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**UIPM**

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de Pentathlon Moderne



**UIPM Newsletter**

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## **UIPM 2017 SENIOR WORLD CHAMPIONSHIPS: GUBAYDULLINA (RUS) AND JUNG (KOR) ON TOP OF THE WORLD**



Gulnaz Gubaydullina (RUS) and Jung Jinhwa (KOR) celebrate their individual victories at the UIPM 2017 Senior World Championships in Cairo (EGY)



**Lufthansa**

## UIPM 2017 Senior World Championships

The first UIPM Senior World Championships on African soil proved to be a demonstrable success as Cairo hosted a week of dramatic and high-quality pentathlon competitions that thrilled both local crowds and a global TV audience.

The championships ran from August 22-28 and were covered extensively around the world on TV and digital channels, with continental broadcaster Eurosport and 11 national networks relaying the action live or "as live" (delayed) and many others televising highlights.

Germany were the most prolific nation and there were also gold medals for Korea (2), Hungary, Russia and host nation Egypt.

### Men's Relay: Korean pair defend title

Jun Woongtae and Hwang Woojin of Korea defended their Men's Relay world title under extreme pressure from a mass of athletes from the traditional pentathlon stronghold of Europe.

The Korea duo had proved their calibre at the highest level with gold in the same event in Moscow (RUS) in 2016.

In Cairo, Korea were the only nation from outside Europe to finish in the top eight, as Germany (Christian Zillekens & Alexander Nobis) claimed silver and Belarus (Ilya Palazkov & Pavel Tsikhanau) took home the bronze ahead of Russia, Czech Republic, Bulgaria, Poland and Ukraine.

For Korea, it was another step in the right direction and provided further proof that Asia's most progressive pentathlon nation has become a regular global contender at all age groups.

"We are still competing with other countries in Asia like Japan, but I think we are getting closer to the standard of the European countries," said the Korea team coach, Choi Eunjong.

"Today our team managed to compete well in difficult conditions – it was very hot but we have the same conditions in Korea at this time of year."

The day began with Russia (Ilia Frolov & Danil Kalimullin) setting the pace in Fencing with 22V/10D, with Korea



Hwang Woojin and Jun Woongtae (KOR) are embraced by their team after winning Men's Relay gold



Action from the Fencing Bonus Round on day one in Cairo



(Jun/Hwang) only two victories behind. Great Britain (Myles Pillage & Bradley Sutton) were quickest in Swimming with 1:48.62 as Japan (Takeshi Sekiguchi & Hikaru Shimano) also dipped under the 1:50 mark with 1:49.92. Korea (Jun/Hwang) kept the pressure on leaders Russia (Frolov/Kalimullin) as they timed 1:50.19.

On a difficult day for Riding, there were no clean rounds but Korea (Jun/Hwang) moved into the overall lead with a solid 289, only bettered by

Germany (Zillekens/Nobis) with 297.

Russia (Frolov/Kalimullin) picked up 37 penalty points and this meant they had to start the Laser-Run with a 22sec deficit, while Great Britain (Pillage/Sutton) and Japan (Sekiguchi/Shimano) were eliminated.

Korea (Jun/Hwang) protected their lead with composure and style, never allowing their rivals to sense an opportunity. Germany (Zillekens/Nobis) moved into second place after

the 3rd shoot and almost closed in on the winners, while Belarus (Palazkov/Tsikhanau) also overtook struggling Russia (Frolov/Kalimullin) at the final shoot to claim a satisfying bronze.

UIPM President Dr Klaus Schormann said: "The Men's Relay provided us with an exciting start to the UIPM 2017 World Championships and it was wonderful to see the team spirit on show. Korea were so strong and nobody could beat them but there was an exciting race behind them."



Men's Relay podium

### Women's Relay: Repeat triumph for German duo

For the second successive day there was a strong title defence in Cairo as Germany claimed gold in the Women's Relay.

A masterful performance by Lena Schoeneborn and Annika Schleu (GER) saw them finish 33sec ahead of the chasing pack.

A day after the repeat success of Korea in the Men's Relay, it was

another demonstration of a nation targeting an event in which they are particularly strong.

"I think the girls did a really good job, it started in the Swimming and Fencing was good, and they continued to perform well in Riding and Laser-Run," said coach Kim Raisner (GER).

"It was really nice to have a silver medal for the men yesterday, and now we have a gold for the women and of course we hope we will have some more medals to come."

They may have finished a distant second but silver was a joyous result for Egypt (Mariam Amer & Sondos Aboubakr) in front of their home crowd.

One of the locals celebrating at the Pegasus Club was Aya Medany, three-time Olympian, Member of the IOC Athletes' Commission and Chair of the UIPM Athletes Committee.

"This is the first medal for our team in the seniors, it's in Egypt and I'm very pleased and happy," said Medany (EGY). "Mariam and Sondos are like my



Annika Schleu and Lena Schoeneborn (GER) celebrate Women's Relay success – again

little sisters, I can't explain how I feel but I wish them all the best.

"Mariam is still young and I hope she will compete in the Youth Olympic Games, and they have both just come from the Junior World Championships. They still have a lot more to do this week."

Another team celebrating on the podium was Japan, hosts of the next Olympic Games in Tokyo in 2020, as Rena Shimazu and Shino Yamanaka secured a bronze medal after a gutsy Laser-Run.

Japan (Shimazu/Yamanaka) had begun the Laser-Run in 6th place after a damaging experience Riding saw them incur 42 penalty points.

Prior to that, there had been three Asian nations contending but Korea (Kim Unju & Mina Jeong) were unable to start due to an injury, and China (Zhong Xiuting & Zhang Lishan) suffered elimination.

Korea (21V/15D) and China (20V/16D) had been two of the top three

performers in Fencing, along with Germany (21V/15D). Russia (Kseniia Fraltsova & Adelina Ibatullina) were fastest in Swimming with 2:03.82.

Egypt (Amer/Aboubakr) moved firmly into contention during the Riding with a perfect score of 300, with Italy (Claudia Cesarini & Aurora Tognetti) not far behind on 293.

