

HIGHLIGHTS

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UIPM 2016 BIATHLE/TRIATHLE WORLD CHAMPIONSHIPS

Sunny Sarasota welcomes more than 700 athletes



ALEXANDRE HENRARD WON THE BIATHLE AND THE TRIATHLE INDIVIDUAL EVENTS, ADDING TWO MORE GOLD MEDALS TO THE THREE WORLD TITLES WON IN 2015









UIPM 2016 Biathle/Triathle World Championships

Heroic Henrard at the double on the beach

Alexandre Henrard of France confirmed his status as a master of multiple UIPM Sports with two gold medals at the 2016 UIPM Biathle-Triathle World Championships.

Henrard, 24, claimed men's individual gold in Biathle (Run/Swim/Run), 24 hours after he had conquered the field in Triathle (Swim/Run/Shoot).

More than 500 athletes from 25 countries gathered on the west coast of Florida to participate in the championships, with the USA winning all of the senior gold medals except the two claimed by Henrard (FRA).

Athletes aged from the Youth F category (eight and under) to Masters competed in two different formats over three days at Nathan Benderson Park in Sarasota, which was the host of the 2016 UIPM World Cup Final.



ERIN STORIE (USA) CELEBRATES HER SENIOR BIATHLE SUCCESS, AND SHE ALSO WON THE BIATHLE MIXED-RELAY WITH HER HUSBAND LOGAN STORIE

Other highlights of the 2016 Biathle-Triathle World Championships included:

- Samantha Achterberg and Erin Storie (USA) brought delight to the host nation as they won senior women's Triathle and Biathle gold respectively
- Erin Storie teamed up with husband Logan Storie to also win
- Mixed Relay Biathle gold for USA, before Achterberg and Dennis Bowsher (USA) took the Mixed Relay Triathle title
- Africa was well represented with South Africa and Egypt enjoying excellent results across the age-group spectrum
- Pakistan competed in the open division for the first time and claimed two gold medals

One special feature of each event was the All Together race, where athletes of different ages had the chance to try out Biathle and Triathle in an open competition.

Janusz Peciak, the UIPM Executive Board Member for Sport, said: "I am very impressed with the enthusiasm and passion of so many kids participating in these events."

"This is very important because pentathlon is the next step and the numbers are growing and growing, and also the atmosphere



SOUTH AFRICA PRODUCED NUMEROUS WINNERS OF YOUTH CATEGORIES IN SARASOTA









here is good with parents involved. "I can see how this is good for the development of pentathlon worldwide that we are doing these kind of events.

"You see how well countries like South Africa are competing, and also India and Argentina are others. This is good for our sport and I believe in five or six years South Africa will be one of the top sports in pentathlon."

Day one: Biathle and Triathle Relays

The 2016 UIPM Biathle-Triathle World Championships began with a double dose of delight for the host nation as USA claimed senior gold medals in both the Biathle and Triathle Mixed Relays.

Husband-and-wife pair Logan (27) and Erin (25) Storie claimed top spot in the Biathle relay thanks to a performance of perfect synergy in front of a home crowd at Nathan Benderson Park.

Storie & Storie (USA) finished nine seconds ahead of the second-placed Czech Republic (Eliska Priblova & Tomas Svoboda) with bronze going to Great Britain



MIXED-RELAY TEAMS PERFORMED IN BIATHLE AND IN TRIATHLE DURING THE FIRST DAY OF COMPETITION

(Clare Forbes & Gregan Clarkson).

than Denoon) claiming bronze.

Local fans were given further cause for celebration in the Triathle Mixed Relay as USA (Samantha Achterberg & Dennis Bowsher) claimed first place to complete a day of dominance by the host nation.

Achterberg & Bowsher (a veteran of the London 2012 Olympic Games) enjoyed a massive winning margin of almost two minutes over silver medallists Italy (Nicole Campaner & Valerio Quinzi), with Canada (Kelly Fitzsimons & Jona-

Day two: Henrard gets his first gold for France

The 2016 UIPM Biathle-Triathle World Championships continued on day two with success for the USA and France in the senior individual Triathle events.

