

# Technical Newsletter

## Dear Member Federations, Coaches, Athletes and Technical Officials

You can find in this second edition of the Technical Newsletter 2023 a clarification of the UIPM Competition Rules and Regulations; adjustments and explanations about specific topics of the UIPM Obstacle Competition Guidelines; reminders about key procedures to be followed when organising competitions that have the new discipline in their programmes; and the Authorised Identifications Guidelines for Paris 2024.



#### MODERN PENTATHLON COMPETITION RULES AND REGULATIONS

#### Article 2.8.7 - Use of Unauthorised Whip and Spurs

The above-mentioned article reads:

"(...) The whip can be carried and used according to the recommendations on the horses' characteristics list distributed to the Delegations before the riding event. "

**Clarification:** Even if the recommendation on the horses' characteristics list is "no" for using the whip, the athlete can decide to carry and use the whip during the warm-up and completion of the course.

#### **UIPM OBSTACLE COMPETITION GUIDELINES**

The content of the following topics will be added to the next edition of the UIPM Obstacle Competition Guidelines. This Technical Newsletter serves as the reference for competition preparations and conduction.

#### 1) Articles 3.1 - Starting Order

The above-mentioned article reads:

"i) in competitions with Qualifications, the athletes/teams will be placed according to their PWR Obstacle time. If the athlete/team does not have a PWR, entry times will be used. The athlete with the slower PWR Obstacle time or slower entry time will be placed in lane 1."

...

iii) in Finals, two athletes/teams will compete in two lanes (head-to-head). The athlete/ team lowest ranked after fencing will be placed in lane 1.

#### **Clarifications:**

i)

- In qualifications, the starting order will be based on the PWR Obstacle time or entry time. Athletes with slower PWR Obstacle time or entry time compete first.
- In case of the same entry time, the athlete with the lowest PWR competes first. In case those athletes have no PWR, the athlete from the NOC Code alphabetical order will be followed.
- In case of an odd number of athletes in the group, the athlete in the first heat will compete alone.

iii)

• "After fencing" refers to "after Fencing Bonus Round".

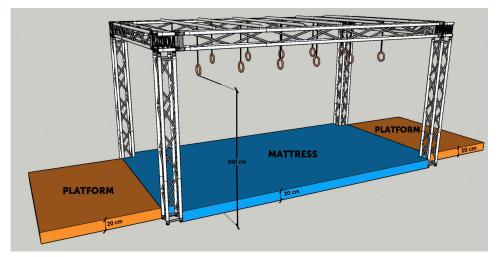
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#### 2) Measuring the height of the obstacle hanging elements

For the obstacles listed below, the height of the hanging elements must be measured from the bottom of the vertical trusses to the lowest part of the element (e.g., rings = 240cm). It is important to point out that the mattresses should not be taken into account for this measurement and that they will be level with the platforms at a height of 20 cm.

- Big Wheel
- Rings
- Wheels
- Monkey bars
- Swinging globes
- Tilting ladders



*Example:* Measurement of the height of the rings (240 cm)

#### 3) Warm-up time in Qualifications

i) The warm-up time for qualifications will be at least 20 minutes.

ii) In the Semi-finals and Finals, there will be 60 minutes of general warm-up time for all disciplines before the competition starts.

iii) The LOC will announce all warm-up details at the Technical Meeting.



#### 4) Relay competitions

i) Obstacle Discipline Relay competitions are organised as head-to-head races between two teams.

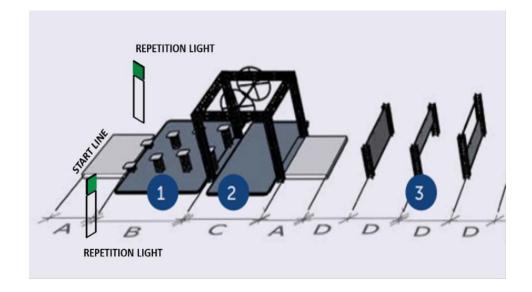
ii) Each pentathlete in the team must complete the whole course.

iii) The start order of the athletes on each team must be declared in writing by the team representative before the TM and once approved by the UIPM TD, cannot be changed. For the Mixed Relay, Women compete first, then Men.

iv) The competition start order is the reverse of the ranking after the Fencing Bonus Round. The team lowest ranked after the Fencing Bonus Round will be placed in lane 1.

v) As soon as athlete #1 in the team completes the course by activating the finish button, athlete #2 will start the course.

vi) In UIPM Category A competitions, one repetition light for each lane should be synchronised with the finish button and placed in a visible position close to the starting line (see the example below). The repetition light must give athlete #2 in the relay a clear view that athlete #1 finished their course while judges can better check cases of a false start.



