



Technical Newsletter

**Dear Member Federations,
Coaches, Athletes and Technical
Officials,**

Following the approval of changes to the UIPM Competition Rules and Regulations by the UIPM 2022 Congress, besides new actions and procedures, please find below the main updates to be adopted from the season 2023.

A

MAIN CHANGES

MODERN PENTATHLON COMPETITION RULES AND EQUIPMENT REGULATIONS *

*The following texts are extracts and should not be taken as an exact replica of the rules. All the rules with full contents are available on the UIPM website [here](#).

1) General Aspects

a. 1.3.1 - Inclusion of Obstacle replacing Riding in Junior competitions

ii) Junior competitions are organised with 5 disciplines in four events: Obstacle, Fencing, Swimming and Laser Run.

b. 1.3.2 - Inclusion of Obstacle in youth competitions

i) Under 19 and Under 17 competitions are organised with 5 disciplines in four events: Obstacle, Fencing, Swimming and Laser Run.

ii) For all other Youth competitions, only Swimming and Laser Run are obligatory.

iii) The LOC may include one or more of the other events if wished.

c. 1.6.1 - Sequence of the disciplines and competitions stages in Juniors, U19 and U17 competitions

v) Juniors, U19 and U17 UIPM Pentathlon World Championships and Continental Championships will be organized with the Obstacle Discipline from Qualifications to Finals according to the UIPM Obstacle Discipline Competition Guidelines.

d. 1.11.1 - Qualifications of athletes for Semi-finals and Final

ii) The following numbers of pentathletes qualify for the Semi-finals:

a) 2 groups - the top 18 from each group

b) 3 groups - the top 12 from each group

c) 4 groups - the top 9 from each group

v) 18 pentathletes compete in the Final. The following numbers of pentathletes qualify for the Final: the top 9 from each group of Semi-finals

e. 1.12.4 - Host nation participation in UIPM Pentathlon World Cups

ii) If the total number of entries is less than 108 pentathletes, a 4th pentathlete per nation may be invited to participate, until 108 entries are reached per gender. First priority for a 4th invitation goes to the host nation followed by other nations in order based on the Pentathlon World Rankings at the time of the invitation. If there are still free places, the host nation is allowed to participate in the qualification with up to a maximum of 12 pentathletes. The host nation can have a maximum of 6 pentathletes in the Semi-final and the Final.

f. 1.12.8 - Competition format in Olympic Pentathlon World Ranking competitions

Olympic Pentathlon World Ranking (OPWR or YOPWR) eligible competitions, which are not Continental Championships, must be open to all UIPM nations with individual competitions for both genders with Qualification (if more than 36 athletes per gender), Semi-finals and Finals of 18; and have applied by the deadline to be included in the Olympic Ranking calendar.

g. 1.19.2 - Criteria to determine the competition Levels 2-4

	Level 2						Level 3						Level 4					
	EUROPE			OTHER CONT.			EUROPE			OTHER CONT.			EUROPE			OTHER CONT.		
	Nat.	Ath.	%	Nat.	Ath.	%	Nat.	Ath.	%	Nat.	Ath.	%	Nat.	Ath.	%	Nat.	Ath.	%
Men	10	32	30	5	24	10	8	24	20	4	20	5	6	18	5	3	16	0
Women	8	30	30	5	20	10	6	20	20	4	16	5	4	16	5	3	12	0

h. 1.19.4 - Pentathlon World Cup Final host country quota places

iii) The pentathletes from the organizing country must have experience in Modern Pentathlon competition(s) at international level.

Riding

2) Riding rules

a. 2.3.2 and 2.3.6 - Inclusion of recommendations on the use of the whip

2.3.2 - Jumping Test

iii) During the official inspection officials, coaches, trainers, pentathletes and spectators can be present but do not have a right to interfere with the inspection. The LOC must provide the coaches with a riding protocol sheet with horses' characteristics including the use of martingale, spurs and recommendations for the use of the whip, numbers and names of the horses.

2.3.6 - The Draw

a) Horse's numbers, name, sex, age, colour, temperament and other characteristics, special task or equipment, martingale, the use of spurs and recommendations for the use of the whip, etc.;

b. 2.4.22 - Falls

v) After a fall, the athlete should leave the riding arena unmounted and must be checked by the Medical Delegate present on site.

c. 2.4.26 - Time Interruptions

v) If the pentathlete and/or horse falls in the changeover zone in the period between the first rider crossing the start line and the second rider crossing the finish line the team will be eliminated.

d. 2.6.7 - Elimination

xvi) after 3 refusals and/or run-outs in individual competitions and after 4 refusals and/or run-outs with a maximum of 2 per rider in relays;

e. 2.7.1 - Dress of Pentathletes, Coaches and Officials

i) In the case of a country's armed service or police uniform, the country's regulations must be respected in terms of attaching an armlet, badge, or flag to the jacket.

f. 2.8.7 - Use of Unauthorised Whip and Spurs

The whip can be carried and used according to the recommendations on the horses' characteristics list distributed to the Delegations before the riding event.

