

# UIPM

World Pentathlon

2025  
Yearbook



Heritage and  
Innovation



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# Introduction

UIPM  
President

UIPM Secretary  
General



By definition, Pentathlon is modern – the clue is in the name. Baron Pierre de Coubertin invented a sport that would not be confined to its ancient origins, instead retaining the **flexibility to move with the times**.

1

In 2025, Pentathlon went beyond modern – it became a **sport of the future**.

2

No longer just a contemporary reflection of what athletes and fans want today, it is a sport that **anticipates what athletes and fans will want tomorrow**.

3

An intriguing multisport that tests **speed and athleticism** as well as the traditional hallmarks of skill, power, nerve and stamina.

4

A rapid-fire sequence of disciplines with short transitions and an **understandable format** that is easy to follow.

5

An **entertainment product** that feels like a show as much as a sport. Absorbing to watch in person, on TV and online.

6

# Welcome to Future Pentathlon

7

A sport that produces heroes and role models, year-round **icons and influencers** with global social media tribes.

8

A universal sport that **every young person** in the world can access, no matter their country of origin.

9

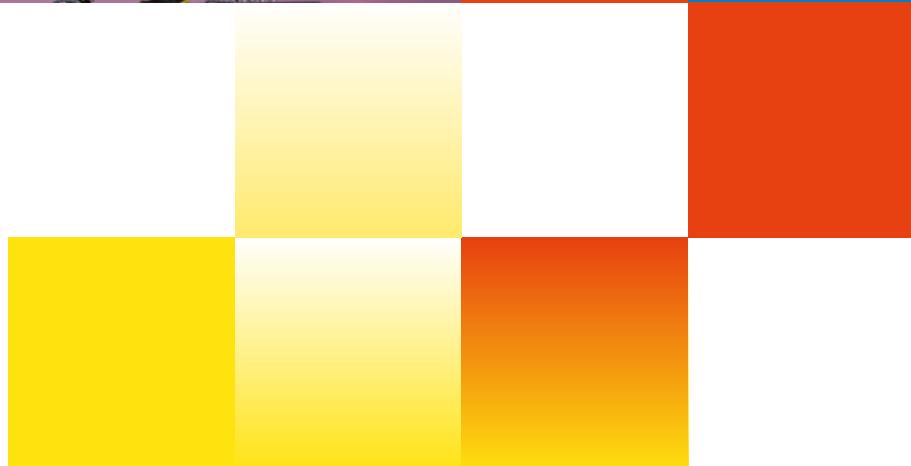
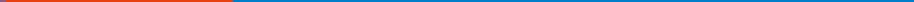
The **urban-culture phenomenon** of Obstacle racing, introduced at senior level in 2025, has made a profound difference to Pentathlon. It is enabling UIPM to **build a bridge from Olympic sport to mainstream TV**, promising to bring new audiences to the Olympic Games starting in Los Angeles in 2028.

10

But the evolution does not stop there. This Yearbook will demonstrate on how many levels we are reforming our sport, **never ceasing to be bold** in pursuit of a Future Pentathlon that doesn't just survive, but leads the whole Olympic movement confidently into the future.

11

We hope you enjoy this Yearbook, and we can't wait to see you in 2026!



# Future Pentathlon



Future Pentathlon isn't a one-dimensional indoor concept. It is three-dimensional. It is outdoors, it is indoors and it is iconic – the sport can now be staged in vast stadia, in compact basketball-style arenas and on the ground in front of world-famous landmarks. Anything, anywhere, is possible.

## Chapter 1

# Game changers

**In 2025, Modern Pentathlon did not just change its format, it changed its stage. The season became defined by an indoor evolution that brought the sport closer to an arena product: compact, controllable, high-energy and designed to enhance the experience for spectators, broadcasters and athletes.**

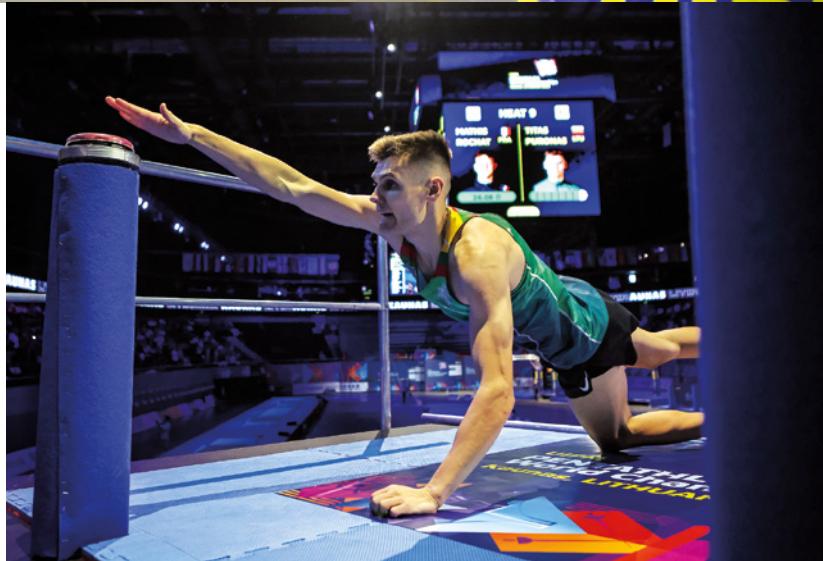
The key enabler was the full integration of Obstacle alongside Direct Elimination Fencing, disciplines that can be built and presented with theatre-like precision inside major venues. This shift aligned closely with UIPM's strategic focus on entertainment value and youth appeal, allowing competitions to move into modern indoor arenas where lighting, sound and presentation could be fully controlled.

Future Pentathlon isn't a one-dimensional indoor concept. It is three-dimensional. It is outdoors, it is indoors and it is iconic – the sport can

now be staged in vast stadia, in compact basketball-style arenas and on the ground in front of world-famous landmarks. Anything, anywhere, is possible.

Kaunas became the defining proof point of the 2025 season. Staged at Žalgiris Arena, the UIPM 2025 Pentathlon World Championships delivered a single-venue spectacle that reimagined how the sport could be experienced live. The Lithuanian organisers built on the blueprint of their Hungarian counterparts, who had already broken the mould with a captivating indoor UIPM Pentathlon World Cup Budapest.





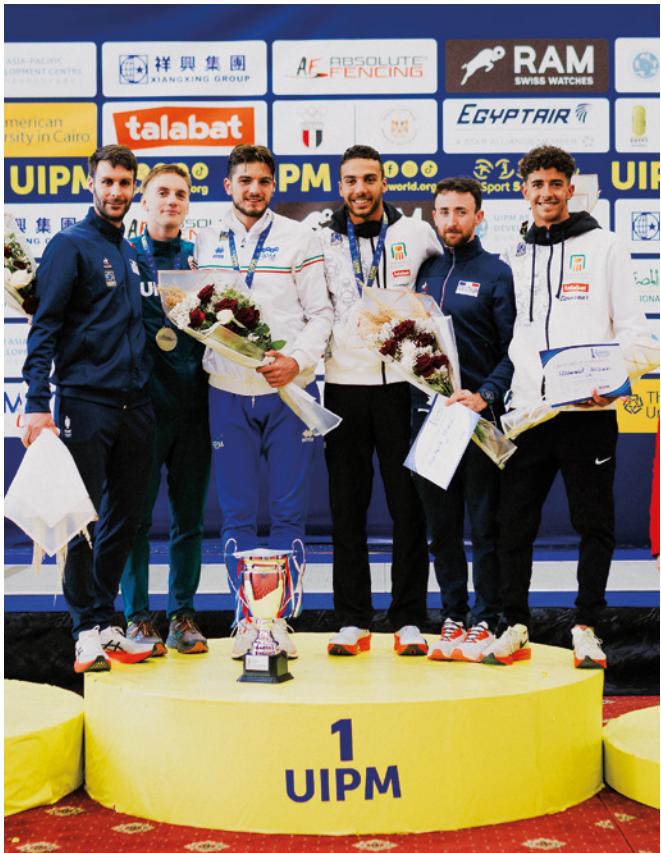
Thousands of fans were brought into an environment that felt closer to elite indoor sport, with athlete walk-ons, music, live entertainment and a tightly paced sequence of Fencing, Obstacle, Swimming and Laser Run. The indoor setting helped audiences follow the action more easily and created a continuous narrative from start to finish.

The response from Olympic leaders was telling: visiting IOC Members highlighted how the indoor setting gave the new format "a different dimension", making the sport faster to follow and more compelling to watch, and more entertaining.

# Game changers



# Game changers



Indoor staging also transformed storytelling and broadcast production. Close-up camera positions, dynamic angles and real-time data integration enhanced clarity and emotional connection, while athlete personalities and rivalries became easier to showcase. This approach reinforced the sport's identity as both athletic and theatrical.

The impact of the indoor evolution extended beyond 2025. Strategic planning for LA28 reflected the same philosophy, with strong advocacy for an indoor Olympic venue to maximise visual impact and global broadcast reach. By the end of the season, Kaunas stood as a clear blueprint for the future, demonstrating how innovation in environment and presentation can elevate Modern Pentathlon and support its long-term growth.



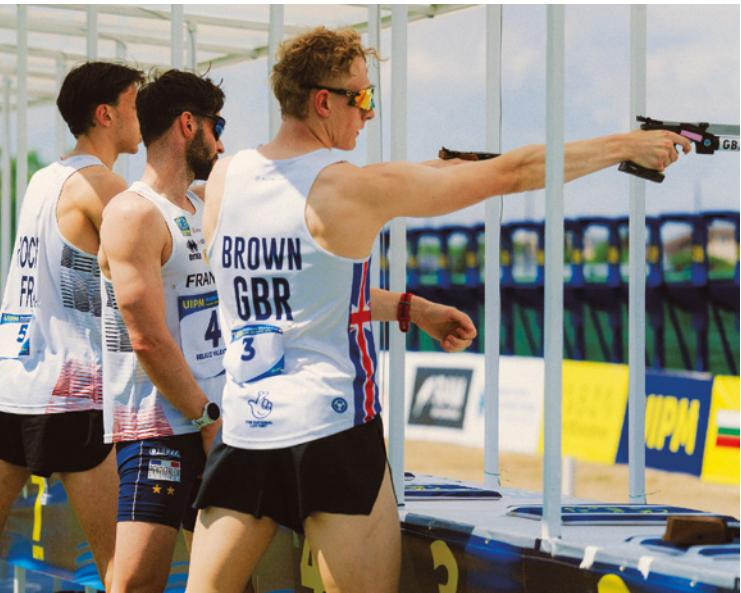
# UIPM Innovation





course formats for indoor and outdoor settings. Laser Run evolution was also explored, with early ideas to increase shooting impact, signalling a commitment to competitive balance and spectator clarity.

Innovation extended well beyond rules. The Commission prioritised immersive storytelling and production enhancements, urging deeper athlete narratives, diverse camera perspectives and localised content feeds to expand global reach. Strengthened public relations, including engaging spokespeople and ProCelebrity events, were proposed to elevate visibility. A refreshed commercial strategy, focused on sponsorship opportunities and asset commercialisation, aimed to deliver sustainable growth.



Concurrently, UIPM launched Obstacle Laser Run (eOLR 2025) – a flagship esports title blending athletic simulation with interactive engagement, designed to attract younger audiences and open new digital revenue streams. This initiative underscores UIPM's dual pathway strategy: modernising sport presentation while embracing cutting-edge digital platforms to grow participation and fandom worldwide.

# Obstacle integration



After its assembly and first meeting in June 2025, the UIPM Obstacle Task Force met in Beijing (CHN) at the conclusion of the inaugural UIPM Obstacle World Championships.

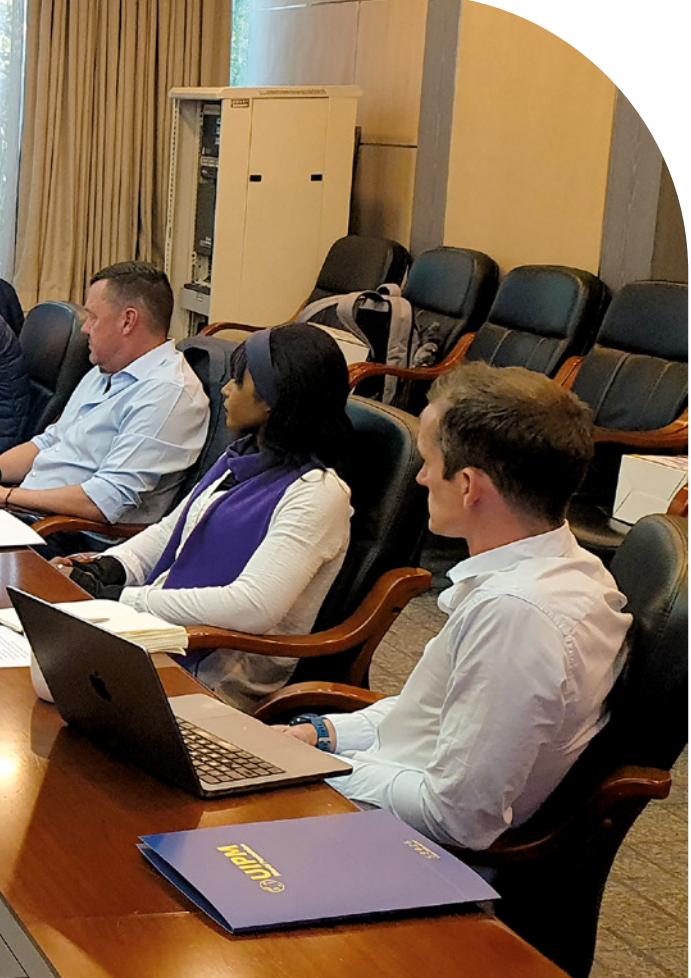
Members agreed that it was a highly successful edition, with particular strengths in the production and delivery of the 100m and 400m event formats. Consideration will be given in future to longer courses, younger age groups and Ninja competitions.

Progressive discussions about the integration of FISO (World Obstacle) within UIPM continued with both organisations committed to concluding this process for the mutual benefit of all member federations and their communities.

The Task Force agreed that the 2026 OCR World Championships in Limerick (IRL) would serve as the final competition overseen by World Obstacle. This agreement reflected the shared direction established at the 2025 World Obstacle Congress in Sweden.

The meeting in Beijing reinforced this progress, resulting in the calling of a World Obstacle Congress for 15 March 2026 at which members will vote on the dissolution of World Obstacle. If the vote passes it will mark a significant milestone





**UIPM**  
World Pentathlon

 **WORLD OBSTACLE**  
FÉDÉRATION INTERNATIONALE DE SPORTS D'OBSTACLES

in the unification of the sport under UIPM, the sole governing body of Obstacle sport within the Olympic movement.

An expanded Task Force continued to lead the integration process, supporting national efforts worldwide, to the end of 2025 and into 2026.

# New World, New Audiences



## Chapter

# 2





# Heroes, Emotion, Impact!



We entered a new cycle towards **#LA28** with clarity and purpose: we have every chance to show the world the full power of our sport.

There is no questioning our approach — we have been hammering it, and on the road to the new **#Olympics**, we are decisively driving our strategic shift in social media, fully embracing a **100% athlete-first** focus.

Athletes are the heroes and **ambassadors**. This season brought incredible stories: Egyptian superstar Farida Khalil inspiring young generations, nerve-wrecking battles decided by seconds in the obstacle course, and unexpected performances from underdog athletes. These unique journeys are the stories we are committed to spotlight across all platforms.