Germany (Schoeneborn/Schleu) started the Laser-Run with a cushion of 27sec over Italy (Cesarini/Tognetti) with Egypt (Amer/Aboubakr) 2sec further back. The hosts managed to move into silver medal position but the big story of the Laser-Run was the performance of Japan (Shimazu/Yamanaka) whose time was only bettered by 5th-placed Russia (Fraltsova/Ibatullina).

UIPM President Dr Klaus Schormann said: "What was very important today is that we had three continents on the podium. This is a clear message that we are a global sport and our teams like to compete in the relay competitions."



Women's Relay podium



## Men's Individual: Jung (KOR) makes history

**J**ung Jinhwa fulfilled his promise and confirmed his status as a major contender for the Tokyo 2020 Olympic Games by becoming Korea's first individual world champion in the Men's Individual Final.

The 28-year-old, a bronze medallist in Rome (ITA) in 2012 and Moscow (RUS) in 2016, led from the front after the withdrawal of Olympic champion Alexander Lesun (RUS) and made the gold medal his own with a highly composed performance.

Behind him, 31-year-old Robert Kasza of Hungary celebrated the birth of his son this week with a very solid silver medal, while 30-year-old Justinas Kinderis of Lithuania rolled back the years with a battling bronze.

Kasza (HUN) was relieved to secure a first individual medal at this level after many years of near misses. His CV includes two Men's Relay golds at the Senior World Championships as well as two individual victories in the UIPM World Cup Final.

Kinderis (LTU), contrastingly, knew from experience that he could make the podium in Cairo: he won individual bronze in 2010 and went on to become world champion in 2013.



*Jung Jinhwa (KOR) protects his lead during the Men's Individual Laser-Run*

Each of them was resigned to a simple fact: that there was no catching Jung (KOR), who shot with exceptional accuracy in the Laser-Run to become Asia's second world champion and first since Qian Zhenhua (CHN) in 2005.

"I was thinking of my coaches, my fellow athletes and my country at the end of the race," said Jung (KOR).

"During the day I focused on each event and tried not to overdo it. I am proud of this win and I hope it will help to make Modern Pentathlon more popular in Korea and around the world."

Kasza (HUN), who made up for some of the disappointment of missing the Rio

2016 Olympic Games with an excellent performance, said: "This is the result of 23 years of hard work; too much hard work and too much emotion. Three days ago my second son was born.

"I realised at each shoot that Jung was clear and I couldn't do better than him. After the final shoot I was a bit closer to him but I didn't have fifth gear. The sand is tough; more than tough."

Kinderis (LTU), who is currently training in Korea, made up two places in Laser-Run to get himself on the podium. He said: "I focused on my shooting and tried to find the right tempo with my run. It's really important to have the right tempo or you will make mistakes in the sand and your legs won't really work.

"It's a good feeling to get back on the individual podium after four years. It's a much better feeling than the first time, because now I know the price of a medal. When you come back, it's an unbelievable feeling."

Earlier, the withdrawal of Lesun (RUS) due to injury appeared to have left the competition wide open. It was the end of an extraordinary run; Lesun had not been missing from the Men's Individual podium since 2009.

Jung (KOR) and Lesun (RUS) had each scored 25V/10D in the Fencing Ranking



*Action from the Swimming pool in Cairo*

Round, with Kasza (HUN) narrowly behind on 24V/11D. Kasza (HUN) added two points in the Bonus Round but Jung (KOR) had the last word, and with the 3rd-fastest swim (2:01.89) he marched into the lead.

The top swimmers were Joe Choong (GBR, 2:00.87) and Arthur Lanigan-O'Keefe (IRL, 2:01.32).

On to the Riding arena and there were clean rounds from Pavel Ilyashenko (KAZ) and Ilia Frolov (RUS), while the leaders kept their composure: Kasza (HUN) scored 293 and Jung (KOR) 291. Elsewhere, the course claimed some notable scalps as defending champion Valentin Belaud (FRA) was eliminated

after four refusals and 2015 champion Pavlo Tymoshchenko (UKR) conceded 42 penalty points, one fewer than Choong (GBR) who had been in 3rd place overall. Belarus suffered a knockout blow as both Ilya Palazkov and Kiril Kasyanik were eliminated after working hard to get in the top 10.

It meant that Jung (KOR) started the Laser-Run with a 9sec lead over Kasza (HUN), which proved decisive. The other big winners of the Laser-Run were Marvin Dogue (GER), who finished 4th after timing a superb 11:49.70 in difficult conditions, and the Egyptian duo Eslam Hamad and Ahmed Hamed, whose final positions of 5th and 7th respectively allowed the host nation to claim team

gold along with Yasser Hefny. Poland secured silver and Russia bronze.

UIPM President Dr Klaus Schormann said: "We had an exciting finish and we have a Korean athlete who is individual senior world champion for the first time in history.

"It was also nice to see the team gold medal go to Egypt, who have been waiting for this medal as the organisers. "Today's competition was a big success, even though it was not easy for many of our top athletes. This has been a great championships and we are very pleased to have our first champion from Korea."



Men's Individual podium

### Women's Individual: Gubaydullina (RUS) is golden girl

**G**ulnaz Gubaydullina ended Russia's 20-year wait for a women's world champion after a commanding Laser-Run display in a hotly contested final.

Russia have rarely been off the podium in the Men's Individual event in recent

years but this was a long-awaited Women's Individual success for one of Modern Pentathlon's most prolific nations. Gubaydullina (RUS) becomes her country's first winner of the title since Elizaveta Suvorova in 1997.

The 25-year-old began the Laser-Run in 4th place, 3sec behind leader Lena Schoeneborn (GER), but she and Zsolia

Foldhazi (HUN) moved clear after the first shoot and Gubaydullina's superior accuracy enabled her to take the initiative.

Foldhazi (HUN) did what she could to narrow the gap on lap three, but in the end was content to hold on for silver ahead of Anastasiya Prokopenko (BLR), who with typical character overcame a 42sec deficit to reach the podium.



All three are first-time individual World Championship medallists.

"It was very, very hard," said Gubaydullina (RUS), who has been on fine form this summer, having won bronze in the World Cup Final and Mixed Relay gold at the European Championships. She said she had been surprised and excited to find herself in the lead for most of the Laser-Run. "I think I ran and thought 'Oh my God, oh my God'.

"My Swimming is very good. My Fencing was not good today. But I'm very happy."