Obstacle

3) Inclusion of Obstacle rules

a. 3.1 and 3.2 – Event Rules

For 2023 and 2024, all additional details required for the organisation, preparation and running of the competition including obstacle parameters will be published in the [UIPM Obstacle Discipline Competition Guidelines](#) and [UIPM Obstacle Catalogue](#).

Fencing

4) Fencing rules

a. 4.5.2.1 - Bonus Round

Each bout won gives a pentathlete/team 2 (two) MP bonus points. In Semi-finals and Finals, the winning pentathlete/team of the Ranking Round will receive 4 (four) MP bonus points if they win their single bout in the Bonus Round. In case of withdrawal/elimination of the winner of the Fencing Ranking Round in the Fencing event, the top placed pentathlete/team in the Ranking Round will receive 2 (two) MP bonus points if they win their bout in the Fencing Bonus Round.

b. 4.8.2 - The Epée:

- iv) The Guard - Wires must be separated on the socket
 - d) The socket inside the épée guard must have two separate holes in the block, so the two wires can be passed through the block separately and then connected to the terminals.

c. 4.8.3 The Bodywire - Ends must be transparent

- ii) The body wire must have a connecting plug which must be made of transparent material on each end. At the spool end, a three pin male plug must be connected to the wire as follows:

B

UIPM UNIFORM GUIDELINES

UIPM emphasizes the importance of athletes strictly following the UIPM Uniform Guidelines that can be found [here](#).

We also remind you that the UIPM logo patch must be set in all uniforms and apparel worn by athletes and coaches during major UIPM competitions (Pentathlon World Cups & Pentathlon World Cup Final, all World Championships). The entrance to the areas restricted to the athletes and coaches will be subjected to compliance with these rules.

Besides, according to article 1.22.2 of the Competition Rules, NFs shall submit details, including a photo of their kit (National Uniform), for the following year to the UIPM before the first Pentathlon World Cup.

C

OLYMPIC QUALIFICATION PARIS 2024

The first Olympic qualification events for Paris 2024 will take place in 2023. The 12-month qualification period for the Olympic World Ranking (OPWR) will start on June 17, 2023.

The official qualification system and explanations about the process were circulated to all NFs and can be accessed on UIPM website clicking [here](#).

Any updates will be circulated and published.

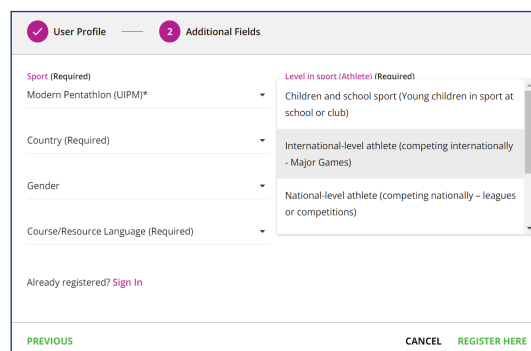
D

WADA ADEL ANTI DOPING E-LEARNING COURSES

From 2023, athletes competing in all competitions above mentioned in letter “C” must conclude the WADA e-learning “International-Level Athletes Education Program” hosted on WADA educational platform ADEL. The educational program is linked to essential anti-doping education and helps to support the fight for Clean Sport. The ADEL platform is available in multiple languages.

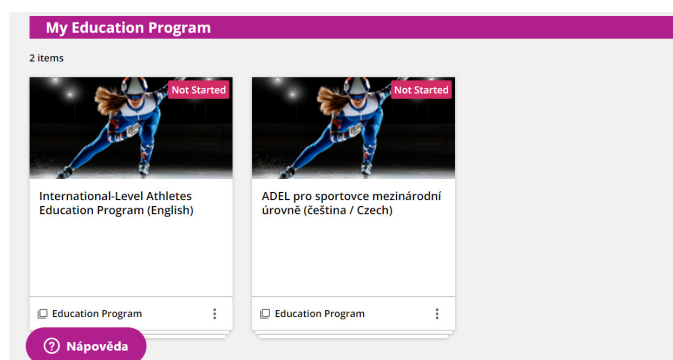
How can athletes register in ADEL?

By clicking [here](#), they can register to ADEL. They should register as a UIPM athlete and select correct level (International level).