The Pentathlon World Championships in Beijing set a new standard in sport presentation, with the indoor arena and a compelling TV narrative. It was a showcase we could amplify on social media, bringing fans closer to the intensity of the action. Our mission is to capture and share how sport makes us feel — the thrill, the emotion, the energy that moves and shakes us.

With a bigger team and renewed drive, **we elevated our content game**. We focused on delivering **live content** from the Field of Play, stepped up to produce **sharper and faster nearlive clips** from major events. We synced more closely with TV, and brought back our free worldwide **YouTube show**. These efforts paid off: in 2025 our community **grew by 54%**. Instagram and YouTube climbed an extraordinary **20%**, while **TikTok exploded with 1635% growth** — going from **10K to 180K in months**. Leading platforms averaged a strong **+10% boost**.

Altogether, our content captured **23 million views** and reached **6 million people worldwide!**

# Social media



TikTok exploded with  
**1635%** growth – going  
from 10k to **180k** likes  
in months



+20%



Our content captured  
23 million views  
and reached 6 million  
people worldwide



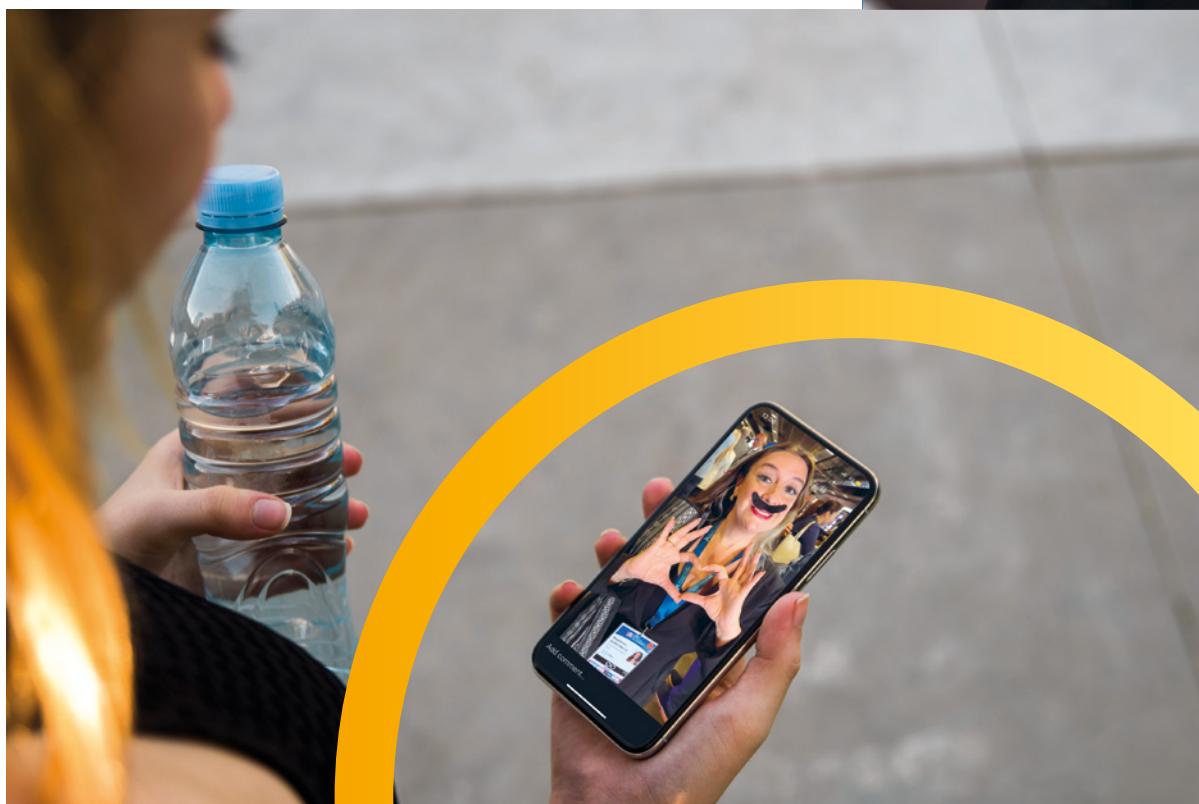
# Pentathlon Day

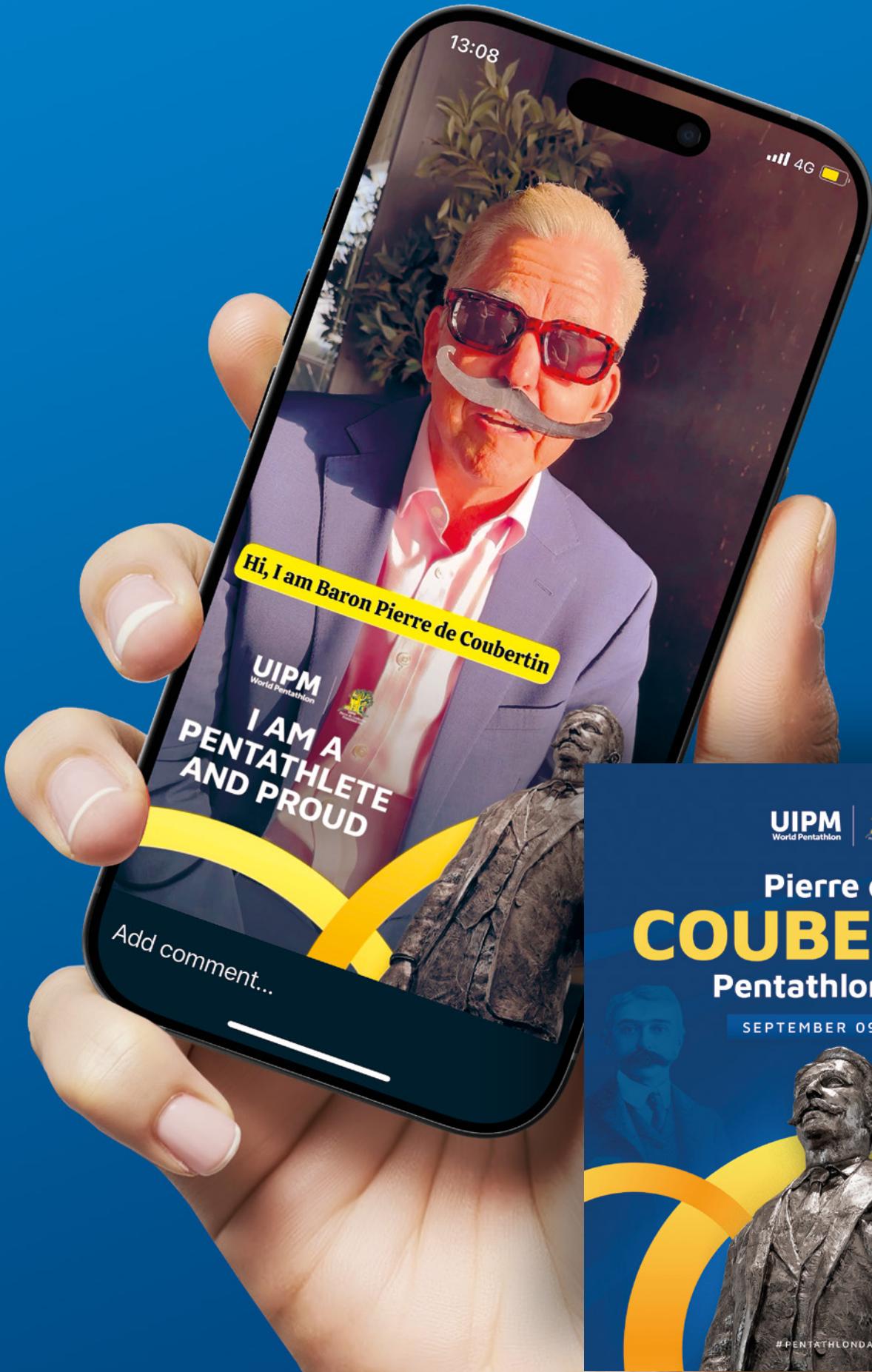
**Collaboration is at the heart of our work — we partner with top pentathletes, federations, NOCs, and stakeholders to amplify stories and expand reach. At the same time, we are building lasting bridges with the Obstacle community.**

The inaugural Obstacle World Championships in Beijing marked a milestone, with more than half our Instagram posts during the event coming from cross-posted content — a promising sign for integration. This vibrant addition helps us grow the discipline and create content that resonates with a wider audience of sports fans.

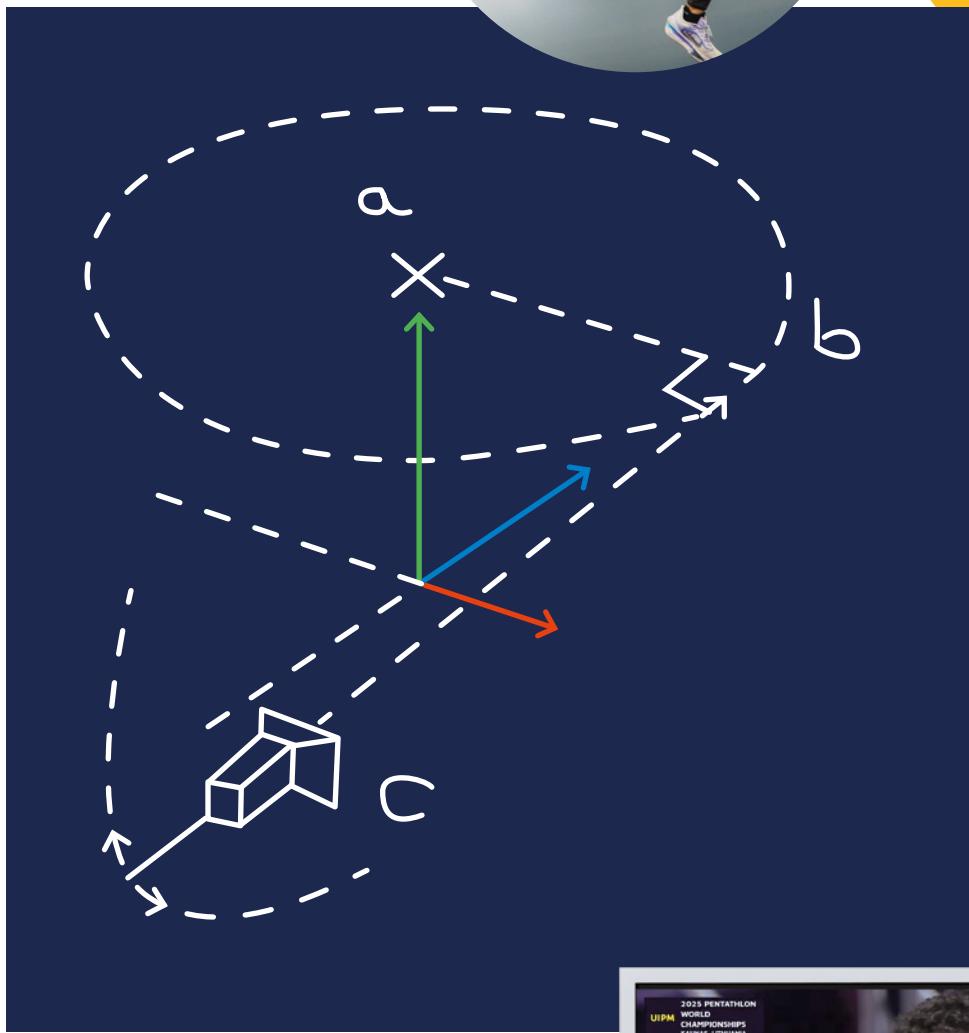
We bring you emotion, energy, and authenticity.

**This is sport and we create it together.**





# Television / Broadcast



**The 2025 season has drawn to a close, marking a year of significant innovation and achievement. At UIPM, our mission has always been to make the sport more attractive and accessible to audiences worldwide.**



This season, we embraced bold changes to meet that challenge. Production was brought in-house for the first time, enabling us to assemble a dedicated team whose passion for pentathlon was evident in every broadcast.

To ensure technical consistency across events, we appointed regional facility providers through competitive tenders. This move allowed us to concentrate on storytelling rather than spending time on troubleshooting technical issues. At the same time, we invested in specialty equipment (robotic cameras, mini cams, underwater rigs) and gave prominence to our cinematic gimbal camera to capture the dynamic new Obstacle discipline from fresh perspectives.

To better control contribution and technical distribution, we built a Master Control Room from scratch in under a month. This enabled us to distribute live feeds via SRT to Media Rights Holders seamlessly.

To enhance the viewing experience further, we introduced an innovative graphics package featuring the 'Panel', which allowed audiences to track athlete progression across all five disciplines and appreciate what it truly takes to become the most complete athlete in the world.

Finally, we delivered the first-ever live feed of the Obstacle World Championships in Beijing (CHN), which gave us the opportunity to trial innovative filming techniques such as 2 gimbal cameras tracking the action on a segway to better capture the athletes' battle for gold during the 100m and 400m races.

The 2025 season was a testament to creativity, collaboration, and progress. These initiatives have laid a strong foundation for the future, and we are excited to build on this momentum as we look ahead to 2026.



# Making the News

**In 2025, the Pentathlon movement entered a new phase of media visibility, driven by the excitement and intrigue around the integration of Obstacle racing.**



With the sport's transformation now fully underway, journalists around the world are embracing storylines that are faster, more accessible and instantly understood by wider audiences. Meltwater analysis recorded an **18% rise in positive sentiment**, demonstrating a clear shift in how the press responds to UIPM and the sport's evolving identity.

Major outlets highlighted this momentum throughout the year. BBC News captured the appeal of Obstacle racing through athlete storytelling, while *The Telegraph* offered a hands-on feature as its reporter attempted the Ninja Warrior-style course himself. *China Daily* showcased the athleticism on display at the inaugural UIPM Obstacle World Championships, and *SportsTravel* positioned Pentathlon as a sport gaining traction ahead of LA28. Meanwhile, *FrancsJeux* published one of the sport's most significant articles of 2025, framing pentathlon as "younger, stronger" and rapidly rising among global Olympic disciplines.

**These narratives reflect a sport reconnecting with the public imagination. Obstacle has given journalists compelling entry points, helping audiences immediately grasp the spectacle and athletic challenge. As a result, UIPM's media profile is expanding — not just in volume, but in relevance, tone and cultural impact.**



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Sports Soccer Basketball Volleyball Tennis

Sport gets jump start in Beijing

Speed, agility and strength on display at inaugural world championship

By LI YINGQIAU | China Daily | Updated: 2025-11-03 09:28



**SportsTravel**  
BY NORTHSTAR

**TEAMS '26**  
CONFERENCE + EXPO + OCTOBER 26-29 - BIRMINGHAM



Home > Sports Organizations > United States Returns as Pentathlon World Cup Host Ahead of LA28

## United States Returns as Pentathlon World Cup Host Ahead of LA28

West Hollywood to host event in 2027 as well as 2028 federation congress

Posted On: August 29, 2025 By: Matt Treub

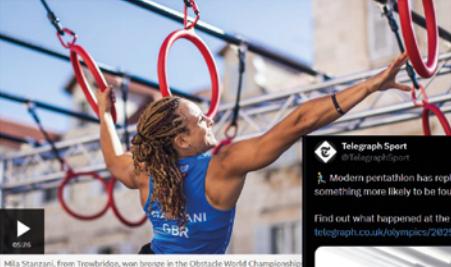
**YOUNGER, STRONGER: PENTATHLON SOON AMONG THE BIG BOYS?**

EVENTS FOCUS FOCUS

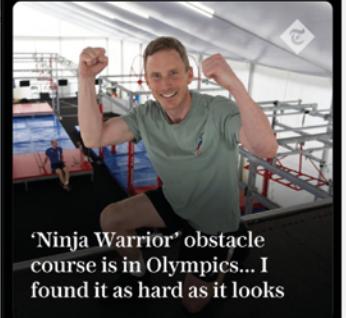
Share ...