Foldhazi (HUN) was also self-critical, but was just as pleased with her silver medal. "Everything is super," said the 24-year-old, who also won silver in last year's UIPM World Cup Final in Sarasota, United States. "I'm again on a podium. For me it was really bad shooting - not enough - but I'm happy. It's enough, second place."

Foldhazi (HUN) was also hard on herself while expressing satisfaction with her silver medal. "Everything is super," said the 24-year-old, who was junior world champion in 2014. "I'm again on a podium. For me it was really



Women's Individual competitors take aim during the Laser-Run

bad shooting - not enough - but I'm happy. It's enough, second place."

Prokopenko (BLR) understandably celebrated her bronze medal as if it had been gold, having overcome Schoeneborn (GER) with a gutsy run.

It was only on the final lap that Prokopenko (BLR) broke clear of the 2008 Olympic champion but as soon as she went past it was clear she would have the strength to hold on to 3rd place.

She briefly challenged for silver, but Foldhazi (HUN), after an anxious glance over her shoulder, responded with an increase of pace to which Prokopenko (BLR) had no answer.

"I think it's very hard ground, but I have very strong legs," said 31-year-old Prokopenko (BLR). "I won the European [individual championship] four weeks ago, and now this."

Schoeneborn (GER) had got her bid for a second world title off to an inspired start with 29V/6D in the Fencing Ranking Round, ahead of Natalya Coyle (IRE) who scored 25V/10D and Kim Sunwoo (KOR) with 24V/11D. Coyle (IRE) added two points in the Bonus Round.

Gubaydullina (RUS) made her presence felt in the Swimming with a time of 2:08.90 for 2nd place, behind Sarolta Kovacs (HUN) in 2:08.56.

Kim (KOR) was still in third at that stage, behind Schoeneborn (GER) and Coyle (IRE), but she dropped out of contention in the Riding when she was eliminated for failing to complete the course.

Francesca Tognetti (ITA) was the best rider with a clear round but Gubaydullina (RUS) was right behind



Action from the Riding event in Cairo



her with 299 points after incurring one time penalty, while Kate French (GBR) and Prokopenko (BLR) were next best with 293.

Schoeneborn (GER) conceded 37 penalties and that reduced her Laser-Run advantage to a mere 2sec, with Foldhazi (HUN), Coyle (IRL) and Gubaydullina (RUS) starting almost simultaneously.

The slender disadvantage was overcome by the Russian thanks to her superlative shooting display.

The only consolation for Schoeneborn (GER) was team bronze behind gold medallists Hungary, while Gubaydullina picked up a team silver with Russia to add to her individual gold.

UIPM President Dr Klaus Schormann said: "It was an exciting day. We had such a great final with Laser-Run and we had surprises during the Riding, where some of the top-level athletes could not achieve their result. But we could see the best athlete winning

when we saw a young and dynamic Russian winning followed by excellent athletes from Hungary and Belarus.

"We had a great competition like yesterday in the men's competition, and congratulations to all the athletes, who gave their best. The running course is not easy here, but when we see how they have been fighting for every place, it was for all of us a great competition today."



Women's Individual podium

### Mixed Relay: Germany finish on a high

**R**onja Steinborn and Alexander Nobis drove Germany to finish a successful World Championships on a high with gold in the Mixed Relay.

It was Germany's second relay gold of the week, coming in the wake of Women's Relay success for Lena Schoeneborn and Annika Schleu, and allowed them to join Korea on two

golds. An additional silver and bronze made Germany the most productive nation of the championships.

Nobis (GER) said after picking up his second medal of the week: "We were very solid today and it was good to see that the track was better – the organisers worked hard on that.

"It was a tough day but we got the gold in the end."

The other gold medallists of the week were Russia, Hungary and host nation Egypt, who were given further cause for celebration in the Mixed Relay as Haydy Morsy and Eslam Hamad won silver to the elation of the crowd.

With 20 nations competing for the final medals of the championships, Egypt (Morsy/Hamad) and Germany (Steinborn/Nobis) had been impossible to separate throughout a day of needle competition.



It was only in the Laser-Run that Germany took control, with Steinborn (GER) striding away from Morsy (EGY) and creating a lead of about 10sec that she passed on to her partner.

Nobis (GER) did nothing to undo Steinborn's good work and kept himself out of the reach of Hamad (EGY), who knew his main duty was to protect silver. He did this with some accomplishment, roared on by the Egyptian supporters at trackside.

Hamad (EGY) said: "We are very happy with our silver medal. It was a tough course but it was the same for everybody and all the athletes are used to competing here in Egypt on the sand."

Bronze was won by France (Julie Belhamri & Valentin Belaud), whose slick running left the Czech Republic (Natalie Dianova & Jan Kuf), Poland (Oktawia Nowacka & Daniel Lawrynowicz) and World Cup Final winners Ireland (Natalya Coyle & Arthur Lanigan-O'Keeffe) fighting over the other top-six places

Belaud said: "We had a very good Laser-Run after Julie took us from 8th to 3rd place, and I just had to do my job. To get on the podium in 3rd place is OK for the France team. The sand has been great preparation for our holidays!"

Earlier, China (Bian Yufei & Luo Shuai) and Egypt (Morsy/Hamad) matched each other on the Fencing piste with 24 victories in the Ranking Round, one more than Germany (Steinborn/Nobis), before Egypt (Morsy/Hamad) added two points in the Bonus Round.

Czech Republic (Natalie Dianova & Jan Kuf) and Ireland (Natalya Coyle & Arthur Lanigan-O'Keeffe) each recorded a fastest Swimming time of 1:57.49 while Japan (Misaki Uchida & Taishu Sato) were not far behind on 1:57.88.

A dramatic Riding competition saw Egypt (Morsy/Hamad) move into pole position for the Laser-Run - but only just. The day's theme of scoreboard



Changeover time for Germany in the Mixed Relay



All smiles for Guatemala during the Fencing Bonus Round



Action from the Swimming pool in Cairo



parity continued with three nations scoring 293.

One of them was Italy (Gloria Tocchi & Lorenzo Michele) and the other two were the leaders, Egypt (Morsy/Hamad) and Germany (Steinborn/Nobis), who seemed impossible to separate. However, their rivals from China (Bian/Luo) fell out of contention when they were eliminated.

