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## INTRODUCTION

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Dear Delegates,

Dear Members of UIPM,

During some of the most testing years in recent living memory, it gives me so much pleasure to begin by noting that in spite of all of the unprecedented challenges of these times, our Union gathers again in a time of growth. Through new member federations and through a lot of sport activities linked to our international and national competitions, we are proud that we can today count to 130 member federations around the world.

Across the whole world there is not a corner that hasn’t been deeply affectedly the COVID-19 pandemic that took hold of our lives in March 2020. Still today we have not fully solved the most impactful health emergency of our time, but through the brilliant work of scientists and medical professionals we have witnessed the successful worldwide vaccination program which has ensured that the light of the horizon can now be gradually seen.

The pandemic has put so much on pause. The Tokyo 2020 Olympic Games, UIPM competitions, World Championships, Continental Championships, meetings and also UIPM Congress have been postponed to this year, 2021.

With facilities closed and governments restrictions in place our athletes could sometimes not even train. The pandemic blocked most of our social life and had huge effects on education in schools and universities. Global business suffered and only recovers slowly.

I am so thankful to all of you, that you never gave up in your determination to find moments and possibilities of support for our athletes. It was, for many of my colleagues and of course also for me, a great feeling when we saw our athletes in Modern Pentathlon and in all our non-Olympic sports competing again. We could see how much they enjoyed to be back on the field of play. The coaches and officials assisted the athletes with all their knowledge and best support.

My overriding observation during the year 2021 is that the Modern Pentathlon Family stands in strong solidarity, united and together. That’s how we overcome difficult situations and learn how to build a secured future in the Olympic movement.

Another thing the pandemic brought into sharp focus was the importance of harnessing social media and the in-
ternet as a new and permanent tool to ensure existing communities stay connected and new audiences are reached. At UIPM, we present all our new information through social media, using Twitter, Facebook and Instagram as well as on our own website. It has never been easier to follow our sport. Besides the live TV coverage for our flagship World Cup Final and World Championships events, we are also streaming our WCs on our UIPM TV Channel and on YouTube, including the streaming for BTWCH which started in 2021 and LRWCH, starting 2022.

Nevertheless, we are also using print materials as we find a balance to new and old-fashioned promotion. Our Newsletter, which is published every month since 1993, includes a rundown of the most important activities in our Olympic Format Modern Pentathlon and also in our non-Olympic sports like Biathle, Triathle, Tetrathlon and Laser Run. All updates of our governance and political activities can also be followed monthly as well.

This Pentathlon Newsletter is a platform for global information about the activities of UIPM member federations and all bodies of UIPM. The yearbook, which we have published over the last decade presents to you and the international sports world the highlights of our athletes and the actions of the whole UIPM family.

The environment and how we are taking care of our planet is more important than ever. It is important that we take care of it by using already existing sport facilities when possible. It is important to protect the planet where we are living, so we have to recycle the products and use them again. Not to destroy more nature, to use sustainable equipment and save natural resources as much as possible.

Based on a strong solidarity and very close cooperation inside the Executive Board and all the committees, commissions and working groups of UIPM, consistently productive steps have been taken to ensure that you, our member federations, are always served. As a union we have to stay together and maintain solidarity to all bodies. Together we can achieve twice as much as alone. UIPM always orientates on the IOC vision — “faster, higher, stronger, together”.

Good governance is the base for a secured and stable future. I am happy and proud to let you know that the relationship between the International Organizations (ASOIF, CISM, FISU, GAISF, IPC and IOC) where we are members is very close and in great standing. The team of UIPM Headquarters are confident will appeal to all generations.

We stay in very close communication with IOC President Dr. Thomas Bach, its Executive Board, the Sport Department and the Program Commission of IOC. With the Olympic Broadcast Service (OBS) and other bodies of IOC, we continue to look forward to achieving together the best conditions for our athletes and our Member Federations.

“Change or be changed” has, for some time now, been the slogan of IOC President Dr. Thomas Bach. This we — as UIPM — are following permanently. We do so to ensure we are a strong partner in the Olympic Movement. But we do so for our sport too. Our innovation commission is constantly focused on the future presentation of Modern Pentathlon and, in its efforts, follows strictly the message from the IOC to ensure a compelling spectacle for younger generations.

We are looking forward to developing our sport in a way that makes it easier to access it and crucially to join in our multi-discipline sports, no matter where you are in the world. Linked to our recent experiences at the Olympic Games in Tokyo, we are also looking closely at changing the riding discipline to another one in order to be more innovative and futuristic.

We are only strong together. And together our focus must continue to be preparing the best resources for our athletes in all parts of our UIPM pyramid, plus all different Games where we are included such as Olympic Games, Asian, European, South American, PanAm, and CISM Games, and FISU World Championships.

As UIPM President my clearest message to you all is this: “Only as a team in openminded debates will we find the best solutions to create, prepare and present Modern Pentathlon with all relevant UIPM multi-discipline sports for the future Olympiads and the coming years.”

We are on our way to Paris 2024 with our New Format, including all five disciplines in one stadium like at the recent Tokyo Games but with a format which will be done within two hours, with a compelling elimination system. This new format creates more excitement and fascination for spectators and audience. Giving our Modern Pentathletes the opportunity to demonstrate their complete skills to the whole world by completing five disciplines within 120 minutes provides the kind of engaging action that we are confident will appeal to all generations.

UIPM President
Dr. h.c. Klaus Schormann

UIPM President
Dr. h.c. Klaus Schormann
President’s Activities
President’s Activities

2017

1 — Left to Right Miguel Santana, President & CEO LA County Fair AssociationFairplex, Dr. Klaus Schormann, UIPM President, Casey Wassermann, Chairman Los Angeles Bid 2024

2 — Left to Right UIPM Secretary General Shiny Fang, IOC President Dr. Thomas Bach, IOC Patron HM King Constantine and UIPM President Dr. Klaus Schormann

3 — Crown Prince Frederik of Denmark, WADA President Craig Reede and UIPM President

4 — Dr. Klaus Schormann with the children from the Hangzhou Primary School

5 — Dr. Schormann with Shiny Fang and Members of the UIPM Medical Committee

6 — Horacio de la Vega Flores, Dr. Klaus Schormann, Shiny Fang during SportAccord

7 — Left to right UIPM Competitions Manager Philipp Waefler, Event Director Ali Al Rumaini, UIPM President Dr. Klaus Schormann, President of the Equestrian and Modern Pentathlon Federation Al Attiyah Hamad Abdulrah

8 — New members of the UIPM Technical Committee

9 — PASO President and IOC Member Neven Ilic with Dr. Klaus Schormann, FINA President and IOC Member Julio César Maglione and PASO Secretary General Ivar Sisniega

10 — Professor Dr. Norbert Müller, CIPC President, with UIPM President Dr. Klaus Schormann

11 — The UIPM President receives a special gift from the UIPM training school in China

12 — UIPM President Dr. Klaus Schormann with the Chinese Sports Minister Gou Zhongwen

13 — Women Leadership Forum, (left to right) Dr. Natalja Ofitserova, Tatiana Ardashieva and Dr. Klaus Schormann
President’s Activities

2018

1 — Left to right: Gen Charalambos Lottas, Sheikh Ahmad Al-Fahad Al-Sabah, Dr. Klaus Schormann, Jun Woongtae and Anastasiya Prokopenko blow out the candles

2 — A #High5 at the 2018 Asian Games

3 — Dr. Klaus Schormann during a meeting with Tokyo 2020 officials (left to right): Mr. Koji Murofushi, Executive Director of Sports Bureau Tokyo 2020, Dr. Klaus Schormann, UIPM President, Mr. Yukihiko Nunomura, COO/ Vice Director General Tokyo 2020, Mrs Ayako Oshima, Modern Pentathlon team member of Sports Bureau Tokyo 2020, Mr Noriyuki Nakamura, Sports Manager Modern Pentathlon Tokyo 2020, Mr. Masao Hijiwata, Deputy Executive Director of Sports Bureau Tokyo 2020

4 — Dr. Klaus Schormann with (left) Bulgarian Minister for Youth and Sport Krasen Kalev and (right) BMPF President Andrey Kuzmanov

5 — Dr. Schormann had a workshop with the IAAF President, Lord Sebastian Coe

6 — Dr. Schormann with Sangwoo Park (KOR), President of the Asian Confederation

7 — GAISF President Patrick Baumann (left) with UIPM President Dr. Klaus Schormann, Honorary President and IOC Member Prince Albert II of Monaco and Secretary General Shiny Fang during the IOC Session

8 — Group picture with UIPM representatives at the 2018 Congress in Limassol (CYP)

9 — Horacio de la Vega (second left) and Juan Manzo (centre) are presented with their Pierre de Coubertin Medals on Pentathlon Day in Mexico City (MEX)

10 — IOC President Dr. Thomas Bach greets Buenos Aires 2018 Athlete Role Models Yane Marques (BRA) and Charles Fernandez (GUA)

11 — IOC President Dr. Thomas Bach greets Buenos Aires 2018 Athlete Role Models Yane Marques (BRA) and Charles Fernandez (GUA)
President’s Activities

12 — IOC President Dr. Thomas Bach is flanked by UIPM Secretary General Shiny Fang and President Dr. Klaus Schormann at Buenos Aires during the 2018 Youth Olympic Games

13 — Members of the UIPM Executive Board gather in Astana (KAZ)

14 — Men’s Individual podium at the UIPM 2018 Pentathlon Junior World Championships in Kladno (CZE)

15 — Mixed Relay podium UIPM 2018 Pentathlon World Cup Sofia (BUL)

16 — President Dr. Schormann met with the UIPM Athletes Commission to discuss close cooperation

17 — President Dr. Schormann plants a tree at the school in Jakarta (INA) to maintain the UIPM tradition

18 — President Dr. Schormann with (from left to right) Vice Admiral Prayoot Putian, Admiral Suth-eepong Kaewtab, Rear Admiral Pinyo Tolieng and Mrs Natthiya Kaewtab

19 — The UIPM President and Namdev Shirgaonkar (far right) attend a reception at Korea House with IOC Athlete Commission Members

20 — The UIPM President joins the Russian delegation in the UIPM Masters World Championships arena

21 — Together at the IOC Session, (left to right) Ivar Sisniega (PASO Secretary General), Joel Bouzou (UIPM Vice-President), Dr. Klaus Schormann (UIPM President), Juan Antonio Samaranch (IOC Vice-President), HSH Prince Albert II (IOC Member) and Shiny Fang (UIPM Secretary General)

22 — UIPM President Dr. Klaus Schormann and Secretary General Shiny Fang at the 1st Olympism in Action forum in Buenos Aires (ARG)

23 — UIPM President Dr. Klaus Schormann and Secretary General Shiny Fang with members of the UIPM Executive Board in Limassol (CYP)

24 — UIPM President Dr. Klaus Schormann speaks in front of the Mixed Relay podium during the UIPM 2018 Pentathlon World Cup Final in Astana (KAZ)
President’s Activities

2019

1 — Dr. Klaus Schormann with Dr. Thomas Bach, President of the International Olympic Committee, during their meeting at IOC Headquarters in Lausanne (SUI)

2 — Dr. Schormann (left) with International Luge Federation (FIL) President Sepp Fendt and Federal President of Germany Frank-Walter Steinmeier

3 — Dr. Schormann helps to plant a commemorative tree in Manilla (PHI) during the 30th SEA Games

4 — Dr. Schormann on the stage in Istanbul (TUR) with Caroline N Koc, Ilke Ozyuksel, Kirsty Coventry and Dr. Ugur Erdener

5 — Dr. Schormann with Rector Lev Belousov from the Russian International Olympic University

6 — From left Jorge Salas, Ivar Sisniega and Dr. Klaus Schormann join fellow VIPs to watch the Pentathlon competition at the 2019 Pan American Games and Tokyo 2020 Olympic Qualifier in Lima (PER)

7 — IOC President Dr. Thomas Bach (2nd left, standing) attends the dinner along with his wife Claudia, sitting beside John Coates’ wife Orieta (left) and Francesco Ricci Bitti’s wife Jela (right)

8 — IOC Sports Director Kit McConnell (far left) and UIPM President Dr. Klaus Schormann (far right) join some of the top performers at the finish line at the 2019 World Urban Games in Budapest (HUN)

9 — Japanese Olympic Committee President Tsunekazu Takeda (centre) joins UIPM office-bearers, national federation leaders and sponsors on June 30 in Tokyo at the UIPM 2019 Pentathlon World Cup Final

10 — Members of the UIPM Executive Board gather for a photograph during their two-day meeting in Budapest (HUN)
President’s Activities

11 — Men’s team podium at the 2019 Pentathlon Junior World Championships in Drzonkow (POL)

12 — Mixed relay Podium at the UIPM 2019 Pentathlon World Championships in Budapest (HUN)

13 — Mr Samaranch, HSH Prince Albert II of Monaco and Dr. Schormann during their meeting with HEM János Áder President of Republic of Hungary

14 — Mr Samaranch, HSH Prince Albert II of Monaco, Alexandra de Navacelle de Coubertin and the UIPM President at the 2019 Awards and Gala Dinner 2019 in Budapest

15 — President Dr. Schormann addresses the Xiamen 2020 UIPM Pentathlon and Laser Run World Championships press conference in Beijing (CHN)

16 — President Dr. Schormann, Secretary General Shiny Fang and Operations Director Alexandre Franca (far right) with colleagues from the Paris 2024 Olympic Games Organising Committee

17 — Representatives from the UIPM Athletes Committee, Coaches Committee and Technical Committee gather in Frankfurt (GER) for the joint meeting

18 — The attendant dignitaries gather on the stage after the presentation of three Pierre de Coubertin Medals in Budapest (HUN)

19 — The UIPM President and Hellenic Olympic Committee President Spyros Capralos at the HOC Headquarters in Athens

20 — The UIPM President and Secretary General meet CISM President Col Herve Piccirillo and Executive Board Member Maj Gen Frances Allen (left)

21 — The UIPM President with Alexandra de Navacelle de Coubertin at the IOC Commission meeting

22 — UIPM President Dr. Klaus Schormann and Executive Board Member Janusz Peciak inspect the oak tree planted in Drzonkow (POL) in 2012

Continued on next page
President’s Activities

23 — UIPM President Dr. Klaus Schormann has issued his 2019 new year’s address

24 — UIPM President Dr. Klaus Schormann is personally greeted by Hungary’s President, HEM János Áder

25 — UIPM President Dr. Klaus Schormann receives a lifetime achievement award from Australian Olympic Committee President John Coates (centre)

26 — UIPM President Dr. Klaus Schormann with (centre) Prof Dr. Ashraf Sobhy, Egypt’s Minister for Youth and Sports, and (right) EFMP President Sharif Elerian

27 — UIPM President Dr. Schormann and Secretary General Mrs Fang officially launch the 500-day countdown to Xiamen 2020

28 — UIPM President Dr. Schormann with Interim Assistant Lena Nussbaumer (left) and Pagona Sonndag

29 — World champion Valentin Belaud (FRA) is crowned in Budapest (HUN) from UIPM Honorary President HSH Prince Albert II of Monaco
President’s Activities

2020

1 — Dr. Schormann with International Biathlon Union President Olle Dahlin, centre, and Greece NOC President and IOC Member Spyros Capralos

2 — The UIPM Honorary President and UIPM President enjoy a private conversation at the end of their conference in the new UIPM Headquarters office

3 — UIPM Honorary President HSH Prince Albert II of Monaco officially opens the new UIPM Headquarters with President Dr. Klaus Schormann

4 — UIPM President Dr. Klaus Schormann arranged a virtual meeting of the UIPM Business Affairs Committee to discuss current affairs and future opportunities

5 — UIPM President Dr. Klaus Schormann at FIBA headquarters in Lausanne (SUI) with Secretary General Andreas Zagklis

6 — UIPM President Dr. Klaus Schormann chairs the Executive Board meeting from his Presidential office

7 — UIPM President Dr. Klaus Schormann present a trophy to Arab Academy President Prof Ismail Abdel Ghafar

8 — UIPM President Dr. Klaus Schormann with Absolute Fencing Gear CEO Gary Lu, whose company has signed up to provide Fencing equipment and apparel throughout the Paris 2024 Olympic cycle

9 — UIPM President Dr. Klaus Schormann with Pierre Portman, CEO of RAM Swiss Watches
President’s Activities

2021

1 — Dr. Schormann and Mrs Fang with Didier Seminet (Secretary General, NOC France), Axelle Guiguet (Sport Director, French Volleyball Federation) and Brigitte Henriques, the new President of the NOC France

2 — Dr. Schormann and Secretary General Shiny Fang pictured at Tokyo Stadium with a group of Modern Pentathlon staff and officials

3 — Dr. Schormann with his old friend Masato Mizuno (CEO, Mizuno)

4 — Dr. Schormann with IHF President Dr. Hassan Moustafa during handball Match Norway vs. Germany

5 — Dr. Schormann with Theodora Palli, Hellenic Modern Pentathlon Federation President and former Government Minister Fani Palli-Petralia in Athens (GRE)

6 — Egypt Sports Minister Dr. Ashraf Sobhy (wearing) and officials greet WADA President Witold Banka (third from left) and UIPM President Dr. Klaus Schormann

7 — Innovation Group at UIPM HQ in Monaco

8 — IOC President Dr. Thomas Bach and UIPM President Dr. Klaus Schormann (centre) with office-bearers and staff at IOC Headquarters in Lausanne (SUI)

9 — Innovation Meeting at UIPM HQ in Monaco

10 — IOC President Dr. Thomas Bach with UIPM President Dr. Klaus Schormann at the first-ever all-in-one Modern Pentathlon Olympic Games competition venue
11 — Left to right Presidents Krisztian Kulcsar (Hungarian NOC), Dr. Klaus Schormann (UIPM) and Dr. Gyula Bretz (HMPA) meet in Budapest (HUN)

12 — Members of the UIPM Executive Board photographed inside Musashino Forest Sport Plaza, venue for the Fencing Ranking Round at Tokyo 2020

13 — President Dr. Schormann with Tamayo Marukawa, Minister of the Tokyo Olympic and Paralympic Games, Minister of State of Gender Equality and Minister in Charge of Women’s Empowerment and Katsumi Yamazaki (President of Modern Pentathlon Federation of Japan)

14 — President Dr. Schormann with CEO partners Dr. Armin Kohler (Rechner Industrie Elektronik GmbH - Lampertheim) and Dr. Wolfgang Dietz (Dietz AG-Bensheim)

15 — President Dr. Schormann with Dr. Tunde Szabo, Hungary’s State Secretary for Sport, at the venue for the Hungarian Open Indoors in Budapest (HUN)

16 — The UIPM President and Secretary General with Namdev Shirgaonkar, AMPC Secretary General and Haider Farman OLY

17 — The view from the VIP seats in the competition venue in Cairo (EGY) during the UIPM 2021 Pentathlon and Laser Run World Championships

18 — UIPM President Dr. Klaus Schormann and Secretary General Shiny Fang with World Archery colleagues (left to right) Secretary General Tom Diehlen, President Prof Dr. Ugur Erdener (also IOC Member, NOC President of Turkey) and Vice President Joerg Brokamp (World Archery)

19 — UIPM President Dr. Klaus Schormann with ASOIF President Francesco Ricci Bitti

20 — UIPM President is joined at the victory ceremony by fellow VIP Daina Gudzineviciute (IOC Member and NOC President of Lithuania)
Dear friends and colleagues of World Pentathlon family,

Hope and despair, happiness and sadness, peace and panic, emergencies and new normal...

