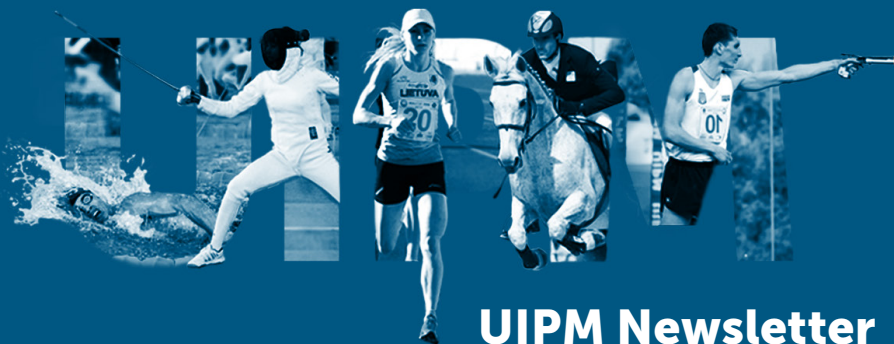


MAY / JUNE
2016



UIPM

Union Internationale
de Pentathlon Moderne



UIPM Newsletter

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Our Olympians

Line-up announced for Rio 2016 Olympic Games

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DAYS UNTIL THE
MODERN PENTATHLON
COMPETITION
IN **RIO2016**

WHO WILL BE THE NEXT
OLYMPIC CHAMPION?

UIPM MORE THAN A SPORT

CZE REPUBLIC
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Our Olympians: 72 names revealed

Line-up announced for Rio 2016 Olympic Games

UIPM is delighted to confirm the final line-up for the men's and women's events at the 2016 Olympic Games in Rio de Janeiro.

The 3-day event starts with the women's Fencing Ranking Round at 10:30 on 18 August, followed by the men's Fencing Ranking Round at 14:30, both events taking place at

the Deodoro Youth Olympic Arena.

The finals (women on August 19 and men on August 20), start with swimming at 12:00 at Deodoro Aquatics Centre followed by the Fencing Bonus Round, Riding and the Combined Event at Deodoro Stadium from 14:00.

There will be three former Olympic champions taking part: Lena Schoeneborn (2008, Germany), Laura Asadauskaite (2012, Lithuania) and David Svoboda (2012, Czech Republic).

Here is the list of competing athletes in full

NOC	Surname	Given name
ARG	KHOKHLOVA	Iryna
AUS	ESPOSITO	Chloe
BLR	PROKOPENKO	Anastasiya
BRA	MARQUES	Yane
CAN	VAKALIS	Donna
CAN	MCCANN	Melanie
CHN	CHEN	Qian
CHN	ZHANG	Xionan
CUB	MOYA	Leydi Laura
CZE	KODEDOVA	Barbara
EGY	MORSY	Haydy
FRA	CLOUVEL	Elodie
GBR	FRENCH	Kate
GBR	MURRAY	Samantha
GER	SCHONEBORN	Lena
GER	SCHLEU	Annika
GUA	BRAND	Isabel
HUN	KOVACS	Sarolta
HUN	FOLDHAZI	Zsafia
IRL	COYLE	Natalya
ITA	SOTERO	Alice
ITA	CESARINI	Claudia
JPN	TOMONAGA	Natsumi
KAZ	POTAPENKO	Elena
KOR	KIM	Sunwoo
LTU	ASADAUSKAITE	Laura
LTU	SERAPINAITE	Leva
MEX	VEGA	Tamara
POL	NOWACKA	Oktawia
POL	MALISZEWSKA	Anna
RUS	GUBAYDULLINA	Guinaz
RUS	RIMSAITE	Donata
TUR	OZYUKSEL	Ilke
UKR	SPAS	Anastasiya
USA	ISAKSEN	Isabella
USA	ISAKSEN	Margaux

NOC	Surname	Given name
ARG	ZAPATA	Emmanuel
AUS	ESPOSITO	Max
BRA	NASCIMENTO	Felipe Lima
BUL	KRASTANOV	Dimitar
CHN	CAO	Zhongrong
CHN	GUO	Jianli
CUB	FIGUEROA	Jose
CZE	SVOBODA	David
CZE	KUF	Jan
EGY	EL GEZIRY	Amro
EGY	EL GEZIRY	Omar
FRA	PRADES	Valentin
FRA	BELAUD	Valentin
GBR	CHOONG	Joseph
GBR	COOKE	James
GER	DOGUE	Patrick
GER	ZILLEKENS	Christian
GUA	FERNANDEZ	Charles
HUN	MAROSI	Adam
HUN	DEMETER	Bence
IRL	LANIGAN O'KEEFFE	Arthur
ITA	DE LUCA	Riccardo
ITA	PETRONI	Pierpaolo
JPN	MIGUCHI	Tomoya
JPN	IWAMOTO	Shohei
KAZ	ILYASHENKO	Pavel
KOR	JUN	Woongtae
KOR	JUNG	Jinhwa
LTU	KINDERIS	Justinas
MEX	HERNANDEZ USCANGA	Ismael
POL	STASKIEWICZ	Szymon
RUS	LESUN	Aleksander
RUS	KUSTOV	Maksim
UKR	TYMOSHCHENKO	Pavlo
UKR	FEDECHKO	Andriy
USA	SCHRIMSHER	Nathan

UIPM 2016 World Championships

Magic in Moscow

The 2016 UIPM Senior World Championships in Moscow (RUS) provided breathtaking drama for the many spectators who attended the city's Olympiisky Sport Centre from May 23-29, as well as for the global audience watching on TV and via live stream on UIPM-TV.org.

The Russian team was competitive throughout and finally gave their supporters and organisers the gold medal they craved on the final day when Donata Rimsaite and Aleksander Lesun won the Mixed Relay.



THE WOMEN'S RELAY PODIUM

Before that, there was thrilling success in the individual finals for two first-time world champions: Sarolta Kovacs (HUN) and Valentin Belaud (FRA), while Germany and Korea won the women's and men's relay titles respectively.

Women's relay: Germany get the ball rolling

After placing 35th in Swimming, The sight of Lena Schoeneborn breaking the tape at the finish line

has become an increasingly familiar sight this season and Germany's world No.1 scored another gold for her country on day one of the 2016 UIPM World Championships.

Schoeneborn and Annika Schleu (GER) performed with clinical conviction in the Combined Event to win the Women's Relay and push host nation Russia out of the medals.

Russia (Anastasia Petrova/Sofia Serkina) ended up in a disappointing 4th after leading the race for much of the day and entering the Combined Event with a 32-second advantage.

The home team's shooting let them down badly and Serkina was disconsolate afterwards, having enjoyed loud support from the Olympic Stadium crowd.

That show of emotion contrasted with the joy of all six medallists, as Great Britain (Samantha Murray/Joanna Muir) savoured their silver and Belarus (Katsiaryna Arol/Iryna Prasiantsova) their bronze. But it was apparent throughout the Run/Shoot that Germany's top-ranked duo had the greatest firepower and the ability to perform under pressure.

Schoeneborn (GER) had come to Moscow fresh from triumphing in the 2016 UIPM World Cup Final in Sarasota (USA), so it was no surprise to see her winning smile re-



SCHOENEBOERN AND SCHLEU (GER) AFTER WINNING GOLD IN A DRAMATIC FINAL

appear in the Russian capital.

In fact the only surprise was that Germany entered the Combined Event needing to make up a 40-second deficit on the leaders Russia.

“Our Swim was OK, and we are used to the Fencing in the Relay going like this sometimes, but we knew we had a strong Combined,” said the world No.1. “Annika got us into a good position and I only had to keep it.”

Schleu (GER) added: “I think we knew it was possible to get a medal and it was our goal to get a medal. But in Modern Pentathlon, anything can happen.

“The Fencing is sometimes weird and so is the Riding, but as you saw in the end, everything can be pretty close. We really wanted to win a medal.”

It was a tough assignment for the Russian team to take on some of the sport's leading lights in front of an expectant home crowd: Petrova is 22 and Serkina only 20, and neither is ranked in the top 100. So it was a very accomplished performance from the young duo



LENA SCHOENEBOERN (GER) DURING HER FINAL LAP OF THE WOMEN'S RELAY FINAL

across three events.

Russia (Petrova/Serkina) came first in Swimming, ahead of Great Britain (Murray/Muir) and Germany (Schoeneborn/Schleu).

The hosts continued to set the standard in Fencing, winning the Ranking Round ahead of Italy (Lavinia Bonessio & Alessandra Frezza) and Belarus (Arol/Prasiantsova) and also the Bonus Round. Three of the seven competing nations Great Britain (Murray/Muir), Germany (Schoeneborn/Schleu) and Korea (Yang Soo Jin & Kim Sunwoo) enjoyed maximum Riding points while Russia (Petrova/Serkina) maintained a strong ad-

vantage by incurring only 10 penalty points on horseback.

