UIPM 2022 Laser Run World Championships
Lisbon, Portugal - 22 - 25 September 2022

INVITATION LETTER

Dear Friends,

The UIPM – Union Internationale de Pentathlon Moderne, together with the Portuguese Federation of Modern Pentathlon (FPPM), has the pleasure to invite a delegation of your National Federation to participate in the UIPM 2022 Laser Run World Championships (LRWCH) to be held in Lisbon, Portugal, from 22 to 25 September 2022 according to the following program:

<table>
<thead>
<tr>
<th>22 September</th>
<th>Arrival of Delegations</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 – 18:00</td>
<td>Accreditation LOC Office</td>
</tr>
<tr>
<td>15:00 -18:00</td>
<td>Training at Competition Venue</td>
</tr>
<tr>
<td>18:00</td>
<td>Technical Meeting for Women’s &amp; Men’s Individual Competitions</td>
</tr>
<tr>
<td>19:00</td>
<td>Welcome Drink Team Leaders</td>
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</tbody>
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<table>
<thead>
<tr>
<th>23 September</th>
<th>Women’s Individual</th>
</tr>
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<tbody>
<tr>
<td>9:00</td>
<td>Opening Ceremony</td>
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<tr>
<td>10:00</td>
<td>Laser Run Heats &amp; Awards Ceremonies</td>
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<table>
<thead>
<tr>
<th>24 September</th>
<th>Men’s Individual</th>
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<tbody>
<tr>
<td>9:00</td>
<td>Laser Run Heats &amp; Awards Ceremonies</td>
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<tr>
<td></td>
<td>Technical Meeting for Mixed Relay Competitions</td>
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<table>
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<tr>
<th>25 September</th>
<th>Mixed Relay</th>
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<tr>
<td>9:00</td>
<td>Laser Run Heats &amp; Award Ceremonies</td>
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<td>Closing Party - Music Festival</td>
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<table>
<thead>
<tr>
<th>26 September</th>
<th>Departure of Delegations</th>
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* There will be a dedicated warm-up area for shooting

**Competition Rules:**
The competition will be carried out according to the UIPM Competition Rules and Regulations and relevant guidelines:
- Running: Hard surface
- Shooting: 40+2 main shooting range with Hit & Miss targets (Ecoaims) and 24 warm-up range. Athletes may bring their own targets and use them for warm-up purposes if they would like to.
- Para athletes competition/categories please contact Radka from UIPM para@pentathlon.org for classification process until 30th of June 2022.
Notes:
1) There will be qualification rounds depending on the number of registered participants in each age category. If qualification rounds are required for any age category, there will be heats in the morning and then finals at the end of the day.
2) Categories and distances will follow UIPM rules:
   (https://www.uipmworld.org/sites/default/files/lr_guidelines_2022_final_1.pdf)
   (https://www.uipmworld.org/sites/default/files/uipm_parasport_regulations_v3_0.pdf)
3) Delegations can enter an unlimited number of athletes
4) The access to the competition will be strictly regulated by the accreditation system, including the access for coaches to the warmup zone. NFs can register in the Portal with only 1 coach for every 5 athletes (e.g. NF with 5 athletes = 1 coach accredited; NF with 6 athletes = 2 coaches accredited).

Accreditation Center
COMPETITION VENUE

Competition venue
PARQUE DAS NAÇÕES (East Lisbon)
Information and venue maps will be posted at the dedicated site:
http://www.fppm.pt/Laser-RunChampionships2022/

Competition clothing Laser Run:
Competitive apparel may be either one piece or two piece. It should be made of a material to allow for a “form fitting” appearance. No unreasonably loose clothing shall be allowed. The nationality of the athlete must be identified on the suit (Either name of the country in full or 3-letters country code).
Athletes participating in UIPM LR competitions and representing the same NF must wear the same style and colours of competitive apparel in order to clearly identify the country which they represent (exemption has been made for all athletes competing in U9, U11, U13 & U15 only).
The UIPM logo patch must be placed on the Laser Run apparel according to 2021 UIPM Uniform Guidelines. Non placing or wrongly placing the UIPM logo patch will be penalized by an addition of 10 seconds.

Accommodation
Lisbon has a multiple variety of accommodation that will fit your needs. All athletes and members of attending delegations are responsible for booking their own accommodations. Nevertheless LOC is able to assist you with special group packages for accommodation, please send an email to lr.wch.2022@gmail.com

Transport
Upon arrival at the airport, participants can travel by Metro or choose means of transport of their convenience. Competition Venue is very close only 3 metro stations away from the airport station (Station is Oriente – red line).
Financial conditions:
National Federations can register their Athletes for 2 different events: Individual (including Para athletes) and Mixed Relay.

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Laser Run Individual or Para Laser Run only</td>
<td>35 Euro per person</td>
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<tr>
<td>Laser Run Individual + Mixed Relay</td>
<td>60 Euro per person</td>
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</tbody>
</table>

Registration process should be completed by the National federation via the UIPM portal before 25 August 2022.
The UIPM NF Portal as well as the Open Division link will open ASAP.