The Tokyo 2020 Olympic cycle was highly eventful – in fact the whole globe has gone through extraordinary and unbelievable experiences in recent times. We had to embrace new ways of life and adapt.

At UIPM, which has governed the core Olympic sport of Modern Pentathlon since 1948 and developed another six multi-discipline sports in recent years, we have learned the hard way to turn threats to opportunities, turn disadvantages to our advantage and turn negatives into positives.

As Secretary General I have a deep well of pride in the work of the whole UIPM staff team that I am very fortunate to lead, working under the guidance of the UIPM President, Treasurer and Executive Board, together with the unsung heroes who sit on committees, commissions and working groups and our incredible, dedicated and tireless organisers.

During this cycle we achieved a long list of firsts. We created the Pentathlon Stadium concept, launched in Mexico City (MEX) for the UIPM 2018 Pentathlon World Championships and introduced to the Olympic Games in Tokyo (JPN) in 2021.

We collaborated with FISU on the 1st World University Championships for Modern Pentathlon in 2018, while UIPM Sports also joined the programme of the World Urban Games, Central Caribbean Games and South East Asian Games in 2019, and as well as the Junior Pan American Games in 2021. In 2023 Modern Pentathlon will feature in the European Games for the first time.

Internally we launched the Global Laser Run City Tour (GLRCT) in 2017 and the Biathle-Triathle National Tour (BTNT) a year later, with the first combined UIPM Pentathlon & Laser Run World Championships following in 2019 (and repeated in 2021).

Secretary General’s Foreword

A remarkable and unique Olympic Cycle... (2017-2021)

“Everything I have covered in this foreword was built on crucial and irreplaceable teamwork with the many volunteers and professional colleagues whose expertise underpins our movement.”

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“Everything I have covered in this foreword was built on crucial and irreplaceable teamwork with the many volunteers and professional colleagues whose expertise underpins our movement.”
Now an annual staple, Pierre de Coubertin Pentathlon Day was introduced in Mexico with a successful #High5 promotional campaign and National Federation (NF) participation toolkit. Similar resources were provided to NFs to support their development and event applications.

UIPM held and streamed its first Gala Awards in Cyprus during the 2018 Congress, which was repeated in 2019 featuring the first UIPM Awards public voting platform. There was another mark of prestige with the launch of an official UIPM postage stamp in cooperation with the Monaco Government.

In an increasingly online world, we launched the UIPM Central app in 2018 and updated it in 2019 and 2020, providing live results of all UIPM events — and the UIPM Shop was launched in 2017 on the web with athlete ambassadors signing up in 2019. Information has also been provided via UIPM microsites for confederations, elections and anti-doping that went live in 2019 and 2020.

Educational support for our coaches, judges launched in 2019 and athletes will be enhanced soon with a full online platform packed with e-learning courses. Since 2019 we have offered scholarships for athletes’ advanced education in partnership with various universities.

On the promotional side, we launched two shows — UIPM Live Talks and Pentathlon 360 — which were popular especially in the Olympic year of 2021. At the height of the pandemic, our global community gathered online for the innovative Laser Home Run and Laser All Stars virtual competitions. The UIPM TV online platform enjoyed more than 100% growth in numbers and subscriptions in 2021.

Speaking of results, I am so proud of some of the achievements of this cycle that we can chart in numbers.

We enjoyed a high score and category improvement in the ASOIF governance evaluation for International Federations in 2 continuous years (2019 to 2021) and welcomed 20 new National Federations.

We reached 240 cities through the UIPM Global Laser Run City Tour — a true gem of global urban sports development.

The new Modern Pentathlon competition format — approved by the IOC Executive Board for Paris 2024 — was rigorously tested four times in spite of the obstacles presented by the pandemic, which also created a complex challenge for Tokyo 2020 qualification. All competitions on the road to Tokyo were successfully arranged, along with three 3 Youth Olympic Games New Tetrathlon format tests for Dakar 2026.

From the new UIPM Headquarters, opened by HSH Prince Albert II of Monaco in 2020, the UIPM team worked internationally with partners to achieve a truly global TV reach for Modern Pentathlon, with a big increase in broadcasted hours for our major competitions and improved graphics.

Online we enjoyed a 43% increase in website traffic, a 38% increase in newsletter opens rates and exciting growth in the highly competitive social media marketplace — 35% audience growth on Facebook and 238% on Instagram across the cycle, and 12% on Twitter in 2021 alone. Our Weibo audience grew by more than 1000% from 2017 to 2021.

Storytelling is now embedded in our communications approach and I loved the incredible promotional campaigns we created for Tokyo 2020 with athletes at the centre.

To professionalise, standardise and streamline our operations we created new sets of guidelines and regulations across 18 different areas, covering everything from branding, uniforms to COVID-19 infection prevention, and to athletes safeguarding policy.

But let’s face it — this Olympic cycle was about surviving as well as thriving. We controlled a limited budget based on the impact of the pandemic in 2020 and 2021, thanks in part to incredible support from the Monaco government via CTTR subsidies, which helped UIPM to retain a full staff complement without any redundancies.

Everything I have covered in this foreword was built on crucial and irreplaceable teamwork with the many volunteers and professional colleagues whose expertise underpins our movement.

So what comes next?

We have a number of exciting projects in the pipeline, including our first e-sport and progressive initiatives across para-sport and sustainability.

Our targets for 2022-2024 are centred around the Paris 2024 Olympic Games with a firm focus also on Dakar 2026 (the first Youth Olympic Games in Africa) and Los Angeles 2028.

By 2024 we aim to have 150 National Federations, a consistent and attractive TV product, even higher governance standards and more hands-on staff support for each UIPM Confederation, and to enhance the communications among all stakeholders and especially with all athletes to provide more potential service!

On reflection, perhaps we would not have opted for such an eventful Tokyo 2020 cycle, had we been given a choice. But just look at everything we achieved by working hard together through good and hard times — and I’m excited to see what we can achieve as a strong community inspired by faith, passion, creativity, support and collaboration!

Shiny Fang
UIPM Secretary General
# INSIDE UIPM

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### Executive Board

**President**

Dr. h. c.
Klaus Schormann (GER)
UIPM President

**First Vice-President**

Juan Antonio Samaranch, Jr. (ESP)
First Vice-President

“*We have gone a long way in developing our great sport. Let’s stay united and continue to work for a brilliant future.*”

**Secretary General**

Shiny Fang (CHN)
Secretary General

**Treasurer**

John Helmick (USA)
Treasurer

“*While the Olympic Games modern pentathlon competition received the most media attention, the competitions leading up to the Olympic Games were truly a critical delivery in 2021. UIPM and the local organizing committees delivered these qualifying competitions — along with the Junior World Championships, U19/U17 World Championships — despite the challenges due to the COVID protocols and regulations.*”

**Members**

**Janusz Peciak, OLY (POL)**
Member for Sport

“A stupid person never says he is stupid, just as a wise person will never say that he is wise. When I was coaching, I always said to my athletes that coaches make mistakes but they’re always right. When I was an athlete, I always told myself that if I’d wake up in the morning and nothing was sore, it meant that I had already died.”

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“*As the worst of the pandemic eases I look forward to seeing all our athletes having the opportunity to once again compete in UIPM events.*”

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“Being a famous person is not an advantage, it is a responsibility!”

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Vice-President

“Dream without fear, train without limits.”

**Viacheslav Malishev (GEO)**
Member for Development

“The UIPM sub sports development is important, but the promotion and development of our Olympic sport Modern Pentathlon globally and constantly is our highest priority.”

**Vice-Presidents**

**Joël Bouzou, OLY (FRA)**
Vice-President

“Modern Pentathlon is not only about the most complete athlete. It is about work, courage, modesty, respect of the other and resilience, in fact the perfect sport to prepare for future success in life.”

**Berik Imashev (KAZ)**
Vice-President

“The UIPM sports movement in the world and especially in Asia continues to develop rapidly. We have new Federations that are becoming interested in our sport, which in turn shows the correctness of our chosen direction and an increase in the popularity of pentathlon in new countries with the help of biathle, triathle and laser run. From now on, we have a new Olympic format, and we must do everything in our power to ensure that modern pentathlon represents even more countries at all levels of competition and pentathlon strengthens its position among the most dynamic and exciting sports on the way to Paris 2024.”

**Viacheslav Aminov (RUS)**
Vice-President for Business Affairs

“Long live Modern Pentathlon!”

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Committee Chairs

Natalja Ofitserova (BLR)
Medical Committee chair

"Faced with unprecedented challenges of the recent years, the UIPM Sports community has been able to maintain and protect the values of our sport and Olympic movement as a whole, ensure the safety and well-being of participants in UIPM sports events, and realise our Olympic hopes in Tokyo 2020. Our unity and solidarity, high motivation, professionalism and personal responsibility allow us to look with optimism to the future and ensure the successful development of Modern Pentathlon for the upcoming Olympic Games in Paris 2024."

Aya Medany, OLY (EGY)
Athletes Committee chair

"I would like to thank all the athletes around the world for their strength and patience during these unforgettable pandemic years and the extraordinary Olympic Games. Stay strong and shine like always.

Christian Roudaut
Coaches Committee chair

"In this transition period to the new format, it is important to highlight the words of the Olympic motto — ‘Faster, Higher, Stronger, Together’. It is only being together and united that our entire community — athletes, coaches, judges, and all the UIPM stakeholders — will make this transition a big success."

Confederation Presidents

Nundkishor Fakun (MRI)
African Confederation President

"If you want to find a better path, you have to be willing to explore a different path."

Sangwoo Park (KOR)
Asian Confederation president

"Be a future oriented person and organization!"

Dmitri Svatkovskiy, OLY (RUS)
European Confederation president

"In this transition period to the new format, it is important to highlight the words of the Olympic motto — ‘Faster, Higher, Stronger, Together’. It is only being together and united that our entire community — athletes, coaches, judges, and all the UIPM stakeholders — will make this transition a big success."

Robert Stull, OLY (USA)
NORCECA Confederation President

"The credit belongs to the National Federations, UIPM team and OCOG, whose determination, under dire circumstances, resulted in athletes from 31 National Olympic Committees celebrating together the human achievement of Tokyo. This is what really mattered — this is what was important in 2021."

Kitty Chiller, OLY (AUS)
Oceanian Confederation President

"I have been involved with our wonderful sport for 40 years now, since my first ever MP competition in 1982. The incredible evolution our sport has achieved ensures it remains the true test of athletic ability and I look forward to continuing to work locally and globally to achieve our vision."

Jorge Salas, OLY (BRA)
South American Confederation president

"My dream is to have a united America with true and sustainable development... I want to remember a phrase from our father the Baron Pierre de Coubertin 'the best thing about dreams is that they can come true'."
Asian Modern Pentathlon Confederation

One of the impressive messages from IOC President Dr. Thomas Bach is ‘Change or be changed’. This is an important message to us, as we are adopting the new format for Paris 2024 from 2022. As AMPC President I guarantee and will make sure that AMPC, as a branch of UIPM, always remains transparent, clean, professional, 100% fair and innovative together with UIPM.

We have also been working closely with the organizing committee of the 2022 Hangzhou Asian Games regarding the Modern Pentathlon competition. It will take place 8-12 September 2022 at the Fuyang Yinhu Sports Center with four medal events.

Nur-Sultan, the capital of Kazakhstan will host Pentathlon World Cups in 2023 and 2024. In this regard, I thank Kazakhstan Modern Pentathlon Federation for the active movements under the leadership of President Mr. Berik Imashev.

We were recently contacted by Mr. Saleh Faraj Sultan, who presented the Kingdom of Bahrain at 1984 Olympic Games in the Modern Pentathlon Men’s Individual event. He wanted to reactivate the sport there. We have discussed the proper approach to authorities like NOC or ministry to find out the best way to re-develop the sport in Bahrain.

African Modern Pentathlon Confederation

African has continued to grow impressively within UIPM during this Olympic Cycle.

In terms of expansion, five National Federations have already been recognized as UIPM full members in 2017 and 2018. Six more will follow at the 2021 UIPM General Assembly. Thirty National Federations will now form the CAPM community with more to come.

Egypt is the locomotive of the continent, being the sole country to have athletes in the 2020 Olympic Games, but South Africa also sent athletes to the 2018 Youth Olympic Games. The first Olympic Games on the African continent in Senegal have been postponed to 2026 but this gives more time to African nations to qualify.

The development part of the UIPM represented by the Global Laser Run City Tour and the Biathle-Triathle National Tour have had success here. Ivory Coast, Ghana, Burkina Faso, Togo, Niger, Uganda, Mali, Nigeria and Gambia hosted more than 45 development competitions.

Thanks to the Coaches Certification Programme (CCP), many coaches have been certified as Development Coaches (Level 1 of the CCP) which will benefit Africa in the long term.

European Confederation of Modern Pentathlon

In Europe, we are now proud to say we hold six annual European Championships: Senior, Junior, U24, U17 and U19 and BTLM in different parts of Europe. In the last cycle, these competitions visited 11 countries.

In 2020 the pandemic paralyzed our European Cup movement for U17 and U19 but we will not give in. Youth Championships and Youth Cups have already brought results. Practically 90 percent of youth athletes continued to Junior this year. It means we were on the right way.

Participation of European nations in the Continental Championships increased with Moldova, Georgia, Israel, Estonia actively participating. Meanwhile ECMP budget supported athletes from many nations: Estonia, Latvia, Moldova, Georgia, Ukraine, Switzerland, Israel.

The greatest achievement of this cycle has undoubtedly been the successful acceptance of Modern Pentathlon to the European Games. The next Games, in Krakow in 2023, will not only have individual competitions but the Mixed Relay.

All 26 registered European federations participated in Congress in 2021. The new ECMP Executive Board was elected and will work hard in the forthcoming cycle. Our calendar for 2022 includes the Senior European Championships in Sekesfehervar (HUN).
Confederation of South America in Modern Pentathlon

All members of the CSPM participated in recent online Congress where elections were successfully held. Mr. Jorge O.J. Salas (ARG) continues as President with Mr. Helio Meirelles Cardozo (BRA) also unanimous as Vice President.

The 2020 Youth Championships in Ecuador and the Junior and Senior Championships of 2020, in Resende (BRA) were canceled due to the pandemic. For the year 2021, Argentina has applied to organize them in Puerto Madrin (Patagonia) during next December.

The Pan-American Junior Games in Cali (COL) has scheduled Modern Pentathlon for 1 to 5 December 2021. The CSPM and the UIPM development office are working to provide the laser targets for the competition and then deliver them to the NF as a legacy.

The 2023 Pan-Am Games continue with preparations in Santiago (CHI). Thankfully they agreed to the request of the CSPM to keep the five medal events for Pentathlon. The NF has not yet confirmed the realization of a test event in Santiago in 2022.

CPSM financial support during this cycle went to the preparation of athletes classified for the Tokyo Olympic Games; for participation in the PJG qualification process, in the 2021 South American and Pan American Championships and support elsewhere.

NORCECA Confederation

NORCECA, notably, had four nations qualify athletes to the Olympic Games of Tokyo — Cuba, Guatemala, Mexico and the USA. This represents one-third of the nations in our region and is an excellent representation of the level of our sport here.