Total Average Sentiment  
Jan 1, 2025 - Dec 5, 2025 | Net Sentiment  
29.73% +18% Previous period 25.19%



Mila Stancari, from Trowbridge, won bronze in the Obstacle World Championship



Telegraph Sport  
Modern pentathlon has replaced its equestrian element with something more likely to be found on Gladiators... so I gave it a go  
Find out what happened at the link below [telegraph.co.uk/olympics/2025/...](https://www.telegraph.co.uk/olympics/2025/)

**'Ninja Warrior' obstacle course is in Olympics... I found it as hard as it looks**





# 2025 Competitions Season

## Pentathlon

• World Cup	Cairo	28
• World Cup	Budapest	30
• World Cup	Pazardzhik	32
• World Cup Final	Alexandria	34
• World Championships	Kaunas	38
• Junior World Championships	Szekesfehervar	44
• U19 World Championships	Druskininkai	48
• U17 World Championships	Johannesburg	50
• U15 World Championships	Alexandria	52
• Relay World Championships	Alexandria	54

## Obstacle Course Racing (OCR)

• Obstacle World Championships	Beijing	56
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## Obstacle Laser Run (OLR)

• Cuba	60
• CISM World Championships	61

## Biathle-Triathle & Laser Run

• Biathle-Triathle World Championships	62
• Laser Run World Championships	64
• Biathle-Triathle & Global Laser Run City Tour	66

## Para Pentathlon

• Para Tetrathlon World Championships	70
• Para Biathle-Triathle & Laser Run World Championships	71

## Masters Pentathlon

72

## Chapter

# 3

# World Cup Cairo

EGY 

In a warning sign of all that was to come across 2025, teenager **Farida Khalil** (EGY) treated her debut at senior level the same as most underage competitions – as a coronation.

Having turned 14 shortly before the season-opener, Khalil (EGY) defied the return of Olympic champion **Michelle Gulyas** (HUN) to take the first gold of the season. "All the hard work I did in the last few years went into getting this medal," Khalil said afterwards. "It's the first step towards getting the Olympic medal."

In a week when the sport's elite senior athletes got to compete over Obstacle for the

first time, Gulyas (HUN) had to settle for 4th place as **Vyaleta Hureyeva** and **Anastasiya Malashenoka**, both competing as Individual Neutral Athletes (AIN), took silver and bronze.

Another top performer from Paris 2024, **Matteo Cincinelli** (ITA), took to the sport's newest discipline with flying colours as he stormed to his first World Cup title. "I did amazing [on Obstacle] today, and that gave me a very good chance to win the gold," Cincinelli said. He held off the challenge of former junior world champion **Mihaly Koleszar** (HUN) and local favourite **Mohanad Shaban** (EGY), who clung on to bronze.

**"It's the first step towards getting the Olympic medal."**





WOMEN'S FINAL

RANK	NAME	NATION	POINTS
1	Farida KHALIL	EGY	1464
2	Viyaleta HUREYEVA	AIN	1445
3	Anastasiya MALASHENOKA	AIN	1428
4	Michelle GULYAS	HUN	1417
5	Mariya GNEDTCHIK	AIN	1412
6	Rita ERDOS	HUN	1400

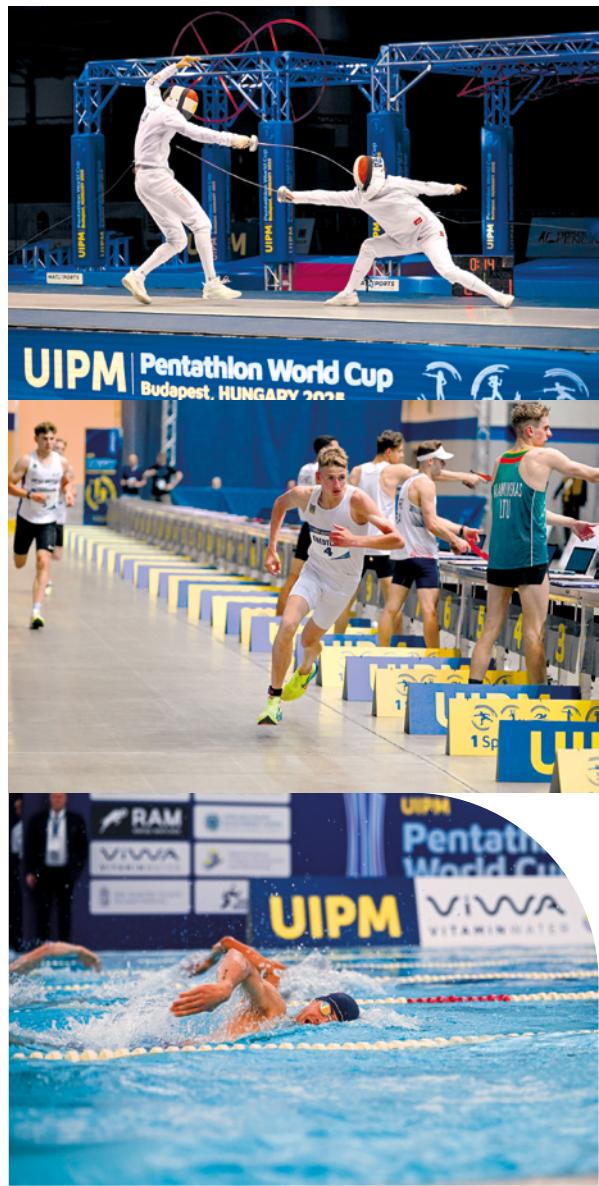
MEN'S FINAL

RANK	NAME	NATION	POINTS
1	Matteo CICINELLI	ITA	1565
2	Mihaly KOLESZAR	HUN	1557
3	Mohanad SHABAN	EGY	1554
4	Jean-Baptiste MOURCIA	FR	1549
5	Valentin BELAUD	FR	1545
6	Mohamed HASSAN	EGY	1541



# World Cup Budapest

HUN 



Reigning Olympic champion **Michelle Gulyas** (HUN) made it a spectacular homecoming as she stepped up and delivered the gold medal she had craved in an exhilarating end to the Women's Final in her native city. Still 23, the Paris 2024 gold medallist was hardly an ageing veteran. But with the next generation of Pentathlon talent breathing down her neck, she held her nerve.

"Winning will never get boring. I'm back, I'm stronger than ever, and everyone be afraid!" smiled Gulyas (HUN). "No, I'm just kidding."

Teen sensation **Farida Khalil** (EGY) claimed silver after yet another eye-catching performance with the third rung step on the podium claimed by another teenager, **Coline Flavin** (FRA), who celebrated a maiden Pentathlon World Cup medal.

The Laser Run prowess of **Moutaz Mohamed** (EGY) was all too evident as he came from nowhere to snatch his first elite-level gold medal at the end of a breathless Men's Final. Beginning in 9th place, Mohamed (EGY) stormed to the head of the field, leaving rivals in his wake. Another sprint finish took place behind him and it was home hopeful **Mihaly Koleszar** (HUN) who came out on top to take silver ahead of another first-time medallist, **Ugo Fleurot** (FRA).

## WOMEN'S FINAL

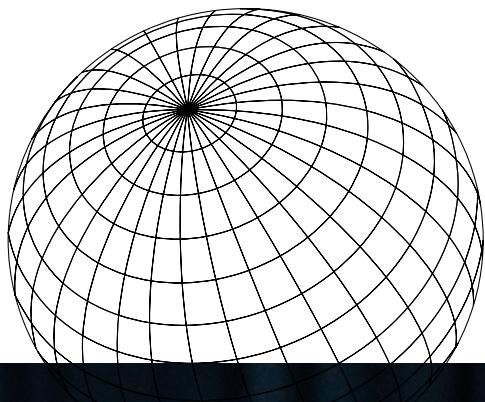
RANK	NAME	NATION	POINTS
1	Michelle GULYAS	HUN	1476
2	Farida KHALIL	EGY	1462
3	Coline FLAVIN	FRA	1455
4	Malak ISMAIL	EGY	1432
5	Blanka BAUER	HUN	1431
6	Louison CAZALY	FRA	1429

## MEN'S FINAL

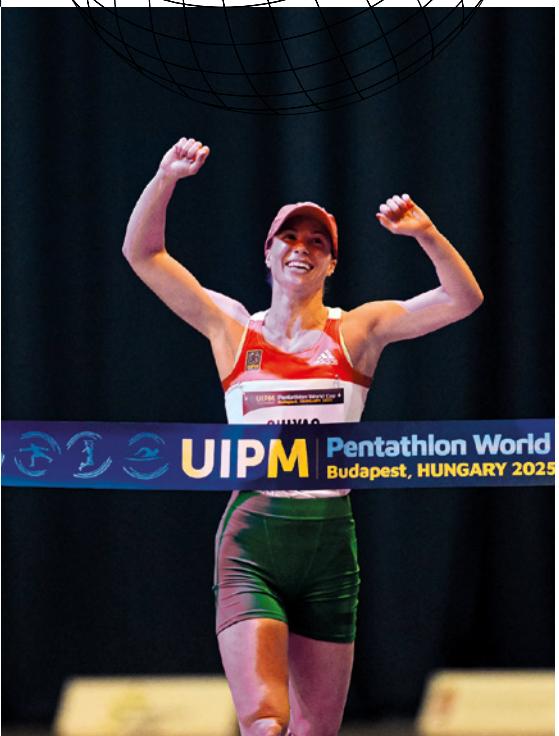
RANK	NAME	NATION	POINTS
1	Moutaz MOHAMED	EGY	1576
2	Mihaly KOLESZAR	HUN	1570
3	Ugo FLEUROT	FRA	1570
4	Akim GNEDTCHIK	AIN	1568
5	Yuriy KOVALCHUK	UKR	1559
6	Roman POPOV	UKR	1556



# UIPM 2025 Pentathlon



“Winning will never  
get boring. I’m back,  
I’m stronger than ever,  
and everyone be afraid!”



# World Cup Pazardzhik

BUL 



## WOMEN'S FINAL

RANK	NAME	NATION	POINTS
1	Farida KHALIL	EGY	1485
2	Seungmin SEONG	KOR	1466
3	Malak ISMAIL	EGY	1453
4	Rebecca CASTAUDI	FRA	1436
5	Emma WHITAKER	GBR	1435
6	Louison CAZALY	FRA	1434

## MEN'S FINAL

RANK	NAME	NATION	POINTS
1	Giorgio MALAN	ITA	1568
2	Matteo CICINELLI	ITA	1562
3	Valentin BELAUD	FRA	1560
4	Mohamed EL ASHQAR	EGY	1556
5	Mousata ABOUAMER	EGY	1554
6	Mathis ROCHAT	FRA	1549



“I was upset that I got silver in Budapest, but I came here today and I felt that I would have to perform well in Obstacle to get gold.”

UIPM 2025  
Pentathlon



Just three competitions into her senior career, **Farida Khalil** (EGY) was already redefining pentathlon excellence by the time the circuit reached Bulgaria. Going toe to toe with world champion and Paris 2024 Olympic bronze medallist **Seungmin Seong** (KOR), the 14-year-old wonder smashed two world records to take her second gold of the season by a massive 19sec margin.

“I was upset that I got silver in Budapest, but I came here today and I felt that I would have to perform well in Obstacle to get gold,” said Khalil (EGY), having taken nearly 3sec off her own world record in the newest discipline. Seong (KOR) took silver while bronze went to **Malak Ismail** (EGY).

Paris 2024 Olympic bronze medallist **Giorgio Malan** (ITA) led an Azzurri one-two as the upper echelons of the men’s podium were painted Italian blue. Compatriot **Matteo Cicinelli** (ITA) grabbed his second medal of the season with silver while the man on the third step may have been the most popular medallist of the week. French veteran **Valentin Belaud** (FRA) put the pain of missing out on a home Olympics behind him as he proved Obstacle isn’t just for the next generation and he clinched a richly-deserved bronze.

# World Cup Final

Alexandria  
EGY 



# "I like to get better every time"

# UIPM 2025 Pentathlon

As a city familiar with wonders of the world, Alexandria (EGY) felt the most fitting location as two modern-age Egyptian wonders cemented their status with a historic double gold on home soil.

**Farida Khalil** and **Moutaz Mohamed** (EGY) delivered irresistible performances across all five disciplines on a Super Sunday that will live long in the memory as the host nation became the first to double up at a World Cup Final.

Remarkably the victors, aged 14 and 20 respectively, delivered their title-winning displays just one week after both had travelled to Hungary and claimed UIPM Junior World Championship crowns.

Mohamed (EGY) was forced to work the harder than teammates but he seems to thrive on daunting circumstances. Starting the decisive Laser Run in 4th place, Mohamed (EGY) was 23sec off the lead. Yet again he showed his knack for coming from behind, eventually winning by 9sec from first-time medallist **Matej Lukes** (CZE), who overtook a tiring **Ugo Fleurot** (FRA) to turn bronze into silver.

"If you want to know what is my motivation, you should look up in the stands right there and see my family, my friends," said Mohamed (EGY). "I am really happy, I really can't express how I'm feeling but I'm over the moon."

Wearing an LA28 wristband in a nod to her Olympic dream, teenager Khalil (EGY) won her fourth title of 2025 by almost half a minute from Paris 2024 Olympic Games bronze medallist and reigning world champion **Seungmin Seong** (KOR), with **Blanka Guzi** (HUN) taking a hard-earned bronze.

"The secret to my confidence is to take each Obstacle one by one, and if there is a problem I have to solve it by myself. I like to get better every time," said Khalil (EGY).

For her part, Seong (KOR) was a shining example for many returning Olympians with her growing confidence in the new discipline: "At the end of the Paris Olympic Games, we started training for Obstacle so I've only experienced it for six or seven months. I try again every day in training. Sometimes it's hard on my hands but it will be OK. In each competition I get better Obstacle times."



## WOMEN'S FINAL

RANK	NAME	NATION	POINTS
1	Farida KHALIL	EGY	1470
2	Seungmin SEONG	KOR	1443
3	Blanka GUZI	POL	1440
4	Malgorzata KARBOWNIK	POL	1432
5	Aurora TOGNETTI	ITA	1429
6	Coline FLAVIN	IRL	1418

## MEN'S FINAL

RANK	NAME	NATION	POINTS
1	Moutaz MOHAMED	EGY	1583
2	Matej LUKES	CZE	1574
3	Ugo FLEUROT	FRA	1567
4	Jean-Baptiste MOURCIA	FRA	1546
5	Changwan SEO	KOR	1546
6	Andras GALL	HUN	1542



# UIPM 2025 Pentathlon

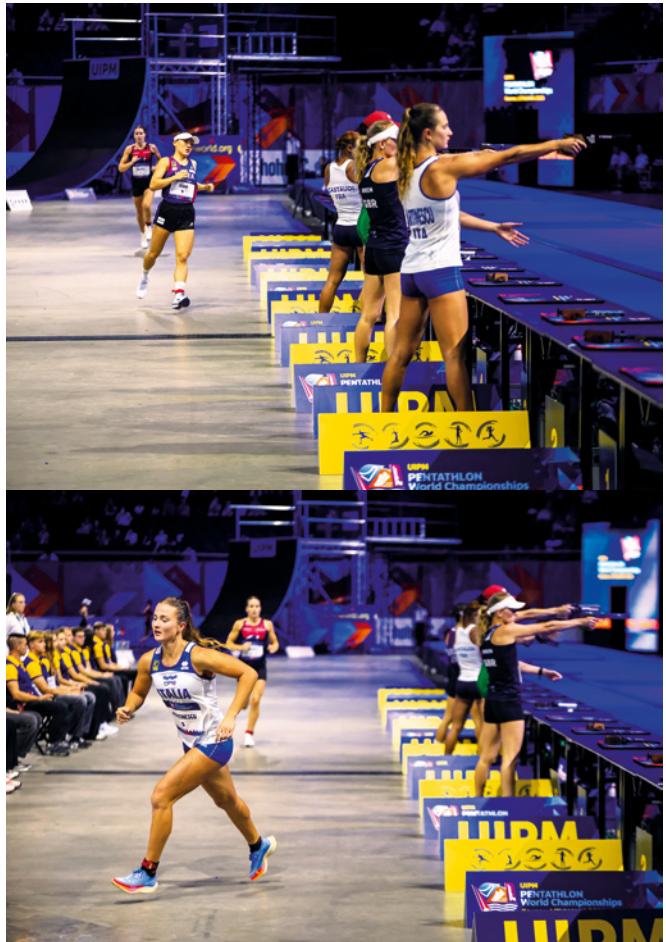


# World Championships

Kaunas  
LTU 

“It took a lot of effort to get to this point, and I feel wow now.