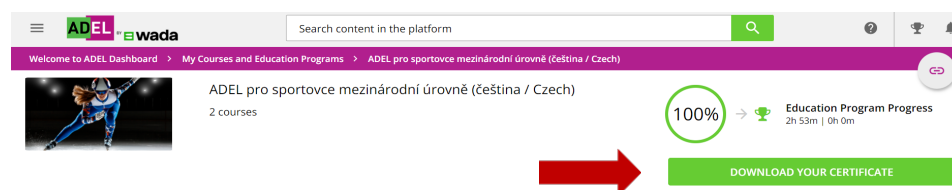


The screenshot shows the 'Additional Fields' step of the ADEL registration process. It includes dropdown menus for 'Sport (Required)' (Modern Pentathlon (UIPM)*), 'Country (Required)', 'Gender', and 'Course/Resource Language (Required)'. A 'Level in sport (Athlete) (Required)' dropdown is open, showing options: 'Children and school sport (Young children in sport at school or club)', 'International-level athlete (competing internationally - Major Games)', and 'National-level athlete (competing nationally - leagues or competitions)'. At the bottom, there is a 'Sign In' link for already registered users and buttons for 'PREVIOUS', 'CANCEL', and 'REGISTER HERE'.

Scrolling down the dashboard, they should select the “International-Level Athletes Education Program”. If ADEL proposes an alternative in the athlete’s preferred language they can opt for that version.



After the course is completed either in English or another language, they can download the certificate from ADEL and upload it to UIPM.



How can the National Federation upload the certificates to the UIPM Portal?

- 1) After login to the UIPM Portal select the athlete profile to be updated. Then, click on the button "Edit". If the athlete does not have a profile in the Portal, it needs to be created before this step.



- 2) There is a specific box to upload the certificate:

ADEL CERTIFICATE

[Seleccionar archivo](#) Ninguno archivo selec.

*In case of uploading problems, feel free to contact [Radka Zapletalova](#).

E

INTERNATIONAL EQUESTRIAN FEDERATION (FEI) ONLINE COURSES

From 2022, athletes competing in the Riding discipline in UIPM and international Modern Pentathlon events as well as coaches presented in the riding warm-up arena **must have a certificate of conclusion of some FEI online courses uploaded to their profiles on the UIPM Portal**. The courses are linked to the matter of horse welfare and compliance with this new regulation will be checked during competition Technical Meetings.

Those above-mentioned courses are freely available on the platform FEI Campus ([link](#)). Please see below the courses and access links:

- Horsemanship study course ([link](#))
- Handling in challenging situations ([link](#))
- Equine Behaviour ([link](#))

How can the National Federation upload the certificates to the UIPM Portal?

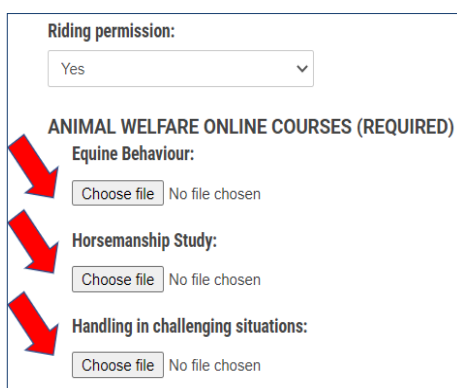
- 1) After login to the UIPM Portal select the athlete or coach profile to be updated. Then, click on the button "Edit". If the athlete or coach does not have a profile in the Portal, it needs to be created before this step.



Athletes search results - 41601 results

NAME	GENDER	UIPM LICENCE ID	COUNTRY	USERNAME	ACTION	GDPR ALL:
[REDACTED]	Men	M0428	[REDACTED]	Generate Login	Edit (highlighted with red arrow)	Remove

- 2) There are three specific boxes to upload the certificates:



Riding permission:
Yes

ANIMAL WELFARE ONLINE COURSES (REQUIRED)

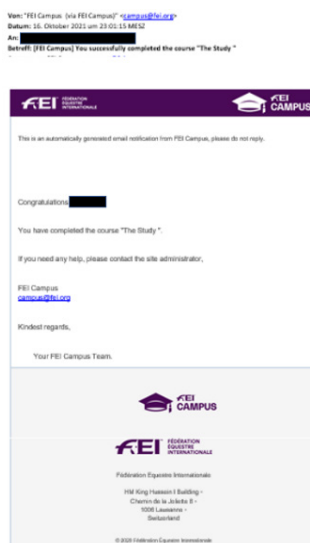
Equine Behaviour:
Choose file No file chosen

Horsemanship Study:
Choose file No file chosen

Handling in challenging situations:
Choose file No file chosen

UIPM Portal

* After finishing each one of the courses, the FEI Campus platform does not issue a certificate, but sends an email informing that the course has been concluded successfully. Therefore, that email should be uploaded to the UIPM Portal (image below) using format files PDF, JPEG, GIF, or PNG files. Uploading the information about each one of the three above-mentioned courses is mandatory.



Email from FEI Campus informing about the conclusion of the course

F

RIDING LICENSES

From 2022, athletes competing in the Riding discipline in UIPM and international Modern Pentathlon events must have a Senior Riding Licence uploaded to their profiles on the UIPM Portal. Compliance with this regulation will be checked during the Technical Meetings before each competition.