In addition to the 2018 Central American and Caribbean Games and 2019 Pan American Games, our confederation welcomed the world to our region for the hugely successful Mexico City 2018 Pentathlon World Championships and to St. Petersburg, Florida USA for the Bi-Tri World Championships of 2019. UIPM Global City Laser Runs were successfully held throughout our region and we look forward to more activity.

In the next months we believe that El Salvador NOC President Eduardo Palomo and Pentathlon President Luis Mejia with Pan Am Confederation President Jorge Salas will convince Centro Caribe Sports to include Modern Pentathlon on the 2023 program of the Central American and Caribbean Games in El Salvador. We look forward to the next Olympic cycle where Santiago, Chile will host the Pan American Games as a first step on the road to Paris 2024.

Oceania Modern Pentathlon Confederation

Report for UIPM Year Book and Congress, November 2021

2021 has been a challenging year for Modern Pentathlon as the Oceania region suffered the ongoing effects of COVID-19, like the rest of the world. The delayed Tokyo Olympic Games however were a beacon of hope, showing the power that sport has to unite the world.

Locally, unfortunately very limited activity was possible however the Oceania region still managed to retain close engagement with all athletes and coaches and showed great initiative to run several online and virtual competitions and time trials.

At a governance level, the Oceania Executive Board continued to prioritise activities in 2021 based on the 4-year Strategic plan adopted early in 2017. At the end of 2021 the Oceania Executive Board reviewed this plan and set a new Strategic Plan for the 2022-24 quad.

Other key achievements included pathways funding for MP Australia and recognition for MP New Zealand by the NOC. With new social media channels launched an updated website plus prime-time TV coverage in New Zealand, promotion of the sports has increased too.
Athletes Committee

During the disruption and continued impacts of the COVID-19 pandemic, the Athletes Committee was in constant contact and discussions surrounding all of the associated issues, such as training conditions, travel, safety measures and altered qualification systems for Olympic Games among many other impacts.

We also liaised with LOCs around delegations travels and discussed anti-doping during the pandemic, confirming that UIPM that was working with WADA, NADAs & independent providers to ensure that the usual testing routine was maintained.

We continue to place an importance own promoting all our sports. We had a successful and safe world championship and Olympic Games we were all proud of.

At the same time, we were making sure that athletes’ voices were heard. We nominated James Cooke (GBR) to represent us in the Riding working group to discuss with the panel the obstacles athletes face and how to avoid it in the future. We were also intently involved in developments around the new format, which is the only way to assure our representation in the Olympic Games in the future.

Technical Committee activities

After the one-year hiatus of major UIPM events, competitions had to be organised according to the ‘new norm’ due to the COVID-19 pandemic in 2021. This new norm with different travel restrictions worldwide, brought difficulties for the Technical Committee Chair, Janusz Peciak, who assigned the Technical Delegates to the international UIPM events. Nonetheless, depending on the importance and size of the competition, the Technical Delegates were assigned accordingly. These major UIPM events served as a rehearsal and training opportunity for the Olympic Games in Tokyo not only for the Technical Delegates, but for the UIPM International Judges as well.

The Chairman and the Members of the UIPM Technical Committee continuously contributes to the development of the Competition Rules and Regulations with the recommendations and proposals for the future in their reports of an event.

The long-term experience and expertise of the Technical Delegates and the main competition organiser nations was crucial in regard proposed changes in the UIPM Competition Rules, with special attention to the New Modern Pentathlon Format, which will be implemented in the next season of 2022.

Coaches Committee activities

After UIPM Congress 2018, the Coaches Committee (CC) worked in cooperation with the Technical, Athletes and Medical Committees, Continental Confederations, and UIPM Operations on education actions for coaches and athletes, preparation of coaches’ clinics and much more. We also worked on discussions about the new Modern Pentathlon format.

From 2019-2021, a total of 17 Coaches Certification Programme seminars were delivered to 191 coaches from 14 nations by coaches who are members of the UIPM Instructor’s Group. In 2018 and 2020 we have organized in Hungary and Portugal the first editions of the Level 3 CCP course, with 23 coaches from 10 nations certified. In 2018 the first Level 4 CCP course was held in Paris.

We have also continued to produce educational materials including the “Quarterly Training Program” manual and other guidelines and video series. The e-learning course “Coach True” at WADA website is also now obligatory for all coaches prior to attend CCP seminars.

In this transition period, it is important to highlight the Olympic motto — ‘Faster, Higher, Stronger - Together’. It is only being together and united that our entire community will make this transition a big success.

Medical Committee

For the first two years of the cycle, the Medical Committee focus was on athlete safety and health during competitions as well as on mental health. However, at the beginning of 2020, many Medical Committee members were called to help fight the COVID-19 pandemic, helping in hospitals’ intensive care departments daily.

With the full support of UIPM staff, we worked hard to develop medical guidelines to enable post-lockdown training and competitions, ensuring maximum health and safety protection.
Medical Committee members visited and guaranteed medical and anti-doping support for LOC and athletes in 2021 World Cup series, World and European Championships and Olympic Games 2020.

Moving forward in improving the medical support of competitions, the Medical Committee updated and significantly supplemented the existing rules. The members of the Medical Committee also took part in the New Pentathlon Format Working Group.

Newly implemented tools through updated UIPM Medical Rules include venue medical visit and medical meeting — opportunities for teams and their medical care personnel to meet the medical delegate to discuss any doubts or questions.

Masters Committee activities

The COVID-19 pandemic affected Masters pentathlon sports in several dramatic aspects. It showed us quite plainly, that pentathlon Masters are a vulnerable group. A special characteristic of Masters is also the fact that even smaller competitions implement a high level of internationality. This all meant that Masters pentathlon activity not only slowed (similar to the other age categories) but came to a complete standstill. Nevertheless there are optimistic signs towards the upcoming pentathlon season.

Competition before the pandemic was outstanding. Not only did Masters again increase their international portfolio but also conducted two Continental Championships in one year: Open European Championships in Gyor (HUN) and NORCECA Continental Championships in Atlanta (USA).

The highlight of the Masters 2022 season definitively will be Pentathlon Masters World Championships from July 19th to 24th 2022 in Hämeenlinna, Finland — a 50th anniversary of the 1952 Summer Games. This event will also be the platform for the election of a new UIPM Masters Committee and Chairman.

We hope to issue a complete Masters Competition Calendar for the 2022 season by the end of this year.

Business Affairs Committee

The newly elected Business Affairs Committee met early in January 2017 in order to understand the current challenges and draw up ideas and a plan on how to tackle them.

Viacheslav Aminov chaired the meeting and appreciated improvements made by UIPM including the launch of a new website and increased activity on social media. Executive Board member for Marketing, Martin Dawe highlighted the improvement in venue dressing.

Andrejus Zadneprovskis, UIPM EB Member for Media introduced the new broadcast partner and stressed on the importance of improving the TV graphics quality.

The Business Affairs Delegate roles and responsibilities were discussed and new statuses were drawn up. BADs are now the authority which needs to make sure that the UIPM Media & Marketing rules are correctly enforced. Improving the quality of the award ceremony has also been an important discussion of the BAC across the years.

During the last meeting of the BAC in 2019, one of the ideas that stood out was about having athletes wearing an LED vest which would improve the understandability of the race for TV and onsite spectators.

Innovation Commission activities

Although the Innovation Commission has only met physically twice in recent years due to the pandemic, I believe that the new format proposal presented, analyzed by the Executive Board and then tested by the UIPM team, will prove to be important for the future of our sport.

The approved proposals simplify the organization of local and international events. The elimination format also follows the lead of other sports that have used it successfully. More importantly, this will result in our full sport being shown globally during the Olympic Games.

The Innovation Commission’s new challenge after the Tokyo Games is to work on reasonable alternatives to ensure the viability of our sport. The limitations of the riding event were evident in Tokyo. It is also hard to overlook how it has limited our growth in many nations. For many reasons we need to review and analyze new, more relevant options.

We look forward to the discussion and analysis, and more importantly the testing that should take place in order to find the best solution that will allow modern pentathlon to grow and thrive in the future.

Electoral Committee

Coordinator Ms. Fulvia Lucantonio (ITA)
Dr. Gyula BRETZ (HUN)
Mrs. Angela IVES (CAN)
Mr. Richard GOMEZ (PHI)

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CHAPTER II INSIDE UIPM

28UIPM WORLD PENTATHLON | CYCLE BOOK 2017-2021 28  CHAPTER II  INSIDE UIPM
HSH Prince Albert II of Monaco, UIPM’s Honorary President, officially opened the federation’s new Headquarters in the Principality on November 30. UIPM President Dr. Klaus Schormann and Vice President Joel Bouzou OLY greeted HSH Prince Albert II of Monaco in person and provided a tour of the spacious office area now occupied by the UIPM staff team within Stade Louis II.

“We are grateful to HSH Prince Albert II of Monaco and the Palace of Monaco for their continued support of our sporting movement.”

Shiny Fang
UIPM Secretary General

UIPM President
Dr. h.c. Klaus Schormann

“The new UIPM Headquarters provides the space our organisation needs to keep growing and continue its non-stop innovation and improvements.”
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UIPM started 2018 by revealing a bold new visual identity with the release of two dynamic logos. A branding review in late 2017 resulted in the production of two new emblems representing the growth of UIPM Sports with Modern Pentathlon at the pinnacle. The marketing logo contains the tagline “World Pentathlon”, introduced to the UIPM branding portfolio as a means of emphasizing the global reach of UIPM, which governs the core Olympic sport of Modern Pentathlon as well as Laser Run, World Schools Biathlon, Biathle/Triathle and Tetrathlon.

The new institutional logo, which is primarily for internal use, aims to communicate the historic pentathlon family values aligned to the dynamic future of UIPM Sports. The logo features two original colours that represent the pentathlon environment: yellow (symbolizing dynamic development) and blue (standing for longevity and power). Gender equality is also reflected with the addition of two female pictograms.

UIPM also launched a new visual signature entitled “1 Sport 5 disciplines”, which is linked to the World Pentathlon marketing logo and helps audiences to easily understand the meaning of Pentathlon – one sport comprising five disciplines. New pictograms were also added to this signature to make the disciplines more recognizable and distinct. The signature was promoted during competitions as part of the physical on-site branding, social media collateral and other promotional materials.

Last but not least, the Union rebranded its annual World Cup series as the UIPM Pentathlon World Cup, complete with a new visual identity of its own. This strong and colourful new look was designed to add more value to TV and marketing rights.
The new UIPM Brand Guidelines have been gradually introduced to publications, TV, media, web site and events. This has created a cohesive, professional image to the organisation and has been well received. The Presentation of our sport is crucial, and in today's very competitive sport's environment a competition is not enough, events must be spectacular.

With the implementation and control of the Brand Guidelines, the venue dressing at events has improved markedly over the past few years with a high level of presentation and consistency across all events.

**UIPM Central**
The Rio-to-Tokyo cycle started off excitingly when a new broadcast partner, leading English firm ProActive TV, was appointed early in 2017. The two-year deal was renewed in 2019 after good results were delivered in cooperation with the UIPM Communications department.

A change of distribution strategy occurred in 2017 when UIPM decided to pursue individual domestic broadcasters rather than go on with a costly deal with Eurosport. This risk paid off as UIPM grew its figures drastically: 145% more broadcasted hours in the cycle for the World Cup Final and 75% more for the World Championships.

Most importantly, the interest of channels for the live television output grew impressively. During the World Championships, 191 live and as-live hours were broadcasted compared to 82 hours in 2017. By splitting away from a pan-continental deal, UIPM developed relations with key broadcasters worldwide. Recognised channels got added to the list such as the BBC, L’Équipe, CCTV, Match, RTÉ etc.

This numerical improvement was also the result of an improvement in production quality. More budget got allocated in order to ensure a key television crew attended the events. We believe consistency is key in adding value and improving our broadcast figures and that’s why we appointed a season director who was present on almost all events.

In 2018, UIPM decided to tackle a longstanding issue — TV graphics — and decided to appoint a specialist in the field: Swiss Timing.

A new catalogue was developed and implemented at the World Cup Finals and World Championships. A special 3D venue animation was also shown before the event in order to present the sport in an understandable way to the audience.
This Olympic cycle was a record-breaking one for the promotion of the UIPM and its sports.

The UIPM movement was featured in magazines such as Sport Business, SportsPro and HostCity in 2017 and 2018. Areas covered included the partnership between UIPM and Eurosport and during the 2018 International Sports Convention in Geneva (SUI).

UIPM was represented several times at the international Sportel exhibition in Monaco. These opportunities give the team an opportunity to network and spread the word about UIPM Sports through face-to-face communications. Whether it’s on TV, online, in print or in person, UIPM Sports’ global profile is growing all the time.

To optimise connections with traditional media outlets across print, digital, radio and TV, the UIPM Communications department sent a total of 80 press releases per year to an expanded media contacts database. The National Federations were involved in the process of updating these contacts, adding about 2000 trusted contacts to the central UIPM distribution lists. Furthermore, in order to reach more potential media outlets, news and pictures were sent through international wires during flagship competitions. The number of online and print articles more than tripled during the cycle.
Social Media


+134.6% between 2017 and today
+238.5% between 2017 and today
+12.4% in 2021
+29.5% in 2021
29.7% in 2021
Adapting to the challenges of a world now dominated by digital is yet another major shift of the last Olympic cycle. From early 2017, UIPM designed growth plans that were to be implemented, adapted and enhanced alongside the exponential growth of social media. In a short time, the federation’s digital activity became prominent, enhanced through updates and insights from competitions, live broadcasts, educational programs and news. Its mission remained intact: Create awareness. Inform. Educate. Entertain.

The difficulties arising from the COVID-19 pandemic only revealed the importance of digital actions. Online initiatives allowed the community to be once again united as they accessed updated information, followed discussions (#UIPMLiveTalks), relived past events, joined challenges and felt part of a wider movement (such as #Strongertogether).

As Tokyo2020 Olympic Games approached, two key milestones were passed — reaching 100,000 users on Facebook and 10,000 on Instagram. This year, Twitter audience grew 12%, Facebook and Instagram closer to 30% each. Brand new campaigns have been initiated with an incredible set of designs to boost excitement across platforms. Furthermore Tokyo2020 showed how important working hand in hand with national Federations and athletes really is.

UIPM has created a powerful sense of community in the digital world, guided by passion, commitment to sport and solidarity, and brought closer than ever. With a greater reach of its sporting audience and a clear and recognizable identity online, UIPM benefits today from stable positive growth and dynamic communication. The digital world never ceases to evolve and UIPM is keeping up with the race and at the same time, staying true to its mission.
“The purpose of this new initiative, which was approved unanimously during the 2017 UIPM Congress, is to create more recognition for our sporting movement and to celebrate its proud heritage.
A new annual celebration of sport was born on September 9, 2018 – and the whole world was invited to celebrate it.

Pierre de Coubertin Pentathlon Day was introduced in 2018 following a unanimous vote at the UIPM 2017 Congress in Tbilisi (GEO).

A wide range of activities aimed at celebrating the history, present and future of the Modern Pentathlon movement took place in all countries represented by the UIPM’s 120-plus National Federations.

At the Launch of the new Pierre de Coubertin Pentathlon Day UIPM President Dr. Klaus Schormann said: “The purpose of this new initiative, which was approved unanimously during the 2017 UIPM Congress, is to create more recognition for our sporting movement and to celebrate its proud heritage.

The first celebration took place on September 2018, which was a very special time as we were hosting the UIPM Senior World Championships in Mexico City (MEX) and looking forward to the 3rd Youth Olympic Summer Games in Buenos Aires (ARG).
A special ceremony took place on the podium during the UIPM 2019 Pentathlon and Laser Run World Championships to mark the 2nd Pierre de Coubertin Pentathlon Day while various activities also took place in all countries represented by UIPM.

In the presence of UIPM Honorary President Prince Albert II of Monaco, Pierre de Coubertin Medals were presented to Gyula Bretz (HUN) and to the Rio 2016 Olympic champions, Chloe Esposito of Australia and Alexander Lesun (RUS).

Among the dignitaries on the stage were Alexandra de Navacelle Coubertin, a direct descendant of the founder of Modern Pentathlon who sits on the UIPM Pierre de Coubertin Commission and the International Olympic Committee’s Commission for Culture and Olympic Heritage.

The 2nd Pentathlon Day acted as a launchpad for the #High5 campaign, which encourages people around the world to show their support for the Coubertin legacy by publishing a #High5 on their social media pages.
UIPM President Dr. Klaus Schormann was present in Athens for days of celebrations leading up to the Pierre de Coubertin Pentathlon Day while activities also took in all countries represented by UIPM National Federations. On September 7th, Dr. Schormann attended an event called “The Journey of the Pentathlon and Olympic Values: from Antiquity to today”. The event took place in the Olympic Center Goudi, in Athens with 200 guests in attendance and a coverage on national television.

Ms Dora Palli, the President of the Hellenic Modern Pentathlon Federation as well as the President of the Olympic Truce of Greece, warmly welcomed Dr. Schormann.

Attending the event was also the President of the Hellenic National Olympic Committee and of the European Olympic Committee, Mr Spyros Capralos who received the Pierre de Coubertin medal from the hands of Dr. Schormann in recognition of his great achievements in the Olympic Movement and his strong support of Modern Pentathlon since decades.