Defending men's champion Alexandre Henrard (FRA) managed to retain his title while Samantha Achterberg (USA) claimed gold in the women's event.



A PORTUGUESE ATHLETE CUTS A DRAMATIC POSE AS HE DIVES INTO THE WATER FOR HIS SWIM











FROM YOUTH ETO MASTERS C, THERE WAS A HIGH STANDARD OF ATHLETICISM ACROSS ALL AGE CATEGORIES IN SARASOTA

Henrard (FRA) won by a slim margin of five seconds from silver medallist David Ruales (ECU) with Pieter Oosthuizen (RSA) claiming bronze.

Achterberg (USA) was a much more convincing winner of the women's title ahead of compatriot Jessica Davis (USA) in second and bronze medallist Rachel Jones (GBR).

Day three: Henrard confirms special set

Henrard, 24, claimed men's individual gold in Biathle (Run/Swim/Run), 24 hours after he had conquered the field in Triathle (Swim/Run/Shoot).

In 2015, the French star won both of these competitions and also came out on top at the Laser-Run World Championships, so his tally of senior UIPM golds now stands at an incredible five in two years.

Henrard (FRA) said after picking

up his Triathle gold that he would be aiming to perform well on the UIPM World Cup circuit next year while also attempting to defend his titles at the 2017 Biathle-Triathle World Championships.

"I am a pentathlete, so I do Fencing and Riding too, but to win back-to-back with both titles was

definitely my aim and it will be the same next year," he said.

"Next year I have to qualify for the first World Cup through the French Championships, but normally I would participate in two World Cups per year - I just don't know which ones it will be."



A YOUTH ATHLETE FROM SOUTH AFRICA SHOWS HIS ELATION AS HE CROSSES THE FINISH LINE FIRST









News from around the **Modern Pentathlon World**

Stars turn out for televised Kremlin Cup

Alexander Lesun (RUS), the Rio 2016 Olympic Games men's champion, won gold alongside Donata Rimshaite (RUS) in the single-day competition on October 2, which comprised a Mixed Relay format.

Numerous other Olympians and world-class pentathletes took part in the well-attended competition, which was televised by MATCH TV not only in Russia but also in Belarus, Ukraine, Kazakhstan, Georgia, Poland and Lithuania.

Second place went to Poland (Anna Maliszewska & Sebastian Stasiak), who finished 20 seconds behind Russia, and third place to Lithuania (Dovidas Vaivada & Gintare Veckauskaite).

Stasiak (POL) said: "The facilities in Moscow are always so well prepared and so is the organisation. It's always nice to compete in Russia and especially in Moscow.

"I think it is uncommon that so many people come to see Modern Pentathlon, and the popularity in Russia is at a very high level. It's nice to see many spectators on the tribunes."

In fifth place was Great Britain (Samantha Murray & James Cooke), and Murray (GBR) said: "At the moment, we just had a break after the Olympics and this is fun. It's always great to come to Russia and the Kremlin Cup is well organised, the Russian federation do an excellent job.

"We love pentathlon, it's our passion, so to come here and compete in the Kremlin Cup is really good. Hove this competition."

World No.2 Cooke (GBR) added: "The Olympics was obviously the big focus for this year, and it was a special year, but then it's also nice to come to this competition and have a little bit of fun as well as compete with your friends. It's nice to be here."

France also sent a very highclass team comprising Rio 2016 Olympic women's silver medallist Elodie Clouvel and Moscow 2016 World Championship individual winner Valentin Belaud. They finished seventh but they only had good things to say about the event.

Belaud (FRA) said: "It's a nice place for a modern pentathlete to compete. We have good horses and good organisation here. This was the last competition of the season for us and it gave us a lot of pleasure to participate. This is Lesun's country and Lesun is Olympic champion."

Clouvel (FRA) added: "It's amazing for me to be an Olympic medallist. It has been crazy for me and now, after this competition, I will just relax and take a holiday."

Another Rio Olympian taking part was Haydy Morsy (EGY), who said: "The organisation is so good here. It is not my first time here and everything is nice: the food, the weather, the competition, everything."