Nothing is impossible; anything can be done.”



## WOMEN'S FINAL

RANK	NAME	NATION	POINTS
1	Farida KHALIL		1457
2	Blanka GUZI		1445
3	Aurora TOGNETTI		1432
4	Malgorzata KARBOWNIK		1428
5	Seungmin SEONG		1426
6	Olivia GREEN		1424



As the Zalgiris Arena became a spectacular cauldron of a Pentathlon Arena, the thousands of spectators on hand witnessed not one but two 'I-was-there' moments.

The 2025 UIPM Pentathlon World Championships will likely be looked back on for many historic reasons: the first senior World Championships to feature Obstacle; an irresistible spectacle of light, music and sporting drama which serves as a blueprint for the future; and the culmination of remarkable seasons for two exquisite Egyptian talents – **Farida Khalil** and **Moutaz Mohamed** <sup>(EGY)</sup>.

The duo became the first African pentathletes to be crowned individual world champions

as they proved imperious for the third-straight competition.

The ascension of 14-year-old Khalil <sup>(EGY)</sup> to yet another unparalleled plane saw the coining of a new Pentathlon term. The 'Farida Slam' will forever be remembered for one athlete achieving world champion status across four age groups simultaneously.

Khalil <sup>(EGY)</sup> again left her rivals to wonder where the weaknesses in her skillset may be. Her ability to be both prolific and consistent across a five-discipline sport that requires technical skill, strength and speed, stamina and deep mental strength, has been remarkable throughout 2025. This greatest triumph was never really in doubt



after she started Laser Run with a 26sec lead, and this time she finished 12sec clear of the pack. **Blanka Guzi** (HUN) earned a second successive world silver medal and **Aurora Tognetti** (ITA) capped a fine season with her first major bronze.

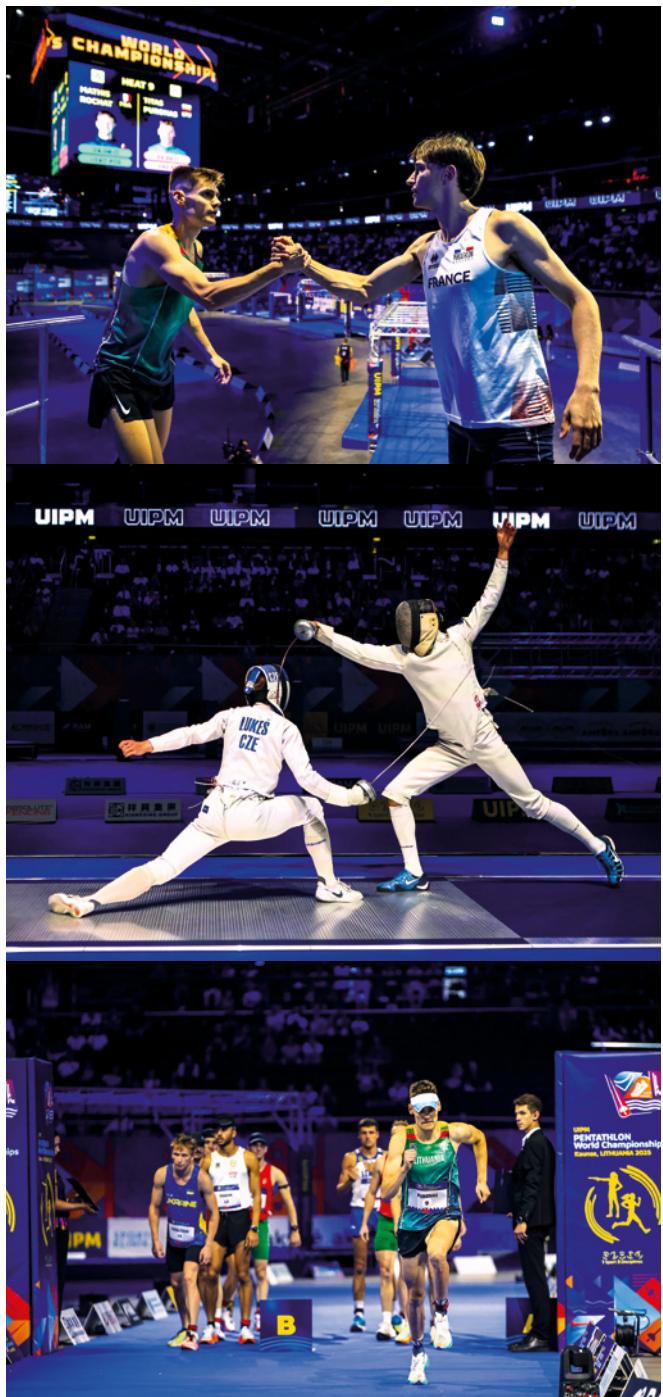
"It's like I'm dreaming now. It was a very tough season and I got four World Cup medals, three of them gold including the World Cup Final, and then the World Championships," said Khalil.

"It took a lot of effort to get to this point, and I feel wow now. For all viewers around the world, anyone who has any dream, they can do it. Nothing is impossible; anything can be done."

**Mohamed** (EGY), six years the senior of his fellow Egyptian wonder, made 2025 his own in different circumstances. His breakout came off the back of a 2024 season in which he had already shown plenty of medal-winning promise at senior level.

That form was not enough to secure him a spot at the Paris 2024 Olympic Games, where compatriot Ahmed Elgendi (EGY) won gold and lit the fire for the Egyptian team. Since then, 20-year-old Laser Run specialist Mohamed (EGY) has been the one to carry it. His rise has been relentless, attaining world No.1 status with a series of thrilling victories.





Amid a carnival atmosphere in Kaunas <sup>(LTU)</sup> he again came from behind to storm to gold, winning by 17sec from 2023 junior world champion **Mathis Rochat** <sup>(FRA)</sup>, with **Matej Lukes** <sup>(CZE)</sup> moving through the field to secure bronze.

"It feels great to win again. Three gold medals in a row. For me it was a lot of hard work with my team, family and friends. All the pain and all the hard work, it was worth it," said Mohamed <sup>(EGY)</sup>. "I'm grateful for all the crowd here – it's amazing that all of these people are coming to watch Modern Pentathlon and supporting us as athletes. Thank you guys! Being here with you all is sensational, I'm very happy."

Praising the incredible atmosphere created inside the arena all week, UIPM President Rob Stull OLY said: "This is one of the best World Championships UIPM has seen in many years and I am in awe of the achievements of our athletes throughout the week. It was an amazing debut of the arena format at a World Championships. Building on the success of Budapest, Lithuania took it to an entirely different level."

#### MEN'S FINAL

RANK	NAME	NATION	POINTS
1	Moutaz MOHAMED		1579
2	Mathis ROCHAT		1562
3	Matej LUKES		1547
4	James HULME		1538
5	Balazs SZEP		1535
6	Yuriy KOVALCHUK		1531

# UIPM 2025 Pentathlon



# Junior World Championships

Szekesfehervar  
HUN 

“It's my last Junior year so I'm very happy that it ended that way. It's amazing.”



## WOMEN'S FINAL

RANK	NAME	NATION	POINTS
1	Farida KHALIL		1462
2	Lucie HLAVACKOVA		1444
3	Malak ISMAIL		1434
4	Blanka BAUER		1410
5	Elizaveta SKUDNYAKOVA		1401
6	Valentina MARTINESCU		1388

## MEN'S FINAL

RANK	NAME	NATION	POINTS
1	Moutaz MOHAMED		1571
2	Danylo SYCH		1564
3	Botond TAMAS		1562
4	Roman POPOV		1557
5	James HULME		1546
6	Andrey BOBROV		1541



**“I feel amazing today that I defended my title again”**

**UIPM 2025  
Pentathlon**

Stop us if you've heard this before: a gathering of the best talent on planet pentathlon resulting in **Farida Khalil** and **Moutaz Mohamed** coming out on top!

In Hungary's City of Kings, Székesfehérvár, the dominant theme of 2025 continued as Khalil (EGY) and Mohamed (EGY) both broke their own world records on another golden Sunday.

Khalil (EGY) even had the luxury of a misstep as she conceded a 10-point penalty but still resisted the challenge of a pair of Paris 2024 Olympians who joined her on the podium, **Lucie Hlavackova** (CZE) and **Malak Ismail** (EGY). For Hlavackova (CZE), the

silver was particularly sweet – her first medal in a UIPM competition.

Mere hours after his compatriot's glory, Mohamed (EGY) pulled off yet more Laser Run magic as he rose up from the bottom half of the pack after two disciplines. In the culminating event he was unstoppable. **Danylo Sych** (UKR) led Ukraine to a team gold via individual silver while **Botond Tamas** (HUN) delivered the host nation a battling bronze.

“I feel amazing today that I defended my title again,” Mohamed (EGY) said. “It's my last Junior year so I'm very happy that it ended that way. It's amazing.”







# U19 World Championships

Druskininkai  
LTU 

## WOMEN'S FINAL

RANK	NAME	NATION	POINTS
1	Farida KHALIL		1465
2	Hanna JAKUBOWSKA		1449
3	Amaya EL-MASRI		1430
4	Ganah ELGINDY		1420
5	Diana RAJNCSAK		1414
6	Nadja FARMAND		1406

## MEN'S FINAL

RANK	NAME	NATION	POINTS
1	Nemere SZECSI		1577
2	Oleg RYBAK		1562
3	Jhon XAVIER		1556
4	Omar AMER		1547
5	Sief SOLIMAN		1544
6	Oleksandr CHERNYSHEV		1541





Collecting world championships like infinity stones across the 2025 campaign, **Farida Khalil** (EGY) was put under unusually intense pressure in the stunning mountain spa resort of Druskininkai (LTU).

Then again, pressure produces diamonds and in the end Khalil (EGY) sparkled with gold after she produced a new world record tally of 1,465 points to see off the stirring challenge of **Hanna Jakubowska** (POL), with bronze medallist **Amaya El-Masri** (GER) also impressing.

The following day it was the turn of 16-year-old **Nemere Szecsi** (HUN) to follow the path which Khalil (EGY) had cleared for him. The 16-year-old matched her achievement in adding the U19 Individual crown to the U17 world title he had won the previous month.

Szecsi (HUN) also set a new overall world record of 1,577 points – with a 15sec margin over silver medallist **Oleg Rybak** (UKR).



Behind them was a new face and a compelling story. Representing a country that had never before earned a medal at a UIPM Youth World Championships, **Jhon Xavier** put Brazil on the map with a brilliant bronze that he attributed afterwards to the supporters who had crowdfunded to get him to Lithuania.

# U17 World Championships

Johannesburg  
RSA 

## WOMEN'S FINAL

RANK	NAME	NATION	POINTS
1	Farida KHALIL	EGY	1452
2	Annachiara ALLARA	ITA	1425
3	Tatiana THOMATOS	RSA	1396
4	Leah KOCHER	SUI	1385
5	Megan KLEYNHANS	RSA	1381
6	Tulya KESEBIR	TUR	1379

## MEN'S FINAL

RANK	NAME	NATION	POINTS
1	Nemere SZECSI	HUN	1508
2	Arda MERIC	TUR	1496
3	Momen ABDELMGEED	EGY	1485
4	Eyad ABD ALLAH	EGY	1480
5	Liutauras VALEIKA	LIT	1477
6	Aron HERCZEG	HUN	1461



Having left the Paris Olympics with the two gold medals on offer, the pentathlon communities of Hungary and Egypt could have rested and reflected on a job well done. Instead, the 2025 campaign only confirmed the European and African powerhouse nations are the ones to catch across the sport.

In July, they would again share a gold apiece with *Farida Khalil* (EGY) taking Women's honours and *Nemere Szecsi* (HUN) crowned Men's champion as the best U17 talents on the planet gathered in Johannesburg (RSA).

*Khalil* (EGY) was in that familiar position — out in front — as she set new world records across Obstacle and Overall Pentathlon. Behind her *Annachiara Allara* (ITA) claimed silver while *Tatiana Thomatos* (RSA) brought the joy of an individual bronze medal — as well as Women's Team silver — to the host nation.

"I feel honoured. I feel so grateful for this moment, especially in Johannesburg, in my home country. I can't believe it," said *Thomatos* (RSA). "I was aiming for top 10, I didn't think that I could get a medal so I am very, very happy."

Having experienced the agony of 4th the previous year, *Szecsi* (HUN) left nothing to chance and finished 12sec ahead of silver medallist *Arda Meric* (TUR), with *Momen Abdelmgeed* (EGY).

# UIPM 2025 Pentathlon



# U15 World Championships

Alexandria

EGY 



**“I got the world record in Obstacle, and that was my best performance too.”**



When a host country maps out plans for a major championships there is usually a bracket for 'best case scenarios'. Even the most ambitious among the Egyptian Pentathlon hierarchy couldn't have imagined how spectacularly well this week in Alexandria would go for the home team.

Led by the precocious talents of **Nour Ramadan** and **Adam Salem**, the host nation completed a truly remarkable clean sweep of all gold medals on offer with Ramadan <sup>(EGY)</sup> racing to the Women's title and Salem <sup>(EGY)</sup> following her lead. All Team and Relay golds would also belong to the Egyptians in what was a year to savour for the North African talent factory.

“I feel so happy because I got three gold medals, and my family is so happy too,” said Ramadan <sup>(EGY)</sup>. “I got the world record in Obstacle, and that was my best performance too.”

However, the future is also bright for other nations near and far. **Türkiye** enjoyed success with a pair of individual silver medals courtesy of Women's runner-up **Elif Duman** <sup>(TUR)</sup>, who claimed silver in a tight battle with bronze medallist **Lian Hasan** <sup>(EGY)</sup>, and **Mehmet Doruk Özkan** <sup>(TUR)</sup>, who settled for second after a gripping finale to the Men's Final, where bronze was taken by **Mark Labib** <sup>(EGY)</sup>.

# UIPM 2025 Pentathlon



# Relay World Championships

Alexandria  
EGY 



Teamwork made the dream work as a new and experimental type of global gathering made its mark on the Pentathlon calendar in early July. The inaugural UIPM Pentathlon Relay World Championships served up an exhilarating week of action on the Mediterranean coast with 12 new champion duos crowned.