The #High5 campaign, which encourages people around the world to show their support for the Coubertin legacy by publishing a #High5 on their social media pages went viral across multiple platforms.
<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
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<tbody>
<tr>
<td>1912</td>
<td>Stockholm (SWE) — First time in the Olympic Games</td>
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<tr>
<td>1948</td>
<td>London (GBR) — UIPM is born</td>
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<tr>
<td>1981</td>
<td>Men’s Relay is introduced</td>
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<tr>
<td>1991</td>
<td>Handicap start for running</td>
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<tr>
<td>1992</td>
<td>Women’s Relay is introduced</td>
</tr>
<tr>
<td>1993</td>
<td>Darmstadt (GER) — One-day format is introduced at UIPM World Championships</td>
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<tr>
<td>1994</td>
<td>Air pistols are introduced to replace .22 calibre</td>
</tr>
<tr>
<td>1996</td>
<td>Atlanta (USA) — All 5 disciplines in one day for the 1st time at Olympic Games</td>
</tr>
<tr>
<td>1999</td>
<td>Monaco (MON) — First Biathle (run/swim) World Championships</td>
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<tr>
<td>2000</td>
<td>Sydney (aus) — First time women’s competition at the Olympic Games</td>
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<tr>
<td>2010</td>
<td>First appearance of the Mixed Relay at the 1st Youth Olympic Games in Singapore; 1st UIPM World Championships with laser shooting</td>
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<tr>
<td>2011</td>
<td>Mixed Relay in all major UIPM competitions</td>
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<tr>
<td>2012</td>
<td>London (GBR) — First time combined shooting and running at the Olympic Games</td>
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<tr>
<td>2013</td>
<td>Distribution of Laser shooting equipment to 65+ countries to develop the sport; 1st combined UIPM Biathle/Triathle World Championships</td>
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<tr>
<td>2014</td>
<td>Implementation of the Fencing Bonus Round making the sport more attractive to spectators and broadcasters</td>
</tr>
<tr>
<td>2015</td>
<td>Perpignan (FRA) — 1st Laser Run World Championships a mejor step in giving more athletes an entry point to Modern Pentathlon</td>
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<tr>
<td>2016</td>
<td>Rio de Janeiro (BRA) — Fencing Bonus Round introduced at Olympic Games where all 5 sports are integrated in one sports complex</td>
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<tr>
<td>2018</td>
<td>UIPM launches new visual identity, educational platform for coaches and judges and 1st World Championships takes place in a Pentathlon Arena</td>
</tr>
<tr>
<td>2019</td>
<td>New Youth Olympic Games format tested</td>
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<tr>
<td>2020</td>
<td>New Modern Pentathlon Format for Paris 2024 Olympic Games test — five disciplines in 90 minutes</td>
</tr>
<tr>
<td>2021</td>
<td>Pentathlon arena concept introduced to Olympic Games, launch of eSports Laser Run</td>
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</table>
A selection of key athletes and milestones in the UIPM’s history

1912
Gösta Lilliehöök (SWE), first Olympic Winner

1948
Founding congress of the UIPM in Sandhurst (GBR)

1949
Aladar Kovács (SWE) during cross country riding

1981
Women and Men starting competing together during the World Championships

1994
Air pistol shooting is introduced

2000
Stephanie Cook (GBR) wins as women compete for the first time during the Olympics

2008
Lena Schöneborn (GER) running towards gold in a full stadium during Beijing 2008

2011
Mixed Relay is during the 2011 World Championships in Moscow (RUS)

2013
Biathle and Triathle are combined into one World Championships

2014
Bonus round during the Nanjing Youth Olympic Games

2015
The first UIPM Laser Run World Championships in Perpignan (FRA)

2021
Pentathlon Stadium in Tokyo (JPN)
New Sports Formats

“A new era for our core Olympic sport will begin in the birthplace of our founder, Baron Pierre de Coubertin, in 2024!”

New Modern Pentathlon format to make its Olympic debut at Paris 2024

Paris has seen more than its share of history in its time and it will witness more in three years’ time when the 2024 Olympic Games ushers in a brave new world for Modern Pentathlon.

An International Olympic Committee (IOC) Executive Board meeting in June of this year rubber-stamped a new format for Modern Pentathlon at the 2024 Games after a wide-ranging period of UIPM research, expert analysis, testing and athlete engagement on the evolution and future of the sport.

The IOC’s endorsement followed approval of the new format by the UIPM Executive Board in October 2020 and the first test events, held in Budapest (HUN) and Cairo (EGY) in September 2020.

Viewers and spectators watching the Olympic Games’ most demanding sport in 2024 can now expect to see a compelling showpiece featuring all five disciplines in 90 minutes.

The new format features an elimination system that results in only 18 athletes taking part in each final, a process designed to reduce the overall length of the competition and create a more dynamic sport with a continuous flow.

The 90-minute showpiece will follow the Fencing Ranking Round, held on a previous day, with a new order that opens with Riding, followed by Fencing Bonus Round, Swimming and Laser Run.

This vision is designed to make Modern Pentathlon shorter, faster, more connected and compact and easier to understand for all audiences, all of which will help transform the profile and popularity of a sport that has been a constant feature of the world’s biggest sporting event since it was introduced by Baron Pierre de Coubertin — founder of the Modern Olympic Games — in Stockholm in 1912.

The latest changes follow the move away from a five-day format, the introduction of laser technology and combined running and shooting, the arrival of the Fencing Bonus Round and the establishment of an all-in-one Pentathlon Arena, which made its Olympic Games debut in Tokyo.

The new format is more broadcast-friendly, enabling the dramatic storylines of Modern Pentathlon to be told in a logical sequence that is easier for spectators inside the stadium and watching around the world to understand.

UIPM President Dr. Klaus Schormann said: “This is a proud day for our entire global Modern Pentathlon community. Many people have contributed to our application for a new Modern Pentathlon format at the Olympic Games starting in Paris in 2024, and now their hard work has been recognised. As UIPM President I am grateful to all parts of our global community for buying into this vision. The UIPM Executive Board has again demonstrated its commitment to...”

[Image of the UIPM World Pentathlon arena]
innovation and we greatly look forward to presenting the IOC with our application for a new Modern Pentathlon competition format and an additional Mixed Relay category for the Olympic Summer Games Paris 2024.

“A new era for our core Olympic sport will begin in the birthplace of our founder, Baron Pierre de Coubertin, in 2024!”

It was also confirmed in September that the Krakow 2023 European Games will feature the new Modern Pentathlon format.

However, it’s not just pentathlon that has been reconfigured for a compelling, modern future. A new Tetrathlon format has also been approved during this cycle.

New Tetrathlon adds Fencing to the established development sport of Triathle (Shooting/Swimming/Running) and aims to provide a more dynamic and exciting spectacle for athletes and spectators. It features a more compact field of play, a smoother flow and closer alignment with the development path of the UIPM Sports Pyramid.

Originally approved for introduction at the 2022 Youth Olympic Games in Dakar (SEN), that championship has since been rescheduled for 2026. But either side of the shutdown of action due to the COVID-19 pandemic, the new format — which will replace the traditional Tetrathlon format of Swimming, Fencing and Laser Run — went through a series of test events.

In Buenos Aires (ARG), Cairo (EGY), Perpignan (FRA) and Weiden (GER) in 2019 it proved a huge success, leading to the UIPM EB endorsing the format at its meetings in Budapest (HUN) in September 2019 and Lausanne (SUI) in January 2020 with the fifth and final test coming in Budapest (HUN) in 2020.
As alluded to in our President’s address, one of the most groundbreaking changes for Modern Pentathlon over the past four-year cycle has been the introduction of the Pentathlon Stadium.
The all-in-one approach is not just a more compelling in-person experience providing more value for media, sponsors and VIP guests, but it greatly enhances the sport for the TV viewer too.
The Pentathlon Stadium, which requires a temporary swimming pool to be built into the field of play, was repeated the following year in Budapest’s Kincsem Parkhad, which hosted the 2019 World Championships, at the time the biggest event ever staged by UIPM which featured an estimated 1000 participants from more than 60 nations.

A long-held dream finally became a reality at the UIPM World Championships in Mexico City in September 2018 when for the first time, all five disciplines took place in the one venue. President Dr. Klaus Schormann had described the concept as "one sport, five disciplines, one ticket, one seat" and it proved an instant success, winning rave reviews from competitors and fans alike.
Of course, the concept had its highest-profile stage this past summer in Japan when the Olympic finals took place at Tokyo Stadium with Swimming, Fencing, Riding and the Laser Run all taking place within the arena with Great Britain racing to double gold medal glory thanks to the efforts of Kate French and Joe Choong.

As UIPM continues to innovate and make the action as engaging, accessible and compelling as possible for all participants, the Pentathlon Stadium is sure to be seen as one of the most pivotal changes in the sport’s evolution.
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Individual champions Kate French (GBR) celebrates her success at UIPM 2021 Pentathlon World Cup Budapest

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The next stop took us to Cairo

The past four years has seen the UIPM Pentathlon World Cup continue its strong growth as it brought scintillating action to nine different cities on three continents with some new stops that soon became familiar venues to the best pentathletes on the planet. The Bulgarian capital of Sofia staged its first World Cup in 2018 and rapidly became a fixture, establishing itself as an ultra-reliable host city which would prove particularly helpful in the pandemic-altered 2020-21 schedule.

As Covid-19 gripped the world in early 2020, the UIPM calendar for the year was just heating up. Like everything else, it had to quickly shut down. But thanks to the determination and dedication of organizers, athletes and coaches, the World Cup season of 2020 was picked up again in 2021, meaning the past cycle still managed to fit four full World Cup campaigns in around the global pandemic.

And what a ride it has been. The World Cups continue to showcase the absolute best of Modern Pentathlon and provide a platform for the present and future of the sport to put their names — and their nations — up in lights.

In 2017, it was not a Hollywood ending but a beginning as the season kicked off in Los Angeles where Europeans showed their class with Bence Demeter (HUN) and Lena Schoneborn (GER) getting their seasons off to a flyer. South Korea’s combination of Jung Jin-hwa and Yang Soojin made light work of a 43-second deficit to deny Sarolta Kovacs (HUN) victory in front of her home crowd. “It was a very good day, a very lucky day,” said Asadauskait. France’s Valentin Prades enjoyed a good day as he took the Men’s title. The final stop of the season in Drzonkow, Poland, saw golds for Russia, Korea and Italy, as Arthur Lanigan O’Keefe and Natalya Coyle (IRE) confirmed her status as then world No.1 with a comfortable win before Lee Jihun (KOR) held on in a Hollywood-worthy cliff-hanger as Pavlo Tymoshchenko scorched from 11th to challenge for gold. The third World Cup of the season left locals in Kecksastery, Hungary elated as Sarolta Kovacs and Bence Demeter (HUN) took relay glory for the host nation while Olympic champion Chloe Esposito (AUS) claimed the first World Cup gold of her career. Sofia may not be the city of love but it proved a very memorable stop for one young happy couple in the fourth leg of the 2018 season as Ireland’s Arthur Lanigan-O’Keefe took men’s gold and Natalya Coyle (IRE) took women’s silver. While in 2018 they were boyfriend and girlfriend, in 2021 they tied the knot.

The 2019 World Cup season began in Cairo and proved to be a breakout week for the host nation. Two years before he would go on to claim historic Olympic silver in Tokyo, Ahmed Elgendy (EGY) took his first senior World Cup title and followed it up rapidly with Mixed Relay gold alongside Haydy Morsy. On the second leg in Sofia there was another breakout as Manuel Padilla took a rare gold for Mexico while Marie Oteiza raised the flag for France in the women’s final. Next up, the World Cup returned to Hungary with Szekesfehervar playing host to 15 of the world’s top 16-ranked men and an equally stacked women’s field. Tamara Alekszejew (HUN) took gold for the host nation while Germany’s Christian Zillekens won the clash of the men’s titans. The season’s final pit stop was in Prague where Britain’s credentials for Tokyo were further solidified as Kate French took women’s gold, Joseph Choong men’s silver and Joanna Muir and Samuel Curry (GBR) teamed up for Mixed Relay gold.

Late February of 2020 may feel like a lifetime ago given all that has transpired since but as the World Cup season kicked off in Cairo, Tokyo was very much in everyone’s thoughts. Hungary’s Adam Marosi and Joanna Muir of Great Britain took individual golds which felt like the perfect kick-starts to an Olympic year. As it would turn out, the season would not resume for another 13 months. With athlete safety the priority, UIPM World Cup returned in March 2021 in Budapest. Not skipping a beat, Muir (GBR) was back on the podium but this time had to make do with silver as fellow Briton Kate French gave signal of what would be a glorious year for her, taking gold as Great Britain also took Mixed Relay honours. Sofia would prove a most welcoming host as it stepped in as the destination for both the third and fourth legs of World Cup action on pulsating back-to-back weekends. With vital Tokyo 2020 qualification points on offer, a massive field of 199 athletes from 40 countries gathered in Bulgaria for the competitions. On the first weekend there was individual joy for Marie Oteiza (FRA) and Jun Woong-tae (KOR) while the fourth leg saw Britain, Belarus and Hungary dominate the podium in men’s and women’s finals.

The UIPM 2022 Pentathlon World Cup series will be the first competitions to adopt the new Modern Pentathlon format designed for the Paris 2024 Olympic Games, and teams are busy preparing for competitions next season in Cairo (Egypt), Budapest (Hungary), Albena (Bulgaria) and Ankara (Turkey).
Valentin Prades (FRA) crosses the line to win the Men’s Individual.

Gold medallist Kate French (GBR) is flanked by Alice Sotero (ITA) and Ilke Ozyuksel (TUR) – all enjoyed their best-ever World Cup result.

The Women’s Individual competitors arrive at the Laser Run shooting range.

David Svoboda (CZE) during the Riding.

Swimmers take to the pool during the men’s event.
WORLD CUP — 2018

Cairo
Kecskemet
Los Angeles
Sofia

1 — (left) Underwater view from the Swimming discipline in Cairo (EGY)
2 — (left) Action from the Fencing Bonus Round
3 — Chloe Esposito (AUS) seals her comeback win
4 — Glory for Gubaydullina (RUS) takes aim
5 — Action from the Riding arena
6 — Jean-Baptiste Mourcia (FRA) and Bence Demeter (HUN) push hard
1 — Ilke Ozyuksel (TUR) sets off from the range on her way to silver

2 — (left) It’s gold for Christian Zillekens (GER) as Valentin Prades (FRA) is forced to settle for silver

3 — A high five for Hungary during the Mixed Relay Riding event

4 — Action from the Swimming pool in the Men’s Final in Prague (CZE)

5 — Esteban Bustos (CHI, 4) and rivals look for a steady shot during the Laser Run

6 — (right) Success and a big celebration on the piste during the Fencing Bonus Round
Cairo

1 — The moment of triumph for Muir (GBR) with Batashova (RUS) only a few metres behind her.

2 — Veteran Marosi (HUN) savours the winning feeling.

3 — All smiles on the podium at the end of the Mixed Relay, with International Handball Federation President Dr. Hassan Moustafa to the immediate left of UIPM President Dr. Klaus Schormann.

4 — Action from the Fencing Bonus Round.

5 — Three competitors in the Men’s Final demonstrate their Swimming technique.

6 — (right) Adam Marosi (HUN) shows his equestrian skills on his way to the gold medal.
Budapest
Sofia I
Sofia II

1 — (left)
Running action in Budapest

2 — (left)
Fencing Ranking Round action during the Pentathlon World Cup in Budapest (HUN)

3 —
Bronze medalist Anna Maliszewska (POL) keeps her eye on the prize during the Laser Run in Sofia (BUL)

4 —
Soaked in rain and mud, Joseph Choong (GBR) celebrates his victory in Sofia (BUL)

5 —
Arthur Lanigan O’Keeffe (IRL) keeps his balance during the Men’s Final in Sofia (BUL)

6 —
Mixed Relay Podium at UIPM 2021 Pentathlon World Cup Sofia
## World Cup Final Medal Table

2017-2021

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<thead>
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The first thing highlighted in every pentathlon fan’s diary each year, the four UIPM Pentathlon World Cup Finals that took place over the past five years emphatically proved why — they are must-watch.

Not just that, time and again they prove to be particularly accurate barometers of where the biggest prizes in the sport are heading. It is no coincidence that in this most recent four-year cycle both gold medalists from the Tokyo Olympic Games — Great British duo Kate French and Joseph Choong — both took World Cup Final glory along the way.

Thanks to new TV agreements, the 2017 World Cup Final in Vilnius was beamed out to a staggering 163 countries. Fittingly, the field was stacked with four former Olympic champions, including home favourite Laura Asadauskaité (LTU). On Olympic Day at the city’s Vingis Park it was France’s Valentin Prades who braved a four-year gap to take his second World Cup Final. Champion in Russia in 2013, Prades was again dominant in the Laser Run to claim his second Men’s WCF. “I knew I had the power in me,” said Prades, who had agonizingly finished fourth in the previous year’s Rio Olympics. Hungary’s Tamara Alekszejewca caused a huge upset in the Women’s final, claiming her maiden title of any description with a brilliantly consistent performance. “I feel perfect, I can’t believe I’m World cup champion,” said Alekszejew who pipped Asadauskaitė (LTU) in the Laser Run. Ireland’s Natalya Coyle and Arthur Lanigan-O’Keeffe created a special double by rounding off the competition in Vilnius, winning gold in the Mixed Relay. It ensured back-to-back titles for the reigning champions from Sarasota (USA) the previous year. “It’s a great feeling to be able to stand on top of the podium and hear the national anthem of Ireland,” said Coyle.