Payment of the registrations must be made to UIPM before the competition. Teams have 2 choices:
- Pay directly in the UIPM NF Portal by credit card
- Pay to the UIPM by bank transfer (if you select that option, please get in touch with UIPM at development@pentathlon.org)

Athletes who are not registered by their National Federations will be able to register for the competition via a link that will be available on the UIPM website homepage. They will be able to compete with all the other athletes.

Deadlines
Delegations are kindly reminded that the UIPM Online registration system is mandatory. The online system will be open ASAP. All registrations must be done in the UIPM NF Portal by 25 August 2022. Any changes after this must be sent by email to the UIPM (development@pentathlon.org).

Deadlines are as follows:
- Participation Confirmation: 25 August 2022
- Closure of Registration: 25 August 2022
- Payment of the registrations to the UIPM: Before 15 September 2022

In case we do not receive complete information of your delegation prior to the closure of the registration system or we do not receive your delegation’s payment, then we will consider your delegation as non-participating.

Awards
Gold, Silver and Bronze medals will be given in each category and team event competition. Gold medalists in all age groups of the LRWCH and of both genders will receive the title “UIPM Laser Run World Champion” irrespective of having registered via NF portal or via web link.

Athletes Licenses
Athletes are only allowed to participate in UIPM sanctioned events if they are in possession of a valid UIPM Athletes License. Registration is not possible in the UIPM portal without a UIPM ID Number. If any athlete does not have an ID
number, their National Federation should add them using the NF area in UIPM portal.

**Insurance**
According to UIPM Rules all members of attending delegations should insure themselves in case of accidental injury and illness. The organizer will not accept any financial liability or loss, injury or illness occurred to any participant and or member of delegation.

**Liability**
The organizer and the official sponsor do not assume any liability for accidents, thefts or other incidents of any kind. Otherwise, the statutory provisions shall apply.

**COVID-19 information:**
UIPM together with the organizer will provide as regularly as possible update information concerning the process to enter Portugal.

**Data processing and using:**
(1) The personal data provided by the participant when registering will be stored and processed only to hold and process the event. This applies in particular to the data required for payment processing. By registering, the participant agrees to the storage of data for these purposes.
(2) By registering, the participant agrees that his or her surname, first name, year of birth, club and national association may be used for the start-lists and results and the photos, film footage and interviews made in connection with his participation in the event are disseminated and published nationally and internationally, in particular on the Internet, without any claim to remuneration.
(3) In the case of multiple registrations, the registrant declares that he/she has informed each of his/her registered athletes of paragraphs (1) and (2) and that he/she and his/her parents (in the case of minors) have agreed to these.

**Visas & vaccinations**
Visiting NFs should confirm visa and vaccination requirements for entry into Portugal prior to traveling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed.

**Laser Pistols:**
Firearms licenses are not a legal requirement when bringing Modern Pentathlon laser weapons into Portugal for competition purposes, because they are not covered by weapon law.
We have some rental laser pistols. If you like to reserve one, please contact the LOC.
General information:
- All athletes are kindly requested to wear their official national uniform at the competition.
- Please also bring a track/record of your anthem and a national flag (120 x 80 cm).
- Expected Weather conditions: 20-30°C in September
- Voltage: 230 V

Additional Laser Run sports activities
Open races will be available for different targets on a recreational and fun basis:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>23 September</td>
<td>18:30</td>
<td>NIGHT VIP LÆSER RUN</td>
<td>Parque das Nações</td>
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<tr>
<td></td>
<td>19:00</td>
<td>NIGHT 5K LÆSER RUN</td>
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</tr>
<tr>
<td>24 September</td>
<td>18:30</td>
<td>LASER RUN FAMILY FUN</td>
<td>Parque das Nações</td>
</tr>
<tr>
<td>25 September</td>
<td>11:00</td>
<td>KIDS LÆSER RUN</td>
<td>Parque das Nações</td>
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</tbody>
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Important Remark: Detailed timetable and further informations to be confirmed

LOC contact details:
Federação Portuguesa do Pentatlo Moderno
Address: Rua 15 de Agosto, 8B, 2500-801 Caldas da Rainha
Competition email: lr.wch.2022@gmail.com
Website UIPM 2022 Laser Run World Championships:
http://www.fppm.pt/Laser-RunChampionships2022/

International Federation contact details:
UIPM – Union Internationale de Pentathlon Moderne
Address: Stade Louis II, Entrée C, 19 av. Des Castelans, 98000 Monaco -Monaco
Tel/Fax: +377 9777 8555 | +377 9777 8550
Email: development@pentathlon.org
Website: http://www.uipmworld.org/

Please directly contact the LOC for inquiries or question you might have.

We look forward to seeing you in Lisbon for a fantastic 2022 Laser Run World Championships

Best regards,

UIPM President
Dr. h.c. Klaus Schormann

FPPM President
Dr. João Paulo P. Almeida