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One of them was Italy (Gloria Tocchi & Lorenzo Michele) and the other two were the leaders, Egypt (Morsy/Hamad) and Germany (Steinborn/Nobis), who seemed impossible to separate. However, their rivals from China (Bian/Luo) fell out of contention when they were eliminated.

The result was that Egypt (Morsy/Hamad) set off only 1sec ahead of Germany (Steinborn/Nobis), with Poland (Nowacka/Lawrynowicz) leading the chasing pack 24sec off the lead.

UIPM President Dr Klaus Schormann said: "What we saw today was a great demonstration of the Mixed Relay with 20 teams and an exciting finish.

"Today has shown again that the Mixed Relay is one of the most exciting parts of our movement, and we hope our discussions with the International Olympic Committee will come to a positive success and we will have the Mixed Relay as an extra medal event in the Olympic Games in future."

The 2018 Senior World Championships will be held in Mexico City (MEX), and the Mexico team coach Bedolla Guerrero Hector said: "I hope you will all come to Mexico next year. We are in preparations right now and we will deliver a great event."

The next event on the 2017 calendar is the UIPM Biathlon-Triathlon World Championships in Viveiro (ESP) from September 20-24.



Mixed Relay podium



## UIPM 2017 Junior World Championships

Hungary's strong record of hosting top-class UIPM competitions was reinforced during a successful UIPM 2017 Junior World Championships in the city of Székesfehérvár from August 8-14.

A total of 172 athletes from 27 countries took part in the championships and there were gold medals for Italy (3), Korea (2), Hungary and Russia.

### Women's Relay: Hungary get ball rolling

**H**ost nation Hungary enjoyed the best possible start to the UIPM 2017 Junior World Championships as they claimed gold in the Women's Relay.

Anna Zs Toth and Eszter Varga (HUN) held their lead throughout the Laser-Run to enjoy a comfortable victory in front of an appreciative home crowd.

Behind them, a dramatic race for silver ended with Italy (Aurora Tognetti & Elena Micheli) finishing 3sec ahead of bronze medallists Guatemala (Isabel Brand & Sophia Hernandez).

Argentina (Ayelen Balsalobre & Juliana Borgarucci) had the best of the



Joy on the finish line for Anna Zs Toth and Eszter Varga (HUN)

Fencing, defeating Hungary (Zs Toth/Varga) in the Bonus Round after each scored 20V/10D in the Ranking Round.

Italy (Tognetti/Micheli) were fastest in Swimming with a time of 2:06,12, but it was in the Riding arena that Hungary (Zs Toth/Varga) took control of the competition.

Like the Czech Republic (Barbora Ciprova & Aranka Chalupnikova), the host nation enjoyed a perfect score of

300 and capitalised on the elimination of Argentina (Balsalobre/Borgarucci).

Hungary (Zs Toth/Varga) began the Laser-Run with an 18sec advantage over Italy (Tognetti/Micheli) with 2016 champions Russia (Alena Popova & Sofia Serkina) lurking only 5sec further behind.

However, Guatemala (Brand/Hernandez) overcame the defending champions with surprising ease to earn a place the podium.



Women's Relay podium



### Men's Relay: Korea come from behind

**K**orea dominated on day two of the UIPM 2017 Junior World Championships to claim a deserved gold medal in the Men's Relay.

So Hyunseok and Seo Changwan (KOR) started the Laser-Run 13sec behind leaders Russia (Andrei Zuev & Ivan Tarasov) but quickly reeled them in and refused to relinquish their advantage.

Korea (So/Seo) ended up winners by 9sec from silver medallists Spain (Joan Gispert & Luis Shivel) with Belarus (Ivan Khamtsou & Yaraslau Radziuk) a further 6sec behind. After a difficult Laser-Run, Russia (Zuev/Tarasov) finished 7th.

Earlier, Belarus had the best results in Fencing as they achieved 23V/13D ahead of Egypt (Sherif Nazeir & Ahmed Hamed) with 22V/14D.

Argentina (Alexis Corradini Martinez & Manuel Armanazqui) produced the quickest Swimming time of 1:52.11.

The leadership equation continued to take shape during the Riding and it was Russia (Zuev/Tarasov) and Spain (Gispert/Shivel) who carried off a maximum score of 300.

However, Korea (So/Seo) stayed in contention by surrendering only a single point (299), and that allowed them to go into the Laser-Run with the ultimate prize firmly in their sights.



*So Hyunseok and Seo Changwan (KOR) enjoy a moment of glory*



*A handshake in the Swimming pool*



*Men's Relay podium*



### Women's Individual: Kim (KOR) on top of the world again

**K**im Sunwoo retained her Women's Individual title with another commanding performance as Korea picked up their second gold medal of the championships.

Kim, 21, who finished 14th at the Rio 2016 Olympic Games, became junior world champion for the first time last year in Cairo (EGY) and in Hungary she achieved the rare feat of two gold medals in successive years.

Silver went to Aurora Tognetti (ITA), who was Under 19 world champion in 2014 and 2016, and her first Junior World Championship medal inspired Italy to claim team gold.

Only 3sec behind her was bronze medallist Adelina Ibatullina (RUS), the new holder of the Under-19 world title after her breakthrough success in Prague (CZE) in July 2017. The 18-year-old denied two Olympians access to the podium as Isabel Brand (GUA) and Ilke Ozyuksel (TUR) finished 4th and 5th respectively.

Ibatullina (RUS) was able to celebrate a second medal as Russia claimed team bronze, behind Italy and silver medallists Egypt.



Action from the Riding arena in Székesfehérvár

Kim (KOR) thoroughly deserved top spot on the podium with a consistently strong performance across all five disciplines.

She embarked on the Laser-Run in unison with fellow leader Tognetti (ITA), with Ibatullina (RUS) only 4sec behind.

The two leaders stretched away but nothing could separate them until the 2nd range, where an exceptional shoot from Kim (KOR) enabled her to take the initiative – and she never looked back, finishing with a 13sec advantage.

Kim (KOR) had a return of 21V/14D in Fencing but this was quite some distance behind today's queen of the piste, local favourite Sarolta Simon (HUN) who scored 26V/9D.

Top performer in Swimming was Misaki Uchida (JPN) who timed an impressive 2:13.48.