# UIPM 2025 Pentathlon

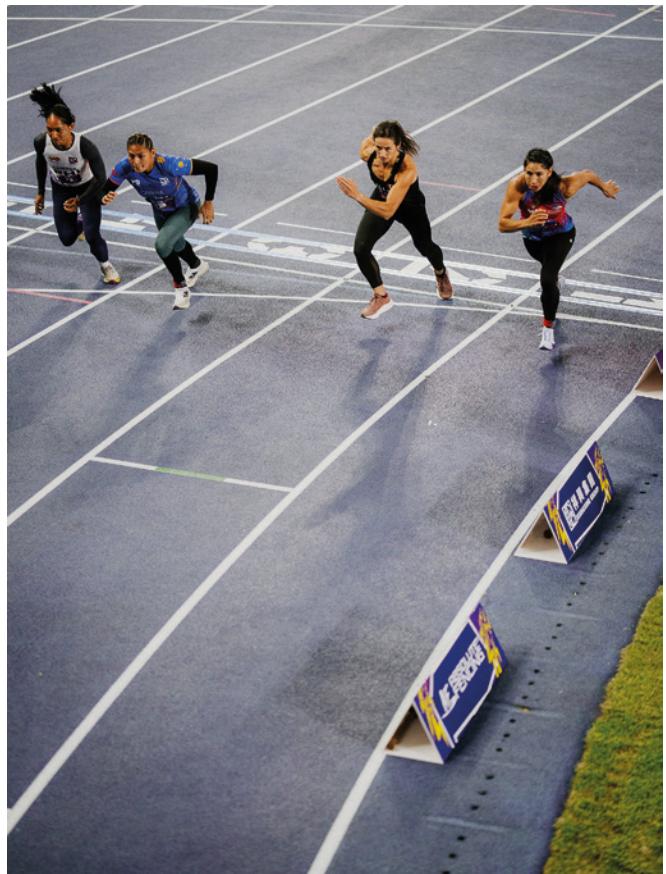
In keeping with a glorious season, the home fans in Alexandria (EGY) were spoiled for choice when it came time to pick a favourite moment as host nation Egypt savoured a prolific week, winning nine gold medals.

**Farida Khalil** (EGY) helped account for three of those, excelling in the Senior Women category alongside **Malak Ismail** (EGY) and **Mohanad Shaban** (EGY) in the Senior Mixed, while also snaring the U17 Women's gold.

**Leo Bories & Mathis Rochat** (FRA) combined to brilliant effect to take the Senior Men's title for France, snatching it from the grasp of Czechia (**Marek Grycz & Matej Lukes**). Duos from Czechia and a team of Individual Neutral Athletes also topped the podium during six days of competition at Senior, Junior, U19 and U17 levels. The championships saw a total of 12 countries representing four continents leave with medals, **Kuwait**, **Kazakhstan** and **South Africa** among them.

# Obstacle World Championships

Beijing  
CHN 



When making history and breaking new ground, what better place to do it all than on hallowed sporting turf? The inaugural UIPM 2025 Obstacle World Championships (OCR) did all of the above as it lit up the National Olympic Sports Centre in Beijing (CHN) with four unforgettable days of dynamic drama.

A competition which ushered in a fresh era both on and off the course, the first edition enabled a unique gathering of the Pentathlon, OCR and Ninja racing communities, with many OCR specialists from around the world invited to showcase their skills as they went toe to toe with prize money on the line. In total there were around 2,000 athletes of all ages from 30+ countries taking part.

After an opening day of qualification which allowed entrants to get a feel for the exhilarating series of courses, the historic inaugural global medals were handed out on October 24.

**Tiana Webberley and Luke Beckstrand**

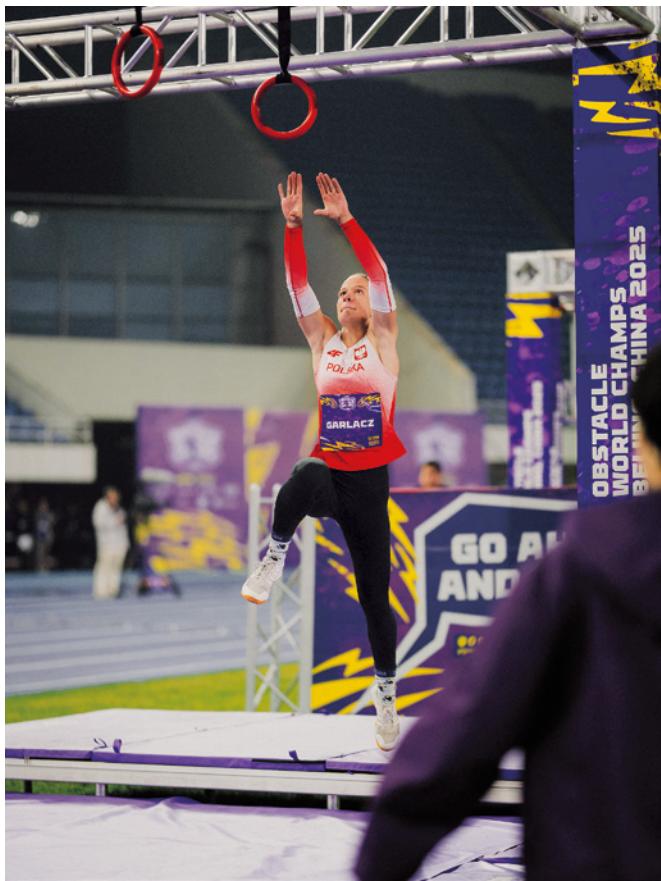
became the names which the record books will record as Obstacle pioneers after a day that will go down in sporting history. The American duo blew away as they won the elite 400 metres titles against stiff competition from around the world, from their own countries and even their own families.

Luke Beckstrand performed with remarkable Ninja elasticity and pace on the one-lap circuit, giving his elder brother **Kai Beckstrand** no chance of catching him. Less than three years out from the Los Angeles 2028 Olympic Games, Webberley took the gold medal back to California with an impressive front-running victory, resisting a late fightback from **Katarzyna Jonaczyk**.

"I'm so excited for the future of the sport," said Webberley afterwards. "It's incredible being at the place where the Olympics was, and to see it getting into the Olympics in 2028 is just so exciting. I can't wait to see how much the sport grows."

## Obstacle Course Racing (OCR)





The following day Luke Beckstrand doubled up by becoming the first UIPM Obstacle 100m world champion, while Polish star Jonaczyk turned silver to gold, fending off stiff competition from compatriot and silver medallist **Anna Garlacz** in the decider. Luke Beckstrand was able to savour another sibling triumph as he consigned Kai to silver.

The 3km event that brought out the best in so many athletes including Egyptian Pentathlon phenomenon **Farida Khalil**; and for the masses of Chinese athletes who competed across all categories, showing the growing prowess of Ninja and OCR across the nation.

On a more sentimental level, it will be remembered as a week when friendships were made and maintained, when a global family of versatile athletes came together to celebrate their common talents, hopes and dreams — and when Beijing and China opened their arms to the world.



# Obstacle Course Racing (OCR)



# Cuba

## Obstacle Laser Run (OLR)



The flexibility offered by Modern Pentathlon's new format was utilised in Varadero <sup>(CUB)</sup> as the popular beach resort held a key gathering for NORCECA and South American athletes in May.

The Pan American Pentathlon and Obstacle Laser Run Open enabled athletes to gain crucial competitive experience across the five Pentathlon disciplines, as well as the Obstacle Laser Run (OLR) format.

With a new Obstacle course constructed on the pristine white sands, Mexico and Guatemala enjoyed the highest level of medal success, while there were podiums for Dominican Republic, Panama and Peru.

It was notable to see the progress made in Obstacle training, resulting in multiple sub-30sec times. Grayson Shaw <sup>(CAN)</sup>, 16, led the way with a blistering 25.35.

# CISM World Championships

## Obstacle Laser Run (OLR)

OLR featured on the programme of the 49th CISM World Military Championships in Drzonkow (POL) in September, kickstarting a new future with the three-discipline format at the heart of Military Pentathlon.

A new era was ushered in as the dynamic discipline of Obstacle in Military Pentathlon was undertaken for the first time.

There was glory for Ilke Ozyuksel (TUR) and Oleksandr Tovkai (UKR), two Paris 2024 Olympians who proved very capable of adapting to the newest discipline as they were crowned individual champions. Top-five ranked pentathletes Małgorzata Karbownik (POL) and Aurora Tognetti (ITA) also picked up medals.

Ozyuksel (TUR) said: "It was an incredible feeling and a struggle. I can say that I earned all the medals I wanted to win all season in a single competition."



# Biathle-Triathle World Championships

The 2025 UIPM Biathle-Triathle World Championships delivered four days of thrilling competition on the golden sands of Mossel Bay, South Africa, uniting nearly 800 athletes from around the world in one of the highlights of the multisport season.

Preceding the Laser Run World Championships, the event showcased strong global participation, age-group racing and festival-style sport in southern-hemisphere summer sunshine.

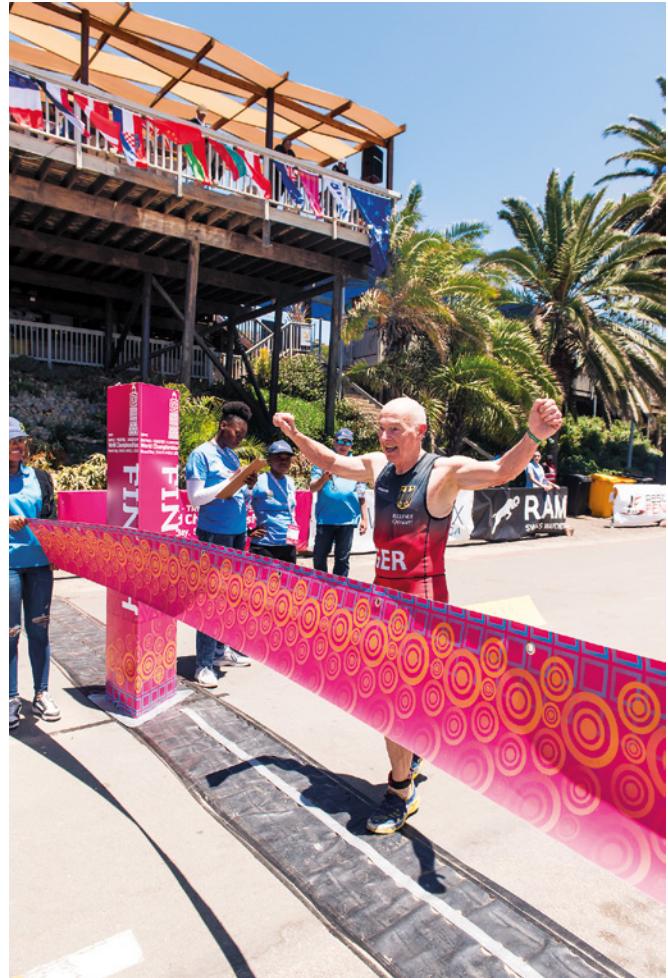
From the outset, the host nation set the tone with an impressive performance, winning numerous medals and dominating the Biathle Mixed Relay races. South African teams claimed gold across age groups, underlining the depth of talent at home, while teams from Great Britain, France, Greece, India and other nations also reached the podium.

On the individual side, seasoned athletes stood out — Swiss Olympian Alexandre Dallenbach took the Senior Men's Biathle title and added Triathle gold, while France's Lea Fernandez mirrored the feat in the Senior Women's races. Emerging talents including India's Bhumi Agrawal (Junior Women's title) and a host of masters and age-group champions highlighted the event's wide appeal.

Across relays and individual finals, the championships reinforced Biathle and Triathle as truly global sports, blending high-performance racing with community and inclusivity.



# Biathle-Triathle & Laser Run



# Laser Run World Championships

Completing the first combined UIPM Biathle-Triathle & Laser Run World Championships, Laser Run provided hundreds of athletes with another thrilling competitive opportunity on the golden stages of Mossel Bay, South Africa. As attention turned from swim-run-shoot formats to this dynamic run -shoot discipline, the Laser Run finals delivered excitement, drama and globe-spanning performances.

The Mixed Relay races showcased deep competitive fields. Teams from Monaco, South Africa and Lebanon took top honours, with Monaco's Julia Dale and Geoffrey Delusier claiming gold, South Africa's Tara Schwulst and Jan Meyer taking silver and Lebanon's Marina Fenianos and Ahmad Shamas securing bronze – a notable milestone reflecting the sport's expanding reach. Egypt continued its strong championship presence with multiple relay and individual podiums across age groups.



# Biathle-Triathle & Laser Run



Individual finals saw standout performances from Julia Dale (MON), who clinched her first senior world title in Laser Run, and Alexandre Dallenbach (SUI), who added another Laser Run world crown to his week of multisport success. Youth races highlighted global depth, with Egyptian athletes dominating U11-U15 categories, and host-nation competitors achieving multiple medal finishes in the U17 and U19 finals.

From junior starters to seasoned seniors, the championships underlined Laser Run's growing international profile and the sport's capacity to deliver fast-paced, spectator-friendly racing for all ages.

# On tour: Biathle-Triathle & Global Laser Run City Tours



**“The GLRCT and BTWT are now essential pillars of our development strategy in Modern Pentathlon.”**

UIPM's two flagship development tours, the Global Laser Run City Tour (GLRCT) and the Biathle/Triathle World Tour (BTWT), continued to play a central role in growing the Pentathlon movement worldwide during 2025. Now in their ninth year, the tours showed clear signs of maturation, with a strong emphasis on quality, sustainability and long-term impact.

A key milestone in 2025 was the continued evolution of the Biathle/Triathle National Tour structure towards full World Tour status. This transition has helped align standards across regions while maintaining the accessibility that has made the tours such an effective development tool. Equipment support for organisers remained a priority, alongside a comprehensive programme of workshops, meetings and consultations for both new hosts and organisers returning after a break.

## Biathle-Triathle & Laser Run



**"I have witnessed nations that began their journey through these competitions and have since grown to the point of hosting the World Championships."**

The scale of the 2025 season underlined the tours' global reach. Events were staged in 15 countries and 37 cities, attracting around 5,000 participants ranging from Under 9 categories to Masters 70+. Continental Biathle/Triathle and Laser Run Championships featured prominently, particularly in Asia and Europe, contributing to improved event structures and delivery standards across both tours.

Experienced organiser groups in Egypt, Georgia, Venezuela, Moldova and Lithuania continued to set benchmarks, while Greece, China, Ukraine and Singapore successfully returned to the calendar after periods of inactivity. Lebanon marked an important milestone by hosting events on both the Laser Run and Biathle/Triathle tours for the first time.

One of the standout moments of the season came in Greece, which staged three events including a unique competition in Ancient Olympia, held shortly before the Lighting Ceremony of the Olympic Flame for Milano Cortina 2026.

Jawid Khawar, UIPM Executive Board Member for Development, said:

"The GLRCT and BTWT are now essential pillars of our development strategy in Modern Pentathlon. I have witnessed nations that began their journey through these competitions and have since grown to the point of hosting the World Championships.

"These events not only promote the modern pentathlon and offer athletes and coaches the opportunity to train and compete in high-quality, world-class environments, but also provide invaluable pathways for officials and organizers to expand their knowledge and gain the experience needed to elevate their national systems. Both the GLRCT and BTWT reflect our collective commitment to nurturing long-term, sustainable growth for Modern Pentathlon worldwide."



# Biathle-Triathle & Laser Run



# Para Tetrathlon World Championships



Vicco Irbin of Italy went down in history as individual winner of the inaugural UIPM Para Tetrathlon World Championships in Druskininkai, Lithuania, while Ukraine was recognised with the team medal.

In a major step forward for the UIPM Para Sports movement, a group of pioneering athletes tackled the new format of Para Obstacle > Para Swimming > Para Laser Run.

