

Medical Committee meeting Minutes

Online, 4 February 2024 14:00 CET



Present: Dr. Natalja Ofitserova, BLR Chair of UIPM Medical Committee (NO)

Dr. Douglass Stull, USA MC member (DS)

Dr. Atanas Andreev, BUL MC member (AA)

Dr. Marco Michelucci, BRA MC member (MM)

Dr. Depang Bao, CHN MC member (DB)

Apologies: Dr. Mohammed Yahia, EGY MC member (MY)

UIPM Staff: Radka Zapletalova, Medical & Anti-Doping Manager (RZ)

Agenda:

- 1. Welcome Speech from the Committee Chairwomen, Dr Natalja Ofitserova**
- 2. Concussion management strategy , Dr.Ofitserova**
- 3. Approval of concussion management strategy**
- 4. Nutrition Guideline 2024 - Dr. Michelucci, Radka**
- 5. Approval of Nutrition Guideline modifications**
- 6. Injury report – discussion about needed modifications**
- 7. 2024 Season Assignments**
- 8. Any other business**

1. Welcome Speech from the Committee Chairwomen, Dr Natalja Ofitserova

NO has warmly welcomed all medical committee members and overviewed important events in season 2023. As one of persistent issues remains collection of reliable medical data and more effective solution should be identified . She identified also key elements to which Medical committee shall direct their attention to - education, close cooperation with LOCs and IOC medical teams in pre-games period and improvement of Injury&Health prevention program.

2. Concussion management strategy , Dr.Ofitserova

NO introduced the topic and it's importance given the increase of number of incidents . The joint effort of all committees and commissions is very important in path towards higher safety of our sports (such as riding licences programs etc) . She remembered all members the newest standards in concussion managements and recommended to replace SCAT5 by the newest SCAT6 in UIPM Medical rules and on competition field. She has recommended the immediate

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removal of all athletes with suspected concussion from field of play. Athlete health protection shall always prevail the other interests of the team.

RZ reminded the competition format for Paris 2024 and also raised the need to update the wording about removal from FOP.

DS supported the use SCAT 6 as worldwide used standard form. He also raised the importance of who will take the decision about removal of athletes and if this duty will rely on LOC Chief medical officer or Medical delegate and how strong will his position be.

AA raised the concern about fact MDs usually do not have medical licence in other country but their own.

MM has expressed same concern about the position of MD and her/his authority on the venue DS has returned to the practical aspects of the medical care on venue and role of medical delegate to support LOC in protecting athlete health. He suggested to provide in medical rules larger options to evaluate suspected concussion, not only SCAT6.

3. Approval of concussion management strategy

Committee has approved the general framework of concussion management. RZ will send the first draft of Concussion Guideline by 15 February 2024 to all commission members.

4. Nutrition Guideline 2024 - Dr. Michelucci, Radka

RZ has introduced to the medical committee the changes implemented to Nutrition Guideline. Main reasons to this change was the observation/calculation of energy expenditure in New Competition format and related needed calory intake. Previous 3000kcal/athlete is no longer sufficient and recommended intake should be 4500kcal/athlete. Committee recognize that energy consumption may be very individual but as the guideline is one of the tools that is used by LOCs for planning purpose, the medium value has been set.

New guideline shall also accent the need to take in consideration various nutrition approaches. AA has raised as a point to be discussed if the meal plan systems shall be implemented to guarantee the same nutrition level but committee concluded that even if there is potential benefit of this plans, the cultural difference and local market availability shall be taken in consideration and guideline shall remain general.

5. Approval of Nutrition Guideline modifications

All members voted in favour of the document in public voting.

6. Injury report – discussion about needed modifications

RZ has presented idea about Online Injury report – presented the tool and idea how it could work and be implemented on FOP. Deadline for delivery of functional form is 1st March 2024

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7. 2024 Season Assignments

MC has discussed the proposal of assignments in current circumstances and limits and all members confirmed their assignments by raising hands in vote.

8. AOB

None.

The Chair of the Medical Committee closed the meeting at 15:25 CET.