The 2018 edition saw Astana host its first ever UIPM Pentathlon World Cup Final, the Kazakhstan city proving a roaring success. With 24 international TV networks relaying the action across all continents, there was already a particularly global feel to this Final. So it proved on the podium as three champions representing three different continents took home gold. Jung Jinhwa led a Korean one-two in the Men’s final, compatriot Jun Woongtae close behind for silver. In the Women’s final, Chloé Esposito of Australia proved that class is permanent as the 2016 Rio Olympics champion claimed her first World Cup Final crown. She did it in typical style by hauling in a 13-second deficit in an enthralling Laser Run. The question on the final day was whether Europe could find its way to the top of the podium and it turned out the Azzurri had just the answer. Alice Sotero and Riccardo de Luca (ITA) joined forces to claim Mixed Relay gold to end a season when Italian competitors had enjoyed much World Cup success. “We feel really good,” said De Luca afterwards. “Both of us did our job without stress or fear.”

A year later, the world’s best decamped to Tokyo for a 2019 World Cup Final that served both as an official Olympic Games test event and a chance to qualify for the 2020 Games themselves, not to mention lay down a huge marker. Joseph Choong (GBR) did just that as he shook of a tag as the season’s bridesmaid (thanks to two silver-medal finishes during the regular season) to claim gold. The Briton raced past Marvin Dogue of Germany on the final lap to seal his spot in Tokyo. “It feels amazing. It feels so good to have the Olympic place,” Choong said. He wouldn’t waste it of course as he again raced to gold, this time of the Olympic variety a full two years later this past summer. Lithuania’s Laura Asadauskaitė took Women’s gold, seeing off a spirited challenge from Elodie Clouvel (FRA) who would at least take some consolation as she teamed up with Valentin Prades to claim Mixed Relay gold for France.

With the 2020 season cut short before it had barely begun, the COVID-19 pandemic kept things on pause for over 12 months. However, some Herculean efforts by athletes, coaches and organizers meant the season was able to resume in 2021 in the safest possible environment for all involved. The 2021 World Cup Final took place in Székesfehervár, the Hungarian city stepping in when original venue Seoul (KOR) was unable to host. Just two months out from the rearranged Tokyo Olympics, late qualification places ensured Székesfehervár saw some frenetic action. Germany’s Rebecca Langrer set a new world record in the Fencing bonus round with 13 consecutive victories to get the Women’s final off to a flyer. Like her countryman Choong had done in 2019, Kate French (GBR) laid down the ultimate Olympic marker by topping the podium, narrowly seeing off Germany’s Annika Schleu. “I’m heading in the right direction and hope to keep training hard and aiming for gold in Tokyo,” French said, mere months before that aim would hit the target in Tokyo. Schleu (GER) had the consolation of team gold in the Mixed Relay alongside Christian Zillekens. Valentin Prades (FRA) took the Men’s title before going on to a seventh-place finish in Tokyo.
1 — (left) Valentin Prades (FRA) stays on track for gold

2 — Champion Tamara Alekszejev (HUN) is joined on the podium by Laura Asadauskaite (LTU) and her daughter Adriana and bronze medallist Gulnaz Gubaydullina (RUS)

3 — Natalya Coyle and Arthur Lanigan-O’Keeffe (IRL) celebrate their success

4 — Tamara Alekszejev (HUN) holds her nerve during the Laser Run

5 — Valentin Prades (FRA) at the finish line

6 — Pavlo Zvedeniuk (UKR) scores a point on the piste
A ticker-tape blast during the Mixed Relay medal ceremony

Natalya Coyle (IRL) clears a jump

Chloe Esposito (AUS) smiles after securing victory

Action from the Laser Run shooting range

Jung Kinhwa (KOR) lets his emotions out on the finish line

An underwater shot during the Women’s Final in Astana (KAZ)
A victory pose from Valentin Prades and Elodie Clouvel of France

A dramatic overhead image of a Men’s bout during the Mixed Relay Fencing Bonus Round

Annika Schleu (GER) takes aim as she makes her way from 8th to 3rd in an exciting Laser Run

Laura Asadauskaite (LTU) savours victory during the Women’s Final after an epic Laser Run

Modern Pentathlon founder Pierre de Coubertin keeps a watchful eye on Riding standards
1 — (left) Iryna Prasiantsova (BLR) makes the bond between athlete and horse
2 — Mariana Arceo (MEX) is one of 13 victims of Rebecca Langrehr (GER), who set a new world record for the Fencing Bonus Round in Székesfehérvár (HUN)
3 — Gold medal-winning couple Annika Schleu and Christian Zillekens (GER) celebrate their UIPM 2021 Pentathlon World Cup Final success with a kiss
4 — Charles Fernandez (GUA) during the introduction of the Swimming event
5 — Michelle Gulyas (HUN) and Volha Silkina (BLR) are pushing hard after leaving the shooting range
6 — Women’s Final podium
The UIPM Pentathlon World Championships have been the scene of ecstasy, agony and a whole lot of history these past four years as ageless champions roared back to the top, barren national runs were ended in style and the sport of Pentathlon took a huge step towards a dynamic, exhilarating future.

In keeping with a hectic season for the continent of Africa, the 2017 Senior World Championships brought the best in the world to Cairo. And the best duly put on a show. Both Korea and Germany had weeks to remember as they claimed two gold medals each while Russia picked up the remaining top prize. There were storylines aplenty among the winners. Gulnaz Gubaydullina ended Russia’s 20-year wait for a Women’s Individual world champion after a stirring Laser Run performance, having started the round in fourth place. On the Men’s side, Jung Jinhwa’s (KOR) third trip to a World Championship podium proved the charm as he finally claimed gold after bronze medals in 2012 and 2016. “I am proud of this win and I hope it will help to make Modern Pentathlon more popular in Korea,” he said afterwards. Korea also took the Men’s Relay while four Germany athletes combined to claim both the Women’s and Mixed Relay gold medals. And additional silver and bronze ensured a German flag atop the medal standings.

The 2018 edition of the UIPM Senior World Championships may well go down as one of the most significant moments in Pentathlon history. Mexico City was the scene of a groundbreaking week for the sport as there was the unveiling of the new Pentathlon Stadium – a world first – and the celebration of the first ever Pierre de Coubertin Pentathlon Day. There were fireworks in the arena too as Anastasiya Prokopenko (BLR), 13 years after winning her first international title, enjoyed the most glorious moment of her career as she became world champion for the first time. The veteran started the Laser Run a full minute behind the front of the field but blazed through her rivals to win. Prokopenko had earlier guided Belarus to Women’s relay gold too, praising the venue concept as adding to the atmosphere. “It’s an amazing place for us because you can do everything in one place, and you can rest between events,” she said. In a competition taking place at altitude the Men’s final was truly breath-taking as Great Britain’s Jamie Cooke stunned Valentin Prades of France in a photo finish. France and Germany took the other relay golds on an unforgettable week.

In 2019, Budapest played host to a World Championships for the seventh time, the Hungarian capital the venue for the largest UIPM competition in history with an estimated 1000 participants from more than 60 nations. Qualification places for the Tokyo Olympic Games were on the line, which only added to the drama. And there was plenty of that. Volha Silkina of Belarus took the first Olympic spot as she rode her remarkable consistency all the way to gold in the Women’s final. “I can’t believe it yet, Silkina (BEL) said. “I have a lot of emotions.” Emotions weren’t in short supply on the Men’s side either as France’s Valentin Belaud claimed his second World Championship crown. Belaud narrowly defeated Great Britain’s Joseph Choong in a ultra-competitive final to remarkably rack up his 10th World Championship medal. Belaud and France had had to make do with silver in the Mixed Relay as Egypt topped the podium while there was also relay glory for Germany and Mexico, meaning five different champions had represented three continents.

With the COVID-19 pandemic ravaging the 2020 calendar, the extra wait to the 2021 World Championships was difficult but proved to be worth it. In Cairo, which had stepped in as an excellent host city, there were more performances to remember, just weeks out from the rearranged Tokyo Olympics. There was history for Belarus as the country claimed an record-equalling third-straight Women’s title when the ageless Anastasiya Prokopenko claimed her second world gold in three years. Prokopenko (BEL) saw off all comers with a trademark blistering Laser Run. “My Laser Run was very good today and I want to thank everyone!” she said afterwards. “It’s my life, my heart ... my whole life.” If Prokopenko had proved class is permanent, Hungary’s Adam Marosi, just weeks out from his 37th birthday, emphasized the fact in some style. Marosi took the Men’s crown for his first world title since 2009. Victory earned him an automatic place in Tokyo. “I can taste the feeling now, I can taste the moment,” he said after crossing the line. “Maybe I will cry on the podium.” Relay golds were claimed by Korea, Belarus and the Russian Modern Pentathlon Federation.

“It’s an amazing place for us because you can do everything in one place.”
Ahmed Elgendy (EGY) celebrates the World bronze medal that took him to the Olympic Games.

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Women’s competitors take aim during the Laser Run
Jung Jinhwa (KOR) celebrate their individual victories at the UIPM 2017 Senior World Championships in Cairo (EGY)
Action from the Riding event in Cairo — Women’s Individual
Action from the Swimming pool in Cairo — Men’s Individual
Gulnaz (RUS) crossing the finishing line
Hwang Woojin and Jun Woongtae (KOR) are embraced by their team after winning Men’s Relay gold
All smiles for Guatemala during the Fencing Bonus Round — Mixed Relay
1 — (left) Jamie Cooke (GBR) beats Valentin Prades (FRA) to the finish line
2 — (left) A rider clears an obstacle
3 — Men’s Individual podium
4 — Swimmers enter the pool
5 — Anastasiya Prokopenko (BLR) new World Champion
6 — A double hit during the Fencing
7 — Pavlo Tymoshenko (UKR) and Jamie Cooke (GBR) take aim

Mexico 2018
1 — (left) Valentin Belaud (FRA) approaches the finish line to become world champion for the second time

2 — Unconfined joy for new Mixed Relay world champions Salma Abdelmaksoud and Eslam Hamad (EGY) at the finish line

3 — Valentin Belaud (FRA) accepts his gold medal from UIPM Honorary President HSH Prince Albert II of Monaco

4 — Volha Silkina (BLR) breaks the tape as new world champion

5 — A capacity crowd in Budapest (HUN) watches the drama of the Riding stage

6 — Marie Oteiza (FRA) scores a point during the Fencing Bonus Round
1 — (left) Flèche attack by Ahmed Hamed (EGY) during the Fencing Bonus Round event

2 — The 35-year-old Prokopenko (BLR) repeated her 2018 triumph by scorching through the Laser Run field to win Women’s Individual gold at the UIPM 2021 Pentathlon World Championships

3 — Rising star Michelle Gulyas (HUN) at the shooting range during the Women’s Final

4 — Men’s Final podium

5 — Adam Marosi (HUN) takes aim before being crowned world champion

6 — Ahmed Elgendy (EGY) celebrates the world bronze medal that took him to the Tokyo Olympic Games
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Haydy Morsy (EGY) celebrates a victory during the Fencing Bonus Round.
The Japanese have done such a great job putting it on despite the pandemic. The crowning moment of any athlete’s career, just making it to an Olympic Games can be the culmination of a lifetime’s work. Making it to the greatest sporting show on the planet this past summer however felt like an extra-special achievement.

After 18 months of uncertainty and upheaval, the Tokyo Olympics finally took place a year after originally scheduled and the cream of the Modern Pentathlon crop who made it all the way to Japan had already marked themselves out as heroes. So too the organizers and officials who helped ensure that the Games went ahead in a safe and supportive environment — all of this in spite of the global pandemic.

Tokyo will go down in history for many reasons and it will mark a seminal moment in the UIPM history books too. To start with, for the first time ever, an Olympic Games got to see the dynamic experience of the Pentathlon Stadium in all its glory. The Tokyo Stadium was transformed into a five-sports-in-one-venue paradise and it proceeded to play host to more historic achievements.

Great Britain completed an unprecedented double as it took both gold medals on offer, Tokyo Stadium a field of dreams for both Kate French and Joseph Choong. Both Brits had been sending strong signals of their emerging excellence in the years leading up to Tokyo, claiming World Cup finals and many other respective titles.

French had particularly marked herself out as the most in-form athlete in the Women’s competition, dominating the 2021 World Cup season. But in an ultra-dramatic final, it was French’s nerve as much as her athletic excellence that sealed the defining moment of her career. French kept her cool in a chaotic Riding session and showed all of her class to make up a 15-second margin and race away to glory in the Laser Run.

London 2012 gold medalist Laura Asadauskaite emerged from the pack to win silver and give Lithuania their first medal of the Olympics in any sport. Sarolta Kovacs of Hungary bravely held on to bronze.

“I’m so pleased I could do it in Japan, I’ve had such a great experience here,” said an emotional French with gold draped around her neck. “The Japanese have done such a great job putting it on despite the pandemic.”

A day later her countryman Choong set a new Olympic record of 1,482 points as he held off the chasing pack to complete a British double. But there was joy all across the podium. Ahmed Elgendy of Egypt wrote his own fairytale, winning Olympic silver aged 21 as the first medalist from Africa. Bronze went to Korea’s Woongtae Jun who gave Korea their first Olympic medal in the sport and completed a tri-continental podium that displayed the exciting future of the sport. Asked about the team’s historic double success, gold medalist Choong (GBR) said: “I think it goes to show that some of the staff we got have been absolutely fantastic.”

Tokyo also witnessed the resiliency of the UIPM and wider pentathlon community as the dramatic and difficult experiences in the Riding session of the Women’s final sparked swift and significant reflection and remedy. Within days, the UIPM had introduced new measures to improve horse welfare in the sport.

A working group of the foremost experts has since been established and has set about exploring and addressing both the incidents during the Women’s Final and the proposed changes.

As the entire Pentathlon community looks forward to Paris, the excellence and experiences of Tokyo make all thankful that the next Games will roll around quicker than ever.
With a Fencing Ranking Round for women and men, the Modern Pentathlon competition got underway at the rescheduled Tokyo 2020 Olympic Games at Musashino Forest Sports Plaza.

Kate French (GBR) moves into a strong position at the shooting range as the pack tries to keep up.

Action from the Swimming in Tokyo Stadium as the Pentathlon Stadium concept becomes a reality at the Olympic Games for the first time.

Spectacular action during the Fencing Bonus Round.

Action from the Men’s Riding event during the Tokyo 2020 Modern Pentathlon.
“It’s incredible here, a really amazing complex and the Riding is very good. It’s a wonderful place and I love coming here.”

Lina Batuleviuciu of Lithuania brought a year of transition in women's pentathlon to a close and Riccardo de Luca of Italy bounced back from injury in style at the 2017 UIPM Champion of Champions in Doha, Qatar lived up to the excitement and drama of previous instalments of the conception in the Persian Gulf nation.

Batuleviuciu (LTU) built on her success at the CISM World Military Championships to scale the top of the podium ahead of silver medallist Alice Sotero (ITA) and bronze medallist Elodie Clouvel (FRA), in the absence of 2015/2016 winner Annika Schleu (GER).

“It’s the best day — I am so excited that I got the gold,” said Batuleviuciu (LTU) after receiving her gold medal at the Al Shaqab Arena. “This is the second title of my career and the first was last month in the World Military Championships.”

The result continued an intriguing season of transition in women’s pentathlon, with a number of athletes claiming their first major titles such as world champion Gulnaz Gubaydullina (RUS) and World Cup Final gold medallist Tamara Alekszej (HUN).

In the Men’s event, De Luca (ITA) forced the 2016 Champion of Champions, Patrick Dogue (GER), to settle for silver while Valentin Belaud (FRA) earned bronze after a great battle with junior world champion Daniele Colasanti (ITA).

The 2017 event marked the third UIPM Champion of Champions to take place in Doha, where facilities are world class, in the space of four years. Clouvel (FRA), the 2016 Olympic silver medallist, summed up the joyous experience for all athletes present, “It’s incredible here,” she said. “A really amazing complex and the Riding is very good. It’s a wonderful place and I love coming here.”

UIPM President Dr. Klaus Schormann was just as effusive in his praise. “Qatar and the city of Doha have shown a commitment to organising international sports events and proved they can provide the highest level of infrastructure, hospitality and organisational resources,” Dr. Schormann said. “Doha is a special pillar of our movement.”
### Women’s Final

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Riding action in the arena
1 — (left) A spectacular view of the pool in Doha
2 — Action from the Riding event at Al Shaqab Arena in Doha
3 — Lina Batuleviciute (LTU) shoots on her way to victory enjoys career high
4 — Fencing action in the arena
5 — Riccardo De Luca (ITA) on is way to gold
6 — The women’s podium
## CISM Military Championships
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As it rapidly approaches its 50th anniversary edition, the CISM Military World Championships continues to go from strength to strength as another don’t-miss date on the Pentathlon calendar.

The 2017 edition took the best military athletes in the world to the Polish city of Drzonkow where it was a European whitewash on the podium. Hungary were the most dominant nation claiming five of the nine medals on offer. Veteran Adam Marosi claimed the Men’s individual title, leading a Hungarian clean sweep. Lina Batuleviciute of Lithuania beat a world-class field to take Women’s gold. In the Mixed Relay, the class of French pairing Elodie Clouvel and Valentin Belaud told in a particularly close finish.