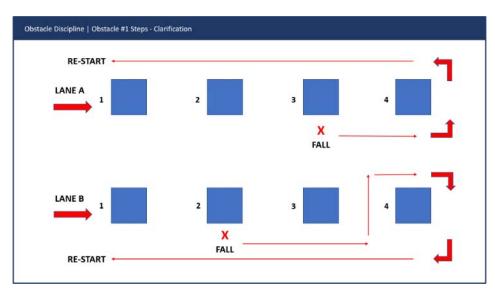


vii) Obstacle Discipline Points Table (Relays).

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Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts	Time(s)	Pts
40.00	340	55.50	309	71.00	278	86.50	247	102.00	216	117.50	185	133.00	154	148.50	123	164.00	92	179.50	61	195.00	30
40.50	339	56.00	308	71.50	277	87.00	246	102.50	215	118.00	184	133.50	153	149.00	122	164.50	91	180.00	60	195.50	29
41.00	338	56.50	307	72.00	276	87.50	245	103.00	214	118.50	183	134.00	152	149.50	121	165.00	90	180.50	59	196.00	28
41.50	337	57.00	306	72.50	275	88.00	244	103.50	213	119.00	182	134.50	151	150.00	120	165.50	89	181.00	58	196.50	27
42.00	336	57.50	305	73.00	274	88.50	243	104.00	212	119.50	181	135.00	150	150.50	119	166.00	88	181.50	57	197.00	26
42.50	335	58.00	304	73.50	273	89.00	242	104.50	211	120.00	180	135.50	149	151.00	118	166.50	87	182.00	56	197.50	25
43.00	334	58.50	303	74.00	272	89.50	241	105.00	210	120.50	179	136.00	148	151.50	117	167.00	86	182.50	55	198.00	24
43.50	333	59.00	302	74.50	271	90.00	240	105.50	209	121.00	178	136.50	147	152.00	116	167.50	85	183.00	54	198.50	23
44.00	332	59.50	301	75.00	270	90.50	239	106.00	208	121.50	177	137.00	146	152.50	115	168.00	84	183.50	53	199.00	22
44.50	331	60.00	300	75.50	269	91.00	238	106.50	207	122.00	176	137.50	145	153.00	114	168.50	83	184.00	52	199.50	21
45.00	330	60.50	299	76.00	268	91.50	237	107.00	206	122.50	175	138.00	144	153.50	113	169.00	82	184.50	51	200.00	20
45.50	329	61.00	298	76.50	267	92.00	236	107.50	205	123.00	174	138.50	143	154.00	112	169.50	81	185.00	50	200.50	19
46.00	328	61.50	297	77.00	266	92.50	235	108.00	204	123.50	173	139.00	142	154.50	111	170.00	80	185.50	49	201.00	18
46.50	327	62.00	296	77.50	265	93.00	234	108.50	203	124.00	172	139.50	141	155.00	110	170.50	79	186.00	48	201.50	17
47.00	326	62.50	295	78.00	264	93.50	233	109.00	202	124.50	171	140.00	140	155.50	109	171.00	78	186.50	47	202.00	16
47.50	325	63.00	294	78.50	263	94.00	232	109.50	201	125.00	170	140.50	139	156.00	108	171.50	77	187.00	46	202.50	15
48.00	324	63.50	293	79.00	262	94.50	231	110.00	200	125.50	169	141.00	138	156.50	107	172.00	76	187.50	45	203.00	14
48.50	323	64.00	292	79.50	261	95.00	230	110.50	199	126.00	168	141.50	137	157.00	106	172.50	75	188.00	44	203.50	13
49.00	322	64.50	291	80.00	260	95.50	229	111.00	198	126.50	167	142.00	136	157.50	105	173.00	74	188.50	43	204.00	12
49.50	321	65.00	290	80.50	259	96.00	228	111.50	197	127.00	166	142.50	135	158.00	104	173.50	73	189.00	42	204.50	11
50.00	320	65.50	289	81.00	258	96.50	227	112.00	196	127.50	165	143.00	134	158.50	103	174.00	72	189.50	41	205.00	10
50.50	319	66.00	288	81.50	257	97.00	226	112.50	195	128.00	164	143.50	133	159.00	102	174.50	71	190.00	40	205.50	9
51.00	318	66.50	287	82.00	256	97.50	225	113.00	194	128.50	163	144.00	132	159.50	101	175.00	70	190.50	39	206.00	8
51.50	317	67.00	286	82.50	255	98.00	224	113.50	193	129.00	162	144.50	131	160.00	100	175.50	69	191.00	38	206.50	7
52.00	316	67.50	285	83.00	254	98.50	223	114.00	192	129.50	161	145.00	130	160.50	99	176.00	68	191.50	37	207.00	6
52.50	315	68.00	284	83.50	253	99.00	222	114.50	191	130.00	160	145.50	129	161.00	98	176.50	67	192.00	36	207.50	5
53.00	314	68.50	283	84.00	252	99.50	221	115.00	190	130.50	159	146.00	128	161.50	97	177.00	66	192.50	35	208.00	4
53.50	313	69.00	282	84.50	251	100.00	220	115.50	189	131.00	158	146.50	127	162.00	96	177.50	65	193.00	34	208.50	3
54.00	312	69.50	281	85.00	250	100.50	219	116.00	188	131.50	157	147.00	126	162.50	95	178.00	64	193.50	33	209.00	2
54.50	311	70.00	280	85.50	249	101.00	218	116.50	187	132.00	156	147.50	125	163.00	94	178.50	63	194.00	32	209.50	1
55.00	310	70.50	279	86.00	248	101.50	217	117.00	186	132.50	155	148.00	124	163.50	93	179.00	62	194.50	31	210.00	0