Classified in sports class PMP5 and coming together from different Para sport backgrounds, each competitor showed different attributes during the sequence.

Champion Irbin (ITA) said: "I started training in Para sport at 22 or 23. Now that I can also do OCR, I would like to continue because I really enjoyed these moments and these days. I very much like this world. Why not? I dream to be a complete athlete."

# Para Pentathlon



**"I very much like this world. Why not?  
I dream to be a complete athlete."**

# Para Biathle-Triathle & Laser Run World Championships

## Para Pentathlon



Read more  
about UIPM  
Para Sports  
activities on  
Page 84



One of the most inclusive competitions in the history of UIPM Sports took place in Mossel Bay <sup>(RSA)</sup> in December as Para racing was held alongside the able-bodied Biathle, Triathle and Laser Run World Championships. Para participants came from five nations – Egypt, France, Great Britain, Italy and South Africa.

Para athlete Rachel Massey <sup>(GBR)</sup> said: "It's been an amazing experience. We've really enjoyed it, lots of friends, lots of smiles, and it's just been really good fun. That's what it's all about, meeting people and enjoying it and just being a part of it."

UIPM President Rob Stull addressed an open meeting afterwards, with a hybrid format enabling Para Commission members from Guatemala, Japan and Russia to join remotely. Competing athletes spoke about their pathway.

# Masters Pentathlon

Read more  
about  
Masters activities  
on Page 87



# Masters Pentathlon



In 2025, Masters Modern Pentathlon continued to offer competitive opportunities for age-group athletes, reinforcing the sport's lifelong appeal.

The 2025 European Masters Championships was held in Madrid, Spain, bringing together Masters athletes from multiple nations to compete across age categories, including +30, +40, +50 and +60 divisions in individual and relay formats.

The event featured a full pentathlon programme — Fencing, Swimming, Obstacle and Laser Run — providing Masters competitors with high-quality racing and the chance to challenge for continental titles.

Detailed results show strong performances across categories, with competitors such as Pavlos Dakoutros (Men +30) topping the men's field and a wide distribution of age group podiums reflecting deep participation and competitive parity among veteran athletes.

Beyond the European level, Masters participation in UIPM events continued to grow, with Masters fields increasingly visible at integrated competitions and social media reports highlighting Masters breaking new ground — including adaptations such as obstacle components being embraced by older athletes in non-standard formats.

These competitions reinforced UIPM's pathway for lifelong engagement in Modern Pentathlon, offering events tailored to experienced athletes and celebrating competitive achievement well beyond elite senior levels. Masters events in 2025 helped sustain community, fitness and camaraderie across generations of pentathletes.

# Education & Development



A major milestone of the year was the successful completion of an online Level 4 course, through which seven high-performance coaches achieved the highest certification within the UIPM coaching pathway.

## Chapter 4





A.

B.

C.

# Athletes Centred Programme

**In 2025, UIPM expanded its athlete-focused initiatives across education, governance, integrity and career development.**

The year began with two Athlete365 Career+ workshops on Self-Discovery and CV/Resume Writing, equipping senior pentathletes with tools for dual-career planning. In February, the newly elected UIPM Athletes Committee set its strategic direction, prioritising stronger communication, athlete welfare and reinforced representation across UIPM structures.

International engagement remained a key focus. Athletes Committee Chair Sam Curry and Education & Projects Manager Anfisa Kasyanova represented UIPM at the International Athletes'



# Athlete, coach & judge education



Forum in Lausanne <sup>(SUI)</sup>, contributing to discussions on safeguarding and career transition. UIPM was proud to see two young pentathletes — Marcela Cuaspud <sup>(ECU)</sup> and Rahul Darshan <sup>(NEP)</sup> — join the Youth Olympic Ambassadors Session at the International Olympic Academy.

Youth development accelerated in August with an Athlete365 workshop for U19 athletes and entourage, complemented by a seminar on AI and personal branding. Digital engagement continued with the Pierre de Coubertin Pentathlon Day Quiz, boosting community engagement with a test of historic and technical knowledge.

UIPM further strengthened integrity education, with athletes Sam Curry and Alida Van der Merwe trained as Believe in Sport Ambassadors. Throughout autumn, UIPM promoted the IOC's *Fit for the Future* initiative to ensure athlete voices shaped the Olympic movement.

Partnership with the World Academy of Sport continued to offer flexible learning pathways, highlighted by Paris 2024 Olympian Emiliano Hernandez (MEX) enrolling in the University of London's Postgraduate Certificate programme.

# Judges Certification Programme

The UIPM Judges Certification Programme (JCP) continued to play a key role in strengthening the global officiating structure of Modern Pentathlon in 2025, delivering high-quality education across multiple continents and fostering the growth of a highly qualified international judging community.

Throughout the year, JCP courses were successfully delivered in a wide range of countries, demonstrating both strong local engagement and increasing international cooperation. The programme not only enhanced technical knowledge,

but also promoted core values such as fairness, consistency and professionalism among current and future UIPM judges.

**A total of 200+ participants were involved worldwide, creating a dynamic and diverse learning environment and reinforcing UIPM's commitment to education as a pillar of sport development.**



# Athlete, coach & judge education

These courses confirmed the strategic importance of education in supporting the sustainable growth of Modern Pentathlon worldwide.



## JCP Courses by Country (2025):

### Lithuania 41 students

(32 Lithuanian,  
4 Ukrainian,  
4 Latvian, 1 Polish)

### South Africa 26 students

(all from South Africa)

### United Arab Emirates 35 students

(all from UAE)

### Spain 10 students

(8 Spanish, 1 Italian,  
1 Egyptian)

### Japan 26 students

(24 Japanese,  
2 from Chinese  
Taipei)

### Thailand 36 students

(35 Thai, 1 Filipino)

### Argentina 26 students

(24 Argentine,  
1 Uruguayan,  
1 Guatemalan)

# Coaches Certification Programme

**In 2025, the UIPM Coaches Certification Programme (CCP) continued to strengthen the global coaching network and elevate standards across all levels of the sport. A total of 10 CCP courses were delivered worldwide, including seven Level 1 courses, two Level 2 courses, and one Level 4 course, reaching coaches across four continents.**

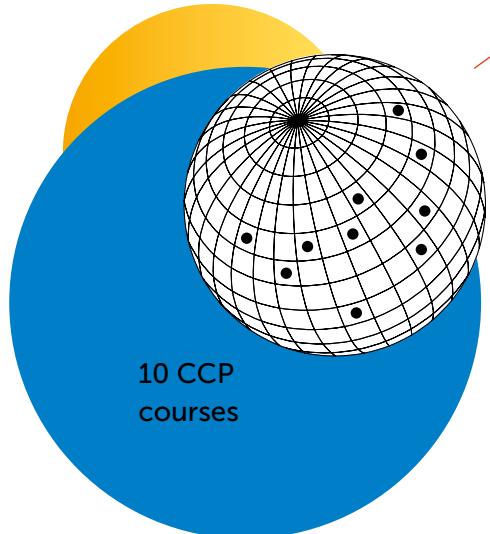
Through this expanded delivery, UIPM certified 180 new coaches from 19 countries, reflecting the programme's growing international reach and importance. Notably, women represented 25% of all certified coaches, underscoring UIPM's ongoing efforts to promote gender balance and broaden access to leadership pathways within the sport.

A major milestone of the year was the successful completion of an online Level 4 course, through which seven high-performance coaches achieved the highest certification within the UIPM coaching pathway. This achievement highlights the programme's flexibility and its ability to support elite-level professional development regardless of geographical barriers.

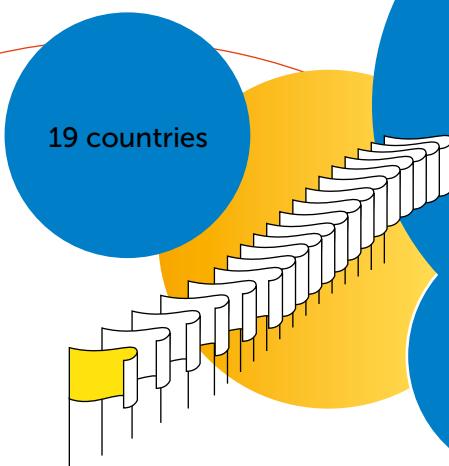
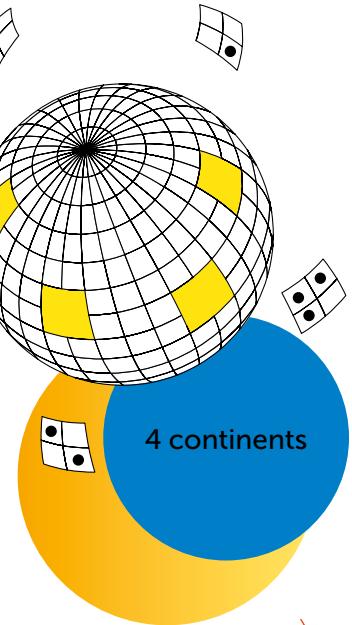


The CCP remained central to UIPM's mission of strengthening national federations by offering consistent, standardised education that equips coaches with the technical expertise, athlete-centred practices and modern training methodologies required for sustainable development. As the sport evolves, the CCP continues to be a cornerstone of UIPM's long-term strategy to build knowledgeable, confident and globally connected coaching communities.

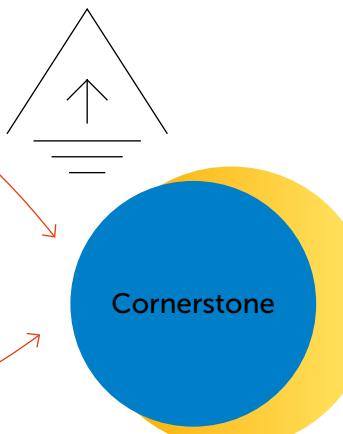
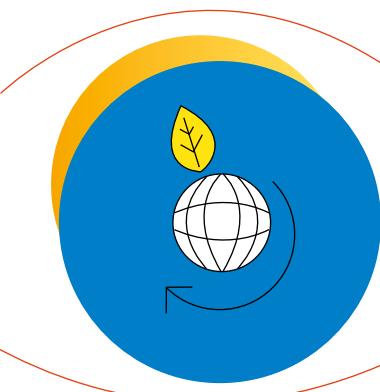
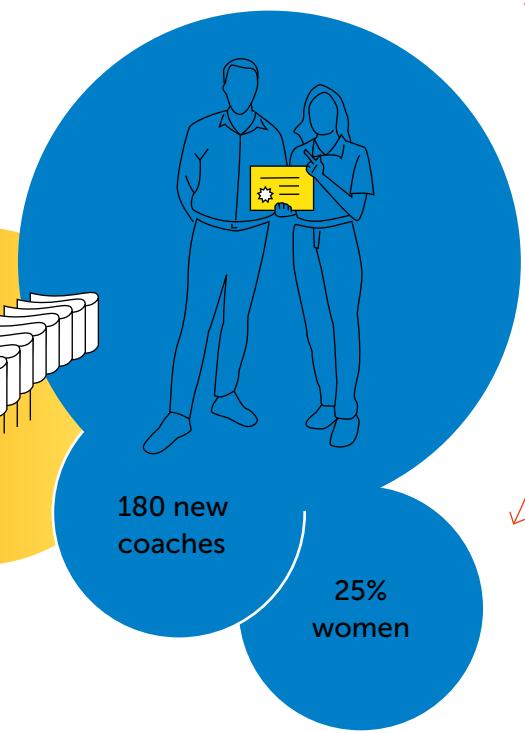
# Athlete, coach & judge education



7 Level 1 courses  
2 Level 2 courses  
1 Level 4 course



1 online Level 4 course



# Development activities



In 2025, UIPM's development programme continued to strengthen the global base of the sport, supporting National Federations (NFs) as they adapted to the full Modern Pentathlon with the addition of the Obstacle discipline. Many NFs have recognised that obstacles make Pentathlon more accessible, building on their existing foundations in Laser Run, Swimming and Fencing. As demand grows, equipment provision has become a key priority.

The Global Laser Run City Tour (GLRCT) and Biathle-Triathle World Tour (BTWT) continued to offer tailored development support. These programmes empower NFs to evaluate their own needs and select the resources that best help them progress. Recognising the financial pressures faced by self-funded athletes, UIPM also organised its first back-to-back Biathle-Triathle and Laser Run World Championships in Mossel Bay (RSA), reducing costs through combined logistics. Further joint-event models are now being explored.



# Development activities



Development opportunities were expanded through increased participation in multisport games, including the 2025 Southeast Asian Games in Thailand — crucial for emerging nations, particularly in regions such as Southeast Asia. UIPM also improved coordination processes between the International Federation, Confederations and NFs to ensure smoother support pathways and greater athlete benefit.

Participation numbers at continental championships continued to rise, confirming strong demand for UIPM Sports and demonstrating the momentum behind Pentathlon with Obstacle. With all UIPM sports now hosting continental-level events, nations have more regular opportunities to compete internationally.

Looking ahead, UIPM enters 2026 with confidence. Olympic Solidarity-supported development camps will return, following successful editions such as the 2024 camp in the Philippines. Meanwhile, the Coaches Certification Programme (CCP) and Judges Certification Programme (JCP) have enabled hundreds of technical leaders worldwide to continue building skills and expertise, strengthening the sport's global foundation.

# Para Pentathlon activities

**In 2025, UIPM Para Sport strengthened its structures, expanded athlete participation and broadened its global competition pathway.**

A new UIPM Para Pentathlon Commission was appointed by the Executive Board, with Dr Nicola Robinson taking the lead in guiding strategic development and classification standards. The international Para community continued to grow, with more than 100 internationally classified athletes from 13 nations, and several additional National Federations preparing their Para teams for future international inclusion.

Competition opportunities expanded significantly. Para Tetrathlon was added to the UIPM sports pyramid, and the first UIPM Para Tetrathlon World Championships was held in Druskininkai (LTU) for classes PMP4 and PMP5.

UIPM Para events also featured at the inaugural World Ability Beach Games, where Para Laser Run and Relays received excellent feedback from athletes, coaches and organisers. Continental and global highlights in 2025 included the European Para Laser Run and Para Biathle-Triathle Championships in Antalya (TUR), and the World Para Championships in Mossel Bay (RSA).

To support growth, UIPM offered on-site classification at all major championships and launched an introductory Para Sport course on the UIPM Education platform, attracting more than 150 participants from over 30 countries. A landmark in community building was the first in-person meeting between the Para Commission and interested National Federations on 10 December, giving athletes a direct voice in shaping the future of the movement.





# Anti-Doping Education activities

In 2025, UIPM strengthened its commitment to clean sport through enhanced education and compliance measures. Following the UIPM Medical Committee's decision on 1 February, completion of the ADAMS education course remained mandatory for all athletes during the Los Angeles 2028 Olympic cycle.

**By the end of the year, 550 athlete stakeholders had submitted their certification through the UIPM Licence Portal, while ADEL certification continued to be compulsory for coaches.**

To broaden education in an accessible and engaging way, UIPM launched its first Anti-Doping Podcast series. The eight-episode programme focuses on nutritional supplements and is available on Spotify, YouTube and the UIPM Platform.

A new podcast series is already in preparation for early 2026.

The UIPM logo is displayed in a large, bold, blue sans-serif font, centered within a white circle. The circle is surrounded by three concentric rings in red, white, and green.

# Masters activities

**In 2025, the UIPM Masters movement advanced significantly in governance, rules development and community engagement. The Masters Committee set its 2025-2028 priorities, strengthened communication channels and refined Masters-specific rules, including age-appropriate Obstacle adjustments and updated formats for Fencing, Swimming and Laser Run.**



A key milestone was the European Masters Championships in Madrid (ESP), where the first official Obstacle test was successfully conducted, with 45% of participants completing the course clean and providing essential data for 2026 guidelines.