The hosts had a 32-second cushion in the Combined Event, but from the outset Petrova was slow to land her shots and the British and German teams sensed their chance. Petrova managed to maintain a slight lead at the halfway mark but Serkina (RUS) froze and was easily swallowed up by Schoeneborn (GER) at the 3rd Shoot and the world No.1 was never going to relinquish her advantage.

Behind her, Murray (GBR), a former Olympic silver medallist and world champion, built on good work by Muir (GBR) to take an equally strong grip on silver and Belarus (Arol/Prasiantsova) overturned a starting handicap of 1:02 to give their country a place on the podium at the expense of the host nation.

In the end, Serkina (RUS) summoned the determination to fight off Bonessio (ITA) to finish 4th but her dejection at the finish line was plain to see. The Russian duo had a tantalising glimpse of gold only to end up with nothing, emphasising the drama and unpredictability of this sport even at the highest



JOANNA MUIR (GBR, LEFT) TAKES AIM ON THE WAY TO A SILVER MEDAL

level.

UIPM President Dr Klaus Schormann said: "After a very exciting Opening Ceremony with culture and typical music and ballet dancing and the presentation of Olympic champions of Russia, we had a great Women's Relay competition and you could see that several nations had presented their best athletes.

"We saw good performances from the start and Germany won, so as a German I am happy about that. But I wish all nations the very best for the Men's Relay tomorrow and for the rest of the week.

"This facility is unique, with only the swimming happening outside the venue, and to be under one roof with all the disciplines is what we want to achieve in the future for our sport."

Men's Relay: Power play gives Korea gold

Korea's leading men ramped up their Olympic preparations as they teamed up for victory in the Men's Relay on day two in Moscow.

Woongtae Jun and Woojin Hwang will be hoping to feature in the Men's Individual Event in Rio De



PODIUM OF THE MEN'S RELAY EVENT

Janeiro later this year but first they claimed gold in Moscow with a dominant performance.

Oleg Naumov and Ilia Frolov (RUS) got the host nation on the medal table as they secured silver while Pierre Dejardin and Alexandre Henrard (FRA) stormed up the leaderboard in the Combined Event to snatch bronze out of the grasp of Latvia in an enthralling climax.

There was no doubting that this was above all Korea's day.

For Jun in particular, at 20 the younger of the pair by six years, it was another sign of his emerging class. He has broken into the top ten in the world rankings since

claiming the UIPM Champion of Champions crown in Doha (QAT) late last year.

Second in the pool, Korea dominated the Fencing, survived a slight blip on horseback and never looked troubled in the Combined, in spite of Russia's best efforts. Having agonisingly missed out on a medal on the opening day when their women's pairing went from first to fourth in the Combined Event, the hosts were happy to enjoy some podium time.

But the most joy was reserved for Hwang and Jun. The latter may have a burgeoning reputation but as the junior member of this team, he was particularly happy to match the efforts of his close compatriot.



THE KOREAN DUO AFTER BECOMING THE NEW MEN'S RELAY WORLD CHAMPIONS

"The partnerships were very good," he said. "In the first event, the Swimming, the time was very good. For the Fencing, he [Hwang] is a brother so it was very good to be able to follow him. That was a very good bonus point. The Riding was a little bit more different but in the Combined, the next group was very far back.

"So it was a little bit easy, running away. But this is just the first part of the Games and personally these are a very important Games. It is a

very happy, fantastic day.”

Great Britain would struggle to sustain their challenge throughout the day, but Joseph Evans and Thomas Toolis were in blistering form in the pool, winning the Swimming in a time of 1.49.62. The Koreans gave signal of their intentions by claiming second, just 15 hundredths of a second behind the British duo. Latvia (Pavels Svencovs & Ruslan Nakonechnyi) finished third, just ahead of Poland (Maciej Baranowski & Remigiusz Golis).

From there on, the Koreans were dominant, storming to victory in the Fencing, racking up 24 victories and just 8 defeats to take command of the Ranking Round ahead of Kazakhstan (Igor Sozinov & Denis Tyurin) in second and Latvia in third.

Russia were one of just three teams to rack up maximum points in the Riding Event. Hungary (Istvan Malits/Kristian Strobl) and Belarus (Pavel Tsikhanau/Kirill Kasyanik) were also flawless over the fences.

While Korea racked up 21 penalties, their sixth-place ranking in the Riding ensured they would enjoy a healthy 40-second lead over the hosts in the Combined. Latvia,



WOONGTAE JUN (KOR) TAKES AIM ON THE WAY TO A GOLD MEDAL IN MOSCOW

who could only secure 11th place in the Riding, were a further 12 seconds back, taking off ahead of Belarus.

But with medals on the line, the middle of the field, from fourth to France seventh, were separated by just six seconds. As Korea and Russia comfortably clinched the top two spots, the fight for bronze is where the drama grew.

With so many countries vying for the final step on the podium, it was the sterling efforts of France (Dejardin/Henrard) which proved to be just enough as they bettered Latvia on the last shoot.

UIPM President Dr Klaus Schorrmann said: “The men's relay competition with 17 countries was on a high level. It was excellent to see an Asian country, like Korea, winning. They have been strong in the last year in the development of young athletes.

“It was a very exciting final and I'm sure with the Russians winning their first medal here at home, that's very important for the atmosphere for the organisers. Everyone has enjoyed this competition. The Relay competition we keep as a very important team competition for the future.”

Women's Individual: Kovacs (HUN) turns Moscow silver into gold

Modern Pentathlon crowned a new world champion and Hungarian pentathlon hailed a new heroine after Sarolta Kovacs won Women's Individual gold.

World No.15 Kovacs (HUN) started the Combined Event with a slender lead of 9 seconds but stunned her more celebrated rivals by stretching out in front with every lap of Moscow's Olympic Stadium and holding her nerve at all of the



THE FENCING BONUS ROUND PISTE WAS THE SITE OF MUCH EXCITEMENT DURING THE CHAMPIONSHIPS

Shooting ranges.

The results meant that Kovacs (HUN) guaranteed her place at the Olympic Games in Rio de Janeiro, along with silver medallist Elodie Clouvel (FRA) and bronze medalist Lena Schoeneborn (GER).

The winner was a major surprise, especially as Kovacs (HUN) had competed sparingly this season due to an injury that required surgery. Her only World Cup appearance was in Kecskemet (HUN) in April where she finished 11th.

But she did have pedigree at this championships, and at this particular venue. As an emerging starlet she won a silver medal at the 2011 World Championships in Moscow. Because of that, there was a sense of symmetry about this career-defining victory.

The 25-year-old said: "I can't believe it. This year has been hard for me with injury, and I had an operation two months ago.

"It's a big competition and I like Moscow. In 2011 I was here and I was first to start the Combined Event and second to finish it. So I like Moscow!



THE WOMEN'S INDIVIDUAL EVENT PODIUM

"I just wanted to have a good competition and show what I could do. But I am so happy to have won, and now I believe in myself.

"I felt very strong all day, and when it came to the Shooting and Running I didn't care about the others; I just concentrated on myself."

With double points on offer in the Rio 2016 qualifying process, the race to join Kovacs (HUN) on the podium was intriguing. A host of athletes were within reach of the leader at the start line but they ended up being hunted down by top-ranked rivals who were lurking further back.

Namely, Schoeneborn (GER) and Laura Asadauskaite (LTU).

In the end, neither of them was able to displace either Kovacs (HUN) or world record-breaker Clouvel (FRA), but it was not for a lack of trying. When Schoeneborn (GER) realised she was not going to retain her title, she looked over her shoulder to make sure Olympic champion Asadauskaite (LTU) would not deny her a place on the podium.

Clouvel (FRA) set a new Swimming world record for Modern Pentathlon in the morning as she timed 2:06.59.

She said later: "My Fencing was not so good, but my Horse Riding is getting better and in the Combined I saw Sarolta Kovacs take off and I said 'Elodie, go, go, go!'

"It's a very amazing day, and now I am focused for Rio. I wanted a medal, and I worked very hard for this medal."

Schoeneborn (GER) said: "I am happy with the position, but I'm not happy with how I got it because my Ride was very bad and at the warm-up for the Combined I was still very frustrated, and I just



SAROLTA KOVACS (HUN) CROSSING THE FINISH LINE TO BECOME THE NEW WORLD CHAMPION

wanted to get it over with.

"I didn't shoot very well in the first two series, so there is room for improvement, and in the last lap I didn't have my usual kick.

"I hope I stay healthy, don't get any injuries and I hope I am as lucky at the Games as I was here, finishing with a medal despite one very bad discipline. That's pentathlon for you."

The performance of Clouvel (FRA) in the pool set the tone for a day of high-class pentathlon.

She swam 2:06.59 to set a new world standard, and remarkably the second-placed swimmer was not much slower: Gulnaz Gubaydullina (RUS) gave the home crowd plenty to get excited about with a swim of 2:07.24, while Samantha Murray (GBR) also went under 2:10 with 2:08.40.

On to the piste and there was more excitement for Russian supporters as Donata Rimsaite proved her Fencing ability with an exceptional Ranking Round performance of 26-9, one ahead of Schoeneborn (GER).