Fresh from their dominance the year before, Hungary hosted the next season’s edition but the 2018 CISM Military World Championships was a much more equal affair with six different nations finding their way into medal placings. Russia’s Ekaterina Khuraskina (RUS) maintained her impressive record at the event with her second individual gold in three years while Patrick Dogue stood tallest in a super talented field to take Men’s gold. With the competition moving to China the following year, Wang Wei and Zhang Linbin ensured things ended on the right note as the Chinese flag was raised after the Mixed Relay.

Due to a combination of the World Military Games in 2019 and the impacts of the COVID-19 pandemic, we then went fully three years without a CISM Military World Championships. The Category A Modern Pentathlon competition returned in September of 2021 to the site of the 2017 championships — Drzonkow, Poland. And after all that waiting, it was clear that host nation were in a hurry. Poland took both gold medals on offer on the opening day as their Olympic pedigree shone through. Tokyo 2020 Olympians Łukasz Gutkowski and Sebastian Stasiak took Men’s gold while Anna Maliszewska and Oktawia Nowacka, Tokyo and Rio entrants respectively took Women’s Relay honours. It was non-selection for Tokyo which provided the motivation for Men’s individual champion Bence Demeter of Hungary while 2017 world champion Gulnaz Gubaydullina (RUS) came from behind in the Laser Run to claim the Women’s title. Ukraine claimed Mixed Relay gold while there was still time for Poland and Hungary to claim Team gold medals.
CISM WORLD CHAMPIONSHIPS

Budapest 2018

1 — Patrick Dogue (GER) celebrates as he approaches the finish line to become world military champion

2 — Women’s Individual podium

3 — Men’s Individual podium

4 — The Fencing Bonus Round in Budapest (HUN) is must-watch

5 — Action from the Riding arena
Drzonków 2021

1 — Anna Maliszewska (POL) gives an interview to local media

2 — Gubaydullina (RUS) savours individual gold at CISM 2021 Military World Championships

3 — The new military world champions is Bence Demeter of Hungary

4 — Flag Bearers for the Opening Ceremony
### Women’s Final

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They say that university is the time to broaden your horizons. That was certainly the case in 2018 when the best student athletes in the world gathered for a historic new first instalment of a new competition.

The inaugural FISU World University Modern Pentathlon Championships took place in Hungary in July 2018 with student athletes from 18 countries across five continents converging on Budapest.

The Tetrathlon format, encompassing Swimming, Fencing and Laser Run, was adopted in the individual events, while Riding was added to the programme for the Mixed Relay and a historic new event — Team Pentathlon.

In the Men’s Individual final, France’s Brice Loubet emerged triumphant from a thrilling battle with silver medalist Ahmed Elgendy of Egypt and Lukas Svechota of the Czech Republic. I started with a large handicap, 43 seconds against the leader,” said Loubet. “But before the race in my mind I said ‘everything is okay, I can do it’. And finally I was able to do it.”

Elena Micheli of Italy became world champion after a dominant performance in the Women’s Individual competition. Anna Maliszewska of Poland claimed silver and Sondos Aboubakr of Egypt joined the podium with a bronze medal.

With medals from both individual events, Egypt was enjoying an impressive week. They again found themselves among the prizes as they took bronze in the Mixed Relay. Marta Gobecka and Łukasz Gutkowski of Poland topped the podium after a tough duel with Kseniia Fraltsova and Nikolai Matveev of Russia, who made do with silver.

Then came the historic first ever Team Pentathlon event. Each team was made up of four athletes (male and female) with each team member taking one discipline each. Fittingly, Egypt became the first-ever gold medalists in the event. Their team of Sherif Rashad, Sherif Nazeir, Haydy Morsy and Ahmed Elgendy came out on top ahead of Italy and Poland.

There was huge praise from all competitors for the first ever FISU World University Modern Pentathlon Championships. Eilidh Prise of Ireland, who finished 6th in the Women’s Individual and 4th alongside Michael Healy in the Mixed Relay, said: “It was a fantastic experience to compete against our fellow students. In the senior ranks you’re always comparing yourself to full-time athletes but here you’re on a par with other student athletes, so that was really nice.”

The second instalment of the championships had been due to take place in Vila Real, Portugal in 2020 but were cancelled due to the COVID-19 pandemic. Instead, the next generation of gifted student athletes will compete at the 2022 FISU World University Modern Pentathlon Championships in Buenos Aires, Argentina in September.
# Junior World Championships Medal Table

## 2017-2021

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There is no greater window into the future of Modern Pentathlon than the UIPM Junior World Championships. Every edition serves as a potential springboard to future success for the next wave of talent looking to break through. Over the past four years we have seen the event surface champions who have gone on to the ultimate achievement — Olympic Games podiums.

A total of 172 athletes from 27 countries took part in the UIPM 2017 Junior World Championships in Székesfehérvár, Hungary. But it was Italy who would be the undoubted dominant nation of the championships, finishing with three gold medals, including a surprise Men’s champion in Daniele Colasanti. Korea picked up two golds with Kim Sunwoo completing a rare feat — back-to-back World Junior titles after her victory in Cairo in 2016. Korea also claimed Men’s Relay honours with Russia coming out on top in the Mixed Relay after hosts Hungary had got the whole thing off to a flying start when they had taken Women’s Relay gold on the opening day.

The 2018 season saw Italy back up their exploits as a nation rich in young talent as they again topped the medal table in Kladno, Czech Republic. The prizes were spread far and wide at the UIPM 2018 Junior World Championships with fully 12 nations, representing four continents, digging deep to climb their way on to the podium. Egypt’s Ahmed Elgendy was the undoubted breakout star of the week as he backed up his World Under 19 title by claiming Junior honours aged just 18. Elena Micheli ensured there would again be individual joy for Italy as she took the Women’s title. Meanwhile there was an impressive Women’s Relay gold for Guatemala.

Elgendy (EGY) went into the UIPM 2019 Junior World Championships in Drzonkow, Poland as a hit commodity. And he came so close to backing up the hype only to see France’s Jean-Baptiste Mourcia scorch clear in an unforgettable Laser Run. Elgendy would help Egypt to Mixed Relay gold, the African powerhouse having also topped the podium in the Men’s Relay. Russia’s Adelina Ibatullina was the dominant athlete of the week in Poland as she claimed the individual Women’s title, the Women’s Relay and Team gold.

Two long years of waiting for the future of Modern Pentathlon to gather again came to an end in Alexandria in July as the UIPM 2021 Pentathlon Junior World Championships. Egypt had been the cornerstone of the return to competitions, UIPM President Dr. Klaus Schormann describing the country as “the dependable pillar of our movement.” As if to reward his nation, Ahmed Elgendy (EGY) roared back to the top of the podium with a dominant Men’s gold medal. Mere weeks later he would back up all that promise as he took silver at the Tokyo Olympics. Rebecca Castaudi claimed Women’s gold for France while Relay joy was sprinkled across Europe with Ukraine, Germany and Belarus all claiming gold medals.
1 — (left) Male athletes follow their female team-mates into the pool during the Mixed Relay

2 — (left) Laser Run action from the Women’s Final

3 — Sophia Hernandez (GUA) crosses the finish line and prepares to celebrate with partner Sofia Cabrera

4 — Martin Vlach (CZE) in action during the Fencing Ranking Round

5 — Marek Grycz and Martin Vlach (CZE) savour their triumph on home soil

6 — Joy on the finish line for Anna Zs Toth and Eszter Varga (HUN)

7 — Action from the Riding arena in Székesfehérvár
1 — (left) It’s neck and neck at handover time between Russia and Great Britain

2 — (left) Ahmed Elgendy (EGY) clears an obstacle during the Riding event

3 — Action from the Fencing Bonus Round in Drzonkow (POL)

4 — Oskar Paradowski and Lukasz Gutkowski (POL) entertain the crowds before the Swimming event

5 — The moment of glory for new world champion Mourcia (FRA)

6 — Ibatullina (RUS) revels in the moment of victory
1 — Ahmed Elgendy (EGY) celebrates on the top of the Men's Final podium.

2 — Action at the shooting range.

3 — A high five for host nation Egypt during the Fencing Bonus Round.

4 — Chekan & Kovalchuk (UKR) take Men's Relay gold.

5 — (right) An exceptional Laser Run performance enabled Rebecca Castaudi of France to become the first individual junior world champion in two years.

6 — (right) Action from the Riding in the Men's Final in Alexandria (EGY).
There was a veritable feast of medals on offer — over 40.

This has been a cycle of triumph and transition for the younger generation of talent in the UIPM family. There is now a new home on the calendar for the best teenage talent in the sport with the launch of the UIPM Youth World Championships (U19 & U17) in 2019, which combined the younger age grade with the previous U19 Championships at the same competition.

In Sofia and again in 2021 in Alexandria, Egypt, the gathering of these two great waves of future talent at the one event has made for a dynamic week of great competition and camaraderie that bodes well for the future of the championship.

Back in 2017 at the previous iteration of the UIPM Under 19 World Championship, the emerging talent came from across the globe as all six UIPM continental federations (Europe, Asia, Africa, Oceania, NORCECA and South America) were represented in Prague. The five medals on offer in the Czech capital duly went to four different countries representing three continents. Individual honours went to Russia and Korea as first Adelina Ibatullina (RUS) stood on top of the world after a thrilling battle for Women’s Individual glory. Kim Woocheol further enhanced Korea’s reputation as a producer of great young talent as he took an impressive Men’s title. Italy claimed two of the three Relay golds on offer — Mixed and Women’s — while Egypt took the Men’s crown.

In 2018, the final installment of the UIPM Under 19 World Championship saw the biggest ever gathering of teenage pentathletes as Caldas de Rainha in Portugal proved a worthy host venue for the occasion. In keeping with one of the most striking trends of this entire pentathlon cycle, Egypt’s depth of talent was emphatically evident as the African powerhouse finished with a remarkable six medals. Inevitably, Ahmed Elgendy was the one leading the Egyptian charge, claiming Men’s individual gold as his compatriots ensured it was an all-Egyptian podium. He also helped his country gold in the Mixed Relay. Italy also took two golds from the week north of Lisbon, Alice Rinaudo (ITA) taking Women’s gold while Korea broke up the Euro-African domination by taking Men’s Relay honours.

With Sofia the site for the inaugural inclusion of the Under 17 classification in 2019, there was a veritable feast of medals on offer — over 40. That number seemed appropriate given that there were almost 40 countries from six continents competing in Sofia. From the pack, Russia emerged as the most prize hungry nation as it took eight totals medals from the week. Ivan Shalupin (RUS) added individual Men’s U19 gold to earlier Team titles at both age grades. Egypt weren’t too far behind the Russians with seven total medals, five of them gold with Moutaz Mohamed marking himself out as one to watch with a blistering U17 Men’s gold. Svetla Zgurova raised the roof with home fans as she took U17 Women’s glory.

The COVID-19 pandemic may have caused a delay in the next gathering of the future of the sport but the 2021 UIPM Youth World Championship (U19 & U17) was worth the wait. Alexandria in Egypt welcomed almost 130 athletes from 24 countries. Amira Kandil was the toast of the home crowds as she claimed U19 Women’s individual honours for Egypt while Europe dominated the other individual finals, Hungary, Russia and Belarus topping the podiums. Kirill Manuilo (RUS) was one of the week’s most impressive competitors as he scorched to U19 Men’s gold. The same four countries would end up dominating the week as Egypt claimed two further U19 golds in Men’s and Women’s Relay while Belarus took U19 Mixed Relay and U17 Women’s Relay titles with Russia and Hungary getting in on the act too.
The moment of glory for Amira Kandil (EGY) and her coach in front of a home crowd in Alexandria (EGY)

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Prague 2017
Caldas 2018

1 — (left) Beatrice Mercuri (ITA) prepares to cross the line in 1st place
2 — (left) A tight turn on the Laser Run course
3 — Adelina Ibatullina (RUS) takes aim during the Laser Run
4 — It’s Poland vs Lithuania during the Fencing bonus round
5 — The Swimming pool
6 — It’s all about Egypt on the Men’s Individual podium
7 — Alice Rinaudo (ITA) approaches the finish line
Sofia 2019

1 — (left) Sarah Wilson (GBR) leaps off the starting blocks to get the U19 Mixed Relay under way

2 — (left) Yoon Yangji (KOR) crosses the line to secure gold in the U19 Mixed Relay

3 — Focused faces at the Shooting Range

4 — The Russian team make a light-hearted entrance to the Swimming pool for the U17 Women’s Relay

5 — Action from the Fencing Bonus Round in Sofia (BUL)
YOUTH (U19/U17) WORLD CHAMPIONSHIPS

Alexandria 2021

1 — (left) Lukas Gaudiesius (LTU) looks focused at the shooting range
2 — (left) Fierce action from the Fencing Bonus Round
3 — (right) Team Belarus celebrates their medalists
4 — Action at the Swimming pool
5 — (right) Start of the last discipline of the day, the Laser Run
6 — (right) Strong pack during the Laser Run event
## Women’s Final

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## Mixed International Team

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“Of course I’m feeling great, feeling proud to be the Youth Olympic champion.”

The 3rd Youth Olympic Games in Buenos Aires, Argentina in 2018 was once again the scene of gripping Men’s and Women’s pentathlon competitions. The unique Mixed International Team event was also must-watch.

Egypt, who had never previously won an Olympic pentathlon medal at any level, came of age in the Argentine sun and dominated proceedings in a way that sent the signal that this was a nation ready to fill podiums at all levels of the sport for years to come. To ram home the point, Egypt completed a clean sweep of gold across all three finals.

Salma Abdelmaksoud left rivals in her wake as she became Egypt’s first Olympic pentathlon medallist at any level when she took Women’s individual gold. Abdelmaksoud did it the hard way, overtaking World U19 champion Alice Rinaudo of Italy in an exciting Laser Run. Bronze medallist Michelle Gulyas of Hungary also overtook Rinaudo (ITA) and kept possession of 2nd place until the final lap, when she was passed by Emma Riff of France, who thrilled the crowd by claiming silver.

“I am so happy and so thankful to my coaches and my family,” Abdelmaksoud (EGY) said. “My mother and father support me so much and so do my coaches.”

Ahmed Elgendy (EGY) confirmed his status as the best young pentathlete on the planet in Buenos Aires. The 18-year-old had been unstoppable all season, becoming world champion at UIPM Junior and Under 19 Tetrathlon championships. He once again mastered the Tetrathlon format in Argentina, finishing second in Swimming, first in Fencing and defending his lead without alarm in the Laser Run. Egor Gromadskii of Russia captured the silver medal while Ugo Fleurot of France prevailed in an intense battle for bronze.

“Of course I’m feeling great, feeling proud to be the Youth Olympic champion,” Elgendy (EGY) said. “It’s been my dream for four years.”

Elgendy wasn’t done yet however. He lit up the final day of competition as he added Mixed International Team gold to his resume. The unique format, enjoyed in Buenos Aires by IOC President Dr. Thomas Bach among thousands of spectators, allows athletes from different nations to team up and battle for Youth Olympic glory. Elgendy partnered with Gu Yewen of China for a dominant gold.

“I am super happy to get this gold medal,” Gu (CHN) said. “It was a great experience to have the same goal and to share this with someone from a different country. This is truly what the Youth Olympic Games are created for.”
CHAPTER V TASTE OF UIPM EVENTS

1 — Women’s podium
2 — Action from the Swimming pool in Buenos Aires (ARG)
3 — Action from the Women’s Individual Laser Run (2)
4 — Action from the Women’s Individual Laser Run
5 — (right) Joy and delight in the crowd at Youth Olympic Park
6 — (right) High Five

YOUTH OLYMPIC GAMES
The UIPM 2018 Masters World Championships demonstrated the growing importance of enabling the UIPM Sports community to stay involved in competition throughout their life.

A record number of 26 nations sent more than 130 athletes to the championships in Halle, Germany, with representation from Europe, North and South America and Africa in five male and female age categories from 30+ to 70+.

There was even one octogenerian on the entry list — Erwin Stalder from Switzerland — who declared his retirement from pentathlon at the end of the championships at the age of 80.

Sixty years had passed since Stalder (SUI) first took up Modern Pentathlon as a sports-mad youngster serving his military service. Over the decades he has played the role of athlete, competition organiser, national administrator and UIPM judge.

“The benefit of sport is that you have good physical activity as well as social competence in society. It’s a vital part of your life. I have been an athlete, an organiser and a judge, and so I think I have the right to say what I think is a good way to run the sport,” said Stalder (SUI).

“I hope everybody goes home from Halle with a good feeling from a really beautiful competition, and I hope the development of the Masters movement will continue with a little bit more support from UIPM.”

While Stalder was busy signing off from a lifetime of competitive action, there was still plenty of others going strong. Twenty of the 26 competing nations enjoyed medal success, with Ukraine proving strongest on the men’s side and Germany in the women’s events.

UIPM President Dr. Klaus Schormann said: “This World Championships underlines that Modern Pentathlon is a sport for life: you can start when you are seven years old and you can finish in your old age, like 80-year-old Erwin Stadler from Switzerland.”

Peter Engerisser, Chair of the UIPM Masters Committee, added: “Masters is extremely important to the future image of our sporting movement, including sports such as Biathle, Triathle and Laser Run. We need to get a broad variety of the population involved in all of our sports, not only a small elite.”