It is important to highlight that the certificate is linked to the age category of the competition. It means that if a Junior athlete is taking part in a Senior competition, they must have a Senior Licence.

The participation conditions for athletes without their licence uploaded to the portal are described in article 1.12.1 of UIPM Competition Rules and Regulations.

[What are the minimum ability requirements for Senior Riding Licence?](#)

Senior Licence

- Lead a horse in-hand, walking, trotting and turning.
- Tack up a pony/horse with saddle and snaffle bridle.
- Check tack before mounting for soundness.
- Mount and dismount correctly.
- Hold the reins & whip correctly.
- Alter stirrups when mounted.
- Tighten and loosen girth when mounted.
- Demonstrate correct position at walk, trot and canter.
- Use seat, legs and hands as aids to increase and decrease pace.
- Demonstrate progressive transitions from walk to trot to canter.
- Demonstrate a figure of eight at walk and trot across the diagonal.
- Perform a figure of eight in canter showing a simple change of leg.
- Demonstrate correct aids for canter on a named leg on a circle.
- Work independently in the open.
- Salute the judge & understand the rules & penalties of the collecting ring & competition arena.
- Walk a course correctly, understanding the importance of riding a correct line to each obstacle.
- Control the pony/horse, both in the approach to and get away from an obstacle.
- Demonstrate competence when riding over a show jumping course of between 10 and 12 obstacles, including a double, to a height of 1.10m on at least 2 unknown horses of different types and temperaments.

[How can the National Federation upload the certificates to the UIPM Portal?](#)

After login to the UIPM Portal and entering the athlete profile, there is a specific box to upload the Riding Licence, as follows:

Senior Riding License:
 Ninguno archivo selec.

It is the National Federation's responsibility to issue the certificate and upload it to the UIPM Portal. Using the template presented in this [link](#) is mandatory. It must have included the relevant signatures and the stamp of the National Federation.

G

RIDING REVIEW PANEL

A review panel with expert independent members will continue to assess all UIPM events during the season. The panel sessions are linked to competition debriefings and cover a wide range of aspects of Riding competition quality using event reports, videos, course plans and results. The panel is responsible for analysing all riding performances with the focus on incidents that need to be debriefed to determine improvement opportunities. In case of problems linked to lack of Riding ability, the actions listed in section 3 of Technical Newsletter 2018/1 ([link](#)) related to the warnings and suspensions that will be adopted.

UIPM highlights that the following documents are available in its Educational Platform focusing on the improvement of athletes' Riding abilities:

- UIPM Riding Training Technical Guidelines ([link](#) - translated to Chinese, French, Russian, and Spanish)
- Riding training tips videos ([link](#))
- UIPM book "Start coaching in Modern Pentathlon" available in the UIPM Shop ([link](#))

H

PISTOL TESTS

Following the pistol tests conducted during UIPM 2022 Pentathlon World Championships in Alexandria, EGY, UIPM informs that more random tests will be organized during the UIPM 2023 Pentathlon and Laser Run World Championships in Bath, GBR.

I

JUDGES CERTIFICATION PROGRAMME (JCP) OBSTACLE MODULE

UIPM launched in February 2023 the e-learning Obstacle Module for JCP judges already certified who would like to upgrade their licences. To check the current list of UIPM certified judges click [here](#) (you need to log in to UIPM Educational Platform first).

All instructions to join have been sent to National Federations by email and can be found on the UIPM website, Educational Platform and social media.

J

MORE ABOUT OBSTACLE DISCIPLINE

All new materials related to the launch of Obstacle as a new discipline of Modern Pentathlon are available on the UIPM website:

- UIPM Obstacle Discipline Training Tips: PDF ([link](#)) and video series ([link](#))
- UIPM Obstacle Discipline Competition Guidelines ([link](#))
- UIPM Obstacle Catalogue ([link](#))

K

COMPETITION PROTEST FORM TO THE JURY OF APPEAL

In order to ease the process and standardize procedures related to protests in competition (UIPM competition rule 1.23.9), a protest form must now be used in UIPM events.

Versions in pdf and doc formats can be downloaded [here](#).

L

ATHLETES PHOTO SHOOT

UIPM will organise professional photography sessions at selected events starting from UIPM 2023 Pentathlon World Cup Cairo.

The pictures taken will be used to update athlete profiles on the UIPM website, for accreditation and TV graphics as well as other promotional materials.

The following information is important to note:

- Location will be in the competition hotel.
- It is preferable that full teams show up at the same time to ensure an efficient operation.
- Athletes must present themselves dressed in National Uniform (jacket).
- No accessories (hats, caps, hairbands etc.)

The pictures can be given to the athletes in high resolution upon request.



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

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