THE DAY STARTED WITH A NEW WORLD RECORD IN THE SWIMMING EVENT

Rimsaite (RUS) went on to be the last fencer standing in the Bonus Round too.

As supporters began to fill the stadium, there were high hopes for Russia especially in the shape of Rimsaite (RUS) but it was Kovacs (HUN) who scored highest on horseback and this put her in pole position overall.

The Hungarian enjoyed one of seven clean rounds, and when Soo Jin Yang (KOR) also went clear, after a strong Fencing performance, she set herself up as the main threat to the leading lady, start-

ing 2nd in the Combined Event. Schoeneborn (GER) picked up 35 penalties and Asadauskaite (LTU) 25, meaning the title was really up for grabs.

The climax of a major Modern Pentathlon event rarely respects starting positions but the one exception today was the No.1 position, which was expertly protected by a deserving champion.

After the dramatic attempts by Schoeneborn (GER) and Asadauskaite (LTU) to catch the top two, there were two strong finishes for Chinese athletes with Qian Chen in 5th and Wanxia Liang in 6th. Rimsaite (RUS) crossed the line in 7th place with Kovacs' compatriot Zsolia Foldhazi (HUN) in 8th.

Dr Klaus Schormann, UIPM President, said: "Today was an extremely interesting final. We had excellent horses, the atmosphere was great and I think we had a wonderful final.

"For us it was also an honour that the Russian Minister for Sport, Mr Vitaly Mutko, visited us to see this excellent fight in the final."



SAROLTA KOVACS (HUN) RUNNING FOR THE GOLD MEDAL IN A THRILLING FINAL

Men's Individual: Brilliant Belaud (FRA) keeps local favourite at bay

It was another day, another new world champion in Moscow as Valentin Belaud won Men's Individual gold for France.

A day after his girlfriend, Elodie Clouvel (FRA), won individual silver, Belaud (FRA) summoned fantastic stamina to rein in the leaders having started 6th in the Combined Event and he completed victory with a final 800m lap of stunning power.

Aleksander Lesun (RUS), who has won a medal at every World Championships since 2010, again saved his best form for the grandest stage and he claimed silver in front of his home crowd, while Jung Jin-hwa (KOR) took the bronze.

Egypt's El Geziry brothers, Omar and Amro, had been the early pacesetters along with Jung (KOR) but they suffered fadeouts in the final two events of the day and failed to make the podium.

Belaud thus became France's first individual world champion since 2010 and first male since Sebastian Deleigne in 1998.



THE MEN'S COMPETITION PODIUM

Ranked No.5 in the world, Belaud (FRA) secured his place at the Olympic Games in Rio de Janeiro along with Lesun (RUS) and Jung (KOR).

Belaud (FRA) said: "It feels amazing to win. I'm now realising that this is a very good day for me. I think I had a good competition. My swimming was okay but my fencing was very good and after the Combined, it was just a case of 'go fast go fast!'"

"I won in the last 100 metres and I am very happy. It's amazing. Yesterday Elodie Clouvel won a silver medal and I'm very happy for her.

Today, I won the gold medal and I'm just so happy.

"This year I have won the world senior championships and now I will go into training in preparation for the Olympic Games but right now I am just happy for this day."

Silver-medallist Lesun (RUS) said: "I am very happy. It was hard and the season in all hasn't been so lucky. I didn't have a great start but I'm pleased that it ended so well.

"I was delighted to perform in Moscow and I would like to thank all of the supporters for cheering me on. We don't have big stadiums and I'm not used to it so to have the crowd behind me felt great."

Third-placed Jung (KOR) said: "I am really happy to win the bronze medal and I hope this will help me when it comes to the Olympic Games in Rio.

"In qualification I was 36th so every time there is a world competition, I'm very nervous. My swimming this time was my best ever and my focus has been on shooting so this I am very happy with the medal."



THE NEW WORLD CHAMPION, VALENTIN BELAUD (FRA)

In the early stages, Amro and

Omar El Geziry (EGY) both put in strong performances.

In Swimming, Amro El Geziry (EGY) took first place after a hard-fought battle against James Cooke (GBR) and Maksim Kustov (RUS). The Egyptian finished in 1:56:50, just ahead of Cooke's 1:57:57 and third-placed Kustov's 1:59:16.

In Fencing, it was Omar El Geziry (EGY) who took first place, winning 25 times and securing 258 points. His closest rival Jung (KOR) managed 24 wins and 250 points, in a confident start to a consistently strong day.

Justinas Kinderis (LTU) enjoyed an exceptional run in the Bonus Round, winning seven bouts to take seven points forward.

In Riding, Amro El Geziry (EGY) saw his challenge hit the skids but his brother Omar managed to take maximum points and this allowed him to go through as the leader in the Combined Event.

Jung (KOR) set off 2nd ahead of Amro El Geziry (EGY) in 3rd, with the World Championships' perennial contender lurking narrowly behind him.



AN INCREDIBLE AUDIENCE HAD THE OPPORTUNITY TO WATCH FANTASTIC RIDING MOMENTS

True to form, Lesun (RUS) leaped ahead of the chasing pack with a blistering performance in the first shooting round, making up time and leaving the range just behind Amro El Geziry (EGY).

Shortly after, Jung (KOR) began making up ground and after the second shooting round, it looked as if Amro El Geziry (EGY) and Jung would be fighting it out to finish in the top position.

However, by the third lap El Geziry appeared to be struggling, with his strides becoming shorter and his running looking increasingly strained. At the shooting range, he crumbled under the pressure as

Lesun (RUS), Jung (KOR) and Belaud (FRA) raced out ahead of him. From then on, he never looked like mounting a comeback and instead it was home hero Lesun (RUS) who led the athletes as they made their way into the final 800 metres.

Finally, Belaud (FRA) aggressively overtook the Russian and opened up the burners to secure a comfortable lead as they re-entered the stadium. Coming into the final stretch, Belaud glanced over his shoulder and smiled, knowing his gold medal was firmly secured.

Dr Klaus Schormann, President of UIPM, said: "We saw the biggest drama of the whole season today in the final, when the places changed and the French athlete finished stronger than Lesun, who was the favourite.

"The Egyptian athletes also gave a great performance but in the end, you have to be strong in the laser shooting. You have to perform well.

"The public supported all of the athletes and for this reason, I think it was the best final of the whole season and therefore, I would like to thank all of the athletes for everything they have achieved and



THE FENCING EVENT SHOWCASED FANTASTIC MOMENTS TO THE AUDIENCE

for entertaining the public. I think we have a great winner today from France."

Mixed Relay: Russia on top in fairytale finish

Aleksander Lesun was back on top of the world as he and Donata Rimsaite teamed up to win gold in the Mixed Relay on the concluding day of the 2016 UIPM World Championships.

Their success was greeted with joy by the home crowd, who had been waiting with anticipation for silver to be turned into gold all week.

Lesun (RUS) was one of those who had already stood on the podium as the winner of Men's Individual silver, so this was the perfect way to end the championships.

There were scenes of unbridled glory at the finish line as Lesun (RUS) crossed first. He performed a lap of honour draped in Russian flags before embracing his teammate, Rimsaite (RUS), at the finish line.

China (Xiaonan Zhang and Jiahao Han) cemented a solid performance across the events with a well-earned silver, while Be-



THE MIXED RELAY PODIUM

larus (Anastasiya Prokopenko & Ilya Palazkov) staged a blistering comeback from 8th position to take the bronze medal.

Latvia (Elena Rublevska & Pavels Svecovs) could justifiably feel disappointed after starting the Combined Event in 2nd but they never recovered after a difficult second shoot to finish in sixth place overall.

Rimsaite (RUS) said: "We're very happy. It was a perfect day and we would like to say a big thank you to the fans and to the crowd."

In the early stages, it was Latvia who powered through the Fencing

Ranking Round, taking 34 wins. Russia won 29 bouts to finish equal with Czech Republic in second position, but no other team came close to Belarus (Palazkov/Propenko).

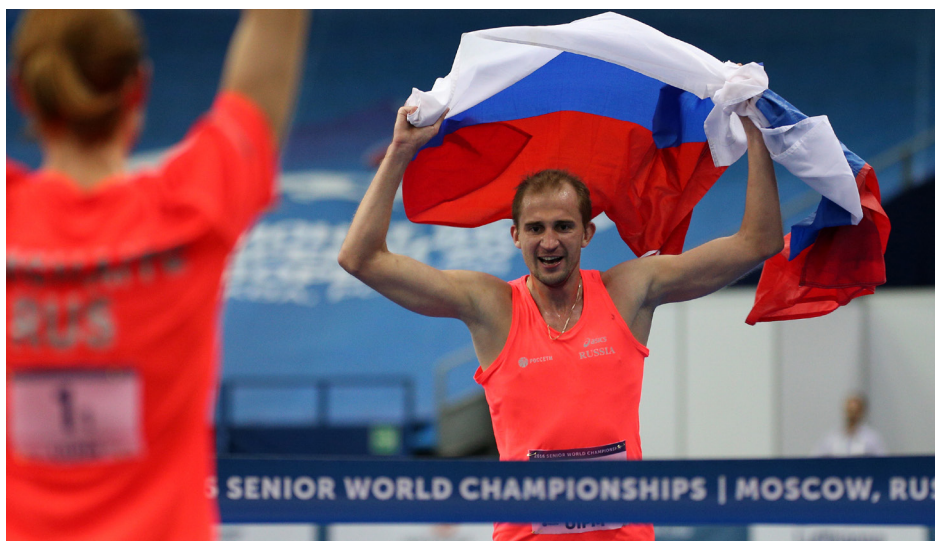
In the swimming event, Ireland (Eanna Bailey and Sive Brassil) finished ahead of the pack with a time of 1:56:90, narrowly beating China at 1:57:59 and joint third-placed Japan and Germany at 1:58:48 and 1:58:61 respectively.