The UIPM Pentathlon Masters World Championships will return to the calendar in 2022 after suffering disruptions in the wake of the COVID-19 pandemic.

1 — (left) Erwin Stadler (SUI) bids farewell
2 — (left) Action from the Riding course
3 — Women’s Team podium
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Determination is an essential part of the UIPM Sports movement.
BIATHLE-TRIATHLE WORLD CHAMPIONSHIPS

An impressive Czech team captured the most medals, with 27, while Germany won 26 and Egypt 23 overall.

Biathle (Run-Swim-Run) and Triathle (Swim-Run-Shoot) have been pillars of the global growth of UIPM Sports in recent times. For that reason and many more, the UIPM 2021 Biathle-Triathle World Championships remains a treasured date in the competition calendar. Truly an event for all the family, the championships are a display of multi-generation athletic abilities.

The UIPM 2017 Biathle-Triathle World Championships in Viveiro (ESP) were hailed as a triumph for UIPM development sports as more than 500 athletes from 30 countries took part in thrilling competitions across four days. Athletes ranging in age from 7 to 76 competed for medals in the Galicia beach resort across individual, team and Mixed Relay categories. South Africa’s all-conquering team won an exceptional 42 gold medals across the four days, while there were strong performances from other nations including Great Britain, France, Egypt and host nation Spain. There was a poignant moment of recognition on Bob Garden (RSA), at 76, who was the oldest competitor taking part. He was given a special presentation from UIPM Secretary General Shiny Fang.

With the following year’s instalment taking place on their home continent, the all-conquering South African team were expected to come back for more hardware. And so it proved as the UIPM 2018 Biathle-Triathle World Championships in Hughada, Egypt with close to 500 athletes from around 30 different countries present was fruitful for the host continent. South Africa and Egypt made it to the podium early and often but the most familiar face on opening day was two-time Olympian Dmytro Kirpulyanskyy who took Biathle Mixed Relay bronze. Day two saw a historic first international medal in UIPM Sports for Nepal, as Saloni Lama and Rahul Darshan won bronze in the Under 19 category. Meanwhile there was a rare gold medal moment for Greece on the competition’s final day as Aggelos Vasilieou took the Men’s Senior individual Biathle title.

While the 2019 edition couldn’t quite match Hughada for sheer number of competitors present, the beaches of Saint Petersburg, Florida were nonetheless packed with well over 400 competitors representing 33 countries from across the planet. The UIPM 2019 Biathle-Triathle World Championships brought the growth sports to American shores and it was clear that they were a hit. It helped to have impressive home protagonists to the fore from the get-go. On the opening day, host nation USA made the headlines as Olympians Samantha Achterberg and Amro Elgeziry won gold in the senior Biathle Mixed Relay. It would prove the start of a prolific few days for Achterberg (USA) who also took Triathle Mixed Relay and both individual titles, an unprecedented clean sweep. The medals were spread liberally around competing nations, including a rare podium placing for Singapore, with the event hailed as a major success.

Little did the community realize it would be a full 22 months until the next Biathle-Triathle gathering. But in the wake of the COVID-19 pandemic, the UIPM 2021 Biathle-Triathle World Championships in the lakes of Bavaria was a picturesque returning to pulsating all-aged action. The event in Weiden, Germany saw seven nations savour gold on the opening day. Egypt took three golds on day one and kept up that kind of relentless success in the three days that followed, take 16 titles at the championships. An impressive Czech team captured the most medals, with 27, while Germany won 26 and Egypt 23 overall.

The UIPM 2022 Biathle-Triathle World Championships are set to be held in Machico in Madeira, Portugal.
1 — Fierce competition in the water during the Triathle Mixed Relay

2 — John Hill (GBR), winner of the Masters 60+ Biathle title

3 — A youth competitor from Spain takes aim at the shooting range

4 — Alexandre Henrard (FRA) leads Pieter Oosthuizen (RSA) during the Triathle Mixed Relay

5 — Pieter Oosthuizen (RSA) proved unbeatable in the Individual Triathle
1 — (left) Young competitors leave the water as the UIPM 2018 Biathlon-Triathlon World Championships gets under way in Hurghada (EGY)

2 — (left) An Egyptian athlete runs in his goggles and cap in Hurghada (EGY)

3 — Determination from a South African duo

4 — A colourful scene at the start line

5 — Fierce competition between the next generation of women’s athletes
BIATHLE-TRIATHLE WORLD CHAMPIONSHIPS

1 — (left) Male athletes take aim at the shooting range
2 — (left) An Egyptian athlete shows determination during the Running discipline
3 — Action from running course in Saint Petersburg (USA)
4 — A German master athlete savours his moment of victory
5 — Samantha Achterberg (USA) celebrates one of her many victories

Saint Petersburg 2019

CHAPTER V TASTE OF UIPM EVENTS
BIATHLE-TRIATHLE WORLD CHAMPIONSHIPS

Weiden 2021

1 — Now this is a close finish!

2 — Action from the shooting range

3 — The joy of Mixed Relay participation is clear to see in the faces of these Germans and Spanish Masters team-mates

4 — Swimming transitions are key

5 — A mass start for junior girls in Weiden (GER)
The Georgian capital of Tbilisi has helped kickstart more than one new initiative in the UIPM world and it again stepped up to the plate in late July of 2019 when the city hosted the first instalment of the revitalised Biathle-Triathle National Tour (BTNT).

The BTNT, which gives people from new communities the chance to try their hand at two UIPM development sports in one day, was revitalized following the huge success of the Global Laser Run City Tour, which also made its debut in Tbilisi (GEO) in April 2017.

"UIPM competitions don’t only happen in stadiums and park venues, they can also take place on beaches and in cities,” UIPM President Dr. Klaus Schormann said ahead of the 2019 relaunch. “We are taking our sport to the people, rather than asking the people to come to us.”

The remainder of the 2019 season saw the initiative quickly spread across the world to a host of continental confederations of the UIPM. There were stops in Portugal, Armenia, Sri Lanka, Egypt, Mali, France and even a Christmas competition in the Ivory Coast.

While the COVID-19 pandemic disrupted some of that early momentum, the Biathle-Triathle National Tour was among the first competitions to be restarted in 2021 once conditions were safe for all participants. Hurghada, Egypt was the site of the first event of the year in April and there have since been hugely successful competitions in Portugal, Georgia, Germany and Burkina Faso with the Philippines and South Africa also on the 2021 calendar as the Biathle-Triathle National Tour continues to grow and attract fresh audiences to UIPM sports.
Coimbra  
Hurgada  
Machico  
Ouagadougou  
Tbilisi  
Weiden  

1 — Tbilisi (GEO)  
2 — Machico (POR)  
3 — Piliyandala (SRI)  
4 — Hurgada (EGY)  
5 — Sevan (ARM)  
6 — Machico (POR)  
7 — Sevan (ARM)  
8 — Machico (POR)  
9 — Tbilisi (GEO)  
10 — Tbilisi (GEO)  
11 — (right)  
Tbilisi (GEO)  
12 — (right)  
Ouagadougou (BUR)
Since being initiated in France in 2015, the Laser Run World Championships have proven a wildly successful competition and an important stepping stone for so many newcomers to UIPM sports at youth level. In 2019 the competition was brought together with the senior UIPM Pentathlon World Championships to create the biggest event in UIPM history.

In 2017 Cape Town in South Africa proved a spectacular host city for the 3rd Laser Run World Championships, which built on the progress of Perpignan (FRA) and Lisbon (POR) as most recent hosts. Hundreds of athletes from countries as diverse as Ivory Coast, Thailand and Monaco collected medals alongside more established UIPM member nations. There were podium placings on offer across 10 categories from Under-11 to Masters 60+. Hosts South Africa dominated proceedings and ended up with a huge medal count, including gold in the Men’s Individual (Pieter Oosthuizen) and Mixed Relay (Oosthuizen & Alida van der Merwe). The Women’s Individual senior event was won by Eevi Bengs of Finland. Oosthuizen (RSA) said: “It’s a very nice feeling, almost a feeling I can’t describe because all my friends and family are here and this is not only my home country but my home town.”

The competition swapped hemispheres the following year as Dublin, Ireland played host to the 2018 UIPM Laser Run World Championships. Huge crowds turned out in the Emerald Isle and weren’t disappointed. The host nation won five medals including individual silver for Kate Coleman Lenehan and Tom O’Brien, who then teamed up to win Mixed Relay bronze. Paddy Boyd, Pentathlon Ireland CEO, said: “We can say that we have firmly put Laser Run on the map in Ireland.” There were more than 400 athletes from 28 countries in Dublin for the event which saw neighbours Great Britain finish as the best-performing nation with a huge haul of 27 medals, including 10 golds. Jessica Varley (GBR) and Bence Kardos (HUN) scooped the individual prizes.

The following year saw the historic strategic decision to bring the Laser Run World Championships together with the UIPM Pentathlon World Championships. It meant that Budapest, Hungary would play host to what was then the biggest competition ever organised by the UIPM, with an estimated 1000 participants from more than 60 nations. From Nepal to New Zealand, from Mongolia to Monaco, from India to Israel and from Singapore to Slovakia, it was a truly global gathering. While the medals were spread around, the biggest prizes stayed closest to home as Richard Bereczki (HUN) and Kamilla Reti (HUN) respectively became senior Men’s and Women’s world champion in front of an adoring home crowd.

The competition returned, again combined with the UIPM Pentathlon World Championships when Cairo, Egypt marked the return of the Laser Run World Championships in June of 2021. Unsurprisingly there was a massive haul of youth medals for the host nation — Egypt has proven itself a true hotbed of UIPM sports in this most recent cycle, particularly at younger grades. United States completed a senior double when three-time Olympian Amro Elgeziry (USA) took home the senior men’s gold medal 24 hours after the victory of his team-mate and fellow pentathlete Claire Green (USA).

“We can say that we have firmly put Laser Run on the map in Ireland.”
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</table>
Cape Town proved to be a stunning location for the event with Table Mountain in the background.

Mass start for junior girls at the UIPM 2018 Laser Run World Championships in Dublin (IRL).

Action from the senior men’s event in Cape Town (RSA).

All smiles at the end of the day in Cape Town (RSA).

Participants in one of the youth girls categories take aim.

Action from the range in Dublin (IRL).

France change hands during the Under 19 Mixed Relay.
Some of the youngest male athletes display their running and shooting technique.

Claire Green (USA) enjoyed a convincing victory in the senior women’s category with team-mate Phaelon French (USA) securing silver and Pinelopi Nika of Greece earning bronze.

Competition is intense as a batch of Laser Run youth athletes are at the shooting range.

A local female athlete takes aim.

The Mixed Relay is all about teamwork and nowhere is this more important than at the handover.
The UIPM Global Laser Run City Tour was created in 2017 to deliver an exciting, dynamic and fun competition to participants of all ages and offer them an entry point to UIPM Sports. An urban sporting event that can take place on the streets of a city, in a park or even in an existing sports venue, the GLRCT has proven itself a potent event in spreading the gospel of UIPM sports globally.

Growth was instant and impressive: from 60 cities across all continents in the launch year of 2017 to over 100 cities the following year, it proved one of the most remarkable success stories in the UIPM’s recent history. And that popularity would appear to be here to stay.

“The main vehicle for the growth in popularity of this sport is the UIPM Global Laser Run City Tour,” UIPM President Dr. Klaus Schormann said in 2019. “With almost 100 events annually across all continents, the GLRCT enables people from urban communities in cities and towns right across the world to have an entry point to UIPM Sports that they did not previously have. Our vision is that this first experience of multi-sports will lead them on a pathway through our sports pyramid, which has the core Olympic sport of Modern Pentathlon at the top.”

Scrolling through the GLRCT event listings on the UIPM website from subsequent years proves just how far and wide the initiative and the sport have grown together since that launch in 2017. One weekend will see competitions with hundreds of excited entrants in Argentina, Egypt and Afghanistan. The following weekend Burkina Faso and Kazakhstan have hundreds more taking part.

Even the COVID-19 pandemic couldn’t slow its relentless growth. While there was 14 months of inactivity as athlete safety became paramount, the GLRCT was back with a bang in Alexandria, Egypt in February of this year and hasn’t looked back with dozens of events across over 16 countries already this year. And the diary is packed with more to come: China, USA, Moldova and India. There appears to be no stopping the GLRCT.
CHAPTER V TASTE OF UIPM EVENTS
Asian Games 2018

The biggest multi-sport event in the Eastern Hemisphere, the 2018 edition of the Asian Games saw Jakarta lit up with some terrific performances in both the Men’s and Women’s events. Korea and China shared all six medals at the 2018 Asian Games Modern Pentathlon competition in Jakarta, Indonesia, winning one title each. Zhang Mingyu (CHN) and Jun Woongtae (KOR), living up to his billing as world No.1, each claimed the golden glory while three other Koreans and one Chinese athlete joined them on the podium after fighting off the challenge of rival nations such as Japan and Kazakhstan. The games also saw the opening of a new pentathlon centre in Jakarta. China will host the next instalment in Asian Games history, Hangzhou hosting the 2022 edition.

Women’s Final

<table>
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Men’s Final

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Pan-American Games 2019

The Peruvian capital of Lima picked up the baton from Toronto, Canada, with a brilliantly run 2019 Pan-American Games. Qualification spots on offer for the Tokyo Olympics of 2020 added an extra spice to proceedings in Peru and the athletes responded in kind. Mariana Arceo of Mexico and Charles Fernandez of Guatemala won gold medals in the Women’s and Men’s Finals respectively, guaranteeing their participation in Tokyo. However it was the United States who finished top of the Pentathlon medal table after married couple Isabella Isaksen and Amro Elgeziry took gold in the Mixed Relay to add to the US’s Women’s Relay gold.

Women’s Final

<table>
<thead>
<tr>
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Men’s Final

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<td>FIGUEROA José</td>
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**ODESUR Games 2018**

Chile, Argentina and Brazil were to the front when it was time to hadn’t out medals at the 11th ODESUR Games in Cochabamba, Bolivia in 2018. South America’s multi-sport event saw Men’s, Women’s and Mixed Relay finals excite the home crowds. Rio 2016 Olympian Iryna Khokhlova (ARG) won the Women’s gold medal while Men’s gold went to Esteban Bustos of Chile. The Mixed Relay was won by Brazil (Ieda Guimarães & Victor Aguiar) ahead of silver medallists Argentina and third-placed Ecuador. Athletes from host nation Bolivia, Peru, Uruguay, Venezuela and Panama also took part in the competition. The next ODESUR Games take place in Asuncion, Paraguay in 2022.

### Women’s Final

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### Men’s Final

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<td>SILVA Leandro</td>
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**Central American Games 2018**

The 23rd edition of the Central American and Caribbean Games took athletes to the northeast coast of Colombia where Baranquilla hosted the 2018 Games. With frequent modern pentathlon powerhouses Guatemala and Mexico at the head of the pack, competition proved fierce and frenetic. Charles Fernandez (GUA) took Men’s individual gold but Mayan Oliver (MEX) levelled up the scores ahead of the relay finals. While Guatemala claimed Mixed Relay bragging rights, Mexico had claimed top spot on the Women’s Relay podium. It was left to the Cuban pairing of Lester Ders and Raidel Orama (CUB) to break up the duopoly as they raced to Men’s Relay gold. The next Central American and Caribbean Games will take place in San Salvador in 2023.

### Women’s Final

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### Men’s Final

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<td>IMERI Jorge</td>
<td>Guatemala</td>
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CISM World Military Games 2019

At the seventh edition of the quadrennial World Military Games taking place in Wuhan in 2019 there was another packed Pentathlon schedule in the multi-sport event. There were medallists from three continents as Alexander Lifanov took Men’s honours for Russia while Elodie Clouvel was back on top the podium as she added Women’s gold to her enviable collection of titles. The Mixed Relay podium was a particularly international affair with Egypt seeing off the challenges of Hungary and China. The host nation did get a gold to cheer with Women’s Team honours with Russia taking the Men’s Team gold. The Chilean capital of Santiago is next up for hosting duties with the 2023 Pan Am Games taking place there.

**Women’s Final**

<table>
<thead>
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<th>Points</th>
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<td>GUBAYDULLINA Gulnaz</td>
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**Men’s Final**

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**Mixed Relay**

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<td>WANG Wei ZHANG Linbin</td>
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SEA Games 2019

Triathle and Laser Run made their debuts at the 2019 South East Asian Games in Manila and host nation Philippines wasted no time putting its name on the roll of honour. First though, they had to cope with the onslaught of a typhoon which caused hasty rearrangements of the opening day of competition. Princess Arbilon and Samuel German (PHI) delivered Mixed Relay gold for the hosts while Indonesia scooped two individual golds. Dea Salsabia Putri (INA) claimed the women’s individual Laser Run title with Muhammad Taufik (INA) taking the Men’s. Putri (INA) would double up and take Triathle gold too before Michael Comaling (PHI) gave the home crowd another gold. The next SEA Games will be hosted by the Vietnamese city of Hanoi in 2022.