It was in the Riding arena that Kim (KOR) made ground on Tognetti (ITA), with a perfect score of 300 against her rival's 286. Ibatullina (RUS) and Ozyuksel (TUR) also enjoyed an unblemished round.



Women's Relay podium





*Laser-Run action from the Women's Relay*

This enabled Ozyuksel (TUR), who has already had an exceptional senior season with two medals at the UIPM World Cup and one at the European Championships, to make an aggressive bid for the podium but although she made up an incredible 17 places in the Laser-Run, there was to be no interruption to the top four.

UIPM President Dr Klaus Schormann said: "The athletes performed extremely well in windy conditions today and I congratulate Kim Sunwoo on her second Women's Individual gold medal at the Junior World Championships.

"We saw a very high technical standard from the athletes who will be the stars of our sport in the future."

### Men's Individual: Colasanti (ITA) wins against the odds

**D**aniele Colasanti was an unexpected winner of Men's Individual gold as Italy proved once again they have young talent in abundance.

Twenty-four hours after the Italians claimed team gold in the women's event, they were on top of the podium again and this time their success included the ultimate individual prize.

Aged 21, Colasanti had never previously suggested he was ready to dominate at this level – his best individual finishes were 16th in the 2016 Junior World Championships and 8th in the 2017 European Junior Championships.

However, such is Italy's reputation for producing multiple medal contenders at Under-19 and Under-23 level, it was no great surprise to see a member of the "Azzurri" enjoying the chords of his national anthem at the end of another dramatic final.

Joining Colasanti (ITA) on the podium were silver medallist Marek Grycz (CZE), winner of European junior gold in Barcelona just seven weeks ago, and Colasanti's compatriot Matteo Cicinelli (ITA), who won a thrilling sprint to the line for bronze.



*A lunge on the piste during the Men's Individual Fencing Bonus Round*



*A pack of runners arrive at the range during Laser-Run*



Colasanti said after receiving his individual and team gold medals: "I have known Matteo since we were kids and being on the podium together is the best thing in the world."

Cicinelli (ITA) beat Ahmed Hamed (EGY) to the line by only 1sec, and the Egyptian's rapid Laser-Run time was only bettered by 5th-placed Jean Baptiste Mourcia (FRA), who completed the course in 10:48.51.

Earlier, it was another Italian who performed best Fencing, as Gianluca Micozzi (ITA) scored 25V/10D. Myles Pillage (GBR) was quickest in Swimming with the only time under 2mins (1:59.75), and Choi Changmin (KOR) led the standings after two events.

Seven athletes enjoyed a perfect score

of 300 in Riding – including Grycz (CZE) and Mourcia (FRA) – while Colasanti (ITA) escaped with only 7 penalty points. Alexander Lifanov (RUS) had been ranked 2nd after two events but suffered a fall and his injuries made him unable to play any further part in the competition.

On a day when competition was so open, it was Gustav Gustenau (AUT) who started Laser-Run first with a 12sec advantage over Colasanti (ITA) and 17sec over Grycz (CZE) and the other two Italians.

Gustenau (AUT) held his position until the 2nd shoot, where he lost his composure and fell out of contention, sliding down the field to finally finish 15th. Colasanti (ITA) seized his chance with an excellent shoot and looked

confident until Grycz (CZE) started to make serious gains on the final lap. Tension was ever-present and in the end there was only 3sec separating gold and silver, and even less separating bronze from 4th.

Host nation Hungary claimed team silver, while bronze went to Korea.

UIPM President Dr Klaus Schormann said: "We saw an amazing contest today that showed how dramatic Laser-Run can be, with leading athletes overtaken at the shooting range.

"The men have underlined what we saw yesterday from the women: that our young people are competing at such a high level that we can all look forward to a great future for our sport."



Men's Individual podium



### Mixed Relay: Russia prevail by huge margin

Russia wrapped up the UIPM Junior World Championships with their first gold medal of the week as Xeina Fralcova and Nikolai Matveev proved unstoppable in the Mixed Relay.

The Russian duo dominated all day long, finishing top in three disciplines before entering the Laser-Run with a 51sec lead that proved more than sufficient: they eventually won by 42sec from silver medallists Hungary (Eszter Varga & Gergely Regos) and 44sec ahead of bronze medallists France (Lisa Riff & Jean-Baptiste Mourcia).

Russia (Fralcova & Matveev) dominated Fencing with a superb score of 23V/9D and also, in a rare occurrence, topped the standings in Swimming with a time of 1:59.26.

Incredibly Russia (Fralcova & Matveev) continued to lead from the front on a difficult day for Riding. With no teams managing a perfect score the leading duo dropped only seven penalty points for a total of 293 and a massive advantage for the decisive Laser-Run.

The battle for silver was intense, and it was a terrific final shoot by Regos (HUN) that settled it, despite a valiant final lap by Mourcia (FRA) and with Italy



All change during the Mixed Relay Laser-Run



Belarus athletes pose for the camera

(Irene Prampolini & Matteo Cicinelli) not far behind the medallists in 4th.

Italy missed out narrowly on the final but they finished the championships

as the dominant nation with three gold medals. Korea picked up two golds and there was one each for Hungary and Russia.



Mixed Relay podium



## News from around the world

### Coaching developments

A ceremony was held in Cairo (EGY) during the UIPM 2017 Senior World Championships to recognise the first group of UIPM Level 4 elite-level coaches and to launch UIPM's first coaching handbook, "Start Coaching Modern Pentathlon".

In 2015 UIPM created the Coaches Certification Programme (CCP) with a core belief that human resources are the most important part of an institution.

The UIPM intends to guarantee that better overall conditions continue to lead to a sustainable sport in the future and coaches are a fundamental part of that.

The CCP presents the basic skills and requirements of an international pentathlon coaching pathway and

recognises and rewards professional achievement.

To that end, the knowledge gained in achieving Coaches Level 1 (Development Coach), Level 2 (UIPM Coach), Level 3 (Senior Coach) and Level 4 (Elite Coach) is critical to the development of the pentathlete and the sport, as well as for the organisation.

In 2016, the UIPM began the official implementation of the CCP, which had been tested on various occasions in 2015, especially for Level 1 courses; in 2017, the teaching body successfully conducted Level 2 courses in Prague (CZE) in July during the UIPM Under 19 World Championships and in Merida (MEX) the following week.

