

Coaches Committee Meeting Minutes

Nice, 1 February 2025



Present: Paulius ALEKSANDRAVICIUS (LTU), Chair (PA)

Florence Dinichert (SUI), Member (FD)

Guillermo Fillipi (ARG), Member (GF)

Genadijus Sokolovas (USA), Member (GS)

Yasser Hefny (EGY), Member (YH)

Liu SHEN-HUNG (TPE), Member (LSH)

Apologies: Kaewruethai COLLINGS (NZL), Member

Zhongrong CAO (CHN), Member

UIPM Staff: Alexandre França, Operations Director (AF)

Cristobal Rodriguez, Events Operation Officer (CR)

Agenda

1. Welcome and Outlook (UIPM President)
2. Opening (CC Chairman)
3. Introduction of CC Members (All)
4. CC Chairman's Outlook for 2025
5. Presentation on Main MP Rule Changes for the Season (CC Coordinator)
6. Discussion on the Evolution of the training and performances of the Obstacle Discipline (All)
7. CCP and Instructors Group updates for the Olympic Cycle (Cristobal Rodriguez)
8. Open Forum for suggestions and proposals to the Committee (All)
9. Any Other Business

1. Welcome and Outlook (UIPM President)

The UIPM President addressed the committee, outlining the main goals for his term: prioritizing athletes, ensuring at least one obstacle course per active NF, establishing a commercial platform, and successfully delivering the LA28 Games. He was followed by the CC Chair, who presented the agenda for the committee meeting.

2. Opening (CC Chairman)

The Chair welcomed all members, expressing his satisfaction in being part of the committee and, as of the previous day, serving as its appointed Chair. He emphasized his commitment to a participative leadership approach, prioritizing the best interests of the sport, athletes, and coaches.

3. Introduction of CC Members (All)

CC Members introduced themselves, also sharing their vision for contributing to the committee.

4. CC Chairman's Outlook for 2025

PA proposed the following guidance for discussion as the committee's objectives for the quadrennial. He emphasized the importance of active contribution and participation from all members. The refined version of these goals is presented in Section 8 of the minutes:

- a. Oversee and support the implementation of the new rules approved by the 2024 Congress.
- b. Assist in updating and advancing educational initiatives.
- c. Facilitate opportunities for coaches and athletes from developing countries to train at reference centers worldwide.

5. Presentation on Main MP Rule Changes for the Season (CC Coordinator)

AF presented the main changes recently approved by the Congress, with a particular focus on Obstacle and Fencing. The objective was to provide CC Members with a detailed explanation of these changes and gather feedback to identify any necessary clarifications for the Technical Newsletter, which will be sent to the NFs the week following the Joint Meeting.

6. Discussion on the Evolution of the training and performances of the Obstacle Discipline (All)

A lengthy discussion took place regarding the new challenges coaches are facing, particularly focusing on:

- The adaptation of senior athletes to a new discipline.

- Emerging trends in planning and periodization due to changes in workload.
- Injury prevention and management.
- The future evolution of the Modern Pentathlon points table.
- The impact of Obstacle and Fencing Direct Elimination on the overall balance of the sport.

7. CCP and Instructors Group updates for the Olympic Cycle (Cristobal Rodriguez)

CR presented the foundation of the revamped CCP, set to launch in April. The updated program includes a comprehensive review of key topics and competencies required by modern coaches, along with the introduction of more interactive and user-friendly teaching materials. In March, the new educational content will be shared with CC Members for feedback and suggestions. Additionally, the CCP calendar for 2025 was presented, along with updates on the instructor group, emphasizing that it is composed exclusively of CCP-certified coaches.

8. Open Forum for suggestions and proposals to the Committee (All)

After several rounds of discussion, the main goals and proposed action plans were outlined in the meeting as follows:

MAIN GOALS 2025-2028

1. Support the implementation of the new rules (information and education for coaches).
2. Support the Technical Committee together with the Athletes Committee with suggestions related to potential rules adjustments and clarifications (if needed) for TNL and to be to the EB for the 2026 Congress.
3. Update and support the Coaches Certification Program (CCP) Level 1-2-3-4.
4. Develop and implement more educational opportunities for coaches (updated Coach book, Podcasts for Coaches, online practices for pentathlon disciplines).
5. Identify training centers for athletes and coaches from developing countries to provide the best training opportunities in a theoretical and practical way.

Topic	Suggested Timeline
Drawing for Obstacle discipline for semi-final & final should be done immediately after the last qualification heat.	Technical Committee to check the possibility
For competition: Starting number printed with athletes surname in the TM (optimizing time in transitions).	Technical Committee to check the possibility

Training centers for development countries in Hubs in different continents. International coach at the host country (in collaboration with the Athletes committee and UIPM Development department).	Draft project to be submitted to UIPM: Q2/2025
Updated Coach book, CCP update, online practises	Already ongoing
Podcasts for coaches	Draft project to be submitted to UIPM: Q1/2025

Additionally, further suggestions were collected for further evaluation:

- Expanding the number of competitions (e.g., Category B events) that contribute to the World Cup standings, allowing more opportunities for qualification to the World Cup Final.
- Collaborating with the Athletes' Committee to develop a survey assessing athlete and coach adaptation to the recent changes, to be distributed during the World Cup in Cairo.
- Enhancing the visibility of Instructor Group members by publishing their names, photos, and short biographies alongside their credentials.

9. Any Other Business

Next CC Meeting to be held online the week after the WC Cairo.