ALEXANDER LESUN AND DONATA RIMSHAITE, WINNERS OF THE KREMLIN CUP 2016









Park (KOR) takes over as AMPC President

Sangwoo Park of Korea has been elected as President of the Asian Modern Pentathlon Confederation (AMPC).

Mr Park won with nine votes to the five secured by Berik Imashev (KAZ) in the 2016 AMPC Elections held in Cholpon Ata, Kyrgyzstan. He follows another Korean, Jai-Yeong Lee, in becoming AMPC President.

Namdev Shirgaonkar (IND) was elected Secretary General, winning by eight votes to six ahead of Sangkeong Yeo (KOR). Mr Shirgaonkar is Secretary General of the Modern Pentathlon Federation of India.

The four elected Vice-Presidents were Nobuo Namikoshi (JAP), Liu Chin-chih (TAI), Bin Zhang (CHN) and Valerii Novikov (KGZ).

President Dr Schormann plants tree in Kyrgyzstan

A tree was planted in Cholpon-Ata, Kyrgyzstan on October 21, 2016 In recognition of the first visit of UIPM President Dr Klaus Schormann and in memory of our founder Baron Pierre de Coubertin. The ceremony took place during the Asian Championships with National Federation President Valerii Novikov present.

Tree planting is a long-lasting tradition of President Dr Schormann and the venue for this ceremony was the high-altitude, high-spec Modern Pentathlon



ALEXANDRE FRANÇA, UIPM INSTRUCTOR GROUP MEMBER, WITH THE PRESIDENT OF THE DOMINICAN REPUBLIC MODERN PENTATHLON FEDERATION, FREDDY NÚÑEZ JORGE AND ONE OF THE COACHES CERTIFICATED IN THE DOMINICAN REPUBLIC COACHES SEMINAR

Training Centre in Cholpon-Ata. The tree is designed to stand as a symbol for future competitions in Biathle/Triathle as well as Modern Pentathlon and to act as a milestone for future sporting and tourism opportunities.

Two-time Olympic champion Andrey Moiseyev is among the other important people who have already planted a tree at this high-altitude MP Training Centre, which is used by many athletes as a residential preparation facility.

Coaches Seminar in Dominican Republic

Another Coaches Seminar was held, this time at Juan Pablo Duarte Olympic Center in Santo Domingo, Dominican Republic.

Alexandre França (BRA) was the instructor that conducted this seminar to 26 National coaches.

Freddy Núñez Jorge, President of

the Dominican Republic Modern Pentathlon Federation was very happy with this activity saying that "activities like this increase the value of this coaches in our country".

International German Masters Championships

The International German Masters Championships Modern Pentathlon and Tetrathlon took place from October 7th to 8th. It was hosted by the Bavarian Modern Pentathlon Federation and conducted at the Modern Pentathlon Center of the Bomhard School (SBU) in Uffenheim, Germany. Head of the OC was Juergen Priebe, analysis of results was done by Ruediger Menz.

All disciplines were executed in a close area within walking distance, except riding, which took place at a professional riding staple on excellent M-Class horses some miles away.











THE PARTICIPANTS OF THE INTERNATIONAL GERMAN MASTERS CHAMPIONSHIPS

Because this championships Men), had to take place a little bit late in the year, there were fewer attendees than in previous years. However there were international delegations from Ukraine, Hungary, Italy and Switzerland. Men)

Due to the intention to also keep elder masters within the current transition period as long as possible, this competition was conducted in dual mode: classic shoot/run and laser-combined.

Athletes could choose their mode of participation and both were ranked in a common point valuation. Fortunately it was clear that the vast majority of athletes chose the laser-combined mode. Given that an increasing number of young masters are joining the masters competitions having already grown up with laser shooting, a natural transition towards laser combined is clearly to be seen.

In addition to the medals and national titles awarded for each age group, there were special awards issued for the athletes with overall highest point scores in each main category.

These were won by Annette Wade, GER (Tetrathlon Women), Dieter Czermak, GER (Tetrathlon

Men), Julia Dordel, GER (Pentathlon Women) and Peter Engerisser, GER (Pentathlon Men)

Development progress in Burkina Faso and Benin

A series of progressive training exercises was undertaken in the sub-Saharan region of Africa during August and September 2016.