From 2018, more courses will be conducted including Level 3 and 4 for both senior and junior coaches.

The first 5 coaches to be awarded the Level 4 elite rank were:

- Christian ROUDAUT (FRA) - Fédération Française de Pentathlon Moderne (French Modern Pentathlon Federation), Technical Director
- Jan BARTU (CZE) - Pentathlon GB, Performance Director
- Janusz PECIAK (POL) - USA Pentathlon, Head Coach
- Samy AWAD (EGY) - Egyptian Modern Pentathlon Federation, National Coach
- Alexandre FRANÇA (BRA) - Brazil National Team Head Coach (until 2016)

Jan Bartu said: "It has been a long journey for us, since 2010, and I feel thankful that the coaching community is recognised and feels valued by our institution. This programme is the



A group picture of all who attended the Level 4 coaching ceremony

opportunity for our sport to grow and to support coaches everywhere.

"I further invite all of you to take part in the 2017 World Modern Pentathlon Coaches Conference taking place November 10-12. This is an unique and amazing opportunity to coaches from all over the world to learn and share their experiences."

The second part of the ceremony celebrated the release of "Start Coaching Modern Pentathlon", a comprehensive handbook written by some of the most experienced Modern Pentathlon coaches. It was presented by Dr Klaus Schormann, UIPM President as well as Janusz Peciak, UIPM Executive Board Member for Sport.

Besides dedicated chapters to each of the five disciplines, the book demonstrates a series of concepts related to coaches' competencies, specific training principles, didactics, talent recruitment, physiology, among others. The subjects are totally focused on the specificities of Modern Pentathlon such as training

loads, recovery, athlete's mental requirements, individualisation of programs and training methods.

President Schormann said: "I am very proud to stand here tonight in front of all of you and to recognise the hard work of some of our most experienced coaches.

"I would like to thank Mr Sharif Elerian, President of the Egyptian Modern Pentathlon Federation, for hosting us here in Cairo and I am very happy to know that some of our former Olympians and top athletes are now getting involved in spreading the development of our great sport to the younger generations and most importantly to the world.

"This book gives a chance to everyone, no matter from where they come from, to get involved in the pentathlon community. I therefore invite all of you and the wider family to read and reflect, to bring your ideas to the table so we never stop improving."

UIPM has also launched UIPM Training Tips, a new series of educational videos

aimed at helping athletes and coaches in their daily training routine.

The first episode focused on Laser-Run, UIPM's newest sport, and was aired during the World Championships in Cairo.

Christian Roudaut, Chair of the UIPM Coaches Committee, said: "The UIPM Training Tips series will have an educational impact for Modern Pentathlon coaches all over the world, providing them with a useful teaching aid to implement for the benefit of their athletes."

### Laser-Run meets Olympics in Barcelona reunion

A special Laser-Run competition was held at the Olympic Park in Barcelona (ESP) to mark the 25th anniversary of the 1992 Olympic Games in the city.

The event was arranged by the Consell d' Sport, Federation Catalana and Federation Española and more than 700 participants from 25 schools took part in groups of 40 - all in the Under-13 age category.



Action from the special Laser-Run event in Barcelona (ESP)



### Top Russian duo win Kremlin Cup

**A** reigning Olympic champion and a new world champion proved to be an irresistible combination as Russia won gold at the 2017 Kremlin Cup.

Alexander Lesun, the 2016 men's Olympic champion, teamed up with Gulnaz Gubaydullina, fresh from her victory at the 2017 UIPM Senior World Championships, to win the Mixed Relay against a high-class field.

Silver went to Great Britain (Kate French & James Cooke) while Belarus (Anastasiya Prokopenko & Ilya Palazkov) claimed bronze.



Kremlin Cup winners Alexander Lesun and Gulnaz Gubaydullina (RUS)



Changeover time in Moscow for Great Britain and Russia

### Americas coaching group makes the grade at Level 2

**A** group of 23 coaches from seven nations took part in a Level 2 Coaches Course during the American qualifying competition for the 2018 Youth Olympic Games.

Coaches from Argentina, Brazil, Canada, Guatemala, Mexico, Panama and Venezuela attended the course, delivered by Nilton Rolim (BRA), from August 29 to September 3 in Merida (MEX).

The course is part of the UIPM Coaches Certification Programme and covered fundamentals of training planning and management, exercise physiology, nutrition, anti-doping and competition organisation. The course also focused on new training approaches for all pentathlon disciplines in order to cater training methods to different ages and abilities of athlete.

Nilton Rolim, Modern Pentathlon President of the military body CISM, expressed his satisfaction with the results of the course, saying: "I am really impressed with the high level of participation and devotion of the coaches during this productive week."

"I am sure nations with coaches involved in the course will reap the benefits of their involvement very soon."



Level 2 coaches compare notes during a workshop in Merida (MEX)



The coaches with their certificates



The coaches were awarded with certificates and decorative pins by Juan Manzo, UIPM Vice-President and President of the Mexican Federation, and Confederation Presidents Rob Stull (NORCECA) and Jorge Salas (South America).

### Laser-Run City Tour: A new dawn in Australia

Australia held its first Laser-Run City Tour event on the outskirts of Melbourne as the country seeks to engage a new generation in the UIPM movement in the wake of Chloe Esposito's Olympic gold at Rio 2016.

The event, hosted by Victoria Modern Pentathlon at the Kardinia International College in Geelong, drew athletes from across the state of Victoria.

Modern Pentathlon Australia have embraced the new and exciting sport of Laser-Run and plan to run further events across Australia.



*Oceania Confederation President Kitty Chiller with some medallists*

The entry list in Geelong included seasoned athletes, beginners and parents. Tully Watt and Darcy Wade both won their respective age groups ahead of their participation in the Asia-Oceania qualifier for the 2018 Youth Olympic Games.

Kitty Chiller, President of the Oceania Confederation and Pentathlon Australia, also provided athletes with the opportunity to try Fencing and Swimming to give them a flavour of Modern Pentathlon, and received very positive feedback.



*Participants in Australia's first Laser-Run City Tour*



### Hundreds gather for Laser-Run City Tour in Delhi

India held its 3rd Laser-Run City Tour in the capital city of Delhi on August 27, with 292 athletes taking part.