#### 5) Clarifications about penalties application

i) Falling from the Steps (Obstacle #1)



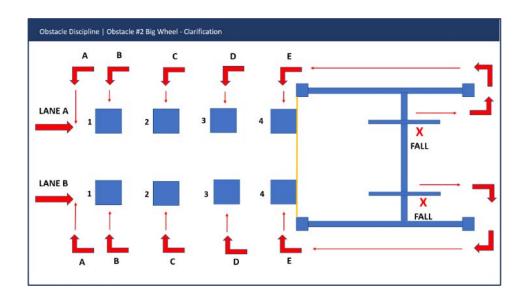
The athlete is obliged to turn around the last step according to the image below and then go back to the first step again.



ii) Falling from the Big Wheel (Obstacle #2)

When trying the big wheel for the second time, the athlete must go back to the Steps and choose to restart from any of the options A to E<sup>\*</sup> in the image below. \* If during the second attempt to overcome the Big Wheel the athlete falls off any of the steps 1 to 4, it will not be considered a failure unless the fall is on or beyond the start line that marks the beginning of obstacle Big Wheel (orange line on the image below).

Regarding the location of step #4, the vertical projection of the end of the step top must align with the beginning of the Big Wheel truss structure (marked by the orange line on the image below).



### REMINDERS ABOUT OBSTACLE DISCIPLINE COMPETITION ORGANISATION

Considering the observations and feedbacks from the first national and international tournaments run by UIPM National Federations (NFs), organisers must take into account the following topics regarding competition safety:

i) Specifications presented in the UIPM Obstacle Competition Guidelines and the UIPM Obstacle Catalogue are addressed to U15 and older age category competitions.

ii) Item 2.2 d) of the UIPM Obstacle Catalogue (here) establishes the dimensions of two types of mattresses that are mandatory ground padding for the safety of the athletes. Thick mattresses must cover the entire surface under each obstacle and extend beyond the boundaries of the obstacle by at least 100cm on each side. Thin mattresses should be placed on the landing platforms to enable a softer landing.

iii) The vertical trusses should be padded with a 2 cm "thin" mattress to minimise the risk of injury due to athlete impact.

iv) Ropes must not be used on the finish wall to assist athletes to climb the obstacle (except in the cases described in article 3.8 iii) of the UIPM Obstacle Discipline Competition Guidelines).



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## PARIS 2024 OLYMPIC GAMES – AUTHORISED IDENTIFICATIONS GUIDELINES

The Paris 2024 Olympic Games Organising Committee has published sport-specific guidelines for all teams and officials to understand the rules around placement of identifications on athlete uniforms. This includes: Identification of the Manufacturer; Product Technology Identification; NOC Emblem and National Identity; and Homologation Marks. You can find the Modern Pentathlon guidelines, with specific reference to each discipline, by clicking this link.