It was a temperamental ride for some, with a number of athletes falling off their horses and a particularly nasty fall into the posts for Natsumi Tomonaga (JAP).

Russia (Rimsaite/Lesun) finished in 1st place in the Riding, with Poland and Belarus following behind in 2nd and 3rd respectively.

Rimsaite (RUS) led the pack going into the Combined Event with an 11-second lead over Rublevska (LAT) and 12-second lead over Xiaonan Zhang (CHN).

Rublevska (LAT) lost valuable seconds at the first shoot, trailing behind Russia and allowing them to maintain a nine second lead over China, who shot into second place.



LESUN AND RIMSAITE (RUS) GAVE TO THE RUSSIAN AUDIENCE THE GOLD IN THE MIXED RELAY COMPETITION

Beginning the second lap, Russia were again able to leave the range quickly but required seven shots, allowing the experienced Anastasiya Prokopenko (BLR) to leave alongside Rimsaite (RUS) and move into second position.

It was a typically strong comeback from Prokopenko (BLR), who had gone into the Run/Shoot in 8th place, 54 seconds behind Russia. As the male competitors began to enter the fray for lap 3, former world champion Lesun (RUS) set a blistering pace by leaving the range in 6.94 seconds, all but confirming a gold medal for the home team.

Han (CHN), whose team were now lying in second position, struggled with the shoot, allowing Ilya Palazkov (BEL) to narrow the gap as Latvia continued to chase.

Italy too struggled to perform in the range, effectively dropping out of the race for a podium spot, as Lesun (RUS) lapped Laura Leidis Moya (CUB) going into shoot 4.

The final lap for Lesun (RUS) became nothing more than a lap of



THE RIDING EVENT WAS ONE OF THE KEY MOMENTS OF THE DAY

honour, with the Russian leaving the arena before China or Belarus could even pick up their pistols. China managed to leave the range 10 seconds before Belarus, confirming the final podium positions. Lesun (RUS) signalled to the crowd as he completed his final victorious lap, collecting Russian flags as he headed into the final stretch.

As he crossed the finish line, far ahead of second-placed China or bronze-medallists Belarus, he and teammate Rimsaite (RUS) embraced as newly-crowned world champions.

Dr Klaus Schormann, President of UIPM, said: "We could not have had a better final to finish off the 2016 World Championships here in Moscow. This has been one of the best performances we have seen over the last few days and there has been such drama.

"Russia invested a lot and, in the end, there was a gold medal. I think they deserve this and the athletes have shown that they like the relay and it gives us a very different kind of performance."



THE OLYMPIISKY STADIUM IN MOSCOW HOSTED A TOP LEVEL EVENT SHOWCASING THE EXCITEMENT OF MODERN PENTATHLON BEFORE THE OLYMPIC GAMES

UIPM 2016 World Cup Final

Sarasota hosts the climax of the 2016 World Cup Series

The 2016 UIPM World Cup Final in Sarasota-Bradenton (USA) was an exciting event for the many spectators who attended the event from May 5-6, as well as for the global audience watching on TV and via live stream on UIPMTV.org.

Women's Individual: Schoeneborn (GER) stands out

Lena Schoeneborn was crowned winner of the UIPM World Cup for the 3rd time after summoning all her experience to top the podium in the Florida sunshine.

The 30-year-old German, Olympic champion in 2008, had waited five years for World Cup Final glory since her previous triumph, in London in 2011, which followed a breakthrough success in Moscow in 2010. But her task was complicated by a very impressive Lithuanian.



THE WOMEN'S FINAL PODIUM

Usually, the Lithuanian who makes life difficult for Schoeneborn is the world No.1 Laura Asadauskaite, but her absence from this Final opened the door for Ieva Serapinaite and the 21-year-old performed superbly all day to take home a richly deserved bronze medal.

Not only did Serapinaite (LTU) demonstrate the all-round skill to be a champion pentathlete, she also showed she has plenty of mental strength. After seeing her 25-point lead in the Combined Event eroded by Schoeneborn (GER), her response to being overtaken at the 2nd Shooting series was to take the lead back at the 3rd range.

In the end, inevitably, she was hunted down by her more experienced rival and Zsolt Foldhazi (HUN) also asserted her class to deny her the silver medal, but it was an exciting breakthrough performance by the Lithuanian.

Schoeneborn (GER) was especially pleased to have prevailed after a hard three-week training camp with her German team-mates in Colorado. She also said it was a useful exercise to compete on a timetable that exactly matches what the athletes will face at the Olympic Games, with no semi-final



LENA SCHOENEBOERN (GER) SHOWS HER MEDAL AFTER WINNING THE UIPM 2016 WORLD CUP FINAL

and the Fencing Ranking Round taking place 24 hours before the rest of the final.

"This is a long phase of training, because I hope I now have enough points to qualify for Rio, so this was really training for August, from Colorado to here," said Schoeneborn (GER).

"I had a good Fence yesterday, and then went for a coffee in the afternoon to see something different, which is what I will do in Rio.

"I had a very bad swim, which I hope is because I trained very hard for the last three weeks. Same for Running, where the wind was hard. With Shooting I had one bad series as well, but it was enough.

"Sometimes it's not only about Swimming and Running, but your mental strength on the day."

Foldhazi (HUN) added after receiving her silver medal: "I wanted first place but it's a podium, so it's good. I'm really happy with the result and the points."

At the start of the day, Elodie Clouvel (FRA) displayed her customary class in Swimming with the fastest



THE FENCING BONUS ROUND HAD SOME EXCITING MOMENTS IN THE SUNNY SARASOTA VENUE

time by a clear margin.

Clouvel (FRA) timed 2:08.58 to set the standard for the day ahead of Foldhazi (HUN, 2:11.05) and Alice Sotero (ITA, 2:11.55). Serapinaite (LTU, 2:11.97) was the fourth athlete to score over 300 points but Schoeneborn (GER) left herself playing catch-up after one of the slowest times of the 36 participants.

After the Fencing Bonus Round, Serapinaite (LTU) led overall from Schoeneborn (GER) and it was Elena Rublevska (LAT) who took the most points forward after 26 wins out of 35.

The Riding ended the challenge of a number of athletes who had looked to be in contention for medals, but it only strengthened the claim of the two favourites.

Schoeneborn (GER) had a clear round on Personality, as did Iryna Khokhlova (ARG), while Serapinaite (LTU) incurred only four penalty points for time lapses, allowing her to give her a commanding lead in the Combined Event.

Foldhazi (HUN), however, suffered a blow to her hopes as she racked up 24 penalty points, which consigned her to a 55-second deficit. Serapinaite (LTU) started 25 seconds ahead of Schoeneborn (GER) with Yane Marques (BRA) and Claudia Cesarini (ITA) a further 23 seconds back and Foldhazi just behind them alongside Anna Buriak (RUS).

It was a confident start from the leader, until she stuttered on the 2nd Shooting series and lost her lead to Schoeneborn (GER). Remarkably, she stayed on the German's shoulder for the next 800m and then pounced when they picked up their laser guns again. On the 3rd lap of Running, she stayed in touch with Schoeneborn (GER) once more but the 4th lap



A FANTASTIC RIDING VENUE WELCOMED SOME OF THE BEST PENTATHLETES OF THE WORLD

was one too many and the young Lithuanian had to admit defeat. Foldhazi (HUN) could be satisfied with her comeback after a poor ride and the joy of Serapinaite (LTU) on the finish line showed it was a satisfying result for all three medallists.

Others, too, showed great emotion on the finish line knowing that their Olympic qualifying dream had been realised or at least kept intact.

Fourth place went to Serapinaite's team-mate Gintare Venckauskaite (LTU), while Buriak (RUS) was 5th and Freyja Prentice (GBR) 6th.

The American crowd loudly cheered home their representatives, all of whom had respectable finishes: Isabella Isaksen (11), Samantha Achterberg (12) and Margaux Isaksen (16).

UIPM President Dr Klaus Schormann said: "This was an exciting competition at the rowing centre in Sarasota where we already had two World Cups in the past two years, and we saw a top race be-



PODIUM OF THE MEN'S INDIVIDUAL EVENT

tween the top six athletes.

