

Medical Committee meeting Minutes

Nice, 1st February 2025 9:00-18:00 CET



Present: Dr. Douglass Stull, USA Chair of UIPM Medical Committee (DS)
Dr Bassel Jamil, SYR MC member (BJ)
Dr. Moussa Nassif, EGY MC member (MN)
Dr. Marco Michellucci, BRA MC member (MM)
Dr. Stephanie Cook, GBR MC member (SC)

Special guest: Ian Andamson, AUS World Obstacle President

Apologies: Dr. Depang Bao, CHN MC member (DB)

UIPM Staff: Radka Zapletalova, Medical & Anti-Doping Manager (RZ)

Agenda:

1. **Welcom Welcome Speech from the Committee Chair, Dr Doug Stull**
Introduction of committee members
The role of the UIPM Medical Delegate at competitions
Technical Delegate/Medical Delegate collaboration
2. **Obstacle discipline**
 - a. **Modifications of the rules**
 - b. **Introducing new obstacles , differences between categories**
 - c. **Safety measures in place**
 - d. **Open discussion**
3. **Injury prevention**
 - a. **Methods**
 - b. **How to strengthen the communication between MC and Athletes/coaches**
 - c. **Injury reports**
4. **UIPM Masters Health protection**
5. **Anti-Doping Overview 2024**
6. **Anti-Doping Strategy 2025**
 - a. **Tested events**
 - b. **Test distribution plan - Overall+ Events**
 - c. **RUS + BLR**
7. **Anti-Doping Education**
 - a. **WADA ADEL**
 - b. **On site seminars (needed or not ?)**
 - c. **UIPM Anti-Doping Podcasts**
8. **2025 Season Assignements (10min)**
9. **Any other business**

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The Chair of the Medical Committee closed the meeting at 17:05 CET.