The event, organized by the Modern Pentathlon Federation of INDIA (MPFI), took place at the Chhatrasal Stadium where there is a synthetic 400m track with eight lanes.

The athletes comprised all age groups from Under-11 to Masters (50+) and included 51 females. Spectators and parents in the stands clearly enjoyed the Laser-Run format.

MPFI also invited athletes from Afghanistan (four) and Bangladesh (one) to participate in the competition (their first involvement in Laser-Run) as part of the federation's development policy with neighbouring countries.

Among the VIP guests in attendance were well-known Indian sports promoters Jitendra Sharma, Usman Siddiqui and Kanhaiya Gujjar, as well as Faiz Ahmed, General Secretary of the Bangladesh Modern Pentathlon Federation. They applauded the LRCT and encouraged local organizations to support and develop the concept of Laser-Run in the country.

## Road to Buenos Aires: Six Europeans qualify for Youth Olympic Games



The first qualifiers for the Modern Pentathlon event at the 2018 Youth Olympic Games in Buenos Aires (ARG) have been confirmed during the European Qualifier in Caldas da Rainha (POR).

Six automatic qualifying places were available in Portugal, three to male and three female competitors, and the successful athletes were:

#### Men's Individual

- Giorgio Malan (ITA)
- Egor Gromadskii (RUS)
- Kamil Kasperczyk (POL)

#### Women's Individual

- Michelle Gulyas (HUN)
- Laura Heredia (ESP)
- Beatrice Mercuri (ITA)

The 3rd Youth Olympic Games will take place in Buenos Aires (ARG) from October 6-18, 2018 with Modern Pentathlon featuring on October 12-14 and 16.

As in Singapore in 2010 and Nanjing (CHN) in 2014, there will be medals at stake in three Modern Pentathlon events: the Men's and Women's Individual and the Mixed Relay.

The next continental qualifier will be the Pan American Qualifier in Merida (MEX) from August 30 to September 3. The Asia/Oceania qualifier will be on September 14 in Gotemba (JAP).



## Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check [pentathlon.org](http://pentathlon.org) for all information related to invitations and visa letters.

Navigate to the National Federations Portal or to <http://www.pentathlon.org> to stay up to date with all tournament news.

### COMPETITION INVITATIONS

**UIPM 2017 Biathle/Triathle  
World Championships**  
Viveiro, Spain  
**20-24 SEPTEMBER 2017**

## Medical and Anti-Doping Corner



### WADA RELEASES FREQUENTLY ASKED QUESTIONS (FAQs) ON THERAPEUTIC USE EXEMPTIONS (TUEs)

Since 13 September 2016, the cyberespionage group "Fancy Bears" have been releasing batches of confidential athlete data on their website, which they illegally obtained from a Rio 2016 Olympic Games account of the World Anti-Doping Agency (WADA)'s Anti-Doping Administration and Management System (ADAMS). Specifically, they are releasing data related to Therapeutic Use Exemptions (TUEs) delivered by Anti-Doping Organizations (ADOs) – International Federations (IFs), National Anti-Doping Organizations (NADOs), and Major Event Organizers (MEOs).

This situation has led to a lot of media coverage; and, unfortunately, a tremendous amount of misinformation as it relates to TUEs. It is very unfortunate that athletes' TUEs are being debated publicly on the basis of partial, confidential, medical information. Athletes should not be required to publicly justify their TUEs.

This FAQ has been designed to address the misinformation and uphold the rights of clean athletes as embodied within the World Anti-Doping Code (Code) and the International Standard for Therapeutic Use Exemptions (ISTUE).

The TUE program is a rigorous and necessary part of elite sport; which has overwhelming acceptance from athletes, physicians and all anti-doping stakeholders worldwide.

More information at [pentathlon.org/medical-and-anti-doping](http://pentathlon.org/medical-and-anti-doping)



## Inside UIPM: Monthly activities of President Dr Schormann

### 08.08.-15.08.2017, Székesfehérvár (HUN)

UIPM President Dr Klaus Schormann attended the UIPM Junior World Championships and met with Hungarian Modern Pentathlon Association President Dr Gyula Bretz (UIPM Honorary Member) to discuss the political landscape of Olympic sports in Hungary.

Dr Bretz briefed the UIPM President about preparations for the 1st UIPM University World Championships, which will take place from July 4-8, 2018 at the National University of Public Service and Orczy Park in Budapest.

With the City Mayor, Dr András Cser-Palkovics, Dr Schormann discussed the new Modern Pentathlon Academy, which will be created by the Hungarian Government and the City Council of Székesfehérvár in the near future.

Sangwoo Park, President of the Asian Modern Pentathlon Confederation, briefed the UIPM President on plans for the Asian Assembly in Gotemba (JAP) on September 15 and the Asia/Oceania Championships (also Asia/Oceania qualifier for the 2018 Youth Olympic Games) from September 13-18.

### 21.08.-29.08.2017, Cairo (EGY)

During the UIPM 2017 Senior World Championships the UIPM President met with the following National Federation Presidents: Mihail Prokopenko (Belarus), Bohumil Hrudka (Czech Republic), Sharif Elerian (Egypt), Joel Bouzou (France; also UIPM Vice President) and Pieter Oosthuizen (South Africa) to discuss the development of Modern Pentathlon and the other UIPM Sports.



Dr Klaus Schormann with (left to right) Sangwoo Park, City Mayor Andras Cser-Palkovics, Zsuzsanna Vörös (Sydney 2000 Olympic champion) and Gyula Bretz



Dr Schormann with Sangwoo Park, Andras Cser-Palkovics and other guests



The opening press conference of the 2017 UIPM Senior World Championships



During his time in Cairo Dr Schormann also hosted Gary Lu, CEO of UIPM sponsor Absolute Fencing, who spent several days at the World Championships.

The IOC Sport Department was represented in Cairo by Ansley O'Neal, who observed the Mixed Relay on August 28 after having attended the Women's Individual Final the day before.

The UIPM President joined with Vice President Joel Bouzou, Executive Board Members Janusz Peciak (Member for Sport), Martin Dawe (Member for Marketing), Dr Natalja Ofitserova (Chair of Medical Committee), Aya Medany (Chair of Athletes Committee), Christian Roudaut (Chair of Coaches Committee), Rob Stull (President of NORCECA) and Shiny Fang (Secretary General) in discussing with Mrs O'Neal the presentation of the Mixed Relay and issues of sporting politics around its inclusion in the Olympic programme.