The Masters pathway expanded with confirmation of the UIPM 2026 Masters World Championships in Cape Town (RSA) and continued work on rankings and national events. Visibility grew through the new Masters Digest, enhanced digital communication and strong athlete engagement. Education initiatives and Obstacle-focused training plans further positioned the Masters community for continued growth.





There is still work ahead, but with momentum building and direction clear, I am confident about where Modern Pentathlon is headed. It's headed to a very exciting place.



## Chapter

# 5

# President's View: What A Year

## A year of rapid change and exciting horizons



As I look back on my first full year as UIPM President, what stands out most is the pace of change — and the collective effort it has taken to deliver it. This has been a year defined by action, collaboration and momentum, as Modern Pentathlon has continued one of the most significant periods of evolution in its history.

From the outset, my focus has been clear: to guide that change responsibly, while staying connected to the people and places that make our sport what it is. Over the past year, that has meant spending more time talking to our athletes, National Federations and elected representatives, listening carefully and ensuring that decisions are informed by real experience on the ground.

Sporting evolution has been at the heart of that journey. Throughout the season, the new Pentathlon format continued to take shape. The introduction of Obstacle and Direct Elimination Fencing were landmark moments for our sport.





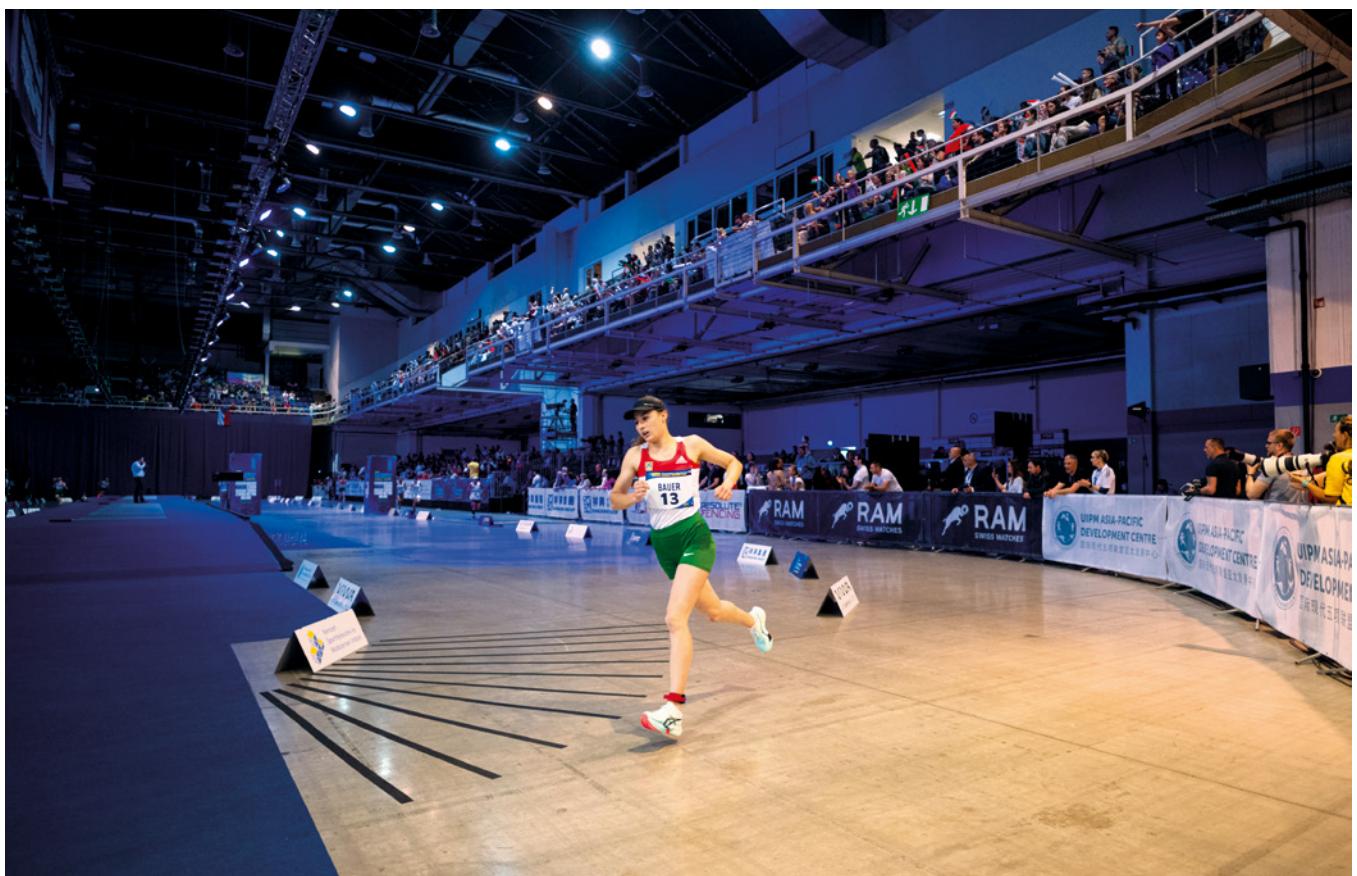
Seeing these disciplines tested, refined and ultimately embraced by athletes has been one of the most rewarding aspects of 2025. Each event reinforced the same message: Pentathlon is becoming faster, more understandable and watchable and more exciting for both athletes and audiences.

The UIPM 2025 Pentathlon World Championships in Kaunas, Lithuania was a defining milestone. With the full new format on display in an indoor arena, Kaunas showcased Pentathlon as a true entertainment product.

Strong crowds, high-energy competition and positive feedback from athletes, spectators and partners demonstrated what is possible when innovation, presentation and performance come together. It was also an important step in our ambition to build stars and invite the wider public to truly enjoy the show.

Beyond competitions, the year included a lot of travel. I look back on time spent in countries such as Cuba, Bulgaria, South Africa and, most recently, Thailand that highlighted the diversity and collective spirit of our global community.

These experiences reinforced an important strategic principle: that Pentathlon now has the flexibility to thrive as a three-venue sport, adaptable to different facilities, cultures and levels of development. We can host competitions in outdoor stadiums, indoor arenas and against iconic backdrops. We can plug and play in parks, beaches and urban environments.







Key meetings and governance milestones also shaped the year. Attending my first IOC Session as UIPM President, and later the International Federations Forum, offered valuable perspective on the wider Olympic landscape and our role within it. Engaging directly with IOC leadership and fellow International Federation presidents strengthened relationships and underlined the importance of alignment, credibility and innovation as we look toward LA28.

Throughout the year, Executive Board meetings and ongoing dialogue with NFs have helped guide reform in a collaborative way. These discussions have not always been simple, but they have been essential. Meaningful change depends on trust, transparency and a willingness to listen. Outside of the traditional Pentathlon circle, we have had a very progressive year in the integration of World Obstacle into UIPM — a process that will be completed soon, making our movement stronger, more diverse and more appealing to more people.

This first full year has laid strong foundations. I am grateful to all of the athletes, coaches, officials, organisers and partners – as well as the non-stop, hard-working UIPM staff team – who have contributed to every milestone along the way. There is still work ahead, but with momentum building and direction clear, I am confident about where Modern Pentathlon is headed. It's headed to a very exciting place.

# Governance chart

Structure  
as per UIPM Statutes

**UIPM** 132 National  
Federations  
**Congress**



## Executive Board

President

Secretary General

Headquarters

Events Operations department  
Communications department  
Development department  
Commercial department  
Technology department  
Administration department

### Committees

Technical Committee  
Coaches Committee  
Athletes Committee  
Medical Committee  
Business Affairs Committee  
Masters Committee

### Confederations

Africa  
Asia  
Europe  
NORCECA  
Oceania  
South America

### Commissions

Culture & Education  
Commission  
Pierre de Coubertin  
Commission  
Sport for All Commission  
Para Pentathlon Commission  
Innovation Commission  
Equipment Commission  
Women's Commission

### Court of Arbitration

### Judicial Bodies

UIPM Doping Review Panel

### UIPM Recognised Groups

Instructors Group  
Educators Group

### Honorary Auditors

### Honorary Members

# Executive Board

## President

Rob Stull OLY (USA)

President

Elected 2024



## Vice-Presidents

Kitty Chiller AM OLY (AUS)

Vice President

Elected 2024



Dongkook Chung (KOR)

Vice President

Elected 2024



Ana Irene Delgado (PAN)

Vice President

Elected 2024



Sharif El Erian OLY (EGY)

Vice President

Elected 2021



Dr Viacheslav Malishev (GEO)

Vice President

Elected 2024



## Secretary General

Shiny Fang (CHN)

Secretary General

Appointed 2012



## Members

Andrea Dell'Amore (ITA)

Member for Sport

Elected 2024



Barry Tompkins (CAN)

Member for Marketing

Elected 2024



Dr Leila Gyenesei OLY (HUN)

Member for Media

Elected 2024



Jawid Khawar (AFG)

Member for Development

Elected 2024



## Committee Chairs

Sam Curry (GBR)

Athletes Committee Chair

Elected 2024



Paulius

Aleksandravičius (LTU)

Coaches Committee Chair

Appointed 2025



Dr Doug Stull (USA)

Medical Committee Chair

Elected 2024



## Confederation Presidents

Sylvestre Zare (BUR)

President of the African Confederation

Elected 2021



Hanjoon Lee (KOR)

President of the Asian Confederation

Elected 2024



Tatiana Ardabyeva (RUS)

President of the European Confederation

Elected 2021



Magdalena Quintanilla (GUA)

President of the NORCECA Confederation

Elected 2024



Andrew Collings (NZL)

President of the Oceania Confederation

Elected 2024



Jorge Salas OLY (ARG)

President of the South American Confederation

Elected 2008



## Treasurer

Helio Meirelles (BRA)

Treasurer

Elected 2024



# Administration

## Secretary General

Shiny Fang



## Events Operations department

Alexandre França

Events Operations Director



Tamás Varga

Senior Competitions Manager



Cristóbal Rodríguez  
Events Operations Officer



Eduardo Oliveira

Events Operations Assistant



Radka Zapletalova

Medical & Anti-Doping Manager

Para Project Manager



## Communications department

Jonathan Coates

Communications Director



Florent Boas

TV & Media Operations Manager



Jeffrey Keusseyan

Marketing & Branding Manager



Roxane Hager

Digital & Promotion Manager



Sophia Huang

Regional Media Coordinator



## Commercial department

Yaw Amponsah Debrah

Commercial Director



## Technology department

Tamer Samy

Senior Technology Manager



Ahmed Safey

Results Assistant



## Development department

Maxime Papillon

Development Director



Anfisa Kasyanova

Education & Projects Manager



## Administration department

Alexandra Sumina

Service & Logistics Manager



Valérie Russo

Finance & HR Director



Sofiya Popova

Office Administration Manager



Fulvia Lucantonio

Legal & Governance Counsel



## Executive Assistant

Leki Lai

Executive Assistant  
to the President  
and Secretary General



# Confederation map

## NORCECA

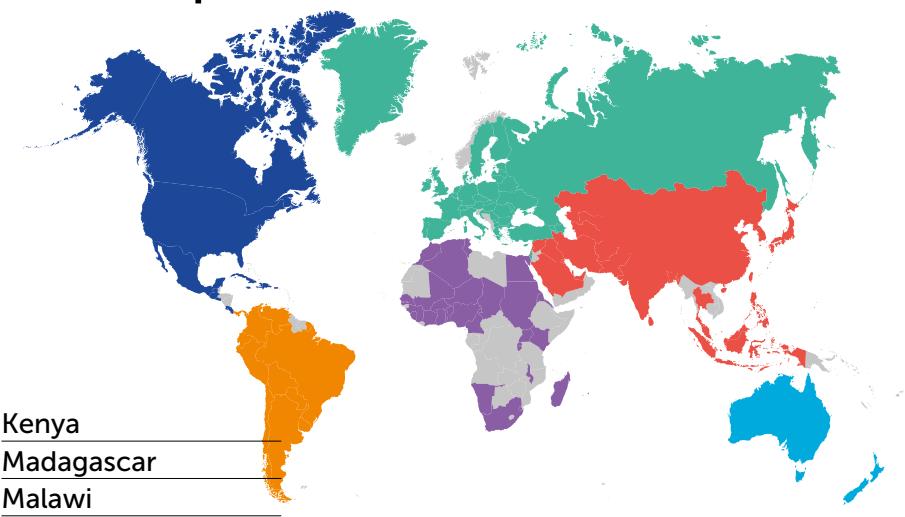
Bermuda
Canada
Costa Rica
Cuba
Dominican Republic
El Salvador
Guatemala
Haiti
Jamaica
Mexico
Puerto Rico
United States of America

## South America

Argentina
Bolivia
Brazil
Chile
Colombia
Ecuador
French Guiana
Panama
Paraguay
Peru
Uruguay
Venezuela

## Africa

Algeria
Benin
Burkina Faso
Burundi
Cameroon
Chad
Egypt
Eritrea
Eswatini
Gambia
Ghana
Guinea-Bissau
Ivory Coast



Kenya

Madagascar

Malawi

Mali

Mauritius

Morocco

Namibia

Niger

Nigeria

Rwanda

Senegal

Sierra Leone

South Africa

South Sudan

Sudan

Togo

Tunisia

Uganda

## Europe

Armenia

Austria

Azerbaijan

Belarus

Belgium

Bulgaria

Croatia

Cyprus

Czech Republic

Denmark

Estonia

Finland

France

Georgia

Germany

Great Britain

Greece

Hungary

Ireland

Israel

Italy

Kosovo

Latvia

Lithuania

Malta

Moldova

Netherlands

North Macedonia

Poland

Portugal

Romania

Russia

Serbia

Slovakia

Spain

Sweden

Switzerland

Turkey

Ukraine

## Asia

Afghanistan

Bahrain

Bangladesh

China

Chinese Taipei

Hong Kong, China

India

Indonesia

Iran

Iraq

Japan

Kazakhstan

Korea

Korea (DPRK)

Kuwait

Kyrgyzstan

Lebanon

Malaysia

Mongolia

Nepal

Pakistan

Palestine

Philippines

Qatar

Saudi Arabia

Singapore

Sri Lanka

Syria

Tajikistan

Thailand

Timor-Leste

Turkmenistan

United Arab Emirates

Uzbekistan

## Oceania

Australia

Cook Islands

Guam

New Zealand

# Confederations activities

## African Modern Pentathlon Confederation (CAPM)

The CAPM community has overcome numerous challenges encountered during the 2025 season to be able to seize opportunities, creating an outlook full of future promise for 2026 and beyond.

Many national federations including those of South Africa, Egypt, Mali, Côte d'Ivoire, Burkina Faso, and the Gambia successfully organized their national championships, while several regional zones also held their respective competitions.

At global level, Africa reaffirmed its position as a global leader through the outstanding performances of Egypt and South Africa. Finally, the establishment of the Technical, Communication and Marketing Commissions marks a significant step towards strengthening the governance and development ambitions of the CAPM.

We conclude our report with this quote from Nelson Mandela: *"Honesty, sincerity, simplicity, humility, pure generosity, absence of vanity, readiness to serve others – qualities which are within easy reach of every soul – are the foundation of one's spiritual life."*

## Asian Modern Pentathlon Confederation (AMPC)

In 2025, the AMPC continued to enhance the growth and visibility of Modern Pentathlon across Asia through various competitions and development initiatives held in all five zones of the Asian continent.