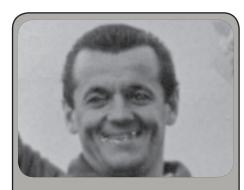
First the Burkina Faso National Federation hosted a training camp from August 24-27 in Ouagadougou aimed at raising skill levels for the Biathle, Laser-Run and Triathle formats.

Under the supervision of UIPM development officer Bernhard Petruschinski, an introductory fencing course for 15 teenage pentathletes was then held in Ouagadougou from August 30 to September 3.

Following on from these successful camps, which also acted to encourage delegations from Mali, Niger and Togo to develop leadership structures, Burkina Faso National Federation President Sylvestre Zare travelled to Cotonou, Benin to offer training to 35 male and female technical staff from September 9-11.

During his visit Mr Zare met with the Benin NF President, Alfred Yangainon, and Secretary General Rachidatou Ibrahima, to discuss the feasibility of a Beach Biathle competition at a proposed venue.

"We discussed sharing experiences, competitions, training and tournaments with other countries in the sub-region," said Mr Zare.



Tributes to Vladimir Cerny (1926-2016)

One of the most influential members of the Slovak Modern Pentathlon Association, Vladimir Cerny, passed away on October 30, 2016 at the age of 90.

Mr Cerny became an Olympian in Melbourne in 1956 when he competed for Czechoslovakia, which he also did at numerous World Championships.

He went on to be a senior administrator of the sport, first with the Czechoslovakian Modern Pentathlon Federation and, in 1968, when he was elected to the Executive Board of what was then UIPMB: the Union Internationale de Pentathlon Moderne et Biathlon.

Mr Cerny was Vice-President of Ul-PMB, responsible for media and promotion, from 1984 until 1988. After that he continued to serve the sport in his native Slovakia.

His funeral is scheduled to take place on November 10 in Bratislava.









Tournament & TrainingCamp Invitations

This is an important notice for all Athletes and Competitions organisers to continuously check pentathlon.org for all information related to invitations and visa letters. Navigate to the National Federations Portal or to http://www.pentathlon.org to stay up to date with all tournament news.

Competition Invitations

UIPM 2016 Congress
Frankfurt, GER
25-27 November 2016

Medical and Anti-Doping Corner



WADA RELEASES FRE-QUENTLY ASKED QUES-TIONS (FAQs) ON THERA-PEUTIC USE EXEMPTIONS (TUEs)

Since 13 September 2016, the cyber espionage group "Fancy Bears" have been releasing batches of confidential athlete data on their website, which they illegally obtained from a Rio 2016 Olympic Games account of the World Anti--Doping Agency (WADA)'s Anti-Doping Administration and Management System (ADAMS). Specifically, they are releasing data related to Therapeutic Use Exemptions (TUEs) delivered by Anti-Doping Organizations (ADOs) - International Federations (IFs), National Anti-Doping Organizations (NADOs), and Major Event Organizers (MEOs).

This situation has led to a lot of media coverage; and, unfortunately, a tremendous amount of misinformation as it relates to TUEs. It is very unfortunate that athletes' TUEs are being debated publicly on the basis of partial, confidential, medical information. Athletes should not be required to publicly justify their TUEs.

This FAQ has been designed to address the misinformation and uphold the rights of clean athletes as embodied within the World Anti-Doping Code (Code) and the International Standard for Therapeutic Use Exemptions (ISTUE).

The TUE program is a rigorous and necessary part of elite sport; which has overwhelming acceptance from athletes, physicians and all anti-doping stakeholders worldwide.

More information at **pentathlon.** org/medical-and-anti-doping









Inside UIPM: Monthly activities of President Dr Schormann

04 OCT 2016 - DARMSTADT, GERMANY

UIPM President Dr. Klaus Schormann and UIPM Member of Marketing Martin Dawe discussed ideas for future marketing and promotional strategies. They also reviewed parts of the new UIPM historical book, which will be published in early 2017.