"It was the last big chance for many athletes to qualify the Rio Olympic Games, so let's see how the results come out. I think there are some ladies very happy now to be on the way to Rio."

Men's Individual: Cooke (GBR) clears a path to glory

James Cooke of Great Britain confirmed his status as a serious contender for Modern Pentathlon's

biggest prizes with the highlight feat of his career: individual gold at a World Cup Final.

Cooke, 25, built on his victory at World Cup #4 in Kecskemet and the gold medal he won at World Cup #1 in Sarasota last year to prevail with a display of self-assurance, control and intent.

He stayed in contention all day, lurking behind the leaders and pouncing when he saw his chance. It was a truly impressive perfor-



JAMES COOKE WON HIS SECOND COMPETITION OF THE SEASON

mance

"It was the World Cup Final, there were big Olympic qualifying points on offer and everyone was fighting for them, and I know myself that the pressure was there. Fortunately, other people were shooting like I was shooting, so that was good.

"To be honest, I just came here for points. Obviously winning is quite good and it's maximum points, but the points is all we were focused on.

"For me, it's brilliant that I've got a World Cup win and a World Cup Final win. The focus has to be Rio, because that's the pinnacle of our sport and it's every four years, but everything feels pretty good at the moment."

For most of this Final it seemed that the prospect of a European 1-2-3 was highly improbable, because the duel for gold was mainly involving an African and an Asian athlete. But the composure and stamina demonstrated by Cooke (GBR) in the Combined Event was matched by Patrick Dogue (GER), who claimed silver, and Valentin Prades (FRA) who took bronze.

"I'm feeling very, very good because this was a really important



THE DAY OF THE FINALS STARTED WITH THE SWIMMING DISCIPLINE,

competition for me and I feel I'm one step closer to the Olympics," said Dogue (GER) after an excellent Run/Shoot where he overcame a 33-second deficit on the leader.

"I was so nervous before the Combined. But this gives me a real boost ahead of the Olympics. I hope this will not be a one-hit wonder, and I can get the same result in the next competition."

The overnight leader was Guo Jianli (CHN), who won 24 of his 35 bouts in the Fencing Ranking Round, but Amro El Geziry (EGY) was sitting poised with 22 wins and his prowess in the pool saw

him take the lead after today's first event.

Swimming is the world No.2's strongest discipline and true to form he won the fastest heat, eventually with some comfort. El Geziry (EGY, 1:57.62) and Cooke (GBR, 1:58.76) were the only athletes to go under 2mins.

In the Fencing Bonus Round, Mikalai Hayanouski (BLR) gained six precious points with a strong run that was stopped in the end by Amro El Geziry (EGY). Zillekens (GER) was the last man standing after defeating Guo (CHN) in the final bout with a neat hit to the wrist.

At this point there were two athletes out in front: Amro El Geziry (EGY) and Guo (CHN), and it was the latter who ended the Riding stage in top spot.

Guo (CHN) had a relatively smooth ride, incurring 11 penalty points, but his rival had a much more awkward experience on horseback and seemed fortunate to escape with a concession of just 21. After that, Guo (CHN) carried a 9-second lead into the Combined Event with Cooke (GBR) only 2secs



JAMES COOKE (GBR) DURING THE RIDING EVENT OF THE UIPM 2016 WORLD CUP FINAL



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behind El Geziry (EGY) and Hayanouski (BLR) and Hwang Woojin (KOR) also within 20secs of the leader.

The order was maintained for the first half of the Combined Event, until the 3rd Shooting series when Cooke (GBR) seized control.

As Guo (CHN) stuttered with gun in hand, taking 26secs to score his five shots, the British athlete moved into the lead and never looked back. His final series took him just 11secs and that was when it became clear that gold was his.

Behind him, the chasing pack suddenly closed in on Guo (CHN) and El Geziry (EGY) and Dogue (GER) used his shooting prowess to sneak ahead of Prades (FRA) and stretch away with his long stride. Behind them, Maksim Kustov (RUS) finished 4th, one place ahead of Guo (CHN) in a bunch sprint finish.

Afterwards, 7th-placed Nathan Schrimsher (USA) was awarded the John Holland Memorial Award alongside Tamara Vega (MEX). The duo were recognised as the top-performing Pan-American athletes.

UIPM President Dr Klaus Schorrmann said: "Again we have a great



PODIUM OF THE MIXED-RELAY EVENT

winner, Mr Cooke from Great Britain, and it was so exciting for the supporters here today to see positions changing and to see athletes in all positions fight so hard for Olympic qualifying places in Rio. Compliments go to all of them."

Mixed Relay: Irish duo turn silver to gold

Natalya Coyle and Arthur Lanigan-O'Keeffe went one better than 2015 as they won gold for Ireland in the Mixed Relay that brought the curtain down on the 2016 UIPM World Cup season.

The Irish duo embraced and gave No.1 finger salutes to the crowd and photographers as they celebrated a fulfilling World Cup Final victory in the Florida sunshine.

It was an especially satisfying triumph for the Irish because they were beaten to gold in the 2015 World Cup Final by Belarus, whose team of Katsiaryna Arol and Mikalai Hayanouski were made to settle for silver this time by the duo in green vests.

Behind them, individual world champion Pavlo Tymoshchenko of Ukraine won a sprint finish to make sure he and partner Valeria Permyinka had a presence on the podium and a bronze medal. The Combined Event was a gripping battle between four nations and it was hard on Mexico that Tamara Vega and Jorge Inzunza had to settle for 4th in a very high-class Mixed Relay.

Crucial to the victory of Ireland was the freshness of Lanigan-O'Keeffe, the 2015 European individual champion, who did not compete in the men's final here. But his alliance with Coyle is now strongly established and are among the favourites for gold every time they compete.

"We feel pretty good," said Coyle. "Last year we had three silvers in World Cups so we were pretty damn hungry coming into this one and we're delighted."



ARTHUR LANIGAN-O'KEEFFE (IRE) DURING HIS SHOOTING SERIES IN SARASOTA

"I love the Mixed Relay, I think it's fantastic to watch because it's male and female and it's such a different tempo. It's a great asset." Lanigan-O'Keeffe added: "I train closely with Natalya all year round so it's great to compete together and we are a great team. Whenever one of us has a shortfall, the other seems to find an answer. So it's a great event for us."

In Swimming, the USA (Samantha Achterberg/Logan Storie) and Ireland (Coyle/Lanigan-O'Keeffe) were the only two nations to dip under 2 minutes as Storie, the world record holder, gave the home crowd the start they wanted. Arol (BLR) had come into this event hoping for another gold medal after her success of 2015 alongside Ilya Palazkov, when they won on home soil in Minsk. And she was competitive in tandem with Hayanouski on the Fencing piste.

Belarus finished the Ranking Round in 2nd place with 25 wins, one fewer than Ukraine and one more than Ireland. But they added maximum extra points by being the last team standing in the Bonus Round.

In the Riding arena, USA and Ireland both saw their medal bids falter as the leading men from the swimming pool struggled on horseback. For Ireland, 20 penalty



THE IRISH DUO AFTER WINNING THE GOLD MEDAL IN THE UIPM 2016 WORLD CUP FINAL

points were at least retrievable as they started the Combined Event only five seconds off the pace. But for the USA, dropping 41 points left them with too much to do in the Run/Shoot.

Elsewhere, solid performances from Belarus, Ukraine and Mexico meant that they were all destined to be in medal contention alongside the Irish. And the first half of the Combined Event was a gripping four-way battle, ultimately decided by accuracy at the Shooting range.

Coyle (IRL) seized the initiative at the first series, then regained it after being overtaken on the first 800m lap by Vega (MEX) and Arol

(BLR). On the 2nd lap the Irish woman moved clear and made sure her partner would have a time advantage to work with, and Lanigan-O'Keeffe showed no sign of nerves as he kept Coyle's lead intact.

The European champion knew that any sign of weakness would motivate the men behind him, including the reigning individual world champion Tymoshchenko (UKR), but he gave them nothing to work with and all four Shooting series saw quick and efficient Irish performances which ultimately proved decisive.

UIPM President Dr Klaus Schormann said: "The Irish dominated today's Mixed Relay, as we have seen in the past, and it was nice to see the Ukraine team doing well with a great world champion back competing.

"For the spectators, today showed that the Mixed Relay is really a theme event that we must promote, with more and more nations competing. We will present a strong argument to the IOC that the Mixed Relay is the team event that we need for the future."



THE ATHLETES SHOWED ALL THEIR QUALITIES DURING THE 3 DAYS OF COMPETITION TO THE DELIGHT OF THE AMERICAN AUDIENCE

News from around the Modern Pentathlon World

Siegfried Brand to chair UIPM Ethics Commission

The International Modern Pentathlon Union (UIPM) has appointed its first Ethics Commission, a three-strong panel that will assist the President and Executive Board on all questions related to good governance.

Siegfried Brand, President of the Guatemala Modern Pentathlon Association, will chair the commission and will be joined by members Hiltrud Reder (Germany), a former member of the UIPM Technical Committee, and Angela Ives (Canada), a member of the UIPM Sport for All Commission.