The highlight of the year was the 2025 Asian Championships in Japan, which served as both a test event and a qualification event for the 2026 Aichi-Nagoya Asian Games. This championship was particularly historic, as AMPC proudly welcomed 22 member federations, the largest number in its history – reflecting a stronger and more united Asian community.

Besides competitions, AMPC focused on empowering the next generation through training programmes and technical workshops. Notably, the AMPC Executive Board relaunched the 2025 Obstacle Equipment Support Program to assist NFs in need with the UIPM National Competition Kit (valued at €15,000 each), following the success of the 2024 programme that benefited four federations.

With continued dedication from all member federations, AMPC moves forward – stronger, more connected and more ambitious than ever, symbolised by its updated logo representing the unity of all Asian NFs, as one.

## European Modern Pentathlon Confederation (EMPC)

The 2025 season opened in April with the European Cup in Barcelona and developed into one of EMPC's most active and productive years. Six European Championships were hosted across the continent: Senior and Masters in Madrid (ESP), Junior in Drzonkow (POL), U17 in Barcelona (ESP), U19 and U15 in Kaunas (LTU) and the Biathle-Triathle, Laser Run and Para Championships in Antalya (TUR). All events were delivered to a high technical standard, with a consistent focus on athlete welfare and smooth organisation.

The season concluded in Antalya, where the BTLR and Para European Championships attracted 584 participants from 20 countries. In just two years, this friendly Mediterranean gathering has become an important highlight of the EMPC calendar, strengthened by the integration of Para sport.

Dr Veli Ozan Cakir, ECMP Vice President and Turkish Modern Pentathlon Federation President, commented: "The competition in Antalya delivered excellent organisation, exceptional digital outreach and a milestone for Para disciplines – a model for future EMPC events."

ECMP President Tatiana Ardabyeva reflected on the year: "Our 2025 season showed the strength, energy and unity of our European pentathlon family. Each championship demonstrated professionalism, innovation and true commitment to athletes of all ages and abilities. With the growth of our Para events we are proud to see inclusion becoming a defining feature of our sport."

## NORCECA Modern Pentathlon Confederation

In 2025, NORCECA advanced coordination, development and competitive opportunities across the region. Two continental meetings established the 2026-2028 Competition Calendar Commission, jointly with South America, to ensure balanced hosting across the Pan American pathway. Member nations were invited to submit bids for unassigned events, while the annual NORCECA-Pan American competition in Varadero, Cuba, was confirmed as a permanent fixture.

Development support expanded significantly. Progress continued with Jamaica, El Salvador and Costa Rica, including plans for targeted technical missions, coach education and school-based modern pentathlon initiatives. A mission to the Dominican Republic strengthened preparations for the 2026 Central American and Caribbean Games through venue inspections and updates to the Technical Manual, alongside a formal request for UIPM assistance in obtaining an official obstacle set.

NORCECA nations participated actively in the Pan American Junior and Senior Championships, though the event highlighted the need for a more accessible, standardised results-management system to support developing federations. The Pan American Confederation also approved the 2026 calendar, confirming NORCECA championships for November 16-22.

President Magdalena Quintanilla noted: "Our focus this year has been practical and united — supporting federations, improving technical capacity and ensuring athletes can compete at every level. NORCECA is committed to building strong foundations so our region can continue to grow with confidence."

## Oceania Modern Pentathlon Confederation

Oceania continues to grow, welcoming Guam as a provisional member, a new EB member to the region, and celebrating strong regional participation at the UIPM 2025 Obstacle World Championships (OCR).

Guam Modern Pentathlon Federation hosted the Sindalu Ninja Games 2025, its national qualifier for the UNAA World Championships, and launched new youth development and Olympic pathway initiatives. Facility upgrades included the opening of Guam's certified Ninja/OCR training centre, with coaching partnerships forming across fencing, swimming and running clubs.

Guam will host the FINA World Championships Qualifier in December 2025, Sindalu Ninja Games in February 2026 and Guam National Championships in June, with expected international participation from Japan, Malaysia, Singapore and Australia. Plans are underway to debut local OCR and Laser Run events.

Cook Islands expanded in-country training,



engaging hash harriers, triathletes and crossfit communities. Their first international athlete competed in China and is now training toward full UIPM events.

New Zealand held its annual Modern Pentathlon Festival and sent a large team to China's World Obstacle Championships. Key events included the Laser Run Teams Relay and *Blazing Hills*, with NZOSA supporting obstacle integration.

Kitty Chiller was re-elected to the Australian Olympic Committee Executive and appointed Chair of the AOC IF and Oceania Engagement Committee, continuing strong ties across Oceania following ONOC Congress in Guam, and election as President of Oceania Gymnastics.

## South American Modern Pentathlon Confederation

The 2025 season marked a year of significant progress for the South American Confederation, driven by the region's rapid adaptation to new disciplines and formats. Federations across the continent have invested substantial effort to install and refine obstacle courses in their training centres, ensuring athletes are fully prepared for the evolving demands of the sport.

The Confederation also strengthened its continental presence, with Modern Pentathlon confirmed in every major regional multisport event: the Lima 2027 Pan American Games, the Rosario 2026 South American Games, the 2026 Central American and Caribbean Games in Santo Domingo, and the 2025 Bolivarian Games in Peru. This continuity highlights both the sport's rising profile and the strong cooperation among national federations.

In November, athletes and coaches from 17 active countries gathered at the South American and Pan American Senior, Junior and Youth Championships, hosted in Buenos Aires and Santa Cruz de la Sierra (ARG) — a testament to the growing depth of participation across the region.

President Jorge Salas reflected on the Confederation's momentum: "Our federations are growing step by step, adapting with remarkable dedication. What encourages us most is the unity we see across the continent. This shared commitment gives us confidence that South American Modern Pentathlon will continue to expand, evolve and build a very promising future."



Modern Pentathlon Sudamerica

# Secretary General's Outlook

By Shiny Fang,  
UIPM Secretary General

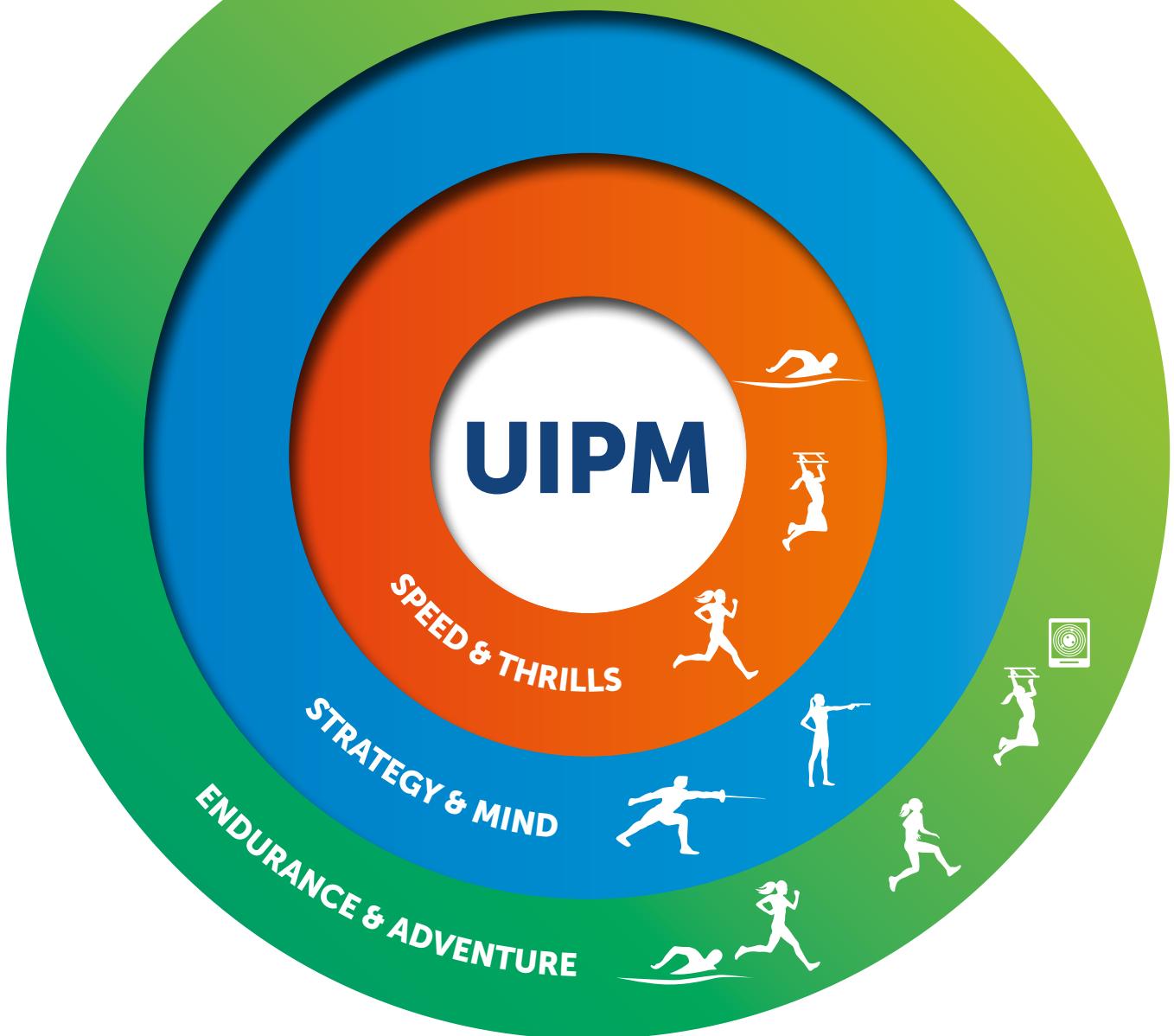
*The  
Gateway*

# UIPM— MORE THAN A SPORT

## Enter Our World

We are no longer just guardians of a sport. We are architects of a global sports ecosystem. Our future lies in building a connected world where Pentathlon is the epicentre, surrounded by thrilling disciplines that speak to new generations. This is about creating value, attracting resources and telling stories that make people want to join our movement. The blueprint starts here.

# The Pantheon



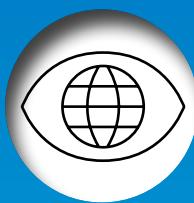
# Our Connected World of Challenge

*One Spirit,  
Many Arenas*

## The Fan's Path

### DISCOVER

Through digital stories



### FOLLOW

Choosing heroes & nations



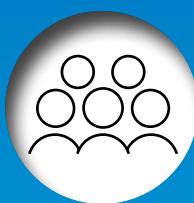
### PARTICIPATE

Joining local events



### BELONG

Global community member



## Foundations

### INSPIRING CONTENT

Athlete stories & narratives

### THRILLING EVENTS

Accessible, exciting formats

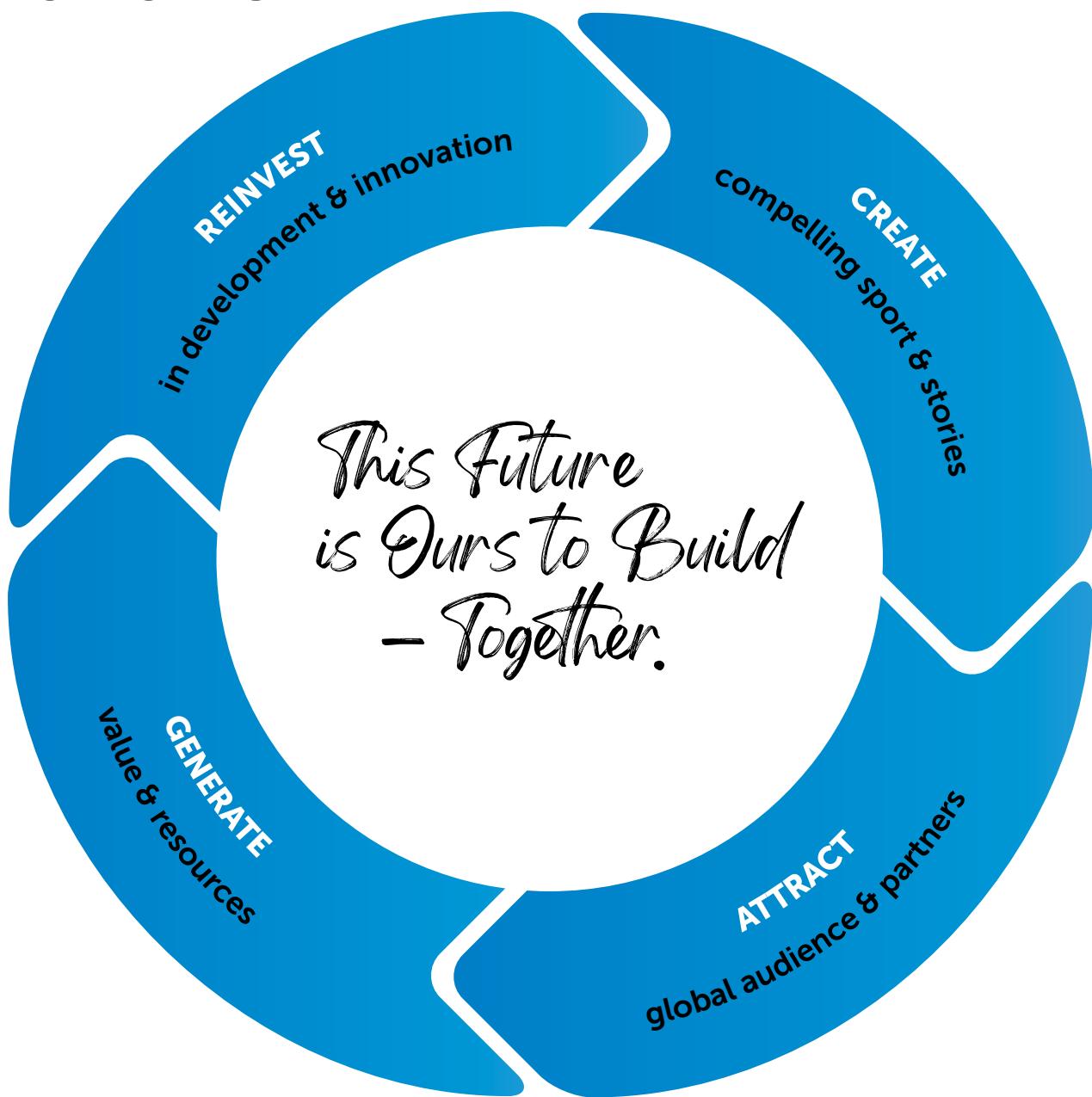
### GLOBAL COMMUNITY

Fans, clubs, connections

# From Discovery to Belonging

# Building a Sustainable Future

The Cycle



We have moved from preservation to creation. The question is no longer 'if' but 'how fast.' Our model is clear: compelling sport attracts resources, resources build better sport. Now, we accelerate. The cycle only spins if we all push together.

**UIPM**  
Shift

25.50

UIPM

益奥特  
YAT SPORTS

興集  
OXING G

SOLU

RAM

SWISS WATCH



## UIPM HEADQUARTERS

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19 avenue des Castelans  
MC-98000 Monaco  
Principauté de Monaco

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uipm@pentathlon.org



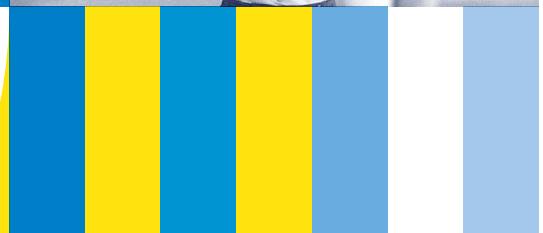
1912



1949

An Olympic Sport  
from 1912

2000



2016