUR	Ilke OZYUKSEL	173
6	LTU	Laura ASADAUSKAITE	168
7	FRA	Marie OTEIZA	160
8	GBR	Olivia GREEN	159
9	HUN	Michelle GULYAS	157
10	MEX	Mariana ARCEO	155
11	LTU	Ieva SERAPINAITE	153
12	ESP	Laura HEREDIA	153
13	FRA	Elodie CLOUVEL	149
14	LTU	Gintare VENCKAUSKAITE	148
15	EGY	Salma ABDELMAKSoud	142
16	GBR	Jessica VARLEY	139
17	HUN	Blanka GUZI	136
18	KOR	Seungmin SEONG	130
19	CHN	Mingyu ZHANG	126
20	ITA	Alessandra FREZZA	124

The latest UIPM World Rankings, World Cup Rankings and Olympic Games Rankings are all available at www.pentathlon.org



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

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