MIXED RELAY

UIPM
WORLD PENTATHLON
AN OLYMPIC SPORT SINCE 1912
Dear friends,

The year 2018 marks the 70th anniversary of UIPM, which was founded in Sandhurst (GBR) during the 1948 Olympic Summer Games in London.

As we celebrate and reflect on 70 years of heritage and innovation, we are proud to demonstrate how far our sporting movement has progressed – and that is the aim of this brochure.

We invite you to discover more about the Pentathlon Stadium, our latest innovation which was introduced at the UIPM 2018 Pentathlon World Championships in Mexico City and will now become part of the Olympic Games for the first time in Tokyo in 2020.

You can also find out more about our Mixed Relay, which is growing in popularity every year and we hope to be included in the Olympic Games programme for Paris 2024.

More and more people are participating in UIPM Sports around the world thanks to our development programme, and more and more people are following our athletes on television and digital channels.

In everything we do, our global community of volunteers and professionals work hard to preserve the legacy of the founder of Modern Pentathlon, Baron Pierre de Coubertin, and promote the Olympic values.

I hope you find this brochure informative and inspiring.

Dr Klaus Schormann
UIPM President
**INTRODUCTION**

The Union Internationale de Pentathlon Moderne is the world governing body of the Olympic sport of Modern Pentathlon and 5 other multi-discipline sports – Tetraathlon, Triathle, Biathle, World Schools Biathlon and Laser Run. The UIPM has 119 National Federation members.

Over 100 years of history
One of 25 core Olympic sports, since 1912

In 1948, Tor Wibom was elected the first UIPM President, in Sandhurst, GBR

The Headquarters for the UIPM are located in the Principality of Monaco. The office has been in Monaco since 11 July 1997 and managed by Secretary General, Mrs. Shiny Fang.

**Vision**

To create a global environment that enables people of all ages, genders and religions from all countries to participate in multidisciplinary sport, testing their bodies and minds to the limit and aspiring to compete at the Olympic Games, Paralympic Games or whatever competition represents the pinnacle of their ability.

**Mission**

To preserve and build on the legacy of Baron Pierre de Coubertin, who founded the Modern Olympic Games and then created a sport especially for the Games that he hoped would represent the apex of athletic achievement. To protect, promote and develop Modern Pentathlon, a core sport of the Summer Olympic Games since Stockholm 1912 around the world!

---

**MODERN PENTATHLON - OLYMPIC SPORT SINCE 1912**

**Swimming**

The swimming event is a 200m freestyle race. The heats are seeded with the fastest swimmers competing in the final heat. A time of 2:30 is worth 250 pentathlon points and every half a second faster or slower than this time is worth a plus or minus score of one point.

**Fencing**

In 2015 UIPM has officially introduced a new, dynamic element to the discipline based on two rounds format. In the Ranking round the athlete competes against every other athlete in the field with series of one-touch bouts. Fast, unpredictable and unrelenting with a single touch deciding each match. An athlete who wins 25 of their 35 bouts will get 250 pentathlon points. In the final round, the Bonus Round, the competition is carried out in reverse order with athlete competing against the ranked next and the winner will play the next best-ranked pentathlete. The bout winner receives one bonus point for each bout they win.

**Riding**

In the riding event, athletes have to complete a show jumping course that is between 350 and 400 meters including 12 obstacles and 15 jumps, in a set time. The horses are assigned randomly and each athlete only has 20 minutes and five practice jumps to get to know the horse in the warm-up ring, before coming out to compete.

A clear round within the time allowed is worth 300 pentathlon points. Competitors lose 7 points for each jump they knock down, and 10 points for a refusal to jump or a fall, which is equivalent to a 10-second handicap in the final Laser-Run. They also lose one point for each second they are over the allowed time. It is mandatory to cross the finish line otherwise the rider will be eliminated with zero points for the riding.

**Laser Run**

For the climax of the competition, athletes run a total distance of 4x800m, stopping to shoot and hit the target five times from 10 meters distance before each 800m leg – this is repeated four times. Athletes can start running the next 800m leg once they have hit the target five times. If they still have not hit the target five times after 50 seconds, they are allowed to continue, but any hopes of a medal will have gone. The competitor who has amassed the most points in the first three events starts the Laser-Run first, with the rest of the field facing a one second handicap for each pentathlon point by which they trail the leader. This ensures that the first person to cross the finish line wins the Gold medal. The terminology of this discipline was changed from Combined Event to Laser-Run in 2016.