### 03-04.09.2017: Moscow (RUS)

**P**resident Dr Schormann visited the 2017 Kremlin Cup, a competition established in 2011 and which now consists of a Mixed Relay format with many of the world's top pentathletes taking part.

During the competition Dr Schormann spoke with various representatives of Russian sport and business and discussed Moscow City Government activities with Nikolay Gulyayev, Head of Department for Moscow Sport and Tourism. The authorities are supporting the new multi-functional sports complex in Severny, where the UIPM Modern Pentathlon Training Academy was established more than 15 years ago.

Together with Viacheslav Aminov, UIPM Vice President and President of the Modern Pentathlon Federation of Russia, Dr Schormann discussed the importance of the Kremlin Cup as a promotional tool for Modern Pentathlon through Russian TV and digital media.



*The UIPM flag is transferred from Egypt to Mexico, the 2018 Senior World Championship hosts, during the closing ceremony*



*Dr Schormann with Stanislav Pozdnyakov, 1st Vice President of the Russian NOC (left) and Dmitry Svatovsky, European Confederation President*



*Dr Schormann, Vice-President Pozdnyakov and Mr Svatovsky at the Russian NOC Innovation Centre*



Tanya Ardabyeva, Secretary of the European Confederation, briefed President Dr Schormann on Youth, Junior and Senior competitions and development projects, the highlights of which included the Junior European Championships in Barcelona (ESP) and Senior European Championships in Minsk (BLR). New participation records were set, with athletes coming from all over Europe, in all youth competitions.

The UIPM President met with Stanislav Pozdnyakov, 1st Vice President of the Russian Olympic Committee and a four-time Olympic sabre champion, at the NOC headquarters. They discussed the present landscape of the Russian Olympic movement and general matters linked to the Tokyo 2020 Olympic Summer Games. They spoke about the ideals and foundation of Sports and Olympism, about returning to the ideas of Fair Play and Pierre de Coubertin's principles of Olympism.

Vice President Pozdnyakov joined President Dr Schormann on a visit to the NOC's new Innovation Centre, which included a presentation of new medical technology along with new methods of supporting athletes during training and preparation for competitions (see photo).

Dmitry Svatkovsky, European Confederation President, UIPM Executive Board Member and Sydney 2000 Olympic Modern Pentathlon champion, joined the UIPM President in a meeting with the NOC.



Dr Schormann with (left to right) Russian MP Academy director Anatoly Starostin, RMPF Executive Director Eduard Zenovka and UIPM Vice-President Viacheslav Aminov



President Schormann and Vice-President Aminov practise their laser shooting with Olympic champion Alexander Lesun (RUS) supervising the session



The 2017 Kremlin Cup Mixed Relay podium

## New Balance World Rankings

The PWR is updated live on [www.pentathlon.org](http://www.pentathlon.org) after each competition. PWR as at 07 September 2017:

MEN			
RANK	NATION	NAME	POINTS
1	FRA	Valentin PRADES	195
2	UKR	Pavlo TYMOSHCHENKO	190
3	KOR	Jinhwa JUNG	178
4	KOR	Woongtae JUN	178
5	HUN	Robert KASZA	176
6	RUS	Aleksander LESUN	171
7	FRA	Valentin BELAUD	165
8	HUN	Bence DEMETER	163
9	LTU	Justinas KINDERIS	156
10	EGY	Eslam HAMAD	151
11	CZE	Jan KUF	146
12	EGY	Yasser HEFNY	143
13	GER	Marvin Faly DOGUE	138
14	POL	Jaroslav SWIDERSKI	137
15	GER	Alexander NOBIS	131
16	BLR	Ilya PALAZKOV	131
17	EGY	Sherif RASHAD	129
18	KOR	Jihun LEE	128
19	GER	Patrick DOGUE	126
20	GBR	Joseph CHOONG	124

WOMEN			
RANK	NATION	NAME	POINTS
1	RUS	Gulnaz GUBAYDULLINA	205
2	BLR	Anastasiya PROKOPENKO	196
3	LTU	Laura ASADAUSKAITE	190
4	HUN	Tamara ALEKSZEJEV	177
5	GER	Lena SCHONEBORN	176
6	GBR	Kate FRENCH	175
7	HUN	Sarolta KOVACS	169
8	GER	Annika SCHLEU	163
9	TUR	Ilke OZYUKSEL	158
10	ITA	Alice SOTERO	157
11	ITA	Gloria TOCCHI	148
12	ITA	Francesca TOGNETTI	143
13	RUS	Ekaterina KHURASKINA	139
14	KOR	Sunwoo KIM	131
15	RUS	Uliana BATASHOVA	127
16	MEX	Mayan OLIVER	126
17	BLR	Volha SILKINA	122
18	ITA	Alessandra FREZZA	121
19	ITA	Irene PRAMPOLINI	121
20	GUA	Isabel BRAND	120

! The Full New Balance World Ranking is available on [www.pentathlon.org](http://www.pentathlon.org)

### WATCH ONLINE UIPMTV.ORG

**22-26 Feb** World Cup I  
Los Angeles, USA

**22-26 Mar** World Cup II  
Cairo, EGY

**04-08 May** World Cup III  
Kecskemét, HUN

**25-29 May** World Cup IV  
Drzonków, POL

**23-25 Jun** World Cup Final  
Vilnius, LTU

**21-27 Aug** World Championships  
Cairo, EGY

LIVE-STREAMING  
NEWS EDITS/HIGHLIGHTS

### GET NEWS EDITS HIGHLIGHTS

**10-15 Oct** Laser-Run World Championships  
Cape Town, RSA

**20-24 Sept** Biathlon/ Triathlon World Championships  
Viveiro, ESP

HOW TO GET NEWS EDITS AND HIGHLIGHTS?  
Contact: [media@pentathlon.org](mailto:media@pentathlon.org)



# BIATHLE TRIATHLE WORLD CHAMPIONSHIPS

20-24 SEPTEMBER 2017  
VIVEIRO, SPAIN



Baron Pierre de Coubertin

*"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."*

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