DR. KLAUS SCHORMANN MET WITH THE EXECUTIVE BOARD MEMBER FOR MARKETING, MARTIN DAWE IN DARMSTADT (UIPM PRESIDENT'S OFFICE)

06-07 OCT 2016 - MUNICH, GERMANY

The UIPM President joined Secretary General Shiny Fang for a meeting with a delegation from Eurosport comprising Vice-President (CEEMEA) Sacha Layer, Deputy Sales Director Emmanuel Mendibure and Senior Sales Manager Marco Arnold. They briefed each other on possibilities for future co-operation.

The President and Secretary General also met with UIPM Treasurer John Helmick in Munich to discuss the financial policy for the next four years, which will be presented at the UIPM Congress in Frankfurt (GER) on November 25/26, 2016.

13-14 OCT 2016 - BUDAPEST, HUNGARY

Dr Schormann visited Budapest in its capacity as a Candidate City for the 2024 Olympic Games. The Director of Sport and Venues, Attila Mizser, and his deputy Veszely Katalin briefed the UIPM President on the preparation of the final bid document, and outlined in detail their venue plans for Modern Penta-



UIPM PRESIDENT DR KLAUS SCHORMANN WITH ATTILA MIZSER FROM BID 2024 BUDAPEST, JANOS MARTINEK THE SECRETARY GENERAL OF THE HUNGARIAN MP FEDERATION, AND BID 2024 STAFF MEMBERS

thlon which is proposed to take place in a Pentathlon Stadium.

18-21 OCT 2016 - CHOLPON-ATA, KYRGYZSTAN

UIPM President Dr Klaus Schormann took part in the Asian Modern Pentathlon Confederation Congress in Kapriz, Kyrgyzstan on October 19.

Berik Imashev, Vice President of the AMPC and President of the Modern Pentathlon Federation of Kazakhstan, opened the Congress and handed over to AMPC Secretary General Kuisung Choi (also UIPM Vice President) to run the Congress.

Dr Schormann briefed the delegates of the National Federations about important issues of sporting politics in the Olympic Movement and in more detail about UIPM policy.

Secretary General Choi gave the report of the AMPC Executive Board. The delegates discussed the future sport programme, competitions, seminars, equipment etc.

The AMPC congress delegates elected a new Executive Board. The new President of AMPC, taking office after the UIPM Congress in Frankfurt (GER), will be Sangwoo Park (also President of the Korean NF) and the Secretary General will be Namdev Shirgaonkar (SG of the Indian NF).

The UIPM President visited the Open Asian Championships in Kapriz from October 19-21, where the Relay competitions for Senior and Youth A were organized.

After the Opening Ceremony President Dr. Schormann discussed with Kyrgyzstan's Director of the











DR. KLAUS SCHORMANN WITH THE ASIAN MODERN PENTATHLON CONFEDERATION CONGRESS DELEGATES

State Agency for Youth, Physical Culture and Sport, Mr. Kanat Amankulov and the Secretary General of the Kyrgyzstan Olympic Committee, Mr Salamat Ergeshov, the development of Sport in Central Asia and especially in Kyrgyzstan. Close cooperation between the tourism departments and the various sporting federations linked to Modern Pentathlon should be established.



DR SCHORMANN WITH UIPM VICE-PRESIDENT KUISUNG CHOI, THE KYRGYZSTAN DIRECTOR OF THE STATE AGENCY FOR YOUTH, PHYSICAL CULTURE AND SPORT, KANAT AMANKULOV, THE NOC SECRETARY GENERAL, SALAMAT ERGESHOV AND VALERII NOVIKOV FROM THE KYRGYZSTAN NF

The altitude of 1600m, the nature, mountains and the Lake Issyk Kul are a wonderful environment for training and competitions. UIPM Vice-President Mr Choi and MPBFK President Valerii Novikov joined the UIPM President in this meeting.

During his visit the UIPM President discussed with new member federations of UIPM such as Afghanistan, Indonesia, India, Mongolia, Nepal and Sri Lanka the development process in their countries and focused on the Asian Games 2018 in Jakarta (INA).

