WHY TO HAVE MODERN PENTATHLON AT YOUR UNIVERSITY?

- **Multi disciplines sport**, for elite and grassroots
- Worldwide competitions with **excitement and fun**
- Accessible to **student-athletes** between the ages of 17 and 25
- Best training for **Mind & Body** among students
- **University Team Event** for combing students with different experiences of sports
- Have **Ambassadors of excellence** for your university

WHY TO BECOME PENTATHLETE?

- **Never boring, dynamic, and challenging**
- **Mental and physical** training at the same time
- **Variety of different disciplines** in the sport, and to compete worldwide
- A channel to become one of the most **complete athletes**
- Become Sports **Ambassadors** for your university
- Fun experience of **Laser Shooting**
BENEFITS FOR THE UNIVERSITY

- Increasing participation in sport activities
- Offering bigger sports platform for your students
- Engaging your students in life long mental & physical balance
- Forming leaders and ambassadors for Olympic values and spirit
- Bring students from different backgrounds together

HOW TO JOIN MODERN PENTATHLON

- by contacting your National University Sports Federation for registration of university athlete
- by contacting your Modern Pentathlon National Federation and local MP clubs or training centers for direct access to the facilities and expertise
- by contacting the world governing body of University Sports for any international university MP events
- by contacting the world governing body of Modern Pentathlon for any international MP events, support and projects

FUN, EXCITING, DYNAMIC, DIVERSE!
WHAT COMPETITIONS CAN UNIVERSITY STUDENTS PARTICIPATE IN?

- FISU World University Championships (every 2 years)
- National and regional university events
- Applying for future Universiade

COMPETING FORMATS AND COMBINATIONS

- **UIM LASER RUN**
  - Shooting and running
- **UIM TRIATHLIE**
  - Shooting, running and shooting
- **UIM TETRATHLON**
  - Swimming, fencing, running and shooting
- **UIM MODERN PENTATHLON**
  - Swimming, shooting, fencing, running and shooting

<table>
<thead>
<tr>
<th>Format</th>
<th>Gender</th>
<th>Relay Type</th>
<th>University Team</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Individual</td>
<td>Mixed Relay: 1 woman &amp; 1 man</td>
<td>1 athlete/event (4 in total)</td>
</tr>
</tbody>
</table>
### UNIVERSITY TEAM EVENT

<table>
<thead>
<tr>
<th>TETRATHLON TEAM</th>
<th>PENTATHLON TEAM</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SWIMMER</td>
<td>1 SWIMMER</td>
</tr>
<tr>
<td>1 FENCER</td>
<td>1 FENCER</td>
</tr>
<tr>
<td>1 SHOOTER &amp; RUNNER</td>
<td>1 RIDER</td>
</tr>
</tbody>
</table>

### UIPM SPORTS UNIVERSITY DISCIPLINES

- The swimming discipline consists of 200m freestyle for individual and team event, 100m freestyle for relay events.

- The fencing discipline consists of a ranking round (each athlete fences each other for 1 touch), followed by a bonus round. Épée fencing with target area being the whole body.

- The shooting and running combined event consists of 4 laps of 800m running with 5 target hits between each lap. Laser pistols are used for the shooting.
## UIPM SPORTS UNIVERSITY DISTANCES

<table>
<thead>
<tr>
<th>FORMAT</th>
<th>FENCING</th>
<th>SWIMMING</th>
<th>LASER-RUN</th>
<th>RIDING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Modern Pentathlon Individual</td>
<td></td>
<td>200m</td>
<td>4x800m 4x5 Hits</td>
<td>Show jumping over 12 obstacles</td>
</tr>
<tr>
<td>Tetrathlon Individual</td>
<td>Epée, round robin + bonus round</td>
<td>200m</td>
<td>4x800m 4x5 Hits</td>
<td>-</td>
</tr>
<tr>
<td>Mixed Relay (1 woman/1 man)</td>
<td></td>
<td>2x100m</td>
<td>2x800m 2x5 Hits Each</td>
<td>-</td>
</tr>
<tr>
<td>University Team Event Pentathlon or Tetrathlon (1 athlete/event at least 1 man or woman)</td>
<td></td>
<td>200m</td>
<td>4x800m 4x5 Hits</td>
<td>Show jumping over 12 obstacles (if Pentathlon)</td>
</tr>
</tbody>
</table>

## MORE INFORMATION?

Details of all the university competitions, activities marketing and educational material can be found on the UIPM website [http://www.uipmworld.org/sport/university](http://www.uipmworld.org/sport/university) or to email UIPM at university@pentathlon.org

More information regarding university sports can also be found on the FISU website [www.fisu.net](http://www.fisu.net)
If your NSUF would like to host 2020 Modern Pentathlon World University Championships please contact UIPM at university@pentathlon.org