**Sports Values**

- **TOUGH**
- **INNOVATIVE**
- **CHALLENGING**
- **HEROIC**
- **COMPETITIVE**
- **THRILLING**
- **COMPLETE**
- **ELITE**
PENTATHLON STADIUM
5 DISCIPLINES – 1 SPORT

With our new innovative schedule you can watch all five modern pentathlon sports in five hours, making it a great live spectator and television experience. The new concept for Modern Pentathlon is the Pentathlon Stadium.

All 5 sports are held in one stadium, so a spectator can watch all the energy-filled action from one seat.

#1 SWIMMING
#2 FENCING BONUS ROUND
#3 RIDING
#4/5 LASER-RUN (SHOOTING/RUNNING)

UIPM in numbers

138 nations presented
500 annual national and international competitions
100+ UIPM annual events
136% increase in broadcast hours
195% increase in live broadcasters
UIPM online

+14 MILLION impressions on UIPM Facebook page
+5 MILLION page views on UIPMworld.org
240% increase in social media and website engagements in 2018

Mixed Relay

Same athletes that compete in the individual events at Olympic Games
In the Youth Olympic Games (2010, 2014, 2018)
In all UIPM events since 2010
Agenda 2020 compliant

Mixed Relay benefits

No extra resources required
Creating the gladiators of sport
One more day ticketing

UIPM annual events

UIPM in numbers

138 nations presented
500 annual national and international competitions
100+ UIPM annual events
136% increase in broadcast hours
195% increase in live broadcasters
UIPM online

+14 MILLION impressions on UIPM Facebook page
+5 MILLION page views on UIPMworld.org
240% increase in social media and website engagements in 2018

Mixed Relay

Same athletes that compete in the individual events at Olympic Games
In the Youth Olympic Games (2010, 2014, 2018)
In all UIPM events since 2010
Agenda 2020 compliant

Mixed Relay benefits

No extra resources required
Creating the gladiators of sport
One more day ticketing
UIPM INNOVATION AND PATHWAY

1912
STOCKHOLM (SWE): FIRST TIME IN THE OLYMPIC GAMES

1948
LONDON (GBR): UIPM IS BORN

1981
THE FIRST WOMEN’S WORLD CHAMPIONSHIPS TOOK PLACE

1989
MEN’S RELAY IS INTRODUCED

1991
WOMEN’S RELAY IS INTRODUCED

1992
ONE-DAY FORMAT INTRODUCED AT UIPM WORLD CHAMPIONSHIPS IN DARMSTADT (GER)

1993
AIR PISTOLS ARE INTRODUCED

1994
ATLANTA (USA): FIRST TIME ALL 5 DISCIPLINES IN ONE DAY

1996
SYDNEY (AUS): FIRST TIME WOMEN’S COMPETITION AT THE OLYMPIC GAMES

2000
BEIJING (CHN): FULL STADIUM WITH 40,000 SPECTATORS ON BOTH FINAL DAYS AT THE OLYMPIC GAMES

2008
BEIJING (CHN): FULL STADIUM WITH 40,000 SPECTATORS ON BOTH FINAL DAYS AT THE OLYMPIC GAMES

2009
INTRODUCTION OF SHOOTING AND RUNNING COMBINED: MEN’S RELAY AT THE OLYMPIC GAMES IN LONDON (GBR) DURING SENIOR WORLD CHAMPIONSHIPS

2010
FIRST MIXED RELAY AT THE YOUTH OLYMPIC GAMES IN SINGAPORE

2011
MIXED RELAY IN ALL UIPM MAJOR COMPETITIONS

2012
LONDON (GBR): FIRST TIME, COMBINED SHOOTING AND RUNNING IN OLYMPIC GAMES

2013
DISTRIBUTION OF LASER SHOOTING EQUIPMENT TO MORE THAN 65 COUNTRIES TO DEVELOP THE SPORT

2014
SECOND YOUTH OLYMPIC GAMES IN NANNING, CHINESE RACE FOOTBALL, LASER SOURCING, MAKING THE SPORT MORE ATTRACTIVE TO SPECTATORS AND BROADCASTERS