All three nominations were proposed by the UIPM President, Klaus Schormann, and approved by the Executive Board. The Ethics Commission came into being after a change to UIPM's Rules on Internal Organisation at its 2015 General Assembly.

Juan Antonio Samaranch, Vice President of UIPM and IOC Executive Board member, said: "The approval of the creation of our Ethics Committee is another demonstration of UIPM's commitment to transparency and good governance, very much in accordance with Agenda 2020 principles.

"It is an important responsibility to join the IOC in matters like ethics and compliance, so this is vital for the sustainability and future of the Olympic ideals."

Coaches conference launched

UIPM has announced details of the 4th World Modern Pentathlon Coaches Conference (WMPCC), a unique event where coaches from around the world can meet to develop their knowledge and share their experiences.

The 2016 conference will be held from November 11-13 in Manchester, the commercial and cultural capital of northern England.

A wide range of subjects related to coaching activities and methods will be presented during the conference - and organisers would love to hear from you in advance.

To encourage engagement in the conference, organisers have launched a contest aimed at discovering the best examples of Modern Pentathlon coaching around the world.

The contest is entitled "Making A Difference: My Approach To Modern Pentathlon Coaching" and entries are open to coaches of all levels on all continents. The writers of the two best papers will be rewarded with flights to Manchester in November and full stay.

All information regarding the schedule, contest and registration can be found at www.wmpcc.org.

African women in sport conference

Modern Pentathlon was represented at a Congress of the African Women In Sport Association (AWISA) in Windhoek, Namibia (May 11-15) attended by 14 African nations.

Fridah Shiroya, President of the Kenya Modern Pentathlon Federation, expressed a belief that the gathering represented a big step forward in the pursuit of recognition of the rights of women in sport across the continent.

There were presentations from the Supreme Council of Sports in Africa (SCSA) and the African Union (AU), which has been streamlined with a reduction from seven to five regions



aimed at overcoming language barriers.

The Congress included sessions on sports marketing and anti-doping control processes.

Mrs Shiroya said: "Fourteen countries were represented and the transformation of the African Union was very informative. It is important for culture and arts to also be added in our women and sport activities."

UIPM enters into digital partnerships with insidethegames.biz and Olympic Channel

UIPM has embarked on a new partnership with the sports news website insidethegames.biz which now features a section dedicated to Modern Pentathlon and the other UIPM Sports.

One of the world's leading sports news websites, insidethegames.biz publishes news and interviews from the world of Olympic, Commonwealth and Paralympic Games.

The new collaboration aims to drive additional audiences to UIPM sports. It complements the expanding UIPM digital portfolio, which includes the websites pentathlon.org and UIPMTV.org and active social platforms including Facebook, Twitter and Sina Weibo. The new Modern Pentathlon section on insidethegames.biz features the following sections:

- News
- UIPM 360 Degrees
- From Ancient to Modern
- Modern Pentathlon: our Olympic Sport
- 4-3-2: other UIPM sports
- The Champions

Shiny Fang, Secretary General of UIPM, said: "Our partnership with



THE UIPM SECTION @ INSIDETHEGAMES.BIZ

insidethegames.biz will be mutually beneficial on many fronts.

"For UIPM, a dedicated section on insidethegames.biz will allow us to reach and engage with new audiences, and this is the best possible time to embark on such an exciting collaboration.

"With an Olympic Games on the horizon, the demand for news will be higher than ever and we are eager to build on our own growth in digital and social media by demonstrating to more people that our sports are thriving.

"With excitement growing ahead of Rio 2016, fans of Modern Pentathlon of all ages have never been better served online, and we are looking forward to this new opportunity to connecting with fans of all sports through insidethegames.biz."

Meanwhile, Modern Pentathlon will be one of at least 27 International Sports Federations to feature on the Olympic Channel, an exciting new multi-platform media venture from the International Olympic Committee which will launch this year.

The UIPM has signed a collaboration agreement with Olympic Channel Services and fans of Modern Pentathlon and its sub-sports are encouraged to stay tuned for updates on the content that will result from this unique broadcasting opportunity.

The creation of an Olympic Channel was one of the key recommendations of Olympic Agenda 2020, aiming to provide a new way to engage young people and core fans in the Olympic Movement, while also promoting the Olympic values on a consistent basis.

The Channel will broadcast live sports events, news and athlete stories, as well as historical Olympic footage and official films from the IOC's archives. There will also be a focus on educational and youth-oriented programming, sustainability, sports science and nutrition, and promoting a healthy and active lifestyle.

IOC President Thomas Bach, who recently chaired a joint Olympic Channel Board of Directors meeting at the newly inaugurated OCS facilities in Madrid, said: "The Olympic Channel will mark a major shift in how the Olympic Movement

connects with young people all year round.

"The International Federations have embraced the Olympic Channel and we look forward to working with them on the exciting programming and promotional opportunities.

"The newly formed Olympic Channel team is making steady progress, with the emphasis on ensuring the product is right and the quality of the programming matches our ambition. We look forward to announcing the 2016 launch date in the coming weeks."

Dr Klaus Schormann, President of UIPM, said: "The IOC President Dr Thomas Bach has established the Olympic Channel with his Executive Board and the Olympic movement, and we at the UIPM are very happy to join this exciting initiative."

European junior joy for Italy, Russia

Italy enjoyed a double triumph at the 2016 Junior European Championships as Francesca Tognetti and Alessandro Colasanti enjoyed success in the Women's and Men's Individual finals respectively.



THE ARGENTINIAN OLYMPIC COMMITTEE PRESIDENT DR. GERARDO WERTHEIN DURING THE OLYMPIC DAY

Francesca Tognetti (ITA) held off the challenge of silver medallist Ilke Ozyuksel (TUR) and her own sister Aurora Tognetti (ITA), who won bronze, to defend the lead she had constructed ahead of the Combined Event.

Russia won team gold in the women's and men's events and it was only Colasanti (ITA) who stood between them and victory in the Men's Individual. Viacheslav Bardyshev (RUS) won silver and Danila Glavatskikh (RUS) bronze.

Hungary (Alexandra Boros & Sarolta Simon) won gold in the Women's Relay and France (Brice Loubet & Gregory Flayols) came out on top in the Men's Relay.

The Mixed Relay featured a medal for the home nation as Poland took bronze, but gold went to Belarus (Iryna Prasiantsova & Ilya Palazkov).

Modern Pentathlon enjoys Olympic Day in Buenos Aires (ARG)

Modern Pentathlon was one of 35 sports that took part in a special Olympic Day celebration in Buenos Aires (ARG), where the 2018 Youth Olympic Games will be held.

Dr Gerardo Werthein, President of the Argentina Olympic Committee and IOC Member, during the Olympic Day celebration, participated in the MP demonstration as 2,000 people enjoyed the event in Parque Tres de Febrero on June 25.

Other notable attendees included Horacio Rodriguez Larreta, the Mayor of Buenos Aires, and several Argentine Olympic athletes. The Rio 2016 Olympic Games Organising Committee also had a stand.



Tributes to Cees Dekkers

Former Masters pentathlete Cees Dekkers from Doorn in the Netherlands passed away on June 9, 2016 at the age of 76.

Dekkers was a physical trainer in the Royal Navy and also coached active athletes, mainly focusing on disciplines where precision and attention to details are key, such as traditional shooting and horse riding.

Among his greatest achievements, he was 29 times a recipient of the National Pentathlon Cross including 22 times in a row (1973-1994). He competed in numerous international competitions and was one of the pioneers behind the Masters category and the Pentathlon Marine Corps in the West of the Netherlands. In 2007 he received the 'Van Steeden'-medal for his outstanding performance as an all-round sportsman.

Cees received a fond farewell from his best friends, sportsmen and women, pentathletes and tetrathletes in his home town on June 15. Hennie Heskler and Ronald Postma represented the UIPM Masters Community at the funeral.

It is in these very sad moments that the UIPM sport community embraces the human highest values of friendship and respect more than ever and we wish his living parents, his daughter Conny Dekkers and siblings all the deepest condolences for the sudden loss of Cees Dekkers, modern pentathlete and friend of sport.

Tournament & Training Camp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters. Navigate to the National Federations Portal or to <http://www.pentathlon.org> to stay up to date with all tournament news.

Competition Invitations

UIPM 2016 Laser-Run World Championships
Lisbon, POR
3-4 September 2016

UIPM 2016 Junior World Championships
Cairo, EGY
12-17 July 2016

Medical and Anti-Doping Corner



WADA PUBLISHES 2016 PROHIBITED LIST

On 16 September, the World Anti-Doping Agency's Executive Committee approved the 2016 List of Prohibited Substances and Methods, which is now available on WADA's website in English. The List will come into force on 1 January 2016.

Updated annually, the List is one of five International Standards that are mandatory for all signatories of the World Anti-Doping Code (Code). It designates what substances and methods are prohibited in- and out-of-competition; and, which substances are banned in particular sports. According to the Code, if a substance or method is found to meet two of three criteria (enhances performance, poses a threat to athlete health, violates the spirit

of sport), then it could be considered for placement on the List.