On October 21 President Dr. Schormann joined MPB-FK President Valerii Novikov and some athletes to plant a tree in recongition of the Open Asian Championships and AMPC Congress 2016 in Kapriz, Cholpon-Ata (KGZ).



UIPM PRESIDENT DR KLAUS SCHORMANN PLANTED ONE TREE AS A LEGACY OF THE ASIAN CHAMPIONSHIPS AND THE ASIAN MODERN PENTATHLON FEDERATION CONGRESS



THE UIPM PRESIDENT GREETS REPRESENTATIVES OF NEW NATIONAL FEDERATIONS ON OCTOBER 20







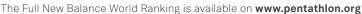


New Balance World Rankings.

The PWR is updated live on www.pentathlon.org after each competition. PWR as at 1 November 2016:

Women







Men

FRA	Valentin PRADES	196
GBR	James COOKE	194
FRA	Valentin BELAUD	182
EGY	Amro EL GEZIRY	172
HUN	Adam MAROSI	170
MEX	Ismael HERNANDEZ USCANGA	170
EGY	Omar EL GEZIRY	169
USA	Nathan SCHRIMSHER	168
RUS	Maksim KUSTOV	166
GER	Patrick DOGUE	165
EGY	Yasser HEFNY	163
CZE	Jan KUF	161
KOR	Jinhwa JUNG	160
RUS	Aleksander LESUN	156
UKR	Pavlo TYMOSHCHENKO	150
LTU	Justinas KINDERIS	146
KOR	Woongtae JUN	145
CHN	Jianli GUO	142
GBR	Joseph CHOONG	140
HUN	Bence DEMETER	138
	GBR FRA EGY HUN MEX EGY USA RUS GER EGY CZE KOR RUS UKR LTU KOR CHN GBR	GBR James COOKE FRA Valentin BELAUD EGY Amro EL GEZIRY HUN Adam MAROSI MEX Ismael HERNANDEZ USCANGA EGY Omar EL GEZIRY USA Nathan SCHRIMSHER RUS Maksim KUSTOV GER Patrick DOGUE EGY Yasser HEFNY CZE Jan KUF KOR Jinhwa JUNG RUS Aleksander LESUN UKR Pavlo TYMOSHCHENKO LTU Justinas KINDERIS KOR Woongtae JUN CHN Jianli GUO GBR Joseph CHOONG



2016 UIPM CONGRESS

Frankfurt, GER **25 - 27 November 2016**

check all information @ www.pentathlon.org









Calendar UIPM Competitions

NOVEMBER / DECEMBER

UIPM 2016 Champion of ChampionsDoha, QAT

12 - 13 November 2016

UIPM 2016 Congress

Frankfurt, GER

25 - 27 November 2016

UIPM 2016 Biathle/Triathle World Tour

Mar de la Plata, Argentina

8 - 10 December 2016

UIPM 2016 Biathle/Triathle World Tour

Goa Velha, India

16 - 18 December 2016

Other International Competitions

South American Youth Championships

Buenos Aires, ARG

18-20 November 2016

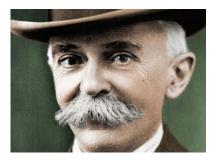
Open French ChampionshipsParis, ERA

17-18 December 2016

MODERN PENTATHLON | Key-Milestones

Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."



PENTATHLON IN THE ANCIENT GAMES

708 BC - Lampis of Sparta won the first ancient Pentathlon

MODERN PENTATHLON

1912 - Stockholm: First time in the Olympic Programme

1948 - London: the UIPM was established

1996 - Atlanta: First Olympic Games all 5 events took place in one day

1998 - Budapest, Mexico, Monaco, Olympia, Lausanne: UIPM celebrates 50th Anniversary

2000 – Sydney: First time women pentathletes competed in the Olympics

2004 - Athens: Pentathlon home after 2712 years

2010 - Singapore: Combined event (running and shooting) and laser pistol introduced into the 1st Youth Olympic Games

2012 - London: 100 Years of Modern Pentathlon in the Olympic Games

2014 - UIPM joins the International Paralympic Family and the University Sports Family

2016 - Rio de Janeiro: Fencing Bonus Round in the Olympic Games

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