World Urban Games 2019

Laser Run enjoyed a spectacular introduction at the historic first ever World Urban Games, a multi-sport festival created by the Global Association of International Sports Federations (GAISF) in Budapest in 2019. UIPM’s most popular development sport was one of just eight sports on the programme. Many of the world’s leading pentathletes, including world champions Anastasiya Prokopenko of Belarus and Valentin Belaud of France, gathered to take on Laser Run specialists in a Sprint Laser Run (4 x 400m) format. Prokopenko (BLR), Jessica Varley of Great Britain and Ilke Ozyuksel of Turkey emerged as the best performers on the women’s side. Ahmed Elgendy of Egypt dominated the men’s individual competition, with Yaraslau Radziuk (BLR), Gergely Regos (HUN) and Tom O’Brien of Ireland also emerging with credit.

SEA Games Medal Table

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Urban Games Medal Table

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</table>
The 2017 UIPM Pentathlon Awards were held in the host city of Tbilisi (GEO).

The winners were:

- **Best junior female**: Kim Sunwoo (KOR)
- **Best junior male**: Marek Grycz (CZE)
- **Best senior female**: Gulniz Gubaydullina (RUS)
- **Best senior male**: Valentin Prades (FRA)
- **Best coach**: Choi Eunjong (KOR)
- **Best team**: Russia
- **Best contribution**: Dr. Klaus Hartmann (GER)
- **Fair play award**: Stephany Saraiva (BRA)
- **Best overall UIPM competition**: World Cup Final, Vilnius (LTU)
- **Best promoted UIPM competition**: Senior World Championships, Cairo (EGY)
- **Best organiser**: Hungarian Modern Pentathlon Association for Junior World Championships, Székesfehérvár (HUN)

The 2018 Edition of the UIPM Awards Gala Dinner was held in Budapest on September 7.

The winners were:

- **Best Junior Female**: Rebecca Langrehr (GER)
- **Best Junior Male**: Ahmed Elgendy (EGY)
- **Best Senior Female**: Elodie Clouvel (FRA)
- **Best Senior Male**: Joseph Choong (GBR)
- **Coach of the Year**: Jan Bartu (GBR)
- **Best Team**: Russia
- **Best Mixed Relay Team Performance**: Germany
- **Best Overall Competition**: UIPM 2019 Pentathlon and Laser Run World Championships, Budapest (HUN)
- **Best Promoted Competition**: UIPM 2019 Pentathlon World Cup Final, Tokyo (JPN)
- **Development Awards**: Thailand, Peru
- **Best Contribution**: Bernhard Petschuchinski
- **UIPM Hall of Fame**: HSH Prince Albert II of Monaco, UIPM Honorary President

1 — (left) Delegates at the 2017 UIPM Congress
2 — (left) Delegates from more than 80 nations at the 70th UIPM Congress in Limassol, Cyprus
UIPM CONGRESSES AND GALA DINNERS

1 — (left) Delegates listen to a presentation by the Oceania Confederation President, Kitty Chiller, on the final day of the 70th UIPM Congress.

2 — (left) (Left to right) Elena Micheli (ITA), Anastasiya Prokopenko (BLR), Ahmed Elgendy (EGY) and Jun Woongtae (KOR)

3 — (left) (Left to right) Gen Charalampos Lottas, Sheikh Ahmad Al-Fahad Al-Sabah, Dr. Klaus Schormann, Jun Woongtae and Anastasiya Prokopenko blow out the candles.
1 — Elodie Clouvel of France receives her Senior Female Athlete of the Year award

2 — HSH Prince Albert II of Monaco is inducted into the UIPM Hall of Fame by President Dr Klaus Schormann (right) and Vice President Juan Samaranch

3 — The Senior Male Athlete of the Year award goes to Joseph Choong of Great Britain (right)

4 — Guests gather for a group photograph at the end of the UIPM 2019 Annual Awards Gala Dinner
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EDUCATION & DEVELOPMENT

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Four years after its initial implementation in October 2017, the UIPM Educational Platform has become a powerful tool to deliver CCP and JCP courses as well as a huge source of information for our coaches and judges. Other than e-learning courses, the platform also provides a variety of guidelines, videos, scientific articles, and other documents that support the activities of those important segments of our community.

In this Olympic cycle, more than 1,000 coaches and judges from almost 60 countries have been certified by UIPM over 4 levels for Coaches and 3 levels for Judges. In this period, 56 courses have been delivered by 20 educators and instructors in all continents of the globe. The updated lists with all certified people can be easily found in the UIPM Educational Platform.

Among the main topics displayed on the Platform, we can highlight the following:

- Manual “Quarterly Training Program”, written by the coach Ivan Lo Giudice (ITA). This manual contains a three-month programme and consists of a straight approach, focusing on athletes returning to their activities after the training restrictions caused by the COVID-19 pandemic.
- UIPM Riding Training Technical Guidelines were created to support coaches, clubs and national federations to create, develop and keep increasing the level of their riding programmes befitting the highest Pentathlon standards.
- Other than the video series “Laser Run made simple” produced in 2017, new video series with training tips for fencing, swimming, and riding presented by athletes have been published in 2020.
- Essays produced by coaches of Level 4 courses presented as a requirement to obtain their certification.
- During the pandemic, the UIPM delivered online Level 4 and Level 1 courses for coaches, managing theoretic and practical sessions.

The E-learning resources of our platform are a big step forward for UIPM educational activities. We are now bringing knowledge in a simple and accessible way to our public and at the same time increasing the quality and the number of hours to educate judges and coaches. As an innovation, all UIPM Levels 2 and 3 judges who are attending our seminars must conclude successfully a 20h e-learning module in the weeks prior to the on-site course. The goal with e-learning is to create awareness and increase the knowledge level about Modern Pentathlon rules in order to facilitate the learning process led by our educators. In addition, 176 judges renewed their licenses in this Olympic Cycle through a refresher e-learning course which gives more dynamism to the certification process and keeps the judges’ community updated about the sport rules.

With its Educational Platform, the UIPM is strengthening its commitment to the development and sustainability of the sport. It is ensuring the best opportunities to have people ready to recruit, prepare and retain athletes in Pentathlon as well as to give them the opportunity to compete equally and fairly in events according to the highest technical officials’ standards.
Following Athletes Committee recommendations at the UIPM Joint meeting in Frankfurt in January 2019, and after a research and development phase, the first UIPM Athletes Centered Programme (ACP) has been launched in November 2021.

In a similar vein to the UIPM Judges Certification Programme (JCP) and the UIPM Coaches Certification Program (CCP), ACP has been created with the aim of supporting the global UIPM athlete community and providing them with a space where all athlete-related resources and opportunities can be easily found.

The ACP platform includes several thematic pillars with informative, learning and engaging content. At the ACP portal, educational and career opportunities from UIPM, Olympic and international sport organizations and institutions and UIPM educational partners, are presented so athletes don’t spend time searching the internet.

We wanted to go beyond and make something valuable that fits in an athlete’s everyday routine, whether they are active or finishing their career. We have created digital downloadable tools, planners, checklists and cheat sheets to help athlete to balance training and non-training routines. In January, e-learning courses will be added to the platform. The survey at the 2021 UIPM Youth World Championships showed that top topics athletes are keen to learn are mental health, leadership and time management.

The ACP is not only the platform. Through its partnerships with educational institutions UIPM provided three full scholarships — one at the Russian International Olympic University and two at the University of London (UoL). Elite pentathletes Sondos Aboubakr (EGY), Georgia Hannam (GBR) and Ipek Aksin (TUR) have studied international sport management for free.

Pentathletes have participated in sixteen IOC global Athlete365 Career+ Power Up workshops delivered online through 2020-2021. Our pentathletes are also active on international level in athlete education and wellbeing. Olympian Dmytro Kirpulyansky (UKR) and former pentathlete Anfisa Kasyanova (BLR) have gained Athlete365 Career+ Educators certification. Meanwhile 60 youth pentathletes completed Athlete365 Career+ Power Up workshops during the UIPM 2021 Youth World Championships in Alexandria, Egypt.

For the 2022-2024 Olympic cycle, UIPM will continue its commitment to the athletes by creating and developing more valuable, effective and pentathlete-tailored content and programmes.

Most interesting topics according to a survey amongst athletes during the 2021 Youth WCH

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<th>Rank</th>
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<td>12</td>
<td>Mental Health</td>
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<td>10</td>
<td>Leadership</td>
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<td>Time Management</td>
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<td>Languages</td>
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<td>Mentoring</td>
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Development activities

More NFs

- From 2016 Congress in Frankfurt, GER to 2021 Congress to be held online, UIPM has continued its expansion by adding 18 new Member Federations, which means the current total number rises to 129 National Federations. Expansion is a key element of the 4E program established by UIPM HQ and, with the help of all people within UIPM including Continental Presidents, reaching 150 federations still remains an accessible goal. The pandemic has slowed the process but hopefully more nations will embark from 2022.

- From 2017 to 2021, more than 240 Global Laser Run City Tours happened on all continents in more than 40 countries. On top that, there have been 20 Biathle-Triathle National Tours that have happened worldwide. This has impacted directly our Member Federations giving them equipment and know-how to organize their own events and develop the sport nationally and this has also increased the universality in our Laser Run & Biathle-Triathle World Championships & Continental Championships.

Development Events

- Global Laser Run City Tour and Biathle/Triathle National Tour started in 2017 as an idea to empower the National Federations, which gave more opportunities to them and their athletes to compete outside of the traditional World Championships & Continental Championships. Both circuits gave them tools to enlarge the basis of their national sports pyramid and we have seen some relatively young nations within UIPM win medals at World Championships more recently.

- Also the UIPM has applied to more and more Multisport Games to again offer more chances to the athletes to shine globally. This included during this period the SEA Games, the ASOIF World Urban Games and even more around the world. This will continue during the next cycle with the inclusion inside the Mediterranean Games & Mediterranean Beach Games.

More support

- To summarize these key numbers, more than 1600 sets of shooting equipment were supported to UIPM Member Delegations between 2017 & 2021 by the UIPM through its development support programme. Twenty countries were supported to attend UIPM flagship events such as Pentathlon World Championships, Laser Run World Championships & Biathle-Triathle World Championships which represents around 60 athletes supported.

- 32 seminars have been organized during this cycle linked to Coaches Certification Programme (CCP) from Level 1 to Level 4 certifying 414 coaches from 53 nations during this cycle. And 24 seminars have been organized in 36 countries which were selected as UIPM frequent event organizers. This is linked to Judges Certification Programme (JCP). Moreover 176 judges renewed their licenses.
A historic move happened when the UIPM joined the Paralympic family in the second half of 2014. Since then, the Para Pentathlon working group and consecutively Para Pentathlon Commission have both been analysing technical and classification requirements of different UIPM Sports — Laser Run, Biathle, Triathle, Tetrathlon and Modern Pentathlon — aiming to establish correct strategy for development of UIPM Para Sports.

The development of UIPM Para Sport needs to be linked closely with development of technical equipment needed (especially in Fencing) and used by different disability classes. The UIPM itself — by means of Para Pentathlon commission — will start its own research activities.

In 2018 UIPM Para Sport Regulations came into force, proposing to UIPM Stakeholders to start the work with 5 different disability classes — 3 standing, 1 wheelchair and 1 visually impaired common for Para Laser run, Para Triathle and Para Tetrathlon, with the aim to keep these classes stable for upcoming seasons in order to further test and analyse its functionality.

Dr. Paul Baudet has joined UIPM Para Sports team as UIPM Head of Classification in March 2018 and offered his expertise and experience to the project. He participated on IPC head of classification meetings in Bonn and successfully entered the classifier community. This opportunity to brainstorm and present the project was an important step forward for the project.

In 2019, a new brand identity was created for UIPM Para Sport while UIPM Para Pentathlon started to use its own logotype and colours.

Milestones in 2019:

- In January 2019 The UIPM Classification team receives an official request of approval for athlete Brian Douglas — a 15-year-old with experience in Para Swimming. USA Pentathlon aims to start working with this athlete together with able-bodied athletes and admit him to regular competitions at national level. After analysis of the case, UIPM approves the request.
- February 2019 the third season of Para Laser Run events in Egypt opens.
- May 2019, a demonstration event and try-out is organized in Texas (USA) at a centre for wounded veterans.
- June 2019, Brian Douglas competes at the US National Championships in Tetrathlon against able-bodied athletes. “When I score a touch on my fencing opponent I feel invincible,” Brian tells the UIPM website. “This sport is also extremely rewarding physically and emotionally.”
- Many other small events took place in 2019 and season 2020 was promising many improvements and opportunities for disabled athletes to take part on UIPM events, including two World Championships. Unfortunately, as in many other fields, the COVID-19 pandemic complicated the organization of sport and disabled sport events.
- UIPM would like to thank National Federations who are working with their Para sport teams, in any of UIPM classes as we see this is essential part for further development to our common effort — future Paralympic Games participation.
- UIPM would also like to thank all Laser Run City Tour organizers who have offered Open Para Heats during their events or organized Para event as demonstration of their support to the project and hopes there will be an opportunity to further develop the cooperation on this level.
Anti-Doping activities

The post-Olympic year of 2017 was influenced globally by the situation surrounding Russia and the McLaren Report. The importance of testing and investigation activities in general has risen together with unveiling of a doping system in Russia (November 2015). This issue was continuously investigated by WADA and a team of independent investigators in recent years. UIPM has been provided with various updates and resulted in a two-year ban of Russia from international competitions. Sanctioned events by the CAS decision from December 2020 are: Olympic Games Tokyo 2020 and UIPM Pentathlon and Laser Run World Championships 2021 and 2022. Russia appears on these events as ROC or RMPF.

During the entire cycle, doping control was present at all major events such as World Cup series, Continental championships and World Championships in all categories (Senior, Junior, Youth A).

To strengthen its investigation potential and increase effectiveness of its anti-doping program, UIPM has collaborated with the Athlete Passport Management Unit (APMU) associated with WADA’s accredited laboratory. APMU observe long-term evolution of individual passports to identify potential manipulation with samples and use of prohibited methods.

UIPM also organized a series of unannounced out-of-competition doping controls. These are not linked to any specific event or place and can be sent anywhere and anytime. Share of out-of-competition controls has been increasing during the cycle and we would like to maintain this trend for upcoming cycle.

Unprecedented high share of out-of-competition controls in 2020 is due to the COVID-19 restrictions and low number of competitions. To observe the trend correctly, the year 2019 and 2021 have to be considered.

The following graphics shows higher ratio of samples analysed with additional analysis to support the worldwide fight for clean sport.

We are proud to declare Modern pentathlon remains one of the sports considered not to be as affected by doping.

Anti-Doping UIPM takes care also of athlete education and other activities towards athletes and coaches. We have participated in events organized by WADA to get the best information and be ready for all requests from our stakeholders. It is important to make athletes and coaches understand Anti-Doping is here not to set obstacles to the athletes in their routines but to help them.

To achieve this, we would like to closely collaborate through National Federations with local NADO (National Anti-Doping Organizations) that are providing education programs in local languages. We share the idea that an effective education program is an investment into a healthy future of our future champions.

In 2021 we created an episode of UIPM Live Talks with three former athletes from different eras of Modern Pentathlon and discussed the nutrition and positives or risks of food supplementation. We see high levels of contamination through supplements.

UIPM has implemented the WADA Education Platform – ADEL. Courses offered have been implemented as a mandatory part of coaches’ license. At its last meeting the UIPM Medical Committee decided to fully support individual education of UIPM stakeholders through this platform.

The vision for upcoming cycle is to further enhance anti-doping education, with a focus on the next generation of athletes and their entourage. UIPM is also going to analyse the potential change of its approach in line with new formats being adopted.
Live Talks

What are #UIPMLive Talks?

UIPM Live Talks is a series of 45-minute online webinars which were launched in the spring of 2020, in the wake of the COVID-19 pandemic which had caused such huge global disruption and interrupted entire sporting calendars.

Created in order to respond to present needs of support and guidance, UIPMLive Talks provide a knowledge-sharing platform and best practice baseline for the pentathlon community. The series features a blend of keynote presentations and discussions led by members of the community on a monthly basis.

Most importantly, it gives our entire community access to a virtual place where direct and informal peer-to-peer discussions are possible. Topics are proposed and prepared ahead of the Lives, but any topic may rise as the discussion moves forward, allowing the Live host and guests to engage in open exchanges, and viewers to share questions in the Live chat. More than 5,000 viewers joined during the most recent UIPMLiveTalks.

UIPMLiveTalks series addresses matters of the utmost importance in times of crisis, shining a spotlight on training challenges or the athlete’s perspective; thus demonstrating ability to be transparent and supportive to members of our community. Other discussions centered around sports memories and past experiences (for e.g. the Rio2016 Olympic Games event) enable us to shift the conversation towards lighter subjects, creating a sense of humanity around our identity and developing a closer relationship with viewers.

UIPMLive Talks is a key to a new, modern way of connecting with sports fans on digital platforms. It provides the opportunity to not only dive deeper into personal and professional topics, anecdotes and sports history, but also to all unite to face today’s leading challenges and opportunities to shape the future.
Nutrition and its impact on athlete performance

Monday May 31 5PM CEST

Kirpulierskiy Dmitry
UIPM Athlete Committee Member
HOST

Radka Zapletalova
Anti-Doping and Past-Project Manager
GUEST

Ismael Hernandez
Bronze Medalist Rio 2016 Summer Olympics
GUEST

Dr. Douglass Stull
UIPM Medical Committee Member
GUEST

Join us on the UIPM Facebook account for the livestream.
OUTLOOK FOR 2021-2024