The List's annual revision process is led by WADA and involves extensive consultation, which begins with a draft being circulated for comment amongst stakeholders. The comments are considered by WADA's List Expert Group, which then presents its conclusions to WADA's Health, Medical and Research Committee (HMRC). Once this process is concluded, the HMRC makes recommendations to WADA's Executive Committee, which are discussed before making a final decision during its September meeting.

The new List can be found in the Medical Corner of the UIPM website (pentathlon.org)

Inside UIPM: Monthly activities of President Dr Schormann

**02 MAY 2016 - FRANKFURT/MAIN,
GERMANY**

UIPM President Dr Klaus Schormann reported to the German Olympic Academy (DOA) about the activities of UIPM during competition days of Modern Pentathlon in cooperation with the International Pierre de Coubertin Committee. A questionnaire on Modern Pentathlon and the Rio 2016 Olympic Games, compiled in conjunction with Prof Dr Norbert Müller and Prof Dr Manfred Messing, will be handed out to the public in Deodoro from August 18-20.

**04-09 MAY 2016 - SARASOTA-BRADENTON,
USA**



DR. KLAUS SCHORMANN WITH KATHERINE HARRIS DURING THE UIPM 2016 WORLD CUP FINAL

During the World Cup Final in Sarasota, the UIPM President and Secretary General Shiny Fang met with Doug Arndt from the Los Angeles 2024 sports operations department to discuss the technical requirements of Modern Pentathlon venues based on the new one-day pentathlon stadium format. They also spoke with Rob Stull, Chief Executive of USAP, and colleagues of the Board of Directors about pre-



UIPM PRESIDENT DR. KLAUS SCHORMANN AND SECRETARY-GENERAL SHINY FANG MET WITH DOUG ARNDT FROM THE LOS ANGELES 2024 BID SPORTS DEPARTMENT

parations for the UIPM World Cup events that will take place in Los Angeles from 2017 to 2020.

For the first time the best-performing female and male athletes from the Americas were recognised with the John Holland Award in the presence of Mrs Isabel Holland, widow of the former UIPM Honorary Member who died in 2015.



NATHAN SCHRIMSHER (USA) AND TAMARA VEGA (MEX) WITH ISABEL HOLLAND

UIPM Executive Board Members took part in a reception given by the President of the Organizing Committee, Mrs Katherine Harris, where the UIPM President thanked her and all the sponsors, suppliers and local governors for their support in recent years for the World Cups in Sarasota.

At the opening and closing ceremony some special songs for Modern Pentathlon were presented by Kaitlin C. Folsom, a young student in music at the music academy in Sarasota.

UIPM's relationship with Sarasota will continue later this year (October 20-23) when it hosts the World Biathlon-Triathlon Championships.

Lyrics:

*Our life is as such
A compass for greatness,
A beacon for strength
Guiding fully courageous.*

*The mind sharp with pride,
A body to persevere,
A soul to drive forth
Even when faced with fear.*

*With speed, we refuse to slow
Even for the greatest weakness,
For our eyes are set upon the road;
Our hearts swift like the arrow.*

*Even in the darkness,
We're rich with knowledge,
We are the determined,
Fierce with dedication.*

*With speed, we refuse to slow
Even for the greatest weakness,
For our eyes are set upon the road;
Our hearts swift like the arrow.*

*Even in the darkness,
We're rich with knowledge,
We are the determined,
Fierce with dedication.*

*Our strength will not cease
As we live
With our mind, body, and soul!*

11-13 MAY 2016 - COLORADO SPRINGS, USA

Dr Schormann and Shiny Fang, accompanied by Rob Stull, visited the headquarters and Olympic Training Centre of the United States Olympic Committee.

Dragomir Cioroslan, USOC Director for International Strategies and Development, and Carolina Bayon, USOC Director for International Cooperation & Policy, arranged on their behalf meetings with various departments of the USOC to discuss new ideas for the development of Olympic Sport and close partnerships between International Federations.



DR. KLAUS SCHORMANN AND SECRETARY GENERAL SHINY FANG WITH THE USOC CHIEF EXECUTIVE OFFICER SCOTT BLACKMUN

On May 13 Dr Schormann and Mrs Fang also met in the Broadmoor Hotel with Bill Hybl, Chairman of the El Pomar Foundation and a former President of USOC and IOC Member. They discussed possible avenues of support to the NORCECA Confederation office in Colorado Springs. Further discussions will follow after the Rio Olympic Games.

14 MAY 2016 - FORT CARSON, USA

Dr Schormann and Mrs Fang attended a Spartan Race in Fort Carson. The USAP supported the competition with a laser shooting station. Later they had a discussion with senior staff members and the head of the Obstacle Race society, who briefed the UIPM President and Secretary General on their structure and sporting activities. Rob Stull was also in attendance.



DR KLAUS SCHORMANN, SECRETARY GENERAL SHINY FANG AND USAP CEO ROB STULL DURING THE VISIT TO A SPARTAN RACE EVENT IN FORT CARSON



UIPM PRESIDENT DR. KLAUS SCHORMANN WITH DRAGOMIR CIOROSLAN, USOC DIRECTOR FOR INTERNATIONAL STRATEGIES AND DEVELOPMENT

A tour of the US Olympic Training Centre by Director Aaron McGuire included a visit to the Sports Medicine Centre, where Managing Director Bill Moreau gave an important presentation of the medical/health services provided to US athletes who train in the centre and to others visiting from different countries. Modern Pentathletes from many countries have been coming to Colorado Springs for training for many years.



(LEFT-RIGHT) AARON MCGUIRE, US OLYMPIC TRAINING CENTRE DIRECTOR, SHINY FANG, UIPM SECRETARY GENERAL, BILL MOREAU, MANAGING DIRECTOR OF SPORTS MEDICINE FOR THE UNITED STATES OLYMPIC COMMITTEE, DR KLAUS SCHORMANN, UIPM PRESIDENT AND ROB STULL, USAP CHIEF EXECUTIVE OFFICER

Meetings with the following departments took place: USOC Sport Performance, USOC Organizational Support (Governance/Management) to National Federations. In a special meeting on May 13 USOC Chief Executive Officer Scott Blackmun briefed the UIPM delegation on the whole organisation, followed by presentations and discussions about the Strategic Management Division, Marketing Division, US Olympic and Paralympic Foundation, USOC Development Division, Communication and Coaching Division.

21-30 MAY 2016 - MOSCOW, RUSSIA

During the Senior World Championships, UIPM President and UIPM Vice President Viacheslav Aminov met with senior figures in the Russian sporting society such as Vitaly Mutko (Minister of Sport), Yuri

Nagornykh (Deputy Minister of Sport) and Alexander Zhukov (Russian Olympic Committee President) and Governors such as Sergey Sobyanin (Mayor of Moscow), Arkady Dvorkovich (Deputy Prime Minister) and Alexei Vorobyov (Head of the Department of Physical Culture and Sport of the City of Moscow).



DR SCHORMANN DURING THE OPENING CEREMONY OF THE UIPM 2016 WORLD CHAMPIONSHIPS HELD IN MOSCOW, RUSSIA

They spoke about Moscow's heritage as the host city of the 1980 Olympic Games and opportunities for more high-level international competitions like the 2016 UIPM World Championships in the Olympiisky Sport Centre. They also discussed future Modern Pentathlon activities in Moscow and other venues in Russia.

The President of the Russian Federation, Mr Vladimir Putin, and the Prime Minister of Russia, Mr Dmitry Medvedev, both sent a welcome letter to the guests, participants and the organizers to wish them a successful competition and a great event.



UIPM PRESIDENT DR. KLAUS SCHORMANN WITH VIACHESLAV AMINOV, UIPM VICE PRESIDENT AND RUSSIAN MODERN PENTATHLON FEDERATION PRESIDENT

The UIPM President hosted a special reception for all national Presidents and heads of delegations to wish them a successful World Championships for their athletes and also for the Rio Olympic Games, and to thank them for their strong support at national and international level in promoting Modern Pentathlon and other UIPM sports Biathlon/Triathlon, Tetrathlon and Laser-Run competitions. He emphasised the importance of UIPM's strategic philosophy in protecting and supporting clean athletes according to the rules of the World Anti-Doping Agency.

On May 28/29 Dr Schormann discussed with Berik



UIPM PRESIDENT DR. KLAUS SCHORMANN DURING THE OFFICIAL FLAG HANDOVER CEREMONY TO CAIRO, EGYPT 2017

Mazhitovich Imashev, President of the Kazakhstan MP Federation, the sporting situation in Central Asia, which will be strengthened and developed by UIPM in respect of a history of Modern Pentathlon going back more than 40 years.

01-02 JUNE 2016 - MONTE-CARLO, MONACO

The UIPM President joined the Honorary Auditors and Treasurer John Helmick at UIPM headquarters for the annual audit. They discussed with Secretary General Shiny Fang financial issues and new structures for the future and John Helmick briefed them on preparations for UIPM hospitality during the Olympic Games in Rio de Janeiro.