2015
FIRST LASER-RUN WORLD CHAMPIONSHIPS: CONSISTING OF LASER SHOOTING AND RUNNING, THE FASTEST SIMULATION OF THE SPORT Designed TO Attract More Athletes An Entry Point To Modern Pentathlon

2016
ALL IN ONE: THE INTEGRATION OF THE FIVE SPORTS IN ONE OLYMPIC GAME

2018
NEW VISUAL IDENTITY LAUNCHED: BRAND-NEW UIPM EDUCATIONAL PLATFORM AND E-LEARNING FOR COACHES AND JUDGES

2020
TOKYO (JPN): ALL FIVE DISCIPLINES WILL BE CONTESTED IN ONE STADIUM IN OLYMPIC GAMES
UIPM Sports Pyramid

**Elite**

- **Olympic Games**
  - 4-year cycle

- **World Championships**
  - Annual
  - (Senior, Junior, Under 19, Laser Run, Biathle/Triathle, CISM Military)

- **World Cup series**
  - Annual
  - (I, II, III, IV and Final)

- **Champion of Champions**

- **Other international competitions**
  - Continental Championships, Asian Games, Pan African Games, Military Games
  - Annual

**Development**

- **Laser Run City Tour**
  - 100 events worldwide in 2018

- **Biathle/Triathle National Tour**

- **World Schools Biathlon**

- **University Tetrathlon Competitions**

- **Masters Pentathlon Competitions**

- **UIPM Para-Sports**
**COMMUNICATIONS IN NUMBERS**

**GLOBAL FOOTPRINT 2018**

- **138** nations represented globally
- **5 continents** competitions are held all over the world
- **12** major international events
- **300%** total social fan growth
- **+54** new TV territories reached
- **+1000** potential viewers of our competition highlights
- **1 million +** video views
- **+200,000** press-release recipients
- **100** UIPM annual events

---

**UIPM DIGITAL ECOSYSTEM**

**PENTATHLON.ORG**

The official website is the home of the UIPM world, providing all sports news and information. During competitions it provides coverage through latest news, live results and live streaming.

Subscribe to the UIPM Press mailing list to receive latest news and the monthly Newsletter.

Go to pentathlon.org and find the Subscribe section and enter your email address.

**UIPM TV**

The new UIPM TV digital platform brings to spectators and fans an innovative experience of watching sport in a dynamic live and interactive environment, replicating the TV experience over the Internet to any device.

On this dedicated platform, not only can Modern Pentathlon fans enjoy a high-quality live streaming experience - UIPM TV goes a step further and lets viewers have fun while they watch the event by engaging with Facebook and Twitter.

**SOCIAL MEDIA**

There is so much that happens every day in the UIPM world and our online platforms are the place to find the social posts, photos and videos. Experience all the unique content during and outside competition time and the energy of UIPM social media.

**NEWS EDIT**

On the night of each final, a four-minute digital package is available comprising footage and interviews.

**POST-EVENT HIGHLIGHTS**

- Official one-hour highlights programme
- Key moments from the competition week
- Delivered in digital format
- International soundtrack
- English commentary and script
- Available ten days after each event

---

**UIPM OFFICIAL | СОВРЕМЕННОЕ ПЯТИБОРЬЕ**

[@TheUIPM](https://twitter.com/TheUIPM)
[@TheUIPM](https://facebook.com/TheUIPM)
[@UIPM TV](https://facebook.com/UIPM.TV)
[@UIPM TV](https://facebook.com/UIPM.TV)
[@UIPM TV](https://facebook.com/UIPM.TV)
THE MOST IMPORTANT THING IN THE OLYMPIC GAMES IS NOT WINNING BUT TAKING PART; THE ESSENTIAL THING IN LIFE IS NOT CONQUERING BUT FIGHTING WELL.

BARON PIERRE DE COUBERTIN
UNION INTERNATIONALE DE PENTATHLON MODERNE
Stade Louis II – Entrée E
13 avenue des Castelans
MC-98000 Monaco

SOCIAL MEDIA
/theUIPM /theUIPM /uipmtv /theuipm
/vivamodernpentathlon @国际现代五项联盟