03 JUNE 2016 - DARMSTADT, GERMANY

The TV Group Schmidt Media Germany visited the UIPM President's Office to produce a story about Modern Pentathlon and Pierre de Coubertin linked to Olympic heritage and the vision of the UIPM President surrounding the future development of Modern Pentathlon.

09 JUNE 2016 - MAINZ, GERMANY

The Olympic Games research group (Prof Dr Norbert Müller as chair, Prof Dr Manfred Messing and UIPM President Dr Klaus Schormann) continued to prepare the Rio 2016 UIPM questionnaire. The concept was established in 1996 and the results will again be published and discussed later this year at the meeting of the IOC Committee for Culture and Olympic Heritage.

10-12 JUNE 2016 - DRZONKOW, POLAND

The Sport Centre of Drzonkow celebrated its 40th anniversary during the Junior European Championships.



UIPM PRESIDENT DR. KLAUS SCHORMANN IN THE EUROPEAN JUNIOR CHAMPIONSHIPS

Modern Pentathlon has been one of the most active sport in this centre. In 1976 UIPM hosted the Junior World Championships followed by many other international competitions including European and World Championships and World Cups.

UIPM President Dr Klaus Schormann and Tatiana Ardabieva, Secretary of the European Modern Pentathlon Confederation, were present every day. Both thanked and congratulated at the "GALA" on June 11 the Director of the Sport Centre, Boguslaw Sulkowski, and all present representatives included the Governor of the District, Elzbieta Anna Polak, for their strong support of Modern Pentathlon.

They greeted former leaders of the Polish Modern Pentathlon Association including Stefan Grzegorzczak (a recipient of the UIPM Gold Medal of Honour), and many World and Olympic medalists. In the name of the EMPC President Dmitry Svatkovsky they gave very warm thanks to Anna Bajan, President of the Polish Modern Pentathlon Association, for her personal actions in building up a strong Modern Pentathlon movement in Poland and the close cooperation of the Polish Modern Pentathlon Association with UIPM and ECMP.

On the 12th of June, Technical delegates Dr Vladimir Miller (SVK), Endre Kovacs Bonamie (ESP) and Jose Maria Paula Santos (POR) - all members of UIPM Technical Committee - discussed with Dr Schormann the present competition rules and briefed the UIPM President on their experience during the competitions to have more direct information from the field of play.



UIPM PRESIDENT DR. KLAUS SCHORMANN WITH THE TECHNICAL DELEGATES ENDRE KOVACS (ESP), DR VLADIMIR MILLER (SVK) AND JOSE MARIA PAULA SANTOS (POR)

14-16 JUNE 2016 - DARMSTADT, GERMANY

The UIPM President met Alain Lunzenfichter - Member of UIPM Pierre de Coubertin Commission and Honorary President of the Olympic Journalists Association - to continue work on a book about Modern Pentathlon Olympians and the history of Modern Pentathlon over the last 104 years, which will be published and presented at the UIPM Congress in Frankfurt/Main (GER) in November 2016. They also discussed strategies linked to new media.



UIPM PRESIDENT DR. KLAUS SCHORMANN WITH ALAIN LUNZENFICHTER

22-25-29 JUNE 2016- FRANKFURT/MAIN, WIESBADEN, GERMANY

UIPM President Dr Klaus Schormann presented to German business society members the sporting programme of UIPM and spoke about the Olympic Movement in this difficult time of war, terrorism, corruption and doping problems. His clear statement was that the leaders responsible for global sport in the Olympic Movement will do all in their power to protect the Olympic values, to protect and support clean athletes and to use sport as a vehicle for integration of people in societies and to promote peace around the world based on the coming Olympic Games in Rio de Janeiro.



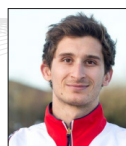
UIPM PRESIDENT DR. KLAUS SCHORMANN DURING THE EUROPEAN JUNIOR CHAMPIONSHIPS GALA DINNER

New Balance World Rankings.

The PWR is updated live on www.pentathlon.org after each competition. PWR as at 30 June 2016:

Women

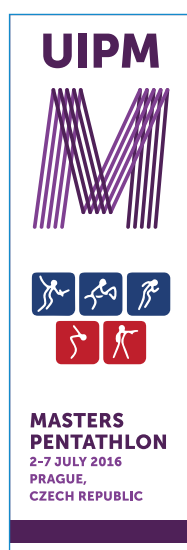
1	GER	Lena SCHONEBORN	210
2	LTU	Laura ASADAUSKAITE	186
3	HUN	Zsafia FOLDHAZI	186
4	FRA	Elodie CLOUVEL	181
5	GER	Annika SCHLEU	157
6	ITA	Claudia CESARINI	151
7	BLR	Anastasiya PROKOPENKO	149
8	LTU	Ieva SERAPINAITE	146
9	POL	Oktawia NOWACKA	146
10	CHN	Qian CHEN	145
11	HUN	Sarolta KOVACS	144
12	BRA	Yane MARQUES	140
13	RUS	Donata RIMSAITE	139
14	GBR	Freyja PRENTICE	137
15	KOR	Sunwoo KIM	136
16	LTU	Gintare VENCKAUSKAITE	136
17	CHN	Xiaonan ZHANG	134
18	ARG	IRYNA KHOKHLOVA	132
19	CAN	Melanie MCCANN	130
20	USA	Margaux ISAKSEN	130



Men

1	GBR	James COOKE	194
2	FRA	Valentin PRADES	185
3	FRA	Valentin BELAUD	175
4	EGY	Amro EL GEZIRY	172
5	HUN	Adam MAROSI	170
6	EGY	Omar EL GEZIRY	169
7	RUS	Maksim KUSTOV	166
8	KOR	Jinhwa JUNG	154
9	USA	Nathan SCHRIMSHER	149
10	LTU	Justinas KINDERIS	146
11	KOR	Woongtae JUN	144
12	EGY	Yasser HEFNY	143
13	CHN	Jianli GUO	142
14	CZE	Jan KUF	140
15	HUN	Bence DEMETER	138
16	IRL	Arthur LANIGAN-O KEEFFE	136
17	ITA	Pierpaolo PETRONI	136
18	GER	Patrick DOGUE	134
19	MEX	Ismael HERNANDEZ USCANGA	133
20	GUA	Charles FERNANDEZ	132

The Full New Balance World Ranking is available on www.pentathlon.org



UIPM 2016 MASTERS WORLD CHAMPIONSHIPS

Prague, CZE
2 - 7 July 2016

UIPM 2016 YOUTH A WORLD CHAMPIONSHIPS

Limerick, IRE
14 - 18 July 2016

check all informations @ www.pentathlon.org



Calendar UIPM Competitions

JULY / AUGUST

UIPM 2016 Masters World Championships
Prague, CZE
2 - 7 July 2016

Biathle/Triathle World Tour
Havana, CUB
8 - 10 July 2016

Other International Competitions

Senior European Championships
Sofia, BUL
4-1 July 2016

Open Swiss Championships
Bern, SUI
23-24 July 2016

European Youth A Championships
Barcelona, ESP
27-31 July 2016

UIPM 2016 Youth A World Championships
Limerick, IRE
15 - 18 July 2016

Modern Pentathlon @ Olympic Games
Rio de Janeiro, BRA
18 - 20 August 2016

August

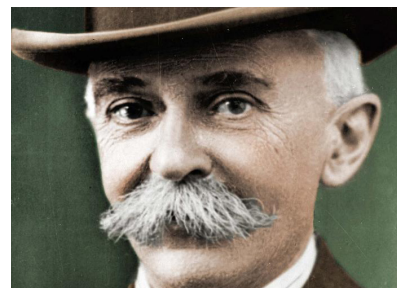
International "Memorial Yury Horishko"
Baktuu-Dolonotu, KYR
21-25 May 2016

Youth B European Championships
Solihull, GBR
25-28 August 2016

MODERN PENTATHLON | Key-Milestones

Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."



PENTATHLON IN THE ANCIENT GAMES

708 BC - Lampis of Sparta won the first ancient Pentathlon

MODERN PENTATHLON

1912 - Stockholm: First time in the Olympic Programme

1948 - London: the UIPM was established

1996 - Atlanta: First Olympic Games all 5 events took place in one day

1998 - Budapest, Mexico, Monaco, Olympia, Lausanne: UIPM celebrates 50th Anniversary

2000 - Sydney: First time women pentathletes competed in the Olympics

2004 - Athens: Pentathlon home after 2712 years

2010 - Singapore: Combined event (running and shooting) and laser pistol introduced into the 1st Youth Olympic Games

2012 - London: 100 Years of Modern Pentathlon in the Olympic Games

2014 - UIPM joins the International Paralympic Family and the University Sports Family

2016 - Rio de Janeiro: Fencing Bonus Round in the Olympic Games

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Instagram: [instagram.com/theuipm](https://www.instagram.com/theuipm)

